

Ising pairing in superconducting NbSe₂ atomic layers

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The properties of two-dimensional transition metal dichalcogenides arising from strong spin-orbit interactions and valley-dependent Berry curvature effects have recently attracted considerable interest^{1–7}. Although single-particle and excitonic phenomena related to spin-valley coupling have been extensively studied^{1,3–6}, the effects of spin-valley coupling on collective quantum phenomena remain less well understood. Here we report the observation of superconducting monolayer NbSe₂ with an in-plane upper critical field of more than six times the Pauli paramagnetic limit, by means of magnetotransport measurements. The effect can be interpreted in terms of the competing Zeeman effect and large intrinsic spin-orbit interactions in non-centrosymmetric NbSe₂ monolayers, where the electron spin is locked to the out-of-plane direction. Our results provide strong evidence of unconventional Ising pairing protected by spin-momentum locking, and suggest further studies of non-centrosymmetric superconductivity with unique spin and valley degrees of freedom in the two-dimensional limit.

Monolayer transition metal dichalcogenide (TMD) of the hexagonal structure consists of a layer of transition metal atoms sandwiched between two layers of chalcogen atoms in the trigonal prismatic structure⁸ (Fig. 1a). It possesses out-of-plane mirror symmetry and broken in-plane inversion symmetry. The presence of 4d transition metal also gives rise to large spin-orbit interactions (SOIs). The mirror symmetry restricts the crystal field (ϵ) to the plane. The SOIs split the spin states at finite momentum \mathbf{k} in the absence of inversion symmetry. They manifest as an effective magnetic field $H_{\text{SO}}(\mathbf{k})$ along the direction of $\mathbf{k} \times \epsilon$, which is out of plane for the restricted two-dimensional (2D) motion of electrons in the plane. The electron spin is thus oriented in the out-of-plane direction and in opposite directions for electrons of opposite momenta^{1–3} (Fig. 1a). Such spin-momentum locking is destroyed in the bulk where inversion symmetry and spin degeneracy are restored^{1,2,7} (Fig. 1b). New valley- and spin-dependent phenomena including optical orientation of the valley polarization^{3,4} and the valley Hall effect⁵ have been recently demonstrated in group-VI TMD monolayers such as MoS₂. The effect of spin-momentum locking on collective quantum phenomena in monolayer TMDs, however, remains an open area.

In this work, we demonstrate very high in-plane upper critical fields induced by spin-momentum locking in superconducting monolayers of group-V TMD niobium diselenide (NbSe₂). This was achieved through transport and magnetotransport studies

of high-quality NbSe₂ devices of varying layer thickness. Bulk 2H-NbSe₂ is a well-studied type II anisotropic multiband superconductor with a zero-field critical temperature $T_{\text{C0}} \approx 7$ K (refs 9–14). Superconductivity in atomically thin NbSe₂ (refs 15,16) and samples down to the monolayer thickness^{17,18} has also been observed recently. Monolayer NbSe₂ can be viewed as heavily hole-doped monolayer MoSe₂ (refs 8,19): the Fermi surface is composed of one pocket at the Γ point and two pockets at the K and the K' point of the Brillouin zone with each pocket spin split into two pockets by the SOIs (ref. 19; Fig. 1a); the spin splitting around the Γ point is much smaller than that at the K (K') point¹⁹ and the spin-momentum locking effects are dominated by the K (K') pockets.

In conventional superconductors, superconductivity can be quenched under a sufficiently high external magnetic field by the orbital^{11,20} and spin Zeeman effect^{21,22}. They are originated from the coupling between the electron momentum and the magnetic field (for example, vortex formation) and from spin alignment by the magnetic field, respectively. In the limit of monolayer thickness, the interlayer coupling vanishes and the orbital effect is absent for an in-plane magnetic field H_{\parallel} . The in-plane upper critical field (critical field at zero temperature) $H_{\text{c20}}^{\parallel}$ is thus determined by direct spin-flip, known as the Pauli paramagnetic limit $H_{\text{p}} \approx 1.84 T_{\text{C0}}$ (in tesla for T_{C0} in kelvin) for isotropic BCS superconductors^{21,22}. Under this field the Zeeman splitting energy matches the superconducting energy gap, or equivalently, the binding energy of a Cooper pair. Spin-momentum locking and the consequent pairing of the K and K' electrons with spin locked to the two opposite out-of-plane directions (Fig. 1a), referred to as Ising pairing, is expected to significantly enhance the in-plane paramagnetic field^{23–25} in monolayer NbSe₂.

In our experiment, we fabricated monolayer and few-layer samples of NbSe₂ by mechanical exfoliation of 2H-NbSe₂ single crystals followed by direct transfer onto SiO₂/Si substrates with pre-patterned electrodes and encapsulation by thin layers of hexagonal boron nitride (see Methods). The sample thickness was determined with monolayer accuracy by optical spectroscopy, particularly, the frequency shift of the interlayer shear mode¹⁷. The crystal symmetry is characterized by optical second-harmonic generation. (See Supplementary Section 1 for details on optical characterization.) Figure 1c is an optical image of a representative device (bilayer in this case). The temperature dependence of the normalized four-point resistance $R(T)/R(300\text{ K})$ at zero magnetic field is shown in Fig. 1d from 2 to 300 K for a typical bulk, bilayer and monolayer device. (See Supplementary Section 2 for original data and more devices.) All samples show a metallic behaviour with phonon-limited transport

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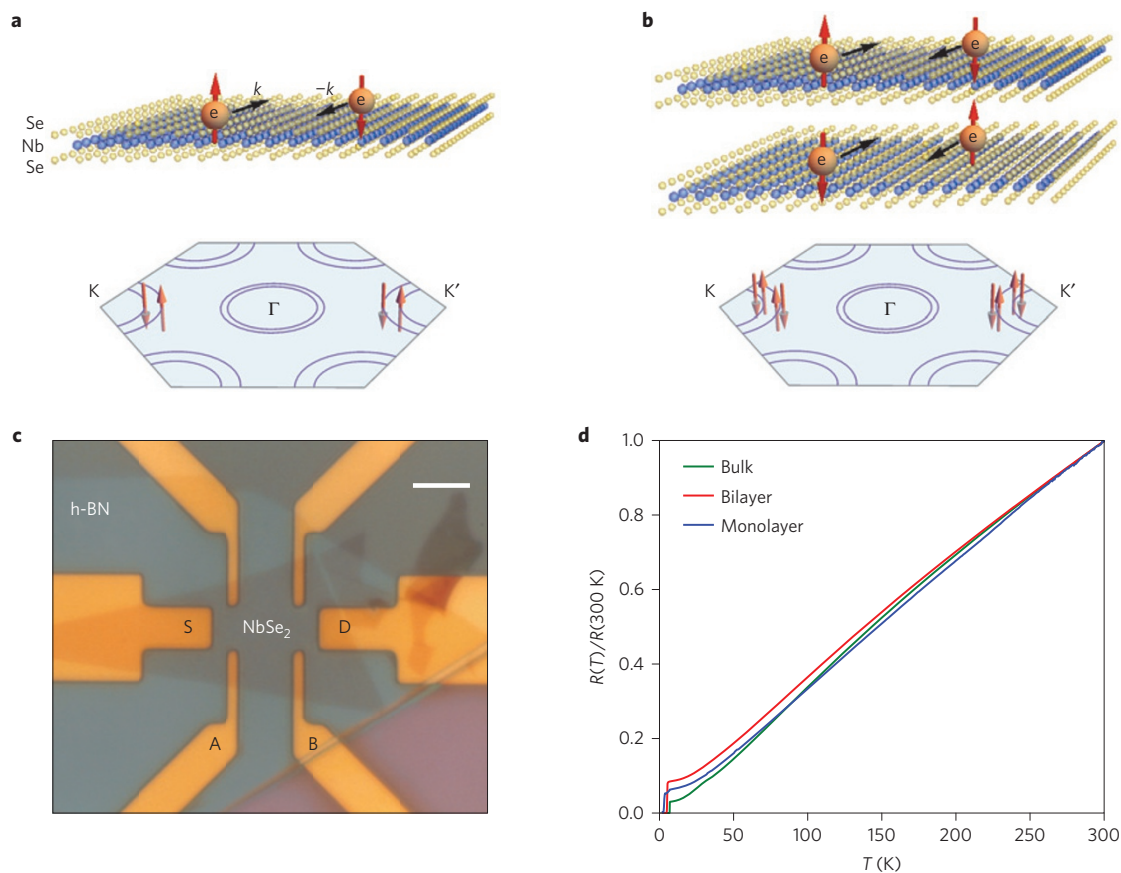


Figure 1 | Spin-momentum and spin-layer locking in NbSe₂. **a,b**, Illustration of spin-momentum locking in monolayer (**a**) and spin-layer locking in bilayer/bulk (**b**) NbSe₂. First row: monolayer NbSe₂ consists of a layer of Nb atoms (blue balls) sandwiched between two layers of Se atoms (yellow balls) in the trigonal prismatic structure. Bulk 2H-NbSe₂ is made of monolayers stacked in the ABAB... sequence. Second row: Brillouin zone in the in-plane direction and Fermi surface near the Γ , K and K' point. The Fermi surface is spin split in the monolayer and is spin degenerate in the bilayer/bulk. **c**, Optical image of a bilayer NbSe₂ device capped by a thin h-BN layer for environmental protection. The scale bar corresponds to 5 μm . Current was excited through electrode S and D; voltage drop was measured across A and B. **d**, Temperature dependence of the normalized four-point resistance R for a typical bulk, bilayer and monolayer NbSe₂ device from 2.1 to 300 K.

at high temperature (with $R \propto T$) and disorder-limited transport at low temperature (with R approaching a constant value) before reaching the superconducting state. The residual resistance ratio evaluated using the room-temperature resistance and the normal-state resistance right above the superconducting transition R_n (taken at 8 K) varies from ~ 30 in the bulk to ~ 10 in the monolayer device. The square resistance per layer (at 8 K) was estimated to be $\approx 200\ \Omega$ for the bilayer of Fig. 1c and similar values were estimated for other devices. These values are much smaller than $h/4e^2 \approx 6,450\ \Omega$, where a disorder-induced superconductor-insulator transition emerges²⁶. Here e is the electron charge and h is the Planck constant. Our samples are therefore in the low-disorder regime compared with similar layered compounds studied previously¹⁶ and the disorder effects on T_{C0} are expected to be small²⁶.

Figure 2a shows the temperature dependence near the superconducting transition of the resistance normalized by R_n for NbSe₂ samples of varying thickness N . Superconductivity is observed for all samples down to the monolayer thickness. A significant drop in the transition temperature accompanied with a significant broadening is observed for $N < 4$ (~ 2.6 nm). The broadening can be attributed to enhanced thermal fluctuations in two dimensions^{20,27} when the sample thickness falls below the bulk out-of-plane coherence length of 2.7 nm (ref. 10). We have used the Aslamazov-Larkin formula²⁸ to determine T_{C0} (solid lines, Fig. 2a), which is close to the temperature corresponding to $0.5R_n$. We have also performed current excitation measurements

to investigate the importance of phase fluctuations, and the Berezinskii-Kosterlitz-Thouless transition temperature²⁷ is found to be close to $T(0.01R_n)$. Figure 2b summarizes the N -dependence of T_{C0} , $T(0.5R_n)$ and $T(0.01R_n)$. The monotonic dependence of T_{C0} on N can be accounted for by the decreasing interlayer Cooper pairing^{29,30} (as evidenced by the linear dependence of $[\ln(T_{C0}(N)) - \ln(T_{C0}(N=1))]^{-1}$ on $[\cos(\pi/(N+1))]^{-1}$ in the inset of Fig. 2b). Effects on T_{C0} from the competing charge-density-wave order, which is enhanced with decreasing N , are thus likely to be weak in NbSe₂ (ref. 14). (See Supplementary Sections 3 and 4 for details on the study of the characteristics of 2D superconductivity in NbSe₂).

With the above understanding of the nature of superconductivity in 2D NbSe₂, we now study its magnetic response. Figure 3a-c shows the temperature dependence of the four-point resistance for a bulk, trilayer and monolayer sample under both out-of-plane (H_{\perp}) and in-plane magnetic fields (H_{\parallel}). A second monolayer device with two-point measurements up to 20 T is also included. For all samples, we normalize the temperature by the corresponding T_{C0} , and the resistance by R_n . We define the critical temperature T_C under a finite magnetic field H_{c2} as the temperature corresponding to 50% of R_n , in accordance with the zero-field convention. For two-point measurements, as shown in Fig. 3c, we assign T_{C0} as the temperature at which a rapid resistance drop occurs while the sample is cooled from the normal state. It is clear that for all samples superconductivity is more susceptible to H_{\perp} than to H_{\parallel}

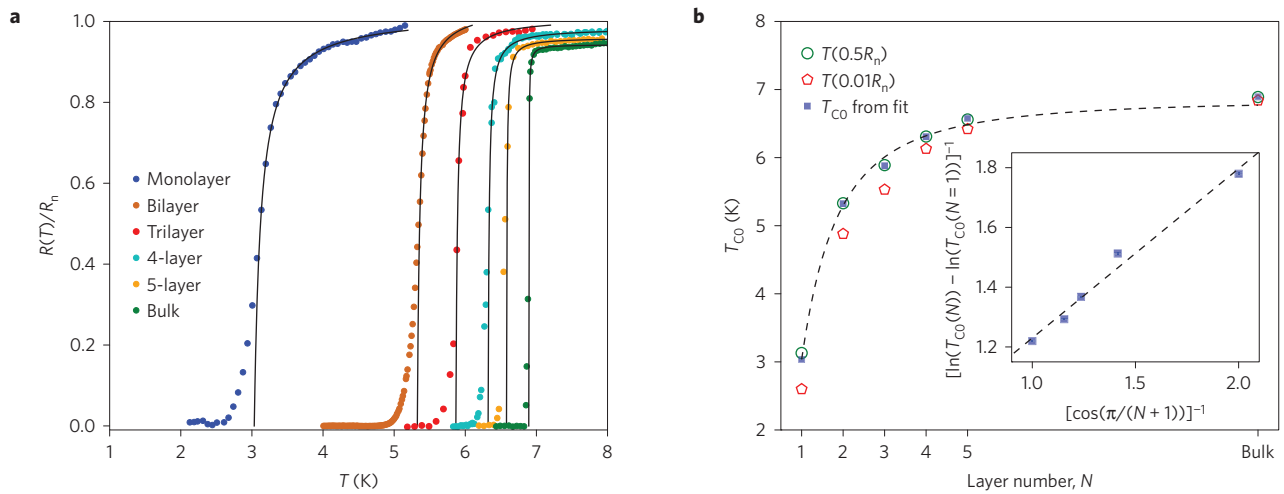


Figure 2 | Layer number dependence of superconductivity in NbSe₂. **a**, Temperature dependence of the resistance for NbSe₂ samples of varying thickness N . The resistance is normalized to the normal-state value right above the superconducting transition. The solid lines are fits to the Aslamazov-Larkin formula for $R(T)/R_n > 0.5$. **b**, Layer number N dependence of $T(0.5R_n)$, $T(0.01R_n)$, and T_{C0} . The inset shows the dependence of $[\ln(T_{C0}(N)) - \ln(T_{C0}(N=1))]^{-1}$ on $[\cos(\pi/(N+1))]^{-1}$ (symbols), where $T_{C0}(N=1) \approx 3.0$ K. Dashed lines are the best fit to a linear dependence (inset) and its representation as $T_{C0}(N)$.

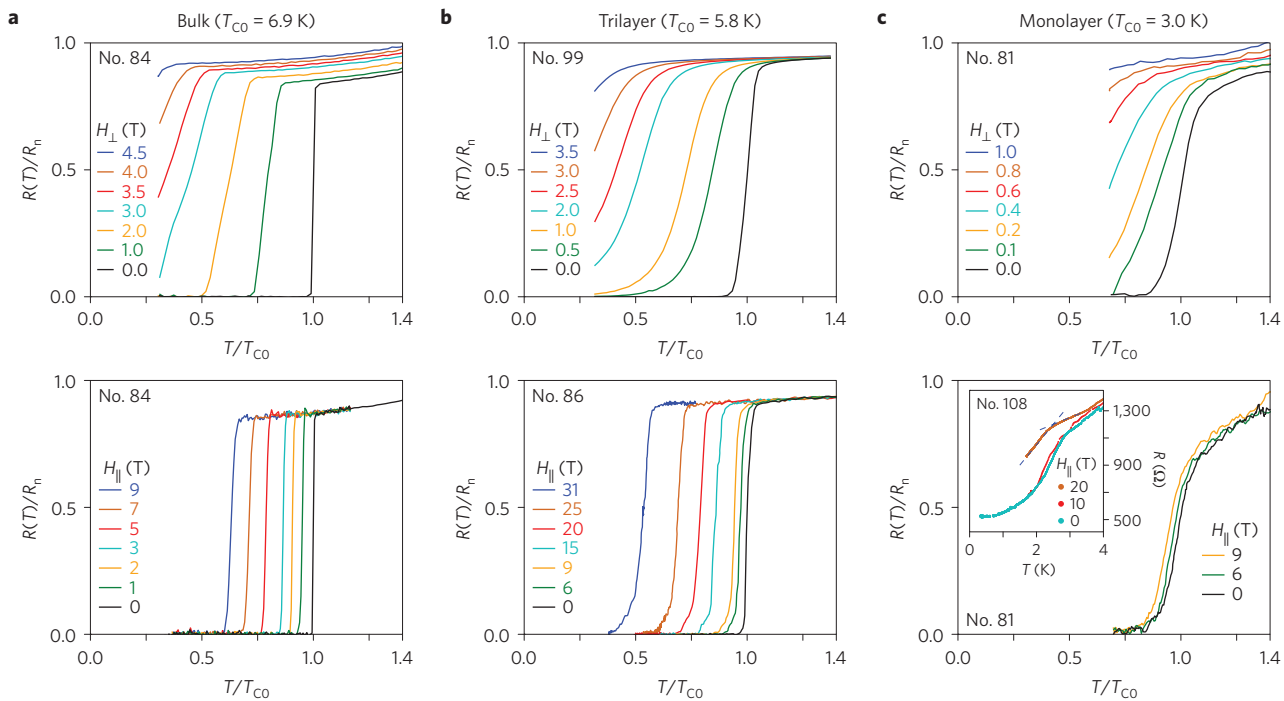


Figure 3 | Superconductivity of bulk, trilayer and monolayer NbSe₂ under a magnetic field. **a-c**, Temperature dependence of the d.c. resistance for a bulk (**a**), trilayer (**b**) and monolayer (**c**) NbSe₂ device under out-of-plane (H_{\perp} , top row) and in-plane (H_{\parallel} , bottom row) magnetic fields. The inset of **c** shows the two-point resistance of a second monolayer device under in-plane magnetic fields. The crossing of the two dashed lines is used to determine T_C . Devices are labelled by their numbers.

and the magnetic anisotropy is significantly larger in atomically thin samples than in the bulk. (For the angular dependence study of the magnetic response refer to Supplementary Section 5.)

We summarize the $H_{c2}-T_C$ phase diagram for differing sample thickness N in Fig. 4 for both H_{\perp} (open symbols) and H_{\parallel} (filled symbols). For comparison, we normalize the critical field H_{c2} by the BCS Pauli paramagnetic limit H_p and the critical temperature T_C by T_{C0} for each sample. For out-of-plane fields, our experiment shows a linear $H_{c2}^{\perp}-T_C$ dependence that is largely thickness independent. The result can be explained by considering the orbital effect, that is,

overlaps of vortex cores, as the major quenching mechanism. H_{c20}^{\perp} is determined by the combined effect of in-plane coherence length and transport mean free path²⁰. Whereas the coherence length increases with reducing thickness (because of the reduction in T_{C0}), the mean free path decreases as the material becomes more disordered. The net effect is a weak $H_{c2}^{\perp}-T_C$ dependence on N . The measured upper critical field for bulk NbSe₂ $H_{c20}^{\perp} \approx 4$ T ($\ll H_p$) agrees well with the reported value^{9,10}.

In contrast, for in-plane fields, the $H_{c2}^{\parallel}-T_C$ dependence near T_{C0} in the monolayer is much steeper than in the bulk and

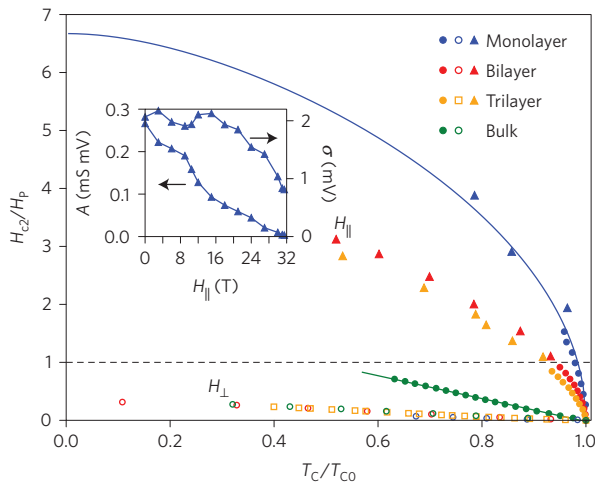


Figure 4 | H-T superconducting phase diagram for atomically thin NbSe₂. The critical field H_{c2}/H_p as a function of transition temperature T_c/T_{c0} for NbSe₂ samples of differing thickness under both out-of-plane H_{\perp} (Open symbols) and in-plane H_{\parallel} (filled symbols) magnetic fields. Filled circles and triangles represent data acquired from different devices (see Supplementary Section 2). The dashed line corresponds to the Pauli paramagnetic limit. The solid blue line is the best fit to the solution of the pair breaking equation. The solid green line is a linear fit. The inset shows the zero-bias peak area and width as a function of H_{\parallel} at 0.36 K obtained from differential conductance measurements in a monolayer device. The result shows that superconductivity in monolayer NbSe₂ survives under $H_{\parallel} = 31.5$ T.

follows a square root instead of a linear dependence. More significantly, the monolayer upper critical field H_{c20}^{\parallel} far exceeds its Pauli limit H_p whereas $H_{c20}^{\parallel} \gtrsim H_p$ in the bulk. We note that large enhancements of H_{c20}^{\parallel} ($\gg H_p$) have been observed in other systems^{9,31–35} including two recent experiments on MoS₂ crystals gated by ionic liquids^{36,37}. Many mechanisms have been discussed including strong coupling^{38,39}, modified electron g -factor^{20,23}, interaction effects^{38,40,41}, remnant magnetic susceptibility at low temperatures^{20–22}, spin-orbit scattering from impurities^{31,32,42–44} and intrinsic SOIs (refs 23–25,35–37). The observed large enhancement of H_{c20}^{\parallel} in monolayer NbSe₂ can be understood as a special case of intrinsic SOI effects predicted for non-centrosymmetric superconductors^{23–25}. In particular, the relevant spin-orbit field for monolayer NbSe₂ with D_{3h} symmetry can be derived following refs 23,25

$$\mathbf{H}_{\text{SO}}(\mathbf{k}) = H_0 \left[\sin(k_y a) - 2 \cos\left(\frac{\sqrt{3}k_x a}{2}\right) \sin\left(\frac{k_y a}{2}\right) \right] \hat{z} \quad (1)$$

Here H_0 is the magnitude of the spin-orbit field at the K (K') point, $a = 0.35$ nm (ref. 8) is the in-plane lattice constant, and \hat{z} denotes the out-of-plane unit vector. As mentioned above, the field at the K (K') pocket far exceeds that around the Γ pocket¹⁹ and dominates the magnetic field response of superconductivity. Neglecting trigonal warping, the spin-orbit field at the Fermi surface for the K (or K') pocket is approximately a constant $H_{\text{SO}}\hat{z}$ (or $-H_{\text{SO}}\hat{z}$) with $H_{\text{SO}} \lesssim H_0$.

In the absence of the orbital effect, H_{c20}^{\parallel} is determined by the alignment of spin by the external field. The upper critical field can be estimated by noting that the in-plane component of the spin magnetic moment is reduced to $\sim(H_{\parallel}/H_{\text{SO}})\mu_B$ with μ_B denoting the Bohr magneton. The ratio $H_{\parallel}/H_{\text{SO}}$ originates from a competition between H_{SO} , which locks the electron spin to the out-of-plane direction, and H_{\parallel} , which tilts the spin towards the in-plane direction²⁵. Pair breaking occurs when the modified Zeeman energy

$\sim(H_{\parallel}^2/H_{\text{SO}})\mu_B$ (known as van Vleck paramagnetism^{24,25}) overcomes the superconducting gap (that is, $(H_{\parallel}^2/H_{\text{SO}})\mu_B \sim H_p\mu_B$). It thus yields the following estimate for $H_{c20}^{\parallel} \sim \sqrt{H_{\text{SO}}H_p}$, which can greatly exceed H_p if $H_{\text{SO}} \gg H_p$ for strong SOIs.

To analyse the entire $H_{c2}^{\parallel}-T_c$ phase diagram, we introduce the pair breaking equation²⁰ for monolayer NbSe₂ with the spin-momentum locking effect incorporated

$$\ln\left(\frac{T_c}{T_{c0}}\right) + \psi\left(\frac{1}{2} + \frac{\mu_B H_{\parallel}^2/H_{\text{SO}}}{2\pi k_B T_c}\right) - \psi\left(\frac{1}{2}\right) = 0 \quad (2)$$

Here $\psi(x)$ is the digamma function. Near T_{c0} , equation (2) can be reduced to $(1 - (T_c/T_{c0})) = ((H_{c2}^{\parallel})^2/H_{\text{SO}}H_p)$, which describes well the observed square-root dependence of $H_{c2}^{\parallel} \propto \sqrt{T_{c0} - T_c}$. We fit the experimental $H_{c2}^{\parallel} - T_c$ dependence to the solution of equation (2) with H_{SO} as a free parameter. The best fit (blue line, Fig. 4) gives the spin-orbit field $H_{\text{SO}} \approx 660$ T, or equivalently, the total spin splitting energy $2\Delta_{\text{SO}} = 2\mu_B H_{\text{SO}} \approx 76$ meV. This value agrees well with the values from *ab initio* calculations for the Fermi surface around the K (K') point of the Brillouin zone (~ 70 – 80 meV; ref. 19), where the effect of SOIs on Cooper pairing is the strongest. The upper critical field is determined from equation (2) to be $H_{c20}^{\parallel} \approx 35$ T, which is more than six times H_p . To verify this value, we have performed independent differential conductance measurements of a monolayer at 0.3 K up to $H_{\parallel} = 31.5$ T. (See Supplementary Section 6 for details.) A zero-bias peak originated from Andreev reflections at the normal metal-superconductor contact was observed. With increasing magnetic field, the zero-bias peak diminishes continuously, corresponding to a shrinking superconducting gap, and becomes very weak at 31.5 T (inset of Fig. 4). This result suggests that $H_{c20}^{\parallel} \gtrsim 31.5$ T, consistent with the result from equation (2).

Finally, we briefly comment on the $H_{c2}^{\parallel}-T_c$ phase diagram for the few-layer and bulk sample. As N increases, interlayer coupling kicks in, which destroys perfect Ising pairing and introduces orbital effects, both of which decrease the upper critical field H_{c20}^{\parallel} . However, for layer thickness much smaller than the out-of-plane penetration depth (~ 23 nm; ref. 10), the orbital effect is strongly suppressed²⁰. Similar $H_{c2}^{\parallel}-T_c$ dependences are observed for few-layer samples with $H_{c20}^{\parallel} > 3H_p$ in both bilayer and trilayer NbSe₂. The observation of $H_{c20}^{\parallel} \gg H_p$ in few-layer NbSe₂ samples suggests a weak coupling between the layers. Indeed, as long as the interlayer-coupling constant ($t_{\perp} \approx (\hbar v_{\text{F}\perp} \pi)/2c \approx 10$ meV, estimated using $v_{\text{F}\perp} \approx 10^4$ ms⁻¹ for the out-of-plane Fermi velocity⁴⁵ and $c \approx 0.64$ nm for the interlayer distance⁸ in bulk NbSe₂) is small compared with the spin splitting energy $2\Delta_{\text{SO}} \approx 76$ meV, the out-of-plane spin is still approximately a good quantum number. The electron spin, instead of being locked to the momentum, is now locked to each individual layer, which also protects superconductivity under a parallel magnetic field²⁵. Such a spin-layer locking has been observed in related centrosymmetric group-VI TMDs (refs 6,7) and heavy-Fermion superconductor-normal-metal superlattices⁴⁶. On the other hand, in the bulk limit, the orbital effect dominates the phase diagram as for the case of out-of-plane fields. The estimated in-plane upper critical field $H_{c20}^{\parallel} \approx 17$ T (from 70% of the linear extrapolation of the $H_{c2}^{\parallel}-T_c$ dependence at zero temperature⁴⁷) is about 4 times higher than H_{c20}^{\perp} and is in good agreement with the reported value^{9,10}. We note that the above discussion on the magnetic response of few-layer samples is very qualitative. More detailed experimental and theoretical studies are warranted for a full understanding of the interplay between spin-layer locking and orbital effects, and of the importance of the complex Fermi surface of NbSe₂ (refs 13,14). We further note that studies of interplay between SOIs and superconductivity in atomically thin materials may also lead to 2D topological superconductivity⁴⁸.

Methods

Methods and any associated references are available in the online version of the paper.

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Author contributions

J.S. and K.F.M. designed the experiments. X.X. and Z.W. performed the experiments with the assistance of W.Z. at the Penn State Physics Low Temperature Laboratory, and of J.-H.P. at the National High Magnetic Field Laboratory. X.X., Z.W., J.S. and K.F.M. analysed the data and co-wrote the paper. K.T.L. contributed to the interpretation of the results. H.B. and L.F. contributed NbSe₂ crystals. All authors discussed the results and commented on the manuscript.

Additional information

Supplementary information is available in the online version of the paper. Reprints and permissions information is available online at www.nature.com/reprints. Correspondence and requests for materials should be addressed to J.S. or K.F.M.

Competing financial interests

The authors declare no competing financial interests.

Methods

Sample preparation and device fabrication. High-quality 2H-NbSe₂ single crystals were grown from Nb metal wires of 99.95% purity and Se pellets of 99.999% purity by iodine 99.8% vapour transport in a gradient of 730–700 °C in a sealed quartz tube for 21 days. A very slight excess of Se was introduced (typically 0.2% of the charge) to ensure stoichiometry in the resulting crystals. Thin flakes were mechanically exfoliated from bulk single crystals on silicone elastomer polydimethylsiloxane stamps. Atomically thin samples of good geometry were first identified by optical microscopy and then transferred onto silicon substrates (covered by a 280 nm layer of thermal oxide) with pre-patterned Au electrodes. To minimize the environmental effects on the samples, we limited their exposure to air to <1 h. Hexagonal boron nitride (h-BN) thin films of 10–20 nm thickness were introduced as a capping layer for further protection. The sample thickness was determined according to their shear mode frequency by Raman spectroscopy¹⁷.

The crystal quality was characterized by polarized optical second-harmonic generation. (See Supplementary Section 1 for more details.)

Electrical characterization. Transport and magnetotransport measurements were carried out in a Physical Property Measurement System down to 2.1 K and up to 9 T. For higher magnetic field measurements up to 31.5 T, a Janis He-3 cryostat with base temperature of 0.3 K was employed. Unless specifically mentioned, longitudinal electrical resistance was acquired using a four-point geometry with excitation current limited to 1 μA to avoid heating and high-bias effects. (Dependence on the excitation current was performed to study the fluctuation effects in two dimensions.) The devices were mounted on a rotation stick, which allows alignment of the sample plane with the external magnetic field with high accuracy (<0.5° error). Multiple devices were prepared and measured. All yielded consistent results for samples of the same thickness.