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# Hypermethylated *GPR135* gene expression is a favorable independent prognostic factor in nasopharyngeal carcinoma

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## Abstract

**Purpose** To investigate the methylation status and expression level of G protein-coupled receptor 135 (GPR135) in nasopharyngeal carcinoma (NPC) and determine its prognostic value.

**Methods** The GPR135 methylation data of NPC and normal nasopharyngeal tissues were obtained from the Gene Expression Omnibus (GEO) GSE52068 dataset. The GPR135 promoter region methylation level in four normal nasopharyngeal epithelial tissues and eight NPC tissues was detected by bisulfite sequencing. GPR135 expression in NPC and normal nasopharyngeal tissue was obtained from the GEO GSE13597 dataset. The GPR135 mRNA expression levels in 13 NPC and 26 healthy control tissues were assessed with quantitative real-time PCR (qRT-PCR). The GPR135 expression level in 124 NPC tissue sections was analyzed by immunohistochemistry. The correlation between GPR135 expression and clinicopathological features was analyzed by a chi-square test. GPR135 expression in patients with NPC was evaluated by immunohistochemistry, and its influence on prognosis was assessed by Kaplan-Meier and Cox regression analyses.

**Results** The bisulfite sequencing demonstrated that the GPR135 promoter region was highly methylated in NPC tissues. The immunohistochemistry results revealed that patients with high GPR135 expression had better overall survival (hazard ratio [HR] = 0.177, 95% confidence interval [95%CI]: 0.072–0.437,  $P=0.008$ ), disease-free survival (HR = 0.4401, 95%CI: 0.222–0.871,  $P=0.034$ ), and local recurrence-free survival (HR = 0.307, 95%CI: 0.119–0.790,  $P=0.046$ ) than those with low GPR135 expression.

**Conclusion** GPR135 is hypermethylated in NPC, where high GPR135 expression indicates a positive prognosis. Therefore, GPR135 might be a prognostic indicator.

**Keywords** Nasopharyngeal carcinoma, GPR135, Prognostic value, Methylation, Immunohistochemistry

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## 1 Introduction

Nasopharyngeal carcinoma (NPC) is a highly endemic malignant head and neck tumors in Southern China and Southeast Asia [1–3], and local recurrence and distant metastasis after standardized treatment remain key challenges [4, 5]. Hence, further exploration of the mechanisms and biomarkers of NPC progression could aid the identification of new therapeutic strategies for patients with NPC.

G protein-coupled receptors (GPCRs) are membrane proteins that contain seven transmembrane structures

and are the largest protein superfamily in the human body. GPCRs are widely available in cell membranes and participate in tumor development by affecting tumor proliferation, growth, and tumor cell metastasis [6–9]. GPCRs are aberrantly expressed in various cancers, such as lung, breast, pancreatic, colorectal and endometrial cancers [10–14]. GPR35 exerts pro-cancer effects by stimulating angiogenesis and tumor tissue remodeling in colon cancer [15], while GPR17 expression is associated with higher survival in glioblastoma [16]. In breast cancer, GPR19 was associated with lower cancer cell invasiveness by inducing increased E-cadherin expression [17].

Abnormal GPCR methylation alterations are closely associated with tumor development in breast, lung, and colorectal cancers [18–20]. A recent report indicated that genome-wide methylation and chromosomal copy number variation were detected in small intestine and appendix neuroendocrine tumors, where GPCR family expression was significantly elevated in differentially methylated genes [21]. Previously, we reported aberrant GPR135 methylation and expression in NPC tissues using genome-wide methylation microarray assay [22]. However, GPR135 has been poorly reported as an orphan receptor.

In this study, we investigated the relationship between GPR135 methylation status and expression level. Furthermore, we explored the potential roles of expression correlation with the clinical characteristics of a cohort of patients with NPC, which might provide a novel therapeutic target for individualized NPC treatment.

## 2 Methods

### 2.1 Preparation of clinical specimens

The GPR135 methylation data of 24 pairs of NPC and normal nasopharyngeal tissues were obtained from the Gene Expression Omnibus (GEO) GSE52068 dataset (<https://www.ncbi.nlm.nih.gov/geo/>). We also accessed the GPR135 mRNA expression values of three normal control tissues and 25 primary NPC tissues from the GEO GSE13597 dataset [23]. Furthermore, we obtained 158 NPC and 15 normal nasopharyngeal tissues from Guilin Medical University Affiliated Hospital, which we used for GPR135 promoter region bisulfite sequencing and detection of GPR135 expression for prognostic analysis. All patients were newly diagnosed with NPC and had not undergone any anti-tumor therapy. All the patients were staged according to 7th Union for International Cancer Control and American Joint Committee on Cancer staging system. The patients were followed-up every 3 months through outpatient examination and telephone interviews until 5 years after radiotherapy or death. Overall survival (OS) was calculated from the

time of diagnosis to death from any cause. Disease-free survival (DFS) was calculated from the time of diagnosis to treatment failure or death from any cause; locoregional relapse-free survival (LRRFS) to the date of first locoregional relapse or death from any cause; and distant metastasis-free survival (DMFS) to the date of first detection of metastasis or death from any cause. The Guilin Medical University Affiliated Hospital Medical Ethics Committee approved this study (ethics number: QTLL202140). All patients provided written informed consent prior to enrollment.

### 2.2 DNA extraction and bisulfite pyrosequencing

DNA (1–2 µg) was extracted from four NPC tissues and eight normal tissues using an AllPrep RNA/DNA Mini Kit (Qiagen, Hilden, Germany) and treated with sodium bisulfite using an EpiTect Bisulfite Kit (Qiagen). The kits were all used according to the manufacturer's instructions. PCR was performed under the following conditions: initial denaturation at 95 °C for 3 min, followed by 50 cycles of denaturation at 95 °C for 15 s, annealing at 54 °C for 20 s, and extension at 72 °C for 30 s. The final extension step was conducted at 72 °C for 5 min. The GPR135 bisulfite pyrosequencing primers (Supplementary Table 1) were designed using PyroMark Analysis Software 2.0 (Qiagen). The sequencing reactions and methylation level quantification were performed using a PyroMark Q96 System (Qiagen).

### 2.3 Quantitative real-time reverse transcription PCR (qRT-PCR)

Total RNA was extracted from tissues or cells using TRIzol (Invitrogen), and complementary DNA (cDNA) was synthesized using a reverse transcription kit (Promega, Madison, WI, USA). The kits were all used according to the manufacturer's instructions. Using the cDNA as a template, qRT-PCR was performed using SYBR Green qPCR SuperMix-UDG (Invitrogen) on a CFX96 System (Bio-Rad, Hercules, CA, USA). Supplementary Table 1 lists the primers used.

### 2.4 Immunohistochemistry

GPR135 expression was detected with immunohistochemistry. First, tissue sections were baked in a 60 °C oven for 2 h, then dewaxed in xylene and rehydrated with gradient ethanol. Endogenous peroxidase was blocked using 3% hydrogen peroxide. Antigen retrieval was performed by heating the sections in 100 °C water for 10 min, followed by washing with phosphate-buffered saline containing Tween-20 (PBST) and blocking with goat serum (Beyotime). Then, the sections were incubated overnight with the primary antibody (anti-GPR135, Invitrogen) and subsequently incubated with

a biotin-labeled secondary antibody. The sections were stained using 3,3'-diaminobenzidine (DAB, Agilent Technologies, Santa Clara, CA, USA) and counterstained with hematoxylin. Immunohistochemical scoring was evaluated according to a previously described method [24]. Staining intensity was graded from 0 to 3 (no staining, weak staining, moderate staining, strong staining), and the positivity rate was graded from 0 to 4 (<25%, 26–50%, 51–75%, >75%). The total score was calculated by multiplying the staining intensity and positivity rate scores. Patients were categorized as having low expression (<4) or high expression ( $\geq 4$ ) of GPR135 based on their total scores, which were determined by two pathologists who were unaware of the patient's condition.

### 2.5 Statistical analysis

Statistical analysis was conducted using Statistical Package for the Social Sciences (SPSS) 23 and data were visualized using GraphPad Prism 8. Differences between two groups were assessed with t-tests, and the composition ratios of different groups were compared using chi-square tests. Survival was analyzed with the Kaplan-Meier test, while the influence of single and multiple factors on patient prognosis was analyzed with the Cox proportional hazards model.  $P < 0.05$  was considered statistically significant.

## 3 Results

### 3.1 GPR135 was frequently methylated in NPC tissues

Figure 1 A depicts the frequency of GPR135 methylation in the 24 pairs of NPC tissues and normal nasopharyngeal tissues from the GSE52068 dataset. Eight CpG sites in *GPR135* (cg15436096, cg09859398, cg22821834, cg16411251, cg04186360, cg16322262, cg21893185, cg10014563) were significantly hypermethylated in the NPC tissues but not in the normal nasopharyngeal tissues (Fig. 1B). We selected a -87 to -154 bp region upstream of the GPR135 promoter transcription start site for bisulfite sequencing, and determined that the GPR135 promoter region methylation level was generally higher in the NPC tissues than in the normal tissues (Fig. 1C and D).

### 3.2 GPR135 expression was decreased in NPC tissues

The GSE13597 dataset analysis demonstrated that the GPR135 mRNA levels were downregulated in NPC (Fig. 2A). qRT-PCR analysis of 13 randomly selected normal tissues and 26 NPC tissues demonstrated that GPR135 mRNA expression levels was significantly lower in NPC tissues compared to normal tissues (Fig. 2B).

### 3.3 Higher GPR135 expression was associated with better prognosis in patients with NPC

To validate the clinical significance of GPR135, we obtained NPC specimens from 124 diagnosed patients at the Affiliated Hospital of Guilin Medical University between 2013 and 2017. Table 1 lists the patients' clinicopathological characteristics and their GPR135 expression levels. The patients were divided into GPR135 low-expression and high-expression groups based on their immunohistochemical scores (Fig. 3A and B). Survival analysis of the two groups demonstrated that patients in the GPR135 high-expression group had better OS (Fig. 3C,  $P = 0.008$ ), DFS (Fig. 3D,  $P = 0.034$ ), and LRRFS (Fig. 3E,  $P = 0.046$ ) compared to those in the GPR135 low-expression group, but no significant difference was observed for DMFS (Fig. 3F,  $P = 0.174$ ).

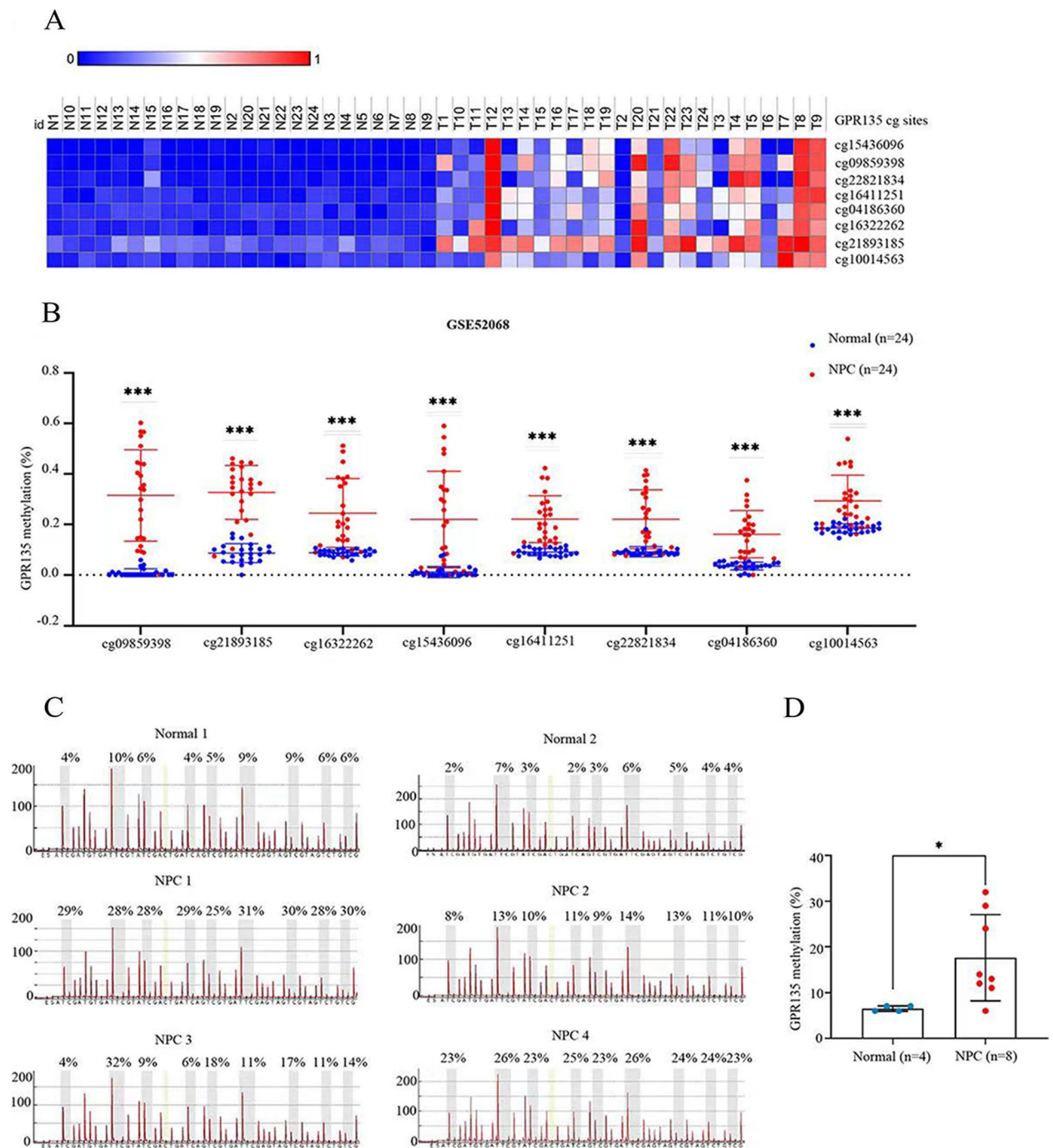
### 3.4 GPR135 was an independent prognostic factor

In the multivariate analysis, the variables of age, sex (male vs. female), overall stage (II–III vs. IVA–B), induction chemotherapy (no vs. yes), concurrent chemotherapy (no vs. yes), and GPR135 expression (high vs. low) were considered in the Cox proportional hazards model for OS, DFS, LRRFS, and DMFS. The results demonstrated that GPR135 was an independent prognostic factor for OS (hazard ratio [HR] = 0.634, 95% confidence interval [95%CI]: 0.408–0.985,  $P = 0.043$ ), DFS (HR = 0.567, 95%CI: 0.345–0.932,  $P = 0.025$ ), DMFS (HR = 0.607, 95%CI: 0.387–0.952,  $P = 0.030$ ), and LRRFS (HR = 0.577, 95%CI: 0.370–0.901,  $P = 0.016$ ) (Table 2).

## 4 Discussion

This study describes the methylation status of the potential cancer suppressor gene GPR135 in NPC, where the GPR135 expression level could serve as a prognostic indicator for patients with NPC. We determined that GPR135 was significantly hypermethylated in NPC, which led to a decrease in its expression level. Furthermore, we determined that patients with lower GPR135 expression had poorer prognosis, which could serve as an independent prognostic factor for such patients.

NPC has a high metastasis risk, and even patients with the same clinical stage have differing prognoses [25]. Accordingly, it is necessary to search for more reliable prognostic markers. Recent studies have shown that specific biomarkers such as lncRNA and intratumoral microbiota can be used for risk stratification in NPC patients, which can help make personalized treatment decisions [26, 27]. Research evidence demonstrated that changes in epigenetics, specifically DNA methylation, are key in NPC metastasis, chemotherapy

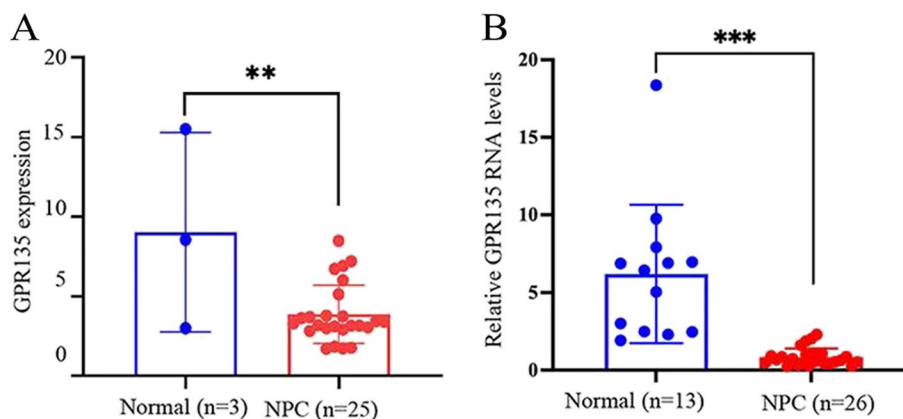


**Fig. 1** The *GPR135* promoter region was hypermethylated and downregulated in NPC. **A** Heatmap cluster of *GPR135* CG sites between NPC ( $n=24$ ) and normal nasopharyngeal tissue samples ( $n=24$ ). **B** The methylation level of *GPR135* CG sites in the GSE52068 dataset. **C**, **D** Bisulfite sequencing analysis of the *GPR135* promoter region in normal tissues ( $n=4$ ) and NPC tissues ( $n=8$ ).  $*P < 0.05$ ,  $***P < 0.001$

resistance and radioresistance [28–30]. Previously, we screened and verified a methylation gene panel that could be used to determine the prognosis of patients with NPC. However, there remain many potential methylation molecular targets for NPC that should be

reported. In the present study, we report for the first time the methylation changes of *GPR135* in NPC. These results can provide new ideas and insights for future research on the roles and mechanisms of GPCR family genes in NPC.





**Fig. 2** *GPR135* expression is decreased in NPC tissues. **A** *GPR135* mRNA expression levels in normal tissues ( $n=3$ ) and NPC tissues ( $n=25$ ) in the GSE13597 dataset. **B** RT-qPCR analysis of *GPR135* mRNA expression in normal tissues ( $n=13$ ) and NPC tissues ( $n=26$ ).  $**P < 0.01$ ,  $***P < 0.001$

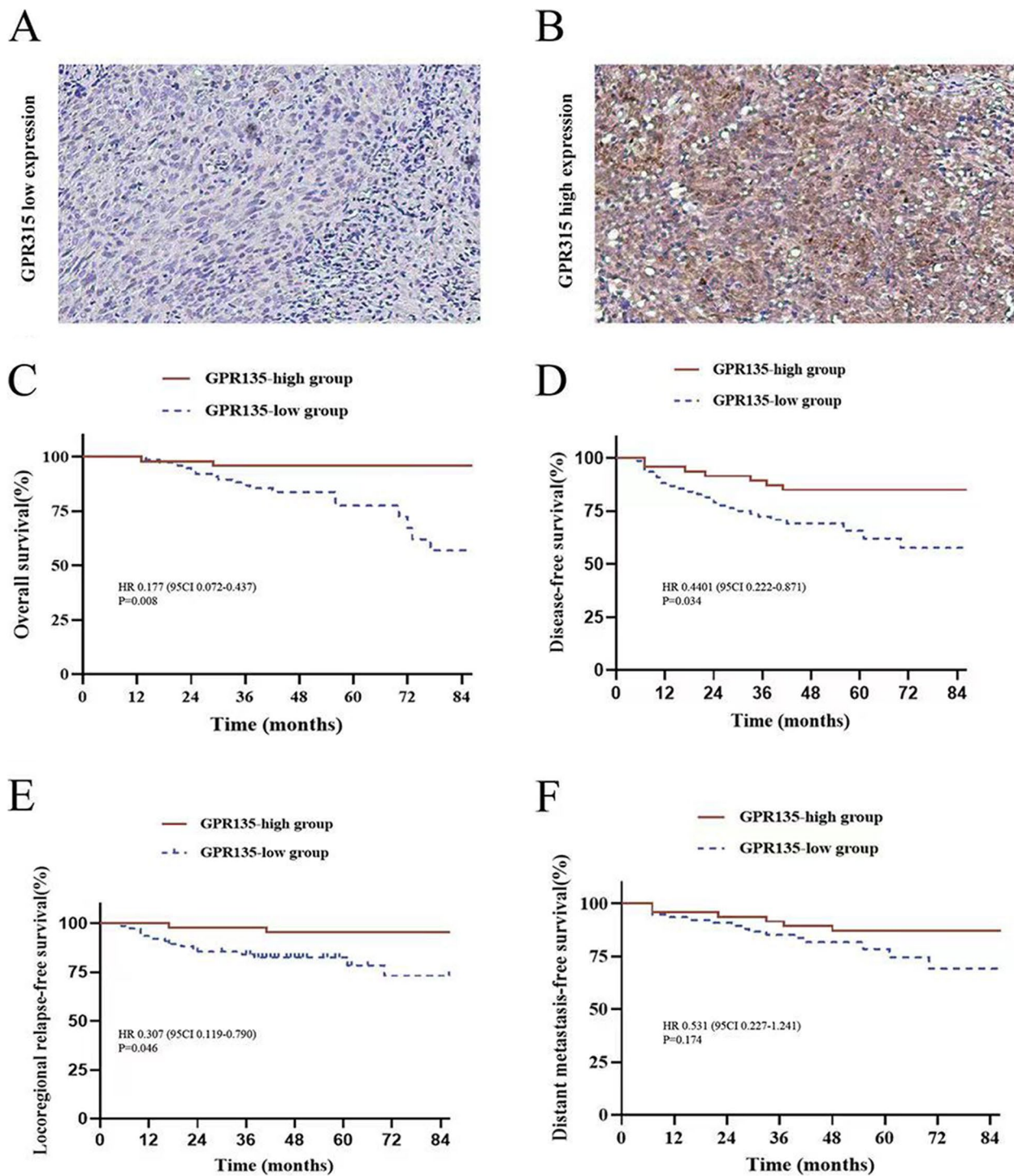
**Table 1** Relationship between *GPR135* expression and clinicopathologic features of patients with NPC ( $N=124$ )

Clinicopathologic feature	<i>GPR135</i> high expression ( $N=48$ )	<i>GPR135</i> low expression ( $N=76$ )	<i>P</i> -value
Age			0.044
≤ 60 years	45 (93.75%)	62 (81.58%)	
> 60 years	3 (6.25%)	14 (18.42%)	
Sex			0.220
Male	29 (60.42%)	54 (71.05%)	
Female	19 (39.58%)	22 (28.95%)	
T stage			0.893
T1	2 (4.17%)	4 (5.26%)	
T2	9 (18.75%)	11 (14.47%)	
T3	24 (50%)	37 (48.68%)	
T4	13 (27.08%)	24 (31.58%)	
N stage			0.692
N0	0 (0%)	1 (1.32%)	
N1	6 (12.50%)	11 (14.47%)	
N2	35 (72.92%)	56 (73.68%)	
N3	7 (14.58%)	8 (10.53%)	
Overall stage			0.761
II	31 (67.39%)	45 (59.21%)	
III	16 (33.33%)	30 (39.47%)	
IV	1 (2.08%)	1 (1.32%)	
Induction chemotherapy			0.034
Yes	47 (97.92)	67 (88.16%)	
No	1 (2.08%)	9 (11.84%)	
Concurrent chemotherapy			0.513
Yes	23 (47.92%)	41 (53.95%)	
No	25 (52.08%)	35 (46.05%)	

The *P*-value was determined using  $\chi^2$  tests

We demonstrated that patients with NPC with low *GPR135* expression had significantly poorer OS, DFS, and LRRFS rates than those with high *GPR135* expression. In multivariate analysis, we determined that *GPR135* expression was an independent prognostic factor for OS, DFS, LRRFS, and DMFS in NPC. These results suggested that the *GPR135* expression level can predict the prognosis of patients with NPC and might provide a new therapy target for individualized treatment of such patients. Similar to our results, another GPCR family gene, *GPR68*, exhibits abnormal methylation and expression in head and neck tumors, but its expression and prognosis were not significantly correlated [31]. In breast cancer, *GPR30* hypermethylation is key in regulating its low expression, and patients with low *GPR30* expression have shorter OS and RFS [18]. However, *GPR87* overexpression might be involved in cell proliferation, angiogenesis, and chemotherapeutic resistance in pancreatic cancer, and *GPR87*-overexpressing patients with pancreatic cancer might have reduced OS [14]. These studies indicated the abnormal methylation changes and expression of GPCR family genes in tumors, which might serve as prognostic indicators. As the orphan receptor of the GPCR family, *GPR135* function has rarely been reported in tumors. We determined that *GPR135* expression and methylation regulation in NPC were abnormal, which can promote mechanistic research of *GPR135* in NPC.

In the present study, we did not observe a difference in *GPR135* expression in the blood of patients with NPC before and after treatment. Furthermore, we did not perform cellular and animal experiments focusing on the molecular mechanism of *GPR135* inhibition of



**Fig. 3** Immunohistochemical risk stratification and prognostic analysis of GPR135. **A, B** Immunohistochemical staining of representative samples from the GPR135 low-expression group (**A**) and GPR135 high-expression group (**B**). **C–F** Comparison of OS (**C**), DFS (**D**), LRRFS (**E**), and DMFS (**F**) between the GPR135 low-expression and high-expression groups

**Table 2** Univariate and multivariate analysis results

Variable	Univariate analysis			Multivariate analysis		
	HR	95%CI	P	HR	95%CI	P
<b>OS</b>						
Age	0.519	0.270–1.000	0.050	0.993	0.973–1.013	0.488
Sex (male vs. female)	1.235	0.813–1.876	0.323	1.593	0.997–2.546	0.052
Overall stage (II–III vs. IVA–B)	0.688	0.478–0.989	0.043	0.443	0.269–0.731	0.001
Induction chemotherapy (no vs. yes)	4.591	2.146–9.821	0.000	6.605	2.690–16.215	0.000
Concurrent chemotherapy (no vs. yes)	0.403	0.259–0.627	0.000	0.498	0.317–0.783	0.003
GPR135 expression (high vs. low)	1.088	0.728–1.626	0.680	0.634	0.408–0.985	0.043
<b>DFS</b>						
Age	1.361	0.873–2.122	0.173	0.991	0.969–1.014	0.455
Sex (male vs. female)	0.990	0.972–0.990	0.295	1.583	0.962–2.604	0.071
Overall stage (II–III vs. IVA–B)	0.573	0.374–0.878	0.011	0.468	0.260–0.843	0.011
Induction chemotherapy (no vs. yes)	4.697	2.162–10.205	0.000	8.593	3.217–22.954	0.000
Concurrent chemotherapy (no vs. yes)	0.372	0.231–0.597	0.000	0.557	0.343–0.907	0.019
GPR135 expression (high vs. low)	1.046	0.671–1.630	0.842	0.567	0.345–0.932	0.025
<b>DMFS</b>						
Age	0.556	0.304–1.016	0.057	1.000	0.981–1.020	0.965
Sex (male vs. female)	1.275	0.845–1.926	0.247	1.670	1.052–2.650	0.030
Overall stage (II–III vs. IVA–B)	0.663	0.457–0.961	0.030	0.458	0.281–0.747	0.002
Induction chemotherapy (no vs. yes)	4.523	2.170–9.429	0.000	7.365	3.020–17.960	0.000
Concurrent chemotherapy (no vs. yes)	0.432	0.279–0.670	0.000	0.614	0.395–0.953	0.030
GPR135 expression (high vs. low)	0.962	0.637–1.453	0.856	0.607	0.387–0.952	0.030
<b>LRRFS</b>						
Age	0.541	0.297–0.987	0.045	0.986	0.965–1.007	0.182
Sex (male vs. female)	1.206	0.798–1.823	0.375	1.258	0.804–1.968	0.315
Overall stage (II–III vs. IVA–B)	0.769	0.538–1.100	0.151	0.640	0.378–1.082	0.096
Induction chemotherapy (no vs. yes)	4.866	2.254–10.503	0.000	7.884	3.143–19.777	0.000
Concurrent chemotherapy (no vs. yes)	0.472	0.308–0.724	0.001	0.582	0.373–0.910	0.018
GPR135 expression (high vs. low)	1.000	0.666–1.501	1.000	0.577	0.370–0.901	0.016

NPC occurrence, development, and malignant biological behavior. Future research on the mechanism of the GPR135 gene in NPC is needed.

In conclusion, GPR135 is hypermethylated in NPC, which might downregulate its expression levels. Patients with NPC with high GPR135 expression had a positive prognosis, and GPR135 was a standalone prognostic factor in NPC. Therefore, GPR135 has the potential to be a novel tumor marker and therapeutic target in NPC.

#### Abbreviations

NPC	Nasopharyngeal carcinoma
GPR135	G protein-coupled receptor 135
GPCRs	G protein-coupled receptors
GEO	Gene Expression Omnibus
qRT-PCR	quantitative real-time PCR
cDNA	complementary DNA
OS	Overall survival
DFS	Disease free survival
LRRFS	Locoregional relapse-free survival
DMFS	Distant metastasis-free survival

SPSS	Statistical package for the social sciences
HR	Hazard ratio
CI	Confidence interval

#### Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1007/s44178-023-00048-7>.

**Additional file 1: Supplementary Table 1.** Primers used in this study.

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#### Authors' contributions

WJ designed this study and revised the manuscript. CG analyzed the data and wrote original manuscript. GQ, SL, XL and JX examined the data and followed up the patients. All authors read and approved the final version of the manuscript.

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#### Availability of data and materials

The data that support the findings of this study are available from the corresponding author upon reasonable request.

#### Declarations

##### Ethics approval and consent to participate

The study protocol was approved by the Medical Ethics Committee of Guilin Medical University Affiliated Hospital (No. QTLL202140) and was performed in accordance with the ethical standards laid down in the 1964 Declaration of Helsinki and its later amendments. All patients provided written informed consent prior to enrollment.

##### Consent for publication

Not applicable.

##### Competing interests

The authors declare no potential conflicts of interest.

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