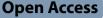
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Two-dimensional coherent spectroscopy of trion-polaritons and exciton-polaritons in atomically thin transition metal dichalcogenides



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Abstract

We present a microscopic many-body calculation of the nonlinear two-dimensional coherent spectroscopy (2DCS) of trion-polaritons and exciton-polaritons in charge-tunable transition-metal-dichalcogenides monolayers placed in an optical microcavity. The charge tunability leads to an electron gas with nonzero density that brings brightness to the trion — a polaron quasiparticle formed by an exciton with a nonzero residue bounded to the electron gas. As a result, a trion-polariton is created under strong light-matter coupling, as observed in the recent experiment by Sidler et al. [Nat. Phys. 13, 255 (2017)]. We analyze in detail the structure of trion-polaritons, by solving an extended Chevy ansatz for the trion quasiparticle wave-function. We confirm that the effective light-matter coupling for trion-polaritons is determined by the residue of the trion quasiparticle. The solution of the full many-body polaron states within Chevy ansatz enables us to microscopically calculate the nonlinear 2DCS spectrum of both trion-polaritons and exciton-polaritons. We predict the existence of three kinds of off-diagonal cross-peaks in the 2DCS spectrum, as an indication of the coherence among the different branches of trion-polaritons and exciton-polaritons. Due to the sensitivity of 2DCS spectrum to quasiparticle interactions, our work provides a good starting point to explore the strong nonlinear-ity exhibited by trion-polaritons in some recent exciton-polariton experiments.

1 Introduction

Exciton-polaritons in microcavities are hybrid light-matter quasiparticles, formed due to strong coupling between excitons and tightly confined optical modes [1-3]. Owing to the half-matter, half-light nature, they open a research frontier of polaritonics to explore novel nonlinear quantum phenomena that are impossible to observe in linear optical systems and are difficult to reach in pure matter systems. This potential is further amplified by the recent manipulation of atomically thin transition metal dichalcogenides (TMD)

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[4–6], such as MoS₂, WS₂, MoSe₂, and WSe₂. In these twodimensional materials, robust bright excitons of electrons and holes with relatively large effective masses and large exciton binding energy dominate the optical response even at room temperature. As a result, TMD monolayers are promising candidates for ultrafast polariton-based nonlinear optical integrated devices, such as ultra-low threshold lasers, fast and low-power switches, and all-optical integrated quantum gates. For this purpose, strong polariton nonlinearity is typically required. However, so far it remains a challenge to obtain strong exciton-exciton interaction and polariton-polariton interaction [7, 8].

In this respect, the recent observation of trion-polaritons in charge-tunable $MoSe_2$ monolayers by Sidler et al. received considerable interest [9]. At first glance, the existence of trion-polaritons is a surprise, since a trion is a



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fermionic three-particle bound-state of one hole and two electrons and therefore in principle it should not be able to couple with bosonic photon of light. But now, we understand that trions in charge-tunable monolayers are actually the quasiparticles of Fermi polarons [10], which are excitons (as impurities) dressed by the whole Fermi sea of an electron gas [11-15]. Except in the true trion limit (with vanishing electron gas density), where the three-particle bound-state is recovered, the trion is better viewed as a dressed exciton with a nonzero residue that characterizes the free motion of the exciton [9, 10]. As a result, cavity mode can indeed couple to the trion and lead to the formation of trion-polaritons. The real surprise of trion-polaritons comes with the observation that there seems to be a large nonlinearity in the optical response, as revealed by the pump-probe measurement [16]. The understanding of such a large nonlinearity has been the focus of several theoretical analyses [17–19]. Further experimental investigations are definitely needed. In particular, a nonlinear four-wavemixing measurement, such as the two-dimensional coherent spectroscopy (2DCS) [20-24] would be ideally suitable to quantitatively characterize the large nonlinearity of trion-polaritons.

The purpose of this work is two-fold. On the one hand, we wish to clarify the nature of trion-polaritons by carefully examining the full many-body Fermi polaron wavefunctions of either exciton-polariton or trion-polariton, with the use of the Chevy ansatz that describes the one-particle-hole excitations of the Fermi sea [25]. The variational Chevy ansatz [25] (or equivalently the many-body *T*-matrix theory [26]) has been previously used to determine the self-energy and the spectral function of trion-polaritons [9, 18]. However, a detail analysis of the many-body wavefunctions is of lack. Here, our strategy is to follow the recent theoretical study of the wave-functions of the three-particle trion bound state [27, 28], where a single excess electron is approximately used to simulate the whole Fermi sea through the k-space discretization. Our calculation is free from such a *k*-space approximation. A trade-off, however, is the ignorance of the internal degree of freedom of the exciton wave-function. This ignorance is fully justified by the large exciton binding energy (~ 500 meV), which is at least ten times larger than the trion binding energy in TMD monolayers ($\sim 30 \text{ meV}$) [5]. The internal structure of excitons then should only bring negligible effects on the low-energy properties of trion-polaritons.

On the other hand, the full many-body Fermi polaron wave-functions obtained within the Chevy ansatz approximation allow us to microscopically calculate the 2DCS spectrum of trion-polaritons, in addition to that of exciton-polaritons. The microscopic determination of the 2DCS spectrum of an interacting manybody system is highly non-trivial [29–32]. Therefore, we would like to restrict ourselves to the case of a *single* trion-polariton or exciton-polariton in the system [32]. This rules out the possibility of addressing the interaction effect between two trion-polaritons that is of major interest. However, our calculation would capture the basic features of the 2DCS spectrum, which could then be used to discriminate the possible interaction effects between two trion-polaritons in future 2DCS measurements.

The rest of the paper is organized as follows. In the next section (Section 2), we outline the model Hamiltonian for the Fermi-polaron-polaritons in TMD monolayers and present the many-body solutions by using the Chevy ansatz approximation. In Section 3, we discuss the structures of trion-polaritons and exciton-polaritons and the optical responses of both photons and excitons. In Section 4, we predict the the 2DCS spectroscopy and discuss in detail the off-diagonal cross-peaks, which show the coherence between exciton-polaritons and trion-polaritons. Finally, Section 5 is devoted to conclusions and outlooks.

2 Model Hamiltonian and the Chevy ansatz solution

We consider the systems of TMD monolayers explored experimentally in Refs. [9, 23, 24] and theoretically in Refs. [6, 10, 28]. As discussed in great detail in Ref. [28] (see, i.e., Fig. 1 of Ref. [28] on the band structure and optical transitions of TMD monolayers), in charge-tunable TMD monolayers tightly bound excitons formed by electrons and holes near the K (or K') valley move in the Fermi sea of an electron gas in other valley with a nonzero electron density that corresponds to a Fermi energy at about $\varepsilon_F \sim 10$ meV. Electrons in the electron gas have opposite spin with respect to the electron inside excitons. By solving the three-body problem with two unlike electrons (i.e., with opposite spin) and one hole, in the presence of Coulomb-like interactions, it was found numerically by Fey and collaborators [33] that an exciton experiences an effective short-range interaction with the background Fermi sea. Therefore, we model the electron-exciton interaction by a contact interaction with strength U < 0, following the theoretical treatment in Ref. [9]. The value of the interaction strength U is tuned to yield the trion binding energy $E_T \sim 30$ meV [9, 28]. The TMD monolayers can be placed in the antinode of a planar photonic microcavity, with cavity photon mode being tuned near resonance with the excitonic and trionic optical transitions.

2.1 Model Hamiltonian

We denote the cavity photon mode and the exciton by the creation (or annihilation) field operators $a_{\mathbf{k}}^{\dagger}$ ($a_{\mathbf{k}}$)

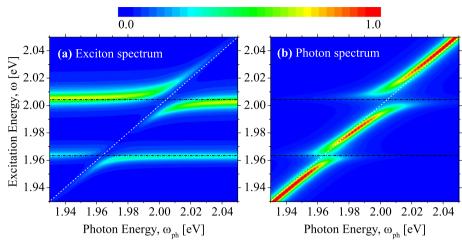


Fig. 1 Two-dimensional contour plots of the zero-momentum spectral function of the exciton (**a**) and of the photon (**b**), as a function of the photon energy $\omega_{ph} = \delta + \omega_X$ at the electron Fermi energy $\varepsilon_F = 7.8$ meV. The two black horizontal dot-dashed lines show the energies of the exciton (i.e., the repulsive polaron branch with $\varepsilon_X \simeq 2004.4$ meV) and the trion (i.e., the attractive polaron branch with $\varepsilon_T \simeq 1963.5$ meV), in the absence of the cavity photon field. The diagonal white dotted line indicates the cavity photon energy $\omega_{ph} = \delta + \omega_X$. Two avoided crossings at $\omega = \varepsilon_X$ and $\omega = \varepsilon_T$ are clearly visible. The spectral functions are measured in arbitrary units and are plotted in a linear scale

and $X_{\mathbf{k}}^{\dagger}(X_{\mathbf{k}})$, respectively. The electrons in the electron gas are described by the creation and annihilation field operators $c_{\mathbf{k}}^{\dagger}$ and $c_{\mathbf{k}}$. The polariton system under consideration therefore can be well described by a Fermi polaron model Hamiltonian ($\hbar = 1$) [9],

$$\mathcal{H} = \mathcal{H}_{aX}^{(0)} + \sum_{\mathbf{k}} \epsilon_{\mathbf{k}} c_{\mathbf{k}}^{\dagger} c_{\mathbf{k}} + U \sum_{\mathbf{qkp}} X_{\mathbf{k}}^{\dagger} c_{\mathbf{q-k}}^{\dagger} c_{\mathbf{q-p}} X_{\mathbf{p}}, \quad (1)$$

$$\mathcal{H}_{aX}^{(0)} = \sum_{\mathbf{k}} \left[\omega_{\mathbf{k}} a_{\mathbf{k}}^{\dagger} a_{\mathbf{k}} + \epsilon_{\mathbf{k}}^{X} X_{\mathbf{k}}^{\dagger} X_{\mathbf{k}} + \frac{\Omega}{2} \left(a_{\mathbf{k}}^{\dagger} X_{\mathbf{k}} + h.c. \right) \right]$$
(2)

Here, $\epsilon_{\mathbf{k}} = k^2/(2m_e)$, $\omega_{\mathbf{k}} = k^2/(2m_{\text{ph}}) + \delta$, and $\epsilon_{\mathbf{k}}^X = k^2/(2m_X)$ are the single-particle energy disperand sion relation of electrons, cavity photons and excitons, respectively, with electron mass m_e , photon mass $m_{\rm ph} \sim 10^{-5} m_e$ and exciton mass $m_X \simeq 2 m_e$ in 2D TMD materials [5]; δ is the photon detuning measured in relative to the exciton energy level; and finally, Ω is the lightmatter coupling (i.e., Rabi coupling). We do not explicitly consider the direct Coulomb interactions between the electrons in the background Fermi sea. According to the Fermi liquid theory, the effects of these direct interactions can be formally taken into account by considering weakly interacting quasiparticles with effective mass and (residual) renormalized Landau interaction parameters. These quasiparticles are precisely the electrons that we are referring to in the model Hamiltonian.

We will restrict ourselves to the case that the maximum number of exciton-polaritons is one, i.e.,

$$\sum_{\mathbf{k}} (a_{\mathbf{k}}^{\dagger} a_{\mathbf{k}} + X_{\mathbf{k}}^{\dagger} X_{\mathbf{k}}) \le 1,$$
(3)

which realizes the Fermi polaron limit. In contrast, the density of the electrons ($n = \sum_{\mathbf{k}} c_{\mathbf{k}}^{\dagger} c_{\mathbf{k}}$) is tunable, by adjusting the Fermi energy ε_F through gate voltage in the experiments [9, 16].

In the absence of the electron gas, the strong light-matter coupling leads to the well-defined two branches of excitonpolaritons: the lower polariton and upper polariton [1-3]. With the electron gas, one may naively anticipate the effective interactions between lower (upper) polarities and the electron gas, and hence the formation of two separate lower and upper branches of Fermi polarons. However, the correct physical picture turns out to be the formation of attractive and repulsive Fermi polarons of dressed excitons in the first place, and then the coupling of Fermi polarons to the light. For this reason, the trion-polaritons is better viewed as Fermi-polaron-polaritons [9], where the treatment of a trion as an attractive Fermi polaron is explicitly emphasized.

2.2 The Chevy ansatz solution

To solve the model Hamiltonian in the case of one exciton-polariton, let us take the following Chevy ansatz,

$$|P\rangle = \left(\phi_0 X_0^{\dagger} + \tilde{\phi}_0 a_0^{\dagger} + \sum_{\mathbf{k}_p \mathbf{k}_h} \phi_{\mathbf{k}_p \mathbf{k}_h} X_{-\mathbf{k}_p + \mathbf{k}_h}^{\dagger} c_{\mathbf{k}_p}^{\dagger} c_{\mathbf{k}_h} + \sum_{\mathbf{k}_p \mathbf{k}_h} \tilde{\phi}_{\mathbf{k}_p \mathbf{k}_h} a_{-\mathbf{k}_p + \mathbf{k}_h}^{\dagger} c_{\mathbf{k}_p}^{\dagger} c_{\mathbf{k}_h} \right) |FS\rangle, \qquad (4)$$

for the Fermi-polaron-polariton states with zero total momentum $\mathbf{K} = \mathbf{0}$. Here, the Fermi sea at zero temperature $|\text{FS}\rangle$ is obtained by filling the single-particle energy level $\epsilon_{\mathbf{k}}$ with *N* electrons, from the bottom of the energy band up to the energy ε_F . The hole momentum \mathbf{k}_h and the particle momentum \mathbf{k}_p satisfy the constraints $\epsilon_{\mathbf{k}_h} \leq \varepsilon_F$ and $\epsilon_{\mathbf{k}_p} > \varepsilon_F$, respectively. The energy of the whole Fermi sea is denoted as E_{FS} .

The ansatz involves the free motions of excitons and photons with the amplitudes ϕ_0 and $\tilde{\phi}_0$, respectively. It also describes the one-particle-hole excitations of the Fermi sea due to the inter-particle interaction of excitons and electrons, with the amplitude $\phi_{\mathbf{k}_p \mathbf{k}_h}$. Although there is no direct interaction between photons and electrons, for completeness we include the terms $a^+_{-\mathbf{k}_p+\mathbf{k}_h}c^+_{\mathbf{k}_p}c_{\mathbf{k}_h}|\text{FS}\rangle$ with the amplitude $\tilde{\phi}_{\mathbf{k}_p\mathbf{k}_h}$. These terms actually do not contribute to the ansatz due to the negligible photon mass, since the related energy would be extremely large (i.e., $\omega_{\mathbf{k}}$ becomes very significant for nonzero $\mathbf{k} \neq 0$).

Unlike the previous works that only minimize the ground-state energy of the Chevy ansatz for the variational parameters (ϕ_0 , $\tilde{\phi}_0$, $\phi_{\mathbf{k}_p \mathbf{k}_h}$, and $\tilde{\phi}_{\mathbf{k}_p \mathbf{k}_h}$) or the self-energy of polaritons [9, 16], here we are interested in solving all the many-body Fermi-polaron-polariton states, by using an alternative exact diagonalization approach. To this aim, we put the system — consisting of *N* electrons and a single exciton-polariton — onto a two-dimensional square lattice with $L \times L$ sites. The electron density then takes the value

$$n = \frac{N}{(La)^2},\tag{5}$$

where *a* is the lattice spacing and unless specified otherwise is set to be unity (a = 1). We consider that the photon, exciton, and electrons hop on the lattice only to the nearest neighbor with strengths t_a , t_X and t_c , respectively. Their single-particle energy dispersion relations are then given by ($\tilde{\omega}_{\mathbf{k}} = \omega_{\mathbf{k}} - \delta$),

$$\tilde{\omega}_{\mathbf{k}} = -2t_a \left[\cos\left(k_x\right) + \cos\left(k_y\right) \right] + 4t_a \simeq \frac{k_x^2 + k_y^2}{2m_{\text{ph}}},\tag{6}$$

$$\epsilon_{\mathbf{k}}^{X} = -2t_{X} \left[\cos\left(k_{x}\right) + \cos\left(k_{y}\right) \right] + 4t_{X} \simeq \frac{k_{x}^{2} + k_{y}^{2}}{2m_{X}},$$
(7)

$$\epsilon_{\mathbf{k}} = -2t_c \left[\cos\left(k_x\right) + \cos\left(k_y\right) \right] + 4t_c \simeq \frac{k_x^2 + k_y^2}{2m_e},$$
(8)

where $m_{\rm ph} \equiv 1/(2t_a a^2)$, $m_X \equiv 1/(2t_X a^2)$, and $m_e \equiv 1/(2t_c a^2)$ in the dilute limit ($n \rightarrow 0$) that is of interest. In the same limit, we have the relation

$$\varepsilon_F \simeq 4\pi n t_c = \frac{4\pi N}{L^2} t_c. \tag{9}$$

It is also easy to see the relations $t_a/t_c = m_e/m_{\rm ph} \sim 10^5$ and $t_X/t_c = m_e/m_X \simeq 1/2$. We assume the periodic boundary condition, so the momentum **k** on the lattice takes the values,

$$(k_x, k_y) = \left(\frac{2\pi n_x}{L}, \frac{2\pi n_y}{L}\right),\tag{10}$$

with the integers n_x , $n_y = -L/2 + 1$, ... - 1, 0, 1, ... L/2.

On the square lattice, we may identify that the Hilbert space of the model Hamiltonian involves four different types of expansion basis states (at zero polaron momentum),

$$1\rangle = X_0^{\dagger} |\text{FS}\rangle, \tag{11}$$

$$2\rangle = a_0^{\dagger} |\text{FS}\rangle, \tag{12}$$

$$|3\rangle_{\mathbf{k}_{p}\mathbf{k}_{h}} = X_{-\mathbf{k}_{p}+\mathbf{k}_{h}}^{\dagger} c_{\mathbf{k}_{p}}^{\dagger} c_{\mathbf{k}_{h}} |\mathrm{FS}\rangle, \qquad (13)$$

$$4\rangle_{\mathbf{k}_{p}\mathbf{k}_{h}} = a^{\dagger}_{-\mathbf{k}_{p}+\mathbf{k}_{h}}c^{\dagger}_{\mathbf{k}_{p}}c_{\mathbf{k}_{h}}|\mathrm{FS}\rangle, \qquad (14)$$

It is straightforward to see that the dimension of the Hilbert space is $D = 2 + 2N(L^2 - N)$. By using the expansion basis states, the Fermi-polaron-polariton model Hamiltonian then is casted into a $D \times D$ Hermitian matrix, with the following matrix elements ($\mathcal{H}_{ji} = \mathcal{H}_{ii}^*$),

$$\langle 1|\mathcal{H}|1\rangle = E_{\rm FS} + nU,\tag{15}$$

$$\langle 1|\mathcal{H}|2\rangle = \frac{\Omega}{2},\tag{16}$$

$$\langle 1|\mathcal{H}|3\rangle_{\mathbf{k}_{p}'\mathbf{k}_{h}'} = \frac{U}{L^{2}},\tag{17}$$

$$\langle 1|\mathcal{H}|4\rangle_{\mathbf{k}_{p}'\mathbf{k}_{h}'} = 0, \tag{18}$$

and

$$\langle 2|\mathcal{H}|2\rangle = E_{\rm FS} + \delta, \tag{19}$$

$$\langle 1|\mathcal{H}|3\rangle_{\mathbf{k}_{p}'\mathbf{k}_{h}'} = 0, \tag{20}$$

$$\langle 2|\mathcal{H}|4\rangle_{\mathbf{k}_{p}^{\prime}\mathbf{k}_{h}^{\prime}}=0,\tag{21}$$

and

$$\begin{aligned} \mathbf{k}_{k_{k}\mathbf{k}_{p}}\langle 3|\mathcal{H}|3\rangle_{\mathbf{k}_{p}'\mathbf{k}_{k}'} = & \left[E_{\mathrm{FS}} + \epsilon_{\mathbf{k}_{p}} - \epsilon_{\mathbf{k}_{k}} + \epsilon_{-\mathbf{k}_{p}+\mathbf{k}_{k}}^{X} + nU\right]\delta_{\mathbf{k}_{p}\mathbf{k}_{p}'}\delta_{\mathbf{k}_{k}\mathbf{k}_{k}'} \\ &+ \frac{U}{L^{2}}\left(\delta_{\mathbf{k}_{k}\mathbf{k}_{k}'} - \delta_{\mathbf{k}_{p}\mathbf{k}_{p}'}\right), \end{aligned}$$

$$(22)$$

$$_{\mathbf{k}_{h}\mathbf{k}_{p}}\langle 3|\mathcal{H}|4\rangle_{\mathbf{k}_{p}'\mathbf{k}_{h}'} = \frac{\Omega}{2}\delta_{\mathbf{k}_{p}\mathbf{k}_{p}'}\delta_{\mathbf{k}_{h}\mathbf{k}_{h}'}, \qquad (23)$$

$$_{\mathbf{k}_{h}\mathbf{k}_{p}}\langle 4|\mathcal{H}|4\rangle_{\mathbf{k}_{p}'\mathbf{k}_{h}'} = \left[E_{\mathrm{FS}} + \epsilon_{\mathbf{k}_{p}} - \epsilon_{\mathbf{k}_{h}} + \omega_{-\mathbf{k}_{p}+\mathbf{k}_{h}}\right]\delta_{\mathbf{k}_{p}\mathbf{k}_{p}'}\delta_{\mathbf{k}_{h}\mathbf{k}_{h}'}.$$
 (24)

We diagonalize the $D \times D$ Hermitian matrix to obtain all the eigenvalues $E^{(n)}$ and eigenstates, from which we extract the Fermi-polaron-polariton energies $\mathcal{E}^{(n)} = E^{(n)} - E_{\text{FS}}$, the residue of excitons $Z_X^{(n)} \equiv \phi_0^{(n)*}\phi_0^{(n)}$ and the residue of photons $Z_{\text{ph}}^{(n)} \equiv \tilde{\phi}_0^{(n)*}\tilde{\phi}_0^{(n)}$. Furthermore, we directly calculate the retarded Green functions of excitons and photons,

$$G_X(k=0,\omega) = \sum_n \frac{Z_X^{(n)}}{\omega - \mathcal{E}^{(n)} + i0^+},$$
(25)

$$G_{\rm ph}(k=0,\omega) = \sum_{n} \frac{Z_{\rm ph}^{(n)}}{\omega - \mathcal{E}^{(n)} + i0^+}.$$
 (26)

and the associated spectral functions

$$A_X(k = 0, \omega) = -\frac{1}{\pi} \text{Im}G_X(k = 0, \omega),$$
 (27)

$$A_{\rm ph}(k=0,\omega) = -\frac{1}{\pi} {\rm Im} {\rm G}_{\rm ph}(k=0,\omega).$$
 (28)

Here, since we use a finite-size square lattice, the level spacing in the single-particle dispersion relation is about $\Delta E = 4t_c/L$. We will use ΔE to replace the infinitesimal 0⁺ in the spectral function and to eliminate the discreteness of the single-particle energy levels. To make connection with the experimental measurement, we measure the energy ω in the spectral function from the top of the valence band by adding a constant energy shift $\omega_X = E_g - E_X = 2$ eV [5, 27], where E_g and E_X are the band gap and the binding energy of excitons, respectively.

To close this subsection, let us briefly comment on the usefulness of Chevy ansatz. On lattice, this variational approach with the inclusion of one-particle-hole excitations was extensively used to qualitatively understand the stability of a ferromagnetic phase in two-dimensional Hubbard model [34, 35]. In the dilute limit, where the density or the filling factor $n \rightarrow 0$ as adopted in this work, it was used to describe the Fermi polaron in ultracold atomic systems [25]. It turns out that this approximation works quantitatively well in the dilute limit,

probably due to a nearly perfect destructive interference of the high-order contributions with more than one particle-hole pairs [36]. The validity of Chevy ansatz has also been examined by using numerically exact Monte Carlo simulations and an excellent agreement was found [37].

3 Trion polaritons and the one-dimensional optical response

In our numerical calculations, we consider a square lattice of L = 16. We set the hopping strength $t_c = 10 \text{ meV}$ and then determine $t_a = t_c (m_e/m_{\text{ph}}) = 10^6 \text{ meV}$ and $t_X = t_c (m_e/m_X) = 5 \text{ meV}$. At these parameters, the spectral broadening factor $\Delta E = 4t_c/L = 2.5 \text{ meV}$, which qualitatively agrees the homogeneous broadening observed in the optical response of exciton-polaritons [5]. We take an attractive interaction strength $U = -8t_c = -80 \text{ meV}$, which leads to a trion energy at about $-3.2t_c = -32 \text{ meV}$ in the dilute limit (i.e., $n \rightarrow 0$ or N = 1 at L = 16), in reasonable agreement with the trion binding energy $E_T \sim 30$ meV found in 2D TMD materials [5].

Most of our calculations are carried out for a number of electrons N = 16, which corresponds to a Fermi energy $\varepsilon_F \simeq 4\pi Nt_c/L^2 \simeq 7.8$ meV [9, 16]. At this number of electrons, we find the attractive polaron energy $E_A \simeq -3.65t_c = -36.5$ meV and the repulsive polaron energy $E_R \simeq +0.44t_c = 4.4$ meV, without the cavity field. Measured from the top of the valence band, these values give rise to the trion energy $\varepsilon_T = E_A + \omega_X = 1963.5$ meV and the exciton energy $\varepsilon_X = E_R + \omega_X = 2004.4$ meV.

For convenience, we will also measure the photon energy $\omega_{\rm ph}$ with respect to the top of the valence band, which leads to $\omega_{\rm ph} = \delta + \omega_X$. For the light-matter coupling, we always fix the Rabi frequency to be $\Omega = 2t_c = 20$ meV.

In Fig. 1a and b, we report the zero-momentum spectral functions $A_X(k = 0, \omega)$ and $A_{\rm ph}(k = 0, \omega)$ at the typical experimental Fermi energy $\varepsilon_F = 7.8$ meV for excitons and photons, respectively, in the form of the two-dimensional contour plot with a linear scale (as indicated on the top of the figure). Both spectral functions clearly show an avoided crossing at the energy close to $\omega_X = 2$ eV. The two branches can be well-understood as the upper and lower polaritons given by the model Hamiltonian $\mathcal{H}_{aX}^{(0)}$, which exist even in the absence of the electron gas. This is evident if we compare Fig. 1 with Fig. 9 in Appendix A, where the latter figure reports the results at a much smaller Fermi energy $\varepsilon_F = 1$ meV. For the upper and lower polariton branches, we find that the existence of the electron gas will slightly shift the position of the avoided crossing (i.e., from $\omega_X = 2000 \text{ meV}$ to $\varepsilon_X \simeq 2004.4 \text{ meV}$), due to the excitonelectron interaction that becomes effectively repulsive for the excited state of repulsive polarons.

The main effect of the electron gas to the spectral functions is the appearance of an additional avoided crossing, the trion-polariton, at the trion energy $\omega = \varepsilon_T$. At the Fermi energy $\varepsilon_F = 7.8$ meV in Fig. 1, this avoided crossing has an energy splitting smaller than but comparable to the Rabi coupling $\Omega = 20$ meV for the exciton-polariton. The shape of the avoided crossing is apparently asymmetric in the exciton spectrum. At the much smaller Fermi energy $\varepsilon_F = 1$ meV in Fig. 9, the avoided crossing can hardly be identified in both exciton spectrum and photon spectrum, which unambiguously indicates that the existence of a Fermi sea is the key source for the trion-polariton.

To better understand the two avoided crossings for exciton-polaritons and trion-polaritons, we show in Figs. 2 and 3 the residues (upper panel) and spectral functions (lower panel) of excitons and photons, at the photon energy $\omega_{\rm ph} = \varepsilon_X$ and $\omega_{\rm ph} = \varepsilon_T$, respectively.

Let us first focus on the avoided crossing for excitonpolaritons at $\omega_{\rm ph} = \varepsilon_{\chi} \simeq 2004.4$ meV in Fig. 2. The composition of the different branches might be seen from the exciton and photon residues. The upper branch (or the rightest branch) locates at the energy ~ 2.013 eV and consists of a number of many-body energy levels that

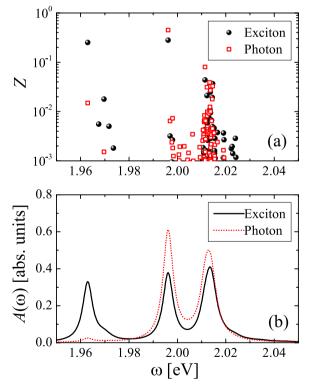


Fig. 2 a Residues of the exciton (black solid circles) and the photon (red empty square) for each many-body state that is arranged with increasing energy. **b** The spectral function of the exciton (black solid line) and the photon (red dotted line), shown in arbitrary units. Here, we take a cavity photon energy $\omega_{ph} = \delta + \omega_X = \varepsilon_X \simeq 2004.4$ meV. The electron Fermi energy is $\varepsilon_F = 7.8$ meV

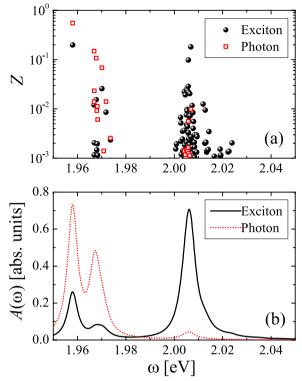


Fig. 3 a Residues of the exciton (black solid circles) and the photon (red empty square) for each many-body state that is arranged with increasing energy. **b** The spectral function of the exciton (black solid line) and the photon (red dotted line), shown in arbitrary units. Here, we take a photon energy $\omega_{\rm ph} = \delta + \omega_X = \varepsilon_T \simeq 1963.5$ meV. The electron Fermi energy is $\varepsilon_F = 7.8$ meV

distribute nearby with notable exciton and photon residues. For this upper branch, due to its *collective* nature, it seems difficult to find a Hopfield coefficient that clearly defines the contributions or components from cavity photons and excitons, as in the case of conventional excitonpolaritons. In contrast, for the lower branch (or the middle branch in the range of the whole plot, which is referred to as middle polariton in the literature) located at the energy \sim 1.996 eV, we find that it is only contributed by one dominated state. All other nearby many-body states have residues much less than 1%. This branch seems to decouple from the particle-hole excitations of the Fermi sea and therefore retains the characteristic of the exciton-polariton without the electron gas. We note that, the energy splitting between the upper and lower branches is given by 2.013 - 1.996 = 0.017 eV or 17 meV, which is slightly smaller than the Rabi coupling $\Omega = 20$ meV. We attribute this slight difference to the transfer of the residue or the oscillator strength to the third branch (the lowest-energy branch) in the exciton spectrum, as shown in Fig. 2b.

The situation for the avoided crossing of trion-polaritons at $\omega_{ph} = \varepsilon_T$ is very similar. As can be seen from Fig. 3, the upper branch of this avoided crossing near the energy \sim 1.967 eV is formed by a bundle of many-body states with significant residues. The lower branch is instead contributed by one state only at the energy \sim 1.958 eV. The energy splitting of the two branches is about 9 meV and is less than the Rabi coupling $\Omega = 20$ meV. The small energy splitting is again attributed to the reduced oscillator strength, which we now turn to discuss in greater detail.

As we mentioned earlier, a plausible picture for the formation of trion-polaritons is the strong effective lightmatter coupling between a photons and an attractive Fermi polaron of the exciton impurity. It is clear that only the free part of the attractive polaron (as characterized by ϕ_0) contribute to the light-matter coupling, in the form of the term $(\Omega/2)[a_0^{\dagger}(\phi_0 X_0) + h.c.]$ at zero momentum. In other words, the effective Rabi coupling would be given by

$$\Omega_{\rm eff} \simeq \Omega \phi_0 = \Omega \sqrt{Z_X},\tag{29}$$

which is reduced by the square root of the excitonic residue. This expression of the effective Rabi coupling would also work well for the repulsive polaron (i.e., the excitonpolariton with the electron gas).

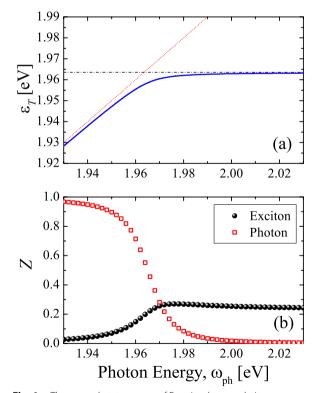


Fig. 4 a The ground-state energy of Fermi-polaron-polaritons as a function of the photon energy $\omega_{\text{ph}} = \delta + \omega_X$, where $\omega_X = 2 \text{ eV}$. The red dotted line and the black dot-dashed line show the cavity photon detuning and the trion energy without cavity field $\varepsilon_T \simeq 1963.5 \text{ meV}$. **b** Residues of the exciton (black solid circles) and the photon (red empty squares) of the ground-state as a function of the photon energy. Here, we take the electron Fermi energy $\varepsilon_F = 7.8 \text{ meV}$

In Fig. 4, we show the ground-state energy of the trionpolariton (a) and its excitonic and photonic residues (b), as a function of the photon energy $\omega_{\rm ph} = \delta + \omega_X$. The excitonic residue does not change significant when $\omega_{\rm ph} \ge \varepsilon_X$. In particular, at the avoided crossing of $\omega_{\rm ph} = \varepsilon_X$, the excitonic residue $Z_X \sim 0.25$, which implies an effective Rabi coupling $\Omega_{\rm eff} \simeq \Omega \sqrt{Z_X} = 10$ meV, which is very close to the observed value of 9 meV. The slightly reduced Rabi coupling of 17 meV at the avoided crossing of the exciton-polariton might be understand in a similar way. We may identify that the excitonic residue of the repulsive polaron at $\omega_{\rm ph} = \varepsilon_X$ is about $Z_X \sim 0.7$. Therefore the effective Rabi coupling is given by $\Omega_{\rm eff} \simeq \Omega \sqrt{Z_X} = 16.7$ meV, in agreement with our finding.

4 Two-dimensional coherent spectroscopy

Let us now consider the 2DCS spectroscopy, which is to be implemented in future experiments on studying the exciton-polariton physics in TMD materials. In 2DCS, three excitation pulses with momentum \mathbf{k}_1 , \mathbf{k}_2 and \mathbf{k}_3 are applied to the system under study at times τ_1 , τ_2 and τ_3 , separated by an evolution time delay $t_1 = \tau_2 - \tau_1$ and a mixing time delay $t_2 = \tau_3 - \tau_2$, as illustrated in the left part of Fig. 5. These pulses generate a signal with momentum \mathbf{k}_s , as a result of the nonlinear third-order process of the many-body interaction effect. The signal can then be measured after an emission time delay t_3 by using the frequency-domain heterodyne detection.

During the excitation period, each excitation pulse creates or annihilates an exciton. As the photon momentum of the excitation pulses is negligible, the exciton has the

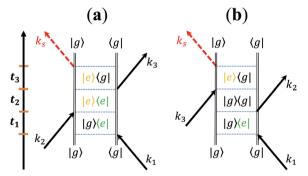


Fig. 5 Two double-sided Feynman diagrams that represent the two contributions to the standard rephasing 2D coherent spectra under the phase-match condition $\mathbf{k}_s = -\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3$, with the time ordering of excitation pulses indicated on the left. The evolution, mixing, and emission time delays are labeled as t_1, t_2 , and t_3 , respectively. **a** shows the process of excited-state emission (ESE), $R_2(t_1, t_2, t_3)$. **b** corresponds to the ground-state bleaching (GSB), $R_3(t_1, t_2, t_3)$. In the diagrams, we use $|g\rangle$ to denote the Fermi sea and $|e\rangle$ to label the many-body states with an exciton-polariton, respectively. There are infinitely many many-body (Fermi polaron) states $|e\rangle$, as indicated by different colors

zero momentum. Therefore, each pulse can be described by the interaction operator *V*,

$$V \propto X_0 + X_0^{\dagger}. \tag{30}$$

Following the standard nonlinear response theory [22], the signal is given by the third-order nonlinear response function,

$$\mathcal{R}^{(3)} \propto \langle [[V(t_1 + t_2 + t_3), V(t_1 + t_2)], V(t_1)], V] \rangle,$$
(31)

where the time-dependent interaction operator $V(t) \equiv e^{i\mathcal{H}t} V e^{-i\mathcal{H}t}$, and $\langle \cdots \rangle$ stands for the quantum average over the initial many-body configuration of the system without excitation pulses, which at zero temperature is given by the ground state. By expanding the three bosonic commutators, we find four distinct correlation functions and their complex conjugates [22]. For the rephasing mode that is of major experimental interest, $t_1 > 0$ and $\mathbf{k}_s = -\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3$. For this case, only two contributions are relevant if we consider at most one excitonic excitation in the system: the process of so-called excited-state emission (ESE) [22, 23],

$$R_2 = \langle VV(t_1 + t_2)V(t_1 + t_2 + t_3)V(t_1) \rangle, \qquad (32)$$

and the process of ground-state bleaching (GSB) [22, 23],

$$R_3 = \langle VV(t_1)V(t_1 + t_2 + t_3)V(t_1 + t_2) \rangle.$$
(33)

These two processes can be visualized by using doublesided Feynman diagrams, as given in Fig. 5a and Fig. 5b, respectively. It is worth noting that we do not include the third process $R_1^*(t_1, t_2, t_3)$ of excited-state absorption (ESA), which involves the many-body states of two excitons and becomes important at large exciton density.

For an exciton system, a microscopic calculation of the 2DCS spectrum has been recently carried out [32]. Here, we extend such a microscopic calculation to the exciton-polariton system. After some straightforward algebra following the line of Ref. [32], we obtain the ESE and GSB contributions,

$$R_2 = \sum_{nm} Z_X^{(n)} Z_X^{(m)} e^{i\mathcal{E}^{(n)}t_1} e^{i\left[\mathcal{E}^{(n)} - \mathcal{E}^{(m)}\right]t_2} e^{-i\mathcal{E}^{(m)}t_3}, \quad (34)$$

$$R_3 = \sum_{nm} Z_X^{(n)} Z_X^{(m)} e^{i\mathcal{E}^{(n)} t_1} e^{-i\mathcal{E}^{(m)} t_3},$$
(35)

where the indices *n* and *m* run over the whole many-body polaron states.

These two expressions can be easily understood from the double-sided Feynman diagrams. For the ESE process illustrated in Fig. 5a, the weight $Z_X^{(n)}Z_X^{(m)}$ measures the transfer rates between different many-body states induced by the three excitation pulses and the signal. For example, the transfer of the first pulse at momentum \mathbf{k}_1 brings a factor of $\phi_0^{(n)}$, while the transfer of the second pulse at momentum \mathbf{k}_2 comes with a factor of $[\phi_0^{(m)}]^*$, and so on. When we combine all the four factors for the four transitions, we obtain the weight $Z_X^{(n)} Z_X^{(m)}$. On the other hand, the three dynamical (time-evolution) phase factors arise from the phases accumulated during the time delays t_1 , t_2 , and t_3 , respectively. The GSB process can be analyzed in an exactly same way. The only difference is the absence of the mixing time (t_2) dependence in the expression. This is easy to understand from Fig. 5b: between the second and third pulses the system returns to the ground state of a Ferm sea, so there is no phase accumulation during the mixing time delay.

By taking a double Fourier transformation for t_1 and t_3 in $R_2(t_1, t_2, t_3)$ and $R_3(t_1, t_2, t_3)$, we obtain the 2DCS spectrum [32],

$$S(\omega_1, t_2, \omega_3) = \sum_{nm} \frac{Z_X^{(n)} Z_X^{(m)}}{(-\omega_1)^- - \mathcal{E}^{(n)}} \frac{1 + e^{i[\mathcal{E}^{(n)} - \mathcal{E}^{(m)}]t_2}}{\omega_3^+ - \mathcal{E}^{(m)}}, \quad (36)$$

where $(-\omega_1)^- \equiv -\omega_1 - i0^+$, and ω_1 and ω_3 are the excitation energy and emission energy, respectively.

4.1 Zero mixing time delay $t_2 = 0$

Let us first focus on the case of zero mixing time delay $t_2 = 0$, where

$$\mathcal{S}(\omega_1, 0, \omega_3) = 2 \sum_{nm} \frac{Z_X^{(n)}}{(-\omega_1)^- - \mathcal{E}^{(n)}} \frac{Z_X^{(m)}}{\omega_3^+ - \mathcal{E}^{(m)}},$$
(37)

and consider the dependence of the 2DCS spectrum $|S(\omega_1, 0, \omega_3)|$ on the photon energy $\omega_{ph} = \delta + \omega_X$, as shown in Fig. 6. By changing the photon detuning δ from the blue shift above the exciton-polariton crossing (a) to the red shift below the trion-polariton crossing (f), we typically find three diagonal peaks located at the diagonal line $\omega_3 = -\omega_1$ (see the white dashed lines) and six off-diagonal cross-peaks located symmetrically with respect to the diagonal line.

These peaks arise from the three branches of excitations, as we already seen in Fig. 1. Formally, with decreasing energy the many Fermi-polaron-polariton states have been grouped into the upper polariton, middle polariton, and lower polariton branches, as often referred to in the literature [9, 16–18, 27]. Therefore, we can roughly understand the Fermi-polaron-polariton as a threeenergy-level system, with the energies $\mathcal{E}^{(n)}$, $\mathcal{E}^{(m)} \sim E_{UP}$, E_{MP} , and E_{LP} that are tunable by the cavity photon detuning. The corresponding *excitonic* weights are given by the excitonic residues $Z_X^{(UP)}$, $Z_X^{(MP)}$, and $Z_X^{(LP)}$. Hence, from

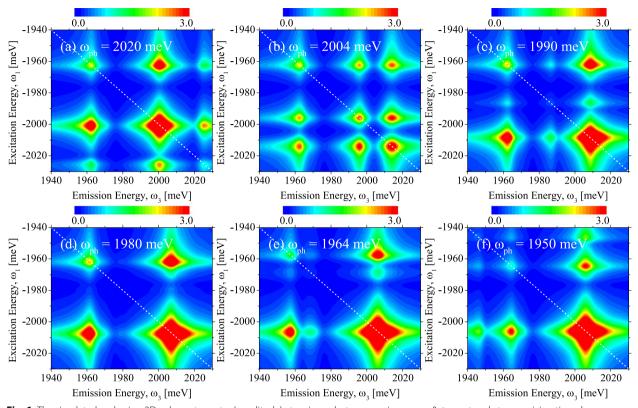


Fig. 6 The simulated rephasing 2D coherent spectra (amplitude) at various photon energies $\omega_{ph} = \delta + \omega_X$ at and at zero mixing time decays $t_2 = 0$. The photon energy decreases from $\omega_{ph} = 2020$ meV to from $\omega_{ph} = 1950$ meV in **a**–**f**. We typically find three peaks appearing on the diagonal dashed line. The red color illustrates the maximum amplitude, as indicated in the colormap above each subplot. The electron Fermi energy is set to be $\varepsilon_F = 7.8$ meV

Eq. (37) we can easily identify that the diagonal peaks occur when $\omega_1 = -E_{\alpha}$ and $\omega_3 = E_{\alpha}$ with peak amplitude $(Z_X^{(\alpha)})^2$ ($\alpha = UP, MP, LP$), while the off-diagonal peaks appear when $\omega_1 = -E_{\alpha}$ and $\omega_3 = E_{\beta}$ with peak amplitude $Z_X^{(\alpha)} Z_X^{(\beta)}$ ($\alpha \neq \beta = UP, MP, LP$).

The experimental measurement of diagonal peaks and crossover peaks at zero mixing time delay $t_2 = 0$ then provides us the information of both the energies E_{α} and the residues $Z_{\chi}^{(\alpha)}$. In particular, when the photon energy $\omega_{\rm ph} = \delta + \omega_{\chi}$ is near the two avoided crossings (as shown in Fig. 6b and e, respectively), we may easily identify the effective Rabi coupling from the corresponding energy splitting. Near the avoided crossing for the trion-polariton, the asymmetry of the crossing can also be clearly seen.

We note that, when the photon energy is tuned to roughly the half-way between the two avoided crossing, the middle polariton disappears in the 2DCS spectrum (see Fig. 6d). This is simply because, at this photon energy the middle polariton is of photonic in characteristics, with negligible excitonic component. Therefore, it can not be seen from the 2DCS, which probes the excitonic part instead of the photonic part of the system. This feature of the 2DCS spectrum is useful to characterize the main component of the ground-state of the trion-polariton (or the lower polariton branch). As the photon energy decreases across the avoided crossing for trion-polaritons, we find that the brightness of the diagonal trion-polariton peak becomes much weaker.

Although the upper, middle and lower polariton branches can also be conveniently measured by using one-dimensional optical response, such as the reflectance spectroscopy and photoluminescence spectroscopy [9], the application of 2DCS spectroscopy has unique features to discriminate the intrinsic homogeneous line-with of the resonance peaks [23] and the interaction effects [21, 24]. Unfortunately, both effects (i.e., the disorder potential for excitons and the exciton-exciton interaction) are not included in our model Hamiltonian. Nevertheless, our results in Fig. 6 provide the essential qualitative features of the 2DCS spectrum, which is to be measured in future exciton-polariton experiments. In addition, the appearance of the off-diagonal peaks and their evolution as a function of the mixing time decay t_2 are useful to characterize the quantum coherences among the different branches of polaritons, which we now turn to discuss.

4.2 Quantum coherence of the cross-peaks

In Fig. 7, we present the simulated rephasing 2D coherent spectra $|S(\omega_1, t_2, \omega_3)|$ with increasing mixing time decays t_2 . We choose a photon energy $\omega_{\text{ph}} = \delta + \omega_X = 2004$ meV at the avoided crossing for exciton-polaritons, where all the three polariton branches are clearly visible at $t_2 = 0$. We label the three off-peaks at the top-right corner of the figure as HCP1, HCP2, and HCP3 [23], respectively.

As can be seen from Eq. (36), the time t_2 -dependence of the 2D spectrum $S(\omega_1, t_2, \omega_3)$ comes in through the term $e^{i[\mathcal{E}^{(n)}-\mathcal{E}^{(m)}]t_2}$. As we interpret the Fermi-polaronpolariton as a three-level system, where the energy levels $\mathcal{E}^{(n)}, \mathcal{E}^{(m)}$ are to be replaced by E_{UP}, E_{MP} , and E_{LP} , it is readily seen that the t_2 -term gives rise to quantum oscillations with three different periods: $2\pi/|E_{MP} - E_{LP}|$ for the HCP1 cross-peak, $2\pi/|E_{UP} - E_{LP}|$ for HCP2, and $2\pi/|E_{UP}-E_{MP}|$ for HCP3. At the photon energy $\omega_{\rm ph} = \delta + \omega_X = 2004$ meV, we find that $E_{MP} - E_{LP} \simeq 33.2$ meV, $E_{UP} - E_{LP} \simeq 50.5$ meV, and $E_{UP} - E_{MP} \simeq 17.3$ meV. Therefore, the periodicities of the cross-peaks are at the order of 10^{-10} s or 100 fs, and are given by $T_{\rm HCP1} \simeq 124.4$ fs, $T_{\rm HCP2} \simeq 81.6$ fs, and $T_{\rm HCP3} \simeq 239.5$ fs.

The 2DCS spectra in Fig. 7 are shown in 40 fs increments. We can clearly identify that the brightness of each crosspeak *oscillates* with the mixing time delay t_2 , revealing the coherent coupling among different branches of excitonpolariton and trion-polaritons. In comparison with the zero mixing time delay 2DCS in Fig. 6b, we find that the HPC1 cross-peak nearly recovers its full brightness at $t_2 = 120$ fs and 240 fs, confirming that its periodicity is close to the anticipated value $T_{\text{HCP1}} \simeq 124.4$ fs. For the HCP2 crosspeak, we see similarly that it nearly disappears at $t_2 = 40$ fs, 120 fs, and 200 fs and fully recovers at t $t_2 = 80$ fs, 160 fs, and 240 fs, in agreement with our anticipation that $T_{\text{HCP2}} \simeq 81.6$ fs. In addition, the HPC3 cross-peak only returns to the its full brightness at $T_{\text{HCP3}} \simeq 240$ fs.

To better characterize the quantum oscillations, we report in Fig. 8 the simulated rephasing 2D signal at the crosspeaks as a function of the mixing time t_2 , both in the form of its amplitude (the upper panel) and in its real part (the lower panel). The oscillations do not take the exact form of $1 + \cos(\omega t_2)$, as one may naively anticipate from Eq. (36). This is partly due to the existence and competition of three different periods in the oscillations, which may bring a slight irregular structure. On

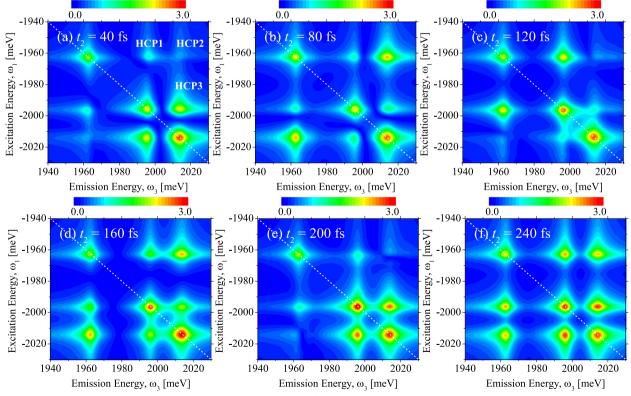


Fig. 7 The simulated rephasing 2D coherent spectra (amplitude) at the photon energy $\omega_{ph} = \delta + \omega_X = 2004$ meV with increasing mixing time decays t_2 from **a** to **f**. In **a**, the three higher-cross-peak (HCP) are indicated. The three peaks appearing on the diagonal dashed line essentially do not change. However, the higher-cross-peaks and lower-cross peaks oscillate as a function of t_2 , revealing the quantum coherence among different quasiparticles. The red color illustrates the maximum amplitude, as indicated in the colormap above each subplot. The electron Fermi energy is set to be $\varepsilon_F = 7.8$ meV

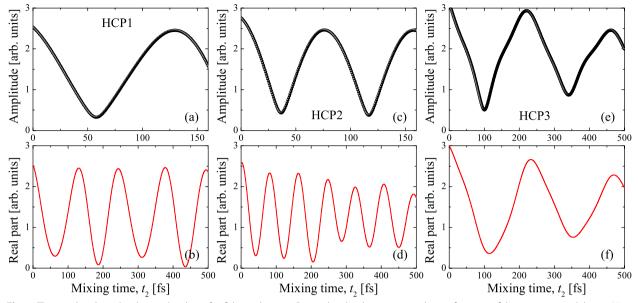


Fig. 8 The simulated amplitude **a** and real part **b** of the rephasing 2D signal at the three cross-peaks as a function of the mixing time delays t_2 . Note the different periodicity at different crosspeaks. We choose the photon energy $\omega_{ph} = \delta + \omega_X = 2004$ meV as in Fig. 6 and take the electron Fermi energy $\varepsilon_F = 7.8$ meV

the other hand, we find that the oscillations at HCP2 and HCP3 typically exhibit a decay. These dampings should be related to the many-body nature of the upper-polariton branch, i.e., it is formed by a bundle of many-body states as we discussed in Fig. 2. Therefore, the upper polariton has an intrinsic spectral broadening, which eventually causes the damping in the quantum oscillation of the cross-peaks HCP2 and HCP3. In contrast, both the lower-polariton and middle-polariton at the photon energy $\omega_{ph} = \delta + \omega_X = 2004$ meV are dominated by a single Fermi polaron state, and do not experience the intrinsic spectral broadening. As a result, the quantum oscillation at HCP1 is long-lived, if we do not take into account the lifetimes of excitons (due to the natural radiative decay) and of photons (due to the quality of the cavity).

5 Conclusions and outlooks

In conclusions, based on the Fermi polaron description of an exciton-polariton immersed in an electron gas, we have analyzed the structure of exciton-polaritons and trion-polaritons in monolayer transition metal dichalcogenides and have predicted their 2D coherent spectroscopy for on-going experimental explorations in the near future.

From the structure analysis, we have found that the upper-polariton branch at the exciton-polariton avoided crossing typically consists of a number of many-body Fermi polaron states. Instead, the lowerpolariton branch at the trion-polariton avoided crossing involves only one Fermi polaron state. The situation for the middle-polariton branch varies, depending on whether it is close to the exciton-polariton crossing or close to the trion-polariton crossing. In the former case, the middle-polariton is also dominated by a single Fermi polaron state.

As there are three polariton branches [9, 17, 27], in the 2D coherent spectroscopy, we have found three diagonal peaks and six off-diagonal cross-peaks. From these peaks measured in future experiments, in principle we should be able to extract the excitonic residues of different polariton branches. We have predicted the existence of quantum oscillations in the 2D spectra as a function of the mixing time delay t_2 , as the evidence for the quantum coherence among the different polariton branches [23].

Although in the present study we have not considered the effects of the disorder potential on excitons and the inter-exciton interaction, our results would provide a good starting point to understand the 2D coherent spectroscopy on exciton-polaritons to be experimentally measured in the near future. Theoretically, the inclusions of the disorder effect and interaction effect would be extremely challenging in numerics, since the dimension of the Hilbert space of the model Hamiltonian will increase dramatically. We will address these effects in future publications.

Appendix A: Exciton-polaritons and trion-polaritons at small electron density

In Fig. 9, we report the zero-momentum spectral functions of excitons and of photons for a small electron density with Fermi energy $\varepsilon_F = 1.0$ meV. At this density, the exciton energy level is barely affected by the scattering with the electron gas and the trion energy level is basically given by the trion binding energy of $E_T \simeq 32$ meV. We can hardly identify the existence of the trion-polariton from the excitonic spectrum. Neither, the trion-polariton can barely be seen from the photonic spectrum. Both spectra are very similar to the spectrum of exciton-polaritons in the *absence* of the electron gas.

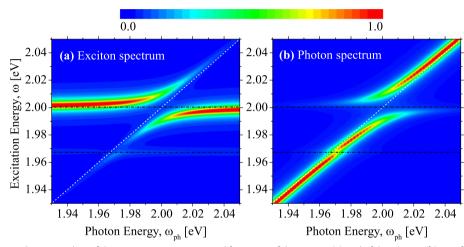


Fig. 9 Two-dimensional contour plots of the zero-momentum spectral functions of the exciton (**a**) and of the photon (**b**), as a function of the photon energy $\omega_{ph} = \delta + \omega_X$ at a small electron Fermi energy $\varepsilon_F = 1.0$ meV. The two black horizontal dot-dashed lines show the energies of the exciton (i.e., the repulsive polaron branch with $\varepsilon_X \simeq 2000.4$ meV) and the trion (i.e., the attractive polaron branch with $\varepsilon_T \simeq 1967.4$ meV), in the absence of the cavity photon field. The diagonal white dotted line indicates the excitation energy $\omega = \omega_{ph}$. At this low electron density, the avoided crossing at $\omega = E_T$ is insignificant. The spectral functions are measured in arbitrary units and are plotted in a linear scale

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Authors' contributions

All the authors equally contributed to all aspects of the manuscript. All the authors read and approved the final manuscript.

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Availability of data and materials

The data generated during the current study are available from the contributing author upon reasonable request.

Declarations

Ethics approval and consent to participate Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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