



# Role of the $\beta_2$ -adrenergic receptor in podocyte injury and recovery

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Received: 7 December 2023 / Revised: 28 March 2024 / Accepted: 3 April 2024  
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## Abstract

**Background** Podocytes have a remarkable ability to recover from injury; however, little is known about the recovery mechanisms involved in this process. We recently showed that formoterol, a long-acting  $\beta_2$ -adrenergic receptor ( $\beta_2$ -AR) agonist, induced mitochondrial biogenesis (MB) in podocytes and led to renoprotection in mice. However, it is not clear whether this effect was mediated by formoterol acting through the  $\beta_2$ -AR or if it occurred through “off-target” effects.

**Methods** We genetically deleted the  $\beta_2$ -AR specifically in murine podocytes and used these mice to determine whether formoterol acting through the podocyte  $\beta_2$ -AR alone is sufficient for recovery of renal filtration function following injury. The podocyte-specific  $\beta_2$ -AR knockout mice ( $\beta_2$ -AR<sup>fl/fl</sup>/PodCre) were generated by crossing  $\beta_2$ -AR floxed mice with podocin Cre (B6.Cg-Tg(NPHS2-cre)295Lbh/J) mice. These mice were then subjected to both acute and chronic glomerular injury using nephrotoxic serum (NTS) and adriamycin (ADR), respectively. The extent of injury was evaluated by measuring albuminuria and histological and immunostaining analysis of the murine kidney sections.

**Results** A similar level of injury was observed in  $\beta_2$ -AR knockout and control mice; however, the  $\beta_2$ -AR<sup>fl/fl</sup>/PodCre mice failed to recover in response to formoterol. Functional evaluation of the  $\beta_2$ -AR<sup>fl/fl</sup>/PodCre mice following injury plus formoterol showed similar albuminuria and glomerular injury to control mice that were not treated with formoterol.

**Conclusions** These results indicate that the podocyte  $\beta_2$ -AR is a critical component of the recovery mechanism and may serve as a novel therapeutic target for treating podocytopathies.

**Keywords** Acute kidney injury ·  $\beta_2$ -adrenergic receptor · Formoterol

## Abbreviations

ADR	Adriamycin	$\beta_2$ -AR <sup>fl/fl</sup> /PodCre	Podocyte-specific $\beta_2$ -AR knockout mice
ANOVA	Analysis of variance	B6.Cg-Tg(NPHS2-cre )	Podocin Cre mice
$\alpha$ -SMA	Alpha smooth muscle actin	295Lbh/J	Cyclic guanosine monophosphate
$\beta_2$ -AR	Beta2 adrenergic receptor	cGMP	CAMP response element-binding protein
		CREB	4',6-Diamidino-2-phenylindole
		DAPI	Endothelial nitric oxide synthase
		eNOS	End-stage kidney disease
		ESKD	Electron transport chain
		ETC	Focal and segmental glomerulosclerosis
		FSGS	Components of G-protein subunit of the $\beta_2$ -AR involved in signaling
		G $\alpha$ , $\beta$ , $\gamma$	

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GBM	Glomerular basement membrane
GPCR	G-protein-coupled receptor
H&E	Hematoxylin and eosin
IACUC	Institutional Animal Care and Use Committee
IP	Intraperitoneal
MB	Mitochondrial biogenesis
Mt	Mitochondria
NTS	Nephrotoxic serum
PAS	Periodic acid-Schiff
PGC1 $\alpha$ :	Peroxisome proliferator-activated receptor-gamma coactivator 1 alpha
PFA	Paraformaldehyde
PAN	Puromycin aminonucleoside
ROS	Reactive oxygen species
SDS-PAGE	Sodium dodecyl-sulfate polyacrylamide gel electrophoresis
SEM	Standard error of mean
UACR	Urine albumin/creatinine ratios

## Introduction

Podocytes are terminally differentiated cells and along with fenestrated endothelial cells and glomerular basement membrane (GBM) constitute the glomerular filtration barrier. This barrier provides selective passage for macromolecules into the urinary space [1, 2]. Podocyte damage is a common occurrence in many glomerular diseases such as focal and segmental glomerulosclerosis (FSGS) which can manifest as nephrotic syndrome [2, 3]. Therefore, significant effort is being spent on identifying strategies to preserve or recover podocyte function. Accordingly, studies have shown that following injury glomerular filtration function can be preserved or restored through drug-induced recovery of podocytes [4–6]. Unfortunately, the podocyte-targeted therapies that have been developed have shown limited therapeutic potential [4, 6]. Recent studies, including ours, have shown that use of  $\beta_2$ -AR agonists may offer therapeutic benefit in restoring podocyte function [7–9].

The  $\beta_2$ -AR, which is widely expressed and a member of the G-protein-coupled receptor (GPCR) family, can be activated in an agonist-induced fashion [8, 10]. Genetic polymorphisms of the  $\beta_2$ -AR in humans are associated with a differential response to  $\beta_2$ -agonists [11, 12]. Studies involving desensitization and re-sensitization of this receptor have shown that various  $\beta_2$ -AR agonists may offer clinical benefits in treating asthma, cardiovascular, and other diseases [13, 14]; however, little is known about their role

in glomerular diseases affecting podocyte function. Since we first demonstrated that  $\beta_2$ -AR agonists in mice enhanced podocyte recovery following injury and also showed that the  $\beta_2$ -AR was expressed in podocytes [15], we wanted to further investigate whether  $\beta_2$ -AR agonists act through the  $\beta_2$ -AR in podocytes or in an “off-target” manner. We therefore generated podocyte-specific  $\beta_2$ -AR knockout mice and used them to determine the pathophysiological significance of the  $\beta_2$ -AR in podocyte function.

## Material and methods

### RNA-seq data

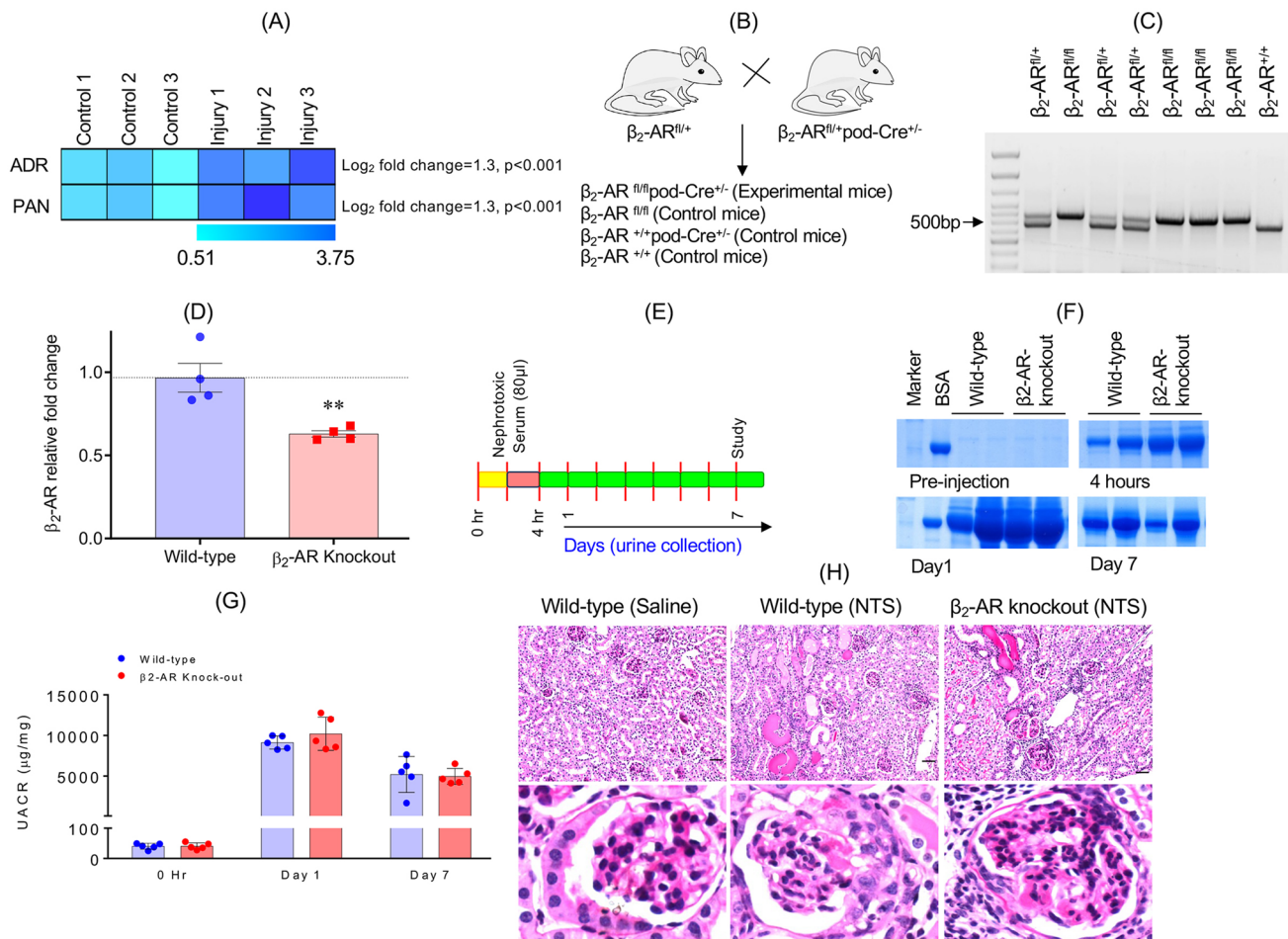
RNA-seq data previously described [15, 16] (GEO# GSE124622 & GSE117669) was processed for determining the expression of  $\beta_2$ -AR in various injury models. The differential expression of  $\beta_2$ -AR was based on p values of < 0.05, when adjusted using the Benjamini and Hochberg’s approach.

### Generation of $\beta_2$ -AR knockout mice

$\beta_2$ -AR flox/flox mice (C57B/6 J background) were obtained from the University of Arizona. To generate podocyte specific  $\beta_2$ -AR knockout mice, the  $\beta_2$ -ARflox/flox mice were crossed with podocin-cre (B6.Cg-Tg (NPHS2-cre) 295Lbh/J) mice. The strategy of  $\beta_2$ -ARflox/flox mouse generation was described previously [9, 17]. Presence of the  $\beta_2$ -AR-flox gene was confirmed through genotyping using specific primers (Fig. 1B) [18]. Wild-type mice revealed a band of ~ 500 bp, whereas, knockout mice had a band of ~ 550 bp and heterozygous mice showed both bands [18]. Glomeruli were isolated using the magnetic beads-based method as described previously [19, 20]. Total RNA was isolated and  $\beta_2$ -AR expression in wild-type and  $\beta_2$ -AR knockout mice glomeruli was evaluated by qPCR using specific primers, forward primer: ACT CAG GAA CGG GAC GAA and reverse primer GCA CAC GCC AAG GAG ATT AT, whereas the rps13 primers have been described previously [15].

### Mouse models of glomerular injury

10–12 week old male  $\beta_2$ -AR knockout mice ( $\beta_2$ -AR<sup>fl/fl</sup>/PodCre<sup>+/-</sup>) and their male wild-type ( $\beta_2$ -AR<sup>fl/fl</sup>/ $\beta_2$ -AR<sup>+/-</sup>PodCre<sup>+/-</sup>) littermates were treated with 80  $\mu$ l NTS (Probetex INC, catalog # PTX-001), which induced consistent proteinuria as reported earlier [15, 19]. Urine samples from individual mice were collected at pre-injection, day 1, day 7 and day 14 post-NTS injection. Control vehicle or formoterol (1 mg/kg body weight) were administered



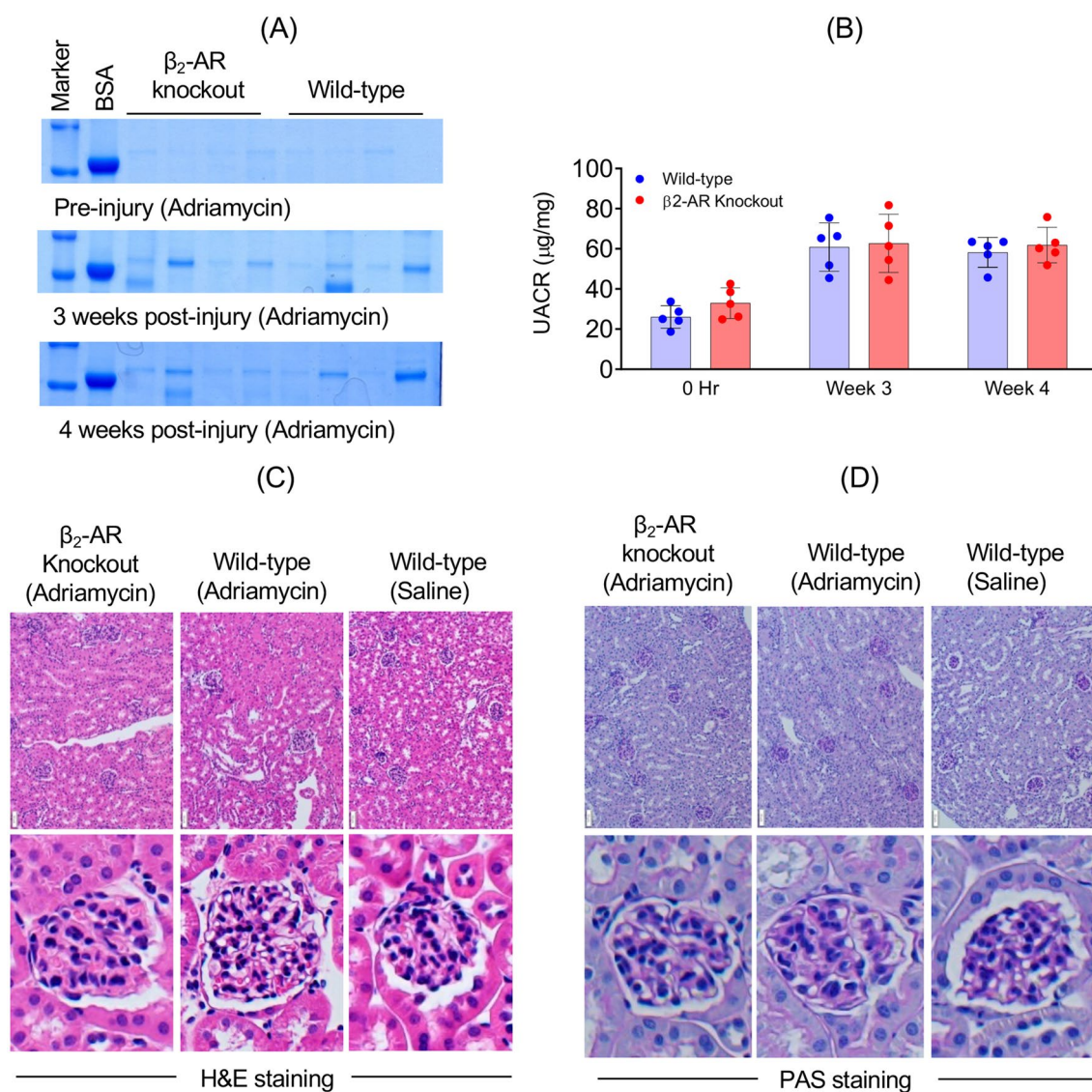
**Fig. 1** Generation of podocyte-specific beta 2 adrenergic receptor ( $\beta_2$ -AR) knockout mice. **A** The mRNA profile of podocytes treated with adriamycin (ADR) and puromycin aminonucleoside (PAN) showed increased expression of the  $\beta_2$ -AR gene following injury. Log<sub>2</sub> fold changes in the  $\beta_2$ -AR gene expression were significant (adjusted  $p$  values  $< 0.05$ ). **B** Schematic for the generation of the control (wild-type) and experimental mice is shown. **C**  $\beta_2$ -AR knockout mice were genotyped using gene specific primers. Control mice displayed a band of ~500 bp while the  $\beta_2$ -AR knockout mice displayed a band of ~550 bp. Both these bands were present in the heterozygous mice. **D** qPCR analysis showed significant down regulation of the  $\beta_2$ -AR in glomeruli isolated from  $\beta_2$ -AR knockout mice. Data are presented as mean  $\pm$  standard error of mean (SEM). \*\* $P \leq 0.0001$ , wild-type vs  $\beta_2$ -AR knockout mice, Student's t test (2 tailed;  $t_{3,3} = -3.807$ ). n = 4 mice per group. **E** Schematic of the experimental plan. **F** Sodium dodecyl-sulfate polyacrylamide gel electrophoresis

(SDS-PAGE) analysis of urine samples showed no significant difference in albuminuria pre- and post-nephrotoxic serum (NTS) injury between wild-type and  $\beta_2$ -AR knockout mice. **G** The urine albumin/creatinine ratio (UACR) also showed no significant difference in albuminuria between wild-type and  $\beta_2$ -AR knockout mice. Data are presented in mean  $\pm$  SEM and analyzed using a two-way analysis of variance (ANOVA) (main effect time:  $F_{2,16} = 123.9$ ,  $p < 0.0001$ ); main effect  $\beta_2$ -AR knockout:  $F_{1,8} = 0.8453$ ,  $p = 0.5716$ ; interaction:  $F_{2,16} = 0.6400$ ,  $p = 0.5403$ ) with a Holm-Sidak adjustment for  $p$  values.  $P > 0.05$ , wild-type vs.  $\beta_2$ -AR knockout mice. n = 5 mice per group. **H** Representative histological sections of the kidneys by hematoxylin and eosin (H&E) staining following injury with NTS are shown with no difference seen with respect to tubulointerstitial and glomerular mesangial injury in wild-type vs  $\beta_2$ -AR knockout mice. Scale bars = 50  $\mu$ m

intraperitoneally 4 h (h) post NTS-injection, when proteinuria was established. Formoterol injections were repeated every 24 h for 13 days. Detailed experimental plans for NTS-induced glomerular injury, urine collection and drug administration are presented in the schematic diagram (Fig. 2A). All urine samples were spun at 4000  $\times$  g for 5 min and then

frozen at  $-80$   $^{\circ}$ C for subsequent analysis. For the adriamycin (ADR) model 15 mg/kg ADR (aka doxorubicin hydrochloride) (Tocris Bioscience, Cat. No. 2252) was injected in the  $\beta_2$ -AR knockout mice and their wild-type littermates and proteinuria was evaluated as described previously [15].





**Fig. 2** Podocyte-specific deletion of the  $\beta_2$ -AR in mice does not change their susceptibility to adriamycin: **A** SDS-PAGE analysis of urine samples showed no significant difference in albuminuria pre or post-ADR-injury between wild-type and  $\beta_2$ -AR knockout mice. **B** The urine albumin/creatinine ratios also showed no significant difference between wild-type and  $\beta_2$ -AR knockout mice. Data are presented in mean  $\pm$  SEM and were analyzed using a two-way ANOVA (main effect time:  $F_{2,16}=34.65$ ,  $p<0.0001$ ; main effect  $\beta_2$ -AR knockout:

$F_{1,8}=1.275$ ,  $p=0.2916$ ; interaction:  $F_{2,16}=0.1695$ ,  $p=0.8456$ ) with a Holm-Sidak adjustment for p values and showed no differences between wild-type and  $\beta_2$ -AR knockout mice at each timepoint. **C&D** Representative histological sections of the kidneys by hematoxylin and eosin **H&E** and periodic acid-Schiff (PAS) staining are shown with no differences with respect to tubulointerstitial and glomerular mesangial injury seen in the wild-type vs  $\beta_2$ -AR knockout mice. Scale bars = 50  $\mu\text{m}$

## Urinalysis

Urine samples (2.5–5.0  $\mu\text{l}$ ) were diluted fivefold with sterile water and analyzed by 10% SDS-PAGE followed by Coomassie blue (CB) staining. The urine albumin/creatinine ratios (UACR) were analyzed by albumin ELISA using Albuwell kit (Ethos Biosciences, Exocell, Product #1011) and creatinine analysis was performed using the endpoint assay (TECO Diagnostics Catalog #C515480) as described previously [15].

## Histological analysis

Mice were perfused with Hanks buffered salt solution (HBSS) and their kidneys isolated at day 14 post-NTS injury and subsequent formoterol treatment. Isolated kidneys were fixed for 12 h in 4% paraformaldehyde (PFA), stored in 70% ethanol and submitted to the MUSC Histology Core for paraffin embedding and sectioning. Sections (5  $\mu\text{m}$ ) were cut, deparaffinized and stained with hematoxylin and eosin (H&E), periodic acid-Schiff (PAS) and Masson's Trichrome



as described previously [15, 19]. Histological images were collected on an inverted Zeiss Axiovert-200-M microscope at the Cell & Molecular Imaging core facility of the MUSC. The scoring of histological stained sections was performed blindly as described earlier [15, 19]. Briefly, glomerulosclerosis severity scoring was performed using a subjective scale, as follows: 1 = none/trace, 2 = mild/segmental, 3 = moderate/global, and 4 = severe sclerosis. About 40–50 glomeruli from each mouse and  $n=5$  mice was used in each group.

The immunostaining of mouse kidney sections was performed as described previously [10]. Briefly, kidney sections were immunostained using specific primary antibodies for NEPH1, a member of the nephrin-like protein family and a component of the slit diaphragm, that we previously generated, SYNAPTOPODIN (Abcam, Catalog # ab224491) and  $\alpha$ -SMA (Santa Cruz, Catalog # c53142), followed by Alexa Fluor-labeled secondary antibodies and 4',6-diamidino-2-phenylindole (DAPI) (all ThermoFisher Scientific). Single plane confocal images were collected using Olympus FV1200 MPE confocal microscope fitted with 60X oil objective at the MUSC microscopy core facility. Image acquisition parameters were kept constant throughout the experiment. Mean pixel intensity estimation and Pearson's correlation coefficient analysis for colocalization was performed using Image-J software as described previously [15].

### Statistical analyses

Data are presented in mean  $\pm$  SEM. The Student's *t* test or one-way ANOVA with Tukey's HSD or two-way ANOVA with a Holm-Sidak adjustment for *p* values were performed using the GraphPad Prism 8 software. A *p* value of  $\leq 0.05$  was considered as statistically significant.

## Results

### Injury to podocytes upregulates $\beta_2$ -AR expression

We hypothesized that injury to podocytes may affect  $\beta_2$ -AR expression levels. The expression profile of the  $\beta_2$ -AR in RNA-seq data from various podocyte injury models including adriamycin (ADR) and puromycin aminonucleoside (PAN, GEO# GSE124622 & GSE117669) was, therefore, determined [15, 16]. The results showed upregulation of the  $\beta_2$ -AR gene (adjusted *p* values,  $< 0.05$ , Fig. 1A), which is consistent with increased mitochondrial biogenesis (MB) in response to injury and may serve as an adaptive response that podocytes use to meet the increased energy demand during recovery.

### Genetic deletion of $\beta_2$ -AR in mouse podocytes

To evaluate the *in vivo* significance of the  $\beta_2$ -AR in podocytes, we first generated podocyte-specific  $\beta_2$ -AR knockout mice ( $\beta_2$ -AR<sup>fl/fl</sup>/PodCre<sup>+/-</sup>) by crossing the  $\beta_2$ -AR floxed ( $\beta_2$ -AR<sup>fl/+</sup>) mice with PodCre<sup>±</sup> mice. The control littermates (wild-type mice) were the following genotypes:  $\beta_2$ -AR<sup>+/+</sup>PodCre<sup>+/-</sup>,  $\beta_2$ -AR<sup>fl/fl</sup>, or  $\beta_2$ -AR<sup>+/+</sup>. The genotype of the experimental mice was  $\beta_2$ -AR<sup>fl/fl</sup>PodCre<sup>+/-</sup> (Fig. 1B). Genotyping results confirmed the presence of the  $\beta_2$ -AR floxed gene (Fig. 1C). qPCR analysis of glomeruli isolated from wild-type and  $\beta_2$ -AR knockout mice showed significant reduction of  $\beta_2$ -AR mRNA in the glomeruli of  $\beta_2$ -AR knockout vs. wild-type mice ( $t_{3,31} = -3.8068$ ,  $p = 0.02684$ , Fig. 1D). The presence of some  $\beta_2$ -AR mRNA in the glomeruli of  $\beta_2$ -AR knockout mice likely represents  $\beta_2$ -AR mRNA from non-podocyte glomerular cells.

### Podocyte-specific $\beta_2$ -AR genetic deletion in mice does not affect their susceptibility to glomerular injury

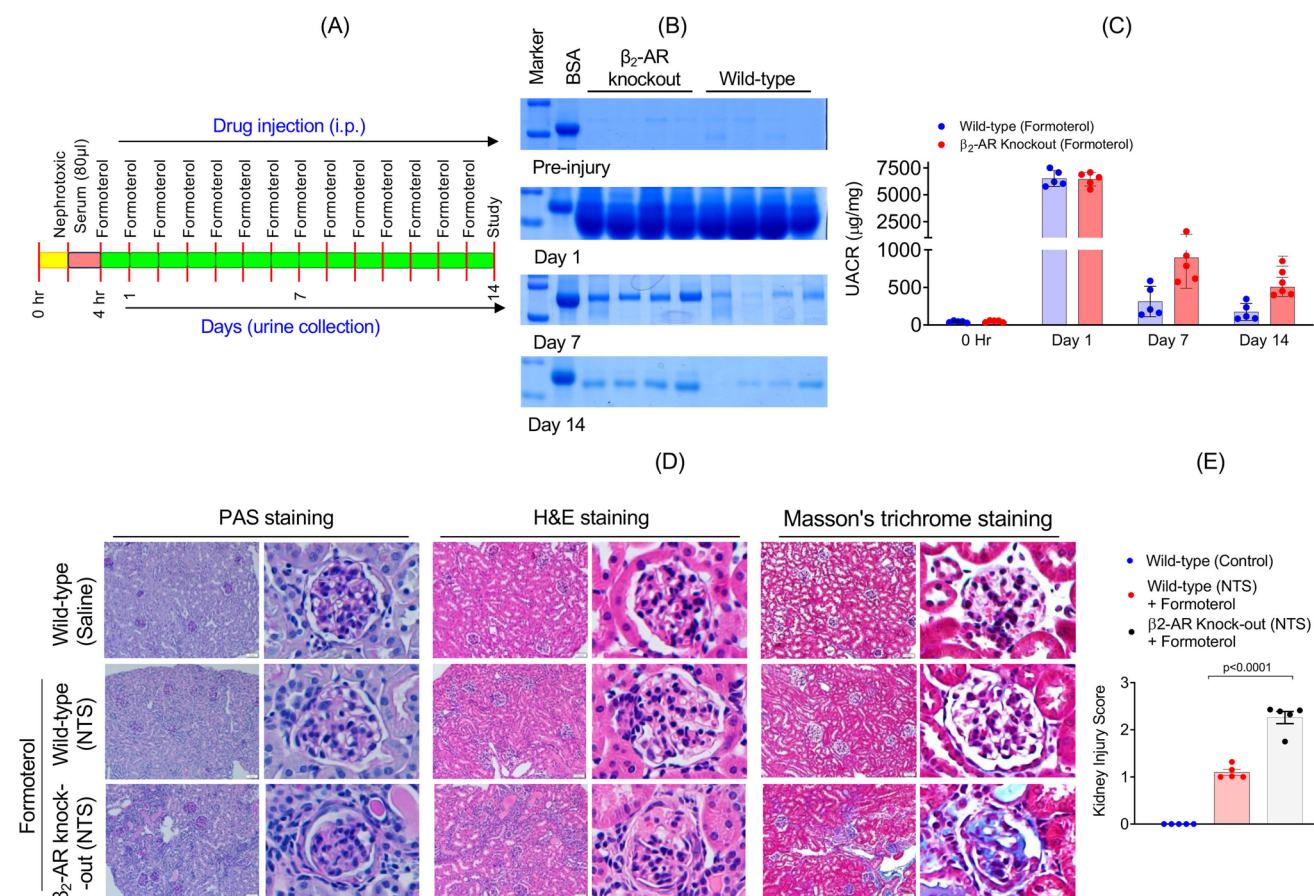
The  $\beta_2$ -AR knockout mice developed normally and did not show any signs of albuminuria or glomerular injury. This led us to investigate whether the loss of the  $\beta_2$ -AR in mice podocytes would change their susceptibility to injury using an acute glomerular injury model, nephrotoxic serum (NTS, Fig. 1E). A two-way ANOVA of urine from the NTS-injured mice by sodium dodecyl-sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and albumin/creatinine ratio (UACR) showed no significant difference in the injury level between wild-type and  $\beta_2$ -AR knockout mice over time (main effect  $\beta_2$ -AR knockout:  $F_{1,8} = 0.8453$ ,  $p = 0.5716$ ; interaction  $\beta_2$ -AR knockout and time:  $F_{2,16} = 0.6400$ ,  $p = 0.5403$ ) (Fig. 1F,G and Supplemental Figs. 1 and 2). Furthermore, histological review of the kidney sections using hematoxylin and eosin (H&E) staining showed no histological differences with respect to tubulointerstitial and glomerular mesangial injury between wild-type and  $\beta_2$ -AR knockout mice following NTS injury (Fig. 1H).

Because it has been shown that genetic deletion of pathogenic genes such as *Myh9* in mice that are raised on C57B/6 J background may change their susceptibility to ADR [10], we tested whether the loss of  $\beta_2$ -AR in podocytes similarly affected their susceptibility to ADR-induced injury. Wild-type and  $\beta_2$ -AR knockout mice were treated with ADR and the urine was analyzed. The wild-type and  $\beta_2$ -AR knockout mice had similar levels of ADR-induced injury over time (main effect  $\beta_2$ -AR knockout:  $F_{1,8} = 1.275$ ,  $p = 0.2916$ ; interaction:  $F_{2,16} = 0.1695$ ,  $p = 0.8456$ ) though the injury was less severe than with NTS (Fig. 2 and Supplemental Figs. 2 and 3).

## $\beta_2$ -AR knockout mice show impaired $\beta_2$ -AR agonist-induced recovery

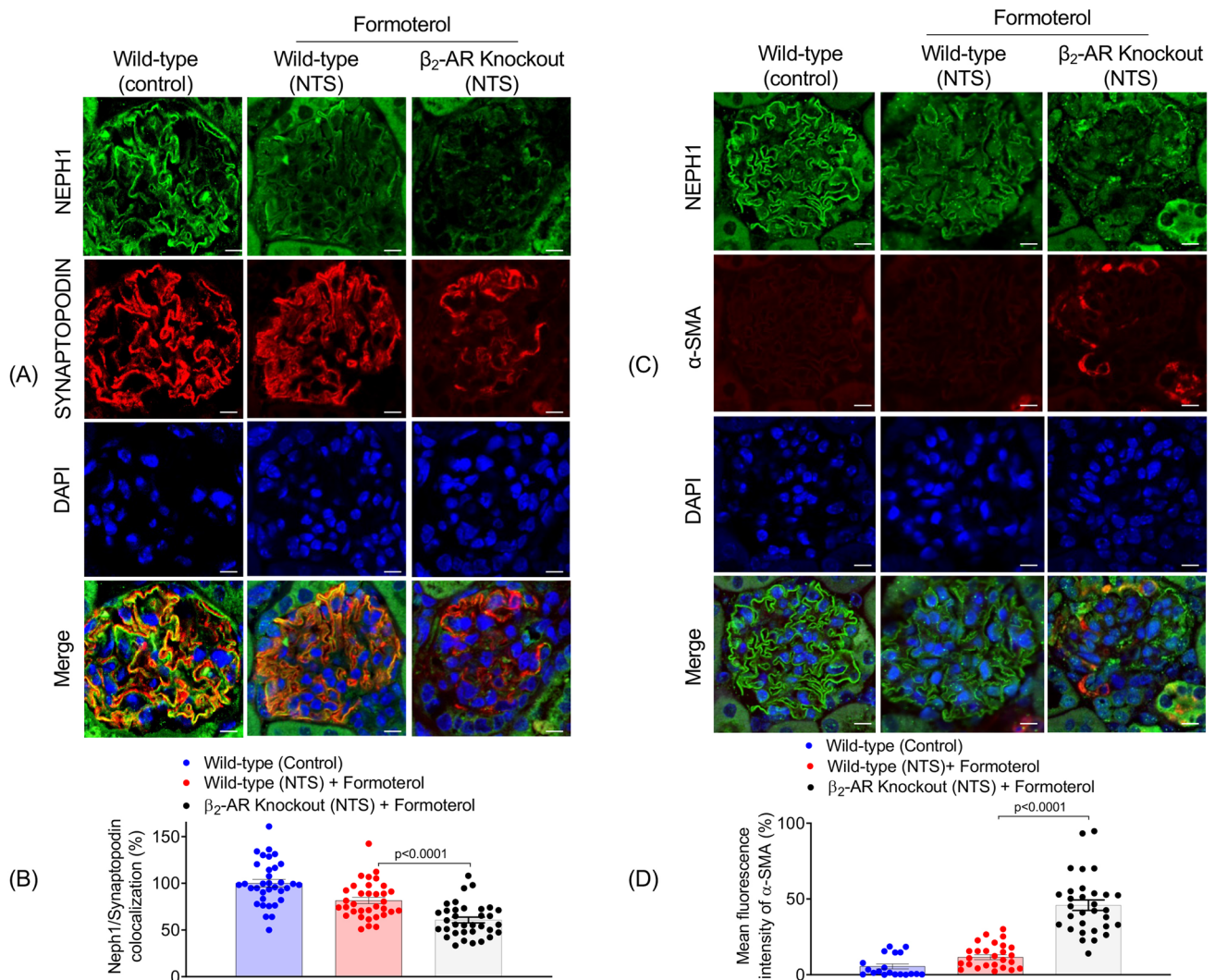
We previously showed that the  $\beta_2$ -AR agonist formoterol promoted recovery from NTS- and ADR-induced glomerular injury [15]. Because the injury was greater with NTS than with ADR, we next determined whether signaling through the  $\beta_2$ -AR was responsible for the formoterol-induced recovery from glomerular injury. Wild-type and  $\beta_2$ -AR knockout mice (10–12 weeks old) were treated with NTS (Fig. 3A). Following the establishment of proteinuria at 4 h post NTS injection, the long-acting  $\beta_2$ -AR agonist formoterol (1 mg/kg) was injected intraperitoneally (IP) in both wild-type and  $\beta_2$ -AR knockout mice. The 1 mg/kg IP dose was chosen

as this is the dose and route of administration that we and others used in previous studies where a rescue effect was demonstrated following acute kidney injury [15]. The urine samples from these mice were evaluated at days 1, 7 and 14 for proteinuria by SDS-PAGE using a 2-way ANOVA (Fig. 3B and Supplemental Fig. 4). Urine albumin/creatinine ratios (UACR) confirmed that albuminuria differed by time post NTS injury and formoterol treatment in both wild-type and  $\beta_2$ -AR knockout mice (main effect time:  $F_{3,24} = 731.17$ ,  $p < 0.0001$ ; main effect  $\beta_2$ -AR knockout  $F_{1,8} = 2.191$ ,  $p = 0.1774$ ; interaction:  $F_{3,24} = 1.7822$ ,  $p = 0.1789$ ), specifically post-hoc analysis using Holm-Sidak adjustment found both groups differed significantly in UACR from day 0 to day 1 ( $p < 0.0001$  both groups). Post-hoc analysis



**Fig. 3**  $\beta_2$ -AR knockout mice show impaired formoterol-induced recovery in mice: **A** Schematic of the experimental plan. **B** Urine samples were evaluated by SDS-PAGE and **C** urine albumin/creatinine ratios (UACR) were measured which showed a reduction in albuminuria at day 7 in wild-type but not in  $\beta_2$ -AR knockout mice treated with formoterol.  $n = 5$  mice per group. Data are presented as mean  $\pm$  SEM. Data were analyzed using a two-way ANOVA (main effect time:  $F_{3,24} = 731.17$ ,  $p < 0.0001$ ; main effect  $\beta_2$ -AR knockout  $F_{1,8} = 2.191$ ,  $p = 0.1774$ ; interaction:  $F_{3,24} = 1.7822$ ,  $p = 0.1789$ ) with a Holm-Sidak adjustment for  $p$  values. **D** Representative kidney sections from mice sacrificed at day 14 post NTS injection indicated that wild-type mice treated with formoterol had a higher number of nor-

mal glomeruli with reduced focal atrophy, proteinaceous tubular casts and tubular dilation compared to  $\beta_2$ -AR knockout mice treated with formoterol that had increased sclerotic glomeruli, fibrosis, and tubular casts. Scale bars = 50  $\mu$ m. **E** The kidney injury score was calculated and showed reduced kidney injury in wild-type mice compared to the  $\beta_2$ -AR knockout mice treated with formoterol. PAS and H&E sections were subjected to blinded scoring of renal injury using a scale, as follows: 1 = none, 2 = mild glomerulosclerosis, 3 = moderate glomerulosclerosis, and 4 = severe glomerulosclerosis.  $n = 5$  mice in each group. These data were analyzed using a one-way ANOVA with Tukey's HSD ( $F_{2,12} = 186.6$ ,  $p < 0.0001$ )



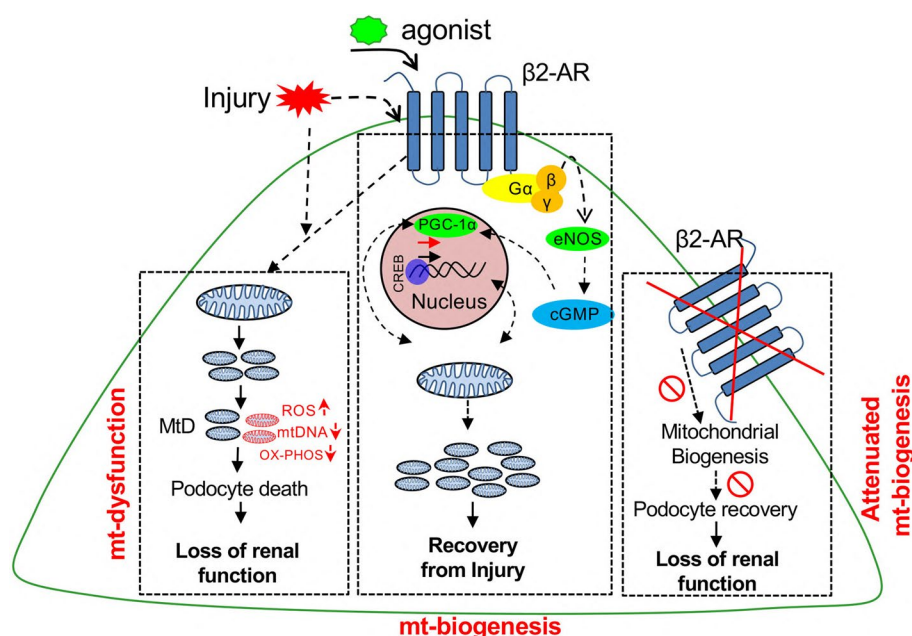
**Fig. 4** Podocyte cell membrane localization of the slit diaphragm protein NEPH1 is not restored in  $\beta_2$ -AR knockout mice following NTS-induced injury and treatment with formoterol. **A** Kidney sections of wild-type and  $\beta_2$ -AR knockout mice were immunostained with NEPH1 (green) and SYNAPTOPODIN (red) antibodies and cell nuclei were counter-stained with DAPI which was present in the mounting medium (blue). NTS-induced loss of NEPH1 was largely restored to the podocyte cell membrane in wild-type, but not  $\beta_2$ -AR knockout, mice treated with formoterol. As expected, NEPH1 colocalized with SYNAPTOPODIN at the podocyte cell membrane. Scale bars = 20  $\mu$ m. **B** Analysis showed increased NEPH1 colocalization with SYNAPTOPODIN in wild-type compared to  $\beta_2$ -AR knockout mice treated with formoterol. Data are presented as mean  $\pm$  SEM. Data were analyzed using a one-way ANOVA ( $F_{2,99}=31.33$ ,

$p < 0.0001$ ) with Tukey's HSD.  $P \leq 0.0001$ .  $n = 5$  mice in each group. Each dot represents individual glomeruli. **C** Immunostaining of kidney sections using NEPH1 (green) and alpha smooth muscle actin ( $\alpha$ -SMA) (red) antibodies along with DAPI in the mounting medium (blue) showed formoterol treatment reduced  $\alpha$ -SMA expression, which is an injury marker, in wild-type mice but not in  $\beta_2$ -AR knockout mice. Scale bars = 20  $\mu$ m. **D** Quantitative analysis of immunofluorescence images confirmed increased  $\alpha$ -SMA expression in formoterol-treated  $\beta_2$ -AR knockout, compared to wild type, mice. Data are presented as mean  $\pm$  SEM. Data were analyzed using a one-way ANOVA ( $F_{2,75}=69.11$ ,  $p < 0.0001$ ) with Tukey's HSD.  $P \leq 0.0001$ .  $n = 5$  mice in each group. Each dot represents individual glomeruli

with Tukey's adjustment showed no differences in UACR between wild-type and  $\beta_2$ -AR knockout mice at day 0, 1, or 14 ( $p$  values not shown). At 7 days there was a difference; however, this difference was not significant after accounting for the four comparisons using Tukey's HSD ( $p = 0.0875$ ) (Fig. 3B, C and Supplemental Fig. 5). This suggests that loss of  $\beta_2$ -AR affects the ability of mice to recover from

glomerular injury with formoterol. To further evaluate the histological changes, kidney sections from these mice (sacrificed at 14 days post NTS injection), were analyzed by staining with H&E, periodic acid-Schiff (PAS), and Masson's trichrome. Consistent with albuminuria, the sections from  $\beta_2$ -AR knockout mice showed increased tubular dilatation, PAS positive casts, and fibrotic and sclerotic glomeruli





**Fig. 5** Schematic of the role of the  $\beta_2$ -AR in podocyte repair following injury. Mitochondrial (mt) dysfunction due to podocyte injury leads to cell death and loss of renal function. Pharmacological stimulation of the  $\beta_2$ -AR induces mt-biogenesis leading to enhanced recovery of podocytes from injury. Deletion of the  $\beta_2$ -AR from podocytes significantly attenuates the recovery response in podocytes. ROS=reactive oxygen species.  $G\alpha, \beta, \gamma$  =components of G-pro-

tein subunit of the  $\beta_2$ -AR involved in signaling. eNOS=endothelial nitric oxide synthase. cGMP=cyclic guanosine monophosphate. CREB=cAMP response element-binding protein. PGC1 $\alpha$ =peroxisome proliferator-activated receptor-gamma coactivator 1 alpha, a member of a family of transcription coactivators that plays a central role in the regulation of cellular energy metabolism

compared to the wild-type mice (Fig. 3D). A decreased kidney injury score was also found in wild-type compared to  $\beta_2$ -AR knockout mice following NTS injury and treatment with formoterol ( $F_{2,12} = 186.6$ ,  $p < 0.0001$ ) (Fig. 3E and Supplemental Fig. 5).

### Membrane localization of the slit diaphragm protein NEPH1 was not restored in $\beta_2$ -AR knockout mice treated with formoterol

We previously showed that the slit-diaphragm protein NEPH1 mis-localizes and is lost from the podocyte cell membrane in response to injury, but re-localizes during recovery from injury [15, 21, 22]. To further evaluate the ability of  $\beta_2$ -AR knockout mice to recover from injury, kidney sections from wild-type and  $\beta_2$ -AR knockout mice injured with NTS and treated with formoterol were immunostained with NEPH1 and SYNAPTOPODIN antibodies. While NTS-induced injury resulted in loss of NEPH1 from the podocyte cell membrane, formoterol treatment restored NEPH1 localization to the podocyte cell membrane. As expected, there was increased colocalization of NEPH1 with SYNAPTOPODIN in wild-type mice but not in  $\beta_2$ -AR knockout mice (Fig. 4A). Quantitation confirmed increased NEPH1 colocalization with SYNAPTOPODIN in the

glomeruli of wild-type compared to  $\beta_2$ -AR knockout mice injured with NTS and treated with formoterol ( $F_{2,99} = 31.33$ ,  $p < 0.0001$ ) (Fig. 4B and Supplemental Fig. 6). These data indicate that formoterol signaling through the  $\beta_2$ -AR is required for the functional and structural recovery of podocytes from injury.

### $\beta_2$ -AR knockout, compared to wild-type, mice treated with formoterol have increased fibrosis following NTS-induced injury

Alpha smooth muscle actin ( $\alpha$ -SMA) is highly expressed in the presence of renal fibrosis and glomerulosclerosis [23–25]. Since NTS treatment is known to induce glomerulosclerosis [15, 19], we evaluated  $\alpha$ -SMA expression in kidney sections from NTS-injured wild-type and  $\beta_2$ -AR knockout mice treated with formoterol. Expression of  $\alpha$ -SMA was significantly downregulated in wild-type compared to  $\beta_2$ -AR knockout mice injured with NTS and treated with formoterol ( $F_{2,75} = 69.11$ ,  $p < 0.0001$ ) (Fig. 4C, D and Supplemental Fig 6). We observed partial changes in the expression pattern in many glomeruli due to the sclerotic phenotype. Collectively, these results support the conclusion that the  $\beta_2$ -AR is required for formoterol-induced podocyte recovery from injury.

## Discussion

Podocytes are a critical component of the glomerular filtration system and are the primary targets in the majority of glomerular diseases [26–28]. Podocyte dysfunction and apoptosis is associated with loss of renal function leading to end-stage kidney disease (ESKD) [28, 29]. Thus, podocytes are a key therapeutic target for preventing damage to the glomerular filtration system and restoring renal function following injury. We recently reported that formoterol treatment restored podocyte function following glomerular injury [15]. In this study, using podocyte-specific  $\beta_2$ -AR knockout mice, we provide experimental evidence that the  $\beta_2$ -AR in podocytes is required for recovery of renal function. Although  $\beta_2$ -AR is expressed in podocytes [8, 15], little is known about its significance in podocyte biology. Our recent study demonstrated that mitochondrial biogenesis (MB), which allows podocytes to meet the metabolic and energy requirements during injury or disease conditions, was increased in response to treatment with formoterol [8]. Mechanistically, this increase in podocytes was attributed to the induction of PGC-1 $\alpha$  (a transcriptional co-activator of MB) and key components of the mitochondrial electron transport chain (ETC) [15].

Further evidence for the involvement of the  $\beta_2$ -AR in podocyte repair came from our mRNA expression analysis which showed that  $\beta_2$ -AR expression was increased in *in vivo* models of podocyte injury (Fig. 1). Using  $\beta_2$ -AR knockout mice we provide genetic evidence that the  $\beta_2$ -AR is required for podocyte repair following formoterol treatment. While the  $\beta_2$ -AR knockout mice responded similarly to wild-type mice in the face of injury, their recovery in response to formoterol was significantly attenuated. Collectively, these results support a critical role for the podocyte  $\beta_2$ -AR in recovery of renal function following injury. Additionally, our results suggest that the renoprotective effects of formoterol are not due to off target effects, but instead are due to the specific activation of  $\beta_2$ -AR in podocytes.

In conclusion, while our previous study showed that pharmacological activation of  $\beta_2$ -AR accelerated recovery of glomerular function by reducing proteinuria and ameliorating kidney pathology, the present investigation revealed that this recovery is mediated by the  $\beta_2$ -AR in podocytes (Fig. 5). Thus, therapies specifically targeting the podocyte  $\beta_2$ -AR may be of therapeutic value.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s43440-024-00594-5>.

**Acknowledgements** We acknowledge Cell & Molecular Imaging Shared Resource, Hollings Cancer Center, Medical University of South Carolina (P30 CA138313) and the Shared Instrumentation Grant S10 OD018113 for confocal imaging.

**Author contributions** Conceptualization, E. A., D.N. and R.G.S.; Methodology, E.A., A.K.S. and B.S.; Formal Analysis, E.A., B.W. and D.N.; Investigation E.A.; Resources, D.N., J.H.L. and R.G.S.; Writing: Original Draft, E.A.; Writing: Review & Editing, E.A., D.N., J.H.L. and R.G.S.; Supervision D.N., J.H.L. and R.G.S.; Funding Acquisition, D.N., J.H.L., and R.G.S.

**Funding** Open access funding provided by the Carolinas Consortium. National Institute of Diabetes and Digestive and Kidney Diseases, R01DK087956, Deepak Nihalani, R56DK116887, Deepak Nihalani, P30DK074038, Josh Lipschutz, National Institute of General Medical Sciences, GM084147, Rick G. Schnellman, U.S. Department of Veterans Affairs, I01BX000820, Josh Lipschutz, I01CX002391, Josh Lipschutz, BX000851, Rick G. Schnellman, Dialysis Clinics, No number, Josh Lipschutz

**Data availability** All datasets generated for this study are included in the article. All the raw data will be provided upon reasonable request.

## Declarations

**Ethics statement** All animal studies were approved under the protocol number Protocol # IACUC-2018-00360 by the MUSC IACUC (Institutional Animal Care and Use Committee) and were conducted as per the NIH guidelines for Care and Use of Laboratory Animals.

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