**Research Article** 

# Thermal degradation kinetics of total anthocyanins in açaí pulp and transient processing simulations



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Received: 9 January 2020 / Accepted: 25 February 2020 / Published online: 2 March 2020 © Springer Nature Switzerland AG 2020

#### Abstract

The aim of this study was to investigate the thermal degradation of açaí pulp anthocyanins in experimental level and to simulate its degradation in a tubular pasteurizer starting from the transient regime. Thermal degradation was experimentally performed at 60, 70, 80, and 90 °C, in which samples were collected throughout 90 min. Anthocyanin concentration was determined using the differential pH method. The first-order kinetic model with low activation energy (42.8 kJ mol<sup>-1</sup>) and the thermodynamic parameters obtained ( $\Delta H > 0$ ,  $\Delta G > 0$ , and  $\Delta S < 0$ ) confirmed the high thermal stability of anthocyanin in açaí pulp. For the simulations, the mass and energy balances took into consideration a transient regime and also variation of anthocyanin concentration with the tube length. The finite difference method was used to solve the partial derivates. Were evaluated the effects of flow rate, solid content, heat exchange temperature, and tube length and diameter ratio. Our finds indicated that even considering the critical processing conditions, the losses of anthocyanins do not reach 1%, confirming its high thermal stability.

Keywords Thermal processing · Fruit pulp · Pigments · UV-visible spectroscopy · Thermodynamic analysis

#### List of symbols

- A Absorbance
- C<sub>A</sub> Anthocyanin concentration
- C<sub>A0</sub> Initial anthocyanin concentration
- C<sub>p</sub> Specific heat
- D Cylinder diameter
- DF Dilution factor
- E Activation energy
- *k* Kinetic rate constant
- *k*<sub>0</sub> Pre-exponential constant of Arrhenius equation
- k<sub>T</sub> Thermal conductivity
- *L* Cuvette optical path length (in Eq. 2)
- *L* Cylinder length (in Scheme 1)
- S Solid content (%)
- R Tube radius
- T Temperature (°C)
- t<sub>1/2</sub> Half-life time

- $T_{\infty}$  Heat exchanger temperature
- U Global heat transfer coefficient
- *ε* Molar absorptivity
- ρ Density

#### **1** Introduction

The açaí palm tree (*Euterpe precatoria* Mart.) is a native tree of the Amazon rainforest. Brazil is the main producer, consumer, and exporter of açaí [3]. Açaí fruits have received attention from the food and pharmaceutical market in recent decades due to their high energy and nutritional value. From these fruits, the açaí pulp is obtained, being a product with high energy value, nutritive potential, high fiber, protein, and lipid content [7]. Açaí has an intense purple color; thus, it has been used

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SN Applied Sciences (2020) 2:523 | https://doi.org/10.1007/s42452-020-2340-0

in the production of natural dyes. It has drawn attention to the food market as ordinary artificial dyes tend to be replaced by natural ones [6].

Among the bioactive compounds present in açaí, flavonoids such as anthocyanins stand out (cyanidin-3-glucoside and cyanidin-3-rutinoside) [13]. Anthocyanin pigments are of prominent importance in fruits because of their dual role; first, they are an integral part of sensory attributes, and second, they have several biological properties [12]. Anthocyanins are present in many vegetables, giving colors and shades of red, blue, and purple, whose intensity is a function of the compound concentration [5]. The presence of these substances is mainly linked to antioxidant, anti-inflammatory, antiproliferative, and cardioprotective activities [13]. Due to its properties, açaí has received considerable attention in recent years as a new "super fruit" [11].

This fruit can be eaten fresh; however, the commercialization of raw fruit can lead to rapid degradation due to its high perishability [9]. Therefore, processing is a promising alternative. Among the processed foods that contain açaí berry and released on the world market in the last 5 years, 22% are juices, 12% energy and sports drinks, 9% snacks, 7% desserts and ice cream, 5% dairy category, and 3% sweets and candies, with the United States (30%), Brazil (19%), and Canada (8%) being the most representative countries in the launch of these products in recent years [2].

However, the processing of açaí can lead to anthocyanin degradation and consequently loss of color in the products. Heat treatment is one of the most commonly used food preservation methods to extend shelf life and ensure safety [19, 24]. However, the stability of anthocyanins is influenced by several factors, such as the food physical-chemical properties, the processing, and storage conditions [16]. Processing time and temperature are the most important factors affecting the stability of anthocyanin in food processing, where these conditions will be determined according to product characteristics and intended shelf life [18, 19]. Also, in this context, during industrial processing it is necessary to continuously monitor pigment degradation, since pigment degradation may reflect changes in sensory and nutritional aspects of products.

Food degradation kinetics is a complex phenomenon. However, empirical mathematical modeling techniques can be used to determine the kinetic effect. Kinetic parameters (reaction order, rate constant, and activation energy) provide useful information about changes that occur during thermal processing [25]. Thus, kinetic parameters determination and evaluation of anthocyanin thermal degradation become essential to predict the thermal processing conditions that will cause less degradation of açaí pulp anthocyanins.

Therefore, the aim of this study was to investigate the effect of processing time and temperature on the thermal degradation of anthocyanins, as well as to simulate the degradation in a tubular pasteurizer, considering the transient regime and thermal properties of açaí pulp.

## 2 Materials and methods

### 2.1 Pulp açaí

The açaí pulp was purchased at the Campinas Supply Center (CEASA) in the city of Campinas, SP, Brazil. The product was kept frozen at -18 °C before analysis. According to the manufacturer's information, labeled on the packaging, the açaí pulp has 6.2 g of carbohydrates, 0.8 g of protein, 3.9 g of total fat, and 2.6 g of dietary fiber (13.5 g of solids in the 100 g portion). The pulp was composed only by açaí berry and water, which is necessarily added during the pulp extracting processing.

#### 2.2 Sample preparation and thermal processing

Açaí pulp was thawed overnight at 5 °C before thermal processing. 15 mL of pulp was added into 1-cm-diameter screw-cap glass tubes to ensure isothermal heating and minimize atmospheric oxidation. Thermal degradation was performed at 60, 70, 80, and 90 °C in an ultra-thermostated bath (MA184, Marconi). The processes were monitored for 90 min, and an aliquot of the sample was collected at times 0, 5, 10, 20, 30, 60, and 90 min for each temperature analyzed. The tubes were immediately cooled in an ice bath and then stored at 5 °C until analysis.

# 2.3 Determination of monomeric anthocyanin content

Monomeric anthocyanin concentration of the samples was analyzed by UV–Visible spectroscopy (DU730, Beckman Coulter) using the differential pH method [15]. The samples were centrifuged (Avanti J-26 XPI, Beckman Coulter) at 4000 g for 10 min at 5 °C, and then, two sample dilutions were prepared using the supernatant: pH 1.0 buffer and pH 4.5 buffer. The sample absorbance was calculated using Eq. 1.

$$A = (A_{520} - A_{700}) \text{ pH} = 1.0 - (A_{520} - A_{700}) \text{ pH} = 4.5 \quad (1)$$

where  $A_{520}$  is the absorbance at wavelength 520 nm, and  $A_{700}$  is the absorbance at wavelength 700 nm. The

monomeric anthocyanin content of the sample was calculated using Eq. 2.

$$C_{\rm A} = \frac{A \times \rm{MW} \times \rm{DF} \times 1000}{\varepsilon \times L}$$
(2)

where  $C_A$  is the concentration of anthocyanin (mg L<sup>-1</sup>), MW is the molecular weight of monomeric anthocyanin (449.2 g mol<sup>-1</sup>), DF is the dilution factor (30),  $\varepsilon$  is the molar absorptivity (26,900 L mol<sup>-1</sup> cm<sup>-1</sup>), and L is the length of the bucket path (1 cm).

#### 2.4 Kinetic modeling

At a constant temperature, the anthocyanin thermal degradation kinetics was described as a first-order reaction. Equation 3 presents its integrated form.

$$\frac{C_{\rm A}}{C_{\rm A0}} = e^{-kt} \tag{3}$$

where  $C_A$  is the total anthocyanin concentration experimentally determined at time "t", and  $C_{A0}$  is the anthocyanin measured at zero time. For such reactions, temperature effects on the thermal degradation rate constant "k" may be expressed with an Arrhenius equation (Eq. 4).

$$k = k_0 e^{-E/RT} \tag{4}$$

where  $k_0$  is the pre-exponential factor, E is the activation energy for the process degradation (J mol<sup>-1</sup>), R is the gas constant (J mol<sup>-1</sup> K<sup>-1</sup>), and T is the process temperature (K). In addition,  $t_{1/2}$  was calculated by ln2/k.

#### 2.5 Thermodynamic analysis

The activation enthalpy ( $\Delta H$ ), the free energy of inactivation ( $\Delta G$ ), and the entropy ( $\Delta S$ ) were calculated using Eqs. 5–7 [17].

$$\Delta H = E - R \times T \tag{5}$$

$$\Delta G = -R \times T \times \ln\left(\frac{k \times h}{k_{\rm B} \times T}\right) \tag{6}$$

$$\Delta S = \frac{\Delta H - \Delta G}{T} \tag{7}$$

where *E* is the activation energy for the anthocyanin thermal degradation (J mol<sup>-1</sup>), *R* is the ideal gas constant (8.314 J mol<sup>-1</sup> K<sup>-1</sup>), *T* is the temperature (K), *k* is the kinetic rate constant (s<sup>-1</sup>),  $k_{\rm B}$  is the Boltzmann constant (1.3806 × 10<sup>-23</sup> J K<sup>-1</sup>), and *h* is Planck's constant (6.6262 × 10<sup>-34</sup> J s).

# 2.6 Mathematical modeling for a tubular reaction system

In this work, it was considered a tubular reactor with a jacket for heat transfer (Scheme 1), and operating parameters are shown in Table 1. The mass balance took into consideration a transient regime and also variation of anthocyanin concentration with the tube length. Equation 8 provides the mass balance for the situation analyzed in this work.

$$\frac{\partial C_{A}}{\partial t} = -\frac{v}{\pi R^{2}} \frac{\partial C_{A}}{\partial x} - kC_{A}$$
(8)

where the term  $\frac{v}{\pi R^2} \frac{\partial C_A}{\partial x}$  stands for the anthocyanin concentration changes through the tube length, and  $kC_A$  stands for the kinetics of anthocyanin thermal degradation.

The energy balance for the tubular reactor represented by Scheme 1 is expressed by Eq. 9. In this case, it was also considered thermal diffusion through the reactor length.

$$\frac{\partial T}{\partial t} = \frac{k_{\rm T}}{\rho C_{\rm p}} \frac{\partial^2 T}{\partial x^2} - \frac{v}{\pi R^2} \frac{\partial T}{\partial x} + \frac{2U}{\rho C_{\rm p} R} (T_{\infty} - T)$$
(9)

where the term  $\frac{k_T}{\rho C_p} \frac{\partial^2 T}{\partial x^2}$  stands for the heat transfer by diffusion through the tube, the term  $\frac{v}{\pi R^2} \frac{\partial T}{\partial x}$  stands for the thermal energy changes in the infinitesimal element via fluid input and output, and the term  $\frac{2U}{\rho C_p R} (T_{\infty} - T)$  stands for the thermal energy transition through the reactor walls. The fundamental dynamic equations present initial and boundary conditions:



Scheme 1 Tubular reactor considered in this work

Table 1 Operating parameters used in the simulations

Parameters	Value	Unit
L/D ratio	1000	[]
Flow rate, v	$5.28 \times 10^{-5}$	$m^{3} s^{-1}$
Anthocyanin concentration, $C_{A0}$	340	mg $L^{-1}$
Inlet temperature, $T_0$	25	°C
Heating fluid temperature, $T_{\infty}$	70	°C
Total solid content, S	10	%
Global coefficient of heat exchange, U	400	$J s^{-1} m^{-2} K^{-1}$

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At t=0;  $C_A = C_{A0}$  and  $T = T_0$  (it was considered that at in initial stages, the concentration of anthocyanin through the tube is equal to the entrance. The same was considered for the temperature). At t > 0; for x = 0;  $C_A = C_{A0}$  and  $T = T_0$ . For x = L;  $C_A = C_A$  and T = T.

The backward finite differences were used to replace the partial derivates related to the length, and the forward finite differences were used to replace the partial derivative related to time, resulting in the system of algebraic difference equations for the dependent variables at each grid point (Eqs. 10 and 11). The grid points were defined by the equidistant division of the interval [0, *L*] on "*n*" subintervals of length  $\Delta x = L/5$  (scheme 1), and  $\Delta t$ , which was small enough to satisfy the stability condition in each simulation.

$$\frac{C_{Aij+1} - C_{Aij}}{\Delta t} = -\frac{v}{\pi R^2} \left[ \frac{C_{Aij} - C_{Aij-1}}{\Delta x} \right] - kC_{Aij}$$
(10)

$$\frac{T_{ij+1} - T_{ij}}{\Delta t} = \frac{k_{\rm T}}{\rho C_{\rm p}} \left[ \frac{T_{ij} - 2T_{i-1,j} + T_{i-2,j}}{(\Delta x)^2} \right] - \frac{v}{\pi R^2} \left[ \frac{T_{ij} - T_{i-1,j}}{\Delta x} \right] + \frac{2U}{\rho C_{\rm p} R} \left( T_{\infty} - T_{i,j} \right)$$
(11)

Table 2 provides the physical-chemical parameters used to simulate the process. Regarding açaí physical properties, it was reported in the literature that density, specific heat, thermal conductivity, and thermal diffusivity are mainly affected by the solid content and temperature [6]. Therefore, in this present study the simulations were evaluated according to the solid content (*S*) in order to verify how much its value affects the anthocyanin losses. In addition, simulations were also carried out considering the effect of reactor length and diameter ratio (*L/D*), volumetric flow rate (*v*), and heat exchanger temperature ( $T_{\infty}$ ).

#### 3 Results and discussion

#### 3.1 Kinetic model fitting

Figure 1a shows the experimental results of anthocyanin thermal degradation in açaí pulp as a function of time, with adjustment of a 1st-order reaction kinetic model (parameters shown in Table 3). The onset of the degradation process occurs slightly more intensely for all temperatures. Despite this, there is an exponential reduction of  $C_{A}$ ,

Table 2 Physical-chemical parameters used to simulate the tubular reaction system during transient regime

Physical properties	Parameters	Value/expression	Unit	References
Kinetic rate constant	k	$k = 36.6 \times e^{-42800/RT}$	s <sup>-1</sup>	This work
Thermal conductivity	k <sub>T</sub>	$\begin{split} k_{\rm T}(S,T) &= 0.4398 + 7.1277 \times 10^{-3}(S) + 2.5385 \times 10^{-3}(T) \\ &- 6.959 \times 10^{-5}(S)(T) - 2.6173 \times 10^{-4}(S)^2 \end{split}$	$\mathrm{W} \mathrm{m}^{-1} \mathrm{K}^{-1}$	[6]
Specific heat	Cp	$C_{\rm p}(S,T) = 4.381 - 3.8413 \times 10^{-2}(S) - 5.28 \times 10^{-4}(T) + 1.4933 \times 10^{-4}(S)(T)$	J kg <sup>-1</sup> K <sup>-1</sup>	[6]
Density	ρ	$\rho(S,T) = 1014.509 - 0.3185(S) - 0.1280(T) - 0.0083(S)(T) + 0.0994(S)^{2} - 0.0025(T)^{2}$	kg m⁻³	[6]



Fig. 1 aReduction in anthocyanin concentration as a function of time for 60, 70, 80, and 90 °C, and b kinetic rate constant natural logarithm as a function of the reciprocal temperature

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Tempera- ture (°C)	Adjusted equation	Rate con- stant (min <sup>-1</sup> )	R <sup>2</sup>	t <sub>1/2</sub> (h)
60	$C_{\rm A} = 334.9e^{-0.0005 \times t}$	0.0005	0.7504	23
70	$C_{\rm A} = 334.9e^{-0.0006 \times t}$	0.0006	0.8131	19
80	$C_{\rm A} = 334.9e^{-0.0007 \times t}$	0.0007	0.8205	16
90	$C_{\rm A} = 334.9e^{-0.002 \times t}$	0.002	0.8406	7

 Table 3
 First-order kinetic models adjusted for each temperature

and a good fit for the experimental data set as a whole, indicating that this model can be used to reproduce the process by simulation. Anthocyanin content in açaí pulp decreased as temperature and heating time increased, as reported in the literature for other fruit processing [4, 19, 21, 22]. Figure 1b provides the natural logarithm of the rate constant as a function of the reciprocal temperature to identify Arrhenius' parameters, which are the pre-exponential factor ( $k_0$ ) and activation energy ( $E_a$ ).

Table 3 provides four kinetic models adjusted to the experimental degradation data for each temperature evaluated in Fig. 1a. In each model, the pre-exponential factor  $(C_{A0})$  was defined as the constant value of 334.9 mg L<sup>-1</sup>, which refers to the total anthocyanin concentration at time zero. In addition, the rate constant (*k*) exponentially varies as the temperature increases. The  $t_{1/2}$  values are also presented in Table 3.

By fitting a straight line, the Arrhenius parameters were determined as follows:  $k_0 = 2.2 \times 10^3 \text{ min}^{-1}$  and  $E = 42.8 \text{ kJ mol}^{-1}$ , with determination coefficient ( $R^2$ ) equals to 0.8. Activation energies for anthocyanin degradation during heating have dispersed values in the literature: 68.04 kJ mol<sup>-1</sup> for acerola [21], 99.7 kJ mol<sup>-1</sup> for jussara grapes [19], 80.4 kJ mol<sup>-1</sup> for blueberry juice [14], and 24.16 kJ mol<sup>-1</sup> for açaí pulp [6]. The result of this work is between the reported values, but different from the value found by Costa et al. [6]. Despite this difference of just over 40%, it appears that the anthocyanins of the açaí pulp follow a pattern: They are less sensitive to temperature variation than those found in other fruits, since lower activation energies besides indicating an energetic barrier to the reaction occurrence, it suggests greater stability to the temperature variation.

#### 3.2 Thermodynamic analysis

Table 4 shows the calculated results of activation enthalpy (Eq. 5), free energy (Eq. 6), and entropy (Eq. 7) for anthocyanin thermal degradation at each temperature. The positive  $\Delta H$  value represents an endothermic state for the process. The observed decrease in  $\Delta H$  with increasing

 Table 4
 Variation of enthalpy, free energy, and entropy for the thermal degradation process of anthocyanins in açaí pulps

T (°C)	$\Delta H$ (kJ mol <sup>-1</sup> )	$\Delta G (kJ mol^{-1})$	$\Delta S$ (kJ mol <sup>-1</sup> K <sup>-1</sup> )
60	40.049	114.240	- 222.797
70	39.965	117.235	-225.276
80	39.882	120.285	-227.770
90	39.799	120.608	-222.615

temperature indicates that the energy barrier required for bond breakage is slightly lower at higher temperatures, indicating slightly higher degradation rates with increasing temperature. The free energy variation,  $\Delta G$ , describes the spontaneity of the process by the difference between the activated state and the reactant state. Positive values of  $\Delta G$  were observed for all temperatures used in the processing of açaí pulp, showing that anthocyanin degradation is not spontaneous.

It is known that when the activation entropy ( $\Delta S$ ) values are high, generally positive, the system is away from the thermodynamic equilibrium, and consequently, the system tends to generate a faster activated complex due to the higher reactivity [10]. In contrast, negative values of  $\Delta S$  indicate that molecules in the transition state are more organized than those at the beginning of the reaction, providing lower reactivity. For all temperatures analyzed in this work, the values of  $\Delta S$  had negative values, justifying the low degradation rate illustrated in Fig. 1a.

#### 3.3 Transient process simulations

Computational simulations were performed by numerical resolution of Eqs. 8 and 9, aiming to evaluate the anthocyanin losses during the pasteurization process of açaí pulps in a tubular system. The mathematical model resolution allowed to predict the anthocyanin concentration and pasteurizer temperature profiles as a function of time and length. Differently from what was presented in this work, the models described in the literature were developed for ideal simple piston flow [21, 23], canned food pasteurization systems [20], and tunnels pasteurization [8], in addition to traditional plate pasteurization systems [1].

Figure 2 shows the reaction system divided into 5 grid points, from i=0 (system input) to i=5 (system output), with (a) the anthocyanin concentration profile and (b) the temperature profile. Table 1 presents the operational parameters considered in this simulation. Figure 2a shows an exponential decay of anthocyanin concentration as a function of time, reaching a constant value (steady state) as expected for this system. Through this figure, it is



**Fig. 2** a Reduction in anthocyanin concentration as a function of time at three reactor points, where i=0 is equivalent to system input and i=5 is equivalent to system output and **b** reactor temperature as a function of time

possible to predict the exact time for the system to reach the steady state, in which the loss of anthocyanin, quantified at the output, will be kept constant. It is also verified that the concentration at the system exit (i=5) is practically the input value, reaffirming the good thermal stability of anthocyanins in açai pulps, evaluated by their kinetic parameters determined in Sect. 3.1.

Figure 2b shows the internal temperature profile of the reaction system keeping the temperature of the jacket fixed and at its maximum value (thermal losses were disregarded). Note that the reaction system rapidly reaches the heating fluid temperature (<1 s). This is a critical situation that would hardly occur in practice, since the heat exchanger temperature presents a longitudinal temperature gradient, causing the internal temperature to reach lower values. In addition, radial temperature gradients were also neglected in this work, since high *L/D* ratio was considered. This work simulated the process under these critical conditions, which would be the worst possible to obtain the maximum losses of anthocyanins.

Figure 3 illustrates the effect of the most common process operating parameters on the anthocyanin concentration profile at system output. In these simulations, the parameters of Table 1 were kept constant, with changes in some key parameters. Figure 3a, for example, illustrates the effect on system flow rate, where it is found that lower flow rates provide higher degradation rates. The minimum flow considered in this figure is also considered a critical situation, since in general, the systems operate with higher flow rates, indicating that the anthocyanins will still present a low degradation percentage.

Figure 3b indicates that during industrial processing, the percentage of total solids in the açaí pulp does not influence its anthocyanin degradation. Costa et al. [6] demonstrated that this percentage has effects on the

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pulp thermal properties (Table 2). However, its effect on the temperature profile is quite low and therefore negligible in the anthocyanin degradation. Figure 3c shows the effect of the heat exchange temperature, and as expected, the higher its value, the higher the degradation rate. Finally, Fig. 3d illustrates that increasing the pipe lengthto-diameter ratio (*L/D*) causes an increase in the degradation rate. Even so, for these last two cases, considering the upper limit values ( $T_{\infty} = 100$  °C and *L/D* = 3000), the loss of anthocyanin does not reach 1%, allowing to infer that this microconstituent presents an optimal thermal stability in the açaí pulp.

### 4 Conclusions

In this work, kinetic and thermodynamic parameters were successfully determined for anthocyanin thermal degradation. The kinetic model fitted followed a first order, with activation energy equals to 42.8 kJ mol<sup>-1</sup>. This value is considered low, and it can be concluded that for a large anthocyanin degradation rate, a large temperature variation is required. To support this first conclusion, a thermodynamic analysis was performed, along with thermal processing simulations in a tubular system, in which different operational parameters were evaluated.

The observed decrease in  $\Delta H$  with the increase in temperature indicated slightly higher degradation rates with increasing temperature. Positive values of  $\Delta G$  were observed for all temperatures used in the processing of açaí pulp, showing that anthocyanin degradation is not spontaneous. Moreover, for all temperatures analyzed in this work, the values of  $\Delta S$  had negative values, corroborating what was indicated in the estimation of the kinetic parameters.



**Fig. 3** Effect of operating parameters on the concentration of anthocyanins at the outlet of the tubular pasteurizer: **a** effect of flow, **b** effect of total solid content on açai pulp, **c** temperature effect of heat exchange fluid, and **d** effect of pasteurizer length-to-diameter ratio (*L/D*)

The effect on system flow rate showed that lower flow rates provide higher degradation rates. It was also found that the percentage of total solids in the açaí pulp does not influence its anthocyanin degradation. The effect of the heat exchange temperature showed that the higher its value, the higher the degradation rate. Finally, increasing the *L/D* ratio causes an increase in the degradation rate. Even so, for all cases, considering the critical limit values, the losses of anthocyanins do not reach 1%. It can be concluded that this microconstituent has high thermal stability even under critical processing conditions.

Acknowledgements The authors thank the ao Conselho de Desenvolvimento Científico e Tecnológico (CNPq) for the granted PhD and scientific initiation scholarship. This study was funded in part by the Coordenação de Aperfeiçoamento de Pessoal Nível Superior—Brasil (CAPES)—Financial Code 001.

#### **Compliance with ethical standards**

**Conflict of interest** The authors declare that they have no conflict of interest.

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