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# **Combined Influence of Fluoride and Biofilms** on the Biotribocorrosion Behavior of Titanium Used for Dental Applications

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Abstract Dental implant failures occur mainly due to biofilm infections and mastication micro-movements or load stresses that may induce wear degradation. Dental implants' microgaps are highly susceptible areas for biofilm formation and fluoride retention. Although fluoride is an antimicrobial agent widely used in caries prevention, its influence on biofilms under sliding wear remains unknown. The main aim of this work was to assess the effect of mixed biofilms and fluoride on the tribocorrosion behavior of titanium. Streptococcus mutans and Candida albicans mixed biofilms were cultured for 8 days on ground and polished commercially pure titanium. Biofilms' formation was influenced by topography: higher roughness surfaces presented higher levels of biomass. Reciprocating sliding tests were performed on both surfaces, with and without biofilms, immersed in artificial saliva in the absence or presence of fluoride (30 and 227 ppm F<sup>-</sup>). The low friction

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coefficient registered indicated the lubricating effect of biofilms on titanium surfaces. Fluoride was also found to have lubricating properties on titanium during sliding, probably due to the precipitation of calcium fluoride (or like) salts. The presence of fluoride influenced the biotribological behavior of titanium surfaces covered with biofilms, facilitating their structural disruption and detachment. Nevertheless, open circuit potential tests reduced the corrosion of titanium in the presence of fluoride (227 ppm  $F^-$ ) and biofilms. In conclusion, it is highlighted that fluoride interaction with biofilms can significantly influence the tribological properties of commercially pure titanium in the oral cavity.

**Keywords** Dental implants · Tribology · Biotribology · Fluoride · Biofilms · Friction · Wear

# **1** Introduction

Dental implants have become increasingly accepted worldwide, exceeding over 2 million placements annually. Implant therapies are also reported to be highly successful with implant survival rates of 91.5 % after 16–22 years [1]. Nevertheless, despite great improvements, dental implants may still fail mainly due to microbial infections and occlusal load stresses [2–5]. In fact, the loss of dental implants after long-term implantation is caused by bacterial infections in up to 30 % of the cases [4].

Titanium (Ti) and its alloys are widely used in dentistry essentially due to their biocompatibility and excellent corrosion resistance provided by the ability of Ti to spontaneously form a highly stable passive oxide layer over the surface when in contact with air [6]. The low density, low thermal conductivity, and good mechanical properties of Ti make it ideal for oral applications [5, 6]. In fact, cp-Ti (grade 2–4) is the most common material used to create the root of dental implants since Brånemark proposed the first implant systems in the 60s [6, 7]. Also, recent scientific reports in the literature review the surface characteristics of implants present in the market [8].

Biotribology comprises the study of friction, lubrication, and wear of surfaces subjected to a relative contact movement in a biological environment [5]. Dental implants are good examples of biotribological systems as they undergo cyclic micro-movements at implant-bone and implantabutment interfaces during mastication, generating wear debris and corrosion products and concomitantly leading to material loss [5, 9–12]. Due to the abrasion against bone or other implant materials, Ti passive films may degrade in sliding contacts and cause implant wear [11], or even disrupt at very low shear stresses [13]. Continuous sliding motions possibly lead to serious damages on Ti surfaces, including material loss, material displacement due to plastic deformation, fissures that might grow and propagate through the material, and changes in surface chemistry like oxidation [14]. The influence of oral fluids and microorganisms on the tribological behavior of implant surfaces is also of great concern. Recently, Souza et al. [15] brought new knowledge to the field by investigating the influence of oral biofilms on the wear behavior of Ti. Nevertheless, relative little attention has been given to the biotribological study of dental implants on the oral environment [9, 16].

Microbial adhesion is the first and most important step in dental implant infection followed by biofilm formation [17]. The oral cavity provides an excellent environment for biofilms, especially at gaps and confined areas. Microgaps on dental implants interfaces may cause microbial leakage [18] and lead to peri-implant infections since microorganisms can penetrate through 10 µm gaps [19]. Among the microorganisms present in the oral cavity, lactic acid-producing bacterium Streptococcus mutans is of utmost importance as it is a well-known potential inducer of dental caries and has been shown to have an important role in periimplant diseases [20]. This pathogenic species is frequently associated with Candida albicans, a commensal fungal species often found in peri-implant lesions [21]. However, very little information is available on the formation of fungal or mixed biofilms on dental implants' surfaces.

Fluoride is highly used to prevent microbial infection and caries formation. It can be found in toothpastes (up to 1500 ppm F<sup>-</sup>), topical applications (9000–12300 ppm F<sup>-</sup>), mouthrinses (227–500 ppm F<sup>-</sup>), and glass ionomer cements (less than 50 ppm F<sup>-</sup>) [22, 23]. After application, fluoride can be retained in several micro-areas in the oral cavity and undergo a constant dilution by saliva flow. However, fluoride ions are known to be corrosive to Ti [23, 24]. Although the tribocorrosion behaviors of Ti and Ti6Al-4V were recently evaluated in artificial saliva (AS) containing varying fluoride concentrations [22, 25], a deeper investigation on the influence of fluoride on the tribological behavior of Ti is needed.

Surface roughness is known to play a major role in microbial adhesion processes [26], yet implants' optimal surface topography has been highly contested regarding microorganisms' adhesion and proliferation. Some authors reported that surfaces with increased roughness enhance bacterial adhesion, whereas highly polished surfaces limit the initial biofilm formation in vivo and in vitro [17, 27–30]. However, others did not find significant differences in biofilm formation between smooth and rough Ti surfaces [31, 32]. These considerations probe to further investigations to determine how surface characteristics affect biofilms' adhesion.

The objective of this work is to evaluate the simultaneous influence of fluoridated AS solutions on the tribological behavior of cp-Ti with two different surface finishes in the presence of biofilms.

# 2 Materials and Methods

# 2.1 Materials

Substrate samples of  $10 \times 10 \times 1 \text{ mm}^3$  were cut from a commercially pure (cp)-Ti grade 2 sheet (Goodfellow Cambridge Ltd., Cambridge, UK). The two different surface topographies tested (ground and polished cp-Ti) were mechanically wet ground at 2.5 bar with an automatic polishing machine (Model TF250 Pressair, Jean Wirtz, Dusseldorf, Germany) using increasing fineness silicon carbide (SiC) emery papers. Ground surfaces were created using SiC papers ranging from 600 to 1200 mesh, reaching an average roughness ( $R_a$ ) of about 0.4 µm. For polished surfaces, SiC papers were used down to 2400 mesh, and samples were additionally polished with an OP-Chem polishing cloth, wetted with an OP-S colloidal silica (SiO<sub>2</sub>) suspension with a mean grain size of 0.25  $\mu$ m with the addition of 15 % hydrogen peroxide  $(H_2O_2)$  as reported in [33]. Mirror-like surfaces were obtained with  $R_a \approx 0.04 \ \mu m$ . All samples were ultrasonically cleaned in acetone for 15 min, isopropanol for 10 min, and deionized water for 5 min, sequentially. Finally, they were dried by hot blowing air and kept in a desiccator until use. Samples were also sterilized in a steam autoclave at 121 °C for 20 min.

### 2.2 Media and Solutions

Fusayama's [34] AS was used as the immersion electrolyte solution used in all assays (Table 1). To evaluate the effect of fluoride on the wear of cp-Ti, different amounts of

sodium fluoride (NaF) were added to AS solutions. Concentrations of 0.066 and 0.5 g  $L^{-1}$  NaF were prepared in AS to reach a final concentration of 30 and 227 ppm F<sup>-</sup>, respectively (pH 5.3–5.7).

For biofilm formation, an enriched tryptic soy broth (TSB) medium (TSBMPU20%S) was prepared containing 30 g L<sup>-1</sup> TSB; 2.5 g L<sup>-1</sup> hog gastric mucin; 5 g L<sup>-1</sup> peptone; 1 g L<sup>-1</sup> urea; 2 g L<sup>-1</sup> yeast extract; and 200 g L<sup>-1</sup> sucrose [15, 35]. Mucin, a salivary pellicle protein, was used in this study to promote *S. mutans* and *C. albicans* adhesion to the substrate [21].

## 2.3 Biofilms

*S. mutans* ATCC 25175 (American Type Culture Collection) and *C. albicans* cells obtained from the oral cavity of a 42-year-old patient (identified by molecular methods and belonging to the UMinho Biofilm group collection) were used to form mixed biofilms.

Bacteria and yeast strains were subcultured on tryptic soy agar (TSA) and Sabouraud dextrose agar (SDA), respectively, for 48 h at 37 °C. Bacteria and yeast were then inoculated in TSB supplemented with 2 % sucrose (TSB2%S) and Sabouraud dextrose broth (SDB), respectively, and incubated for 18 h at 37 °C and 150 rpm. Cells were then harvested by centrifugation at 4500 rpm and room temperature for 10 min. The resultant pellets were washed twice with 0.9 % NaCl and centrifuged again. The obtained pellets were separately resuspended in TSBMPU20%S medium. *S. mutans* suspensions were vortexed for 5 min to disrupt and destroy aggregates and detach adherent cells, thus breaking the *Streptococcus* chains. The optical density of each organism was adjusted to 0.5 at 600 nm (OD<sub>600</sub>) in TSBMPU20%S medium.

Previously sterilized cp-Ti samples were placed into wells from a standard 24-well culture plate, and 1 mL of TSBMPU20%S with each cell suspension was added to each well. The well plates were then incubated at 5 % CO<sub>2</sub>, 37 °C and 120 rpm for 8 days. Culture medium was changed every 2 days.

Biofilm biomass was quantified after 8 days by crystal violet (CV) staining. Cp-Ti samples with biofilms were

Table 1 Composition of the Fusayama's artificial saliva (AS) [44]

Chemical compounds	Composition (g $L^{-1}$ )
NaCl	0.4
KCl	0.4
CaCl <sub>2</sub> •9H <sub>2</sub> O	0.795
Na <sub>2</sub> S <sub>•</sub> 9H <sub>2</sub> O	0.005
NaH <sub>2</sub> PO <sub>4</sub> •2H <sub>2</sub> O	0.69
Urea	1

placed into new wells and gently washed twice with 0.9 % NaCl to remove non-attached cells. Methanol (2 mL, 15 min) was added to each well to fix biofilms. After methanol removal, specimens were left to dry at room temperature. CV staining (1 mL, 1 % in water) was added to each well and allowed to stain for 5 min. After CV removal, specimens were washed twice with deionized water and dried at room temperature. Acetic acid (2 mL, 33 % in water) was added to dissolve and remove CV from biofilms. Finally, the average absorbance of the resultant acetic acid solutions was read at 570 nm and expressed as OD per mL.

#### 2.4 Biotribological Tests

Wear tests were carried out in a ball-on-plate reciprocating sliding configuration, using a Modular Universal Surface Tester tribometer (MUST, Falex Tribology N. V., Rotselaar, Belgium). TETRA-view software was used to evaluate the coefficient of friction (COF) from tangential force versus displacement amplitude plots. The sliding tests were performed against a 5-mm-diameter alumina (Al<sub>2</sub>O<sub>3</sub>) halfball (Ceratec, Geldermalsen, Netherlands) pin at a normal load of 100 mN for 1000 cycles, at a sliding frequency of 1 Hz and a linear displacement of 500  $\mu$ m. The maximum contact pressure calculated was 288 MPa with a theoretical average contact pressure of about 190 MPa.

#### 2.5 Biotribocorrosion Tests

Tribocorrosion tests were performed on a pin-on-plate tribometer (UMT-2, CETR, Campbell, USA) with the same reciprocating sliding parameters as stated above for biotribological tests. The COF recorded is not shown here due to identical results. The electrochemical tests were carried out with a potentiostat (Reference 600, Gamry Instruments, Philadelphia, USA) coupled to the Framework software (Gamry Instruments, Philadelphia, USA). A three-electrode cell was used for all electrochemical measurements containing a saturated calomel electrode (SCE) as reference electrode; a platinum (Pt) electrode as counter electrode; and cp-Ti test specimen as working electrode, in contact with the electrical wiring via a copper plate placed under the sample holder. The open circuit potential was monitored during the initial stabilization before the start of the sliding tests, during reciprocating sliding, and during the final stabilization once the sliding tests were ended. The biotribocorrosion assay was only performed on polished cp-Ti samples.

### 2.6 Surface Characterization

Cp-Ti surfaces were analyzed after tribological tests by scanning electron microscopy (SEM) (Nova 600 NanoLab, FEI Company, Hillsboro, USA) at 10 kV. Samples were **Fig. 1** Coefficient of friction (COF) of ground and polished cp-Ti samples covered or not with biofilms, immersed in artificial saliva (AS) (100 mN applied load, 500 μm displacement amplitude, 1 Hz, up to 1000 cycles)



washed twice with distilled water and dehydrated through a series of washes using increasing concentrations of ethanol. Samples were then sputter-coated with 5 nm gold thin film and mounted on aluminum stubs with carbon tape. Energy-dispersive X-ray spectroscopy (EDS) (Pegasus X4M, EDAX, New Jersey, USA) integrated in a SEM (Nova 200 NanoLab, FEI Company, Hillsboro, USA) was used to characterize the elemental composition of the precipitated salts.

# 2.7 Statistical Analysis

All experiments were triplicated with the exception of the tribocorrosion assays which were duplicated. The results were statistically analyzed using t-student test, with p value <0.05 considered as statistically significant.

## **3** Results and Discussion

### 3.1 Biofilm Quantification

Biofilm biomass obtained by CV staining was significantly different on both cp-Ti surfaces. The amount of biofilm biomass found on ground samples was higher (average Abs =  $4.82 \pm 0.56$ ) than on polished ones (average Abs =  $2.13 \pm 0.58$ ). The higher amount of biofilm biomass on ground samples might be related to the existence of a superior colonization area provided by the higher roughness morphology. In fact, Barbour et al. [30] recently reported that *S. mutans* might be better retained on surfaces with pits and crevices, and Pereira-Cenci et al. [36] showed that *S. mutans* increases the growth of *C. albicans* when co-

aggregated. Thus, the results obtained in this study imply that biofilms development is influenced by the surface topography, in agreement with previous studies [17, 27-30] which state that microbial adhesion and the succeeding biofilm formation are enhanced by an increased roughness.

It should be noticed that the biomass of biofilms grown on polished cp-Ti used in the biotribocorrosion assay was lower (average Abs =  $1.02 \pm 0.25$ ) than other assays in this study, mostly due to different CO<sub>2</sub> growth conditions in a different microbiology laboratory.

# 3.2 Biofilms and Topography Influence on Titanium Tribology

To assess the influence of biofilms and topography on the tribological behavior of cp-Ti, sliding tests were performed on ground and polished surfaces covered or not with biofilms, and immersed in AS (Fig. 1). The COF measured on cp-Ti without biofilms was identical for both surface finishes. The fast COF initial increase is related to the surface adaptation and subsequent destruction of the passive surface film (TiO<sub>2</sub>) covering Ti. The achievement of these processes took a slightly longer time on ground surfaces (Fig. 1) because of the existence of larger topographic peaks. The initial COF evolution and the subsequent constant COF value (0.5) verified through the rest of the sliding tests confirmed that the alumina ball reached and slit onto fresh Ti surface (Fig. 2a), in agreement with previous studies [10, 15].

The presence of biofilms reduced significantly the COF which remained constant for both surface finishes throughout the whole sliding tests duration (Fig. 1), confirming the lubricating properties of biofilms already



Fig. 2 Scanning Electron Microscopy (SEM) micrographs of the complete wear tracks of  $\mathbf{a}$  a ground cp-Ti surface without biofilm and  $\mathbf{b}$  a ground cp-Ti surface covered with biofilms evidencing the presence of rolls

described [15, 35]. These results indicate that *S. mutans* and *C. albicans* mixed biofilms are not destroyed or removed from the surface in the sliding track, but remain intact, preventing any direct contact between the alumina ball and Ti. In addition, the lower COF recorded on ground samples covered with biofilms (Fig. 1) might be related to the higher biofilm biomass present on those samples. In fact, this highlights the protective effect of biofilms on Ti oxide film under sliding.

At the end of the sliding tests, some microorganisms still adhered onto the Ti surface, while detachment took place in other parts of the sliding track (Fig. 2b). Recently, Souza et al. [15] reported that biofilms can undergo plastic deformation under sliding at 100 mN. That phenomenon, pursued by the rupture and agglomeration of the exopolymeric matrix, led to the formation of "rolls". These ruptured films of microorganisms and matrix were found to roll under the ball along the sliding track and perpendicularly to the sliding direction, thus protecting the underneath Ti substratum. The same phenomenon was observed in this study, as visible in Fig. 2b (see arrow). Therefore, it may be stated that the passive film on Ti was kept intact during sliding due to the presence of biofilms. In addition, the alumina balls used as counterbodies on samples with biofilms did not show, to naked eye, any sign of wear or mass transfer. On the contrary, balls slit against uncovered surfaces presented a black dot at the end of the sliding test, evidence of a mass transfer to the counterbody and a wear out of cp-Ti.

## 3.3 Fluoride Influence on Titanium Tribocorrosion

Reciprocating sliding tests were performed on both cp-Ti surfaces covered or not with biofilms, immersed in AS in

the absence or presence of fluoride (30 or 227 ppm  $F^-$ — Figs. 3, 4, respectively) reproducing simulating fluoride concentrations that can be found in the oral cavity. Watson et al. [37] reported a fluoride concentration around 30 ppm  $F^-$  in oral biofilms after being exposed to 1000 ppm  $F^-$  for 30 s and washed in saliva for 12 h (approximate time period between brushing episodes). In addition, 227 ppm  $F^-$  was detected in saliva and oral biofilms after tooth brushing with fluoridated toothpaste [37].

The quick initial increase of COF observed on all uncovered samples in the presence of fluoride (Figs. 3, 4) evidenced the destruction of the passive film, as verified in the AS solution (Fig. 1). A slight decrease of COF was also verified on all uncovered samples (Figs. 3, 4 vs. 1). This behavior must be related to the addition of fluoride to the AS and explained by the good lubricating properties of this element. Indeed, fluorinated organic compounds are used as anti-wear additives in lubricating oils [38]. These compounds are supposed to protect metal surfaces from wear by the formation of metal fluorides through tribochemical reactions. Moreover, fluoride has also been shown to reduce in vitro and in situ tooth wear [39–44]. The anti-wear action of fluoride seems to improve at increasing concentrations of sodium fluoride (NaF) and lower pHs [41, 44, 45]. This protective behavior might rely on the formation of a stable and less soluble salt, such as calcium fluoride (or like) deposits, or even fluorohydroxyapatite [40, 41, 46]. Actually, prevention of enamel abrasion by fluoride was recently demonstrated by Lagerweij et al. [41] attributing it to the deposition of  $CaF_2$ -like layers on top of the enamel surface. In modern tribology, calcium fluoride is a well-known and widely used fluoridebased solid lubricant. The addition of such solid lubricant



**Fig. 4** Coefficient of friction (COF) of **a** ground and **b** polished cp-Ti samples covered or not with biofilms, immersed in AS with 227 ppm  $F^-$  (227F) (100 mN applied load, 500  $\mu$ m displacement amplitude, 1 Hz, up to 1000 cycles)

to a tribological contact reduces friction and wear effectively by preventing adhesion, enabling tribo-chemical reactions, and offering a low shear strength [47]. Consequently, calcium fluoride has been used to improve the tribological properties of self-lubricating composites widely used in automotive industries, aviation, and electronic devices [47], or even to improve the performance of machining processes [48].

In this study, the immersion of cp-Ti samples in AS containing NaF involved the precipitation of calcium fluoride (or like) salts (Fig. 5), probably due to the existence of calcium ions in the AS solution and fluoride ions in NaF. Figure 5a reveals, at high magnification, the calcium fluoride (or like) salts formed on the surface of an uncovered polished sample immersed in 227 ppm  $F^-$  and not subjected to wear, while Fig. 5b shows the EDS spectrum of

the precipitated salts. In vitro studies indicate that fluoride concentrations of 300 ppm (at pH 7) or 100 ppm (at pH 5) are critical to induce a spontaneous precipitation of calcium fluoride [49]. The 227 ppm F<sup>-</sup> solution used in this study, with a pH between 5.3 and 5.7, might have caused an almost spontaneous precipitation of calcium fluoride. However, in this study, the precipitation process also occurred for immersions in 30 ppm F<sup>-</sup>, although slower and more gradual possibly due to lower fluoride concentration. The presence of these salts on cp-Ti surfaces subjected to wear probably promotes the lowering of the COF, as verified on uncovered samples in the presence of fluoride (Figs. 3, 4). This effect is more perceptible on uncovered polished cp-Ti immersed in 30 ppm  $F^-$  (Fig. 3), as confirmed by the slow stabilization of the COF along the sliding tests. The continuous salt precipitation taking place



Fig. 5 a Scanning electron microscopy (SEM) micrograph showing calcium fluoride salts precipitated on a polished cp-Ti surface without biofilms, in an area not subjected to sliding, after immersion in

227 ppm  $F^-$ ; **b** Energy-dispersive X-ray spectroscopy (EDS) spectrum showing the elemental composition of the precipitated salts

during the sliding tests might explain this behavior. Because of salt precipitation, the surface state of the material evolves and the alumina ball gradually starts to rub onto a different surface inducing the slight COF decrease (Fig. 3). Again, the gradual COF decrease is more obvious on polished samples than ground ones because of topographical differences. The COF recorded on uncovered samples in 227 ppm  $F^-$  (Fig. 4) did not change gradually because of the higher fluoride concentration and the spontaneous salt precipitation. In fact, the COF was the same on ground (Fig. 4a) and polished (Fig. 4b) surfaces. Nevertheless, no significant differences were found between the tribological behavior of uncovered cp-Ti samples immersed in 30 and 227 ppm F<sup>-</sup> (Figs. 3 vs. 4). These results suggest that an increase of fluoride concentration from 30 to 227 ppm does not significantly influence the tribological behavior of cp-Ti samples free of biofilms, in contrast to findings by Magalhães et al. [45].

The OCP of polished cp-Ti samples immersed in AS and 227 ppm F<sup>-</sup> was monitored before, during, and after reciprocating sliding tests (AS Ti and 227F Ti in Fig. 6). The OCP stabilized at different values before the sliding test ( $\approx$ -0.32 and  $\approx$ -0.25 V vs. SCE for AS and 227 ppm F<sup>-</sup>, respectively). This stabilization mainly involved the conversion of the naturally air-formed TiO<sub>2</sub> passive film into a solution-formed film, and in the case of immersion in 227 ppm F<sup>-</sup>, an additional precipitation of calcium fluoride (or like) salts occurred (Fig. 5a). At the start of the reciprocating sliding tests, a sudden decrease was verified on both OCPs, and the lower values were maintained during the rest of the sliding, with recoveries at the end (Fig. 6). However, OCP values recorded in 227 ppm F<sup>-</sup> before, during, and after the sliding tests were

higher than the ones recorded in AS. Thermodynamically, OCP discloses the chemical reactivity of titanium with the environment in an ion conductive electrolyte. Higher and increasing values of OCP during sliding indicate a lower tendency to corrosion of materials under such conditions. Therefore, these results imply that cp-Ti immersed in 227 ppm F<sup>-</sup> presents lower susceptibility to corrosion than in AS. Thus, this behavior can be attributed to the existence of calcium fluoride (or like) salts on cp-Ti surface which protect and provide a higher corrosion resistance. On the other hand, the OCP variation in AS may be attributed to an initial destruction and removal of the passive film (depassivation), and then to a cyclic repassivation and removal of the film, allowing the exposure of active Ti to the electrolyte (Fig. 6). Moreover, the outcomes obtained in this study regarding the tribocorrosion behavior of cp-Ti immersed in 227 ppm F<sup>-</sup> might help to explain some results reported earlier by Souza et al. [22]. The authors studied the tribocorrosion behavior of cp-Ti in AS containing varying fluoride concentrations (from 0 to 12300 ppm) by monitoring OCP throughout the sliding tests, allowing the evaluation of their electrochemical behavior. Interestingly, the higher OCP values were recorded precisely on samples immersed in 227 ppm F<sup>-</sup> during sliding, just like in this study. Still during sliding, a slightly increasing OCP was noticed in the 227 ppm F solution that was not observed in any other condition except for the 30 ppm F<sup>-</sup>, but at a lower rate [22]. Those observations were attributed to the chemical reactivity of Ti with the solutions fluoride concentration [22]. However, the continuous precipitation of calcium fluoride (or like) salts reported here above may be the reason why cp-Ti surfaces present lower tendency to corrosion during Fig. 6 Open circuit potential (OCP) evolution of polished cp-Ti samples immersed in AS and AS with 227 ppm  $F^-$  (227F) before, during, and after reciprocating sliding tests



reciprocating sliding since they are covered by the salts. These salts are acting as lubricants on Ti protecting beneath surfaces against corrosion and wear.

# 3.4 Simultaneous Influence of Fluoride and Biofilms on Titanium Biotribocorrosion

In the presence of biofilms, the tribological behavior of samples immersed in 30 ppm F<sup>-</sup> (Fig. 3) was very similar to the one of samples with the same roughness immersed in AS (Fig. 1), although slightly more stable. Likewise, ground samples presented lower COF than the polished ones. Moreover, no significant differences were found between the COF recorded on samples covered with biofilms and immersed in either AS or 30 ppm F<sup>-</sup>. Therefore, the lubricating effect of biofilms is also confirmed for cp-Ti samples immersed in 30 ppm F<sup>-</sup>. It is postulated that the "rolling" phenomenon mentioned here above also occurred in this case. However, in the presence of biofilms, the tribological behavior of both cp-Ti surfaces immersed in 227 ppm  $F^-$  (Fig. 4) was different from immersions in AS (Fig. 1) and 30 ppm  $F^-$  (Fig. 3), implying that the effect of fluoride on biofilms is concentration dependent. Major differences were found between the tribological behavior of ground and polished surfaces immersed in 227 ppm F<sup>-</sup> (Fig. 4a, b respectively). For instance, ground surfaces presented two distinct tribological behaviors (Fig. 4a). Some samples exhibited a low and constant COF value evidencing the lubricating properties of biofilms, whereas others exhibited an interesting dissimilar behavior, where after some sliding cycles, the COF increased gradually until reaching the characteristic COF value recorded on uncovered samples in the presence of fluoride (Fig. 4a). This last behavior was verified on all polished cp-Ti surfaces covered with biofilms and immersed in 227 ppm  $F^-$  (Fig. 4b), probably due to their lower biofilm biomass.

The OCP evolution of polished cp-Ti covered with biofilms immersed in AS and 227 ppm F<sup>-</sup> was recorded before, during, and after reciprocating sliding (Fig. 6). The pre-sliding stabilization of cp-Ti in the presence of biofilms registered similar OCP values in AS and 227 ppm F  $(\approx -0.1 \text{ V vs. SCE})$ , higher than those observed for uncovered cp-Ti. OCP values remained constant for the first half of the tribocorrosion tests, suggesting that the alumina ball initially rubbed onto the biofilm with possible formation of rolls, causing no damage to the Ti subsurface, evidencing the lubricating properties of biofilms. Nevertheless, decays in OCP values were registered after a while. For cp-Ti with biofilms immersed in AS (AS Ti + Biofilm in Fig. 6), OCP decayed abruptly to values similar to those recorded during sliding on uncovered cp-Ti (AS Ti in Fig. 6). Values remained low on further sliding, probably due to the disruption of the biofilm and the subsequent oxide film destruction and Ti subsurface exposure to the electrolyte. This behavior, different from the one verified in the tribological assays here above where the COF remained constant throughout the test (Fig. 1) as biofilm remained unbroken, might be explained by different biofilm biomass on polished cp-Ti samples used for tribological and biotribocorrosion assays ( $Abs_{tribological} = 2.13$  vs.  $Abs_{tribo}$  $_{\rm corrosion} = 1.02$ ). Lower biomass, in this last case, leads to a faster biofilm destruction and Ti exposure. On the other hand, the OCP of samples with biofilms immersed in 227 ppm  $F^-$  (227 F Ti + Biofilm in Fig. 6) only decreased to  $\approx -0.18$  V vs. SCE, which is still higher than the ones registered for uncovered cp-Ti (227F in Fig. 6). After some time, a slight increase of the OCP was recorded, which can be associated to a chemical reactivity decrease, enhancing a lower tendency to corrosion. This OCP increase is



Fig. 7 Scanning electron microscopy (SEM) micrographs:  $\mathbf{a}$  the middle of the wear track of a polished cp-Ti surface covered with biofilms after reciprocating sliding was performed in 227 ppm F<sup>-</sup>,

correlated with the COF evolution verified under the same conditions (Fig. 4b), emphasizing the continuous slat precipitation theory. After unloading at the end of sliding tests, stabilization occurred and the OCP values of cp-Ti immersed in both AS and 227 ppm F<sup>-</sup> increased (Fig. 6). Those recorded on cp-Ti with biofilms immersed in AS did not reach the values obtained before sliding, contrarily to immersion in 227 ppm F<sup>-</sup>. This behavior denotes that the final passive film possesses characteristics differently from the ones on films formed before mechanical damage. Therefore, as seen in Fig. 6, the presence of biofilms resulted in an increase of the electrochemical potential (i.e., decreased the tendency to corrosion). Also, interestingly, the OCP is not dependent on the presence of  $F^-$  in the electrolyte, but appears to become totally dependent on the presence of the biomass.

The presented results indicate that a concentration of 227 ppm F<sup>-</sup> might be close to a transitional phase, indicating the point from which the fluoride concentration seems to affect biofilm structure and equilibrium, influencing the tribological behavior of cp-Ti samples covered with biofilms. After a number of sliding cycles, biofilm thickness starts to decrease as the alumina ball progressively disrupts and removes its matrix and cells. At the same time, the diffusion rate of fluoride ions through the extracellular matrix of biofilms might also influence their destruction and detachment since fluoride ions can reach micro-canals inside biofilms and the oral tissues underneath [37]. On further sliding, the ball gradually destroys and removes the oxide passive film till the Ti surface is reached and exposed. Consequently, wear particles from Ti and/or its oxide layer can be released to the sliding zone and neighboring areas, acting as an abrasive third body

and  ${\bf b}$  magnification of microbial cells from the same wear track covered by calcium fluoride (or like) salts

[10]. This is of major importance as, in vivo, dental implants can release wear debris to the adjacent tissues and oral cavity, ultimately leading to infections and being extremely prejudicial [50]. Damages are easily observed in the wear track of polished surfaces originally covered with biofilms and immersed in 227 ppm F<sup>-</sup> (Fig. 7a), confirming the evolution of COF and OCP values, and the transitional phase behavior (Figs. 4b, 6). The causes for such transitional phase behavior are not fully understood. Nevertheless, there is evidence that fluoride has a multitude of direct and indirect effects on bacterial cells [51]. For instance, fluoride is known to exert antimicrobial modes of action against S. mutans, preventing its enrichment by directly inhibiting critical metabolic processes and by indirectly reducing environmental acidification in biofilms [52]. However, biofilm cell aggregates obstruct fluid flow, and hence fluoride mobility through their complex layers and to the tooth surface itself, the ultimate target of fluoride activity [53, 54]. Besides an insufficient insight on how biofilms actively control fluoride passage through their complex layers, transport by diffusion of small molecules or ions such as fluoride is relatively fast, but diffusion time increases with biofilm thickness and with the complexity of its exopolymeric matrix [53, 54]. Therefore, biofilms with lower thickness and consequently simpler matrices will allow a higher rate of fluoride penetration [55], involving an easier destruction and faster removal, as noticed by differences in the evolution of COF recorded on cp-Ti with different biofilm biomass (Fig. 4).

In addition, the presence of calcium fluoride (or like) salts is also noticeable in Fig. 7a, widely spread over the surface, inside and outside the wear track, as well as attached to microbial cells, as shown in higher

magnification in Fig. 7b, corroborating the OCP behavior of cp-Ti immersed in fluoridated AS solutions (Fig. 6). Figure 7b also evidences the great affinity between microbial cells and the precipitated salts. Furthermore, the capacity of biofilms to re-adhere on Ti surfaces after being previously detached is shown in Fig. 7a by the microbial cells disposition on and around the wear track after the sliding test. Still, although a layer of cells together with calcium fluoride salts in the sliding track can protect the Ti surface against direct contact with the rubbing alumina ball, wear particles may still be released facilitating the surface destruction and generating a further debris removal.

Further investigation is needed to understand the simultaneous action of biofilms and fluoride on the biotribocorrosion behavior of Ti. The COF transition noticed in the presence of fluoride should be deeper analyzed by carrying out biotribocorrosion tests at different intervals to analyze the sliding track morphology before and after the transition. Another limitation of this study is the lack of chemical characterization of the precipitated salts. A subsequent study will investigate and report the synergistic effect of biofilms and fluoride on the electrochemical behavior of Ti surfaces.

#### 4 Conclusions

Biotribological tests were performed on cp-Ti surfaces covered or not with biofilms immersed in AS in the absence or presence of fluoride (30 and 227 ppm  $F^-$ ). Mixed biofilm formation is influenced by the substrate topography: higher levels of biofilm biomass are formed on rougher surfaces. The lubricating properties of biofilms were confirmed by the low and constant COF registered, along with the presence of cells on the sliding area after reciprocating sliding wear, which emphasizes their protective effect on Ti oxide film and subsurface.

Fluoride ions in saliva act as a lubricant on Ti under sliding due to the precipitation of calcium fluoride (or like) salts, as verified by the slightly lower and higher OCP values, along with SEM images. This lubricant ability of fluoride has not been demonstrated before for dental implants. On the other hand, fluoride ions also facilitate the disruption of biofilms and their detachment in the sliding track. Biofilms with lower biomass reveal a transitional COF behavior, and a constant OCP in the presence of 227 ppm F<sup>-</sup> due to the higher rate of diffusion of fluoride ions. Therefore, it can be expected that fluoride significantly affects the biotribocorrosion behavior of Ti in the oral cavity.

Further investigation is needed to better understand the fluoride effect in biofilms, along with the mechanism of calcium fluoride precipitation, and to highlight their influence on the biotribocorrosion behavior of Ti. Acknowledgments The authors would like to acknowledge Portuguese Foundation for Science and Technology (FCT) for the funding provided through R&D projects PTDC/CTM/67500/2006, PTDC/CTM/68160/2006, UID/BIO/04469/2013; the project NORTE-07-0124-FEDER-000027 co-funded by Programa Operacional Regional do Norte (ON.2 – O Novo Norte), QREN, FEDER; and the project RECI/BBB-EBI/0179/2012 (FCOMP-01-0124-FEDER-027462). Special thanks to Martine Pauwels (Dept. Oral Health Sciences, KULeuven, Leuven, Belgium) and Wassim Zein Eddin (Dept. Materials Engineering, KULeuven, Leuven, Belgium) for all the assistance and support provided.

**Conflict of interest** On behalf of all authors, the corresponding author states that there is no conflict of interest.

**Ethical standards** The manuscript does not contain clinical studies or patient data.

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