Introduction to the 2018 Special Section Theme: Nutrition Education

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In 2015, *Medical Science Educator* introduced “journal sections” on a specific topic. These thematic sections are the successor of the special issues that were published annually in previous years. The content for the thematic sections is solicited by a special call for manuscripts. This year, we are publishing a special journal section dedicated to the topic of “Nutrition Education.” In this section, the journal would like to explore best practices from institutions around the world where nutrition education is implemented in the health sciences curriculum. Many of the non-communicable diseases of today are a result of gene-environment-lifestyle interactions. Specific clinical interventions in lifestyle have an amazing potential to intervene in such diseases. Doctors should both be aware of the power of such interventions and be trained in new communication skills to coach their patients

towards a healthier lifestyle. Therefore, it is important that the students we train today acquire competence in lifestyle medicine. To accomplish that goal, a growing number of medical and nursing schools include lifestyle and nutrition education in their curriculum.

In this issue of *Medical Science Educator*, I present to you the first three accepted manuscripts that were submitted in this call. The remaining accepted manuscripts will be published in one of the upcoming regular journal issues. I hope that the articles in this section are of interest to you and will be an inspiration for medical education leaders to pay extra attention to this important topic.

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