



Rotavirus Vaccines: Why Continued Investment in Research Is Necessary

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Abstract

Purpose of Review Rotavirus vaccines were first introduced more than a decade ago and have had a tremendous impact on reducing the number of hospitalizations and deaths due to rotavirus-associated diarrhea. This review will discuss current rotavirus vaccines, post-licensure surveillance, progress in non-replicating vaccine development, and why continued research is important for understanding a virus that remains a globally leading cause of death due to diarrhea.

Recent Findings Research advances have enhanced our understanding of how vaccines induce protection against subsequent severe disease, how the virus replicates and spreads in the face of the host immune system, and basic mechanisms governing the viral life cycle.

Summary Much remains to be learned about how to improve vaccine success, what the molecular determinants of host range and virulence are, and what the interactions of the virus with the host are that drive its replicative success, among many other important questions.

Keywords Rotavirus · Vaccine · Immune response

Introduction

Rotavirus was first identified as a cause of severe endemic diarrhea in children by Ruth Bishop and colleagues in 1973 [1]. Nearly 25 years later, the first vaccine against rotavirus, RotaShield™, was approved and licensed by the FDA. Concerns over an increased incidence of intussusception led to the withdrawal of the RotaShield vaccine less than a year after its introduction [2]. Decades of research and clinical trials suffered a major setback with the vaccine withdrawal, and it took nearly another 10 years before the release of the Rotarix™ (RV1, GSK Biologics, Rixensart, Belgium) and RotaTeq™ (RV5, Merck and Co, Westpoint, Pennsylvania) vaccines. The RotaTeq and Rotarix vaccines are commercially available worldwide and have been recommended for inclusion in all national immunization programs by the World

Health Organization [3]. More than 80 countries have included these two vaccines in their national vaccine program. In addition, other live-attenuated vaccines have been or are being developed, including RotaVac (India), Rotavin-MI (Vietnam), Lanzhou Lamb (China), a bovine UK strain reassortant vaccine (USA, India, and Brazil), and RV3BB (Australia).

The use of vaccines has resulted in impressive reductions in the incidence of rotavirus-associated diarrhea [4]. Landmark studies estimated the number of worldwide deaths per year associated with rotavirus to be 873,000 in 1985 [5], 453,000 in 2008 [6], and 215,000 in 2013 [7]. Although vaccine efficacy ranges from 84 to 98% in high-income settings, it is below 60% in many resource-poor settings where the majority of deaths due to rotavirus-associated disease occur [8–12]. Continued research to improve our understanding of rotavirus replication, genetics, and pathogenesis will not only inform the design of improved vaccines in the future, it will also enhance our general knowledge of cell biology, the immune response, and vaccinology.

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Overview of Rotaviruses

Rotaviruses are currently classified into eight different species, *Rotavirus A-H*, with two additional proposed species,

Rotavirus I-J [13–17]. Of these species, *Rotavirus A* (herein referred to as “rotavirus”) is responsible for the vast majority of infections of humans but also infects numerous mammalian and avian host species [18]. As a member of the family *Reoviridae*, the rotavirus genome consists of 11 segments of double-stranded RNA surrounded by three layers of structural proteins that form a non-enveloped icosahedral particle. The outermost layer is comprised of two viral proteins, VP4 and VP7, which are the principal targets of the neutralizing antibody response [18]. The main rotavirus classification system is based on the serotypes of VP7 and VP4 (termed G- and P-types, respectively) but has since been expanded to include genotyping of all 11 genome segments [19]. At least 35 G-types and 50 P-types have been identified, but new genotypes continue to be discovered (<https://rega.kuleuven.be/cev/viralmetagenomics/virus-classification/rcwg>) [14]. In spite of the large number of genotypes, only six G-types (G1, G2, G3, G4, G9, and G12) and three P-types (P[4], P[6], and P[8]) are commonly associated with human rotavirus illness [20].

The segmented genome of rotavirus lends itself to reassortment, whereby segments from two or more viruses can mix in co-infected cells and be packaged into nascent virions. Reassortment drives genetic diversity among rotavirus strains, but mutations introduced during replication by the error-prone polymerase are also an important source of genetic diversity. Reassortment has been important in the generation of rotavirus vaccines, allowing for the combination of an attenuated animal strain of rotavirus with the outer capsid proteins of commonly circulating human strains [21]. Reassortment has also been a valuable laboratory tool, widely used to map phenotypic traits to individual gene products and serving as the basis for early approaches to reverse genetics systems [22, 23].

Rotaviruses infect mature epithelial cells at the tips of the small intestinal villi (enterocytes). Virus-mediated destruction of enterocytes results in the blunting of intestinal villi leading to malabsorption, although there are several additional factors involved in the pathogenesis of rotavirus (reviewed in [24]). Vomiting and diarrhea caused by rotavirus infection lasts approximately 7 to 10 days, which is of significantly longer duration than typically occurs with other viruses that cause gastroenteritis, and the resulting dehydration can be fatal. Rehydration is used to treat infected patients, but vaccination is the best method for prevention of severe diarrheal disease.

An infection with rotavirus does not generate sterilizing immunity; therefore, the goal of vaccination is a reduction or elimination of severe diarrhea. Antibodies have been shown to provide protection against a subsequent rotavirus challenge, but CD8+ T cells are important for resolution of a rotavirus infection [25–27]. Rotavirus-specific IgA in the intestinal fluid is likely the best predictor of protection against subsequent severe disease, but measurements of neutralizing antibodies from the duodenum are impractical [28]. Fecal IgA has been

assessed in a few studies and appears to correlate well with levels of intestinal IgA [28]. Measurements of serum IgA and serum IgG have been correlated with protection, but technical challenges with measurement errors, time of sampling, and sampling design introduce variability among published studies [29]. Furthermore, there is no agreement on the concentration of antibody that predicts vaccine efficacy; to improve new vaccine development and clinical trials, the correlates of protection are in need of better definition. Additional basic studies to identify other correlates of protection would serve to improve our knowledge of the mechanism of immune protection against rotavirus.

Vaccine Efficacy in Developed Countries

Prior to the development of vaccines to protect against rotavirus illness, nearly all children experienced a rotavirus infection at least once. Severe symptoms of gastroenteritis, including diarrhea and/or vomiting, are most common during the first infection with rotavirus [30]. Subsequent infections are typically less severe and may be asymptomatic. Protection against moderate and severe illness is nearly 100% after two infections with rotavirus [30]. Thus, efforts to develop a vaccine for rotavirus have primarily focused on an orally administered, live-attenuated rotavirus that would mimic a natural infection without causing disease.

The earliest stages of rotavirus vaccine development used a “Jennerian” approach in which a related, live-attenuated virus from a non-human-animal host was used as an immunogen to induce protection against severe disease (reviewed in [21]). However, because a number of different rotavirus serotypes/genotypes circulate globally, a “modified Jennerian” approach was used to achieve broader antigenic coverage. Animal rotavirus isolates that had undergone safety testing were used to generate human-animal rotavirus reassortants that incorporated the VP7 outer capsid protein from different human rotavirus serotypes into the background animal virus isolate [21]. Multivalent vaccines were thought to be necessary to ensure adequate protection against multiple circulating viral serotypes. Post-licensure monitoring has demonstrated that cross-protection occurs against strains not present in the vaccines, although cross-protection is not always complete against severe disease [31].

The first rotavirus vaccine licensed for use was RotaShield, a tetravalent combination of rhesus-human rotavirus reassortants [21]. This vaccine was withdrawn from the US market in 1999, less than 1 year after its implementation, due to an association with approximately 1 excess case of intussusception per 10,000 vaccine recipients [32, 33]. Intussusception is an intestinal obstruction caused by the telescoping of one part of the intestine into an adjacent part of the intestine. The withdrawal of RotaShield occurred before

any post-licensure data of the benefit of vaccination was available, prompting a lengthy and important debate about the risk-benefit ratio of rotavirus vaccines. Because of the association with intussusception, large-scale clinical trials were necessary to evaluate the risk of intussusception with RotaTeq and Rotarix vaccines. RotaTeq is a pentavalent combination of bovine-human reassortants, whereas Rotarix is a monovalent vaccine derived from a human virus isolate [34]. Clinical trials with RotaTeq and Rotarix in Latin America, the USA, and Europe demonstrated 85–98% vaccine efficacy against severe rotavirus gastroenteritis [35, 36]. Since vaccine implementation in the USA in 2006, hospitalizations due to rotavirus have declined by 60–83% in children under 5 years of age, and hospitalizations due to all causes of diarrhea have decreased by 29–50% when compared to pre-vaccine years [37–39]. In addition, there is evidence for a reduction in rotavirus transmission in children who are too old to receive the vaccine and adults, suggesting that herd immunity has an impact on reducing cases of diarrhea [40–42]. Since vaccine introduction in the USA, the seasonality of rotavirus begins later in the year, is of shorter duration, and the magnitude is diminished [43, 44].

Vaccine Efficacy in Resource-Poor Countries

Lower vaccine efficacy has been documented in many resource-poor countries. Trials using RotaTeq conducted in Ghana, Kenya, and Mali demonstrated an efficacy of 64% in the first year of life [10], and studies in Vietnam and Bangladesh demonstrated an efficacy of 51% [11]. Trials using Rotarix conducted in South Africa and Malawi found the vaccine to be 40–64% effective [12, 45, 46]. The reasons for lower vaccine efficacy are unclear, and a significant research effort is warranted given that the majority of lives lost due to rotavirus occur in these locations.

The immune response to other orally administered vaccines, such as polio and cholera, has also been lower and less consistent in resource-poor locations [47–49]. Nutritional deficiency may account for decreased vaccine efficacy, and the lack of specific nutritional factors, including zinc, vitamin A, and vitamin D, could play a role in reduced vaccine uptake [50]. The presence of pre-existing maternal antibodies may have a neutralizing effect on orally administered vaccines [51, 52]. Although breastfeeding is a possible source of maternal antibodies [53], a number of studies have demonstrated that withholding breastfeeding prior to rotavirus vaccine administration does not impact seroconversion among infants when compared to infants with unlimited breastfeeding [54–56].

In low-resource countries, there is greater genetic diversity and emergence of new and unusual rotavirus strains that may also account for some of the reduction in vaccine efficacy [57, 58]. Given that cross-protection has been shown to occur,

greater strain variation may only be partly responsible for reduced vaccine efficacy [31].

Colonization by commensal microbiota early in life is important in the immunological development of the mucosal immune response [59]. The role of the microbiota in oral vaccine uptake is not well understood, but there appears to be a correlation with rotavirus vaccine immunogenicity and the composition of the microbiota [60]. Recently, a study examined the impact of probiotic supplementation on rotavirus vaccination, but no significant improvement on vaccine immunogenicity was observed [61]. Combining probiotics with zinc supplementation offered a modest improvement, but further investigation will be necessary. The failure of oral vaccines in the developing world is most likely to be attributed to environmental enteropathy, a subclinical condition caused by constant fecal-oral contamination resulting in intestinal inflammation [62]. Chronic exposure to fecal pathogens is thought to cause inflammation and structural changes in the small intestine, which may in turn cause impairment of intestinal absorptive and immunologic functions. Concomitant infections of the enteric tract may also directly interfere with the uptake of live, oral vaccines. Because environmental enteropathy may be the main cause of reduced vaccine efficacy for diseases other than rotavirus, there should be a significant research push to understand this condition.

Rotavirus is the leading pathogen detected in diarrheal samples from children in their first year of life, and the incidence of rotavirus among infants is more than twice that observed for any other pathogen [63]. The introduction of rotavirus vaccines, even with lower efficacy, has a tremendous impact in low-resource settings because of the high disease burden. In a setting such as Mali, with a birth cohort of 758,000 in 2016, a vaccine with 60% efficacy would prevent approximately 31,500 cases of life-threatening rotavirus infection during the first year of life [64]. Yet, improving rotavirus vaccine efficacy in the countries that suffer from the greatest burden of disease will have the largest impact on reducing the number of deaths and easing the burden on health care facilities.

Research efforts need to be aimed at understanding the reasons behind the low vaccine efficacy in resource-poor locations so that improvements can be made to vaccine performance in these settings. Post-licensure monitoring has been ongoing in many countries that have implemented rotavirus vaccine programs. Such monitoring is, and will continue to be, important to monitor fecal shedding of vaccine strains, to measure waning population immunity, to identify possible shifts in circulating strains of virus over time, and to track intussusception associated with vaccination. Changes to vaccine effectiveness over time may accelerate improvements to current vaccines or the development of new vaccines. Ideally, a vaccine in which only a single dose is necessary to effectively prevent severe disease would have added impact in that

it could capture a larger population of susceptible individuals. Additional live-attenuated rotavirus vaccine candidates continue to be developed, but the field must first gain a more complete understanding of the reasons behind reduced oral vaccine uptake.

Development of Non-replicating Vaccine Candidates

Unfortunately, there are contraindications for use of the currently licensed rotavirus vaccines, including a history of severe allergic reaction after a previous dose of rotavirus vaccine, diagnosis with severe combined immunodeficiency (SCID), or a history of intussusception [34]. Children that fall within one of these categories may benefit from the development of a non-replicating vaccine. Rotavirus vaccine administration is also age-restricted due to the enhanced risk of intussusception in children who receive the first dose of vaccine after 15 weeks of age [65]. Post-marketing surveillance of the rotavirus vaccines has detected a slight increase in the risk of intussusception (1–6 excess cases per 100,000 vaccine recipients) following oral administration of RotaTeq and Rotarix at 6–12 weeks of age [66, 67]. Although the overall benefits of vaccination greatly outweigh this risk, it may be reduced or eliminated with a non-replicating vaccine.

Understanding the neutralizing antibody epitopes on viral proteins has long been an important consideration in vaccine development, especially for non-replicating vaccines. Non-replicating subunit vaccines typically utilize the VP4 and VP7 outer capsid proteins of the virus, as these proteins are key targets of the antibody response [68]. During rotavirus infection, the VP4 protein is cleaved by host proteases into VP5* and VP8* [69]. The development of a VP8* subunit protein vaccine fused to the P2 epitope of tetanus toxin has been ongoing [70, 71]. A recent phase 1/2 study of this vaccine in infants has shown that the vaccine is immunogenic and may reduce viral shedding in a subsequent infection [71]. However, an absence of heterotypic immunity suggests that subunit vaccines will need to incorporate different rotavirus serotypes to provide broader protection. Defining the molecular basis for heterotypic immunity recently took a dramatic leap forward in a study of intestinal B cells from adults that demonstrated heterotypic immunoglobulins against rotavirus were primarily directed at the stalk region of VP4 (VP5*) [72]. Heterotypic protection was also directed to the cell-binding region of VP4 (VP8*) and the VP7 outer shell protein, but to a lesser extent. The immunoglobulins directed against VP7 and VP8* tended to be homotypic or non-neutralizing, suggesting that the stalk region of VP4 represents a useful target for a more broadly effective rotavirus vaccine [72].

The VP6 protein forms the intermediate layer of the rotavirus capsid and is highly conserved among rotaviruses. VP6

has been explored as another possible subunit vaccine candidate, in part because when expressed *in vitro*, VP6 can assemble as nanotubes, which offers some natural adjuvant properties [73, 74]. During a natural rotavirus infection, a significant antibody response is mounted against VP6 [75]. Murine VP6-specific antibodies have been shown to protect mice from rotavirus infection, and murine anti-VP6 antibodies can inhibit viral replication inside polarized epithelial cells at early stages of infection [76, 77]. Although anti-rotavirus antibodies appear to be the primary effectors of protection after immunization with live-attenuated vaccines, CD4+ T cells were found to reduce viral shedding in mice after immunization with recombinant VP6 [78]. Therefore, there seems to be some difference in the protective response to rotavirus immunization depending on the route of administration and whether the vaccine is live-attenuated or non-replicating.

Virus-like particles (VLPs) are another potential non-replicating rotavirus vaccine candidate. Rotavirus VLPs have been produced by coexpressing viral structural proteins using baculovirus expression systems [79]. VLP vaccines have been tested for immunogenicity in animal models but have yet to undergo testing in humans [80–82]. One challenge facing the non-replicating vaccine candidates undergoing development is that they will all need to account for the variety of circulating virus strains. The use of non-replicating rotavirus vaccines could offer the benefit of being formulated with other antigens, such as from norovirus, to offer protection from multiple pathogens [83]. Research on subunit and VLP vaccines for rotavirus is only in the earliest stages; thus, further work is essential to develop formulations that are safe, highly immunogenic, and offer adequate cross-protection against multiple circulating serotypes. In addition, formulation of better adjuvants would benefit vaccine development for many pathogens, including rotavirus, and are needed to improve responses in the immature immune systems of infants. However, the perceived costs associated with bringing a new vaccine to the market has slowed the development of non-replicating vaccine candidates.

Modifying Viral Determinants of Virulence or Pathogenesis to Improve Vaccines

One possible way to improve rotavirus vaccines is to modify genes that are responsible for virulence in order to attenuate a human strain. However, there is conflicting information on the genes and their products that are responsible for virulence. In some models, the VP3, VP4, VP7, and NSP4 have been shown to be responsible for virulence [84, 85]. The ways in which virulence is defined and measured varies greatly between studies. On the other hand, host range restriction, where viral strains isolated from one host species tend to have reduced replication capacity and virulence in heterologous host

species, can specifically be measured by a decrease in viral replication of a heterologous virus compared to a homologous virus in the small intestine. Recently, strong evidence has been provided to support the attachment protein VP4 and the interferon antagonist protein NSP1 as important mediators of host range restriction [86]. The interferon system also appears to have an impact on limiting intestinal viral replication of heterologous rotavirus infections and may be a factor in determining the host range of virus strains [87]. Although our understanding of host range restriction is currently limited, determining the molecular mechanisms of how viruses isolated from hosts other than humans fail to cause severe disease is necessary to improve rotavirus vaccines but also to applying the successes of other vaccines that rely on host restriction (such as smallpox) to vaccine development for other viral infections.

The molecular basis for interferon-mediated inhibition of rotavirus is not understood, but it is clearly important for combating infection since rotavirus is known to encode more than one antagonist of the innate immune response [88]. The non-structural protein NSP1 inhibits the innate immune response by preventing the induction of type I interferon. NSP1 has primarily been described to induce the proteasomal degradation of several cellular proteins required for initiating the interferon response, and the targets of degradation appear to differ depending on whether the rotavirus naturally infects a human or a different animal host [89–92]. The molecular details surrounding how NSP1 induces protein degradation are somewhat controversial, with some data to support NSP1 functioning as an E3 ubiquitin ligase, while other data suggesting it usurps host cullin-RING ubiquitin ligase complexes [93, 94]. If NSP1 is involved in promoting replication in specific host species, then the mechanism by which NSP1 inhibits the interferon response must be clearly defined in order to be a useful target for modification in improved vaccines. Another viral protein that has been shown to inhibit the innate immune response downstream of interferon production is the capping protein VP3. VP3 has phosphodiesterase activity that cleaves interferon-inducible 2',5'-oligoadenylates, thereby preventing activation of RNase L, which has antiviral activity [95]. Although it might be assumed that RNase L directly inhibits rotavirus replication, the effect of this interferon-stimulated gene product on rotavirus has not been examined. There is a general lack of knowledge surrounding the innate immune effectors that directly inhibit rotavirus entry, replication, and packaging. Investigative efforts into the interferon-stimulated genes that control steps in the rotavirus life cycle may help to identify other ways in which rotavirus infections can be controlled and will also provide insight into how these important cellular pathways limit viral infections. Furthermore, delineating the mechanisms for viral antagonism of immune responses is largely credited with providing our understanding of how the innate immune system functions

and therefore should continue as an important area of research of many viruses.

The innate immune system is important in protecting infants from bacterial and viral infections because it provides a rapid, early defense against invading pathogens. Infants do not have a fully developed adaptive immune response since they have not yet had extensive exposure to foreign antigens [96]. Some *in vitro* and *in vivo* studies have shown that innate immune effectors that help to defend against rotavirus infection may play a role in the age restriction of rotavirus infections, but there is still much to learn. Studies have implicated Toll-like receptor 3, which is a double-stranded RNA sensor of the innate immune response, in the age-related susceptibility of rotavirus infections [97]. Mice lacking type III interferon receptors have also been shown to exert less control over rotavirus infections, suggesting type III interferon has an important role in restricting rotavirus, and other enteric virus, infections [98, 99]. Under some conditions, intestinal epithelial cells of adult mice were found to be unresponsive to type I interferon [98], but follow-up studies suggest that there may be an age-related change in the responsiveness of intestinal epithelial cells to type I interferon, from a robust response in neonates to one that diminishes as the mouse matures [100]. Dissecting the ways in which the type I and type III interferon systems restrict enteric infections such as rotavirus will likely provide important insight into the age- and host-restricted replication of many important pathogens, but these important research questions will require much additional study.

Conclusion

Why do we need to continue research on rotaviruses? The diminished vaccine efficacy in resource-poor countries and the exclusion of certain patients from rotavirus vaccination highlights a need for improvements to vaccine design. In order to make the most rational improvements possible, there must be a more thorough knowledge base surrounding the innate and adaptive immune response to rotavirus, the viral targets that could be modified to improve vaccines, and the mechanisms underlying how targetable viral proteins function. Vaccine effectiveness must also be continually monitored to determine if commonly circulating strains of rotavirus will change over time, or if a newly pathogenic rotavirus emerges through natural variation. Ideally, research will lead to the development of a rapid response vaccine that could quickly be adapted to hypothetical future outbreak strains of the virus. But there are many additional questions about rotavirus that deserve to be addressed, not only for their value in determining how rotavirus replicates and interacts with its host but also because they drive a greater understanding of immunology, molecular virology, and cell biology as a whole. Do histoblood group antigens determine susceptibility to rotavirus

infection as has been proposed for noroviruses? How are the virally induced centers of replication (viroplasm) organized, and are they potential drug targets? How does a virus with a segmented genome orchestrate the timing and packaging of the correct number of genome segments? By what mechanisms does interferon inhibit rotavirus replication, and is interferon a crucial factor in host range restriction? The recent development of an entirely plasmid-based reverse genetics system is a long-awaited breakthrough that offers many new opportunities to study rotavirus biology and greatly impacts the ability to easily insert specific mutations or gene segments into the virus in the creation of new live-attenuated vaccine candidates [101•].

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Compliance with Ethical Standards

Conflict of Interest Dr. Arnold reports grants from NIH National Institute of General Medical Sciences, grants from Louisiana Board of Regents, during the conduct of the study.

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