

# Malaria Vaccines: Moving Forward After Encouraging First Steps

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**Abstract** An effective malaria vaccine that reduces morbidity and mortality and contributes to malaria elimination is a much-needed tool, particularly in endemic areas where health-care delivery and vector control efforts are difficult to sustain. RTS,S/AS01 is likely to be the first licensed malaria vaccine and represents an important step toward malaria control and elimination. However, a partially effective vaccine such as RTS,S/AS01 poses challenges for evaluating the efficacy of second-generation malaria vaccines. Whole-sporozoite immunization approaches have shown promising results, inducing sterile immunity in small-scale trials of malaria-naïve adults, but may not achieve durable sterile protection in endemic populations. Vaccines targeting both the pre-erythrocytic and the erythrocyte-invasive form of the parasite (merozoites) may abrogate breakthrough infections by neutralizing merozoites emerging from infected hepatocytes, whereas vaccines targeting the sexual stages seek to break the transmission cycle. Moving forward, a multi-stage vaccine could be the next step toward malaria elimination and eradication.

**Keywords** *Plasmodium falciparum* · Malaria · Vaccines · Vaccinology · Malaria immunology · Clinical parasitology · Travel medicine · Commentary

Over the last two decades, there has been a marked reduction in malaria morbidity and mortality due to increased global efforts to diagnose and treat malaria cases with artemisinin-based combination therapies (ACTs) and to implement effective vector control strategies. From 2000 to 2012, global malaria mortality decreased by 42 % and global incidence rates decreased by 25 %, with notable reductions in several sub-Saharan African countries with high transmission intensity [1]. Yet despite substantial progress toward reducing the overall burden of disease, malaria remains a significant public health threat, afflicting over 200 million people worldwide and causing ~627,000 deaths in 2012, primarily in young children suffering from *Plasmodium falciparum* malaria in sub-Saharan Africa [1]. Moreover, widespread insecticide resistance affecting all major malaria vectors [2], combined with the emergence of artemisinin resistance in *P. falciparum* [3], threaten to reverse any gains in malaria control achieved thus far. Consequently, the goal of malaria eradication (defined as the sustained reduction to zero of the global incidence of infection by the human malaria parasites)—set forth by Bill and Melinda Gates in 2007 [4] and adopted by the World Health Organization [5]—will be quite challenging with existing control tools and strategies [6], particularly in resource-poor settings with fragile health-care infrastructures. An effective malaria vaccine is widely viewed as a much-needed tool for reducing malaria risk in endemic areas where health-care delivery and vector control strategies are often disrupted by political conflict, natural disasters, and, recently, an ongoing Ebola epidemic which has diverted already scarce resources from malaria control efforts [7, 8]. However, the complexity of

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the *P. falciparum* life cycle has made vaccine development a daunting task [9]. Moreover, the goal of many malaria vaccines—sterilizing immunity that prevents *Plasmodium* infection—does not appear to be acquired through natural infection, even after years of repeated *P. falciparum* exposures [10].

The most clinically advanced malaria vaccine to date is the *P. falciparum* pre-erythrocytic vaccine RTS,S/AS01, which targets the circumsporozoite protein on the surface of the sporozoite [11]. In a remarkable effort, a phase 3 clinical trial of RTS,S involving 15,460 children across seven African countries showed a vaccine efficacy for clinical malaria of 50 % in older children [11] but only 30 % in infants, the target population [12], without significant protection from severe malaria at 18 months post-vaccination [13]—modest figures relative to highly effective pediatric vaccines such as hepatitis B and measles and well below the anticipated goals for a first-generation malaria vaccine set by the Malaria Vaccine Initiative in 2006 [14]. Nonetheless, licensure of RTS,S/AS01 would likely be an important step toward reducing malaria morbidity and may also contribute to malaria elimination efforts in regions of low to moderate *P. falciparum* transmission intensity [13]. The modest protection induced by RTS,S raises interesting questions regarding unknown host immunological or genetic factors that might contribute to the differential efficacy observed among infants [15]. Expanding the scope of biological parameters assayed during both vaccination with RTS,S and the complex host response to *Plasmodium* infection using comprehensive, unbiased systems approaches may identify correlates of malaria protection and robust immunologic benchmarks to facilitate the development of highly effective second-generation anti-sporozoite malaria vaccines [16]. Another avenue currently being explored as a means of improving the immediate and long-term efficacy of a pre-erythrocytic subunit vaccine strategy is the combination of RTS,S with an effective T cell-inducing vaccine against the liver-stage form of the parasite [17].

Notably, the licensure of a first-generation vaccine such as RTS,S poses logistical challenges for assessing the efficacy of second-generation vaccines in clinical trials given that a partially effective comparator vaccine would be used in lieu of placebo. A second-generation malaria vaccine candidate that is anticipated to have higher efficacy (i.e., >70 % efficacy) might require a relatively modest sample size when pitted against RTS,S in a superiority trial; however, any decrease in the absolute difference in efficacy between the two groups would necessitate larger sample sizes to achieve statistical power [18]. Thus, clinical trials for vaccine candidates that are expected to demonstrate only incremental improvements in efficacy relative to an RTS,S comparator would require greater investments of human and financial capital. Among the current malaria vaccine candidates in development, whole-sporozoite immunization approaches such as radiation-attenuated sporozoites (PfSPZ) could potentially

advance to phase 2b efficacy trials with a presumption of high efficacy based on evidence for sterile protection in previously naïve adults [19]. However, such optimism must be tempered with previous experience with malaria vaccine candidates that performed well in the short term in experimental studies using previously malaria-naïve adults but proved less effective in field studies, possibly due to the genetic diversity of *P. falciparum* parasites in endemic areas [20], immunologic factors specific to malaria-exposed children in endemic areas [15], or the duration of vaccine-induced immunity. Several challenges related to storage and administration of a whole-parasite vaccine also remain to be addressed, and it seems likely that this approach may be best suited in the immediate future to vaccination of travelers or the military, or for use in elimination campaigns in island settings.

Although the above pre-erythrocytic vaccine strategies that target the liver stage aim to induce sterile protection, they are unlikely to achieve complete protection in all individuals, as the escape of just a single sporozoite or liver-stage form can initiate blood-stage infection and therefore clinical malaria. Subunit vaccine strategies that target the erythrocyte-invasive form of the parasite (merozoites), in combination with the pre-erythrocytic forms [21, 22], aim to control and clear the initial blood-stage inoculum emerging from infected hepatocytes [23]. Antibodies elicited by the blood-stage component of the vaccine would neutralize merozoites emerging into the blood from the liver, potentially halting blood-stage replication at a vulnerable choke point prior to the initial round of erythrocyte invasion. Thus, blood-stage vaccines could complement pre-erythrocytic vaccines to achieve the sterile immunity necessary for successful malaria eradication. Short of facilitating sterile immunity, effective blood-stage vaccines may still reduce asexual parasite density, which not only mitigates the clinical manifestations of disease but also could theoretically reduce gametocyte density and thus malaria transmission [24].

Among blood-stage vaccine candidates, the merozoite protein *P. falciparum* reticulocyte-binding protein homologue 5 (PfRH5) appears to be the most promising given its essential and non-redundant role during erythrocyte invasion, limited genetic diversity, ability to elicit antibodies capable of neutralizing parasite growth, and association with protection from febrile malaria in endemic populations [25–27]. In addition, recent studies characterizing the role of the apical membrane antigen 1/rhoptry neck protein 2 complex [28] and schizont egress antigen-1 [29] contribute to our understanding of blood-stage biology and highlight the potential for a multi-component approach that targets distinct steps during the erythrocytic cycle. Ideally, future iterations of malaria vaccines adopting a multi-stage approach would also include a transmission-blocking component that prevents the uptake/development of sexual-stage forms (such as gametocytes or ookinetes) in the mosquito vector [9]. The Pfs25 ookinete

surface protein remains the leading candidate antigen for inclusion in such a vaccine, and a number of new formulations are currently entering phase 1 clinical testing [30].

The imminent licensure of the first malaria vaccine represents a major step forward in the fight against malaria. Assessing the efficacy of the next generation of malaria vaccine candidates carries additional challenges, but new vaccine candidates and strategies under development have already demonstrated considerable promise in pre-clinical studies and small clinical trials. A more comprehensive understanding of malaria immunity and the identification of immune correlates of host protection from infection and disease will facilitate the further selection of novel candidate antigens for assessment in a new generation of vaccines. Lastly, iterative testing of multi-component vaccines that target critical pre-erythrocytic, blood-stage and/or sexual-stage antigens may be required to break the transmission cycle and achieve the sterile protection necessary for malaria eradication.

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#### Compliance with Ethics Guidelines

**Conflict of Interest** None of the authors have a conflict of interest to declare.

**Human and Animal Rights and Informed Consent** This article does not contain any studies with human or animal subjects performed by any of the authors.

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