



Correction to: Epidemiology of Injury and Illness Among Trail Runners: A Systematic Review

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On 17 March 2021, an erratum was published online [1] in the International Journal of Sports Medicine that showed corrected values for the incidences of injury and illness presented in the Vernillo et al. study [1]. The Vernillo et al. study was included in our systematic review [2] and therefore the following updates should be applied:

Abstract

The sentence describing incidence range previously read:

“The overall incidence range was 1.6–4285.0 injuries per 1000 h of running and 65.0–6676.6 illnesses per 1000 h of running.”

Updated to read:

The overall incidence range was 1.6–61.2 injuries per 1000 h of running and 65.0–95.4 illnesses per 1000 h of running.

Table 2:

Below the “Incidence/Prevalence” column of the Vernillo et al. (2016) row, the injury rate per 1000 h previously read:

“Injury rates per 1000 h (90% CI): MSK^a: 4285.0 (3899.3–5313.4) Skin: 2192.3 (1994.9–2718.4)”

Updated to read:

Injury rates per 1000 h (90% CI): MSK^a: 61.2 (48.0–78.1) Skin: 31.3 (22.2–44.2).

Table 3:

Below the “Incidence/Prevalence” column of the Vernillo et al. (2016) row, the illness rate per 1000 h previously read:

“Illness rates per 1000 h (90% CI): Medical: 6676.6 (6075.7–8278.9)”

The original article can be found online at <https://doi.org/10.1007/s40279-020-01418-1>.

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Updated to read:

Illness rates per 1000 h (90% CI): Medical: 95.4 (78.8–115.5)

Conclusion:

The concluding sentence previously read:

“Our review showed that, injury and illness are common among trail runners with an overall incidence range of 1.6–4285.0 injuries per 1000 h of running and 65.0–6676.6 illnesses per 1000 h of running.”

Updated to read:

Our review showed that, injury and illness are common among trail runners with an overall incidence range of 1.6–61.2 injuries per 1000 h of running and 65.0–95.4 illnesses per 1000 h of running.

References

1. Vernillo G, Savoldelli A, La Torre A, Skafidas S, Bortolan L, Schena F. Injury and illness rates during ultratrail running. *Int J Sports Med.* 2016;37(7):565–9. <https://doi.org/10.1055/s-0035-1569347>.
2. Viljoen CT, van Rensburg DCJ, Verhagen E, van Mechelen W, Tomás R, Schoeman M, et al. Epidemiology of injury and illness among trail runners: a systematic review. *Sports Med.* 2021. <https://doi.org/10.1007/s40279-020-01418-1>.