



# Correction to: Is Open-Label Placebo a New Ergogenic Aid? A Commentary on Existing Studies and Guidelines for Future Research

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**Correction to: Sports Medicine**  
<https://doi.org/10.1007/s40279-020-01285-w>

Page 4, Figure 1:

“What factors meditate the response to open-label  
placebos?”

should read:

“What factors mediate the response to open-label placebos?”

The corrected figure has been copied below.

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The original article can be found online at <https://doi.org/10.1007/s40279-020-01285-w>.

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What we already know



Deceptive placebo treatments  
elicit real responses

Expectation and pre-conditioning  
may underlie the placebo effect

Open-placebos elicit genuine responses  
in the clinical setting (e.g. cancer, irritable  
bowel syndrome)

In sports science, open-label placebos  
are underexplored, and existing  
findings are conflicting

What is yet to be investigated



Can open-label placebos  
elicit ergogenic effects?

What factors mediate the response to  
open-label placebos?  
(type of intervention, modality, training  
status, sex, psychological profile, etc)

What are the physiological and biological  
mechanisms behind the effects of open-  
label placebo?

What are the factors that could predict  
positive, negative or null responses to  
open-label placebo?

The original article has been corrected.