



Correction to: Principles of Motor Learning to Support Neuroplasticity After ACL Injury: Implications for Optimizing Performance and Reducing Risk of Second ACL Injury

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Page 3, Section 2.1.1, sentence 4: This sentence, which previously read:

“As ACL injury may alter intracortical facilitation [34] and depressed intracortical inhibition is correlated with decreased quadriceps voluntary activation capability [35], external focus training may provide a means to restore quadriceps muscle activity via increasing intracortical inhibition.”

should read:

“As ACL injury may alter intracortical facilitation [34] and increased intracortical inhibition is correlated with decreased quadriceps voluntary activation capability [35], external focus training may provide a means to restore quadriceps muscle activity via depressing intracortical inhibition.”

The original article can be found online at <https://doi.org/10.1007/s40279-019-01058-0>.

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