ORIGINAL RESEARCH ARTICLE



Research Priorities to Increase Confidence in and Acceptance of Health Preference Research: What Questions Should be Prioritized Now?

Rachael L. DiSantostefano lo · lan P. Smith · Marie Falahee · Aura Cecilia Jiménez-Moreno · Serena Oliveri · Jorien Veldwijk · G. Ardine de Wit · Ellen M. Janssen · Conny Berlin · Conny Berlin · Catharina G. M. Groothuis-Oudshoorn

Accepted: 1 October 2023 / Published online: 16 December 2023 © The Author(s) 2023

Abstract

Background and Objective There has been an increase in the study and use of stated-preference methods to inform medicine development decisions. The objective of this study was to identify prioritized topics and questions relating to health preferences based on the perspective of members of the preference research community.

Methods Preference research stakeholders from industry, academia, consultancy, health technology assessment/regulatory, and patient organizations were recruited using professional networks and preference-targeted e-mail listservs and surveyed about their perspectives on 19 topics and questions for future studies that would increase acceptance of preference methods and their results by decision makers. The online survey consisted of an initial importance prioritization task, a best-worst scaling case 1 instrument, and open-ended questions. Rating counts were used for analysis. The best-worst scaling used a balanced incomplete block design.

Results One hundred and one participants responded to the survey invitation with 66 completing the best-worst scaling. The most important research topics related to the synthesis of preferences across studies, transferability across populations or related diseases, and method topics including comparison of methods and non-discrete choice experiment methods. Prioritization differences were found between respondents whose primary affiliation was academia versus other stakeholders. Academic researchers prioritized methodological/less studied topics; other stakeholders prioritized applied research topics relating to consistency of practice.

Conclusions As the field of health preference research grows, there is a need to revisit and communicate previous work on preference selection and study design to ensure that new stakeholders are aware of this work and to update these works where necessary. These findings might encourage discussion and alignment among different stakeholders who might hold different research priorities. Research on the application of previous preference research to new contexts will also help increase the acceptance of health preference information by decision makers.

- Rachael L. DiSantostefano rdisanto@ITS.JNJ.com
- Janssen Research & Development LLC, 1125 Trenton Harbourton Rd, Titusville, NJ 08560, USA
- Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht, Utrecht University, Utrecht, The Netherlands
- ³ Rheumatology Research Group, Institute of Inflammation and Ageing, College of Medical and Dental Sciences, University of Birmingham, Birmingham, UK
- Patient-Centered Research, Evidera, London, UK

- Applied Research Division for Cognitive and Psychological Science, Istituto Europeo di Oncologia, IEO IRCCS, Milan, Italy
- Erasmus School of Health Policy & Management, Erasmus University Rotterdam, Rotterdam, The Netherlands
- Frasmus Choice Modelling Centre, Erasmus University Rotterdam, Rotterdam, The Netherlands
- Novartis Pharma AG, Basel, Switzerland
- Health Technology and Services Research, Techmed Centre, University of Twente, Enschede, The Netherlands

Key Points for Decision Makers

Health preference studies are increasingly used to inform decisions across the medical product life cycle.

Research related to understanding different preference elicitation methods and method selection along with using previous research in new decision contexts were highly prioritized topics.

Researchers with a primary academic affiliation tended to prioritize methodological and/or less studied topics, whereas stakeholders from industry, consultancy, health technology assessment/regulatory, and patient organizations tended to prioritize applied research topics relating to consistency of practice.

A large majority of respondents said that an attribute reference library would be a useful contribution to the field.

1 Introduction

The value of the patient perspective in the medical product life cycle has never been more appreciated than it is at the current moment. Patients and patient advocacy groups, regulatory and heath technology assessment (HTA) bodies, and industry leaders are increasingly advocating for the use of information collected from patients to inform product and trial designs, market access, and reimbursement schedules [1–4]. The US Food and Drug Administration has approved guidance on the use of health preferences in marketing authorization [5]. The European Medicines Agency gave a favorable opinion to a framework on planning and conducting health preference studies [6], the National Institute for Health and Care Excellence has published a perspective on the use of preference data in HTA decision making [1], and the CIOMS working group XI published a report emphasizing the importance of including patient perspectives in medical product decision making [7]. This has resulted in an ever-growing field of researchers who study health preferences and an enormous growth in studies assessing what patients value in their healthcare [8]. With this interest in health preference assessment, there have also been calls to ensure that the studies are methodologically sound and produce reliable and valid information [9].

To address these issues, the IMI-PREFER project, a 6-year European public-private partnership, was launched in 2016 to inform on the use of health preference studies for decision making throughout the medical product life cycle [10]. In 2018, the IMI-PREFER project conducted a survey to identify research priorities based on expert consensus,

early literature reviews, stakeholder interviews, and a ranking exercise of research topics and questions [11]. The most important research priorities identified were related to four high-level concepts: evidentiary standards, assessment of preference heterogeneity, means to minimize patient burden, and means to maximize patient understanding of concepts presented in preference studies. These were used to guide the research questions addressed in ten PREFER case studies that provided evidence to support recommendations on when and how to execute health preference studies [12–22].

Since this initial research call was conducted, the field of preference research has evolved as studies were published related to these topics [16, 23–36]. Thus, the objective of this exploratory study was to reassess what members of the preference research community currently think are research priorities.

2 Methods

2.1 Participants and Recruitment

Preference research stakeholders from industry, academia, consultancy, HTA/regulatory, and four patient organizations were invited to participate in a one-time online survey. Invitations were sent through e-mail distribution lists of major health preference research groups, including the PREFER Consortium (N = 134), PREFER External Advisors (N = 134) 87), the International Society for Pharmacoeconomics and Outcomes Research-Health Preference Research Special Interest Group (N = 260), and (4) International Academy of Health Preference Research (N = 143). Participants were invited to participate in a web-based survey and agreed to provide their personal opinion. There was no renumeration for participation. Data were analyzed using a respondent id number and there was no attempt to identify individuals based on individual characteristics provided. A subgroup analysis was conducted between those who identified as primarily academic and other stakeholder groups pooled together. Respondents were informed of the nature of the survey, the expected burden, and the voluntary nature of responding. They provided consent to participate prior to being asked any questions.

Recruitment was from 1 April to 16 May, 2022. Potential respondents were sent an initial e-mail followed by two reminders. The number of participants was not capped and a minimum sample of at least 50 participants was deemed sufficient to allow for the exploration of heterogeneity based on prior research [37, 38].

2.2 Objects: Research Topic Identification

Objects used in the prioritization tasks were research topics that could increase the confidence in and acceptance of health preference research in decision making throughout the medical product life cycle by organizations and groups such as government regulators (European Medicines Agency, Food and Drug Administration), reimbursement agencies, patient groups, and industry. The research priorities in the ranking exercise were developed during the writing of the PREFER recommendations. These objects were identified in line with good research practices [39]. This process started by compiling a long list of topics from previous research agendas [11, 35, 36]. Members of the PREFER Consortium and the scientific advisory board were sent the list and asked to add any topics reflecting research topics they found relevant to the field or that were identified during the lifetime of the PREFER project. Additional topics were identified for inclusion by regulatory authorities during review of the final chapter of the PREFER recommendations discussing future research areas. Meetings were then held with PREFER Consortium members to review this full list, combine similar research topics, and remove topics that were no longer relevant in the continuously changing health preference research sphere. The final outcome was a list of 19 objects reflecting current research topics for health preference research (Table 1). Each object was given a short name followed by a more detailed description to ensure the research topic was understood uniformly by all participants. Objects were reviewed by the co-authors of the study for clarity and by nine preference researchers outside of the research team including five that were not involved in PRE-FER (see Acknowledgments).

2.3 Survey Instrument

The survey began with background questions related to the participants' professional affiliation, familiarity with preference research, and geographic location. Respondents were then presented with the 19 methodological research topics and asked to complete two prioritization tasks. The first task consisted of classifying the 19 topics into four importance categories ('Important question to study in future'; 'Important but studied adequately already'; 'Important but too complicated or impossible to study'; 'Not important to study in future'). The second task was a best-worst scaling (BWS) 1 exercise in which participants were asked to select best (most important) and worst (least important) topics for future studies that would "increase acceptance of preference methods and their results by decision makers". Respondents were initially presented with an example BWS-1 choice task and then asked to complete 19 BWS-1 tasks. The BWS-1 design (see Electronic Supplementary Material [ESM]) used a pre-specified balanced incomplete block design [40], and each BWS-1 task presented four objects to the participant in random order. During the choice tasks, the objects presented both the topic in bold as well as the description.

As medical products in preference tasks are often described using attributes that are applicable to multiple different treatments and disease areas, respondents were asked questions about the utility of an attribute library for reference in health preference research following the prioritization tasks ("Do you think an attribute library would be a useful contribution to the field?"). Finally, an open-text question was asked in which respondents could comment on research priorities and additional research topics. Respondents were able to navigate forward and backward within the survey.

The survey was pre-tested online by N = 9 colleagues, and other PREFER Consortium members to remove software bugs and make any final wording adjustments to the survey or instructions to improve clarity (see Acknowledgments). The final survey used can be found in the ESM. Analysis of the results was performed in R [41].

2.4 Data Analysis

As the aim of this study was exploratory and not meant to test hypotheses, only descriptive statistics were generated for participant characteristics and prioritization tasks. The initial classification task about whether a research topic was important to study in the future was analyzed by comparing the counts and proportions in each response category (not important, important but studied adequately already). The analysis of BWS-1 consisted of three different tabulations of choice frequencies for each research topic: the number of best selections, the number of worst selections, and the best-worst score calculated as the difference between the number of best and the number of worst selections, which incorporates differences in opinion into topic prioritization [42]. These analyses were also conducted to compare subgroup priorities between respondents who reported as being academically affiliated versus all other stakeholders. No formal significance tests were conducted to test for differences between groups as the aim of this study was exploratory.

3 Results

3.1 Participant Characteristics

Of the N = 107 participants who accessed the survey, n = 101 completed the demographics, n = 76 completed the initial ranking exercise, and n = 66 participants completed the BWS-1 choice task (Table 2). Response rates could not be calculated because individuals may have received multiple

182 R. L. DiSantostefano et al.

Table 1 Research topics and example questions assessed in exercises

1. **Comparing methods**: How do the preference mean results and preference heterogeneity results of different patient preference methods compare when applied to address the same research question using the same attributes and samples from the same population?

- 2. **Changing number of attributes**: How do changes in the number or types (e.g., categorical vs numerical value) of attributes impact results for a given method?
- 3. **Attribute presentation and framing**: How do changes in the framing (e.g., mortality vs survival) and attribute presentation (e.g., graphical representation of risk vs text) impact results for a given method?
- 4. **Transferability across populations or related diseases**: How transferable are preferences from one specific disease population to another population (e.g., related diseases, different diseases but similar complaints, same disease but different countries)?
- 5. **Method selection guidance**: How to determine which preference assessment method to use in a given context, patient population, or for a specific research purpose?
- 6. **Educational materials: which material to enhance?** What information (e.g., risk information, disease context) benefits most from the use of enhanced educational material (such as videos, voiceovers, gamification, and animations) to inform patients?
- 7. **Educational materials: digital vs text formats**: How do different types of enhanced educational material (such as videos, voiceovers, gamification, and animations) affect engagement, understanding, choice consistency, and preferences compared to static text and images?
- 8. **Educational materials: low literacy and numeracy** What types of educational materials are optimal for samples where low literacy and/ or low numeracy may be prevalent?
- 9. Internal validity/data quality: How should one best assess whether patients understand and are paying attention to a given set of cognitive tasks?
- 10. **Psychological constructs: explain preferences/heterogeneity**: In which situations do psychosocial constructs (e.g., personal beliefs/personality traits or attitudes) have value in explaining preferences and preference heterogeneity?
- 11. **Psychological constructs: explain preferences across methods**: To what extent are relationships between measures of psychological constructs and patient preferences consistent across preference elicitation methodologies (e.g., are relationships between psychological constructs and preferences found with a DCE similar to the relationships found between psychological constructs with best-worst scaling?)?
- 12. Changes in preferences over time: Which factors influence the stability of preferences over time and why? (e.g., changes in health states, adjustment to condition, nature of illness and treatment, and changes in knowledge)?
- 13. **Individual preferences**: How can individual preferences be used in shared decision making (e.g., in the development of decision aids or value clarification)?
- 14. **Synthesis of preferences across studies**: How to best synthesize multiple patient preference studies for either a meta-analysis or predicting preferences for a particular context?
- 15. **Mapping patient-reported outcomes to preference study attributes**: How can attributes in a patient preference study be mapped to patient-reported outcomes (or clinical outcome assessments in general)? (e.g., in mapping preferences to a patient-reported outcome in a clinical trial, or incorporating a patient-reported outcome within a preference study)?
- 16. **Revealed preferences: role in decision making**: When and how might revealed preferences be used for decision making in the medical product life cycle?
- 17. **Revealed preferences: external validity**: How well do stated preferences match revealed preferences in different disease areas or healthcare decisions, and under what conditions would we expect them to differ?
- 18. **Expressing uncertainty in patient preference studies**: When and how should uncertainty around benefit and risk estimates be incorporated into the design of patient preference studies?
- 19. **Study non-DCE methods**: Develop evidence-based good-research practices on the conduct, analyses, and use of non-DCE preference methods (e.g., best-worst scaling types 1–3, swing weighting, probabilistic threshold technique)

DCE discrete choice experiment

invites if they belonged to more than one professional network. The n=34 respondents that dropped out before the BWS-1 included participants from all stakeholder groups including n=6 from industry, n=15 from academia, n=3 from consultancy, n=2 from HTA, n=7 from patient organizations, and n=1 other. Median completion time for survey completers was approximately 20 minutes.

3.2 Direct Categorization of Research Topics

The results of the first categorization task are presented in Fig. 1. In all cases, the topics presented were identified as being important for future studies by a majority of respondents.

The topics categorized the most as 'important questions to study in future' were Synthesis of Preferences Across Studies and Expressing Uncertainty in Patient Preference Studies. The topics that were most categorized as 'important but studied adequately already' were related to Internal Validity/Data Quality, Attribute Presentation & Framing, and Method Selection Guidance. Three topics (Transferability Across Populations or Related Diseases, Changes in Preferences Over Time, and using Psychological Constructs to Explain Preferences Across Methods) received the most categorizations of being 'important but too complicated or impossible to study'. Using Psychological Constructs to Explain Preferences Across Methods also received the most categorizations of 'not important

Table 2 Respondent demographics (%)

Demographic characteristic	All respondents, $n = 101$	%
Patient preference work area		
Academia	45	45
Industry	27	27
Consultancy	10	10
Regulatory agency	5	5
HTA	4	4
Patient organizations	9	9
Other	1	1
Professional community membership (multiple selections allowed)		
PREFER	48	48
International Academy of Health Preference Research	38	38
ISPOR Health Preference Research SIG	37	37
BRACE SIG	8	8
Other	6	6
No answer selected	8	8
Multiple group memberships	32	32
PREFER case study involvement (multiple selections allowed)		
None	64	63
Core case study or studies (lung cancer, RA, NMD)	26	26
Academic case study or studies	15	15
Industry case study or studies	8	8
No answer selected	2	2
Familiarity with patient preference studies (multiple responses allowed)		
I was not aware of what patient preferences studies were before this survey	0	0
I have read about patient preference studies (e.g., manuscript, report, protocol)	62	61
I have peer reviewed patient preference studies	57	56
I have attended webinars/conference session on patient preference studies	76	75
I have organized, designed, or managed patient preference studies	64	63
I have performed analyses of patient preference study data	55	54
I have used the results of patient preference studies in my work	55	54
I have other experience with preference studies	6	6
World Bank region		
East Asia and Pacific	7	7
Europe and Central Asia	53	53
Latin America and the Caribbean	1	1
Middle East and North Africa	2	2
North America	37	37
South Asia	1	1
Sub-Saharan Africa	0	0

HTA health technology assessment, NMD neuromuscular diseases, RA rheumatoid arthritis, SIG Special Interest Group

Under the category 'Other' the following communities where mentioned: MDIC, iHEA/iHEA SIG, PFMD, National Community; 'Other' the following was mentioned: I have conducted a wide range of methods work around preference elicitation, I worked on training for PREFER, commissioning of patient preference studies, I have evaluated studies from a regulatory science perspective, health valuation, non-patient preferences, public health and patient access

Note: Of the 66 respondents who completed the best-worse scaling, the patient preference work areas reported were academia (n=29), industry (n=21), consultancy (n=7), regulatory agency (n=5), HTA (n=2), or patient organizations (n=2), and 68% reported having organized, designed, or managed patient preference studies, 59% reported having performed analyses of patient preference study data, and 67% reported having used the results of patient preference studies in their work

184 R. L. DiSantostefano et al.

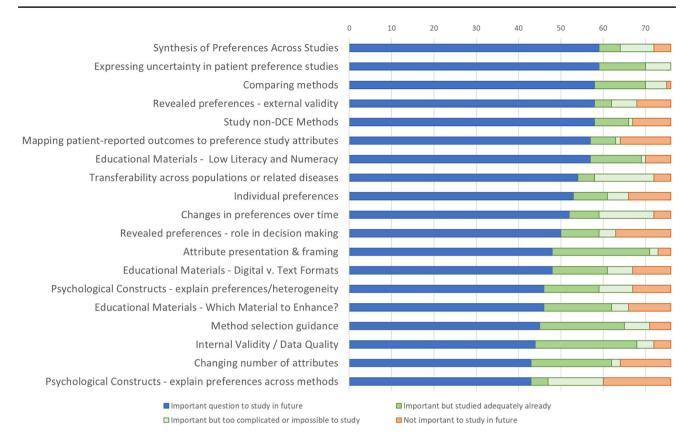


Fig. 1 Categorizations for research topics and questions (n = 76)

to study in future' along with Revealed Preferences - Role in Decision Making and the impact of Changing Number of Attributes.

3.3 BWS-1 Ranking of Research Topics

The results of the BWS-1 are presented in Fig. 2 and the ESM. The topics that were selected as 'best' the most were *Transferability Across Populations or Related Diseases*, *Comparing Methods*, *Synthesis of Preferences Across Studies*, and *Method Selection Guidance*. The topics that received the most 'worst' selections were *Revealed Preferences - Role in Decision Making*, *Psychological Constructs - Explain Preferences Across Methods*, *Educational Materials - Digital v. Text Formats*, and *Changing Number of Attributes*. The topics that had the highest ratio of best-worst selections were *Method Selection Guidance*, *Changes in Preferences Over Time*, *Synthesis of Preferences Across Studies*, *Transferability Across Populations or Related Diseases*, and *Internal Validity/Data Quality*.

3.4 Comparison of Respondents with an Academic Affiliation Versus Other Stakeholders

Different priorities were found in the two tasks between respondents with primary academic affiliations versus other affiliations. In the categorization exercise, other stakeholders were more likely to label a topic or question as too difficult or impossible to research compared with those working inside academia (Future Patient Preference Research: What to Prioritize Now and the ESM).

In the BWS-1, respondents working within academia tended to prioritize more methodological or less studied topics, such as *Transferability* and *External Validity*, while those working outside academia tended to prioritize more applied research topics relating to improving consistency of practice, such as *Methods Selection Guidance*, *Internal Validity*, and *Synthesis of Preferences Across Studies* (Fig. 3). No difference was found in the lowest five priority topics between those working in academia and other stakeholder groups (*Revealed Preferences - Role in Decision Making, Educational Materials - Which Materials to Enhance, Education Materials - Digital v. Text Formats, and Psychological Constructs - Explain Preferences Across Methods, in the Lowest Five Priority Topics).*

3.5 Preference Attribute Libraries

Sixty-six (62%) respondents responded to the question regarding the usefulness of an attribute library. Of those, n = 52 (79%) responded 'yes', n = 4 (6%) responded 'no', and

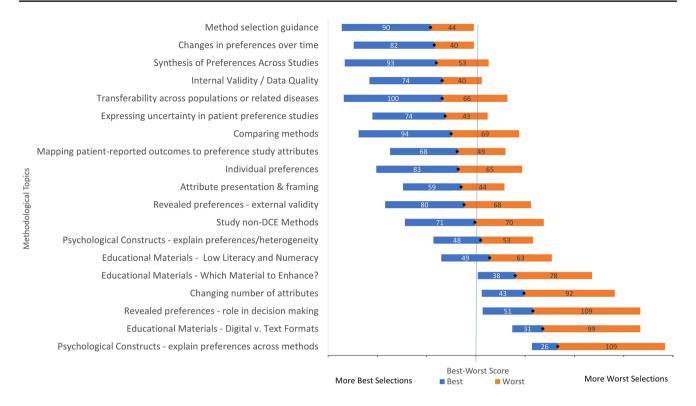


Fig. 2 Best-worst score for each research topic (n=66). Note: Number of times selected as 'best' topic (blue) or 'worst' topic (orange) shown in bar. Topics are sorted from the highest best-worst difference

to the lowest best-worst difference. The light blue line indicates an even number of 'best' and 'worst' selections

n = 10 (15%) responded 'not sure'. N = 30 (48%) considered the attribute library as equally important or more important than the 19 research topics and questions presented in the prioritization tasks. The therapeutic areas most often given where an attribute library would be beneficial were oncology (n = 15), rare diseases and cardiovascular diseases (n =4 each), and vaccination or infectious diseases and chronic diseases (n = 2 each). Respondents found the possibility of an attribute library important for specific benefits and risks related to commonly used endpoints or those that have been established as "gold-standard" endpoints or concepts (e.g., mortality, survival, and progression-free survival in oncology). However, respondents raised concerns about attributes being context dependent and not necessarily re-usable, or raised concerns about feasibility (e.g., how to standardize attributes and maintain the library). Two respondents referred to existing frameworks that could cover or contribute to the creation of an attribute library (a disease-specific core outcome set and EuroQoL).

3.6 Free Text Comments about Research Priorities and the Survey

N = 20 respondents answered the open-ended questions "Is there anything else you want to share about future research

priorities in health preference research to increase acceptance of these methods?" N = 7 participants commented positively and found research topics included in the ranking exercise comprehensive. Respondents reported the following topics as more or equally important as the topics in the list: Account for preference heterogeneity using patient's personal aspects, context, and other social determinants of health (five mentions); neutral entities to perform patient preference studies, which avoids potential biases and may ensure methodological rigor (two mentions); use preferences to guide endpoint selection in clinical trials (one mention); and include under-represented populations in patient preference studies (one mention). Additional remarks raised by respondents can be summarized into two main areas: establishing responsible entities for performing patient preference studies that give confidence in the robustness/validity of methods (mentioned three times); need for guidelines and best practice in patient preference studies (mentioned five times).

4 Discussion

Over the past decades, there has been increased interest in measuring health preferences to aid decision making during drug development. This has generated questions about how

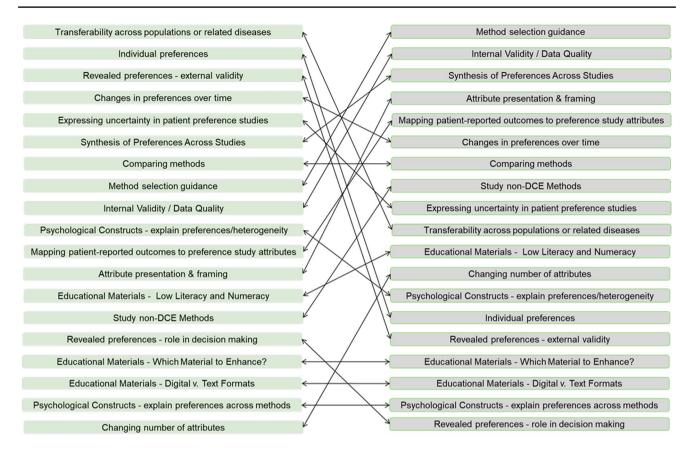


Fig. 3 Best-worst scaling type 1 ranking by academia (left, n = 37) versus other stakeholders (right, n = 29). Note: the arrows in this figure are only intended to highlight differences in the rankings and are

not intended to represent statistical testing of differences between the two groups. *DCE* discrete choice experiment

to assess health preferences reliably from a variety of different stakeholders (including academic researchers, industry members, consultancies, health authorities, and patient groups). This prioritization exercise was conducted to prioritize research topics for the health preference research community with the goal of increasing acceptance of health preference methods and their results by decision makers in the medical product life cycle. We identified 19 important research topics for future study that would increase acceptance of preference methods and their results by decision makers. Within these 19 topics, there were clear priorities for specific topics.

While all the research topics presented were considered important to study by a majority of the respondents, the most important research topics related to a mix of methodological and applied research topics. Two of the highest priority topics were related to the use of health preference research outside of the individual study population: either for use in other populations or for use in a meta-analysis and predicting preferences. Both of these topics were identified as important in both ranking tasks and were not listed as having been previously studied. Conducting a preference study can be a time- and resource-intensive undertaking, thus the reuse of

previous health preferences to inform new or future decision making can help ensure that patient values are considered when a new study is not possible or necessary.

Five topics (Internal Validity/Data Quality, Attribute Presentation & Framing, Method Selection Guidance, Changing Number of Attributes, and Educational Materials - Which Material to Enhance?) were listed as important for future research by over half of the respondents, though over 20% of respondents felt that these topics had been researched enough previously. The topic of Method Selection Guidance was highly rated in the BWS-1 task, indicating that many respondents think it is a top priority despite 34% of respondents thinking it had already been researched adequately. The disparity between ranking these as important topics and thinking that while important it has previously been studied enough may simply be a difference of opinion. However, it may also reflect a lack of awareness of previous work in this area. Recent publications have highlighted decision criteria that can be used to guide method selection [23, 24], and previous research has been published on internal validity tests and patient comprehension [25-27], attribute presentation and framing [28–31], the number of attributes [32], and educational materials [16, 33, 34] thus this finding may reflect a variability in awareness of the contribution of this previous work. As the amount of methodological research available increases, there will be a need to provide consolidated and updated dissemination resources. Examples of these types of resources could be online courses and webinars, seminars, trainings hosted by professional organizations, or catalogs and repositories of published studies.

Survey participants did express an interest in a library of previously developed attributes for targeted areas, for example, oncology outcomes and outcomes frequently seen across diseases. Challenges with an attribute library include reaching a consensus on which attributes to include and the most appropriate attribute definitions, sufficient uptake, and long-term sustainability. One possible model towards an attribute library could be to follow the example of OMERACT [43], an independent organization that strives to improve end-point outcomes through a data-driven, iterative consensus process involving relevant stakeholder groups. In addition, an intermediate step towards an attribute library could be the registration of most preference studies in a standardized manner, for example, through the Health Preference Study Technology Registry [44].

If we compare this study's results to the previous PRE-FER prioritization exercise, some trends can be observed [11]. In the previous prioritization exercise, transferability of preference results both within a patient population and to other populations was highly prioritized. These topics overlap with the current study topics of Synthesis of Preferences Across Studies and Transferability Across Populations or Related Diseases, which were more highly prioritized than in the original study, indicating that they remain a topic of interest to stakeholders. The transferability of preferences information is often discussed in research articles [45–48] and is relevant to the transferability of other health economic analyses such as those conducted by HTA organizations [49]. However, there is no published guidance on how to assess the transferability of preferences or what evidence is needed to support the application of health preference information to new contexts. Additionally, the comparison of different methods for preference elicitation, study of nondiscrete choice experiment methods, and the consistency of preference outcomes from different methods were highly prioritized topics in the previous exercise. In the current study, this topic remained an important topic with indications that while additional research has been done in these areas since the first prioritization exercise [23, 50–53], more research would help to understand which method to choose when conducting a preference study. Interestingly, the topic of stability of preferences over time was previously ranked as least important, but in this updated exercise it was considered the second most important research topic.

Not unexpectedly, there were differences in prioritization of health preference research based on stakeholder affiliation. Academic researchers tended to prioritize methodological and/or less studied topics, including transferability and external validity. For other stakeholders, most of them are likely to use preferences for decision making, prioritized applied research topics relating to consistency of practice, including methods selection guidance, internal validity, and synthesis of preferences across studies. Differences in prioritization of research topics most likely reflect the different needs and experience of different stakeholders. Academic researchers prioritized studying the transferability of preferences more than respondents whose primary preference work was done outside of academia. One possible explanation for this could be that academic researchers have more experience organizing, designing, or managing patient preference studies as 76% of respondents identifying as academic reported having this experience compared with 54% of other stakeholders. Another possible explanation is that while it may be more imperative in industry to keep costs for preference studies lower and reduce barriers to their use, industry-sponsored preference studies are frequently conducted to inform specific decisions, and therefore transferability might seem less relevant. In addition, regulators are an important audience for industry-sponsored preference studies, and regulatory agencies have stressed the importance of fit-for-purpose preference studies to inform decision making [54, 55]. As more evidence is generated around this topic, it may become more prioritized by other stakeholders. To ensure that the needs of a variety of stakeholders are met and to encourage a diversity of perspectives, it remains important to continue cross-sector collaborations.

Lower priority topics were similar across the groups, including questions on revealed preferences, educational materials, and psychological constructs. Lower prioritization of these topics may reflect the perception that these questions are difficult, if not impossible, to answer (*Revealed Preferences*) or that there are lower levels of familiarity with topics by members of the preference research community (*Educational Materials* and *Psychological Constructs*).

A strength of this study was the use of two instruments to rank the topics, allowing for a richer understanding of respondent opinions. By combining the results, we were able to understand why some topics may have been important to some while not being prioritized by others. Another strength of this study was the inclusion of the broader health preference community, including professional society preference research groups and scientific advisors beyond PREFER researchers. This differs from previous prioritization exercises in that it included a broader community. However, this study did have some limitations. One limitation of this study was that the study topics were identified based on experiences with PREFER by researchers involved with PREFER. While participants representing academia, industry, and regulatory agencies provided input, it is possible that a

188 R. L. DiSantostefano et al.

different sample of stakeholders may have identified somewhat different research topics. Further, the survey was sent to professional societies and mailing lists that had existing professional relationships with the study authors. The survey was not publicized outside of these networks and did not attempt to recruit preference researchers not affiliated with these professional societies. The respondents therefore reflect a convenience sample. Another limitation is the experience that the stakeholders reported in generating and using preference information. While none of the stakeholder respondents indicated that they had no experience or were unaware of what health preferences studies were before this survey, 37% of respondents indicated that they had never organized, designed, or managed health preference studies and 46% said they had not yet used the results of preference studies in their work. However, the impact of health preference research are being felt more broadly than by only those who directly conduct and apply this information, so a broader sample likely reflects the actual stakeholder community and the reach of health preference research.

5 Conclusions

There is great promise in the use of patient preference studies to inform decisions across the medical product life cycle, but more research is needed to bolster confidence in the use of these methods. Our study identified prioritized topics for future research to increase the acceptance of preference methods and their results by decision makers. We encourage preference researchers to continue contributing toward research needs as prioritized with this study and to increasing the confidence in both the robustness of preference methods and preference study results when applied to decision making across the medicine development life cycle.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s40271-023-00650-x.

Acknowledgments The authors are grateful to members of the PRE-FER Consortium, scientific advisors, and health preference research community, including the International Academy of Health Preference Research and ISPOR Health Preference Research Special Interest Group, for their important contribution in completing this study that allowed the ranking of research priorities. A special acknowledgment to Sander Boxebeld, Dr. Norah Crossnohere, Dr. Ilene Hollin, Dr. Bennett Levitan, Dr. Karin Schölin Bywall, Nicholas Smeele, Dr. Vikas Soekhai, Dr. Chiara Whichello, and Dr. Janine van Til for their assistance in refining the survey.

Declarations

Funding This study formed part of the Patient Preferences in Benefit-Risk Assessments during the Drug Life Cycle (PREFER) project, which has received funding from the Innovative Medicines Initiative 2 Joint Undertaking under grant agreement no. 115966. This joint undertaking receives support from the European Union's Horizon

2020 research and innovation program and the European Federation of Pharmaceutical Industries and Associations.

Conflicts of Interests/Competing Interests Conny Berlin is employed by, owns stock in, and has stock options in Novartis Pharma AG, which is one of the industry partners in the PREFER Project. Rachael DiSantostefano and Ellen Janssen are employed by Janssen Research and Development, LLC and are stockholders in Johnson & Johnson. Marie Falahee, Aura Cecilia Jimenez-Moreno, Serena Oliveri, Catharina G.M. Groothuis-Oudshoorn, Jorien Veldwijk, Ian P. Smith, and G. Ardine de Wit have no conflicts of interest that are directly relevant to the content of this article.

Ethics Approval The survey around what research is important in the area of health preferences was conducted in accordance with the ethical standards and was exempt from ethics approval under 45 CFR 46.104(d)(2) for Educational Tests, Surveys, Interviews, or Observation of Public Behavior. This is a study of expert opinion. Recruitment was conducted through professional networks. Only information regarding personal opinions about a non-personally sensitive subject was collected. As this would not reasonably place the subjects at risk of personal or professional harm, it was not considered human subjects research. Personal identification of participating researchers were not collected, and the identification of participants cannot readily be ascertained directly or through the information provided by participants (https://www.hhs.gov/ohrp/regulations-and-policy/decision-charts-2018/index.html#c2).

Consent to Participate Participants provided informed consent.

Consent for Publication In the invitation to participate, participants were informed of the plan to present and publish the results.

Availability of Data and Material The authors are open to collaborations involving an additional analysis of this survey.

Code Availability The authors are open to sharing code for collaborations involving an additional analysis of this survey.

Authors' Contributions All authors contributed to the study conception and survey design. Material preparation was performed by RD and IS. Survey programming and data analyses were performed by EJ and CGO. The first draft of the manuscript was written by RD and IS with substantial input from CJM, CB, SO, JV, GW, and MF. All authors commented on draft versions of the manuscript, and all read and approved the final manuscript.

Open Access This article is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License, which permits any non-commercial use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by-nc/4.0/.

References

- Bouvy JC, Cowie L, Lovett R, et al. Use of patient preference studies in HTA decision making: a NICE perspective. Patient. 2020:13(2):145-9.
- Mott DJ. Incorporating quantitative patient preference data into healthcare decision making processes: is HTA falling behind? Patient. 2018;11(3):249–52.
- 3. Ho M, Saha A, McCleary KK, et al. A framework for incorporating patient preferences regarding benefits and risks into regulatory assessment of medical technologies. Value Health. 2016;19(6):746–50.
- Haerry D, Landgraf C, Warner K, et al. EUPATI and patients in medicines research and development: guidance for patient involvement in regulatory processes. Front Med. 2018;5:230.
- 5. US Food and Drug Administration. Patient preference information: voluntary submission, review in premarket approval applications, humanitarian device exemption applications, and de novo request, and inclusion in decision summaries and device labeling. Guidance for industry. Food and Drug Administration Staff and Other Stakeholders, Center for Devices and Radiological Health and Center for Biologics Evaluation and Research, editors. Silver Spring, MD, 2016.
- Committee for Medicinal Products for Human Use (CHMP). Qualification opinion of IMI PREFER. Amsterdam, The Netherlands, 2022.
- Council for International Organizations of Medical Sciences (CIOMS). Patient involvement in the development, regulation and safe use of medicines. CIOMS Working Group report. Geneva, Switzerland, 2022. doi: 10.56759/iiew8982
- Soekhai V, de Bekker-Grob EW, Ellis AR, Vass CM. Discrete choice experiments in health economics: past, present and future. Pharmacoeconomics. 2019;37(2):201–26.
- Janssens R, Huys I, van Overbeeke E, et al. Opportunities and challenges for the inclusion of patient preferences in the medical product life cycle: a systematic review. BMC Med Inform Decis Mak. 2019;19(1):189.
- de Bekker-Grob EW, Berlin C, Levitan B, et al. Giving patients' preferences a voice in medical treatment life cycle: the PREFER Public-Private Project. Patient. 2017;10(3):263–6.
- 11. Smith IP, DiSantostefano RL, de Bekker-Grob EW, et al. Methodological priorities for patient preferences research: stakeholder input to the PREFER Public-Private Project. Patient. 2021;14(5):449–53.
- The PREFER Consortium. PREFER recommendations: why, when and how to assess and use patient preferences in medical product decision-making. 2022.
- Simons G, Veldwijk J, DiSantostefano RL, et al. Preferences for preventive treatments for rheumatoid arthritis: discrete choice survey in the UK, Germany and Romania. Rheumatology (Oxford). 2022;62(2):596–605.
- Jimenez-Moreno AC, van Overbeeke E, Pinto CA, et al. Patient preferences in rare diseases: a qualitative study in neuromuscular disorders to inform a quantitative preference study. Patient. 2021;14(5):60–12.
- Monzani D, Petrocchi S, Oliveri S, et al. Patient preferences for lung cancer treatments: a study protocol for a preference survey using discrete choice experiment and swing weighting. Front Med. 2021;8: 689914.
- Bywall KS, Veldwijk J, Hansson MG, et al. Does being exposed to an educational tool influence patient preferences? The influence of an educational tool on patient preferences assessed by a discrete choice experiment. Patient Educ Counsel. 2021;104(10):2577–85.

- Janssens R, Lang T, Vallejo A, et al. Patient preferences for multiple myeloma treatments: a multinational qualitative study. Front Med. 2021;8: 686165.
- Cook NS, Criner GJ, Burgel PR, et al. People living with moderate-to-severe COPD prefer improvement of daily symptoms over the improvement of exacerbations: a multicountry patient preference study. ERJ Open Res. 2022;8(2):00686–2021.
- Turk D, Boeri M, Abraham L, et al. Patient preferences for osteoarthritis pain and chronic low back pain treatments in the United States: a discrete-choice experiment. Osteoarthritis Cartilage. 2020;28(9):1202–13.
- Pinto CA, Chua GN, Bridges JFP, et al. Comparing patient preferences for antithrombotic treatment during the acute and chronic phases of myocardial infarction: a discrete-choice experiment. Patient. 2022;15(2):255–66.
- van Overbeeke E, Hauber B, Michelsen S, et al. Patient preferences for gene therapy in haemophilia: results from the PAVING threshold technique survey. Haemophilia. 2021;27(6):957–66.
- Smith IP, Whichello CL, Veldwijk J, et al. Diabetes patient preferences for glucose-monitoring technologies: results from a discrete choice experiment in Poland and the Netherlands. BMJ Open Diabetes Res Care. 2023;11(1): e003025.
- Soekhai V, Whichello C, Levitan B, et al. Methods for exploring and eliciting patient preferences in the medical product lifecycle: a literature review. Drug Discov Today. 2019;24(7):1324–31.
- Whichello C, Levitan B, Juhaeri J, et al. Appraising patient preference methods for decision-making in the medical product lifecycle: an empirical comparison. BMC Med Inform Decis Mak. 2020;20(1):114.
- Johnson FR, Yang JC, Reed SD. The internal validity of discrete choice experiment data: a testing tool for quantitative assessments. Value Health. 2019;22(2):157–60.
- Janssen EM, Marshall DA, Hauber AB, Bridges JFP. Improving the quality of discrete-choice experiments in health: how can we assess validity and reliability? Expert Rev Pharmacoecon Outcomes Res. 2017;17(6):531–42.
- 27. Pearce A, Harrison M, Watson V, et al. Respondent understanding in discrete choice experiments: a scoping review. Patient. 2021;14(1):17–53.
- 28. Smith IP, Ancillotti M, de Bekker-Grob EW, Veldwijk J. Does it matter how you ask? Assessing the impact of failure or effectiveness framing on preferences for antibiotic treatments in a discrete choice experiment. Patient Prefer Adherence. 2022;16:2921–36.
- Veldwijk J, Essers BA, Lambooij MS, et al. Survival or mortality: does risk attribute framing influence decision-making behavior in a discrete choice experiment? Value Health. 2016;19(2):202–9.
- 30. Edwards A, Elwyn G, Covey J, et al. Presenting risk information: a review of the effects of "framing" and other manipulations on patient outcomes. J Health Commun. 2001;6(1):61–82.
- 31. Vass C, Rigby D, Payne K. I was trying to do the maths: exploring the impact of risk communication in discrete choice experiments. Patient. 2019;12(1):113–23.
- 32. Spinks J, Mortimer D. Lost in the crowd? Using eye-tracking to investigate the effect of complexity on attribute non-attendance in discrete choice experiments. BMC Med Inform Decis Making. 2016;16(1):14.
- 33. Lim SL, Yang JC, Ehrisman J, et al. Are videos or text better for describing attributes in stated-preference surveys? Patient. 2020;13(4):401–8.
- 34. Vass CM, Davison NJ, Vander Stichele G, Payne K. A picture is worth a thousand words: the role of survey training materials in stated-preference studies. Patient. 2020;13(2):163–73.
- 35. Levitan B, Hauber AB, Damiano MG, et al. The ball is in your court: agenda for research to advance the science of patient preferences in the regulatory review of medical devices in the United States. Patient. 2017;10(5):531–6.

- Meara A, Crossnohere NL, Bridges JFP. Methods for measuring patient preferences: an update and future directions. Curr Opin Rheumatol. 2019;31(2):125–31.
- Janssen EM, Benz HL, Tsai JH, Bridges JF. Identifying and prioritizing concerns associated with prosthetic devices for use in a benefit-risk assessment: a mixed-methods approach. Expert Rev Med Devices. 2018;15(5):385–98.
- Cheung KL, Wijnen BF, Hollin IL, et al. Using best-worst scaling to investigate preferences in health care. Pharmacoeconomics. 2016;34(12):1195–209.
- 39. Bridges JF, Hauber AB, Marshall D, et al. Conjoint analysis applications in health–a checklist: a report of the ISPOR Good Research Practices for Conjoint Analysis Task Force. Value Health. 2011;14(4):403–13. https://doi.org/10.1016/j.jval.2010. 11.013. (Epub 2011 Apr 22).
- Marley AAJ, Louviere JJ, Flynn TN. The BWS object case, in best-worst scaling: theory, methods and applications. Cambridge: Cambridge University Press; 2015. p. 14–55.
- 41. ChoiceMetrics, Ngene 1.1.1. 2012, user manual & reference guide. Australia.
- Flynn TN. Valuing citizen and patient preferences in health: recent developments in three types of best-worst scaling. Expert Rev Pharmacoecon Outcomes Res. 2010;10(3):259–67.
- Tugwell P, Boers M, Brooks P, et al. OMERACT: an international initiative to improve outcome measurement in rheumatology. Trials. 2007;8:38.
- International Academy of Health Preference Research. Health Preference Study and Technology Registry. https://hpstr.org/landing. Accessed 3 Nov 2023.
- Murry LT, Witry MJ, Urmie JM. A qualitative exploration of patient preferences for Medicare Part D consultation services offered in a community pharmacy setting. J Am Pharm Assoc. 2023;63(1):97-107.e3.
- Hiligsmann M, Cheung KL. Understanding patients' preferences for HIV treatment among rural and urban Colombian patients. J Med Econ. 2020;23(8):801–2.

- 47. Landgren E, Bremander A, Lindqvist E, et al. Mastering a new life situation: patients' preferences of treatment outcomes in early rheumatoid arthritis: a longitudinal qualitative atudy. Patient Prefer Adherence. 2020;14:1421–33.
- 48. Mighton C, Carlsson L, Clausen M, et al. Quality of life drives patients' preferences for secondary findings from genomic sequencing. Eur J Hum Genet. 2020;28(9):1178–86.
- Weise A, Buchter RB, Pieper D, Mathes T. Assessing transferability in systematic reviews of health economic evaluations: a review of methodological guidance. BMC Med Res Methodol. 2022;22(1):52.
- 50. Veldwijk J, de Bekker-Grob E, Juhaeri J, et al. Suitability of preference methods across the medical product lifecycle: a multicriteria decision analysis. Value Health. 2023;26(4):579–88.
- Whichello C, Bywall KS, Mauer J, et al. An overview of critical decision-points in the medical product lifecycle: where to include patient preference information in the decision-making process? Health Policy. 2020;124(12):1325–32.
- van Dijk JD, Groothuis-Oudshoorn CG, Marshall DA, MJ IJzerman. An empirical comparison of discrete choice experiment and best-worst scaling to estimate stakeholders' risk tolerance for hip replacement surgery. Value Health. 2016;19(4):316–22.
- Himmler S, Soekhai V, van Exel J, Brouwer W. What works better for preference elicitation among older people? Cognitive burden of discrete choice experiment and case 2 best-worst scaling in an online setting. J Choice Modelling. 2021;38: 100265.
- European Medicines Agency. Patient experience data in EU medicines development and regulatory decision-making. Amsterdam, The Netherlands. 2022.
- US Food and Drug Administration. Patient-focused drug development: collecting comprehensive and representative input. Guidance for industry, Food and Drug Administration staff, and other stakeholders. Silver Spring, MD, 2020.