



The Extent of Medication-Related Hospital Admissions in Australia: A Review from 1988 to 2021

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Abstract

Introduction Medication-related problems often lead to patient harm. This paper aims to review the Australian literature to determine the overall incidence, severity and preventability of medication-related hospital admissions, as well as providing a national estimate on their extent and cost.

Methods The first part of the paper includes a literature search to identify studies that provided estimates of medication-related problems that caused hospital admissions. Incidence of medication-related hospital admissions, type of medication-related problem contributing to admission (e.g. adverse medicine reaction) and method used to estimate incidence (e.g. chart review) were extracted. Data on severity and preventability of the admissions were extracted where available. The second part of the paper involves use of methodological triangulation to estimate the extent and cost of medication-related hospital admission. Median estimates used to assess medication-related hospital admissions and the 2019–2020 national hospital admissions data were used to calculate the national estimate on the extent of medication-related hospital admission. Costs were also estimated.

Results Seventeen studies provided estimates on the extent of medication-related hospital admissions as assessed using medication chart review. The median incidence of 2.5% (interquartile range [IQR] 0.6%) as a proportion of all hospital admissions suggests 275,000 hospital admissions annually in Australia are medication related. The median incidence of 9% (IQR 3.9%) of emergency admissions suggests that 270,000 admissions annually are medication related. Eight studies provided estimates of the extent of medication-related hospital admissions identified from administrative health data; the median incidence of 1.7% with an under-reporting rate of 82% suggests 280,000 hospital admissions annually are medication related. Triangulation of results suggests that at least 250,000 hospital admissions annually in Australia are medication related, with an estimated cost of 1.4 billion Australian dollars (AUD\$). Five studies assessed severity, and nine studies assessed preventability. Preventability estimates suggest two-thirds of medication-related hospital admissions are potentially preventable.

Conclusions We estimated that 250,000 hospital admissions in Australia are medication related, with an annual cost of AUD\$1.4 billion to the healthcare system. Two-thirds of medication-related hospital admissions are potentially preventable.

1 Introduction

Medication use is the most common intervention in healthcare. In Australia, over 300 million prescriptions for medications are dispensed every year [1], with national survey estimates of self-report showing 70% of the general population and over 90% of older Australians have received at least one prescription in the last 12 months

Key Points

Medication-related problems often lead to patient harm, yet many of these harms, including hospital admissions due to the medications, are preventable.

We estimated that 250,000 hospital admissions in Australia are medication related, with an annual cost of 1.4 billion Australian dollars to the healthcare system.

Two-thirds of medication-related hospital admissions are potentially preventable.

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[2]. In any 2-week period, almost one in two Australians (47%) reported taking a medicine [2]. The estimated cost of medicines to Australians, including both prescription and over-the-counter medicines, is 23.4 billion Australian dollars (AUD\$) annually [3]. This accounts for approximately 12% of annual healthcare expenditure (AUD\$196 billion) in Australia [3].

The high frequency of medication use means that problems with medications are also very common. Examples of medication-related problems include adverse medicine events, adverse medicine reactions, inappropriate medicine selection, under- or overdosing, medication use without an indication, medicine–medicine interactions and untreated indications [4]. Adverse medicine event (or adverse drug event) refers to harms that occur as a result of use of a medication, but which may not necessarily have a causal relationship with the medication. Adverse medicine reaction (or adverse drug reaction) is a subset of adverse medicine events, where the harm is directly caused by administration of a medication [5]. In Australia, about one in five people are identified as suffering an adverse medication event at the time they receive a Home Medicines Review [6], an Australian government-funded service where a pharmacist visits the patient in the home to undertake a comprehensive medication review [7]. On average, four medication-related problems are detected for each person at the time of the Home Medicines Review [7].

Medication-related problems often lead to patient harm, yet many of these harms, including hospital admissions due to the medications, are preventable [8, 9]. In our previous reports published over the last 2 decades, we consistently found that medication safety in the community and acute setting is a major challenge to the Australian healthcare system [10–12]. The current paper provides an update on the extent of medication-related hospital admission in Australia, by consolidating new evidence with our previous findings [10–12]. The aim of the paper is twofold: (1) to review the Australian literature published between 1988 and 2021 to determine the overall incidence, severity and preventability of medication-related hospital admissions and (2) to triangulate findings on the incidence to provide a national estimate on the extent and cost of medication-related hospital admissions in Australia.

2 Methods

2.1 Search Strategy

The paper updates work previously undertaken on medication-related hospital admissions in Australia [11, 12]

to include literature published between 2013 and July 2021. A literature search was performed in Medline, PubMed, Embase, Ovid Emcare, Joanna Briggs Institute and International Pharmaceutical Abstracts to identify studies conducted in the acute setting in Australia. Search terms related to adverse drug events, adverse drug reactions, medication-related problems, medication error, hospital admissions, incidence and prevalence were used (see the electronic supplementary material). The search was restricted to studies conducted in Australia. The reference lists of shortlisted papers were screened to identify other relevant papers. Two authors (RL and EER) screened all titles. Any disagreement was resolved by consensus among all study authors. No authors were contacted for additional information.

2.2 Selection and Grouping of Studies

We included studies that identified prevalence or incidence of medication-related problems causing hospital admissions assessed by chart review or by coding from administrative data, or a combination of these methods. Studies were grouped according to the method employed. Studies that used both methods were evaluated to determine the level of under-reporting from administrative data alone, assuming chart review by an independent panel was the gold standard.

Medication-related adverse events identified from administrative data can include events that contributed to hospital admission (i.e. identified at admission) or events that occurred during hospital stay. We used only incidence reported at admission to estimate the median incidence of medication-related hospital admission.

Studies providing estimates of incidents specific to only one type of medicine were excluded.

2.3 Data Extraction

Data extraction was performed by two authors (RL and EER). Data items that were extracted included author and year, number of patients, type of admission (e.g. emergency admission, geriatric admission), incidence of medication-related hospital admission, type of medication-related problem (e.g. adverse medicine reaction) and method used to estimate incidence (e.g. chart review). Data on severity and preventability of adverse medicine events associated with hospitalisation or admissions due to medication-related problems were extracted where available.

2.4 Methodological Triangulation

To estimate the incidence and cost of medication-related hospital admissions nationally, the authors first categorised the included studies based on the method used in each study to estimate the incidence (e.g. chart review). Studies were also grouped by the denominator (e.g. all admissions, unplanned admissions only, geriatric admissions only). The median incidence for each group was determined for each of the categories. Using the annual number of hospital admissions in Australia (extracted from the Australian Institute of Health and Welfare, admission in 2019–2020, accessed 12 October 2021) [13] for each of the relevant groupings as the denominator, the median incidence was then used to calculate the estimated number of medication-related hospital admissions for each category. Using methodological triangulation [14], we then compared the estimates in each category to derive a conclusive national estimate on the extent of medication-related hospital admissions in Australia. The national estimate was also used to calculate the annual cost associated with medication-related hospital admissions. The cost per hospital stay in Australia was extracted from the Australian Institute of Health and Welfare [15].

Descriptive statistics were used to summarise the incidence of medication-related hospital admissions. Categorical variables were presented as counts and percentages. Where outliers were present, sensitivity analysis was conducted by removing the outliers and re-estimating the national estimate on the extent of medication-related hospital admissions. Outliers were defined using the Tukey method as values that were either below the 25th percentile or above the 75th percentile by greater than 1.5 times the interquartile range (IQR) [16].

3 Results

3.1 Extent of Medication-Related Hospital Admissions

3.1.1 Extent of Medication-Related Hospital Admissions Assessed Using Chart Review

Since our last review in 2013 [12], there have been only three new studies that have estimated the incidence of medication-related hospital admissions assessed using chart review: two studies in the emergency department and one in a geriatric population (Fig. 1; Table 1) [17–33]. Of the 17 separate studies in total, two studies estimated the rates of medication-related hospital admissions for all admissions [17, 18], four studies estimated the rates in the emergency department [19–22], three in medical wards [23–25], six in geriatric populations [26–31] and two in paediatric populations [32, 33].

Between 2 and 4% (median 2.5%, IQR 0.6%) of all admissions were medication related, with rising estimates when sub-populations were studied. Six per cent to 16% (median 9%, IQR 3.9%) of admissions via the emergency department, 12–15% (median 12%, IQR 1.8%) of medical ward admissions, 15–38% (median 20.5%, IQR 10.1%) of geriatric admissions via emergency department and 3–4% (median 3.5%, IQR 0.5%) of paediatric admissions were medication related (Fig. 1; Table 1). Adverse medicine reactions were the most common type of medication-related admissions.

There were 11 million hospital admissions in Australia in 2019–2020 [13]. The median incidence of medication-related admissions as a proportion of all hospital admissions (2.5%) suggests that 275,000 hospital

Fig. 1 Percentage of medication-related hospital admissions in Australia as assessed using medication chart review (created by the authors)

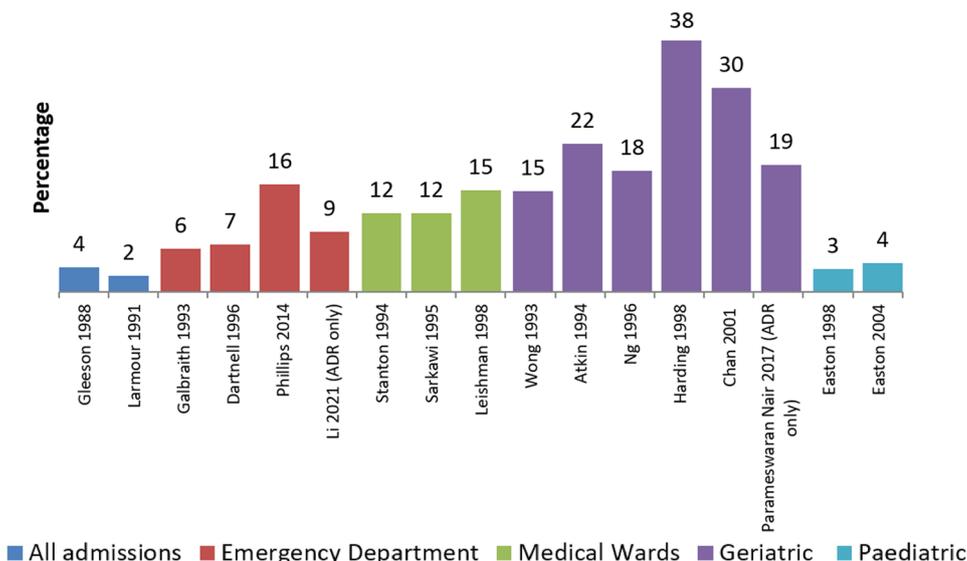


Table 1 Incidence of medication-related hospital admissions in Australia assessed using chart review (created by the authors)

	Total admissions reviewed	Total medicine related	Type of medicine-related admission			
			Adverse medicine reaction	Non-compliance	Overdose	Other
All hospital admissions assessed						
Gleeson, 1988 [17]	947	34 (3.6%)	34 (3.6%)	N/A	N/A	N/A
Larmour et al. 1991 [18]	5623	136 (2.4%)	90 (1.6%)	5 (0.09%)	40 (0.7%)	1 (0.02%)
Admissions via Emergency Department assessed						
Galbraith 1993 [19]	751	48 (6.4%)	N/A	N/A	7 (0.9%)	N/A
Dartnell et al. 1996 [20]	965	68 (7%)	26 (2.7%)	15 (1.6%)	13 (1.3%)	14 (1.5%)
Phillips et al. 2014 [21]	370	59 (16%)	N/A	N/A	N/A	N/A
Li et al. 2021 [22]	5521	496 (9%)	496 (9%)	N/A	N/A	N/A
Admissions to Medical Wards assessed						
Stanton et al. 1994 [24]	691	81 (11.7%)	21* (3%)	10* (1.4%)	26* (3.8%)	11* (1.6%)
Sarkawi and Daud 1995 [23]	419	49 (11.7%)	21 (5%)	12 (2.9%)	14 (3.3%)	2 (0.5%)
Leishman and Vial 1998 [25]	217	33 (15.2%)	10 (4.6%)	8 (3.7%)	11 (5.1%)	4 (1.8%)
Geriatric admissions via emergency departments assessed						
Wong et al. 1993 [26]	541	81 (15%)	61 (11.3%)	19 (3.5%)	1 (0.2%)	N/A
Atkin et al. 1994 [30]	217	48 (22.1%)	41 (18.9%)	5 (2.3%)	1 (0.5%)	1 (0.5%)
Ng 1996 [31]	172	31 (18%)	18 (10.5%)	5 (2.9%)	1 (0.6%)	7 (4.1%)
Harding 1998 [28]	16	6 (37.5%)	4 (25.0%)	1 (6.25%)	0	1 (6.25%)
Chan et al. 2001 [29] (≥ 75 years)	240	73 (30.4%)	32 (13.3%)	9 (3.8%)	1 (0.42%)	31 (12.9%)
Parameswaran Nair et al. 2017 [27] > 65 years	1008	191 (18.9%)	191 (18.9%)	N/A	N/A	N/A
Paediatric admissions assessed—medical only excluding oncology						
Easton et al. 1998 [32]	1682	58 (3.4%)	10 (0.6%)	29 (1.7%)	10 (0.6%)	9 (0.5%)
Easton et al. 2004 [33]	2933	127 (4.3%)	29 (1.0%)	38 (1.3%)	N/A	N/A

N/A Not available

*Total does not add up to 81 because study authors excluded 13 “possible” medication-related admissions from the analysis

admissions annually are medication related. There were 3 million emergency admissions in Australia [13]. The median incidence of 9% of emergency admissions suggests that 270,000 admissions annually are medication related. Approximately 1.3 million emergency admissions involve older people [13]. The median incidence of 20.5% of geriatric admissions via the emergency department being medication related suggests that 260,000 hospital admissions in older people annually are medication related. Sensitivity analysis excluding the outlier study [28] in the geriatric population decreased the median incidence to 18.5% (IQR 4%), suggesting 240,000 hospital admissions in the geriatric population are medication related.

3.1.2 Extent of Medication-Related Hospital Admissions Identified from Administrative Health Data

Eight studies provided estimates of the extent of medication-related adverse events identified using administrative

health data, which can include events that caused the hospital admission or events that occurred during admission (Table 2) [34–41]. All studies identified medication-related hospital admissions using the International Classification of Diseases (ICD) coding. Using this method, between 1.3% and 4.6% (median 1.7%, IQR 1.1%) of patients were hospitalised due to medication-related adverse events.

Three studies provided estimates on the proportion of under-reporting of medication-related hospital admissions, ranging from 73% to 87% (median 82%, IQR 7%) (Table 2). There were 3 million unplanned admissions in Australia in 2019–2020 [13]. The median incidence of 1.7% with an under-reporting rate of 82% suggests approximately 280,000 hospital admissions annually are medication related.

3.1.3 Triangulation of Results

Triangulation of results assessed using chart review and coding from administrative data suggests that at

Table 2 Incidence of medication-related hospital admissions assessed using International Classification of Diseases (ICD) coding (created by the authors)

Study	<i>N</i>	<i>N</i> (%) at admission	Proportion under-reported	<i>N</i> (%) on admission and during stay
Roughead et al. 1998 [34] ^a	952	15 (1.6%)	73%	NR
Roughead et al. 1998 [34] ^a	172	4 (2.3%)	87%	NR
Carroll et al. 2003 [35]	50,712	643 (1.3%)	NR	1389 (2.7%)
Hodgkinson et al. 2009 [36]	12,414	157 (1.3%)	NR	412 (3.3%)
Hauck and Zhao ^b 2011 [37]	206,489	NR	NR	(3.4%) ^c
Claydon-Platt et al. ^b 2012 [38]	9530	158 (1.7%)	NR	686 (7.2%)
Du et al. ^b 2017 [39]	493,442	NR	NR	11,082 (2.2%)
Parameswaran Nair et al. 2018 > 65 years [40]	768	21 (2.7%)	82%	50 (6.5%)
Mullan et al. ^b 2019 [41]	228,165	10,555 (4.6%)	NR	NR

N/A Not available

^aThis paper included data from two sources

^bLimited to hospital records coding; no independent chart review

^cActual number not available; percentage based on predicted rate for 2-day hospital stay

least 250,000 hospital admissions annually in Australia are medication related, with the majority involving older adults. With an average cost per hospital stay of AUD\$5500 [15], this suggests the annual cost of medication-related hospital admission in Australia is at least AUD\$1.4 billion.

3.2 Severity and Preventability of Adverse Medicine Events Associated with Hospitalisation or Admissions due to Medication-Related Problems

Five studies that provided estimates on the extent of medication-related hospital admissions assessed the severity of the adverse medicine events associated with hospitalisation or admissions due to medication-related problems [21, 27, 29, 32, 33] (Table 3), while nine studies assessed preventability [20–23, 27, 29, 31–33] (Table 4). The number of studies that assessed severity was small, and the methods used to assess severity were different. The studies also involved different populations: two were in paediatric populations and two were in geriatric populations. Therefore, estimates of severity were not compared across studies. The majority of studies that assessed preventability used either the Schumock and Thornton [42] or Hallas criteria [43]. Preventability estimates suggest between 32% and 87% (median 65%, IQR 8.1%) of medicine-related hospital admissions are potentially preventable (Table 4). Sensitivity analysis excluding the outlier [31] did not change the median estimate.

4 Discussion

Using methodological triangulation to examine the extent of medication-related hospital admissions in Australia, we estimated that 250,000 hospital admissions are medication related, with an associated cost of AUD\$1.4 billion annually. About one in five hospital admissions in older people are medication related. Of the studies that assessed preventability, approximately two-thirds of the medication-related hospital admissions were potentially preventable.

There is no single comprehensive data source to examine the extent or type of medication-related hospital admissions in Australia. This paper draws on data from many studies using different methods to assess the rate of medication-related hospital admissions in Australia. Estimates from chart review and administrative health data suggest that 250,000 hospital admissions are medication related. It should be noted that the estimated number of 250,000 medication-related hospital admissions annually does not include the number of medication-related emergency department presentations that did not lead to hospital admissions. We have previously estimated that an additional 400,000 presentations to emergency departments annually were likely to be due to medication-related problems [6].

Our estimated annual cost of medication-related hospital admissions of AUD\$1.4 billion is likely a conservative estimate. The actual cost is likely to be higher as the average costs of medication-related hospital admissions are higher than the average costs per hospital stay [44, 45]. Similarly, the estimate does not include the cost

Table 3 Severity of adverse medicine events associated with hospitalisation or admissions due to medication-related problems (created by the authors)

Study	Type of admission	Total number of medicine-related problems or admissions	Severity	Method used to assess severity	Definition of severity
Phillips et al. 2014 [21]	Emergency admissions	72	Moderate: 65.3% Severe: 34.7%	Modified Pearson classification	Moderate: adverse medicine event was the major contributor to hospital admission, with or without requiring a change in therapy or specific treatment Severe: life threatening, caused permanent damage or required intensive care
Easton et al. 1998 [32]	Paediatric admissions	58	A: 36.2% B: 27.6% C: 36.2% D: 0%	Criteria developed by study authors	A: admitted up to 24 h B: admitted for 24–48 h C: admitted for > 48 h and/or requires admission to the intensive care unit D: permanent harm or death
Easton et al. 2004 [33]	Paediatric admissions	127	A: 49.6% B: 21.3% C: 29.1% D: 0%	Criteria developed by study authors	Same as above—Easton et al., 1998 [32]
Chan et al. 2001 [29]	Geriatric admissions	73	Moderate: 84.3% Severe: 15.7%	Modified Pearson classification	Moderate: requiring hospital admission, change in therapy or specific treatment Severe: life-threatening, caused permanent damage or required intensive care
Parameswaran Nair et al. 2017 [27]	Geriatric admissions	191	Moderate: 97.9% Severe: 2.1%	Hartwig scale	Moderate: require hospital admission, change in therapy or specific treatment Severe: life-threatening, caused permanent damage or required intensive care

associated with emergency department presentations that did not result in hospital admissions, or costs associated with medication errors, adverse medicine events or other medication-related problems occurring during hospital stay.

The rate of medication-related hospital admissions varied depending on the patient population or admission type. For example, the rate of medication-related hospital admissions was as high as 38% in the older population with unplanned admissions as compared to only 3–4% in the paediatric population. This is unsurprising considering older people are more likely to have many co-morbidities and take many medications; the high rate of medication-related hospital

admissions in older people suggests that effective strategies must be taken to reduce medication-related harms. The most recent study published in 2017 involving the geriatric population and unplanned admissions found that 19% of unplanned admissions in older people were due to adverse medicine reactions [27]. In 56% of cases, this occurred in a patient with a previous history of an adverse medicine reaction, and in just under 50% of cases, the cause was due to multiple medicines [27]. High rates of preventability were reported, with 87% considered preventable. Patients admitted due to adverse medicine reactions were at high risk of readmission due to an adverse reaction, with a follow-up study showing 13% of patients were readmitted due to an

Table 4: Preventability of adverse medicine events associated with hospitalisation or admissions due to medication-related problems (created by the authors)

Study	Type of admission	Total number of medicine-related problems or admissions	Percentage considered definitely avoidable	Percentage considered probably or possibly avoidable	Percentage considered probably not or definitely unavoidable
Dartnell et al. 1996 [20]	Emergency admissions	55 ^a	5%	60%	35%
Phillips et al. 2014 [21]	Emergency admissions	72	54.2%	11.1%	34.7%
Li et al. 2021 [22]	Emergency admissions	496	28.8%	32.1%	39.1%
Sarkawi and Daud 1995 [23]	Medical admissions	35 ^a	23%	46%	31%
Easton et al. 1998 [32]	Paediatric admissions	48 ^a	N/A	67% ^b	29% ^b
Easton et al. 2004 [33]	Paediatric admissions	81	46.9% ^b	N/A	30.9% ^b
Ng 1996 [31]	Geriatric admissions	31	3%	29%	68%
Chan et al. 2001 [29]	Geriatric admissions	73	53.4%	23.3%	23.3%
Parameswaran Nair et al. 2017 [27]	Geriatric admissions	328	87.2% ^b		N/A

N/A not available

^aOverdose excluded

^bPercentage does not add up to 100% because authors either did not explicitly state that the remaining cases were not preventable or the authors stated they were unable to determine preventability for some cases

adverse reaction in the 12 months following their first admission due to an adverse reaction [46]. More intensive and proactive monitoring of medicine effects is needed to reduce the frequency of admissions and re-admissions that are due to medication-related problems. Patients admitted for medication-related problems should have active discharge plans and follow-up within 2 weeks of discharge (either in person or via telehealth) to prevent re-admission.

Medication-related hospital admissions still represent a serious health issue and are associated with significant costs to the Australian healthcare system. There is a need to better integrate existing strategies (e.g. post-discharge services) into current workflows as well as to test and implement new strategies to reduce medication-related hospital admissions. National implementation of the My Health Record means that healthcare professionals including community pharmacists have access to comprehensive medication histories as well as clinical biomarkers such as renal function, liver function, electrolytes and international normalised ratio (INR) results. Access to complete medication histories and clinical biomarkers will provide healthcare professionals in the community setting the opportunity to proactively intervene to both document and reduce medication-related problems during patient encounters. Australia's Medical Research Future Fund (MRFF), which is now worth AUD\$20 billion, also provides the opportunity to test new strategies to improve medicine use and health outcomes [47].

4.1 Strengths and Limitations

Our study included all Australian studies published between 1998 and 2021 that estimated the rate of medication-related hospital admissions. The large number ($n = 17$) of Australian studies that assessed medication-related problems using the gold standard method of medication chart review assessed by an independent multidisciplinary clinical panel, coupled with the very similar estimates found using coding from administrative data, means that our national estimate on the extent and cost of medication-related hospital admissions should be considered reliable, albeit, a conservative estimate. Our study is limited by the exclusion of studies that reported the odds but not the frequency of medication-related hospital admissions. Both methods used to assess medication-related problems (i.e. chart review and administrative data coding) each have their limitations. For example, medication chart reviews may be conducted using inaccurate or incomplete documentation, or the information may be poorly recorded. Limitations with the use of administrative database include wrongly coded data, incomplete information and subjective judgement of the assessor during coding. These limitations mean that the rate estimates may not be accurate. Finally, our paper only included studies conducted in Australia, and therefore, our national estimates cannot be extrapolated to other countries.

5 Conclusion

Medication safety remains a significant challenge to the Australian healthcare system. We estimate that 250,000 hospital admissions in Australia are medication related, with an annual cost of AUD\$1.4 billion to the healthcare system. Approximately half of the admissions are potentially preventable. Strategies to proactively monitor and prevent problems with medicine use need to be implemented to reduce medication-related hospital admissions in Australia.

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s40264-021-01144-1>.

Declarations

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Ethics approval Not applicable.

Consent to participate Not applicable.

Consent for publication Not applicable.

Availability of data and material Data sharing is not applicable to this article as no datasets were generated or analysed during the current study.

Code availability Not applicable.

Author contributions Conceptualisation: RL and EER. Literature search and data extraction: RL and EER. Analysis and interpretation of data: All authors. Drafting of the manuscript: All authors. Critical revision of the manuscript for important intellectual content: All authors. All authors read and approved the final version.

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