ORIGINAL RESEARCH



Real-World Epidemiology, Treatment Patterns, and Disease Burden of Chronic Hepatitis B and HDV Co-Infection in South Korea

Yuri Cho 💿 · SeongBeom Park · SeonYoung Park · WonJung Choi · Book Kim · Helin Han

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ABSTRACT

Introduction: Long-term complications of chronic hepatitis B (CHB) viral infection, such as cirrhosis, hepatocellular carcinoma (HCC), and liver failure, cause a large disease burden. This study aimed to describe the epidemiology, clinical outcomes, and treatment patterns of CHB infection and co-infection with hepatitis D virus (HDV) in South Korea.

Methods: The retrospective, observational study used existing data from the Health Insurance Review and Assessment Service (HIRA) database. Confirmed cases of (CHB) and HBV/HDV co-infection were identified between 2013 and 2019. Hepatitis C virus co-infections and acute HBV infections were excluded. Incident cases diagnosed between 2015 and 2018 with no prior disease history up to 2 years were

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Y. Cho (⊠)

Center for Liver and Pancreatobiliary Cancer, National Cancer Center, 323 Ilsan-ro, Ilsandong-gu, Goyang, Gyeonggi-do 10408, Republic of Korea e-mail: yuricho@ncc.re.kr

S. Park · S. Park · W. Choi Janssen Pharmaceuticals, Seoul, Republic of Korea

B. Kim · H. Han Cerner Enviza, Seoul, Republic of Korea included. Patient characteristics, clinical outcomes, economic burden, and healthcare-resource utilization were described.

Results: The estimated 7-year prevalence of CHB and HBV/HDV co-infection were 0.9% and 0.0024%, respectively. The prevalence was higher among 45-54 years old (CHB: 1.6%, HBV/HDV: 0.0049%) and males (1.1%)0.0035%). The 5-year cumulative incidences of compensated cirrhosis, decompensated cirrhosis, HCC, and liver transplantation were 13.3%, 7.1%, 8.4%, and 0.7%, respectively. Hyperlipidemia (40.6%), hypertension (23.5%), and peptic ulcer (23.7%) were the more prevalent comorbidities. Among CHB patients, 48.1% received ≥ 1 prescribed anti-HBV drug including interferon or nucleos(t)ide analogues and 64.4% had ≥ 1 hospitalization compared to 80.4% and 79.4% HBV/HDV patients. Estimated total healthcare costs for CHB and HBV/HDV were US\$786 million and \$62 million, respectively.

Conclusions: These findings provide insights to the epidemiology, clinical burden, treatment patterns, and healthcare costs of CHB and HBV/ HDV co-infection in South Korea.

Keywords: Chronic hepatitis B; HBV/HDV coinfections; Epidemiology; Clinical burden; Healthcare resource utilization

Key Summary Points

Chronic hepatitis B (CHB) is one of the causes predisposing liver damage and inflammation with an overall prevalence of 6.2% reported in 2019 in the Western Pacific adult population.

This study assessed the epidemiology, disease burden, treatment patterns, and social costs of CHB and HBV/HDV coinfected patients in Korea using real-world evidence from the HIRA database.

Most CHB and HBV/HDV co-infected patients were aged 45–54 years, were males, with hyperlipidemia and 48.1% received \geq 1 prescribed anti-HBV drug.

Early therapeutic intervention upon disease onset and novel targeted therapies are necessary to better prevent and decrease liver-related morbidity and mortality and to minimize the financial burden arising from CHB.

INTRODUCTION

Viral hepatitis is an infection that causes liver inflammation and damage. Several different viruses cause hepatitis, including hepatitis A, B, C, D, and E. While hepatitis C virus (HCV) infection frequently leads to chronic liver disease, recent direct antiviral agents treatment can eradicate \geq 98% of HCV-infected patients [1]. Nevertheless, chronic infection with hepatitis B virus (HBV) remains a critical risk worldwide, and it is still hard to achieve complete or functional cure. The World Health Organization (WHO) estimated 296 million individuals (3.9%) were living with chronic HBV infection in 2019 [2]. The rate of HBV infection was highest in WHO Western Pacific Regions (Taiwan, Japan, South Korea, and China), with 6.2% of the adult population infected. In 2016, the estimated South Korea prevalence was 3% with hepatitis B surface antigen (HBsAg)- positive rates between 0 and 3.5% depending on age groups [3]. HBV remains the predominant etiology of hepatocellular carcinoma (HCC), accounting for 62–75% of South Korea cases [4]. A systematic literature review of studies published until 2007 on chronic HBV infection had estimated the 5-year cumulative incidence of cirrhosis in hepatitis B e-antigen-positive and -negative hepatitis at 17% and 38%, respectively, in East Asia [5].

Disease progression and increased liver-related mortality are associated with non-liver comorbidities (e.g., alcohol abuse or obesity) and concurrent co-infections [e.g., hepatitis D virus (HDV)] [5–7]. In clinical aspects, HDV coinfection results either from simultaneous infection of HBV and HDV or from HDV following HBV. HBV/HDV co-infection is considered the most severe form of chronic viral hepatitis, causing rapid progression of cirrhosis and early HCC development [7, 8]. However, a lack of recent information regarding the epidemiology and public health burden of HBV/ HDV co-infection in Korea persists [9–11].

Potent antiviral therapies have been directed towards decreased mortality of patients with chronic hepatitis B (CHB) and have increased overall survival by reducing the rate of progression to liver cirrhosis or developing HCC [12, 13]. Recently, the Korean Association for the Study of the Liver published clinical practice guidelines in chronic HBV management [14]. In South Korea, eight antiviral therapeutic options have been approved for chronic HBV treatment, including tenofovir disoproxil fumarate (TDF), tenofovir alafenamide (TAF), besifovir dipivoxil maleate, and entecavir (ETV) [14]. Despite the use of potent oral nucleos(t)ide analogues (NA), NA single treatments hardly achieve complete cure of HBV infection, resulting in the disease burden remaining.

Significant economic burden also exists in Asian countries with increasing direct costs associated with the disease [15, 16]. In 2005, the total social costs of HBV infection, including direct and indirect costs, were estimated at near US\$456 million; equivalent to ~ 4.0% of Korea's national health expenditure [15], with a significant proportion accounted for by resources, including high costs incurred for medical, transportation, time, and productivity loss due to morbidity [15, 17].

This study aimed to provide up-to-date realworld data about CHB epidemiology, disease burden, treatment patterns, healthcare resource utilization (HCRU), and the associated social costs in South Korea using data from the Health Insurance Review and Assessment Service (HIRA). Additionally, this study also aimed to assess the impact of HBV/HDV co-infection on CHB disease burden and healthcare-related costs in South Korea.

METHODS

Data Sources

This study used claims data from HIRA that covers 46 million patients per year, nearly 90.0% of South Korea's total population. The database includes patient characteristics, inpatient or outpatient diagnoses, hospitalization details, healthcare services, and outpatient prescriptions [18]. The study was approved by the Institutional Review Board at the Korea National Institute for Bioethics Policy (P01-202106-21-008), and informed consent was waived due to the study nature of retrospective data analysis.

Study Design and Population

This retrospective observational study on patients with a diagnosis of CHB used existing data derived from the HIRA claims database. The study period was January 2012-October 2020. Patients were identified between the period of January 2013-December 2019. CHB patients were defined as: having ≥ 1 inpatient or \geq 2 outpatient CHB diagnosis codes (KCD-10, B18.0 or B18.1) and with either ≥ 2 claims for the same disease-specific laboratory test [serologic testing-hepatitis B surface antigen (HBsAg), anti-hepatitis В core antibody (HBcAb), hepatitis B e antigen (HBeAg), HBV DNA, hepatitis B surface antibody (HBsAb), hepatitis B core-related antigen (HBcrAg), antihepatitis B e antibody (HBeAb), and HBV DNA mutation and genotype] occurring within a 1-year period or \geq 1 reimbursement claims for interferon treatment (ATC codes starting with L03AB) or NAs (ATC codes starting with J05AF) of CHB. Patients with diagnosis codes of HCV or acute HBV infections were excluded.

To identify CHB patients with HDV co-infection (HBV/HDV patients), patients having ≥ 1 inpatient HDV or ≥ 2 outpatient HDV diagnosis codes and ≥ 1 claim for HDV antibody test occurring within the study period were also included in the study to minimize the overestimated population in the claims data (Fig. S1).

The enrollment period for patients within the prevalent cohort was January 2013–December 2019. The minimum follow-up period for the prevalent cohort was 10 months. Patients within the incident cohort, i.e., no history of disease (inpatient or outpatient diagnosis code of CHB) were evaluated longitudinally from the index date of which the enrollment period was January 2015–December 2018 and the minimum follow-up period was 22 months.

Baseline Variables

Demographics data included age and sex at baseline. Comorbidities of interest in the current study included hypertension, diabetes, hyperlipidemia, peptic ulcer, and chronic kidney disease, among others.

The Charlson comorbidity index (CCI) score, utilized with administrative databases based on the presence of 17 comorbidities and their severity was determined; the higher the score, the greater the disease burden [19]. In this study, all diseases found in the CCI score were considered for calculation except for human immunodeficiency virus data. Comorbidities during the 12-month preceding index date were defined by \geq 1 inpatient or outpatient diagnosis codes.

Study Outcomes

Treatment Patterns

Prescriptions for CHB and HBV/HDV co-infection medications were identified during the follow-up period, [immune-based therapies (e.g., interferon or pegylated interferon alpha-2a) and NAs (e.g., lamivudine, adefovir, telbivudine, ETV, TAF, TDF, and clevudine)]. An algorithm was developed to define treatment lines based on several assumptions: (1) all drugs administered within 15 days of treatment initiation were considered part of the same regimen and line of therapy; (2) a new line of therapy was defined as either a new drug added following a 15-day initiation overlap or a 91-day gap between two different prescriptions (whichever was first) advancing the therapy line; the 91-day gap of prescription defined the discontinuation of previous drug(s); and (3) two consecutive lines containing the same drug(s) (e.g., regimen discontinued and restarted after a 91-day gap) were considered as one line. The maximum number of lines analyzed were three (Fig. S2).

Health Status

Patients were stratified based on the following health status: CHB, compensated cirrhosis (CC), decompensated cirrhosis (DC), and HCC with adapted definitions [6]. If > 1 diagnosis code existed with the same date, the patient was assigned to more than one health state.

Healthcare Resource Utilization

The economic burden was evaluated by assessing the HCRU and associated direct costs for the population, from service of care (inpatient and outpatient including all hospitalization, pharmacy, screening, physician visit cost) and by each health state depending on disease progression from CHB, CC, DC, HCC, LT until the end of follow-up.

Monetary values are presented in Korean Won (KRW) with value equivalent to USD through implementing the average official exchange rate in 2010–2020 as 1 KRW = USD 0.00089 [20].

Statistical Analysis

All study variables were examined using standard descriptive statistics. Categorical variables were shown as numbers and percentages, while continuous parameters were shown as the means [standard deviation (SD)] or medians [interquartile range (IQR)].

The prevalence of CHB in HIRA was determined as the total number of cases with an index date falling during this period divided by the average HIRA population size during this period. Age- and gender-specific prevalence were also estimated by average HIRA population size during this period. The prevalence was estimated where average population size by each age group and gender were used as denominators. All analyses were performed using SAS 9.4.

RESULTS

Prevalence and Annual Incidence

A total of 444,203 CHB patients met the case definition of chronic HBV infection during 2013–2019. The overall 7-year prevalence was estimated at 0.9%. The prevalence of CHB increased with age, peaking at ages 45–54 years (1.6%), followed by 55–64 years (1.3%), and was higher in males (1.1%) than females (0.7%) (Table 1).

Among the prevalent cohort, 1175 were identified to have HDV co-infection, and the overall HBV/HDV co-infection prevalence was estimated at 0.0024% and 0.3% in the CHB-infected patient cohort. The aged-specific co-infection prevalence was highest among patients aged 45–54 years (0.0049%) and the sex-specific prevalence was higher in males (0.0035%) than females (0.0013%) (Table 1).

Demographic Characteristics and Comorbidity Burden

Table 2 described the patients' characteristics and comorbidity burden between 2015 and 2018. The incident cohort comprised of 64,707 CHB patients, and 56.1% were males. The median age of incident CHB patients at index age was 48 years (IQR, 39–57) and 61.1% (n = 39,532) were aged ≥ 45 years. The majority of CHB patients were diagnosed at a clinic (n = 27,471, 42.5%), and 46.1% (n = 29,840) had mild liver disease at index date. The mean CCI score was 1.34 (SD: 1.86) and 57.0% have ≥ 1 comorbidity defining the CCI. Hyperlipidemia (40.6%), hypertension (23.5%), and peptic ulcer (23.7%) were the top 3 most comorbidities among prevalent incident of CHB patients patients. The majority (n = 61, 477, 95.0%) were on ≥ 1 concomitant drug with 98.5% (n = 60,534) on non-steroidal anti-inflammatory drugs, 74.5% (n = 45,821) on proton pump inhibitors, and 25.7% on angiotensin receptor blockers (n = 15,790).

There were 194 HBV/HDV incident cases (0.3% among overall CHB population), and 65.5% (n = 127) were males. The median age of co-infected patients was 48 (IQR, 38–56), and 27.9% aged 45–54 years. About one-third of patients visited clinic (33.0%) or general hospital (37.2%). Among HBV/HDV patients, 93.3% (n = 181) were on ≥ 1 concomitant drug, with the top three prevalent drugs being non-steroidal anti-inflammatory drugs (n = 176, 97.2%), proton pump inhibitors (n = 154, 85.1%), and aspirin (n = 46, 25.4%).

Health States and Risk Factors

The median follow-up period of the incident cohort from 1st diagnosis was 58.8 months (IQR, 45.6-63.6). The 5-year cumulative incidence [95% confidence interval (CI)] of CHB patients developing CC, DC, HCC, and LT were estimated at 13.3% (13.0; 13.6), 7.1% (6.9, 7.3), 8.4% (8.2, 8.7), and 0.7% (0.6, 0.7), respectively. During the follow-up period, 12.5% of CHB patients developed CC, 6.7% developed DC, 7.9% developed HCC, and 0.6% underwent LT. The distribution of HBV/HDV patients' health states of experiencing CC, DC, HCC, and LT were 35.5% (n = 60), 29.4% (n = 52), 15.6%(n = 27), and 17.4% (n = 32), respectively (Table 3). CHB patients being female, diagnosed with hypertension or hypercholesterolemia had a lower risk of developing CC, DC, HCC, and LT (all p < 0.0001). CCI was positively associated with DC and LT, while diabetes was positively associated with HCC (all p < 0.0001) (Table S1).

7-year prevalence	HIRA population size	СНВ		HBV/HDV	
(2013–2019)	(<i>n</i>)	CHB cases (n)	Prevalence (%)	HBV/HDV cases (n)	Prevalence (%)
Overall	48,815,371	444,203	0.9	1175	0.0024
Age group (years)					
< 18	8,814,686	2584	0.03	12	0.0001
18–34	11,144,012	64,349	0.6	118	0.0011
35-44	8,058,784	98,138	1.2	228	0.0028
45-54	8,717,765	137,780	1.6	425	0.0049
55-64	7,231,112	96,142	1.3	304	0.0042
65–74	4,322,409	36,151	0.8	72	0.0017
≥75	3,036,582	9058	0.3	16	0.0005
Sex					
Male	23,827,391	267,273	1.1	840	0.0035
Female	24,987,982	176,930	0.7	335	0.0013

 Table 1
 Crude 7-year prevalence of CHB and HBV/HDV co-infections by age and sex

CHB chronic hepatitis B (defined by patient cohort), HBV/HDV hepatitis B/hepatitis D viral co-infection, HIRA Health Insurance Review and Assessment Service

	Incident cohort	
	CHB $n = 64,707$	$\frac{\text{HBV/HDV}}{n = 194}$
Age		
Mean (SD)	48.38 (13.32)	47.32 (13.10)
Median	48	48
[Q1-Q3]	[39–57]	[38-56]
Age (years)		
< 18	446 (0.7%)	3 (1.6%)
18-34	9677 (15.0%)	33 (17.1%)
35-44	15,052 (23.3%)	45 (23.2%)
45-54	18,693 (28.9%)	54 (27.9%)
55-64	13,669 (21.1%)	45 (23.2%)
65-74	5207 (8.1%)	8 (4.2%)
≥ 75	1963 (3.0%)	6 (3.1%)
Sex		
Male	36,292 (56.1%)	127 (65.5%)
Female	28,415 (44.0%)	67 (34.6%)
Type of hospital		
Tertiary hospital	10,682 (16.5%)	35 (18.1%)
General hospital	17,616 (27.2%)	72 (37.2%)
Semi-hospital	8677 (13.4%)	22 (11.4%)
Clinic	27,471 (42.5%)	64 (33.0%)
Others	261 (0.4%)	1 (0.6%)
Mild liver disease	29,840 (46.1%)	n/a
Baseline comorbidities ^a		
Chronic kidney disease	894 (1.4%)	n/a
Peptic ulcer	15,361 (23.7%)	n/a
Diabetes	12,448 (19.2%)	n/a
Hyperlipidaemia	26,296 (40.6%)	n/a
Hypertension	15,202 (23.5%)	n/a
Arthrosis	11,853 (18.3%)	n/a
CCI score		
Mean (SD)	1.34 (1.86)	n/a

Table 2 Patients' baseline characteristics and comorbidity

	Incident cohort	
	CHB $n = 64,707$	$\frac{\text{HBV/HDV}}{n = 194}$
Median	1	n/a
[Q1- Q3]	[0-2]	n/a
[Min–Max]	[0-24]	n/a
CCI score		
0	27,796 (43.0%)	n/a
1	16,432 (25.4%)	n/a
2	8808 (13.6%)	n/a
\geq 3	11,671 (18.0%)	n/a
Patients with ≥ 1 concomitant drug	61,477 (95.0%)	181 (93.3%)
Lipid lowering agents (statin)	15,084 (23.3%)	40 (20.6%)
NSAIDS	60,534 (93.6%)	176 (90.7%)
Aspirin	8239 (12.7%)	46 (23.7%)
Metformin	8109 (12.5%)	36 (18.6%)
ARB	15,790 (24.4%)	41 (21.1%)
Corticosteroids	4046 (6.3%)	16 (8.2%)
Osteoporosis	9081 (14.0%)	37 (19.1%)
PPI	45,821 (70.8%)	154 (79.4%)

Table 2 continued

ARB angiotensin receptor blockers, *CCI* Charlson Comorbidity Index, *CHB* chronic hepatitis B (defined by patient cohort), *HBV/HDV* hepatitis B/hepatitis D viral co-infection, *n/a* not available, *NSAIDs* non-steroidal anti-inflammatory drugs, *PPI* proton pump inhibitors, *SD* standard deviation

^aComorbidities were analyzed at index-date or within the 12-month baseline period

Treatment Patterns

Table 4 describes the treatment patterns of chronic HBV medications during the observation period of CHB and HBV/HDV patients. During the follow-up observation period, 48.1% (n = 31,155) of CHB patients and 80.4% (n = 156) of HBV/HDV patients received ≥ 1 prescribed CHB medication with NAs being the most predominant medication. The most used NAs by CHB patients were TDF (n = 20,070, 64.4%), ETV (n = 10,161, 32.6%), and TAF (n = 2620, 8.4%). The mean treatment duration

(months) of patients on TDF, ETV, and TAF were 27.5, 24.1, and 15.6, respectively. Among HBV/HDV patients, TDF (n = 99, 63.5%), ETV (n = 67, 42.9%), and TAF (n = 13, 8.3%) were the most common NAs used; one HBV/HDV patient was on pegylated interferon alpha-2a. The mean treatment duration among the patients for TDF, ETV, and TAF were 28.5, 22.5, and 12.6 months, respectively. Most CHB patients had a medication possession ratio (MPR) > 90% for ETV (n = 8131/10, 161, 80.0%), TAF (n = 2300/2, 620, 87.8%), and telbivudine (n = 76/85, 89.4%). Among patients who

	CHB n = 64,707	$\frac{\text{HBV/HDV}}{n = 194}$
Follow-up (years)		
Mean (SD)	4.36 (1.39)	n/a
Median [Q1–Q3]	4.89 [3.79-5.33]	n/a
Liver-related clinical outcomes during follow-up		
Compensated cirrhosis (CC)	7,568 (12.5%)	60 (35.5%)
Decompensated cirrhosis (DC)	4,207 (6.7%)	52 (29.4%)
Hepatocellular carcinoma (HCC)	4,843 (7.9%)	27 (15.6%)
Liver transplantation (LT)	389 (0.6%)	32 (17.4%)
5-year cumulative incidence (95% CI)		
CC	13.3% [13.0%; 13.6%]	n/a
DC	7.1% [6.9%; 7.3%]	n/a
HCC	8.4% [8.2%; 8.7%]	n/a
LT	0.67% [0.6%; 0.74%]	n/a

Table 3 Chronic HBV patient's follow-up and 5-year cumulative incidence for each health status

CHB chronic hepatitis B (defined by patient cohort), HBV/HDV hepatitis B/hepatitis D viral co-infection, n/a not available, Q quartile, SD standard deviation

received ≥ 1 medication, discontinuation was observed in 15,606 CHB patients (50.1%) and 83 HBV/HDV patients (53.2%). The proportions of medication switching by CHB patients on TDF, ETV, and TAF were 8.4% (n = 862/10, 245), 10.0% (n = 549/5,509), and 19.7% (n = 109/553); HBV/HDV patients also switched medications while on TDF (n = 19/53), ETV (n = 21/53)36), and TAF (n = 2/4) (Table S2). Throughout the end of the observation period for CHB patients, 73.0% (*n* = 22,755/31,155) in first-line therapy received only one line of therapy, 6014 (19.3%) patients progressed to second-line therapy only, and 2,386 (3.7%) progressed to third-line (Fig. 2a). Among HBV/HDV patients, 102 (65.4%) received only first-line therapy (ETV, LAM, TDF, TAF, and immune-based therapies), 37 (23.7%) had only second-line therapy (ETV, TDF, TAF), and 17 (10.9%) progressed to third line (ETV and TDF) (Fig. S2b).

Resource Utilization and Costs

Table 5 describes HCRU and costs among CHB and HBV/HDV incident cohorts. Within the CHB incident cohort, 64.4% required \geq 1 hospitalization and the median duration of hospitalization was 5 days (IQR 2–10). The highest number of hospitalizations (per patient-year) observed among patients with DC (1.93), LT (1.91), and HCC (1.28). The majority of patients with greater disease severity required \geq 1 medication (DC: 83.5%; HCC: 84.1%; LT: 90.2%), or \geq 1 serologic testing (99.8%; 99.9%; 100%), or \geq 1 outpatient visit (99.7%; 99.9%; 99.5%).

Within the HBV/HDV incident cohort, 154 patients (79.4%) had ≥ 1 hospitalization and the median duration of hospital stay was 5 (IQR, 3–12). The number of hospitalizations per patient-year was 1.06, and 99.5% of patients had ≥ 1 outpatient visit, and all patients (100%) had ≥ 1 serologic test and screening and monitoring test.

	CHB <i>n</i> = 64,707	$\frac{\text{HBV/HDV}}{n = 194}$
\geq 1 chronic HBV medication prescription, $n(\%)$	31,155 (48.1%)	156 (80.4%)
Immune-based therapies		
IFN	65 (0.2%)	0 (0.0%)
PEG-IFN α-2a	5 (0.01%)	1 (0.5%)
Nucleos(t)ide analogs (NAs)		
LAM	271 (0.9%)	1 (0.6%)
ADV	155 (0.5%)	0 (0.0%)
ETV	10,161 (32.6%)	67 (43.0%)
LDT	85 (0.3%)	0 (0.00%)
TAF	2620 (8.4%)	13 (8.3%)
TDF	20,070 (64.4%)	99 (63.5%)
Clevudine	23 (0.07%)	0 (0.00%)
Medication duration (months)		
Immune-based therapies	6.3	0.9
LAM	17.5	60.4
ADV	20.0	0.0
ETV	24.1	22.5
LDT	12.4	0.0
TAF	15.6	12.6
TDF	27.5	28.5
Clevudine	12.4	0.0
Medication possession ratio $(MPR) > 90\%$ of each NA med	ication (adherence)	
Immune-based therapies, <i>n</i> (%)	4 (6.2%)	n/a
LAM	206 (76.0%)	n/a
ADV	116 (74.8%)	n/a
ETV	8131 (80.0%)	n/a
LDT	76 (89.4%)	n/a
TAF	2300 (87.8%)	n/a
TDF	16,203 (78.2%)	n/a
Clevudine	14 (60.9%)	n/a

Table 4 Chronic HBV medications during observation period

ADV adefovir, CHB chronic hepatitis B (defined by patient cohort), HBV/HDV hepatitis B/hepatitis D viral co-infection, ETV entecavir, LAM lamivudine, LDT telbivudine, n/a not available, PEG- $IFN\alpha$ -2a pegylated interferon alpha-2a, TAF tenofovir alafenamide, TDF tenofir disoproxil fumarate

	CHB					HBV/HDV
	Incident cohort n = 64,707	$\begin{array}{l} \text{CC patients} \\ n = 7568 \end{array}$	DC patients n = 4207	HCC patients $n = 4843$	LT patients $n = 389$	Incident cohort n = 194
Healthcare resource utilization (HCRU)						
Hospitalizations						
Patients with ≥ 1 hospitalization, n(%)	41,658 (64.4%)	5907 (78.1%)	4063 (78.1%)	4063 (78.1%) 4467 (92.2%)	388 (99.7%)	154 (79.4%)
Length of hospitalization (days), median [Q1–Q3]	5 [2.00–10.00]	5 [3.00–12.00]	6 [3.00–13.00]	5 [3.00–12.00] 6 [3.00–13.00] 5 [3.00–11.00] 6 [3.00–13.00]	6 [3.00–13.00]	5 [3.00–12.00]
Number of hospitalizations per patient-year	0.52	0.92	1.93	1.28	1.91	1.06
Tests						
Patients with $\geq 1~\mathrm{HBV}$ serologic ^a test, n(%)	64,354 (99.5%)	7556 (26.2%)	4188 (99.8%)	4839 (99.9%)	389 (100.0%)	$194\ (100.0\%)$
Patients with ≥ 1 screening and monitoring test ^b , n(%)	64,374 (99.5%)	7568 (26.3%)	4207 (100.0%)	4207 (100.0%) 4843 (100.0%)	389 (100.0%)	$194\ (100.0\%)$
Treatment						
Patients with ≥ 1 CHB medication	31,155 (48.1%)	6376 (22.1%)	3511 (83.5%)	4074 (84.1%)	351 (90.2%)	156 (80.4%)
Outpatient visits						
Patients with \geq outpatient visit, n(%)	64,430 (99.6%)	7543 (26.2%)	4179 (99.7%)	4838 (99.9%)	387 (99.5%)	193 (99.5%)

Table 5 continued	led					
	CHB					HBV/HDV
	Incident cohort n = 64,707	CC patients n = 7568	DC patients n = 4207	HCC patients n = 4843	LT patients $n = 389$	Incident cohort n = 194
Healthcare costs						
Total healthcare	882,972,409,170 KRW (USD785.85 million)	188,547,681740 KRW	170,299,252,580 KRW	160,218,896,250 KRW	69,184,900,590 KRW	8,343,008,730 KRW
		(USD167.81 million)	(USD151.57 million)	(USD151.57 million) (USD142.59 million) (USD61.57 million) (7.43 million) USD)	(USD61.57 million)	(7.43 million USD)
Inpatient	505,066,069,440 KRW (USD449.51 million)	126,252,754800 KRW	128,372,513,560 KRW	110,982,901,440 KRW	53,220,731,640 KRW	5,137,062,130 KRW
	~	(USD112.36 million)	(USD114.25 million)	(USD98.7 million)	(USD47.37 million)	(USD4.57 million)
Outpatient	377,906,339,730 KRW (USD336.34 million)	62,294,926,940 KRW	41,926,739020 KRW (USD37.31 million)	41,926,739020 KRW 49,235,994810 KRW 15,964,168,950 (USD37.31 million) (USD43.8 million) KRW	15,964,168,950 KRW	3,205,946,600 KRW
		(USD55.44 million)			(USD14.21 million) (USD2.85 million)	(USD2.85 million)
CC compensated infection, HCC ^a Hepatitis B sero ^b Screening and r laboratory tests)	<i>CC</i> compensated cirrhosis, <i>CHB</i> chronic hepatitis B (defined by patient cohort), <i>DC</i> decompensated cirrhosis, <i>HBV/HDV</i> hepatitis B/hepatitis D viral co- infection, <i>HCC</i> hepatocellular carcinoma, <i>LT</i> liver transplantation ^a Hepatitis B serologic testing (HBsAg, HBcAb, HBeAg, HBV, HBsAb, HBeAb, HBV DNA mutation and genotype) ^b Screening and monitoring tests (liver panel laboratory tests, screening for hepatitis C virus, hepatitis A virus, hepatitis E virus, screening for HCC, renal safety laboratory tests)	atitis B (defined by pat liver transplantation b, HBeAg, HBV DNA, aboratory tests, screening	ient cohort), <i>DC</i> decoi HBsAb, HBcrAg, HBe <i>i</i> f for hepatitis C virus, h	npensated cirrhosis, <i>Hi</i> Mb, HBV DNA mutati epatitis A virus, hepatit	<i>BV/HDV</i> hepatitis B/H on and genotype) is E virus, screening fo	repatitis D viral co- r HCC, renal safety

The total healthcare costs for the CHB incident cohort were estimated to 882.972.409.170 KRW (approximately USD 786 million) during the follow-up period, with 57.2% due to inpatient costs (505,066,069,440 KRW [approximately USD 450 million)]. The total costs decreased with increasing severity, of which the total costs for CC health state (188,547,681.740 KRW (approximately USD 168 million) were the highest, while the total costs for LT health state was the lowest (69,184,900,590 KRW [approximately USD 62 million)]. The total healthcare costs for HBV/HDV incident cohort were 8,343,008,730 KRW (approximately USD 7.43 million) with inpatient costs estimated at 5,137,062,130 KRW (approximately USD 2.85 million).

DISCUSSION

This extensive nationwide study in Korea investigated the real-world practice of CHB from multiple aspects using data from HIRA, and is also one of the first papers investigating a large dataset of HBV/HDV co-infection, assessing their clinical profile and socioeconomics of patients, treatment options, and helping to understand the resources required in healthcare to manage CHB in Korea.

The overall prevalence rate in our study was inconsistent with previous literature, where it was higher compared to the lower rates we observed [21]. The contrasting results between the studies could be due to the claim extraction from the national health insurance system as opposed to estimations on survey findings that project the overall population [22]. Albeit still an increased number of CHB patients in treatment phase, the decrease in prevalence could be indicative of potential success in measures to limit and control HBV infection in South Korea. Such measures include universal vaccination programs and other preventative strategies [23] that precluded both vertical and horizontal transmission, accounting for the decline in prevalence to those aged below 20 years old [24]. Additionally, the higher CHB and CHB/ HBV co-infection prevalence rates observed in the individuals aged 45-50 years (born between 1970 and 1975) could potentially be attributed to the implementation of HBV control policies in South Korea that occurred only after the 1980s. Despite differences observed in the prevalence, the incidence rate was consistent with previous data collected from 2015 to 2020 [21]. This could potentially be attributed to the introduction of additional NA antivirals (lamivudine in 1999, adefovir in 2004, entecavir in 2007, tenofovir in 2012) and vaccination programs in 1984 that would require time for establishing optimal management and treatment strategies for CHB patients, and in order for the effects to reflect on the patient population [25].

The age of CHB patients could be explained by the rapidly aging population observed in Korea since 2000 [6, 26], as well as the HBV infection with potent NAs therapy rarely progressing to cirrhosis, leading to prolonged survival of patients. Hyperlipidemia was of the highest prevalence, followed by hypertension and peptic ulcer. CHB patients have shown higher proportions of metabolic disorders including hyperlipidemia, hypertension, and diabetes, as observed previously [27–29].

Consistent with previous epidemiological studies, there was a higher risk of cirrhosis, HCC [30], and liver failure in males in South Korea [31, 32]. Previous studies have reported that comorbidities and metabolic syndromes, such as hypertension, hypercholesterolemia, and diabetes, are associated with liver-related mortality [33–35]. Of note, hypertension and hypercholesterolemia were found to be negatively associated with the health states of chronic HBV. This could be attributed to the patients in this study; for instance, aspirin and statins use have been associated with lower risk of liver-associated mortality [35, 36].

The prevalence and incidence rate of HDV co-infection was 0.26% (1175/444,203) and 0.3% (n = 194/64,707), respectively, with the prevalence similar to previous reports (0.3%) [9]. Although the literature on incidence rate remains limited, it is noteworthy that HDV/ HBV co-infection predisposes to advanced liver diseases, especially HCC development. HDV co-infection worsens pre-existing HBV-related liver

injury. About 70–80% of co-infected patients develop chronic liver diseases [37] with up to three times risk of cirrhotic patients developing HCC [37, 38].

Approximately half of CHB patients received ≥ 1 prescribed medication in the incident cohort, lower than the WHO guidelines implicating an 80% increase in treatment rate by 2030 [39]. Prescription of CHB medication requires serological testing to be conducted. Additionally, patients in the immune-inactive phase (serum HBV DNA < 2000 IU/mL, normal alanine aminotransferase levels, and no cirrhosis) are excluded from the regimen. At present, antiviral treatment in South Korea is determined by severity of liver disease, degree of HBV replication in hepatitis B e antigen-positive or negative individuals, and the presence of liver fibrosis [14].

First-line therapies comprising of ETV and TDF were the most prescribed drugs in first-line treatment for both CHB and HBV/HDV patients. Extensive clinical data on ETV and TDF implicate their long-term efficacy and safety [14]. Moreover, HDV co-infection recommends inclusion of tenofovir in highly active antiretroviral therapy, and that patients be treated with pegylated interferon alpha-2a for at least a year. Initiation of NAs for CHB is recommended to prevent progression of fibrosis if either indications for treatment are met or liver cirrhosis occurs [14]. Management is based on an algorithm (Table S2) that determines initiation, switching, or discontinuation of treatment [14]. Treatment duration of over 2 years reportedly decreases the risk of HBV-related chronic liver disease progression in adult patients [40]. Of note, the average treatment duration in our study was approximately 1.5 years. While \geq 70% of patients adhered to the treatment, the duration of adherence was not reported. Factors that could affect treatment adherence rates, e.g., socioeconomic disparity/ status, health consciousness, family support, and concerns of long-term treatment safety [14, 41–43], were not explored in this study. Furthermore, the treatment pattern identified in this study was based on the incidence cohort of CHB and HBV/HDV co-infected patients diagnosed between 2013 and 2019 and met the inclusion and exclusion criteria. While the findings could be representative of those diagnosed between 2013 and 2019, future investigation would be warranted to understand the representation of our findings.

The total societal costs of CHB were estimated to KRW 833 billion (approximately USD 786 million with the majority attributed towards inpatient costs. Several studies have reported similar findings [16, 44, 45], where hospitalization costs were the economic driver in most of health states due to disease severity. The impact of co-infection further increases this burden based on the disease severity that requires a longer treatment and hospitalization length [46, 47].

The strengths of this study determined the prevalence of CHB in South Korea using a national claims database. The additional findings of HBV/HDV co-infection uses a large dataset in South Korea and real-world evidence from the HIRA database, which, unlike other claims databases restricted to hospital data, allows longitudinal tracking of patients across different medical institutions. Additionally, the large sample size and long follow-up period strengthen the findings from multiple aspects related to the disease. As this study provides an overview of the disease landscape from a realworld perspective, future studies could potentially explore the association between the effort of preventive programs, or the introduction of NA since 1999 and the prevalence and incidence rate of CHB and CHB/HDV co-infection among the South Korea population.

There are limitations to this study. It used existing data from the HIRA database of patients who met the inclusion criteria and was based on data extracted between the study period of 2013–2019. Additionally, while the HIRA database captured the number (and types) of claims for CHB-specific laboratory tests, the diagnostic data or laboratory test results were unavailable [48], thus limiting the ability to validate the CHB diagnosis or the ability to investigate the impact of HBV mutations on CHB disease burden.

In terms of identifying HDV infections within the CHB population, the claim data did not permit distinguishing between acute or

chronic HDV infection. Moreover, data pertaining to individuals who did not receive surveillance or treatment for CHB and/or HBV/ HDV co-infection were unavailable in this study. Future studies may be warranted to investigate the impact of acute versus chronic HDV co-infection on the disease burden associated with CHB. In addition, incident cases were based on the 2-year period before the index (disease history determination), and is considered short for history detection for a chronic disease, especially in the initial stages. The epidemiology of HDV infection may be underestimated, as the prevalence and incidence rates of HDV-diagnosed patients were derived from those who had CHB in the claims database instead of through HDV actively screened among CHB patients. Therefore, it may not be representative of South Korea's national population which was obtained from the HIRA. It is noteworthy that first-line treatment definition was assumption-based. Additionally, no verification of the patient was already on the treatment before the study and the reasons pertaining to discontinuation or switch remain unknown.

CONCLUSION

This study is one of the first using real-world evidence based on the data obtained from HIRA, addressing the epidemiology, disease burden, treatment patterns, and social costs of CHB and HBV/HDV co-infected patients in Korea. Albeit a decrease was observed in prevalence across the years, the disease remains a challenge in healthcare due to its high economic burden arising from increased morbidity, and issues as the extent of the disease progresses towards liver-related diseases. Early intervention at disease onset and novel targeted therapies are warranted to help better prevent and decrease liver-related morbidity and mortality and to minimize the financial burden arising from it.

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Data Availability. All data generated or analyzed during this study are included in this published article/as supplementary information files.

Declarations

Conflict of Interest. Yuri Cho has nothing to disclose. BoOk Kim and Helin Han are employees of Cerner Enviza and have nothing to disclose. SeongBeom Park, SeonYoung Park and WonJung Choi are employees of Janssen, South Korea. There are no conflicts to disclose.

Ethical Approval. This study was approved by the Institutional Review Board at the Korea National Institute for Bioethics Policy (P01-202106-21-008) and informed consent was waived due to the study nature of retrospective data analysis.

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