




# Optimized Propofol Anesthesia Increases Power of Subthalamic Neuronal Activity in Patients with Parkinson's Disease Undergoing Deep Brain Stimulation

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## ABSTRACT

**Introduction:** Propofol is a general anesthetic option for deep brain stimulation (DBS) of the subthalamic nucleus (STN) of patients with Parkinson's disease (PD). However, its effects on STN activity and neuropsychological outcomes

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are controversial. The optimal propofol anesthesia for asleep DBS is unknown. This study investigated the safety and effectiveness of an optimized propofol anesthesia regimen in asleep DBS.

**Methods:** This retrospective study enrolled 68 PD patients undergoing bilateral STN-DBS surgery. All patients received local scalp anesthesia, with (asleep group,  $n = 35$ ) or without (awake group,  $n = 33$ ) propofol-remifentanyl general anesthesia by target-controlled infusion under electroencephalogram monitoring. The primary outcome was subthalamic neuronal spiking characterization during microelectrode recording. The secondary outcomes were clinical outcomes including motor, cognition, mind, sleep, and quality of life at 6 months.

**Results:** Significantly increased delta and theta power were obtained under propofol anesthesia (awake vs. asleep group, mean  $\pm$  standard deviation; delta:  $31.97 \pm 9.87$  vs.  $39.77 \pm 10.56$ ,  $p < 0.01$ ; theta:  $21.09 \pm 5.55$  vs.  $24.82 \pm 6.63$ ,  $p = 0.01$ ). After excluding the influence of confounding factors of age and preoperative motor scores, there was a statistically significant influence on the delta, theta, and alpha power of STN neuronal activity under different anesthesia regimens (delta:  $\beta = 2.64$ ,  $p < 0.01$ ; theta:  $\beta = 2.11$ ,  $p < 0.01$ ; alpha:  $\beta = 1.42$ ,  $p = 0.01$ ). There were no differences in modified burst index, firing rate, tract numbers of microelectrode recording, and other clinical outcomes between the two groups.

**Conclusion:** Optimized propofol anesthesia enhanced the delta, theta, and alpha power in STN compared with the awake technique and likely contributed to target recognition under propofol anesthesia. These results demonstrate that propofol is suitable, but needs to be optimized, for asleep STN-DBS.

**Trial Registration:** Chinese Clinical Trial Registry Identification number: ChiCTR2100045942. Registered 29 April 2021–Retrospectively registered

**Keywords:** Deep brain stimulation; General anesthesia; Microelectrode recording; Parkinson's disease; Propofol; Subthalamic nucleus

### Key Summary Points

#### Why carry out this study?

Propofol is a general anesthetic option for deep brain stimulation (DBS) of the subthalamic nucleus (STN) of patients with Parkinson's disease (PD). However, its effects on STN activity and neuropsychological outcomes are controversial.

This study investigated the safety and effectiveness of an optimized propofol anesthesia regimen in asleep DBS.

#### What was learned from the study?

Optimized propofol anesthesia enhanced the delta, theta, and alpha power in STN compared with the awake technique, and there were no differences in clinical outcomes between the two groups.

These results demonstrate that propofol is suitable, but needs to be optimized, for asleep STN-DBS.

## DIGITAL FEATURES

This article is published with digital features, including a summary slide, to facilitate understanding of the article. To view digital features for this article go to <https://doi.org/10.6084/m9.figshare.14637549>.

## INTRODUCTION

Bilateral subthalamic nucleus (STN) deep brain stimulation (DBS) is an effective treatment for advanced Parkinson's disease (PD) [1]. The application of intraoperative microelectrode recording (MER) is conducive to target definition but traditionally requires an awake and cooperative patient [2]. Some patients with PD must undergo STN-DBS surgery under an asleep condition due to severe anxiety, rigidity, and dystonia in the off-drug phase. Several DBS centers always conduct surgery under general anesthesia. Different general anesthetic methods are used in different DBS centers, such as inhalation anesthesia, sedation with dexmedetomidine, or propofol-based intravenous anesthesia [3–7], but none of these has proven to be superior [8]. The optimal anesthetic regimen should provide sufficient comfort and safety, but should not affect the intraoperative electrophysiological signal and clinical efficacy [8–11].

Propofol is a widely used intravenous anesthetic agent with the advantages of rapid metabolism, safety, controllable anesthetic state, and neuroprotective effects [8, 12–14]. However, its effects on STN activity and neuropsychological outcomes on asleep DBS for PD remain controversial. Some studies have reported STN activity interference with propofol anesthesia, such as the absence of typical widening of the background noise baseline [15] and a decrease in the root mean square [16] and the relative beta power [17]. In contrast, others have reported successful propofol use by combining anesthesia depth monitoring [18, 19], target-controlled infusion (TCI) techniques [18], and a dosage reduction [18, 20] during MER under propofol. These studies suggest that the contradictory results could be due to the

various concentration, dose, mode, and timing of propofol administration [17, 21, 22]. Therefore, it is necessary to optimize propofol anesthesia for asleep DBS surgery.

There are limited data on the effectiveness of propofol anesthesia in postoperative improvement of non-motor symptoms including cognition, mental status, sleep, and quality of life in PD. Two studies have reported adverse effects on postoperative neuropsychological outcomes and memory function after DBS under propofol anesthesia [15, 23]. As significant cognitive decline has also been observed under volatile anesthesia [24], we hypothesized that the possible reason for the adverse effects is related to target location and postoperative stimulation parameters, rather than propofol. Therefore, establishing the effectiveness of propofol anesthesia in asleep DBS requires further analysis.

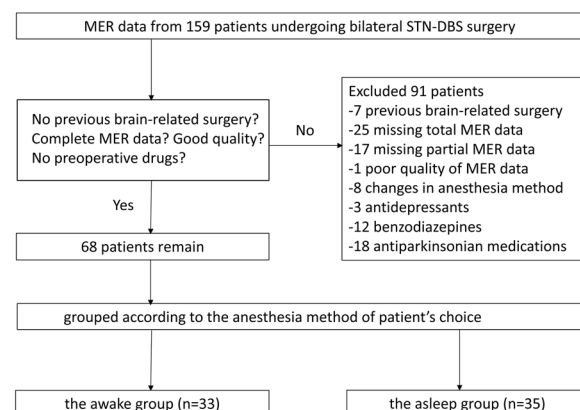
In this study, we used an electroencephalogram monitoring-guided propofol-remifentanyl TCI with a multimodal analgesic regimen for asleep STN-DBS procedures. We quantitatively and qualitatively analyzed the neuronal signatures, including power distribution, oscillatory activity, total numbers of MER trajectory, and length of STN. The neuronal activity of STN and clinical outcomes in asleep PD patients were compared with those in age- and disease-matched awake patients. The goal of the study was to verify the safety and effectiveness of an optimized propofol general anesthesia regimen. In particular, we hypothesized that propofol anesthesia should be further optimized and widely used in asleep DBS because it has no deleterious effects on electrophysiological signals and clinical outcomes.

## METHODS

### Patient Population

We performed a retrospective offline analysis of MER data of 159 consecutive PD patients undergoing bilateral STN-DBS surgery in the First Affiliated Hospital of Sun Yat-sen University from July 2008 to August 2019. This manuscript adheres to the applicable Consolidated Standards of Reporting Trials (CONSORT)

guidelines. The study was approved by the relevant local ICE for clinical research and animal trials of the First Affiliated Hospital of Sun Yat-sen University (reference numbers IIT2016192). Because this study retrospectively analyzed routine clinical data, written informed consent from the patients was not required. The retrospective study was grouped according to the type of anesthesia used. The method of anesthesia was determined by the patients according to their own wishes. All anesthesia in this study was performed by the same anesthesiologist. Because some conditions seriously affect the results or analyses, we exclude data for the following cases: (1) patients who had undergone brain surgery before surgery, (2) patients who took special drugs (antidepressants, benzodiazepines, or antiparkinsonian medications) that would affect the MER data before surgery, (3) the regimen of anesthesia was changed during the MER (for example, the awake patients changed their will for various reasons and then received general anesthesia, or asleep patients received other sedative drugs such as sevoflurane), (4) MER data were lost or incomplete, and (5) the quality of the MER data was poor. Therefore, we finally analyzed MER data of 68 PD patients. Figure 1 shows the flowchart. Of the remaining 68 patients, 33 patients were included in the awake group and 35 patients were included in the asleep group, depending on the method of anesthesia they received.



**Fig. 1** Flowchart of patient participation

## Imaging and Stereotactic Procedures

All antiparkinsonian medications were withdrawn at 12 h before the surgery. The head of each patient was scanned using a 3T magnetic resonance imaging (MRI) machine to identify the STN. On the day of the surgery, the patient was positioned in a stereotactic frame (Leksell G type) under local anesthesia to perform computed tomography (CT) scanning, and the MRI and CT images were then merged. The VectorVision neuronavigational system was used to calculate the three-dimensional coordinates of the STN and plan out 10 electrode tracks.

## Anesthetic Technique

All patients received local scalp anesthesia with ropivacaine 0.5%. In the awake group, 33 patients were conscious during MER and received electrode implantation without sedatives. In the asleep group, 35 patients underwent endotracheal intubation under total intravenous general anesthesia. Dexmedetomidine was infused (0.3 µg/kg) before induction. For induction, propofol was administered by TCI (Alaris Medical Systems, Inc., San Diego, CA, USA) based on the Marsh model with a target plasma concentration of 2 µg/ml. Sufentanil (0.2 µg/kg) and cisatracurium (0.2 mg/kg) were given intravenously. After endotracheal intubation, anesthesia was maintained with propofol TCI (1–2 µg/ml), remifentanyl TCI (4–6 ng/ml), and cisatracurium (1.5 µg/kg/min). For TCI remifentanyl, a target plasma concentration based on the Minto model was maintained by a TCI pump (Orchestra® Base Primea, Fresenius Vial, Brezins, France). At least 10 min before MER, the target propofol and remifentanyl concentrations were reduced to 1–2 µg/ml and 2–3 ng/ml, respectively. During MER, the anesthetic depth was titrated to maintain it at the C level on Narcotrend monitoring (MonitorTechnik, Bad Bramstedt, Germany).

## Surgical Procedures and Intraoperative MER

All DBS surgical operations were performed by the same surgeon. After scalp incision and perforation, a single-channel microelectrode with a diameter of 25 µm was conducted by a manual microdrive device (microTargeting®, FHC Inc., Bowdoin, ME, USA). MER started 15 mm above the theoretical STN target at increments of 0.5 mm for 10 s at each depth until the typical neuronal discharges of the STN were no longer observed. The entrance and exit of STN were mainly based on visual and auditory evaluation. Typically, the background activity, noise, and peak frequency of spontaneous neurons apparently increased when the microelectrode entered STN and decreased when it was out of STN [25]. A surgical monitoring system (Leadpoint®, Medtronic, Englewood, CO, USA) was used to record and store MER data. All data were filtered using a 500-Hz high-pass filter and a 5-kHz low-pass filter with a sampling rate of 24 kHz. The path length of the microelectrode through the entire STN was recorded as the length of the STN. The criteria for selecting the optimal trajectory were based on Benazzouz et al. [25]. Both groups of patients were tested for passive movement of the contralateral extremities.

Permanent quadripolar DBS electrodes (DBS model 3389 electrode, Medtronic, Inc., Minneapolis, MN, USA) were implanted along the optimal trajectory after X-ray examination. The stereotactic frame was removed, and infraclavicular placement of the internal pulse generators (Medtronic, Minneapolis, MN) was performed under general anesthesia. The pulse generator was turned on 1 month after the operation.

## Extraction of Spiking Activity in the STN and Parameter Calculations

### Data Screening

MER signals recorded along the DBS electrode tracks were collected for off-line analysis. In this study, the microelectrode was inserted into the STN in increments of 0.5 mm, and the mean

length of the electrophysiological signal of the unilateral STN was 6 mm. To reduce errors caused by differences in data-depth ranges, the boundary fragments were removed and the middle 4 mm section was selected for further analysis. Therefore, analyses were conducted on the middle 8 fragments for each STN. Collectively, a total of 1088 groups of MER data were contained [68 subjects  $\times$  8 depths  $\times$  2(bilateral)].

Based on extraction of all spikes from raw MER signals, according to the eight different depth datasets of each side of the STN of each patient, the firing frequency of the bilateral STN of each patient was calculated. Specifically, 0–100 Hz was selected as the main frequency band for signal analysis. This main frequency band was further subdivided into five frequency bands: delta, theta, alpha, beta, and gamma. The relationships among the mean spike power in different frequency bands under different anesthetic methods and different sides of the STN were then determined.

### Action Potential (Spike) Extraction

The action-potential spike reflects the firing characteristics of the STN. According to the spikes extracted from the raw MER signals, the modified burst index (MBI) and firing rate (FR) of the spikes were calculated to reflect the characteristics of STN firing in order to analyze the effects of different anesthetic methods on the firing characteristics of the STN. To extract the envelope of MER data, the Hilbert transform is used, which is the convolution result of the original signal  $x(t)$  and the signal  $1/\pi t$  [26]:

$$\hat{x}(t) = H[x(t)] = \frac{1}{\pi} \int_{-\infty}^{\infty} \frac{x(\tau)}{t - \tau} d\tau.$$

To estimate the envelope of spikes, the modulus of the analytic signal is calculated as  $|\tilde{x}(t)| = \sqrt{x(t)^2 + \hat{x}(t)^2}$ .

The autocorrelogram is calculated based on the detected spike sequence as [27]:

$$Q_{\rho\rho}(\tau) = \frac{1}{T} \int_0^T (\rho(t) - r)(\rho(t + \tau) - r) dt,$$

where  $\rho(t)$  is the spike sequence,  $T$  indicates the data length,  $r = \frac{n}{T}$  is the firing rate of the spike, and  $n$  is the number of spikes in the time  $T$ .

The raw MER signals contained both background noise and spikes. To extract spikes, background noise was filtered out. The background noise in the STN MER was mainly composed of microelectrode-recording equipment noise, biological background noise, and action potentials generated by neurons surrounding the target neurons during the acquisition process. Most of these noises were Gaussian noises, and their standard deviation can be calculated as the median of the absolute values of the raw signals divided by 0.6745: [28]

$$\sigma = \text{median} \left\{ \frac{|s(t)|}{0.6745} \right\},$$

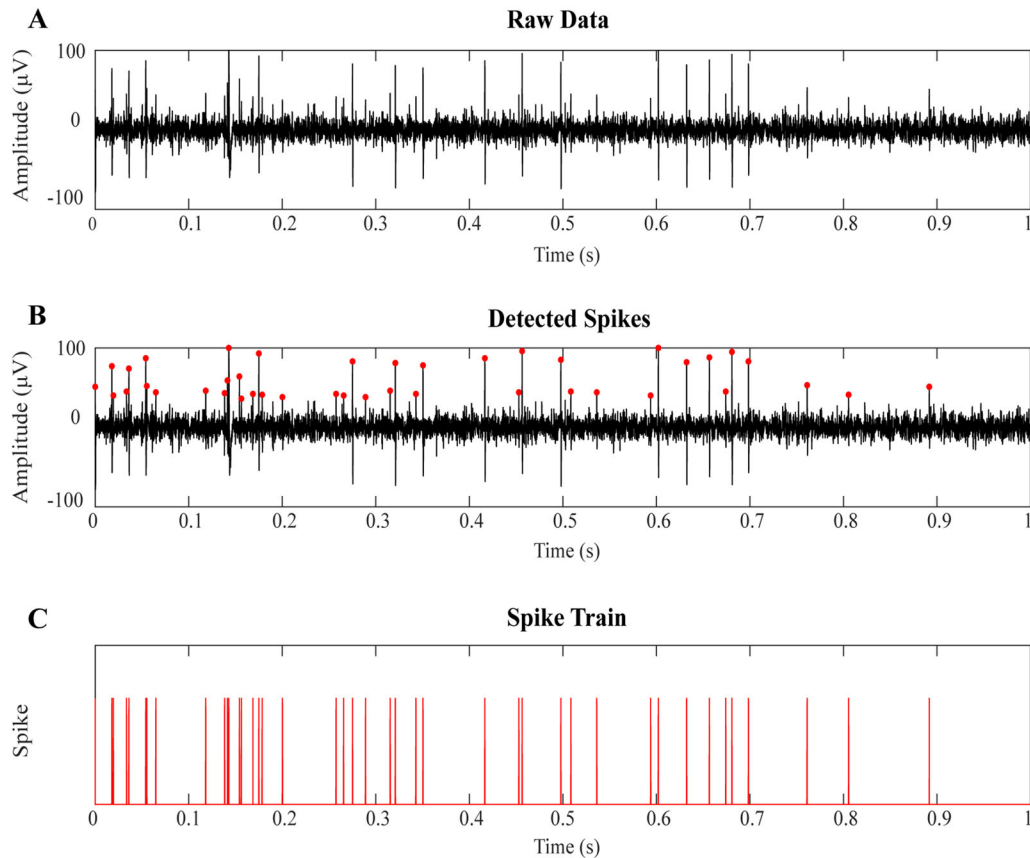
where  $s(t)$  represents the raw MER signal. The threshold ( $Th$ ) of the spikes in the signals is four times the standard deviation of Gaussian noise, i.e.,  $Th = 4\sigma$  [21].

Figure 2 shows the process of spike extraction from one typical signal with a length of 1 s. Figure 2A shows the raw MER signal, and Fig. 2B shows the MER signal with detected spikes. The threshold of this signal was calculated, and data with an amplitude higher than the threshold were considered as spikes. The times corresponding to the selected spikes were assigned a pulse value of 1 and the rest positions were assigned an amplitude of 0 to construct a new spike signal sequence (spike train), as shown in Fig. 2C.

The MBI is defined as the ratio of the number of inter-spike intervals (ISI) less than 10 ms to the number of ISIs greater than 10 ms [21] which reflects the characteristics of the timing of STN. The equation for this calculation is as follows:

$$\text{MBI} = \frac{N_l}{N_g},$$





**Fig. 2** Action potential (spike) extraction. **A** Raw MER signal of 1 s in duration. **B** MER signal after spike extraction and labeling. **C** The spike signal sequence is shown. MER: microelectrode recording

where  $N_l$  represents the number of ISIs shorter than 10 ms, and  $N_g$  represents the number of ISIs greater than 10 ms.

FR is defined as the number of spikes in 1 s [21]. The equation for this calculation is as follows:

$$FR = \text{sum}\{t_{spk}\}/T,$$

where  $t_{spk}$  represents the time sequence in which the spikes appear in the STN MER signals, and  $T$  represents the duration of the signals in seconds.

The means of the overall MBIs and FRs in the asleep and awake groups were calculated according to the multiple sets of MER signals from the bilateral STNs of the included patients. The equation is as follows:

$$\bar{x} = \frac{1}{n} \sum_{i=1}^n x_i,$$

where  $x_i$  represents the MBI or the FR value of the  $i$ th patient and  $n$  represents the total number of patients.

The standard deviations of the overall MBIs and FRs in the awake and asleep group were calculated according to the MBI and FR data from the bilateral STN in each patient, which were used to measure the degree of data dispersion.

### Clinical Outcomes

Motor and non-motor evaluations were performed by professionally trained neurologists before surgery and 6 months following surgery. Motor symptoms were evaluated using the third

part of the Movement Disorder Society-Unified Parkinson's Disease Rating Scale (MDS-UPDRS III). The improvement rate of motor symptoms is the percentage of the difference of scores before and after surgery divided by the score before surgery. Non-motor assessments included assessments of cognition, sleep, quality of life, and mental status. The 39-item Parkinson's Disease Questionnaire (PDQ39) and Non-Motor Symptom Scale (NMSS) were used to assess each patient's quality of life. The Hamilton Depression Scale (HAMD) and Hamilton Anxiety Scale (HAMA) were used for mental assessments. The Epworth Sleepiness Scale (ESS), Pittsburgh Sleep Quality Index (PSQI), and Parkinson's Disease Sleep Scale (PDSS) were used to evaluate sleep quality and the severity of sleep disorders. We used the Montreal Cognitive Assessment (MoCA) and Mini-Mental State Examination (MMSE) to assess the level of cognitive function in each patient.

In all cases, the common postoperative adverse events were recorded, and these were as follows: (1) complications related to surgery or anesthesia, such as incision-related infection, pneumonia, deep vein thrombosis, air embolism, pulmonary edema, hemiplegia, and death; (2) complications related to hardware, such as intracranial hematoma, implant infection, and electrode displacement/damage; (3) complications related to stimulation, such as difficulty opening eyes, dysarthria, and dysphagia; (4) other complications, such as neuropsychiatric symptoms, drowsiness, restlessness, delirium, and indifference.

### Statistical Analysis

SPSS version 26.0 software (IBM Corp., Armonk, NY, USA) was used for all statistical analyses. Continuous variables with normal distribution were expressed as mean  $\pm$  standard deviation (SD). Categorical variables were expressed as number (percentage).

The mean spike power in the five frequency bands of each sample group was compared using an independent-samples *t* test. Two-way analysis of variance (ANOVA) was used to determine whether the average frequencies of

different levels of spikes of the two factors (different anesthetic methods and different sides of STN) were significantly different between the two groups, as well as whether there was an interaction between the average spike frequency of the two factors. To account for variance of age and MDS-UPDRS III between the two groups, we conducted a linear regression analysis to regress out the effects of age and preoperative MDS-UPDRS III on the power of STN neuronal activity. Similarly, two-way ANOVA was used to determine whether there was no interaction between the MBIs and FRs of different anesthetic methods and different sides of the STN.

Differences in the postoperative improvements in ESS, PDQ-39, and MOCA, MDS-UPDRS III, PSQI, PDSS, NMSS, HAMD, HAMA, and MMSE scores between the awake and asleep group were tested using an independent-samples *t* test. Categorical variables were compared using Pearson's chi-square test. Significance was recognized when  $p < 0.05$ .

## RESULTS

### Baseline Characteristics

Baseline characteristics of the 68 analyzed PD patients are listed in Table 1. The mean age was  $56.35 \pm 9.09$  years. Forty-three (63.2%) of the patients were male. The mean PD duration was  $9.43 \pm 2.98$  years. The levodopa equivalent daily dose was calculated according to drug correspondence proposed by Tomlinson et al. [29]. The baseline values of the two groups were comparable (all *p* values were greater than 0.05).

### Spectral Analysis

During MER, well-recognized STN signals recorded during propofol anesthesia were similar to those detected under the awake condition (Fig. 3). In the awake group, there was no difference in the mean spike power in the delta, theta, alpha, beta, and gamma between the left and right STN (Fig. 4A). In the asleep group, there was also no difference in the mean spike

**Table 1** Baseline characteristics

	Awake group ( <i>n</i> = 33)	Asleep group ( <i>n</i> = 35)	<i>p</i> value
Age (years), $\bar{X} \pm SD$	56.36 $\pm$ 9.24	56.34 $\pm$ 9.08	0.75 <sup>a</sup>
Age at onset of PD (years), $\bar{X} \pm SD$	46.70 $\pm$ 9.63	47.14 $\pm$ 8.63	0.78 <sup>a</sup>
Men, <i>N</i> (%)	18 (54.55%)	25 (71.42%)	0.15 <sup>b</sup>
Body mass index (kg/m <sup>2</sup> ), $\bar{X} \pm SD$	22.65 $\pm$ 3.35	22.44 $\pm$ 3.08	0.84 <sup>a</sup>
Duration of PD (years), $\bar{X} \pm SD$	9.67 $\pm$ 3.26	9.20 $\pm$ 2.73	0.48 <sup>a</sup>
Duration of use of drugs for PD (years), $\bar{X} \pm SD$	8.52 $\pm$ 3.35	8.90 $\pm$ 2.90	0.29 <sup>a</sup>
Hoehn-Yahr stage (0n, 0–5), $\bar{X} \pm SD$	2.41 $\pm$ 0.49	2.44 $\pm$ 0.72	0.83 <sup>a</sup>
LEDD $\geq$ 1000 mg a day, <i>N</i> (%)	11 (33.33%)	8 (22.86%)	0.34 <sup>b</sup>
MDS-UPDRS III off, $\bar{X} \pm SD$	58.46 $\pm$ 15.54	50.93 $\pm$ 14.08	0.76 <sup>a</sup>
MDS-UPDRS III on, $\bar{X} \pm SD$	19.62 $\pm$ 7.54	20.32 $\pm$ 9.00	0.46 <sup>a</sup>

Numbers indicate means  $\pm$  standard deviations (SD) or number (percentage). The levodopa equivalent daily dose was calculated according to drug correspondences proposed by Tomlinson et al. [29]. Differences between the two groups were analyzed using the *t* test<sup>a</sup> or Pearson's chi-squared test<sup>b</sup>

PD: Parkinson's disease, LEDD: Levodopa equivalent daily dose, MDS-UPDRS III: part 3 motor examination of the Movement Disorder Society-Unified Parkinson's Disease Rating Scale

Significance was recognized when *p* < 0.05

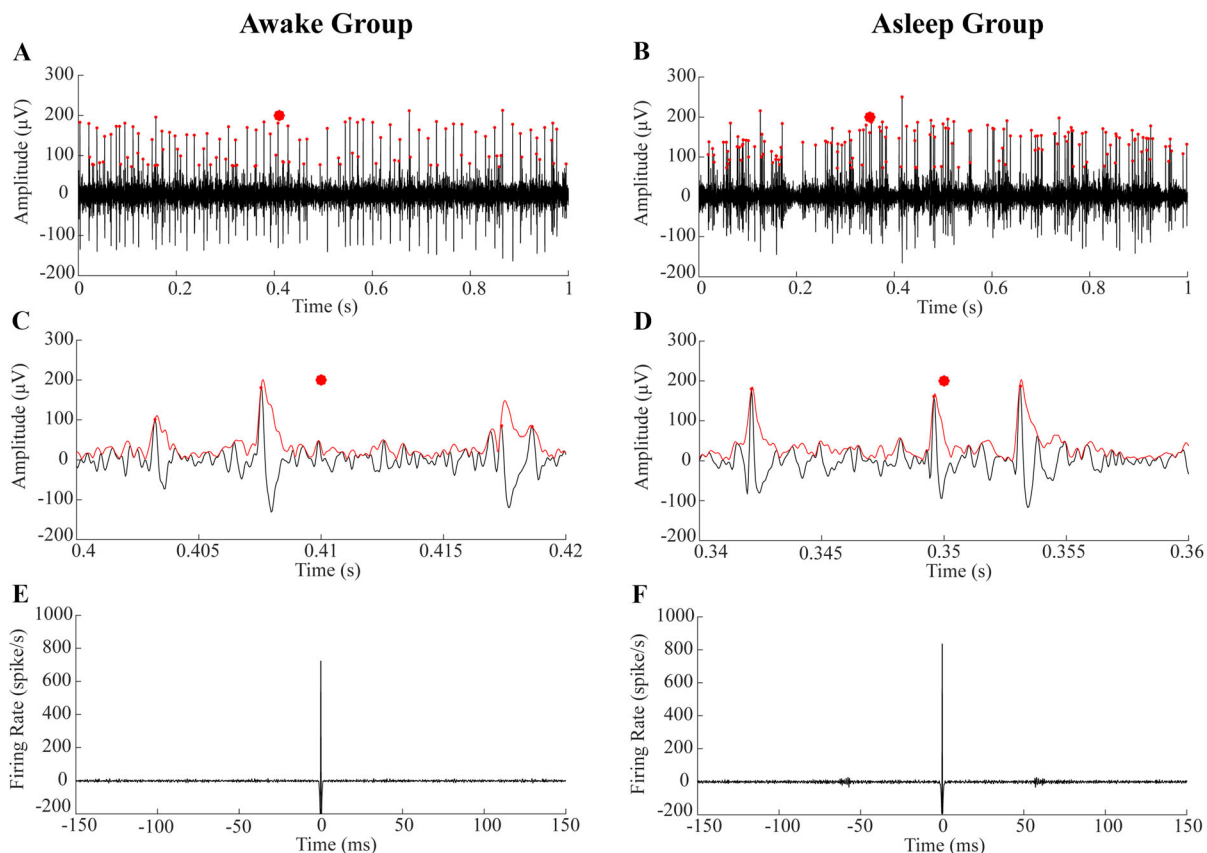
power between the left and right STN (Fig. 4B). For left STN, the mean spike power was significantly different between the two groups in the theta band (awake vs. asleep group, mean  $\pm$  SD; theta: 20.99  $\pm$  5.45 vs. 25.25  $\pm$  8.97, *p* = 0.02, see Table S1 and Table S2 in the supplementary material for details), while there were no differences in the delta, alpha, beta, and gamma frequency bands (Fig. 4C). For right STN, the mean spike power was significantly different between the two groups in the delta band (awake vs. asleep group, mean  $\pm$  SD; delta: 31.11  $\pm$  12.57 vs. 40.61  $\pm$  13.85, *p* < 0.01; Fig. 4D, see Table S1 and Table S2 in the supplementary material for details). For bilateral STN, the mean spike power between the two groups was significantly different in the delta and theta bands (awake vs. asleep group, mean  $\pm$  SD; delta: 31.97  $\pm$  9.87 vs. 39.77  $\pm$  10.56, *p* < 0.01; theta: 21.09  $\pm$  5.55 vs. 24.82  $\pm$  6.63, *p* = 0.01; Fig. 5, see Tables S1 and S2 in the supplementary material for details). The results analyzed using two-way ANOVA and

independent-samples *t* tests were consistent (see Table S2 in the supplementary material for details). There was no interaction between the average spike power across different anesthetic methods and different sides of the STN. Linear regression analysis showed that there was a statistically significant influence on the delta, theta, and alpha power of STN neuronal activity under different anesthesia regimens (delta:  $\beta$  = 2.64, *p* < 0.01; theta:  $\beta$  = 2.11, *p* < 0.01; alpha:  $\beta$  = 1.42, *p* = 0.01, see Table 2).

### Comparisons of MBIs and FRs

There was no significant difference between the MBIs and FRs of the STN on different sides or on the same side of the brain within each patient (all *p* > 0.05; see Table S3 in the supplementary material for details). There was no interaction between the MBIs and FRs of different anesthetic methods and different sides of the STN (see Table S4 in the supplementary material for details).





**Fig. 3** MER Comparisons between the awake and asleep groups. **A, B** MER raw data: one representative example of STN MER data in 1 s in the awake group and asleep group, respectively. **C, D** Envelope waveform: computed from the Hilbert transformed MER signal within the

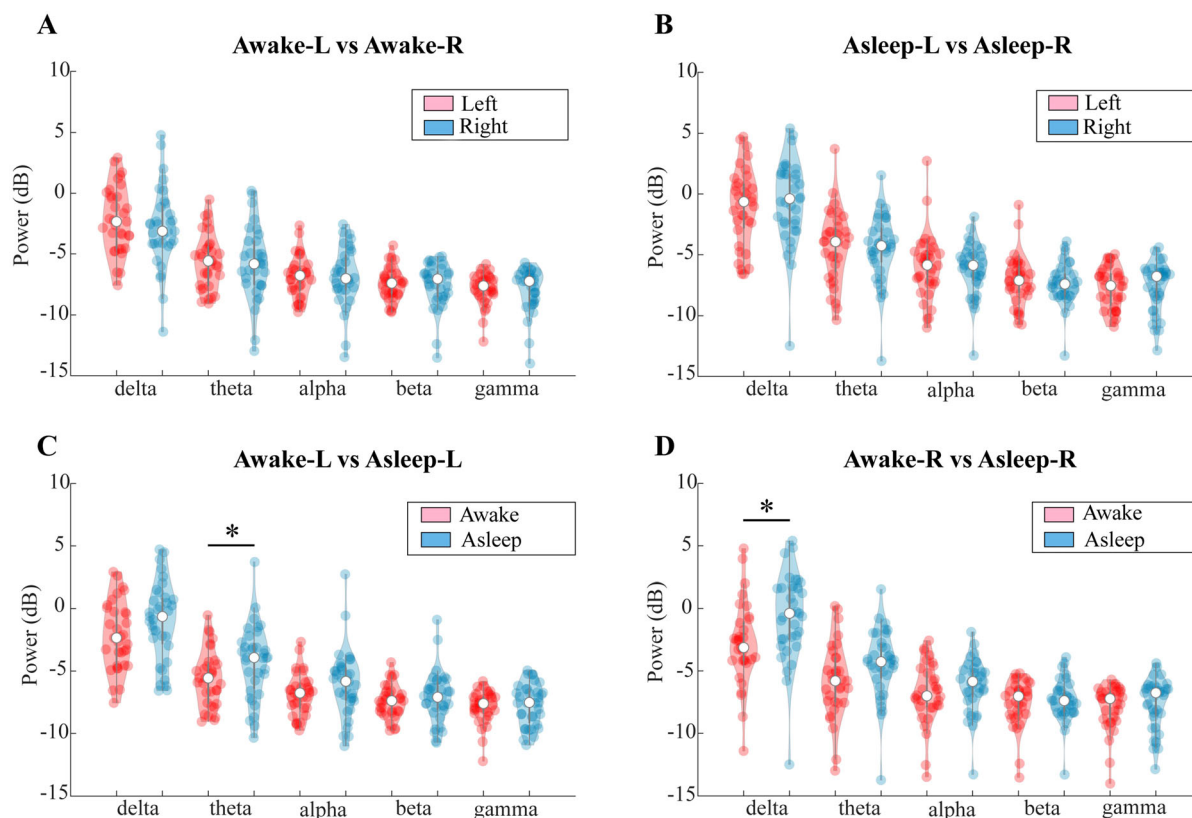
marked area of (**A, B**, respectively). **E, F** The autocorrelation of the 10-s MER raw data in the awake group and asleep group. MER: microelectrode recording; STN: subthalamic nucleus

### Comparisons of MER Trajectories and Length of STN

The operation results of the two groups were compared (see Table S5 in the supplementary material for details). The mean total number (bilateral STN) of MER trajectories was  $3.12 \pm 1.54$ . There was no statistical difference between the two groups in terms of the total number of MER trajectories, the ratio when the total number of MER trajectories was equal to 2, and the length of the left STN ( $p > 0.05$ , for all). Although the length of the right STN in the asleep group was statistically longer than that in the awake group ( $p = 0.02$ ), there was limited clinical relevance.

### Comparisons of Clinical Outcomes at the 6-Month Follow-up

Table 3 compares the improvement in motor symptoms and non-motor symptoms between the two groups. There was no significant difference between the two groups (all  $p > 0.05$ ). In the adverse events category, no patient suffered permanent deficits, bleeding, or death. In the awake group, a 6-month follow-up result of adverse events showed that one case had an incision-induced infection. One patient developed mental abnormality as a result of self-administered overdoses of antiparkinsonian medications. In the asleep group, there were no occurrences of intraoperative awareness, perioperative neurocognitive disorders, or mental



**Fig. 4** The power spectrum: the mean and SD between 0 and 100 Hz for the two groups. **A** Violin plots illustrating differences in the mean spike power in the delta, theta, alpha, beta, and gamma between the left and right STN in the awake group. **B** Differences in the mean spike power in the delta, theta, alpha, beta, and gamma between the left and right STN in the asleep group. **C** For left STN, the differences mean spike power between the two groups.

There was a significant difference in the theta band for the left STN between the two groups. **D** For right STN, the mean spike power differences between the two groups. There was a significant difference in the theta band for the left STN between the two groups. Significant changes are highlighted with a \* ( $p < 0.05$ ). STN: subthalamic nucleus.

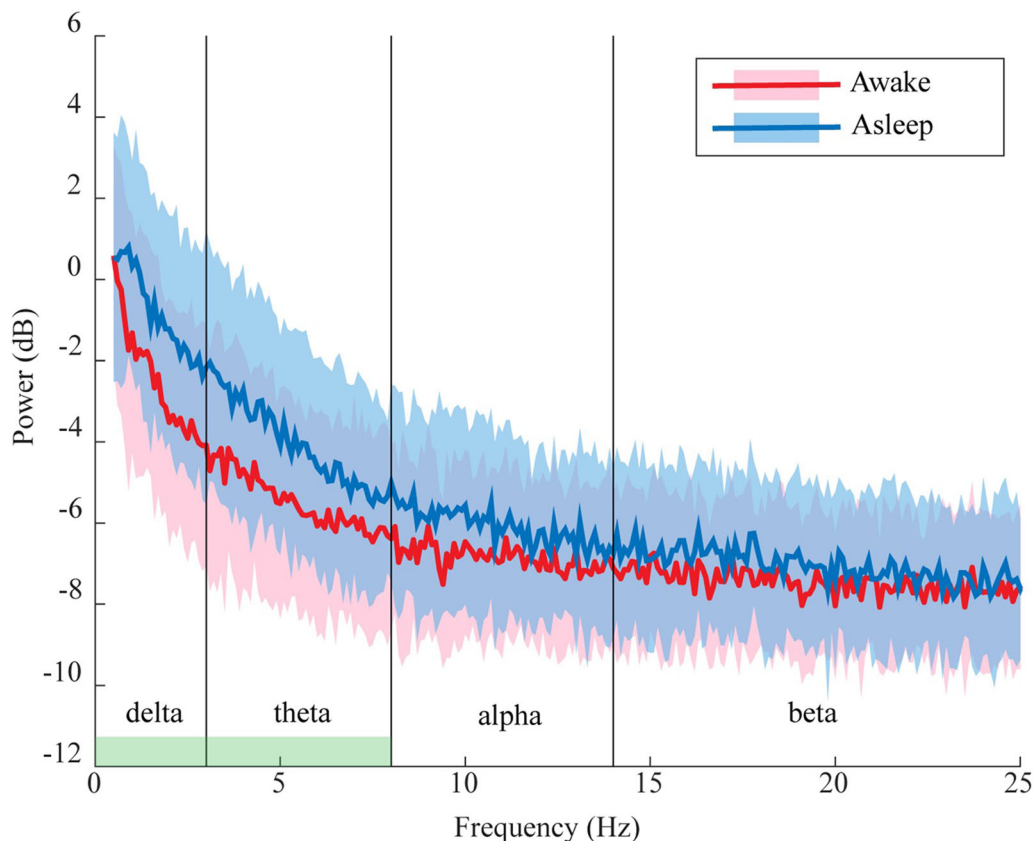
disorders. Five cases had incision-related infections and seven cases developed transient hiccups. One patient had drug-induced hallucinations, with a previous history of this before surgery. One patient with respiratory comorbid conditions experienced dyspnea after tracheal extubation failure and required reintubation.

## DISCUSSION

In this study, the anesthetic approach of Narcotrend-optimized anesthesia-depth control and TCI-guided propofol and remifentanil

dosage achieved good STN signals and clinical efficacy. This regimen allowed effective MER under propofol without affecting the bursting or firing rates, and increased the power of delta and theta in the MERs for the asleep group. We found no significant changes in the debated non-motor effects between two groups, in particular cognitive and psychobehavioral.

Previous studies have shown that the use of remifentanil or propofol inhibits MER signals, which seems to be different from our results [16, 30, 31]. However, it is worth noting that Mciver et al. [30] used a bolus administration (propofol 0.3 mg/kg or remifentanil 0.05 mg/kg) and Benady et al. [31] used continuous



**Fig. 5** Difference in power spectrum between the awake and asleep groups. The red and blue lines are the mean spectrum of the MER in the awake and asleep groups, respectively. Significant differences are highlighted in green

( $p < 0.05$ ). The powers of delta- and theta-frequency oscillation in the asleep group were significantly increased than those in the awake group ( $p < 0.01$   $p = 0.01$ ). MER: microelectrode recording

constant rate administration (propofol 50  $\mu\text{g}/\text{kg}/\text{min}$  or remifentanyl 0.1  $\mu\text{g}/\text{kg}/\text{min}$ ) without an objective level of consciousness assessment or local scalp anesthesia. In this study, we used an electroencephalogram monitoring-guided propofol-remifentanyl TCI (1–2  $\mu\text{g}/\text{ml}$  and 2–3  $\text{ng}/\text{ml}$ , respectively) with the local scalp anesthesia regimen. Typically, continuous infusion of 0.1–0.5  $\text{ug}/\text{kg}/\text{min}$  remifentanyl is approximately 3–7  $\text{ng}/\text{ml}$  when using a TCI [32]. Therefore, our doses tended to be lower. At the same time, it is important to note that our study did not explore the effect of a single drug on MER. These controversial results suggest the importance of choice, dosage, and the timing of anesthetic agents for the recording of STN neuron firing [15–17, 21, 33]. Our combined use of propofol and remifentanyl has the advantage

that these drugs exhibit synergistic effects, which reduces their required doses and any associated adverse drug reactions. Also, a multimodal analgesic regimen, including local scalp anesthesia, and a small dose of dexmedetomidine and flurbiprofen can reduce the amount of analgesics. For PD patients, lower-than-average propofol doses are sufficient [9, 34]. Previous research showed that the propofol requirement for induction and remifentanyl requirement for tracheal intubation and skin incision were significantly reduced compared to the requirements for non-PD patients [35, 36]. This phenomenon may be due to increased sensitivity to anesthetics in PD patients due to degenerative brain lesions, resulting in abnormal pharmacodynamic characteristics of the anesthetics. Therefore, the conventional

**Table 2** Results of linear regression analysis

	Delta power of left STN		Delta power of right STN		Delta power of STN (both side)	
	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>p</i>
Anesthetic methods	2.03 (0.28, 3.79)	0.02	3.24 (1.60, 4.89)	< 0.01	2.64 (1.26, 4.02)	< 0.01
Age	−0.01 (−0.10, 0.09)	0.91	−0.07 (−0.15, 0.02)	0.13	−0.04 (−0.11, 0.04)	0.32
MDS-UPDRS III off	0.01 (−0.06, 0.08)	0.78	0.01 (−0.06, 0.07)	0.85	0.01 (−0.05, 0.06)	0.77
MDS-UPDRS III on	−0.03 (−0.15, 0.09)	0.63	0.03 (−0.08, 0.14)	0.56	0.00 (−0.09, 0.10)	0.97
	Theta power of left STN		Theta power of right STN		Theta power of STN (both side)	
	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>p</i>
Anesthetic methods	1.97 (0.45, 3.48)	0.01	2.25 (0.83, 3.66)	< 0.01	2.11 (0.88, 3.33)	< 0.01
Age	−0.03 (−0.11, 0.05)	0.45	−0.09 (−0.16, −0.01)	0.02	−0.06 (−0.12, 0.01)	0.08
MDS-UPDRS III off	0.02 (−0.04, 0.07)	0.57	0.00 (−0.06, 0.05)	0.93	0.01 (−0.04, 0.05)	0.76
MDS-UPDRS III on	−0.01 (−0.12, 0.09)	0.80	0.02 (−0.08, 0.16)	0.69	0.00 (−0.08, 0.09)	0.94
	Alpha power of left STN		Alpha power of right STN		Alpha power of STN (both side)	
	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>p</i>
Anesthetic methods	1.41 (0.11, 2.70)	0.03	1.43 (0.25, 2.61)	0.02	1.42 (0.41, 2.42)	0.01
Age	−0.02 (−0.09, 0.05)	0.58	−0.07 (−0.14, −0.01)	0.02	−0.05 (−0.10, 0.01)	0.09
MDS-UPDRS III off	0.01 (−0.04, 0.06)	0.58	0.01 (−0.03, 0.06)	0.60	0.01 (−0.03, 0.05)	0.51
MDS-UPDRS III on	−0.02 (−0.10, 0.07)	0.72	−0.02 (−0.10, 0.06)	0.61	−0.02 (−0.09, 0.05)	0.60
	Beta power of left STN		Beta power of right STN		Beta power of STN (both side)	
	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>P</i>	<i>B</i> (95% CI)	<i>p</i>
Anesthetic methods	0.60 (−0.41, 1.61)	0.24	0.69 (−0.29, 1.67)	0.16	0.65 (−0.14, 1.43)	0.10
Age	−0.02 (−0.07, 0.04)	0.53	−0.05 (−0.10, 0.01)	0.09	−0.03 (−0.07, 0.01)	0.14
MDS-UPDRS III off	0.01 (−0.03, 0.05)	0.72	0.03 (−0.01, 0.06)	0.19	0.02 (−0.01, 0.05)	0.29
MDS-UPDRS III on	−0.01 (−0.08, 0.06)	0.75	−0.03 (−0.09, 0.04)	0.40	−0.02 (−0.07, 0.03)	0.47
	Gamma power of left STN		Gamma power of right STN		Gamma power of STN (both side)	
	<i>B</i> (95% CI)	<i>p</i>	<i>B</i> (95% CI)	<i>p</i>	<i>B</i> (95% CI)	<i>p</i>
Anesthetic methods	0.25 (−0.65, 1.15)	0.58	0.65 (−0.46, 1.76)	0.25	0.45 (−0.37, 1.27)	0.27
Age	0.01 (−0.04, 0.05)	0.84	0.00 (−0.06, 0.06)	0.93	0.00 (−0.04, 0.04)	0.96
MDS-UPDRS III off	0.02 (−0.02, 0.05)	0.37	0.03 (−0.01, 0.08)	0.12	0.02 (−0.01, 0.06)	0.12
MDS-UPDRS III on	−0.02 (−0.08, 0.04)	0.58	−0.04 (−0.12, 0.04)	0.29	−0.03 (−0.08, 0.03)	0.31

Significance was recognized when  $p < 0.05$

STN subthalamic nucleus, MDS-UPDRS III part 3 motor examination of the Movement Disorder Society-Unified Parkinson's Disease Rating Scale

**Table 3** Motor and non-motor effects of STN DBS at 6 months

	Group	N	Baseline	6 months	Change	Change/ Baseline	p value
Motor effects							
MDS-UPDRS III off (range 0–132)	Awake	12	68.00 ± 16.34	44.83 ± 20.92	23.42 ± 18.42	0.35 ± 0.25	0.45
	Asleep	9	65.44 ± 15.88	29.78 ± 8.89	24.67 ± 15.79	0.43 ± 0.21	
MDS-UPDRS III on (range 0–132)	Awake	12	21.67 ± 9.30	20.75 ± 12.04	0.83 ± 9.54	−0.01 ± 0.49	0.95
	Asleep	9	21.78 ± 9.70	19.56 ± 10.97	2.22 ± 12.36	−0.03 ± 0.89	
Non-motor effects							
Sleep							
PSQI (range 0–21)	Awake	12	19.08 ± 6.88	15.58 ± 7.77	3.50 ± 0.06	−0.3 ± 0.86	0.30
	Asleep	10	9.40 ± 3.57	6.70 ± 4.55	2.70 ± 0.36	0.29 ± 0.39	
PDSS (range 0–150)	Awake	12	95.83 ± 21.75	114.00 ± 20.46	18.17 ± 19.48	0.23 ± 0.26	0.10
	Asleep	10	108.90 ± 14.84	116.85 ± 10.56	7.95 ± 7.22	0.08 ± 0.08	
ESS (range 0–24)	Awake	12	7.08 ± 6.07	5.58 ± 5.26	1.50 ± 3.18	0.15 ± 0.61	0.56
	Asleep	10	9.70 ± 5.68	8.70 ± 5.76	1.00 ± 4.00	0.01 ± 0.51	
Quality of life							
PDQ-39 (range 0–156)	Awake	12	31.32 ± 13.04	20.28 ± 13.86	11.04 ± 13.55	0.34 ± 0.35	0.40
	Asleep	10	32.79 ± 12.21	15.39 ± 7.57	17.39 ± 14.80	0.46 ± 0.31	
NMSS (range 0–360)	Awake	12	41.67 ± 34.33	18.75 ± 17.07	22.92 ± 24.57	0.35 ± 0.73	0.67
	Asleep	10	29.30 ± 20.88	17.10 ± 11.53	12.20 ± 18.31	0.24 ± 0.46	
Mental status							
HAMD (range 0–56)	Awake	12	13.75 ± 6.68	7.67 ± 4.76	6.09 ± 6.37	0.32 ± 0.53	0.20
	Asleep	10	6.70 ± 4.06	6.50 ± 3.10	0.2 ± 5.29	−1.16 ± 3.85	
HAMA (range 0–96)	Awake	12	9.25 ± 9.28	4.33 ± 3.09	4.92 ± 8.93	0.38 ± 0.49	0.19
	Asleep	10	5.30 ± 5.01	2.90 ± 2.38	2.40 ± 5.10	−0.34 ± 1.78	
Cognitive function							
MMSE (range 0–30)	Awake	11	27.91 ± 3.78	27.46 ± 1.37	−0.46 ± 3.33	0.01 ± 0.18	0.65
	Asleep	10	28.50 ± 1.65	27.90 ± 2.73	−0.60 ± 1.90	−0.02 ± 0.07	
MOCA (range 0–30)	Awake	11	22.82 ± 3.89	23.73 ± 3.55	0.91 ± 3.15	0.05 ± 0.14	0.76
	Asleep	10	24.20 ± 4.85	25.30 ± 3.89	1.10 ± 3.38	0.07 ± 0.17	

Numbers indicate means ± standard deviations (SD). Significance was recognized when  $p < 0.05$

STN:subthalamic nucleus, DBS deep brain stimulation, MDS-UPDRS III part 3 motor examination of the Movement Disorder Society-Unified Parkinson's Disease Rating Scale, PSQI Pittsburgh Sleep Quality Index, PDSS Parkinson's Disease Sleep Scale, ESS Epworth Sleepiness Scale, PDQ-39 39-item Parkinson's Disease Questionnaire, NMSS Non-Motor Symptom Scale, HAMD Hamilton Depression Scale, HAMA Hamilton Anxiety Scale, MMSE Mini-Mental State Examination, MOCA Montreal Cognitive Assessment



pharmacodynamic concept and drug infusion methods of administering IV drugs (bolus dose and continuous infusion) might lead to a relative overdose of propofol and opioid analgesics during MER. This could further affect the recording of STN neuron firing and lead to compromise of cardiovascular function, delayed emergence, and postoperative delirium due to over-sedation. Compared to traditional drug infusion methods, TCI may be more suitable for patients with PD especially during MER, with the advantage of achieving micro-injection and more precisely controlled target drug concentration in the plasma or at the effect site. On the other hand, monitoring the depth of anesthesia may be sufficiently reliable to maintain proper light-state anesthesia during MER under a low dose of narcotics. This has significance in minimizing the interference of electrophysiological signals, preventing intraoperative consciousness and intracranial hypertension caused by physical movement and asphyxia. It will help to avoid hemodynamic events caused by deep anesthesia and postoperative cognitive dysfunction.

A similar study demonstrated the feasibility of using propofol and remifentanyl combined with BIS monitoring for modulating anesthesia during STN-DBS surgery, with propofol TCI and continuous infusion of remifentanyl [15]. However, this study did not perform quantitative analysis of intraoperative electrophysiology and did not follow up on the outcomes of postoperative non-motor symptoms (such as cognitive/mental function). MER can be achieved during asleep DBS as long as the drug and the depth of anesthesia are appropriate, but it is also important for anesthesiologists to protect the cognitive/mental aspects of elderly PD patients [18]. Therefore, emphasis should be placed on the choice of anesthetic drugs used. Compared with sevoflurane, propofol anesthesia can reduce the incidence of postoperative delirium in elderly patients, and it has the advantage of protecting the fragile brains of the elderly. Additionally, propofol anesthesia can reduce the incidence of delayed neurocognitive recovery in elderly patients after tumor surgeries [12]. In a vulnerable mouse transgenic model, the incidence of cognitive impairment and

neuroinflammatory sequelae after using propofol were lower than after using inhaled anesthetic drugs [37]. It has been reported that propofol can alleviate 1-methyl-4-phenylpyridinium-induced oxidative stress by increasing the content of reactive oxygen and ATP levels, as well as by improving mitochondrial membrane potential. This prevents the neurotoxicity of 1-methyl-4-benzene pyridinium that leads to PD [14]. In general, propofol is more suitable for anesthesia in elderly patients.

Propofol induces variable anesthetic effects when it is used at different doses and acts on different receptors. However, it is still unclear which molecular targets have the greatest clinical effects and which cause unnecessary side effects. Different concentrations of propofol have different effects on the central nervous system and electroencephalogram. At sedative concentrations, propofol significantly decreased the activity of neurons in the cortical neural network, weakened alpha power, and enhanced frontal beta power. At higher hypnotic concentrations, the activity of neurons in the subcortical structures was also affected, while the slow-wave activity in the delta band became more prominent and the frontal beta power decreased [38]. It seems that the effect of propofol on the basal ganglia discharge is closely related to the dose. For patients with dystonia, the average firing rates of internal globus pallidus were lower under propofol anesthesia [39]. Similarly, it appears to be dose-related, as one of the patients receiving a low dose of propofol (60 mg IV) had firing patterns that were not different from those in other non-sedated patients. Our data show that propofol anesthesia does not inhibit the MER signal, but it does enhance the power of low-frequency signals. This finding, which was not observed in the awake group, may be used as an electrophysiological marker for STN signals during MER under propofol anesthesia and helps to target localization. It supports the view that propofol anesthesia needs to optimize the depth of anesthesia and increase the controllability of anesthesia from the perspective of concentration, dose, and time of administration. No studies have determined whether increased low-frequency power during anesthesia directly

affects clinical prognostic outcomes. However, the current hypothesis of the mechanism of STN-DBS, “information damage” and “synaptic filtering” [40], indicates that the lack of low-frequency information increases the limitation of DBS, and propofol enhancement of low-frequency information during anesthesia may play a short-term role by compensating for this defect.

This study had some limitations. The anesthesia method was determined by patient’s choice so patients were not randomly assigned to the awake group and asleep group. Nevertheless, the comparable baseline for both groups and the rigorous surgery, anesthesia, and follow-up procedures performed by the same team strengthen the results. In this study, spike sorting was not performed when comparing the FRs, MBIs, and total power of the two groups. Although some related studies were also based on data without spike sorting, our results are not sufficient to reach any conclusions at the level of single units. Multi-center large sample-size prospective studies are required to distinguish the subtle differences in electrophysiological characteristics and long-term clinical outcomes between the two groups that we reported here.

## CONCLUSIONS

We conclude that the anesthetic regimen reported here, during STN-DBS, is safe and effective for patients with advanced PD. Propofol anesthesia in asleep DBS needs to optimize the depth of anesthesia and increase the controllability of anesthesia from the aspects of concentration, dose, and time of administration. The increased delta, theta, and alpha power observed during MER reflects characteristic signature in the STN under optimized propofol anesthesia, which may be helpful for target identification.

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**Data Availability.** All data generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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