REVIEW

# New Developing Treatments for Molluscum Contagiosum

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## ABSTRACT

A large variety of treatments for molluscum contagiosum (MC) are available, but none are Food and Drug Administration (FDA) approved and there is no consensus on the optimal approach, mainly owing to a lack of high-level data. Physical modalities are widely used, but require repeated outpatient visits for administration, are painful and difficult to perform in children, and are associated with the possibility of residual scarring and post-inflammatory hypo- or hyperpigmentation. Two experimental topical drugs, a new standardized preparation of topical cantharidin, called VP-102, and a topical nitric oxide (NO)-releasing product containing berdazimer, called SB206, represent promising products that have been designed to overcome the limitations of current treatments. They have recently shown good results in terms of safety and efficacy in large cohorts of patients in phase III studies and have the potential to be the first FDA-approved therapies for the treatment of MC.

**Keywords:** Molluscum contagiosum; Treatment; Cantharidin; Berdazimer; Nitric oxide

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#### **Key Summary Points**

A safe and effective treatment for molluscum contagiosum (MC) still represents an unmet need.

VP-102 is a proprietary drug-delivery device combination containing cantharidin 0.7% [w/v] in a film-forming topical solution designed to overcome compounded cantharidin formulation limitations and application concerns.

SB206 is a new nitric oxide (NO)-releasing topical drug consisting of a gel containing berdazimer sodium and a carboxymethyl cellulose hydrogel that acts as a proton donor.

Robust phase III trials are available for both drugs, showing complete clearance in 50% of patients treated with VP-102 and 32% of patients treated with SB206, with mild to moderate local skin reactions.

It is still unclear whether VP-102 and SB206 are superior or not in terms of efficacy to the currently adopted MC treatments as in the clinical trials they were compared with vehicle.

Based on good results in terms of safety and efficacy, VP-102 and SB2016 have the potential to be the first FDA-approved MC therapies.

#### INTRODUCTION

Molluscum contagiosum (MC) is a common cutaneous infection caused by a DNA poxvirus that mainly affects children, sexually active adults, and immunocompromised patients [1]. There are four known types of MC virus (MCV1–4), with MCV1 and MCV2 being the most common. MC is one of the five most prevalent skin diseases in the world and the



Fig. 1 Molluscum contagiosum: multiple, typical umbilicated papules of the pubis

third most common viral skin infection in children, with a reported prevalence of 5.1–11.5% [2, 3]. There is no gender predilection, but there is a different prevalence depending on the geographical areas, with greater frequency in regions with warm climates [3, 4]. Children affected by atopic dermatitis represent a risk group. MC virus replicates in epidermal keratinocytes, leading to focal hyperplasia. It is mainly transmitted by skin-toskin contact, and the incubation period is estimated to be 2–8 weeks [5, 6].

The diagnosis of MC is generally clinical due to its typical presentation. It is characterized by single or multiple, small (2-5 mm), pink or skincolored papules with a typical central umbilication [7] (Fig. 1). They generally occur on the face, trunk, and extremities in children and on the genitals in young adults as a sexually transmitted disease and can be associated with itching, eczema, and secondary bacterial infections. Dermoscopy can help in doubtful cases by showing a central area with white and/or yellow amorphous structures and a peripheral crown of linear or branched vessels [8, 9]. Other emerging diagnostic techniques that can aid in the diagnosis of MC include reflectance confocal microscopy (RCM) and line-field confocal optical coherence tomography (LC-OCT) [10–12]. Biopsy for histopathological evaluation is limited to atypical cases: the characteristic microscopic findings are represented by a crateriform invagination of hyperplastic epithelium composed of enlarged keratinocytes containing inclusion bodies known as Henderson–Patterson bodies [13].

MC is a self-limiting condition that usually resolves spontaneously within 6-9 months in immunocompetent individuals [14]. In a retrospective study [15] on treated and untreated MC lesions, a 12-month resolution rate of 45.6% and 48.8%, respectively, was observed. After 18 months, the resolution rate was 69.5% in the treated versus 72.6% in the untreated group [15]. For this reason, the decision to treat or not is made on a case-by-case basis, and some clinicians suggest a wait-and-see approach to avoid painful, time-consuming, and costly therapies that may result in skin discoloration and/or scarring [16]. However, in some cases, the lesions can spread and persist for several months to years. In a study on 306 children affected by MC, 30% of the cases persisted at 1.5 years, and 13% at 2 years [17].

Treatment of MC is especially indicated in patients with extensive disease, for esthetic reasons, or in case of secondary complications (bacterial superinfection, molluscum dermatitis, or conjunctivitis) [18]. Other reasons for treating MC include relieving discomfort, reducing the risk of autoinoculation and spread to others, and eliminating social stigma [16, 18, 19].

A wide variety of treatments with different levels of evidence are available for the management of MC [14, 20, 21]. They can be classified as physical, chemical, immunomodulatory, and antiviral (Table 1) [20, 22–24]. This large number of approaches suggests that a method that is unanimously recognized to be better than others does not exist, as confirmed by the 2020 European guideline on the management of genital MC (25) and the 2017 Cochrane review on the interventions for MC [16]. Several studies have been conducted on different treatments, with conflicting results [15, 16, 20, 23, 26]. The choice to adopt one approach or another depends on different factors, including the number/localization of lesions, the clinician's experience, and the patient's characteristics and compliance [16, 20, 22–24]. According to some authors [20, 22, 23, 25], surgical/physical approaches represent the first-line treatments. In some

#### Table 1 Reported treatments for molluscum contagiosum

Physical/mechanical

Cryotherapy Curettage Duct tape occlusion Squeezing/extraction

Laser therapy

Photodynamic therapy

Chemical (topical)

5-Fluorouracil

Benzoyl peroxide

Cantharidin

Glycolic acid

Lactic acid

Podophyllotoxin

Potassium hydroxide

Retinoids (tretinoin, adapalene)

Salicylic acid

Silver nitrate

Trichloroacetic acid

Immunomodulatory

Imiquimod (topical)

Cimetidine (oral)

Interferon alfa (subcutaneous/intralesional)

Intralesional immunotherapy (*Candida* antigen, combined measles, mumps, rubella vaccine, tuberculin purified protein derivative, vitamin D3)

Diphencyprone (topical)

Autoinoculation

Antiviral

Cidofovir (topical/intravenous)

clinical trials, clearance rates ranged from 71% to 100% for cryotherapy and from 70% to 80% for curettage [27, 28]. However, these procedures

require repeated in-office visits for administration, and are painful and difficult to perform in children, who account for the majority of MC patients, owing to fear and the discomfort of the treatment. Other disadvantages are the possibility of residual scarring and post-inflammatory hypo- or hyperpigmentation, which may be not accepted, especially in the case of lesions localized on the face. As regards topical approaches, a systematic review conducted in 2018 identified eight studies (with a total of 991 MC patients) evaluating different cantharidin strengths (from 0.7% to 0.9%) [29]. Clearance rates were variable, ranging from 15.4% to 100% depending on the variability of the concentration, treatment interval, procedure, demographics, and rates of concurrent dermatitis [29]. However, an overall low level of evidence of the included studies was evidenced [29]. In a randomized clinical trial on 53 children, 10% and 15% potassium hydroxide formulations were demonstrated to clear MC lesions in 58.8% and 64.3% of the patients, respectively [30]. In a 2010 study conducted on 37 patients, imiquimod 5% cream resulted in complete MC clearance in 92% of cases [27], but the 2017 Cochrane review concluded that it is not better than placebo and may produce adverse effects at the application site such as pain, blistering, scars, and/or pigmentary changes [16].

For the above reasons, the development and assessment of efficacious, painless, and safe topical treatments for MC are desirable. From a literature search, two experimental topical medications, a novel standardized preparation of topical cantharidin, called VP-102 (Verrica Pharmaceuticals), and a topical nitric oxide (NO)-releasing product containing berdazimer, called SB206 (Novan), have recently shown promising results in phase II and III studies and will be the object of the present review. This article is based on previously conducted studies and does not contain any new studies with human participants or animals.

# VP-102

Cantharidin is a naturally occurring terpenoid compound derived from the alimentary tract of beetles belonging to the order Coleoptera, family Meloidae, otherwise known as blister beetles, which has a long history of use for MC [24, 31]. Compounded cantharidin formulations in different strengths (usually from 0.7% to 0.9%) have been used for the topical treatment of MC with or without occlusion for more than 60 years [32, 33]. The mechanism of action includes weakening and degradation of keratinocyte desmosomes, localized blister formation within a few hours with shedding of infected keratinocytes, and viral clearance [33]. As already reported in the "Introduction," although some studies evaluating different compounded formulations of cantharidin in small cohorts of MC patients showed good results, the safety and efficacy of doses, regimens, and application methods have not been assessed in large-scale controlled trials [6, 29, 33-36]. In addition, cantharidin is usually applied by the physician using nonstandardized tools, such as cotton-tipped wooden swabs or toothpicks, which can cause unwanted side effects, unaffected skin treatment, and/or cross-contamination [37]. Common reported adverse events (AEs) associated with topical cantharidin are discomfort/pain and dyschromia, which are directly related to its vesicant mode of action [24]. Another important limitation regarding the use of cantharidin in treating MC is that, currently, there is no Food and Drug Administration (FDA)-approved and/ or European Medicines Agency (EMA)-approved formulation of this molecule, as well as no uniform manufacturing processes in accordance with Good Manufacturing Practices [2, 24]. Cantharidin can be difficult to obtain in compounding pharmacies due to local guidance, with uncertainties regarding formulation stability and concentration of the active ingredient [2, 38].

VP-102 is a proprietary drug-delivery device combination containing cantharidin 0.7%weight/volume [w/v] in a film-forming topical solution. It consists of a glass ampule of 450  $\mu$ L of solution within a single-use applicator and contains cantharidin that is more than 99% pure [14]. When the ampule is crushed, the solution is released to flow through a filter and into the tip of the applicator [33]. This commercially manufactured cantharidin

formulation also includes gentian violet, a surgical dve that should facilitate the distinction between treated and untreated lesions during application, and denatonium benzoate, a bittering agent to deter potential oral ingestion. The standardized drug formulation and precision applicator combination of VP-102 are designed to overcome the compounded cantharidin formulation limitations and application concerns [37]. In particular, the small tip of the applicator has been designed to improve safety and efficacy by targeting MC lesions and sparing surrounding healthy skin, while the presence of gentian violet dve avoids overtreatment of each lesion. The single-use applicator may also reduce the potential for cross-contamination [37].

The first clinical evaluation of VP-102 was obtained by a phase II, open-label study assessing systemic exposure, safety, efficacy, and impact on quality of life (QoL) of VP-102 treatment in 33 immunocompetent children aged 2-15 years affected by MC [37]. Treatment was administered every 21 days until clinical clearance (maximum four cycles). At the end of the study, negligible systemic cantharidin exposure was observed. Adverse effects were mild to moderate in severity and did not lead to treatment discontinuation (pain in 57.6% of subjects). Complete clearance was observed in 48.5% of cases, with an overall reduction from baseline in MC number of 90.4%. Finally, an improvement in QoL from a mild disease effect at baseline to no effect at the end of the study was recorded [37].

To determine the safety and efficacy of VP-102 in MC versus vehicle in a larger population, two phase III, randomized, double-blind, vehicle-controlled trials of identical design [Cantharidin Application in Molluscum Patients (CAMP-1 and CAMP-2)] were conducted on a total of 528 individuals with MC aged 2 years and older in 31 centers across the USA [33]. Participants were randomized to topical application of VP-102 (n = 310) or vehicle (n = 218) to all treatable lesions every 21 days until complete lesion clearance, or up to four treatments. Mean age was 7.5 years (range 2–60 years) for VP-102 and 6.8 years (2–54 years) for vehicle, and patients presented at baseline a mean lesion

count of  $20.5 \pm 23.1$  (range 1–184) in the VP-102 group and 22.5  $\pm$  22.3 (range 1–110) in the vehicle group. At the end of the study, VP-102 was statistically significantly superior to vehicle in achieving complete clearance of MC lesions in both trials [33]. In the pooled analysis of the two trials, the percentage of subjects with complete clearance (primary endpoint) at day 84 was 50% compared with 15% in the vehicle group [39]. As regards the secondary outcome, significant differences in favor of VP-102 in the percentage of participants achieving complete lesion clearance were observed after a single treatment at day 21 for CAMP-1 and for all subsequent time points for CAMP-1 and CAMP-2. Moreover, at the end of treatment, VP-102treated participants had experienced a mean percent decrease in lesions from baseline of 69% for CAMP-1 and 83% for CAMP-2 (versus 20% increase and 19% decrease in lesions from baseline for vehicle for each trial) [33]. Application site pain, pruritus, erythema, and blistering, mild or moderate in severity, were the most commonly reported AEs, which were expected due to the pharmacodynamic action of cantharidin on the skin. The AE-related discontinuation rate was 1.9% (compared with 0.5% for the vehicle). There was no evidence of AEs suggestive of systemic absorption. Finally, post hoc analyses of pooled data from the two trials showed consistent safety and efficacy of VP-102 across each affected body region (head/neck, chest/abdomen, back/buttocks, groin, upper and lower extremities) [38]. VP-102 is still in preregistration phase in the USA for the treatment of MC.

### SB206

Nitric oxide is an endogenous molecule that provides localized immunity against foreign organisms by acting as both a short-lived immune modulator and a direct broad-spectrum antimicrobial agent against bacteria, yeast, fungi, and viruses including human Herpesviridae, human papillomavirus, and MC [40–47].

SB206 is a novel topical NO-releasing medication consisting of two components: a gel containing berdazimer sodium, a macromolecule with a polysiloxane backbone covalently bound to *N*-diazeniumdiolate NO donors, coadministered with a carboxymethyl cellulose hydrogel functioning as a proton donor [40, 48]. This combination promotes NO release from the macromolecule at the time and site of application, thus minimizing systemic exposure [41]. SB206 likely exerts its antiviral effects on MC through protein nitrosylation and NF- $\kappa$ B modulation [49].

A phase II, multicenter, randomized, doubleblind, vehicle-controlled, dose-finding trial evaluated the efficacy and tolerability of three concentrations and two dosing regimens of topical SB206 (4%, 8%, and 12% twice daily and 12% once daily) used for up to 12 weeks in patients at least 2 years of age with 3-70 MC lesions at baseline [41]. In patients who completed 12 weeks of treatment (n = 217), all MC lesions cleared in 20.0% of those who received vehicle compared with 13.2%, 41.0%, and 35.1% of those treated with twice daily SB206 4%, 8%, and 12%, respectively, and 41.9% of patients treated with once daily SB206 12%. The most common AEs were application-site reactions (erythema, dryness, eczema, and edema) that led to treatment discontinuation in two patients in each of the SB206 4%, 8%, and 12% twice daily groups and zero patients in the vehicle or SB206 12% once daily group. This study identified berdazimer sodium 12%, equivalent to berdazimer free base 10.3%, applied once daily as a suitable candidate for phase III development, providing the best balance between lesion clearance and drug tolerability [41, 49].

The results of the phase III multicenter, randomized, vehicle-controlled study evaluating the efficacy and safety of SB206 10.3% (called in the trial "berdazimer 10.3% gel") in the treatment of MC (B-SIMPLE4 study) were published in July 2022 [49]. The trial included 891 patients at least 6 months of age with 3–70 MC lesions from 31 centers across the USA [49]. Patients were randomized to once-daily treatment with SB206 (444) or vehicle gel (447) for 12 weeks. Mean ages were 6.6 years for the SB206 group and 6.5 years for the vehicle group. At the end of the study, 32.4% of patients in the SB206 group achieved complete clearance, compared with 19.7% of patients in the vehicle group (P < 0.0001). Moreover, 43.5% of the SB206 group achieved a lesion count of 0 or 1 compared with 24.6% of the vehicle group, and 43.0% of the SB206 group achieved a reduction of 90% or greater from baseline of MC lesion number compared with 23.9% of the vehicle group. Overall, SB206 treatment was well tolerated, as demonstrated by low AE-related discontinuation rates (4% compared with 0.7% for the vehicle group). The most common AEs were application site pain and erythema, mostly mild in severity and reversible [49]. They were common in the first 2 weeks of application but improved with time [49].

There is also evidence that SB206 may trigger the beginning of the end (BOTE) sign, a clinical sign of inflammation (including erythema, induration, and scale) that predicts imminent resolution of MC lesions [40]. In an integrated analysis of two prospective, 12-week, randomized, double-blind clinical trials on 707 patients, those treated with SB206 and BOTE+ experienced the greatest reduction in MC lesion count [40].

SB206 has not yet been approved by the FDA, but the developer announced their intention to submit a new drug application (NDA) to the US FDA for MC in Q4 of 2022.

# DISCUSSION

Currently, a safe and effective treatment for MC represents an unmet need. Although several approaches are used by clinicians for this widespread skin infection, there are no FDA-approved treatments and there is no consensus on the optimal approach, mainly because of the lack of high-level data.

VP-102 and SB206 are new promising topical products that have been designed to overcome the limitations of current treatments (Table 2). Robust phase III trials are available for both drugs, where the timing of administration was different: a single application (to be repeated every 21 days in case of persistence) for VP-102 and once daily (self or caregiver administered) for SB206 [33, 49]. Complete clearance was

Drug name	VP-102	SB206
Formulation	Topical solution	Topical gel
Schedule	Single application to be repeated every 3 weeks until complete lesion clearance (up to four treatments)	Once daily for up to 12 weeks
Modality of administration	Physician administered	Self or caregiver administered
Number of subjects enrolled in the study	528 aged 2 years or older	891 aged 6 months or older
Complete clearance	50% at day 84 (versus 20% vehicle)	32.4% at day 84 (versus 19.7% vehicle)
Common adverse events	Application site pain, pruritus, erythema, and blistering, mild or moderate in severity	Application site pain and erythema, mild in severity
AE-related discontinuation rates	1.9% (versus 0.5% vehicle)	4% (versus 0.7% vehicle)

**Table 2** New developing drugs with phase III study formolluscum contagiosum

observed after 3 months in 50% of patients treated with VP-102 and 32% of patients treated with SB206, and in both studies a significant reduction in lesion count was recorded [33, 49]. AEs were mild to moderate for both treatments, although comparing the results of the two studies, they appear to be milder for SB206. A common issue is that MC lesions located near mucosal sites were excluded in both trials, and this could represent a limitation in clinical practice for the management of periorificial and sexually transmitted MC [50].

The good results in terms of safety and efficacy obtained for VP-102 and SB206 in large cohorts of patients suggest that they have the potential to be the first FDA-approved MC therapies [50]. It is unclear whether they are superior or not in terms of efficacy to the currently adopted treatments as in the clinical trials they were compared with vehicle. Previous studies showed that surgical/physical approaches show higher clearance rates (70-100%) [27, 28], but these represent invasive procedures burdened by possible side effects. Based on the available clinical data, the new treatments could be particularly suitable for children and other sensitive subjects because they are relatively painless in contrast to destructive techniques. Moreover, unlike cryotherapy and aggressive curettage, the risk of scarring is negligible.

Based on the clinical trials, the treatment schedules of the two new products, if approved, will likely consist of a single application to be repeated after 21 days (VP-102). and one application per day for home use for up to 3 months (SB206), respectively. Such treatments, when combined with teledermatology consultations for follow-up, can reduce the number of visits, which is particularly important during pandemic times or in any other environmental limitation that could impair access to medical care services [51].

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*Compliance with Ethics Guidelines.* This article is based on previously conducted studies and does not contain any new studies with human participants or animals.

**Data Availability.** Data sharing is not applicable to this article as no datasets were generated or analyzed during the current study.

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