A review of the recent trend in the synthesis of carbon nanomaterials derived from oil palm by-product materials

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Abstract

Grown only in humid tropical conditions, the palm tree provides high-quality oil essential for cooking and personal care or biofuel in the energy sector. After the refining process, this demand could cause numerous oil palm biomass waste management problems. However, the emergence of carbon nanomaterials or CNMs could be a great way to put this waste to a good cause. The composition of the palm waste can be used as a green precursor or starting materials for synthesizing CNMs. Hence, this review paper summarizes the recent progress for the CNMs production for the past 10 years. This review paper extensively discusses the method for processing CNMs, chemical vapor deposition, pyrolysis, and microwave by the current synthesis method. The parameters and conditions of the synthesis are also analyzed. The application of the CNMs from palm oil and future recommendations are also highlighted. Generally, this paper could be a handy guide in assisting the researchers in exploring economic yet simple procedures in synthesizing carbon-based nanostructured materials derived from palm oil that can fulfill the required applications.

Keywords Palm oil · Carbon Nanomaterials · Biomass waste · Synthesis

1 Introduction

Carbon nanomaterials have a crucial role in nanotechnology. It is the most common and feasible material used in various applications, from energy generation to purification of water pollution. To address the increasing global demand for numerous carbon nanomaterial applications, the production of carbon nanomaterials is also being scaled up. Generally, fossil-derived precursors are used in synthesizing carbon

nanomaterials. The large-scale usage of fossil-derived precursors can be attributed to the decline of fossil fuel deposits, not to mention its detrimental environmental effects. Hence, the development of sustainable materials is significant. In this regard, several solutions must be considered to develop a low-cost and industrially scalable eco-friendly method while attaining the intended application performance. Renewable natural materials such as an oil palm-based precursor, which is carbon-neutral, low sulfur, and available virtually everywhere, could be the best alternative for fossil-derived precursors.

The oil palm tree, *Elaeis Guineensis*, originated from Africa [1]. It was introduced to South America and southern Asia in the sixteenth and nineteenth centuries. Palm oil is recognized as one of the edible oils besides soybean oil, rapeseed oil, and sunflower oil. These major oils contributed around 76.54 million metric tonnes compared to other edible oils production, as shown in Fig. 1 [2]. Approximately palm oil was produced around 74.02 million tonnes (31.4%) of the total oils and fats produced globally in 2020. It rose to 76.54 million tonnes in the next year [3, 4]. Countries in Southeast Asia have been recognized as the primary global raw palm oil production. Indonesia is the primary producer of palm oil in Southeast Asia in 2021 with 44.50 million tonnes of

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Fig. 1 Production of edible oil in a million metric tonnes worldwide until November 2021. Data retrieved from [2]

production, followed by Malaysia and Thailand with 19.70 million tonnes and 3.12 million tonnes, respectively [4]. Oil palm is grown in around 43 countries worldwide, and if the growth rates do not decline, oil palm plantation.

After harvesting the fresh fruit bunches (FFB), a massive amount of waste is being produced annually, including empty fruit bunches (EFB), mesocarp fiber (MF), shell fractions or palm kernel shells (PS), oil palm fronds (OPF), oil palm trunks (OPT), and also palm leaves [5, 6]. The expansion of oil palm plantations will face a significant problem in the disposing of the lignocellulosic biomass and other large-scale products from the oil palm industry. Over the years, Malaysia has been striving to minimize the disposal problems by optimizing the use of oil palm in various applications, especially for the sustainability of energy supply. In 2020, Malaysian Palm Oil revealed that the planted area covers approximately 5.90 million hectares of land, with 5.216 million hectares for the mature oil palm and 0.683 for the immature oil palm planted across the country [7]. The fruit bunches (FFB) harvested in 2020, 17.19 tonnes per hectare, was reported by a Malaysia Palm Oil Board, bringing around 101.42 million tonnes in that year. There are no constant values for each oil palm waste, but according to Loh [6], the type of oil palm waste could be estimated based on the standard fresh fruit bunches ratio as shown in Table 1. If 95.38 Mt of FFB is processed, the estimated oil palm biomass production comprises 7.809 million tonnes of EFB dry weight, 8.215 million tonnes of ton mesocarp fibers in dry weight 4.741 million tonnes of palm shells in dry weight [6].

Many residues from the industry create a major problem regarding waste disposal. This is because open burning is discouraged since it may cause the deterioration of the ecosystem and horrible haze. At the same time, the palm waste littered in the mill sites can give unpleasant views

Table 1 Oil palm wastes based on the traditional biomass to fresh fruit bunches (FFB) extraction rate [6]

Type of oil palm waste	Production of waste, %
Empty fruit bunches (EFB)	EFB (wet basis) = 22% of FFB EFB (dry weight) = 35% of EFB (wet basis)
Mesocarp fibers (MF)	MF (wet basis) = 13.5% of FFB MF (dry weight) = 60% of MF (wet basis)
Palm shells (PS)	PS (wet basis) = 5.5% of FFB PS (dry weight) = 85% of PS (wet basis)

and contaminate the underground water due to unwanted chemicals in the soil [8, 9]. Hence, in addressing the issue, Malaysia's Department of Environment implemented the 1978 Environmental Quality Clean Air Regulation Act to restrict the burning and incineration of wastes. Unfortunately, we should not depend entirely on the act; serious measures should be taken to exploit functional waste materials produced in the oil palm industry. As stated by Nasir et al., the integration of “waste to wealth” and “zero-waste industry” mantras should be applied together in this case [10]. Exploration of various carbon-based nanomaterials (CNMs) derived from oil palm waste has been conducted. It resulted in vertically aligned carbon nanotubes, carbon nanotubes via stacked and non-stacked silicon substrate graphene, few-layer graphene, carbon quantum dots, activated carbon, and carbon nanosphere [11–17]. The transformation of oil palm waste into CNMs can open up more job opportunities in the cultivation area, especially in the rural area, increasing the social status of the surrounding society [18]. Furthermore, the conversion of oil palm waste to CNMs can be an alternative to the carbon precursor to substitute for the non-renewable precursors such as natural gas, coke, and another coal-based feedstock. This promotes a cleaner and affordable way of synthesizing CNMs.

The present paper will review the production of CNMs, including activated carbon, carbon nanotubes, graphene, reduced graphene oxide, carbon nanospheres, and even nanocellulose derived from the by-products of oil palm trees for the past 10 years back [16, 19–22]. Nevertheless, some research published a couple of decades ago is included since the current findings are pretty much limited, especially in exploiting the usage of palm oil or crude palm oil as CNMs. This paper will also review the application or prospects of the production of CNMs.

This review paper is organized as follows: (i) the first section is devoted to the introduction of the study; (ii) the second section discusses the current trend in the oil palm industries and its production, especially in Malaysia; (iii) the third section details the carbon-based nanostructured materials, together with the discussion on the production of oil

palm by-products using various methods; (iv) the fourth section compiled the application of CNMs derived from palm oil; (v) the fifth section discusses the prospects of converting and challenges of CNMs derived from palm oil; and finally (vi) the sixth section presents the summary or conclusion for this review paper.

2 The current trend in the palm oil industry

2.1 Production of palm oil in Malaysia

Since the coronavirus (COVID-19) was declared as a global pandemic on March 11, 2020, by World Health Organization (WHO), governments from numerous countries implemented mandated restrictions, quarantines, social distancing, and other preventative measures [23]. This situation had a significant impact on the global community, from industrial scale to agricultural fields. Palm oil or *Elaeis guineensis* is the most used edible oil globally, surpassing other types of edible oil such as rapeseed oil, soybean oil, and sunflower oil. Due to its high yield and reproducibility, the requirement of oil palm trees can be lessened. Each hectare can produce ten times more oil than other types of sources of oil [24]. A high yield of palm oil requires less area, making it a desirable source of income for smallholder farmers and other oil productions. As the second-highest country in palm oil production, this pandemic significantly impacts palm oil productivity in Malaysia. The average production of palm oil in 2020 was 1.595 million tonnes, which is less than palm oil production in 2019, 1.655 million tonnes [25]. As palm oil was considered the main contributor in Malaysia's agricultural sectors, it is vital to sustain the palm oil industry for the importance of the country's economy by shifting to high-demand products [26].

Palm oil could be categorized as the second most important Malaysian agriculture since it was introduced in 1870 by planting in the Botanical Gardens in Singapore. Later in 1918, the first commercial oil palm estate was set up at Tennamaran Estate, Selangor. Malaysia's palm oil industry thrives due to the ideal climatic condition, efficient milling and refining facilities, and efficient management. Malaysians palm oil is accepted globally and exported to many countries such as China, India, and the Netherlands. In 2020, higher export revenue was at MYR 73.25 billion on average. The palm oil production for the country throughout January to December showed some decrement with 19.14 million tonnes from 19.86 million tonnes and 2.203 million tonnes from 2.322 million tonnes both for crude palm oil and crude palm kernel oil [27, 28].

Furthermore, the production of refined palm oil, such as cooking oil, was 0.414 million tonnes from 0.574 million tonnes [29]. Although the number shows some inflation, we

cannot deny that palm oil is still the primary agricultural crop grown in Malaysia [30]. Until 2020, Malaysia's total oil palm planted area was estimated at around 5.87 million hectares, indicating a decrease in the trend of 0.6% compared to 5.90 million hectares in the previous year. Sarawak is the largest state for palm oil plantation with 1.59 million hectares, followed by Sabah with 1.54 million hectares. The oil palm planted in peninsular Malaysia is around 2.74 million [31].

According to Kushairi and colleagues [32], the oil palm industry has the following stages: upstream, midstream, and downstream, as shown in Fig. 2. The upstream area covers the planting and cultivation of oil palm, including producing fresh fruit bunches, crude palm oil, and crude palm kernel oil. The midstream stage comprises refining, processing, and by-products valorisation. Finally, the downstream or the last stage for the industry chain consists of manufacturing the end products of the palm oil, which can be divided into two types of palm oil: (i) crude palm oil (CPO) from the fibrous mesocarp of FFB and (ii) crude palm kernel oil (CPKO) from palm kernel or the seed inside the shell of the endocarp. The oil palm's average economic lifespan ranges between 25 to 30 years [33]. Palm oil is obtained from the mesocarp; palm kernel oil is obtained from the seed or kernel. These CPO and CPKO are mainly obtained for edible usages [34], cosmetics, personal care [35], skin-based pharmaceutical products [36] as well in biodiesel production [37].

However, palm oil mills and industries generate about 90% of the abundant raw materials and only 10% of the oil produced. The oil palm biomass waste is from the fruit bunches, leaves, and trunks, as shown in Fig. 3. The fresh palm fruits are removed from the fiber-like sacks during palm oil cultivation, leaving the empty oil palm fruit (EPF). The oil from fruits will then produce oil palm mesocarp fibers (MF) and oil palm kernel shells (OPKS). Palm oil mill effluent (POME) is the by-product of CPO production [38, 39]. Other than that, during the replanting and pruning period, the oil palm frond (OPF) and oil palm trunk (OPT) are mainly obtained from the plantation. The combustion of oil palm bunches or palm kernels in the mills can generate palm oil fuel ash (POFA). This high yield of palm oil production will generate a massive amount of biomass waste.

2.2 Problem encountered post palm oil cultivation

Palm oil production often leads to a large generation of residues or wastes, which inherit less economic value. This is very common in forestry and the agricultural sector [40]. For the palm oil industry, burning waste is one of the methods for disposing of it. However, since this method is considered harmful and often leads to the greenhouse effect, some mill operators will abandon the waste at their sites. More often

Fig. 2 Stage in the oil palm industries

Fig. 3 Illustration of oil palm biomass consisting of fruit bunches, leaves, and trunks

than not, waste disposal gives rise to water and environmental pollution [41].

Furthermore, leaving the waste for an extended period may create a nest for the pests, resulting in more toxic chemicals in the soils. This will also produce a foul odor in the environment [42]. To reduce the causes of pollution while continuing with palm oil cultivation, several ways have been proposed to convert the abundant wastes into useful materials, which can be utilized in the industries [9].

The oil palm waste has been used for combustion and heating processes to exploit its potential fully. Generally, the conversion process will produce several products such as bio-oil or biochar from the pyrolysis method, syngas from gasification, ethanol from fermentation, biogas from anaerobic digestion, and heat from the combustion. These products provide low-carbon energy promoting alternative energy resources other than fossil fuels to a large extent. Pyrolysis is always preferred to dispose of the residue economically and convert it into alternative fuels [40]. Rapid biomass pyrolysis has gained interest as an alternative to biomass disposal. Fuel or bio-oil generation uses the oil palm shell to substitute synthetic phenol and formaldehyde [43]. Gasification of oil palm waste could produce hydrogen when replaced with synthetic precursors such as fossil fuel [44, 45]. Furthermore, many residues, including fiber shells, oil palm trunks, and empty fruit bunches, can be utilized by transforming them into various multipurpose products, including paper-making pulp, woods such as saw-wood, and plywood, briquette, and fillers in thermoplastics. Thermoset composites used as absorbents for removing pollutant gases such as nitrogen oxide and sulfur oxide are also examples of the products [18, 46–50].

It was acknowledged that oil palm waste comprises primary lignin, cellulose, and hemicellulose constituents, indicating the long chain of carbon and high carbon content in the oil palm waste. According to Ayinla et al. [9], empty fruit bunches and palm fibers contain the highest cellulose and hemicellulose content, respectively. Mohan et al. [51] report that the cellulose starts to degrade at 240 °C and ends at 360 °C, resulting in organic acid production and low pH

value. On the other hand, hemicellulose degradation started at 200 °C and ended at 260 °C, producing less tar and less char than cellulose [51]. Table 2 shows the ultimate analysis of the typical palm oil by-products, including carbon (C), nitrogen (N), hydrogen (H), oxygen (O), and sulfur (S).

The analysis is essential before any conversion method to determine the major elements that existed in the carbon precursor. High fixed carbon and volatile contents of the palm oil by-products are favorable as good carbon precursors. At the same time, the elemental contents can be a good alternative in determining the formation mechanisms of the CNMS by comparing the initial and final percentages of the by-products. High initial carbon content is favorable in forming CNTs, as shown by Maryam, M. et al., whereby palm oil was used as the precursor via aerosol-assisted CVD [56]. The carbon content increase to 84.44% when the synthesis temperature is increased. N.H did a study. Abdul Rani [52] synthesized activated carbon from EFB and found that their fixed carbon content increased from 48.48 to 68.32 wt.% due to the release of volatile matter. Based on the works of literature discussed, most of the palm oil products such as empty fruit bunches [16, 19, 57], oil palm fibers [58–60], and even oil palm shells [19, 59, 61–64] are favorable to synthesized into activated carbons, biochar, and nanofiller epoxy. Later, other CNMs such as reduced graphene oxide [65] or CNT [66] are generated from the activated carbon of palm oil by-products. Meanwhile, CNTs [11, 12, 67, 68], carbon nanospheres [17, 69], and graphene [14, 70, 71] are commonly synthesized using crude palm oil or cooking oil. However, different conditions of synthesis, including high temperature [12, 19, 69, 72], percentage of catalyst used [16, 60, 64], or types of furnaces [11, 16, 20], do have a great impact in dictating the end synthesis products.

The crude palm oil and crude kernel palm oil contain a balanced ratio of unsaturated fatty acids (UFA) and saturated fatty acids (SFA) such as palmitic acid, lauric acid, oleic acid, and capric acid. In crude palm oil, it contains 50% of SPA with a high composition of 44.0%; meanwhile, crude kernel palm oil contains 85% of SFA with a high composition of lauric acid with 47.8%. The long carbon chain

Table 2 Ultimate analysis of the common oil palm by-products

Biomass	Carbon content, %	Nitrogen content, %	Hydrogen content, %	Oxygen content, %	Sulfur content, %	Reference
Empty fruit bunches	48.48	0.64	7.14	43.74	Nil	[52]
Mesocarp fibers	47.62	0.58	5.26	45.63	0.44	[53]
Palm shell	50.18	0.49	5.54	43.55	0.42	[53]
Oil palm kernel shells	50.29	0.48	6.35	42.82	0.08	[54]
Crude palm oil	76.891	0	12.07	11.58	Non-detectable	[6]
Oil palm fronds	44.58	0.71	4.53	48.80	0.07	[55]
Oil palm trunks	51.408	0.169	11.82	51.16	Non-detectable	[6]

derived from the various acid found in palm oil summed up huge carbon content, which can become a potential green precursor in producing carbon-based nanomaterials that can be applied in various situations. Table 3 summarizes the physiochemical properties of cooking palm oil and crude palm oil. More discussion on the synthesis and methodology can be found in the following chapter.

3 Nanotechnology advancements in oil palm industries

3.1 Carbon-based nanostructured materials

Since the success of Taniguchi in manipulating single nanoscale objects in 1974, these miniaturized products have been dominating our daily lives progressively [79]. The advantage of having components in smaller sizes which promotes a high surface-to-volume ratio, is that they can improve their optical and electronic properties [80]. Thus, it offers exciting opportunities in various applications from physics to the life-biology field [81]. Among the nanomaterials, carbon nanomaterials or CNMs have been highlighted and one of the breakthroughs since the first report by Kroto and colleagues in 1985 [82] pursued by Iijima later in 1991 [83]. A wide range of CNMs is reported based on their diverse shape, composition, and orientation. The different allotropes in CNMs are generally based on carbon bonding. The 2s and 2p play a different role for each hybridization; one 2s and one 2p electron are mixed, giving rise to a linear chain of carbon atoms. Meanwhile, in sp^2 , the 2s and two 2p orbitals form three in-plane covalent bonds that connect 20° evenly to the three carbons in XY-plane, creating two-dimensional planner sheets or honeycomb structures that derived graphene [84]. On the other hand, forming tetrahedrons between the electron will result in sp^3 , which forms a diamond-like structure [85].

The CNMs existed in different morphologies ranging from spheres, fibers, horns, onions, sheets, and tubes. To conclude, the allocation is fourfold: (i) 0—dimension CNMs such as fullerenes, onion-like carbons, carbon dots, and graphene quantum dots; (ii) 1—dimension CNMs such

as carbon nanotubes, carbon nanofibers, and carbon nanohorns; (iii) 2—dimensions CNMs such as graphene, multi-layer graphitic nanosheets, graphene nanoribbons, and; (iv) 3—dimensions CNMs such as nanostructured diamond-like carbon. The different dimensions of CNMs are grouped as in Fig. 4.

The different structures of CNMs are responsible for their remarkable properties, including their high strength, large surface area to volume, and intensified optical absorption properties to advance carriers for electrons and holes transports [87–89]. At the same time, the CNMs offer intrinsic strength about 200 times of steel yet are still malleable [90]. Table 4 compiled the different properties between some selected CNMs. Thus, promoting and exploiting the CNMs into various applications in our daily life such as in sensors [91], catalyst [92], fillers in composites [93], and energy conversion and storage [94, 95] to drug carries in cancer treatment [96]. Owing to the excellent performance of the CNMs, they have received a lot of attention from researchers. In the Web of Science itself, around 4745 related keywords “carbon nanomaterials” and “synthesis” were published from 2016 to 2020. The increasing number of publications in question is shown in Fig. 5.

Generally, the synthesis method has an essential role for the applications as it will affect the condition of the CNMs, including their morphologies and yield. Yi Yang and colleague proposed increasing the yield of carbon nanotubes or CNT due to increasing temperature and the gas flow rate [124]. On the other hand, using a catalyst such as a ferrocene can help speed up the catalytic decomposition of the carbon precursor, rice husk, and the plasma-enhanced in forming CNTs, as demonstrated by M. Asnawi and colleagues [125]. A study forward by Liu and colleagues shows that the length of hydrophilic groups from polymer carbon precursor, pyrrole–aniline polymers, could tune the diameter of the carbon nanospheres, which can be applied in the usage of high-performance supercapacitors [126]. Since the report on “vapour-grown carbon fibre” by Endo et al. (1995) [127], several techniques and scaled-up synthesis have been successfully established, such as high-temperature preparation methods, which include arc discharge and laser ablation. The growth of the temperature can reach 1726.85°C , forming high crystallinity of CNMs, which leads to good conductivity and mechanical strength [128, 129]. However, Maurice et al. [130] state that the low-temperature techniques ($< 800^\circ\text{C}$) such as chemical vapor deposition or CVD and pyrolysis had been taken into account as the orientation, alignment, and other properties can be precisely controlled. This synthesis mainly required the decomposition of gases of hydrocarbons, and in certain circumstances, water and liquid nitrogen were also mixed with high-energy sources [131]. Arc discharge, laser ablation, and CVD are considered the primary conventional technique in producing CNMs, as

Table 3 Physicochemical properties of cooking palm oil and crude palm oil

Type of palm oil	Cooking palm oil	Crude palm oil
Color	Yellow [73]	Reddish–orange
Viscosity, cP	32.7 [74]	43.79 [75]
Density g/cm^3	0.8996 [76]	0.8974 [75]
Percentage of free fatty acid, %	2.01 ± 0.02 [73]	3.8 ± 0.08 [75]
Slip melting point, $^\circ\text{C}$	32 [77]	33–40 [78]

Fig. 4 Molecular models of different types of hybridized carbon nanostructure exhibiting different dimensions: 0D, 1D, 2D, and 3D. Retrieved with permission from [86]

Table 4 Comparison of the properties for CNMs

CNMs	Dimensions	Specific surface area, m^2g^{-1}	Thermal conductivity, $\text{Wm}^{-1}\text{K}^{-1}$	Electrical conductivity, S cm^{-1}	Tensile strength
Fullerene	0D	1–180 [97]	0.2 [98]	10^{-10} [99]	32–54 GPa [100]
Graphitic onions	0D	300–600 [101]	0.59 (As fillers in epoxy composites) [102]	0.5–4 [103]	891.4 $\pm$ 8.2 MPa (as fillers in thin films) [104]
Carbon nanohorns	0D	~ 309 [105]	4.25 (As fillers in nano-composites) [106]	~ 10^{-3} S/m [107]	8.8 $\pm$ 4.5 GPa [108]
Carbon nanotube	1D	370–1600 [97]	Structure-dependent [99]	10–67,000 [109]	~ 150 GPa [110]
Carbon nanoribbons	1D	59 [111]	~ 1100 to 1400 [112]	40 S/m [113]	99.34 GPa [114]
Graphene	2D	300–1200 [97]	~ 4000 [115]	~ 2000 [99]	~ 130 GPa [90]
Graphite	3D	10–20 [99]	~ 2000 [115]	10^4 [116]	~ 17 MPa [117]
Carbon nanofoams (graphene surface with channels)	3D	~ 1500 [118]	~ 180 [119]	740 $\mu\text{S/m}$ [120]	~ 5 to 300 GPa [121]
Carbon 3d nanotube network	3D	175 $\pm$ 2 m^2g^{-1} [122]	0.035 [123]	~ 140 [122]	4.28 $\pm$ 0.71 MPa [122]

shown in Fig. 6. According to O'Connell (2006) [132], the process is used to synthesize CNMs depends on the nature of the three major items needed, namely (i) carbon sources,

(ii) catalyst nanoparticles, and (iii) energy input. Other than that, chemical routes such as chemical oxidation, solvothermal method, and ultrasonic energy were highlighted in

Fig. 5 Recent publications related to keywords “carbon nanomaterials” and “synthesis”

producing CNMs on an extensive scale [133–135]. A facile yet homogenous reaction from the microwave method was also introduced in the production of CNMs [136].

Despite the advancements in synthesizing CNMs, toxic precursors, harsh environment, and post-synthetic steps often complicate the process afterwards and obstruct the possible wide applications [138, 139]. Challenges and drawbacks such as expensive methods, corrosive chemicals, and the formation of non-homogeneous products have been reported [136, 140]. Besides that, producing the CNMs at a large scale for a reasonable price is required to uphold the industrial demand. Unfortunately, it was claimed that not all the CNMs could be used in the market as the production is too costly [141]. Subsequently, the final price will be more expensive, unsuitable for wide usage and only limited to a specific niche of applications [95, 142]. These problems have been lingering in the production of CNMs; thus, the efforts and innovative research have been focusing on exploring renewable starting materials that are cost-efficient and readily available such as renewable plant-based precursors, waste, or low-cost biomass.

Renewable precursors are potential sources of hydrocarbons in supporting green alternatives in producing nanocarbon. Following the principles of green chemistry, the feedstock of any industrial process must be organic or renewable and not one that results in a deficiency of a natural resource [143]. Nishant Tripathi et al. synthesized carbon nanotubes at low temperatures (575 °C) by using green leaves of garden grass, rose, neem, Kaner, and walnut by thermal CVD. The MWNTs range from 8–15 nm with a yield of around 0.0113 gm [144]. Other than solid based-plant precursors, liquid-based plant precursors can be considered in preparing CMNs. Camphor oil, which can mainly be extracted from

the wood of camphor trees, can contribute to CNT synthesis. Research carried out by TermehYousefi et al. (2014) was a success in synthesizing CNTs using camphor oil mixed with ferrocene using the CVD method [145]. They discovered that reducing the argon gas flow rate inside the reactor could result in a uniform central layer of CNTs like the previous layer. According to S. M.J and M. Rusop [146], adding the catalyst aluminium isopropoxide to camphor oil and ferrocene can produce single-walled CNTs in the range of 0.63–1.14 nm in diameter. Besides camphor oil, castor oil obtained from castor beans can also be used in nanocarbon syntheses. Raziah et al. successfully synthesized multiwalled carbon nanotubes (MWCNTs) from castor oil at 300–400 °C [147]. Other liquids and oils such as eucalyptus oil, sesame oil, sunflower oil, and turpentine oil can also be carbon precursors. Several works representing the usage of plant, plant extract or plant-based biomass in synthesizing CNMs are available and compiled [138, 148–150]. Table 5 shows other potential details of CNMs derived from various low-cost, abundant waste. However, not much research gives enough attention to the usage of specific plants such as palm oil in synthesizing CNMs.

3.2 Synthesis of CNMS from palm oil

The literature on the derivation of CNMs from palm oil is relatively limited. However, the publications on palm oil and its synthesis show an increasing trend. Oil palm by-products, including raw palm oil and wastes, could be categorized as excellent green precursors as several studies claimed that they produce nanocarbon, polymers precursor, and nanoparticles such as gold nanoparticles [12, 172, 173]. The oil palm by-products consisted of long carbon chains and lignocellulosic categorized as polymeric materials that may be suitable precursors for CNMs [174]. Cellulose is the highest (40–50%), a fundamental reinforcement unit for the green walls [175]. When exposed to extreme heat, these partially crystalline linear molecules can produce carbon residue without melting, hence fulfilling the applicable requirement for CNMs precursors [174, 176].

Despite the low-cost and abundant sources, palm oil usage as a carbon source for CNMs is discussed in this section. Oil palm waste is an excellent source of biomass for synthesizing carbon products, including biochar, and recently in the production of carbon nanomaterials [177]. Suriani and co-workers did early research in synthesizing CNMs by reporting the synthesis of CNTs using raw palm oil as the source [11]. Based on the past literature, most of the standard methods in the decomposition of palm oil into CNMs can be categorized in the thermal-based synthesis, such as CVD [66], pyrolysis [17], hydrothermal carbonization [15] as well as microwave [59]. However, another synthesis route that only applies chemical usage with no external heating is

Fig. 6 Schematic diagram of the experimental apparatus for **a** arc discharge, **b** laser ablation, and **c** CVD. Retrieved with permission from [137]

available, such as polymerization with POME [16, 22]. The synthesis method for converting oil palm waste into various carbon nanomaterials, including their composites, will be discussed further in the next sections.

3.2.1 Chemical vapor deposition

Carbon nanomaterials, or CNMs, can be synthesized using various methods, including arc discharge, laser ablation, mechanical exfoliation, and chemical reduction [178, 179]. The chemical vapor deposition or CVD method is preferable in producing CNMs as it has been proven capable of mass production of CNMs such as CNTs [180]. CVD has been used in growing carbon fibers since the 1990s using cyanogen. Until 1993, when Endo and his

colleague reported the growth of pyrolytic CNT via CVD, which marked the preliminary study of CNT via CVD [83, 180–182]. This chemical vapor deposition method converts some volatile carbon sources into a solid non-volatile carbon product—using catalysts during the catalytic chemical vapor deposition (CCVD) method. According to Hugh [183], CVD is a method that can be categorized as an atomistic vapor transfer process. The deposition's outcome is atoms, molecules, or sometimes a combination of both. The growth of CNMs is associated with the decompositions of carbon sources with any presence of a catalyst. The carbon sources can exist in liquid, solid, or gas. The molecular structure of carbon could affect the morphology of the CNMs and lead to different CNMs' outcomes [182].

Table 5 Summary of CNMS prepared from low-cost, abundant waste

Carbon generated	Carbon precursor	Synthesis method	Reference
Graphene	Camphor leaves	Pyrolysis	[151]
Graphene	Wheat straw	Hydrothermal and graphitization	[152]
Carbon nanotubes	Absorbent cotton	Rapid heating	[153]
Carbon fibers and carbon nanotubes	Wood sawdust	Pyrolysis	[154]
Multiwalled carbon nanotubes	Gumwood	Microwave-induced pyrolysis	[155]
Multiwalled carbon nanotubes	Bamboo charcoals	CVD	[156]
Carbon spheres	carrageenan,	Hydrothermal	[157]
Carbon spheres	Cassava and tapioca flour	Hydrothermal and KOH activation	[158]
CNT	Castor oil	Microwave-assisted CVD	[159]
CNT	Waste chicken fat	CVD	[160]
CNT	Waste engine oil	CVD	[161]
Carbon nanotubes and porous carbons	Circuit board waste pyrolysis oil	Pyrolysis	[162]
Few-layer graphene	Peanut shells	Mechanical exfoliation	[163]
Graphene	Tea tree plants	PECVD	[164]
Graphene	Rice husks	Carbonization	[165]
Graphene quantum dots	Rice husks	Carbonization and refluxed	[166]
Hemp stem	Carbon spheres	Hydrothermal	[167]
Disposable paper cups	Activated carbons	Carbonization	[167, 168]
Graphene	PET bottle waste	Pyrolysis	[169]
Graphene oxide	Coconut shell waste	Modified Hummers method	[170]
Graphene oxide	Rice bran, sugarcane bagasse, orange peels	Pyrolysis	[171]

The typical setup of CVD consists of carbon sources, carrier gas, a furnace, and an outlet tube. Generally, the carbon sources will decompose and form carbon atoms and hydrogen because of the heat or plasma generated in the reactor. Then, the carbon and hydrogen will be collected and adsorbed on the catalyst's surface. The carbon atoms will form nanomaterials depending on the behavior of the catalyst [184]. Sometimes, the system uses the catalyst to "crack" the carbon sources into carbon and hydrogen by lowering the temperature [137]. The introduction of a catalyst is usually done by adding a "floating" catalyst or placing it in the middle of the quartz reactor [185]. The ability to provide a large scale of products from CVD is one of the critical factors that support the evidence that CVD is the preferable method in producing CNMs. Other than that, CVD has a flexible technology and method, making it uncomplicated and easy to manipulate. At the same time, the method can coat almost any shape and size of the preferable substrate. Thus, the method is economically competitive in sputtering on film or coating applications [137, 183]. The standard carbon sources exist in gas forms, such as carbon monoxide, ethane, methane, ethylene, and benzene [186]. Solid and liquid carbon precursors are gaining popularity in synthesizing CNMs via CVD. Generally, solid carbon precursors will be placed together with the catalyst inside the quartz boat and in the tubular reactor.

Palm oil-based has been found to thrive in the synthesis of CNMs since Suriani et al. synthesized vertically aligned carbon nanotubes, or VACNTs on 1cm² areas of silicon substrates by selecting raw materials palm oil as the carbon source [11]. The experiment was conducted using a two-stage tube furnace system's thermal chemical vapor deposition technique. The synthesis process at 450 °C fundamentally decomposed the ferrocene molecules, which catalyzed the Fe particles. The decomposition of rich hydrocarbons (also referred to as carbon, hydrogen, and oxygen molecules) also occurred throughout the process. Eventually, the hydrocarbon vapors will be mixed with nanosized Fe particles. Thus, the mixture ended up with the silicon substrates where the temperature at the fabrication area remained at 750 °C. Correspondingly, the carbons disintegrated into the Fe particles, leading to the release of hydrogen and oxygen. The dissolved carbons were condensed to nanotubes at nanosized Fe particles with approximately 90% purity with minimal amorphous carbon content.

In 2016, Suriani et al. discovered a way to scale up the carbon nanotube production by modifying the TCVD system [68]. Their study had to use waste cooking palm oil as the carbon precursor. The system had been modified by introducing continuous flow or supply of both catalyst and precursor by attaching them to a peristaltic sprayer. The collection for the CNTs is located at the end of the deposition zone for the CNTs. They successfully synthesized dense

and uniform CNTs with a diameter ranging between 19.5 to 36.2 nm. Then, about 433.3 g of CNTs were collected from 945 g of carbon precursor. Suriani et al. claimed that the conversion rate was 56% higher than the volatile organic compound such as toluene, xylene, and benzene, which indicate that waste cooking oil palm is a suitable green alternative to the fossil fuel precursor.

Substrates play an important role in the growth of CNMs. Different CNMs could be grown on the substrate due to a chemical reaction between the precursors and the substrate by varying the substrate's condition or temperature. A study by Robaiah and colleagues investigates the effect of confined spaces in growing the CNTs [12]. They used stacking and non-stacking silicon substrates to test the proposed hypothesis. The experiment was done using 200 g of palm oil with 5 g of ferrocene, synthesized at 750 °C, 850 °C, and 950 °C. It was deduced that CNTs that grew on the stacking substrate had a better quality as they had a low I_D/I_G ratio, ranging from 0.89–0.94 for 750–950 °C, respectively. The D and G bands (I_D/I_G ratio) helps in estimating the graphene defects, and a higher ratio

ensures more defects on graphene [187]. The CNTs have a better degree of nanotube crystallinity and better graphitization. The best deposition temperature for non-stacking and stacking substrates is 750 °C, as shown in Fig. 7.

Besides substrates, it is also observed that process temperature plays a vital role in producing the CNMs as CNTs favor high temperatures of synthesis ranging from 750–1000 °C. Ismail et al. (2019) evaluated the chemical vapor deposition process to synthesize multiwalled carbon nanotubes using waste cooking oil to develop a micro-strip patch antenna [67]. The experiments were performed inside a furnace. The waste cooking oil was injected with a constant flow of 10 ml/h into an alumina ceramic tube at the center of the surface with iron oxide nanoparticles as the catalyst. Figure 7 shows the Field emission scanning electron microscopy (FESEM) and high-resolution transmission electron microscopy (HRTEM), which reveal that the MWCNT's structure is mixed and consists of straight, spiral, and twisted forms with the average diameters ranging from 80–140 nm for 850 °C. The intensity ratio for

Fig. 7 FESEM images of CNT synthesized at different deposition temperatures; **a** 750 °C with the stacking of substrate, **b** 750 °C with no stacking of substrate, and **c** 850 °C with HRTEM micrographs. Retrieved with permission from [12, 67]

I_D/I_G , on the other hand, is very close to zero, indicating a better degree of graphitization.

Besides CNT, graphene has also been successfully synthesized using palm oil by-products as a CVD method. Generally, in producing graphene, inert condition with high temperature is required. Rahman et al. reported the growth of a few-layer graphene substrate on nickel within the thermal chemical vapor deposition method [14]. They had confirmed the usage of refined cooking palm oil and heated it at 800–1000 °C. The samples were annealed at the set temperature and called the growth time. Later, the samples were cooled down inside the furnace. According to the Raman spectra, synthesized graphene at 1000 °C shows a more symmetrical and sharper 2D band with 80 cm^{-1} and 3.7 for the 2D band and I_G/I_{2D} , respectively. Another research conducted by Salifairus et al. determined a slightly lower deposition temperature than Rahman et al. [70]. This study used palm oil and nickel substrate with deposition's temperature set at 900 °C and varied from 5 to 60 min. They deduced that high-quality graphene was produced at 15 min with I_D/I_G and crystallite size of 0.10 and 25.53 nm, respectively. In the same year, Robaiah and her colleague determined the synthesis of graphene by using a low deposition time of 15 min compared to the usual route, which took around 60 min [71]. In their study, different plant oil was used for carbon precursors such as refined palm oil (RPO), refined corn oil (RCO), and waste cooking palm oil (WCPO) [71]. The carbon precursor's furnace was set at 300 °C in an argon atmosphere. WCPO shows the best result by forming a hexagonal pattern based on the FESEM images and a high-weight percentage of carbon, 1.54%. Meanwhile, the peak in Raman's spectra shows a formation of amorphous carbon with 1400 cm^{-1} for D-band and 1580 cm^{-1} for G-band, respectively.

Mat Tahir et al. made another attempt to synthesize graphene using a different substrate to anneal the graphene [188, 189]. The research was done using oil palm fibers at 1020 °C inside a CVD reactor. The precursor was annealed and grew for 30 and 90 min, respectively. The SEM image shows the presence of ripple on the surface compared to pure copper. Meanwhile, the EDS analysis suggested that the carbon content is high at 61.03%, followed by 38.1% and 0.87% for copper and oxygen. Besides graphene and CNT, carbon nanospheres were also successfully produced using the CVD method by diversifying the temperature growth. A study performed by Zobir, Abdullah et al. produced carbon nanosphere by CVD with temperature between 850 and 1000 °C [72]. A ratio of 30:20 of palm olein (PO) and zinc nitrate solution was used as the carbon and catalyst precursor. As the size of the carbon-based materials depended on the temperature, the formation of carbon nanoparticles was observed at 900 °C with diameters of between 25 and 35 nm. The researcher concluded that secondary growth of carbon nanoparticles on the surface of the CNNS prepared at 850 °C

transformed into carbon nanosphere when in the range of 900 °C, which is favorable for the growth temperature of the spheres.

Additionally, a study was done by Mamun, and his colleagues proved the growth of CNT on top of powdered activated carbon (PAC) of palm oil shells. Before impregnating the PAC with a Fe^{3+} catalyst, the PAC was first dried and calcinated with nitrogen at 350 °C for 1 h. Then, the PAC was reduced with hydrogen gas at the same period and temperature inside the multi-stage system of CVD. The PAC was impregnated with different percentages of Fe^{3+} for 2 h with N_2 gas and then reduced with hydrogen gas for 1 h. The impregnated PAC was then placed inside the reactor and injected with H_2 and C_2H_2 gases at different temperatures and reaction times. The optimum temperature for producing the nanocomposite was 550 °C, with 391 mg of yield produced. At the same time, the specific surface area (S_{BET}) of the nanocomposite increased up to 9.7 times compared to the S_{BET} of the raw PAC with $101.1\text{ m}^2/\text{g}$. The FESEM and TEM images showed that CNT ranges from 107–200 nm and an internal planer distance of 3.535 Å. CVD methods are widely used and can be considered a preferred method in the production of CNMs since most of the syntheses would exhibit a high yield. The preparation method was more straightforward than other methods. Synthesis parameters, CMNs characteristics, technology readiness level (TRL), and future applications for the synthesized CMNs are illustrated in Table 6. Besides CVD, pyrolysis is also favorable for producing CNMs with different biomass, including palm oil by-products. Further discussion about the process is in the following section.

3.2.2 Pyrolysis

The pyrolysis method can be considered as one of the thermochemical conversions and an endothermic process [190, 191]. Pyrolysis is often a good solution to thermally upgrading biomass and plastics into energy or another valuable process. Pyrolysis can be defined as a process for decomposition of organic matter with the absolute absence of an oxidizing agent and takes place within a temperature range of 280 to 850 °C. Generally, the expected yield of pyrolysis is biochar (solid), biogas (gaseous), and bio-oil (liquid), all of which are relatively dependent on the operating condition, that is, slow, fast, and flash pyrolysis. The char production at low temperature, heating rate, and long vapor residence time can be defined as slow pyrolysis. Fast pyrolysis is a conversion route that involves heating the waste or biomass within the range of temperature between 400 and 600 °C for a short period. Fast pyrolysis often produces bio-oil with the by-product biochar [192]. Flash pyrolysis, on the other hand, results in high yields of bio-oil with low water content

Table 6 Syntheses of CNMs via CVD method including synthesis parameters, CMNs characteristics, TRL, and future applications

Carbon generated	Carbon precursor	Condition of 1st furnace	Condition of 2nd furnace	Catalyst/substrate	Sizes and Raman I_D/I_G ratio	Advantages	Disadvantages	TRL	Applications/ future recom- mendation	Reference
Activated carbon (carbon nano-tubes on oil palm shell powdered activated carbon)	Oil palm kernel shell (with acetylene)	N/A	550–8500 °C	Iron	25–35 nm	Usage of the low percentage of catalyst for the formation of CNT	Require extra steps for forming functional groups and synthesis CNTs	4	N/A	[66]
Carbon nano-spheres	Palm olein	500 °C, nitrogen gas	800–1000 °C, nitrogen gas	Zinc nitrate solution and silicon wafer	25–35 nm, 1.027	No purification is needed for the synthesized materials	Temperature-dependant (require high temperature)	3	N/A	[72]
Carbon nano-tubes	Palm oil	450 °C, argon gas	950–1500 °C, 30 min, argon gas	Ferrocene and silicon substrate	17.69–20.40 nm, 0.89–0.95	Low synthesis time and required no purification	Temperature-dependant (require high temperature)	3	N/A	[12]
Carbon nano-tubes	Palm oil	450 °C	750 °C, 30 min	Ferrocene and silicon substrate	110 μ m, 0.52	High purity of CNTs formed (90%)	Temperature-dependant	4	N/A	[11]
Carbon nanotubes (MWCNT)	Waste cooking oil	N/A	650–850 °C	Fe ₃ O ₄ Waste	140 nm, 0.89–0.70	Mill-scale waste (from steel factories) can be used as the catalyst	Temperature-dependant (for synthesis)	4	Microstrip patch antenna	[67]
Carbon nano-tubes (natural rubber latex nanocomposite)	Waste cooking oil	500 °C, nitrogen gas	800 °C, 10 h	Ferrocene	30.8 nm, 0.47	Large production of CNT for industrial use	Temperature-dependant	5	Fillers in nano-composite for supercapacitor application. Prototype for mass production	[68]
Graphene	Oil palm fiber	N/A	8 h (included annealing)	Copper substrate	Thickness: 27.87 μ m, 0.27–0.34	Production of graphene can be obtained with no presence of H ₂ gas	Required high temperature and time for the process	4	Friction coefficient (Tribology Application)	[188]
Graphene	Oil palm fiber	N/A	1020 °C, 30 min	Copper substrate	G: 1580 D: 2730	Required no catalyst	Required high temperature and time for the process	3	N/A	[189]

Table 6 (continued)

Carbon generated	Carbon precursor	Condition of 1st furnace	Condition of 2nd furnace	Catalyst/substrate	Sizes and Raman I_D/I_G ratio	Advantages	Disadvantages	TRL	Applications/ future recommendation	Reference
Graphene (few layer)	Cooking palm oil	N/A	800–1000 °C, 60 min	Nickel substrate	IG/2D: 3.7, 2.6, 1.1	Required only a small amount of carbon precursor for the optimized sample	Required of high temperature for synthesis	3	N/A	[14]
Graphene	Palm oil	300 °C	900 °C, 5–60 min	Nickel substrate	Surface roughness: 283 nm, IG/2D: 0.10	Low synthesis time	The required high temperature for the synthesis process	3	N/A	[70]
Graphene	Waste cooking oil	300 °C	900 °C, 15 min	Nickel substrate	Surface roughness: 69.098, IG/2D: 0.285	Required no catalyst	Required of high temperature for the formation of graphene	3	N/A	[71]

because the process involves a high reaction of temperature and high heating rates [193].

Generally, the process takes place inside a reactor that undertakes a crucial matter, especially the concept of heat distribution, heat supply, and volatile residence time in producing an optimum yield [194]. The typical pyrolysis reactor technologies are divided into three main sections; (1) feed-stocks, that is, the system where the raw materials are heated and melted; (2) pyrolysis reactor operating at the desired temperature; and (3) products collector where the products are separated, recovered and purified for the next steps [195, 196]. Different reactors can be used for different pyrolyses, such as cylindrical fixed-bed, batch, and packed bed for slow biomass pyrolysis. Meanwhile, bubbling fluidized bed, rotating cone, and vortex for fast pyrolysis of biomass. On the other hand, the entrained microwave could be enhanced and used as the reactor for fast pyrolysis. Several studies have proved that biomass stocks can be used to produce carbon nanomaterials such as carbon nanotubes, carbon nanofibers, and graphene [20, 155]. Usually, for the production of CNMs, the stock precursors for CNMs are generated through pyrolysis, and later on, the precursors are deposited over catalyst or substrates such as nickel foam [197]. Carbon precursors play an essential role in synthesizing CNMs because the morphologies of the products depend on the characteristics of precursors. However, the presence of a catalyst is vital to enhance the reaction and transform the carbon precursor, especially when the carbon precursor has high thermal stability. Arie and the team produced carbon nanospheres sized approximately 200 nm with cooking oil waste mixed with ferrocene as the catalyst [69]. The experiment was conducted within the temperature of 650–750 °C for 20 min using nebulized spray pyrolysis; meanwhile, salacca peel-based activated carbon was used as the substrate. The I_D/I_G ratio was reduced after the deposition of the nanocarbon, approximately 0.899–0.87 for 650–750 °C, indicating the increase of graphitic carbons.

Another study by Kristianto and his colleague also produced carbon nanospheres (CNNs) using cooking palm oil as the precursor. The synthesis was done by utilizing a simple pyrolysis process under nitrogen ambient for an hour with a temperature of 700 °C [17]. In this research, commercial activated carbon was chosen to support the growth of CNNs with the addition of ferrocene as an iron catalyst. The ferrocene was varied from 2.5, 5.0, and 7.5 mg/100 ml. The optimum dense CNN yields a diameter of 87.5 nm when the catalyst concentration is 7.5 g/100 mL. The FESEM images for all different concentrations are shown in Fig. 8. There was a drop in the surface area due to the reaction.

The gas, mainly nitrogen flow during the pyrolysis, is favorable in producing carbon nanospheres. In the research conducted by Ali et al. in 2014, oil palm frond as the carbon precursor in producing porous carbon nanoparticles

Fig. 8 FESEM images of activated carbon at various catalyst concentration **a** 2.5, **b** 5.0, and **c** 7.5 g/100 ml. Retrieved with permission from [17]

(PCN) with uniform molecular sizes ranging between 35–45 nm [198]. The pyrolysis was done at the temperature of 500–600 °C for 2 h with a continuous nitrogen flow at 5 °C min⁻¹. The PCN was observed for its electrochemical properties after being cooled down a room temperature. Another research done by Hegde et al. used pyrolyzed oil palm leaves as the carbon precursor in producing microporous carbon nanospheres using single-step pyrolysis under a nitrogen atmosphere at the temperature of 700 °C [199]. After synthesis, the samples were cleaned using 2.5 M NaOH solution followed by deionized waters. The FESEM images suggested that the nanoparticles were spherical with a porous structure with 40–50-nm particle sizes.

Generally, the synthesis of activated carbon involves two steps, namely, the carbonization and the activation process. The condition and parameters during carbonization are important because the initial pores of the char are generated during this process. Heating rate, temperature, and residence time are considered factors in the pyrolysis of the by-products. It is essential to determine the temperature and condition of gas flow during the process to ensure a full devolatilization of the by-products [200].

A pyrolysis study in producing activated carbon from different oil palm by-products such as the empty fruit bunches (EFB), mesocarp fibers (MF), and palm kernel shells (PKS) was conducted by Abd Wafti et al. [19]. The by-products were pyrolyzed and activated inside a tube furnace at 700 °C for 2 h with nitrogen [19]. The physical activation of AC was done with the purging of nitrogen for 15 min, followed by an

increasing temperature of 10 °C per minute; when it reached 90 °C, the nitrogen gas was switched to carbon dioxide and kept constant for 30 min. The surface areas, S_{BET} of the oil palm-based were 347.043 m²g⁻¹ for EFB, 217.347 m²g⁻¹ for MF, and 205.859 m²g⁻¹ for PKS. The AC has microporous characteristics with a diameter of pores ranging from 2.0–3.5 nm. The study also found that process temperature was one of the significant factors in producing the AC before physical activation. The temperature varied from 500 to 900 °C. Abd Wafti et al. also found out that 800 °C is the optimum activation temperature as it gave the maximum specific surface area (S_{BET}) of 937 m²g⁻¹ compared to the other temperature.

Another study by Hidayu and Muda suggests that chemical activation enhances the adsorption properties by impregnating different metal oxides [63]. Palm kernel shells were mixed with ZnCl₂, heated to 550 °C, and washed with distilled water for chemical activation. Meanwhile, the palm kernel was only heated up to 300–800 °C without adding a catalyst in physical activation. After the impregnation process of various metal oxide ranging from BaO, MgO, CuO, TiO₂, and CeO₂, Hidayu and Muda concluded that the AC from chemical activation exhibits a high surface area of 1223 m²g⁻¹ and the loaded activated carbon with BaO is more efficient due to the high BET surface area and high reactivity. Other than that, a pyrolysis study on the effect of different pyrolysis temperatures was conducted by Allwar et al., who had used oil palm shells with ZnCl₂ as the catalyst [64]. The oil palm shells and ZnCl₂ were mixed

and refluxed in the water bath. After filtered and dried, the sample was loaded inside the reactor and heated for 3 h in various temperatures ranging from 400 to 700 °C with a constant nitrogen flow. The second pyrolysis stage was continued with carbon dioxide heated for 90 min to obtain the maximal adsorptive capacities. The study concludes that 500 °C is the optimum temperature for activating oil palm shells-AC with S_{BET} of 1429.71 m²/g. The parameter used in synthesizing the discussed CNMs, characteristics of CMNs, technology readiness level, and future applications are summed in Table 7. Further discussion about pyrolyzing the oil palm by-products will be discussed in the next section. The method is improved with the introduction of microwave heating as the heating element.

3.2.3 Microwave

Microwave heating is different from conventional heating in terms of thermal energy delivery. According to K. Patel and C. Desai (2014) [201], the thermal energy is transferred to the bulk material by the conduction for conventional heating, while the heating of microwaves is via molecular interaction of the electromagnetic field with the surface of the material. Sahoo et al. (2018) state that the microwave-assisted method promotes direct heating of the reaction mixture, thus making it an attractive choice compared to the former conventional heating method [202]. Figure 9 shows the temperature profile of the reaction mixture after a few minutes for both conventional and microwave heating.

In conventional heating, the heat is transferred via convection. The electromagnetic energy will be converted into thermal energy in the microwave, and the heating process starts in the middle of the material. Microwave heating could be considered more efficient in producing high-temperature homogeneity and energy usage, advantageous for conventional heat sources.

Over the past few years, microwave heating has been widely used in chemical-related applications due to the capability of molecular level heating and the homogenous thermal reaction [203]. The ability of fast reactions promotes a new microwave-assisted synthesis used in many studies, including in chemical reactions and synthesis of nanomaterials [204] [205]. According to Y. Li et al. (2013) [206], solvent-free microwave-assisted extraction of bioactive compounds allows mass and heat transfer to move from inside the plant cell to the outside of it, which helps increase the temperature in a much shorter time [206]. The MW-assisted reaction can have high-purity results because fewer unwanted products were observed due to a shorter reaction time [207]. At the same time, the product could end up with a higher yield [206].

Microwave-assisted synthesis is a peculiar but simple technique that provides rapid and effective nanocarbon

production with higher reproducibility. During the heating process, the dielectric properties of the receptor affect the maximum temperature of the material. A hot spot rises during the microwave heating of carbon-based materials, which mainly appear as tiny sparks or electric arcs with a local temperature higher than 1100 °C [208]. These hotspots have been recognized as thermal sensitizers due to microwave irradiation in the areas of environmental remediation, carbon nanostructures, organic synthesis, and the preparation of catalysts [209]. It has become an economic tool for reducing particle size and enhancing dissolution. Hence, this technique has been essential in organic materials' synthesis action, especially nanocarbon [210]. The research on the development of fullerenes was written by T. I. Ikeda et al. (1995). They investigated the microwave-induced naphthalene-nitrogen plasma at atmospheric pressure via a cylindrical coaxial cavity [211]. Later, Kharissova (2004) disclosed an efficient one-step finding on synthesized vertically aligned CNTs from ferrocene using a domestic microwave oven [209]. Microwave-initiated carbon nanotube or the Pop-Tube approach is one of the methods for synthesizing carbon nanotube. Carbon materials and indium tin oxide (ITO) powders have been described as efficient heating sources for the growth of nanocarbon [212].

Microwave heating has been widely used in oil palm production, starting with preparation until after use [213]. Cheng et al. did a study, producing dry and clean crude palm oil extraction under stringent quality control parameters [214]. The use of the microwave completed the solvent extraction and recovery system, which simplified the complicated standard oil palm milling process into three significant steps, which could be a feasible method in addressing the economic aspects.

A study done by González-Navarro et al. suggested synthesizing activated carbon by chemical activation inside a modified commercial microwave furnace [59]. Oil palm shells were dried at 105 °C for 48 h and impregnated with LiOH solution, which was dried in an oven for 4 h at 100 °C. The samples were then activated inside a modified microwave oven with various power and exposure times ranging from 150–800 W and 5–60 min, respectively. ACs of 800 W had the most remarkable development of micropores, reaching 1350 m²/g S_{BET} value. According to González-Navarro et al. [59], this was supported by the results obtained from the textural analysis using nitrogen isotherm, whereby the N₂ adsorption capacity increased when the others did not. Another study by Foo and Hameed determines the use of other catalysts for the activated carbon's chemical activation [58]. In their research, KOH was used as the catalyst with a ratio of 1:0.5 wt.% for char: KOH. The oil palm fibers were carbonized into char at 700 °C under purified nitrogen. After soaking them with KOH, the mixture was put in a modified microwave oven with the power set at 350 W at 5 min

Table 7 Syntheses of CNMs via pyrolysis method including synthesis parameters, CMNs characteristics, TRL and future applications

Carbon generated	Carbon precursor	Reaction Condition and catalyst	Sizes	Reactor	Advantages	Disadvantages	TRL	Application/future recommendation	References
Carbon nanosphere microporous (nanocomposites)	Oil palm fronds/leaves	700 °C, nitrogen flow	40–50 nm,	Nabertherm, EW-33334–36	Required low concentration of CNs for highest gauge with correlation coefficient	Required extra steps for synthesis	4	Piezoresistive flexible strain sensing application	[199]
Carbon nanospheres	Waste cooking oil	20 min, 650–750 °C, activated carbon (salacca peel) and ferrocene)	~200 nm	Spray pyrolysis	Low concentration of catalyst needed	The required high temperature of synthesis	3	Electrode materials for LiC (capacitance decrease)	[69]
Carbon nanospheres	Cooking palm oil	1 h, 700 °C, nitrogen flow, ferrocene, activated carbon	~87.5 nm	Electrical furnace	Simple steps of synthesis	Required of high concentration of catalyst for synthesis formation thus, formed impurities	3	Further analysis using TEM, RAMAN, XPS	[17]
Carbon nanotubes	Fruit bunches and palm oil mill effluent (POME)	2 h, 900 °C, nitrogen flow	S_{BET} 526.24 m ² /g	N/A	Required low usage of temperature	Usage of chemical and catalysts	4	Capacitance of supercapacitors	[16]
Porous carbon nanoparticles	Oil palm fronds	2 h, 500–600 °C, nitrogen flow	35–45 nm	Nabertherm, EW-33334–36)	No catalyst required	Required extra steps for synthesis	3	Electrode for supercapacitor performance	[198]
<div>Carbonization process</div> <div>Activation process</div> <div>Pores sizes</div>									
Activated carbon	Fruit bunches	45 min, 276 °C	S_{bet} 383.748	Tubular furnace	Required low usage of temperature	Usage of chemical and catalysts	4	Capacitance of supercapacitors	[16]
Activated carbon (nano)	Empty fruit bunch mesocarp fiber (MF) and palm kernel shell (PKS)	700 °C, 2 h, nitrogen flow	SA: 205.86–347.04	Horizontal tube furnace	Low dosages of ACs used to reduce organics pollutants	Usage of high temperature	4	Methylene blue dye adsorption study	[19]

Table 7 (continued)

Carbon generated	Carbon precursor	Reaction Condition and catalyst	Sizes	Reactor	Advantages	Disadvantages	TRL	Application/future recommendation	References
Activated carbon (nano)	Palm kernel shell	Nil	558–1224	18 A	Stainless steel reactor	Required low usage of temperature (chemical activation)	Required extra steps for synthesis	N/A	[63]
Activated carbon	Oil palm shell	110 °C, ZnCl ₂	1148–1134	1.76–1.84 nm	Stainless steel reactor	Required low usage of temperature (chemical activation)	Usage of chemical and catalysts	N/A	[64]
		Physical Activation: 30 min, 300–800 °C Chemical activation: 1 h, 550 °C, nitrogen							
		1st pyrolysis: 3 h, 400–800 °C, nitrogen 2nd pyrolysis: 90 min, 110 °C, CO ₂							

with a continuous nitrogen flow. The result was a versatile activated carbon with homogenous, high porosity of honey-combed structures compared to the original char as shown in Fig. 10. The generated AC's S_{BET} and total pore volume are 707.79 m²/g and 0.3806 m³/g, respectively.

Another research was done by Lam et al. had developed activated carbon from palm kernel shells (PKS) with a steam activation with different microwave powers and activation time of 500–700 W and 20–40 min, respectively. The PKSs were pyrolyzed inside a modified microwave oven for 30 min under different microwave power. Purging gas flow is not applicable in this study as a vacuum pump was used to remove the air inside the microwave to create a vacuum condition. Later, the biochar was subjected inside the microwave oven using steam as the activating agent with a heating rate of 10 °C/min. Like microwave pyrolysis, the steam activation does not require any gas flow as a vacuum pump was used to remove the air. The SEM images show AC that contains porous surface, and the S_{BET} shows 257–419 m²/g of surface area. Manipulating gas flows and adding catalysts could affect the behavior or porous structure of the activated carbon. In research conducted by Guo and Lua, the appropriate amount of carbon dioxide could lead to the formation of desired activated carbon from oil palm stones via microwave-induced carbon dioxide or CO₂ [215]. Oil palm stones were pyrolyzed inside the vertical tube furnace at 700 °C for 3 h before moving to the activation process. The microwave-induced reaction was conducted inside a microwave oven with different timespans and power of 5–60 min and 80–750 W, respectively. Purified carbon dioxide gas or nitrogen was used continuously for the synthesis. Using CO₂, the gas could lower the yield of the AC due to the carbon-CO₂ reaction during the microwave process. However, the maximum S_{BET} was obtained at 412.5 m²/g at 750 W of 60 min with a CO₂ flow rate. Adding CuO as the catalyst also increased the S_{BET} to 527.6 m²/g, creating more mesoporosity.

The oil palm waste can be documented as a viable source in producing hollow carbon nanofibers via microwave-assisted synthesis. A study by Omoriyekomwan et al. showed an exciting result when producing biochar in their microwave pyrolysis study [20]. They synthesized hollow carbon nanofibers (HCNFs) during microwave pyrolysis of palm kernel shells (PKSs) with pure nitrogen gas passing through the reactor at a 400-ml/min flow rate. The 30-min reaction was conducted at 500 and 600 °C with nitrogen flow. Later, the char was mixed with activated carbon and loaded into a microwave oven with 200 W, and synthesis was run for 3 min with nitrogen flow. The synthesis produced HCNFs with 0.34 nm of layer spacing. The tubular, hollow and bamboo-like shape of HCNFs was estimated to be 50–100 nm in diameter. A higher concentration of carbon layer of HCNFs was

Fig. 9 Temperature profile of reaction mixture after a few minutes, for both conventional and microwave heating

Fig. 10 SEM images for **a** char from oil palm fibers and **b** activated carbon from oil palm fibers. Retrieved with permission from [58]

Microwave-Induced Pyrolysis

Fig. 11 Illustration of the self-extrusion mechanism proposed by J. E. Omoriyekomwan et al. to grow HCNFs. Retrieved with permission from [20]

detected at 600 °C with a 0.86 I_D/I_G ratio. Omoriyekomwan et al. proposed a growth mechanism for the HCNFs called “self-extrusion model growth,” which had initiated between the microwave irradiation and the volatiles or bio-liquid from the biomass shown in Fig. 11. Heating and penetration of microwaves could trigger heating and devolatilization of the biomass particles, causing the formation of carbon nanospheres on the surface of the particles. The nanospheres then extended into a cylindrical form due to microwave exposure, which induced heating and electrical arcs throughout the microwave pyrolysis. The liquid tar continuously extruded itself out of the biomass particles forming the growth of HCNFs through the nano-size chamber.

Hossain et al. demonstrated the microwave pyrolysis of oil palm fiber (OPF) divided into three types of Na-based catalysts, including sodium hydroxide (NaOH), sodium chloride (NaCl), and sodium carbonate (Na_2CO_3) in the production of biochar [60]. The maximum biochar yield collected after the microwave pyrolysis was 51.42 wt.% using the catalyst NaOH with an N_2 flow rate of 200 cm^3/min . The biochar had porous holes in the microstructure observed from the SEM and BET analysis and had a BET surface area of 260 m^2/g . The researcher had also conducted an ultimate and proximate analysis of biochar-OP to compare the elemental analysis with another research. They could conclude that the carbon percentages of biochar produced from oil palm shell [216] and corn stover [217] were 59.42% and 62.8%, respectively. These results are like biochar-OPF. An investigation conducted by Omar et al. on microwave pyrolysis of empty fruit bunch (EFB) concludes that properties of EFB match those of other biomass feedstocks with dielectric properties and moisture content reaching up to 60% at 2.4Ghz [218].

Other than that, another pertinent research was conducted by Marpongahtun, Gea et al. (2018) [21]. They successfully demonstrated the conversion of oil palm empty fruit bunches to carbon nanodots (CNs). The empty fruit bunches underwent alkaline bleaching and hydrolysis to produce nanocrystal cellulose. The cellulose was then placed inside the microwave at different heating temperatures within 250–400 °C to produce carbon nanodots. The TEM results displayed rod-like forms, all of which are randomly arranged.

Other than microwave, pyrolysis, CVD, or manipulation of both methods, CNMs could be synthesized in other physical or chemical ways. In the next section, other methods of producing CNMs that have not been mentioned will be discussed briefly. The parameters in producing CNMs are summarized in Table 8 based on their synthesis conditions, CMNs characteristics, technology readiness level, and future applications.

3.2.4 Other synthesis methods

Based on the past literature, there are other methods for synthesizing CNMs using oil palm-based carbon precursors. Most methods involve the thermal conversion of the feedstocks or the carbon precursor. Hydrothermal carbonization is one of the popular methods used to convert palm oil. The method involved producing carbonaceous materials (hydrochar) for the most part. These materials are from pressurized low-temperature thermal conversion of feedstocks [219]. The common feedstocks used in hydrothermal carbonization are biomass such as sucrose, glucose, fructose, starch, cyclodextrin, and biomass derivatives such as 5-hydroxymethyl-furfural-1-aldehyde (HMF) [220, 221]. According to Inagaki and his colleagues (2014) [220], hydrothermal carbonizations can be divided into two classes, depending on the temperature applied, (i) high temperature (> 400 °C) and (ii) low temperature (< 250 °C). The high-temperature hydrothermal carbonization often produces various carbon materials, including multiwalled carbon nanotubes, fullerenes, and carbon spheres with different nanotextures. Often carbons produced in the method do not have enough rigidity and will collapse upon the silica removal. Therefore, the method is often followed by further pyrolysis to stabilize the carbon skeleton [222].

Interestingly, a study done by Mahat and Shamsudin synthesized carbon quantum dots (CQDs) from activated carbon originating from oil palm empty fruit bunches (OPEFBs) [15]. OPEFBs were heated for 3 h in a furnace for carbonization and activation purposes with nitrogen ambient. Next, 6 g of the activated carbon was used in synthesized carbon quantum dots via hydrothermal carbonization with a low-temperature process resulting in an average diameter of 507 nm of spherical shapes of CQDs.

In research conducted by Hendriansyah et al., empty fruit bunches and palm oil mill effluent (POME) were utilized to produce activated carbon via hydrothermal carbonization followed by pyrolysis [16]. The synthesis was carried out in the hydrothermal reactor at 275 °C using ZnCl_2 . After 40 min, the activation process was done inside the tubular furnace at 800 °C with a flow of carbon dioxide for 2 h. The surface area for activated carbon is 383.748 m^2/g with a pore size of 2.14 nm. Based on the SEM images, more pores existed on the biomass surface, forming holes, thus increasing the surface area of the activated carbon. In the same study, Hendriansyah and his colleagues also prepared graphene and nanotube via a combination of carbonization and chemical reaction. For graphene, the biomass is mixed with FeCl_3 , ZnCl_2 , and water, and it is dried for 18 h at 105 °C. After that, the mixture was heated inside an atmospheric furnace at 800 °C for 1 h.

Meanwhile, in synthesizing CNT, polymerization of POME was done by mixing it with formaldehyde and NH_4OH for 4 h at 95 °C. After drying, the powder form

Table 8 Syntheses of CNMs via microwave method including synthesis parameters, CMNs characteristics, TRL, and future applications

Carbon generated	Carbon precursor	Synthesis condition and catalyst/substrate	Sizes and Raman I_D/I_G ratio	Reactor	Advantages	Disadvantages	TRL	Application/future recommendation	References
Activated carbon	Oil palm fibers	5 min, 360 W, nitrogen flow, KOH	Honey-combed structure with homogenous pores	Tubular gas reactor with modified microwave	Short time for synthesis	Usage of chemicals for synthesis and purification	4	Detection or adsorption of methylene blue	[58]
Activated carbon	Oil palm fibers and shell	5–60 min, 150–180, LiOH	Mesoporous	Panasonic, NN-CD991SMPQ	Production of micropores AC with short synthesis time	Required of high temperature	4	Hydrogen storage capacity	[59]
Activated carbon	Palm kernel shell	Microwave: 30 min, 500–700 W steam activation 20–40 min, 700 W	S_{BET} : 78–225 m ² /g	Modified microwave oven (Samsung)	High yield with fast heating rate	Required of high microwave power	4	Adsorbent to remove herbicide (2,4-dichlorophenoxyacetic, termed “2,4-d”)	[62]
Activated carbon	Oil palm stones chars	5–60 min, 80–750 W, nitrogen and carbon dioxide	Orderly round mesoporous pores	EME2662, electrical microwave)	Usage of low microwave power for preparation of chars	Usage of high temperature	4	Adding more catalyst can help in adding BET surface area	[215]
Biochar	Oil palm fiber	15 min, 200–400 W, nitrogen flow, NaOH, NaCl, Na ₂ CO ₃	S_{BET} : 1.3–260, pore size: 109.51–43.53 Å	Microwave muffle reactor (HAMiab-C1500)	Low temperature, power, and flow rate for the synthesis of chars	Usage of chemicals for synthesis	3	Utilization as a fuel	[60]
Carbon nanodots	Oil palm empty fruit bunches	200–400 W	Rod-like form with 11–71 nm	Nil	Synthesis of C-dots without any surface passivation	Usage of high temperature	3	N/A	[21]
Carbon nanofibers (hollow)	Palm kernel shell	500–600 W, nitrogen flow, activated carbon	Hollow and multi-walled structure with diameter in the range of 50–100 nm	Tangshan microwave thermal instrument	Low synthesis time	Usage of high-temperature pyrolysis	4	Removal of heavy metals from wastewater	[20]

was minced and mixed with ferrocene and ethanol and then pyrolyzed using a tubular furnace at 90 °C for 2 h with the presence of N₂. The surface area for the CNMs is 401.17 and 526.420 m²/g for graphene and CNT, respectively.

Another method for synthesizing activated carbon identified by past studies is the carbonization of raw materials followed by char activation. Carbonization can be defined as converting the three-dimensional organic macromolecular systems to a three-dimensional “macro-atomic” network of carbon atoms [223]. In research conducted by Nicholas and his colleague, 5 g of palm kernel shells (PKS) treated with 20% of H₃PO₄ were carbonized using a tubular furnace at 500–900 °C for 2 h into activated carbon [61]. After cleaning and oven-dried, the sample showed that the carbonization temperature of 500 °C had the highest graphitic content with an I_G/I_D of 1.166. The FESEM images show a well-developed porous structure. The pores are generally regular in size and shape. Several other nanomaterials, such as nanocellulose and epoxy nanocomposites, were synthesized from oil palm frond leaves, and oil palm empty fruit bunches were reported. The carbon-based nanomaterials were hydrolysed and mechanically stirred into nanocellulose and epoxy.

Other than that, a combination method of carbonization and improved graphene oxide synthesis to produce graphene oxide was done by Nasir et al. [10]. Oil palm leaves, palm kernel shells, and empty fruit bunches were used as the precursors in the study—the carbonization of the sample is done to produce as-carbonized materials. The precursor is heated inside a furnace with a temperature ranging between 400 to 900 °C for 3 h with nitrogen flow. After that, the samples were coagulated with diethyl ether after being washed with deionized water, HCl, and ethanol. The prepared GOs were reduced using low-temperature annealing at 300 °C. The I_G/I_D obtained ratio are 1.06, 1.14, and 1.20 for RGO from oil palm leaves, palm kernel shells, and empty fruit bunches, providing evidence for the graphitic nature of the sample.

Meanwhile, the RGO produced tiny pores and nano ball-like-structure, distributed heterogeneously because of the different nature of the starting precursors. Table 9 summarized the parameters in producing CNMs based on their synthesis condition, characteristics of the CMNs, technology readiness level, and future applications. Further discussion regarding the possible applications will be discussed in the following section.

4 Application of carbon-based nanostructured materials derived from palm oil

The excellent properties and advantages of the CNMs have led to the expansion of their applications across various industrial sectors throughout the century. These included

geometrical complexity, unique properties behavior, and mass customization or manufacturing, which the traditional materials could not have offered. Carbon nanomaterials are widely used in electronics, energy applications, medical, biomedical engineering, aerospace, wastewater management, and automobiles. Whether CNMs can be prepared from various palm oil-based precursors, their available applications are still inadequately reported, with only a few available in the literature [228]. This study said that most of the CNMs ventured into supercapacitors, electrode cells, fillers inside nanocomposite, and absorbers for cationic dyes. The idea of having fossil fuels as the sources of the precursor is worrying due to their being unrenewable and not environmentally friendly. Ergo, the concept of synthesizing CNMs derived from oil palm, should gain more consideration by determining other possible applications based on the CNMs' properties.

Spherical nanocarbon-shape has been used and tested as electrode materials for energy storage devices. Carbon nanospheres pyrolyzed at 750 °C from waste cooking oil were conducted by Arie et al. They showed a shape like a rectangle with horn peak form on the cut-voltage above 3.5 V, indicating a charging process [69]. At the same time, the specific capacitance of the carbon nanospheres of 97.75 mV/s at 0.1 mV/s was detected with the reduction of the value on the second cycle, indicating the stability of the electrode will be better in the broader scan rate. Porous carbon nanoparticles (PCNs) derived from dried palm fronds showed excellent supercapacitor behavior in KOH due to their porous structure and particle size, 35 nm [198]. The specific capacitance was 343 Fg⁻¹ at 5mVs⁻¹. The PCNs also showed high cyclic stability of 90% and a high coulombic efficiency of 95%. Other than that, the strength and availability of carbon spheres are tested as fillers in the nanocomposites. A study was performed by Hegde et al. in pyrolyzing microporous carbon nanospheres using oil palm leaves and spin-coated into nanocomposites film with poly (3, 4-ethylenedioxythiophene) and poly(4-styrenesulfonate) polymer [199]. The nanocomposite showed a high gauge factor, correlation coefficient, and conductivity of 34.57, 0.86996, and 39.27 Sm⁻¹, respectively, implying a good behavior as a piezoresistive flexible strain sensor.

At the same time, CNTs derived from palm oil were also proven to have good conductivity and can be used in energy storage applications. R. Hendriansyah et al. studied the capacitance of a CNT mixture on the electrode cells [16]. They had reported that the capacitance increased to 2.4137 F/g when CNT was mixed with activated carbon (AC) compared to 1.7554 F/g for AC alone. This happened since CNT has better conductivity that contributed to the increment in capacitance [229]. Other than that, CNT synthesized from cooking palm oil was tested to fabricate CNT/natural rubber latex nanocomposite as the

Table 9 Syntheses of CNMs via other synthesis methods including synthesis parameters, CMNs characteristics, TRL, and future applications

Carbon generated	Carbon precursor	Simplified methods	Synthesis condition	Sizes/Raman I_D/I_G ratio	Advantages	Disadvantages	TRL	Application/future recommendation	References
Activated carbon	Empty fruit bunch	Chemical reagent and pyrolysis	Nitrogen flow, 500 °C, 1 h	S_{BET} : 86.62 m ² /g	Low synthesis time	High dependant of chemical reagent	3	Low-cost adsorbent for water treatment	[57]
Activated carbon	Palm kernel shell	Carbonization	Nitrogen gas, 500–900 °C, 1–5 h	S_{BET} : 1169 m ² /g, I_D/I_G : 1.166 (optimum)	Low percentage usage of catalyst	Reproducibility is low	3	Thermal energy storage	[61]
Carbon quantum dots	Oil palm empty fruit bunches	Hydrothermal carbonization	200 °C, 3 h	5–7 nm, I_D/I_G : 0.84	Low mass reduction after the process	Usage of high temperature for carbonization	4	Bio-imaging, anti-oxidation, and pH sensors	[15]
Cellulose nanocrystals	Empty fruit bunches	Acid hydrolysis	Mix with phosphotungstic acid, 80–100 °C, 23–35 h	22–97 nm	Substituted usage of strong liquid acids	The long period of mixing and exposed time to acids	2	N/A	[224]
Graphene	Fruit bunches and palm oil mill effluent (POME)	Heating	Mix with FeCl ₃ , ZnCl ₂ and H ₂ O. Heated in the atmospheric furnace at 800 °C	S_{BET} : 401.17 m ² /g	Exhibit high conductivity	Required usage of catalyst and chemical	3	Capacitance of supercapacitors	[16]
Nanocellulose	Oil palm fronds	Acid hydrolysis	Mixing with an acetic acid solution, 1 h	16–23 nm	High-yield synthesis for butyrate	A long period of mixing and synthesis time	3	Biocatalyst for the synthesis of butyrate (synthetic process)	[22]
Nanocellulose fiber (PVA composite)	Empty fruit bunches fibers	Isolation of nanocellulose/casting	Hydrolysed with sulfuric acid for 45 min	4–15 nm	High mechanical properties of polymer	Required of extra steps for synthesis	3	Nanocellulose reinforced PVA/starch film	[225]
Nanofiller epoxy	Oil palm empty fruit bunches	Lay-up technique	Mixed with epoxy resin for 20 min and cured for 24 h	Irregular and jagged fracture	The required simple step of synthesis	Further tests involving materials characterization are limited	3	Epoxy nanocomposite	[226]
Reduced graphene oxide	Empty fruit bunch, palm kernel shell, oil palm leaves	Carbonization/improved Hummers method	Exfoliated in the reaction mixture and reduced via mild thermal temperature at 300 °C	I_G/I_D : 1.06–1.16, S_{BET} : 8–117 m ² g ⁻¹	High electrochemical capacitance	Required usage of catalyst and chemical	4	Electrode material in supercapacitor application	[227]

Table 9 (continued)

Carbon generated	Carbon precursor	Simplified methods	Synthesis condition	Sizes/Raman I_D/I_G ratio	Advantages	Disadvantages	TRL	Application/future recommendation	References
Reduced graphene oxide	Empty fruit bunches, oil palm leaves, and palm kernel shells	Carbonization/improve graphene oxide	Carbonized at 400–900 °C for 3 h. Washes with HCl, deionized ethanol–water. Annealed at 300 °C	I_D/I_G : 1.06	Do not produce toxic gas	Required usage of catalyst and chemical	3	N/A	[10]
Reduced graphene oxide–activated carbon	Empty fruit bunches	Improve graphene oxide/carbonization/impregnation process	<p>RGD: mix with concentrated acid and KMnO_4 and wash with HCl and ethanol</p> <p>AC: activate with ZnCl_2 and carbonized at 900 °C</p> <p>Composite: RGD and AC were added into the n-nonadecane solution and mixed. The solution was oven–dried at 80 °C</p>	I_D/I_G : 0.98–1.12 S_{BET} : 1–315 m^2g^{-1}	No seepage during the phase change process for the composites	Required extra steps for synthesis	4	Thermal energy storage. Energy conservation in a building, hailing industries, temperature revitalization systems for test and electronic appliances	[65]

electrode in supercapacitor application. The I–V analysis presented an excellent conductivity value at 2.55×10^{-3} S/cm. Meanwhile, the graph is in rectangular shapes indicating good capacitance behavior of the reaction [68]. Due to the conductivity of the CNT, a study regarding the usage of CNT as an antenna for the microstrip patch was done by synthesizing the CNT from waste cooking oil with the help of iron oxide nanoparticles as the catalyst [67]. After pyrolysis, the CNT paste was printed onto the Kapton substrate with a connector (attached as the patch) and a copper (attached as the ground plane). The performance of the fabricated antenna was examined using a network analyzer in terms of the reflection loss of the sample. The result revealed that the carbon content in the magnetic particles allows for better absorption as the minimum reflection loss was 12.42 dB at 5.46 GHz for the CNT synthesized at 650 °C.

The excellent porosity of activated carbon from oil palm by-products makes it suitable for adsorbent, especially in water treatment. A study carried out by Foo et al. determined the availability of the AC from oil palm fiber in adsorbing methylene blue [58]. The study decided that the BET surface area for the AC was $707.79 \text{ m}^2/\text{g}$ and capable of adsorbing the methylene blue with an adsorption capacity of 312.5 mg/g . Other studies conducted by Wafti et al. [19] and Wirasnita et al. [57] also found out the capability of their ACs in adsorbing methylene blue with the high surface area of $86.62 \text{ m}^2/\text{g}$ and $937 \text{ m}^2/\text{g}$, respectively. Other than adsorbent for dyes, activated carbon derived from oil palm fibers and shells were used as hydrogen storage based on their N_2 adsorption–desorption isotherms. The study conducted by González-Navarro et al. concluded that activated carbon synthesized at 800 W for 15 min in a microwave reactor shows the highest hydrogen storage capacity with an increase in N_2 adsorption at low relative pressure [59]. The study conducted by Nicholas et al. also indicates the capability of activated carbon from palm kernel shells as the shape-stabilized phase change materials with encapsulation of n-octadecane into the pores. The resulting nanocomposites show good thermal stability and stand up to 500 melting and freezing cycles for thermal energy storage applications. Hendriansyah et al. prepared activated carbon from empty fruit bunches and POME with the capacitance of 1.7554 F/g, which can be used as a supercapacitor [16].

A study performed by Tahir N.A.M et al. confirmed the tribological effects of graphene growth from oil palm fiber [188]. They concluded that the presence of graphene on top of the substrate could reduce the coefficient of friction. The capability of graphene as capacitance was proved by Hendriansyah et al. when their research team synthesized graphene with 4.3808 F/g capacitance mixed with activated carbon. Other than graphene, synthesis of reduced graphene oxide was performed by Nasir et al. by mixing EFB-derived

graphite-like powder with concentrated $\text{H}_2\text{SO}_4/\text{H}_3\text{PO}_4$ and KMnO_4 . The reduced graphene is mixed with empty fruit bunch–derived activated carbon. Later, the mixture is impregnated with n-nonadecane to form shape-stabilized nanocomposites with the latent heat of composites of 82.72 J/g for 37.25°C and -622.22 J/g for 25.58°C , which could be utilized for energy conservation building. Another application of the reduced graphene oxide is electrode materials in supercapacitor application as shown by Ali, G. et al. when they produced RGO from empty fruit bunch, palm kernel shell, and oil palm leaves via carbonation and improved hummers method.

Other studies were also observed for applying CNMs derived from palm oil–based carbon nanofillers, carbon quantum dots, and even cellulose nanocrystals. But unfortunately, only a few were reported. The compilation of various CNMs syntheses from palm oil–based and their application can be found in Table 5.

5 Future prospect and challenges

Oil palm has been considered an essential source for vegetable oils with higher productivity than other crops. Malaysia could generate oil palm waste due to the high production of FFB with high cultivation yield of palm oil in peninsular, Sabah, and Sarawak with 1.82, 1.87, and 1.35 tonnes/hectare, respectively. It goes without saying that when these palm wastes are left unattended, they will cause environmental pollution. It can affect the underground water through leaching, soil pollution due to unwanted chemicals, and unpleasant odor. As a matter of environment is concerned, what are the measures that should be taken to tackle the disposal issue? This brings another question: how will the parties involved transform the unwanted waste into something beneficial? Due to the specialized functional properties of carbon-based nanomaterials in several areas of interest, they should be considered in the end-production, as it is the main objective of this paper.

The derivation of the synthesis process, especially for carbon-based materials, was explored continuously to diminish and limit the disadvantages during the process. Among the criteria required during the process is rapid and high productivity techniques. Thus, the common heat-related conversions of oil palm wastes into CNMs such as CVD, pyrolysis, and microwave were discussed in “Sect. 3.” Interestingly, other synthesis methods such as hydrothermal, carbonization, and polymerization were also identified in producing CNMs such as CNT, graphene, CNS, and activated carbons. The research shows the progress of each conversion method. CVD, pyrolysis, and microwave methods are favored among research to produce CNMs. Some by-product precursors needed high temperatures to crack the long carbon chain

and volatilized to convert the materials. The method can also produce high yields of CNMs.

Additionally, the CNMs have grown on top of the substrates, used widely in electronics applications. This can help reduce the workload in growing the CNMs on top of the substrates. There are, however, some drawbacks to the synthesis method. High temperature can lead to high power consumption, which is disadvantageous if the process is continuously conducted on a larger scale. Several research has been done to solve the temperature issue using catalysts, time manipulation, and environmental gas.

Nevertheless, unwanted impurities in the CNMs are possible, especially if the purification is not properly done. On the other hand, activated carbon production when using pyrolysis requires several steps. Thus, char should be prepared by combining the preparation and activation methods and introducing a feasible synthesis method. Other than that, the typical microwave oven will not have any temperature detector. Thus, it would be difficult to control the temperature during the synthesis as a heat curve is sought after to determine the process temperature. Therefore, future research should consider using an infrared temperature camera to use a microwave oven. This is because the reading of the thermocouple rod is not accurate due to its position. Every variable manipulated during the research will have its pros and cons. Hence, more studies should be enhanced to find the optimum parameters or combine the method in producing the CNMs.

The present study also captured different methods for using the CNMs derived from oil palm waste, which has high potential, especially in the energy field. The CNMs is used for energy storage application such as electrodes and capacitance. Other than that, the CNMs are used in fillers and antennas in microstrip. The magnificent properties of the CNMs produced by green precursors allow for various implementations. Thus, more studies should be done on adsorption, capacitance, and thermal properties.

Technology readiness level or TRL is a scale or a method invalidating the maturity of technology from the basic idea generation to commercialization. There were 9

levels allocated for the TRL framework, as summarized in Table 10 [230, 231]. TRL 1–3 were defined as lab scales, meanwhile TRL 4–6 as pilot scales and TRL 7–9 as commercialization. TRL for all the processes synthesizing carbon nanomaterials from oil palm by-product materials is shown in Tables 6, 7, 8, 9. Generally, in Malaysia, the synthesis and production of CNMs from oil palm by-products using common synthesis methods such as CVD, microwave, and pyrolysis are still around TRL 3–5. Suriani et al. [68] found a way to scale up carbon nanotubes production by modifying the TCVD system with a continuous supply of catalyst and precursor by attaching them to a peristaltic sprayer. They claimed that the conversion rate was around 56% higher than the common volatile organic compound.

Meanwhile, Lam et al. [62] combined microwave synthesis with steam activation in producing an 83% yield of highly porous activated carbon. Besides that, Promraksa et al. [232] optimized biochar production from palm kernel shells, empty palm fruit bunches, and oil palm fibers by the Box-Behnken design and RSM analysis. They determined that the highest biochar yield was 44.91 wt% with pyrolysis at 525 °C with nitrogen flow rate. These studies show that the combination and modification of the traditional method can help in boosting the yield production of the CNMs. At the same time, studies claiming low power, synthesis time, and temperature could be the reference for high-scale production as it will save time, energy, and waste of the raw materials [16, 20, 60, 232]. Furthermore, pyrolysis was claimed and reached the commercial scale in Malaysia, but unfortunately, it is limited to producing biocharcoal and bio-oil only.

Regarding the current situation for the synthesis of the CNMs, further research is required to obtain the appropriate technology readiness level for commercial implementation. To maximize the commercialization of the conversion, several measures should be taken, namely (i) efficient supply chain of the oil palm waste by introducing an integrated way of collecting and storing the waste from the palm oil mills; (ii) encouragement of more R&D projects involving the analysis and conversion of the waste in

Table 10 Technology readiness level (TRL) framework

TRL level	Cooking palm oil
1	Basic principles of the experiments observed and reported
2	Technology concept and application are formulated
3	Analytical and experimental critical function and or characteristic proof of concept
4	Validation of the basic technology and their component in a laboratory environment
5	Validation of the basic technology and its component in a relevant environment
6	Demonstration of system model and prototype in a relevant environment
7	Demonstration of system model and prototype in an operational environment
8	Actual technology completed through test and demonstration
9	Actual technology qualified through successful mission operations

individual or big company's plantations; (iii) introduction of policies and laws to encourage the synthesis of oil palm waste and; (iv) government should consider in investing and for the start-up for conversion of waste into the CNMs in the palm oil mills.

6 Conclusion

Nanotechnology and the derivation of nanomaterials could solve the issues in the palm oil industry. As the palm oil industry is expanding and developing, disposing of oil palm waste will continue to become a major drawback, as presented in "Sect. 2." By combining various synthesis methods, the wastes could be feasible and renewable resources. Heat-related conversions of palm oil by-products such as CVD, pyrolysis, microwave, and other methods were discussed in "Sect. 3." Thus, by-products can be transformed into beneficial CNMs, explored in various applications ranging from energy storage and wastewater treatment, as discussed in "Sect. 4." We are aware there are some drawbacks regarding the industry, especially in the development of commercialization of the CNMs and the synthesis methods itself; hence, the prospects and challenges faced by the palm oil industry are discussed in "Sect. 5." Based on the studies and possible applications of CNMs, we believe that the conversion of oil palm wastes can contribute to the clean carbon-based production of nanomaterials in the future.

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Declarations

Competing interests The authors declare no competing interest.

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