# Minimizer of an isoperimetric ratio on a metric on $\mathbb{R}^{2}$ with finite total area 

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#### Abstract

Let $g=\left(g_{i j}\right)$ be a complete Riemmanian metric on $\mathbb{R}^{2}$ with finite total area and let $I_{g}$ be the infimum of the quotient of the length of any closed simple curve $\gamma$ in $\mathbb{R}^{2}$ and the sum of the reciprocal of the areas of the regions inside and outside $\gamma$ respectively with respect to the metric $g$. Under some mild growth conditions on $g$ we prove the existence of a minimizer for $I_{g}$. As a corollary we obtain a proof for the existence of a minimizer for $I_{g(t)}$ for any $0<t<T$ when the metric $g(t)=g_{i j}(\cdot, t)=u \delta_{i j}$ is the maximal solution of the Ricci flow equation $\partial g_{i j} / \partial t=-2 R_{i j}$ on $\mathbb{R}^{2} \times(0, T)$ (Daskalopoulos and Hamilton in Commun Anal Geom 12(1):143-164, 2004) where $T>0$ is the extinction time of the solution. This existence of minimizer result is assumed and used without proof by Daskalopoulos and Hamilton (2004).


Keywords Existence of minimizer • Isoperimetric ratio • Complete Riemannian metric on $\mathbb{R}^{2}$. Finite total area

Mathematics Subject Classification Primary 58E99 - 49Q99; Secondary 58C99

## 1 Introduction

Isoperimetric inequalities arises in many problems in analysis and geometry such as the study of partial differential equations and Sobolev inequality [1,17]. In [8,11], Gage and Hamilton studied isoperimetric inequalities arising from the curve shortening flow. In [2] Daskalopoulos and Hamilton assumed the existence of a minimizer for an isoperimetric inequality corresponding to the maximal solution of the finite mass

[^0]2-dimensional Ricci flow on $\mathbb{R}^{2}$ and studied various properties of this isoperimetric inequality. However there is no proof of the existence of this minimizer in [2] and there is also no proof of this important existence result in other papers. In [3,4,6], Daskalopoulos, Hamilton, Del Pino and Sesum used these properties to study the behaviour of ancient solution of Ricci flow and the extinction behavior of finite mass maximal solution of Ricci flow, which is an important tool in the classification of manifolds [14-16,18].

Since the existence of such minimizer is crucial to the proof of various theorems in [2,3,5,6], in this paper I will give a rigorous proof of this important existence result. In fact my existence result holds for any metrics that satisfies some structural conditions which include the maximal finite mass solution of the 2-dimensional Ricci flow as a special case.

Let $g=\left(g_{i j}\right)$ be a complete Riemannian metric on $\mathbb{R}^{2}$ with finite total area $A=$ $\int_{\mathbb{R}^{2}} d V_{g}$ satisfying

$$
\begin{equation*}
\lambda_{1}(|x|) \delta_{i j} \leq g_{i j}(x) \leq \lambda_{2}(|x|) \delta_{i j} \quad \forall|x| \geq r_{0} \tag{1.1}
\end{equation*}
$$

for some constant $r_{0}>1$ and positive monotone decreasing functions $\lambda_{1}(r), \lambda_{2}(r)$, on $\left[r_{0}, \infty\right)$ that satisfy

$$
\begin{align*}
& \int_{r}^{c_{0} r} \sqrt{\lambda_{1}(\rho)} d \rho \geq \pi r \sqrt{\lambda_{2}(r)} \quad \forall r \geq r_{0},  \tag{1.2}\\
& r \sqrt{\lambda_{1}\left(c_{0} r\right)} \geq b_{1} \int_{r}^{\infty} \rho \lambda_{2}(\rho) d \rho \quad \forall r \geq r_{0},  \tag{1.3}\\
& \int_{r}^{r^{2}} \sqrt{\lambda_{1}(\rho)} d \rho \geq b_{2} \quad \forall r \geq r_{0}, \tag{1.4}
\end{align*}
$$

and

$$
\begin{equation*}
\lambda_{1}\left(c_{0} r\right) \geq \delta \lambda_{2}(r) \quad \forall r \geq r_{0} \tag{1.5}
\end{equation*}
$$

for some constants $c_{0}>1, b_{1}>0, b_{2}>0, \delta>0$, where $|x|$ is the distance of $x$ from the origin with respect to the Euclidean metric. For any closed simple curve $\gamma$ in $\mathbb{R}^{2}$, let (cf. [2])

$$
\begin{equation*}
I(\gamma)=L(\gamma)\left(\frac{1}{A_{\text {in }}(\gamma)}+\frac{1}{A_{\text {out }}(\gamma)}\right), \tag{1.6}
\end{equation*}
$$

where $L(\gamma)$ is the length of the curve $\gamma, A_{\text {in }}(\gamma)$ and $A_{\text {out }}(\gamma)$ are the areas of the regions inside and outside $\gamma$ respectively, with respect to the metric $g$. Let

$$
\begin{equation*}
I=I_{g}=\inf _{\gamma} I(\gamma) \tag{1.7}
\end{equation*}
$$

where the infimum is over all closed simple curves $\gamma$ in $\mathbb{R}^{2}$. In this paper we will prove that there exists a constant $b_{0}>0$ such that if $I_{g}<b_{0}$, then there exists a
closed simple curve $\gamma$ satisfying $I_{g}=I(\gamma)$. As a corollary we obtain a proof for the existence of a minimizer for the isoperimetric ratio $I_{g(t)}$ for any $0<t<T$ when the metric $g(t)=g_{i j}(\cdot, t)=u \delta_{i j}$ is the maximal solution of the Ricci flow [2]

$$
\frac{\partial}{\partial t} g_{i j}=-2 R_{i j} \quad \text { on } \mathbb{R}^{2} \times(0, T)
$$

where $T>0$ is the extinction time of the solution and $u$ is a solution of

$$
\begin{equation*}
u_{t}=\Delta \log u \quad \text { on } \mathbb{R}^{2} \times(0, T) \tag{1.8}
\end{equation*}
$$

We will adapt and modify the techniques in $[11,12]$ to prove the result. Since the domain under consideration in [11,12], is either the sphere $S^{2}$ ([12]) or a bounded domain, the minimizing sequences for the infimum of the isoperimetric ratios considered in those cases stay in a compact set. On the other hand since the isoperimetric ratio (1.6) is for any curve $\gamma$ in $\mathbb{R}^{2}$, the minimizing sequence of curves for the infimum of the isoperimetric ratio (1.7) may not stay in a compact subset of $\mathbb{R}^{2}$ and may not have a limit at all. The technique for compact manifold [12] is not sufficient to prove this result. New technique and ideas are used in this paper to prove the result. We will show that there exists a constant such that this is impossible when $I_{g}$ is less than this constant. After this we will use the curve shortening flow technique of [12] to modify the minimizing sequence of curves and show that they will converge to a minimizer of (1.7).

For any $x_{0} \in \mathbb{R}^{2}$ and $r>0$ let $B_{r}\left(x_{0}\right)=\left\{x \in \mathbb{R}^{2}:\left|x-x_{0}\right|<r\right\}$ and $B_{r}=B_{r}(0)$. The main results of the paper are as follows.

Theorem 1.1 Suppose $g$ satisfies (1.1) for some constant $r_{0}>1$ where $\lambda_{1}(r), \lambda_{2}(r)$, are positive monotone decreasing functions on $\left[r_{0}, \infty\right)$ that satisfy (1.2), (1.3), (1.4) and (1.5) for some constants $c_{0}>1, b_{1}>0, b_{2}>0$ and $\delta>0$. Then there exists a constant $b_{0}>0$ depending on $b_{1}, b_{2}$ and $A$ such that the following holds:

If

$$
\begin{equation*}
I_{g}<b_{0} \tag{1.9}
\end{equation*}
$$

then there exists a closed simple curve $\gamma$ in $\mathbb{R}^{2}$ such that $I_{g}=I(\gamma)$. Hence $I_{g}>0$.
Proposition 1.2 Suppose $g=\left(g_{i j}\right)$ satisfies

$$
\frac{C_{1}}{r^{2}(\log r)^{2}} \delta_{i j} \leq g_{i j} \leq \frac{C_{2}}{r^{2}(\log r)^{2}} \delta_{i j} \quad \forall r \geq r_{1}
$$

for some constants $C_{2} \geq C_{1}>0, r_{1}>1$. Then there exist constants $c_{0}>1, \delta>0$, $b_{1}>0, b_{2}>0$, and $r_{0} \geq r_{1}$ such that (1.2), (1.3), (1.4) and (1.5) hold.

Corollary 1.3 Let $g_{i j}(x, t)=u(x, t) \delta_{i j}$ where $u$ is the maximal solution of $(1.8)$ with initial value $0 \leq u_{0} \in L^{p}\left(\mathbb{R}^{2}\right) \cap L^{1}\left(\mathbb{R}^{2}\right)$, $u_{0} \not \equiv 0$, for some $p>1$ satisfying

$$
\begin{equation*}
u_{0}(x) \leq \frac{C}{|x|^{2}(\log |x|)^{2}} \quad \forall|x|>1 \tag{1.10}
\end{equation*}
$$

given by $[4,13]$ where $T=(1 / 4 \pi) \int_{\mathbb{R}^{2}} u_{0} d x$. Then for any $0<t_{1}<T$ there exists $a$ constant $b_{0}>0$ such that the following holds:

For any $t_{1} \leq t<T$, if $I_{g(t)}<b_{0}$, then there exists a closed simple curve $\gamma$ that satisfies $I_{g(t)}=I(\gamma)$.

By an argument similar to the proof of Proposition 1.2 we also have the following result.

Remark 1.4 Suppose $g=\left(g_{i j}\right)$ satisfies

$$
\frac{C_{1}}{r^{2}(\log r)^{2}(1+\log r)^{2}} \delta_{i j} \leq g_{i j} \leq \frac{C_{2}}{r^{2}(\log r)^{2}(1+\log r)^{2}} \delta_{i j} \quad \forall r \geq r_{1}
$$

for some constants $C_{2} \geq C_{1}>0, r_{1}>1$. Then there exist constants $c_{0}>1, \delta>0$, $b_{1}>0, b_{2}>0$, and $r_{0} \geq r_{1}$ such that (1.2), (1.3), (1.4) and (1.5) hold. The growth condition for $g$ here is different from that of Proposition 1.2. Hence Theorem 1.1 is more general than the minimizer result used by Daskalopoulos and Hamilton [2].

## 2 The proof of the main results

Proof of Proposition 1.2 Let $\lambda_{i}(r)=C_{i}(r \log r)^{-2}, i=1,2$,

$$
\begin{equation*}
c_{0}=2 e^{\pi \sqrt{C_{2} / C_{1}}} \tag{2.1}
\end{equation*}
$$

and $\delta=C_{1} /\left(2 c_{0}^{2} C_{2}\right)$. We choose $r_{2} \geq r_{1}$ such that

$$
\begin{equation*}
\frac{\log r}{\log \left(c_{0} r\right)} \geq \frac{1}{\sqrt{2}} \quad \forall r \geq r_{2} \tag{2.2}
\end{equation*}
$$

Then by (2.1) and (2.2),

$$
\begin{equation*}
\frac{\lambda_{1}\left(c_{0} r\right)}{\lambda_{2}(r)}=\frac{C_{1}}{c_{0}^{2} C_{2}}\left(\frac{\log r}{\log \left(c_{0} r\right)}\right)^{2} \geq \frac{C_{1}}{2 c_{0}^{2} C_{2}}=\delta \quad \forall r \geq r_{2} \tag{2.3}
\end{equation*}
$$

We next note that

$$
\begin{equation*}
\lim _{r \rightarrow \infty}\left((\log r) \log \left(\frac{\log \left(c_{0} r\right)}{\log r}\right)\right)=\lim _{z \rightarrow 0} \frac{\log \left(\left(\log c_{0}\right) z+1\right)}{z}=\log c_{0} \tag{2.4}
\end{equation*}
$$

By (2.1) and (2.4) there exists $r_{0} \geq r_{2}$ such that

$$
\begin{equation*}
(\log r) \log \left(\frac{\log \left(c_{0} r\right)}{\log r}\right)>\pi \sqrt{C_{2} / C_{1}} \quad \forall r \geq r_{0} \tag{2.5}
\end{equation*}
$$

By (2.3) and (2.5), we get (1.2) and (1.5). By (2.2) and a direct computation (1.3) and (1.4) holds with $b_{1}=\sqrt{C_{1}} /\left(\sqrt{2} c_{0} C_{2}\right), b_{2}=\sqrt{C_{1}} \log 2$, and the proposition follows.

Proof of Corollary 1.3 By (1.10) and the results of [7] there exists a constant $C_{2}>0$ such that

$$
\begin{equation*}
u(x, t) \leq \frac{C_{2}}{|x|^{2}(\log |x|)^{2}} \quad \forall|x|>1,0<t<T \tag{2.6}
\end{equation*}
$$

and for any $t_{0} \in(0, T)$ there exists a constant $r_{1}>1$ such that

$$
\begin{equation*}
u(x, t) \geq \frac{(3 / 2) t}{|x|^{2}(\log |x|)^{2}} \quad \forall|x| \geq r_{1}, 0<t \leq t_{0} \tag{2.7}
\end{equation*}
$$

By (2.6), (2.7), Theorem 1.1 and Proposition 1.2, the corollary follows.
Henceforth we will assume that $g$ is a metric on $\mathbb{R}^{2}$ with finite total area that satisfies (1.1), (1.2), (1.3), (1.4) and (1.5) for some constants $r_{0}>1, c_{0}>1, b_{1}>0, b_{2}>0$, $\delta>0$ where $\lambda_{1}(r), \lambda_{2}(r)$, are positive monotone decreasing functions on $\left[r_{0}, \infty\right)$. Let $b_{0}=\min \left(b_{1}, 4 b_{2} / A\right)$. Suppose (1.9) holds. Let $\left\{\gamma_{k}\right\}_{k=1}^{\infty}$ be a sequence of closed simple curves on $\mathbb{R}^{2}$ such that

$$
\begin{equation*}
I\left(\gamma_{k}\right) \rightarrow I \quad \text { as } k \rightarrow \infty \quad \text { and } \quad I\left(\gamma_{k}\right)<b_{0} \quad \forall k \in \mathbb{Z}^{+} . \tag{2.8}
\end{equation*}
$$

We will show that the sequence $\left\{\gamma_{k}\right\}_{k=1}^{\infty}$ is contained in some compact set of $\mathbb{R}^{2}$. Let $\Omega_{k}$ be the region inside $\gamma_{k}$ and $r_{k}=\min _{x \in \gamma_{k}}|x|$. Let $L_{e}\left(\gamma_{k}\right)$ be the length of $\gamma_{k}$ and $\left|\Omega_{k}\right|$ be the area of $\Omega_{k}$ with respect to the Euclidean metric. We choose $r_{0}^{\prime}>r_{0}$ such that

$$
\begin{equation*}
\operatorname{Vol}_{g}\left(\mathbb{R}^{2} \backslash B_{r_{0}^{\prime}}\right) \leq \frac{A}{4} \quad \forall k \in \mathbb{Z}^{+} \tag{2.9}
\end{equation*}
$$

## Lemma 2.1 The sequence $r_{k}$ is uniformly bounded.

Proof Suppose the lemma is not true. Then there exists a subsequence of $r_{k}$ which we may assume without loss of generality to be the sequence itself such that

$$
\begin{equation*}
r_{k}>r_{0}^{\prime} \quad \forall k \in \mathbb{Z}^{+} \tag{2.10}
\end{equation*}
$$

and $r_{k} \rightarrow \infty$ as $k \rightarrow \infty$. Let $\widetilde{\gamma}_{k}=\partial B_{r_{k}}$. We choose a point $x_{k} \in \gamma_{k} \cap \partial B_{r_{k}}$ and let $\gamma_{k}:[0,2 \pi] \rightarrow \mathbb{R}^{2}$ be a parametrization of the curve $\gamma_{k}$ such that $x_{k}=\gamma_{k}(0)=$ $\gamma_{k}(2 \pi)$. Since for any $k \in \mathbb{Z}^{+}$either $0 \in \Omega_{k}$ or $0 \in \mathbb{R}^{2} \backslash \Omega_{k}$ holds, thus either

$$
\begin{equation*}
0 \in \Omega_{k} \text { for infinitely many } k \tag{2.11}
\end{equation*}
$$

or

$$
\begin{equation*}
0 \in \mathbb{R}^{2} \backslash \Omega_{k} \quad \text { for infinitely many } \mathrm{k} \tag{2.12}
\end{equation*}
$$

holds. We need the following result for the proof of the lemma.

Claim 1 There exists only finitely many $k$ such that $\gamma_{k} \cap\left(\mathbb{R}^{2} \backslash \bar{B}_{c_{0} r_{k}}\right) \neq \emptyset$.
Proof of Claim 1 Suppose claim 1 is false. Then there exists infinitely many $k$ such that $\gamma_{k} \cap\left(\mathbb{R}^{2} \backslash \bar{B}_{c_{0} r_{k}}\right) \neq \emptyset$. Without loss of generality we may assume that

$$
\begin{equation*}
\gamma_{k} \cap\left(\mathbb{R}^{2} \backslash \bar{B}_{c_{0} r_{k}}\right) \neq \emptyset \quad \forall k \in \mathbb{Z}^{+} \tag{2.13}
\end{equation*}
$$

By (2.13) there exists $\phi_{0} \in(0,2 \pi)$ such that

$$
\left|\gamma_{k}\left(\phi_{0}\right)\right|>c_{0} r_{k} .
$$

Hence there exists $0<\phi_{1}<\phi_{0}<\phi_{2}<2 \pi$ such that

$$
\gamma_{k}\left(\phi_{1}\right)=\gamma_{k}\left(\phi_{2}\right)=c_{0} r_{k}
$$

and

$$
r_{k} \leq\left|\gamma_{k}(\phi)\right| \leq c_{0} r_{k} \quad \forall \phi \in\left(0, \phi_{1}\right) \cup\left(\phi_{2}, 2 \pi\right) .
$$

Then by (1.1),

$$
\begin{align*}
L\left(\gamma_{k}\right) & =\int_{0}^{2 \pi}\left(g_{i j} \dot{\gamma}_{k}^{i} \dot{\gamma}_{k}^{j}\right)^{\frac{1}{2}} d \phi \\
& \geq\left(\int_{0}^{\phi_{1}}+\int_{\phi_{2}}^{2 \pi}\right)\left(g_{i j} \dot{\gamma}_{k}^{i} \dot{\gamma}_{k}^{j}\right)^{\frac{1}{2}} d \phi \\
& \geq\left(\int_{0}^{\phi_{1}}+\int_{\phi_{2}}^{2 \pi}\right) \sqrt{\lambda_{1}(r)} \sqrt{\left(\frac{d r}{d \phi}\right)^{2}+r^{2}\left(\frac{d \theta}{d \phi}\right)^{2}} d \phi \\
& \geq 2 \int_{r_{k}}^{c_{0} r_{k}} \sqrt{\lambda_{1}(r)} d r \tag{2.14}
\end{align*}
$$

and

$$
\begin{equation*}
2 \pi r_{k} \sqrt{\lambda_{1}\left(r_{k}\right)} \leq L\left(\widetilde{\gamma}_{k}\right)=\int_{0}^{2 \pi}\left(g_{i j} \dot{\widetilde{\gamma}}_{k}^{i} \tilde{\gamma}_{k}^{j}\right)^{\frac{1}{2}} d \phi \leq 2 \pi r_{k} \sqrt{\lambda_{2}\left(r_{k}\right)} \tag{2.15}
\end{equation*}
$$

By (1.2), (2.14) and (2.15),

$$
\begin{equation*}
L\left(\widetilde{\gamma}_{k}\right) \leq L\left(\gamma_{k}\right) \tag{2.16}
\end{equation*}
$$

Suppose (2.11) holds. Without loss of generality we may assume that $0 \in \Omega_{k}$ for all $k \in \mathbb{Z}^{+}$. Then $B_{r_{k}} \subset \Omega_{k}$ for all $k \in \mathbb{Z}^{+}$. Hence by (2.9), (2.10),

$$
\begin{equation*}
A_{\text {out }}\left(\gamma_{k}\right) \leq \operatorname{Vol}_{g}\left(\mathbb{R}^{2} \backslash B_{r_{k}}\right) \leq \frac{A}{4} \quad \forall k \in \mathbb{Z}^{+} \tag{2.17}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{3 A}{4} \leq \operatorname{Vol}_{g}\left(B_{r_{k}}\right) \leq A_{i n}\left(\gamma_{k}\right) \leq A \quad \forall k \in \mathbb{Z}^{+} \tag{2.18}
\end{equation*}
$$

We will now show that the circle $\widetilde{\gamma}_{k}=\partial B_{r_{k}}$ satisfies

$$
\begin{equation*}
I\left(\widetilde{\gamma}_{k}\right) \leq I\left(\gamma_{k}\right) . \tag{2.19}
\end{equation*}
$$

Let $\varepsilon=A_{\text {out }}\left(\widetilde{\gamma}_{k}\right)-A_{\text {out }}\left(\gamma_{k}\right)$. Then $\varepsilon=A_{\text {in }}\left(\gamma_{k}\right)-A_{\text {in }}\left(\widetilde{\gamma}_{k}\right)$. Since $\widetilde{\gamma}_{k} \subset \bar{\Omega}_{k}$ and the region between $\gamma_{k}$ and $\widetilde{\gamma}_{k}$ is contained in $\mathbb{R}^{2} \backslash B_{r_{k}}$, by (2.17),

$$
\begin{equation*}
0 \leq \varepsilon \leq \frac{A}{4} \tag{2.20}
\end{equation*}
$$

Hence by (2.17) and (2.20),

$$
\begin{align*}
\frac{1}{A_{\text {in }}\left(\widetilde{\gamma_{k}}\right)}+\frac{1}{A_{\text {out }}\left(\widetilde{\gamma_{k}}\right)} & =\frac{A}{A_{\text {in }}\left(\widetilde{\gamma_{k}}\right) A_{\text {out }}\left(\widetilde{\gamma_{k}}\right)}=\frac{A}{\left(A_{\text {in }}\left(\gamma_{k}\right)-\varepsilon\right)\left(A_{\text {out }}\left(\gamma_{k}\right)+\varepsilon\right)} \\
& \leq \frac{A}{A_{\text {in }}\left(\gamma_{k}\right) A_{\text {out }}\left(\gamma_{k}\right)}=\frac{1}{A_{\text {in }}\left(\gamma_{k}\right)}+\frac{1}{A_{\text {out }}\left(\gamma_{k}\right)} . \tag{2.21}
\end{align*}
$$

By (2.16) and (2.21) we get (2.19). Now by (1.1),

$$
\begin{equation*}
A_{\text {out }}\left(\widetilde{\gamma}_{k}\right)=\int_{\mathbb{R}^{2} \backslash B_{r_{k}}} \sqrt{\operatorname{det} g_{i j}} d x \leq 2 \pi \int_{r_{k}}^{\infty} \rho \lambda_{2}(\rho) d \rho \tag{2.22}
\end{equation*}
$$

By (1.3), (2.15), (2.19) and (2.22),

$$
\begin{equation*}
I\left(\gamma_{k}\right) \geq \frac{L\left(\widetilde{\gamma}_{k}\right)}{A_{\text {out }}\left(\widetilde{\gamma}_{k}\right)}+\frac{L\left(\widetilde{\gamma}_{k}\right)}{A_{\text {in }}\left(\widetilde{\gamma}_{k}\right)} \geq b_{1} \tag{2.23}
\end{equation*}
$$

Letting $k \rightarrow \infty$ in (2.23),

$$
\begin{equation*}
I \geq b_{1} \tag{2.24}
\end{equation*}
$$

This contradicts (1.9) and the definition of $b_{0}$. Hence (2.11) does not hold.
Suppose (2.12) holds. Without loss of generality we may assume that $0 \in \mathbb{R}^{2} \backslash \Omega_{k}$ for all $k \in \mathbb{Z}^{+}$. Then by (2.10) $0 \in \mathbb{R}^{2} \backslash \bar{\Omega}_{k}$ and $B_{r_{k}} \subset \mathbb{R}^{2} \backslash \bar{\Omega}_{k}$ for any $k \in \mathbb{Z}^{+}$. By an argument similar to the proof of (2.17) and (2.18) but with the role of $A_{i n}\left(\gamma_{k}\right)$ and $A_{\text {out }}\left(\gamma_{k}\right)$ being interchanged in the proof we get

$$
\left\{\begin{array}{l}
A_{\text {in }}\left(\gamma_{k}\right) \leq \operatorname{Vol}_{g}\left(\mathbb{R}^{2} \backslash B_{r_{k}}\right) \leq \frac{A}{4} \quad \forall k \in \mathbb{Z}^{+}  \tag{2.25}\\
\frac{3 A}{4} \leq A_{\text {out }}\left(\gamma_{k}\right) \leq A \quad \forall k \in \mathbb{Z}^{+}
\end{array}\right.
$$

Similarly by interchanging the role of $A_{\text {in }}\left(\gamma_{k}\right)$ and $A_{\text {out }}\left(\gamma_{k}\right)$ and replacing $\varepsilon$ by $\varepsilon^{\prime}=$ $A_{\text {out }}\left(\widetilde{\gamma}_{k}\right)-A_{\text {in }}\left(\gamma_{k}\right)=A_{\text {out }}\left(\gamma_{k}\right)-A_{\text {in }}\left(\widetilde{\gamma}_{k}\right)$ in the proof of (2.19)-(2.23) above, we get that $0 \leq \varepsilon^{\prime} \leq A / 4$ and (2.19), (2.23), still holds. Letting $k \rightarrow \infty$ in (2.23), we get (2.24). This again contradicts (1.9) and the definition of $b_{0}$. Thus (2.12) does not hold and Claim 1 follows.

We will now continue with the proof of the lemma. By Claim 1 there exists $k_{0} \in \mathbb{Z}^{+}$ such that

$$
\begin{align*}
& \gamma_{k} \cap\left(\mathbb{R}^{2} \backslash \bar{B}_{c_{0} r_{k}}\right)=\emptyset \quad \forall k \geq k_{0} \\
& \quad \Rightarrow \gamma_{k} \subset \bar{B}_{c_{0} r_{k}} \backslash B_{r_{k}} \quad \forall k \geq k_{0} . \tag{2.26}
\end{align*}
$$

Note that either (2.11) or (2.12) holds. Suppose (2.11) holds. Without loss of generality we may assume that $0 \in \Omega_{k}$ for all $k \geq k_{0}$. Then $B_{r_{k}} \subset \Omega_{k}$ for all $k \geq k_{0}$. Hence by (1.1) and (2.26),

$$
\begin{align*}
L\left(\gamma_{k}\right) & =\int_{0}^{2 \pi}\left(g_{i j} \dot{\gamma}_{k}^{i} \dot{\gamma}_{k}^{j}\right)^{\frac{1}{2}} d \phi \\
& \geq \sqrt{\lambda_{1}\left(c_{0} r_{k}\right)} \int_{0}^{2 \pi}\left(\left(\frac{d r}{d \phi}\right)^{2}+r^{2}\left(\frac{d \theta}{d \phi}\right)^{2}\right)^{\frac{1}{2}} d \phi \\
& \geq 2 \pi r_{k} \sqrt{\lambda_{1}\left(c_{0} r_{k}\right)} \quad \forall k \geq k_{0} \tag{2.27}
\end{align*}
$$

and

$$
\begin{equation*}
A_{\text {out }}\left(\gamma_{k}\right) \leq \int_{\mathbb{R}^{2} \backslash B_{r_{k}}} \sqrt{\operatorname{det} g_{i j}} d x \leq 2 \pi \int_{r_{k}}^{\infty} \rho \lambda_{2}(\rho) d \rho \quad \forall k \geq k_{0} . \tag{2.28}
\end{equation*}
$$

By (1.3), (2.27) and (2.28),

$$
\begin{equation*}
I\left(\gamma_{k}\right) \geq \frac{L\left(\gamma_{k}\right)}{A_{\text {out }}\left(\gamma_{k}\right)} \geq \frac{r_{k} \sqrt{\lambda_{1}\left(c_{0} r_{k}\right)}}{\int_{r_{k}}^{\infty} \rho \lambda_{2}(\rho) d \rho} \geq b_{1} \quad \forall k \geq k_{0} . \tag{2.29}
\end{equation*}
$$

Letting $k \rightarrow \infty$ in (2.29), we get (2.24). Since (2.24) contradicts (1.9) and the definition of $b_{0}$, (2.11) does not hold. Hence (2.12) holds. By (2.10) and (2.12) we may assume without loss of generality that $0 \in \mathbb{R}^{2} \backslash \bar{\Omega}_{k}$ for all $k \geq k_{0}$. Then $B_{r_{k}} \subset \mathbb{R}^{2} \backslash \bar{\Omega}_{k}$ for all $k \geq k_{0}$. Hence $\Omega_{k}$ is contractible to a point in $\bar{B}_{c_{0} r_{k}} \backslash B_{r_{k}}$ for all $k \geq k_{0}$. By (1.1),

$$
\begin{equation*}
L\left(\gamma_{k}\right)=\int_{0}^{2 \pi}\left(g_{i j} \dot{\gamma}_{k}^{i} \dot{\gamma}_{k}^{j}\right)^{\frac{1}{2}} d \phi \geq \sqrt{\lambda_{1}\left(c_{0} r_{k}\right)} L_{e}\left(\gamma_{k}\right) \quad \forall k \geq k_{0} \tag{2.30}
\end{equation*}
$$

By the isoperimetric inequality,

$$
\begin{equation*}
4 \pi\left|\Omega_{k}\right| \leq L_{e}\left(\gamma_{k}\right)^{2} . \tag{2.31}
\end{equation*}
$$

Then by (2.30) and (2.31),

$$
\begin{equation*}
L\left(\gamma_{k}\right) \geq 2\left(\pi \lambda_{1}\left(c_{0} r_{k}\right)\left|\Omega_{k}\right|\right)^{\frac{1}{2}} \quad \forall k \geq k_{0} . \tag{2.32}
\end{equation*}
$$

Now

$$
\begin{equation*}
A_{i n}\left(\gamma_{k}\right)=\int_{\Omega_{k}} \sqrt{\operatorname{det} g_{i j}} d x \leq \lambda_{2}\left(r_{k}\right)\left|\Omega_{k}\right| \quad \forall k \geq k_{0} \tag{2.33}
\end{equation*}
$$

By (1.5), (2.32) and (2.33),

$$
\begin{align*}
& L\left(\gamma_{k}\right) \geq 2 \pi^{\frac{1}{2}}\left(\frac{\lambda_{1}\left(c_{0} r_{k}\right)}{\lambda_{2}\left(r_{k}\right)}\right)^{\frac{1}{2}} A_{\text {in }}\left(\gamma_{k}\right)^{\frac{1}{2}} \geq 2(\pi \delta)^{\frac{1}{2}} A_{\text {in }}\left(\gamma_{k}\right)^{\frac{1}{2}} \quad \forall k \geq k_{0} \\
& \quad \Rightarrow \quad I\left(\gamma_{k}\right) \geq \frac{L\left(\gamma_{k}\right)}{A_{\text {in }}\left(\gamma_{k}\right)} \geq 2(\pi \delta)^{\frac{1}{2}} A_{\text {in }}\left(\gamma_{k}\right)^{-\frac{1}{2}} \quad \forall k \geq k_{0} . \tag{2.34}
\end{align*}
$$

Since $\Omega_{k} \subset \mathbb{R}^{2} \backslash B_{r_{k}}$,

$$
\begin{equation*}
A_{i n}\left(\gamma_{k}\right) \rightarrow 0 \text { as } k \rightarrow \infty . \tag{2.35}
\end{equation*}
$$

Letting $k \rightarrow \infty$ in (2.34) by (2.35) we get $I=\infty$. This contradicts (1.9). Hence (2.12) does not hold and the lemma follows.

By Lemma 2.1 there exists a constant $a_{1}>r_{0}$ such that

$$
\begin{equation*}
r_{k} \leq a_{1} \quad \forall k \in \mathbb{Z}^{+} \tag{2.36}
\end{equation*}
$$

Lemma $2.2 \gamma_{k} \in \bar{B}_{a_{1}^{2}} \quad \forall k \in \mathbb{Z}^{+}$.
Proof Let $\rho_{k}=\max _{\gamma_{k}}|x|$. Suppose the lemma does not hold. Then there exists a subsequence of $\rho_{k}$ which we may assume without loss of generality to be the sequence itself such that

$$
\begin{equation*}
\rho_{k}>a_{1}^{2} \quad \forall k \in \mathbb{Z}^{+} . \tag{2.37}
\end{equation*}
$$

By (1.1), (1.4), (2.36), (2.37) and an argument similar to the proof of (2.14),

$$
\begin{equation*}
L\left(\gamma_{k}\right) \geq \int_{a_{1}}^{a_{1}^{2}} \sqrt{\lambda_{1}(\rho)} d \rho \geq b_{2} \quad \forall k \in \mathbb{Z}^{+} \tag{2.38}
\end{equation*}
$$

Hence by (2.38),

$$
\begin{aligned}
& I\left(\gamma_{k}\right)=\frac{A L\left(\gamma_{k}\right)}{A_{\text {in }}\left(\gamma_{k}\right) A_{\text {out }}\left(\gamma_{k}\right)} \geq \frac{A b_{2}}{(A / 2)^{2}}=\frac{4 b_{2}}{A} \quad \forall k \in \mathbb{Z}^{+} \\
& \quad \Rightarrow I \geq \frac{4 b_{2}}{A} \quad \text { as } k \rightarrow \infty
\end{aligned}
$$

This contradicts (1.9) and the definition of $b_{0}$. Hence the lemma follows.
Let $L_{k}=L\left(\gamma_{k}\right)$. Since $\bar{B}_{a_{1}^{2}}$ is compact, there exists constants $c_{2}>c_{1}>0$ such that

$$
\begin{equation*}
c_{1} \delta_{i j} \leq g_{i j} \leq c_{2} \delta_{i j} \quad \text { on } \bar{B}_{a_{1}^{2}} . \tag{2.39}
\end{equation*}
$$

Lemma 2.3 There exists a constant $\delta_{1}>0$ such that $L_{k} \geq \delta_{1} \quad \forall k \in \mathbb{Z}^{+}$.
Proof By (2.39),

$$
\begin{cases}c_{1}^{\frac{1}{2}} L_{e}\left(\gamma_{k}\right) \leq L_{k} \leq c_{2}^{\frac{1}{2}} L_{e}\left(\gamma_{k}\right) \quad \forall k \in \mathbb{Z}^{+}  \tag{2.40}\\ c_{1}\left|\Omega_{k}\right| \leq A_{\text {in }}\left(\gamma_{k}\right) \leq c_{2}\left|\Omega_{k}\right| \quad \forall k \in \mathbb{Z}^{+}\end{cases}
$$

By (2.8), (2.31) and (2.40),

$$
\begin{aligned}
& b_{0}>\frac{L_{k}}{A_{i n}\left(\gamma_{k}\right)} \geq \frac{c_{1}^{\frac{1}{2}} L_{e}\left(\gamma_{k}\right)}{c_{2}\left|\Omega_{k}\right|} \geq \frac{c_{1}^{\frac{1}{2}}}{c_{2}} \cdot \frac{L_{e}\left(\gamma_{k}\right)}{\left(L_{e}\left(\gamma_{k}\right)^{2} / 4 \pi\right)} \geq \frac{4 \pi c_{1}^{\frac{1}{2}}}{c_{2} L_{e}\left(\gamma_{k}\right)} \quad \forall k \in \mathbb{Z}^{+} \\
& \Rightarrow \quad L_{k} \geq c_{1}^{\frac{1}{2}} L_{e}\left(\gamma_{k}\right) \geq \frac{4 \pi c_{1}}{c_{2} b_{0}} \quad \forall k \in \mathbb{Z}^{+}
\end{aligned}
$$

and the lemma follows.
By the proof of Lemma 2.3 we have the following corollary.
Corollary 2.4 For any constant $C_{1}>0$ there exists a constant $\delta_{1}>0$ such that

$$
L(\gamma)>\delta_{1}
$$

for any simple closed curve $\gamma \subset \bar{B}_{a_{1}^{2}}$ satisfying

$$
\begin{equation*}
I(\gamma)<C_{1} . \tag{2.41}
\end{equation*}
$$

By (1.6) and Corollary 2.4 we have the following corollary.
Corollary 2.5 For any constant $C_{1}>0$ there exists a constant $\delta_{2}>0$ such that

$$
A_{\text {in }}(\gamma)>\delta_{2} \text { and } A_{\text {out }}(\gamma)>\delta_{2}
$$

for any simple closed curve $\gamma \subset \bar{B}_{a_{1}^{2}}$ satisfying (2.41).
Lemma 2.6 There exists a constant $C_{2}>0$ such that the following holds. Suppose $\beta \subset \bar{B}_{a_{1}^{2}}$ is a closed simple curve. Then under the curve shrinking flow

$$
\begin{equation*}
\frac{\partial \beta}{\partial \tau}(s, \tau)=k \vec{N} \tag{2.42}
\end{equation*}
$$

with $\beta(s, 0)=\beta(s)$ where for each $\tau \geq 0, k(\cdot, \tau)$ is the curvature, $\vec{N}$ is the unit inner normal, and $s$ is the arc length of the curve $\beta(\cdot, \tau)$ with respect to the metric $g$, there exists $\tau_{0} \geq 0$ such that the curve $\beta^{\tau_{0}}=\beta\left(\cdot, \tau_{0}\right) \subset \bar{B}_{a_{1}^{2}}$ satisfies $I\left(\beta^{\tau_{0}}\right) \leq I(\beta)$ and

$$
\int k\left(s, \tau_{0}\right)^{2} d s \leq C_{2}
$$

Proof Since the proof is similar to the proof of [2] and the Lemma on P. 197 of [12], we will only sketch the proof here. Let $\beta^{\tau}=\beta(\cdot, \tau)$ and write

$$
L(\tau)=L_{g}(\beta(\cdot, \tau)), \quad I(\tau)=I\left(\beta^{\tau}\right)=I_{g}(\beta(\cdot, \tau))
$$

and the areas

$$
A_{\text {in }}(\tau)=A_{\text {in }}(\beta(\cdot, \tau)), \quad A_{\text {out }}(\tau)=A_{\text {out }}(\beta(\cdot, \tau)),
$$

with respect to the metric $g$. Let $T_{1}>0$ be the maximal existence time of the solution of (2.42). Then

$$
\begin{equation*}
\beta^{\tau} \subset \bar{B}_{a_{1}^{2}} \quad \forall 0 \leq \tau<T_{1} . \tag{2.43}
\end{equation*}
$$

Similar to the result on P. 196 of [12] we have

$$
\begin{equation*}
\frac{\partial A_{i n}}{\partial \tau}=-\int k d s, \quad \frac{\partial A_{\text {out }}}{\partial \tau}=\int k d s, \quad \frac{\partial L}{\partial \tau}=-\int k^{2} d s \tag{2.44}
\end{equation*}
$$

and

$$
\begin{equation*}
\int k d s+\int_{\Omega(\tau)} K d V_{g}=2 \pi \tag{2.45}
\end{equation*}
$$

by the Gauss-Bonnet theorem where $K$ is the Gauss curvature with respect to $g$ and $\Omega(\tau) \subset \bar{B}_{a_{1}^{2}}$ is the region enclosed by the curve $\beta(s, \tau)$. Let $C_{1}=2 I(\beta)$. By continuity there exists a constant $0<\delta_{0}<T_{1}$ such that

$$
\begin{equation*}
I(\tau)<C_{1} \quad \forall 0 \leq \tau \leq \delta_{0} \tag{2.46}
\end{equation*}
$$

By (2.46), Corollary 2.4, and Corollary 2.5 there exist constants $\delta_{1}>0, \delta_{2}>0$, such that

$$
\begin{equation*}
L(\tau)>\delta_{1}, \quad A_{\text {in }}(\tau)>\delta_{2}, \quad A_{\text {out }}(\tau)>\delta_{2} \quad \forall 0 \leq \tau \leq \delta_{0} \tag{2.47}
\end{equation*}
$$

Now

$$
\begin{equation*}
\frac{\partial}{\partial \tau}(\log I(\tau))=\frac{1}{L} \frac{\partial L}{\partial \tau}-\frac{1}{A_{\text {in }}} \frac{\partial A_{\text {in }}}{\partial \tau}-\frac{1}{A_{\text {out }}} \frac{\partial A_{\text {out }}}{\partial \tau}+\frac{1}{A} \frac{\partial A}{\partial \tau} . \tag{2.48}
\end{equation*}
$$

By (2.43) and (2.45) $\int k d s$ is uniformly bounded for all $0 \leq \tau<T_{1}$. Then by (2.44), (2.45), (2.47), and (2.48), there exists a constant $C_{2}>0$ independent of $\delta_{0}$ such that

$$
\frac{\partial}{\partial \tau}(\log I(\tau))<0
$$

for any $\tau \in\left(0, \delta_{0}\right]$ satisfying

$$
\int k(s, \tau)^{2} d s>C_{2}
$$

If

$$
\int k(s, 0)^{2} d s \leq C_{2}
$$

we set $\tau_{0}=0$ and we are done. If

$$
\int k(s, 0)^{2} d s>C_{2}
$$

then either there exists $\tau_{0} \in\left(0, \delta_{0}\right]$ such that

$$
\begin{equation*}
\int k\left(s, \tau_{0}\right)^{2} d s=C_{2} \quad \text { and } \quad \int k(s, \tau)^{2} d s>C_{2} \quad \forall 0 \leq \tau<\tau_{0} \tag{2.49}
\end{equation*}
$$

or

$$
\begin{equation*}
\int k(s, \tau)^{2} d s>C_{2} \quad \forall 0 \leq \tau \leq \delta_{0} \tag{2.50}
\end{equation*}
$$

If (2.49) holds, since $I\left(\tau_{0}\right) \leq I(0)$ we are done. If (2.50) holds, since $I\left(\delta_{0}\right) \leq I(0)$ we can repeat the above the argument a finite number of times. Then either
(a) there exists $\tau_{0} \in\left(0, T_{1}\right)$ such that (2.49) holds
or
(b)

$$
\begin{equation*}
\int k(s, \tau)^{2} d s>C_{2} \quad \forall 0 \leq \tau<T_{1} \tag{2.51}
\end{equation*}
$$

holds.
If (b) holds, then similar to the proof of the Lemma on P. 197 of [12] by (2.47) we get a contradiction to the Grayson theorem ( $[9,10,12]$ ) for curve shortening flow. Hence (a) holds. Since $I\left(\tau_{0}\right) \leq I(0)$, the lemma follows.

To complete the proof of Theorem 1.1 we also need the following technical lemma (see [12]).

Lemma 2.7 For any positive numbers $\alpha_{1}, \alpha_{2}, A_{1}, A_{2}, A_{3}$ we have

$$
\begin{equation*}
\left(\alpha_{1}+\alpha_{2}\right)\left(\frac{1}{A_{2}}+\frac{1}{A_{1}+A_{3}}\right) \geq \min \left\{\alpha_{1}\left(\frac{1}{A_{1}}+\frac{1}{A_{2}+A_{3}}\right), \alpha_{2}\left(\frac{1}{A_{3}}+\frac{1}{A_{1}+A_{2}}\right)\right\} . \tag{2.52}
\end{equation*}
$$

Proof Suppose (2.52) does not hold. Then

$$
\begin{align*}
& \left(\alpha_{1}+\alpha_{2}\right)\left(\frac{1}{A_{2}}+\frac{1}{A_{1}+A_{3}}\right) \leq \alpha_{1}\left(\frac{1}{A_{1}}+\frac{1}{A_{2}+A_{3}}\right) \\
& \quad \Rightarrow \frac{A_{1}\left(A_{2}+A_{3}\right)}{A_{2}\left(A_{1}+A_{3}\right)} \leq \frac{\alpha_{1}}{\alpha_{1}+\alpha_{2}} \tag{2.53}
\end{align*}
$$

and

$$
\begin{align*}
& \left(\alpha_{1}+\alpha_{2}\right)\left(\frac{1}{A_{2}}+\frac{1}{A_{1}+A_{3}}\right) \leq \alpha_{2}\left(\frac{1}{A_{3}}+\frac{1}{A_{1}+A_{2}}\right) \\
& \quad \Rightarrow \frac{A_{3}\left(A_{1}+A_{2}\right)}{A_{2}\left(A_{1}+A_{3}\right)} \leq \frac{\alpha_{2}}{\alpha_{1}+\alpha_{2}} . \tag{2.54}
\end{align*}
$$

Summing (2.53) and (2.54),

$$
\frac{2 A_{1} A_{3}}{A_{2}\left(A_{1}+A_{3}\right)} \leq 0 \Rightarrow A_{1}=0 \text { or } A_{3}=0
$$

Contradiction arises. Hence (2.52) holds and the lemma follows.
We are now ready for the proof of Theorem 1.1.
Proof of Theorem 1.1 Since the proof is similar to the proof of $[11,12]$ we will only sketch the argument here. Let $C_{2}>0$ be given by Lemma 2.6 and $\delta_{1}>0$ be given by Corollary 2.4 with $C_{1}=b_{0}$. By Lemma 2.2, Lemma 2.3, Corollary 2.4, Lemma 2.6 and an argument similar to the proof of [12] for each $j \in \mathbb{Z}^{+}$there exists a closed simple curve $\bar{\gamma}_{j} \subset \bar{B}_{a_{1}^{2}}$ satisfying

$$
I\left(\bar{\gamma}_{j}\right) \leq I\left(\gamma_{j}\right) \quad \text { and } \quad L\left(\bar{\gamma}_{j}\right) \geq \delta_{1} \quad \forall j \in \mathbb{Z}^{+}
$$

and

$$
\begin{equation*}
\int_{\bar{\gamma}_{j}} k^{2} d s \leq C_{2}, \tag{2.55}
\end{equation*}
$$

where $k$ is the curvature of $\bar{\gamma}_{j}$. By (2.55) and the same argument as that on P. 197-199 of [12] $\bar{\gamma}_{j}$ are locally uniformly bounded in $L_{2}^{1}$ and $C^{1+\frac{1}{2}}$. Hence $\bar{\gamma}_{j}$ has a sequence which we may assume without loss of generality to be the sequence itself that converges
uniformly in $L_{p}^{1}$ for any $1<p<2$ and in $C^{1+\alpha}$ for any $0<\alpha<1 / 2$ as $j \rightarrow \infty$ to some closed immersed curve $\gamma \subset \bar{B}_{a_{1}^{2}}$. Moreover $\gamma$ satisfies

$$
I=I(\gamma) \quad \text { and } \quad L(\gamma) \geq \delta_{1} .
$$

Since $\gamma$ is the limit of embedded curves, $\gamma$ cannot cross itself and at worst it will be self tangent. Suppose $\gamma$ is self tangent. Without loss of generality we may assume that $\gamma$ is only self tangent at one point. Then $\gamma=\beta_{1} \cup \beta_{2}$ with $\beta_{1} \cap \beta_{2}$ being a single point where $\beta_{1}, \beta_{2}$, are simple closed curves. Then $A_{\text {in }}(\gamma)=A_{\text {in }}\left(\beta_{1}\right)+A_{\text {in }}\left(\beta_{2}\right), A_{\text {out }}\left(\beta_{1}\right)=$ $A_{\text {out }}(\gamma)+A_{\text {in }}\left(\beta_{2}\right), A_{\text {out }}\left(\beta_{2}\right)=A_{\text {out }}(\gamma)+A_{\text {in }}\left(\beta_{1}\right)$, and $L(\gamma)=L\left(\beta_{1}\right)+L\left(\beta_{2}\right)$. Let $L_{1}=L\left(\beta_{1}\right)$ and $L_{2}=L\left(\beta_{2}\right)$. By Lemma 2.7,

$$
\begin{aligned}
& \left(L_{1}+L_{2}\right)\left(\frac{1}{A_{\text {out }}(\gamma)}+\frac{1}{A_{\text {in }}\left(\beta_{1}\right)+A_{\text {in }}\left(\beta_{2}\right)}\right) \\
& \quad \geq \min \left\{L_{1}\left(\frac{1}{A_{\text {in }}\left(\beta_{1}\right)}+\frac{1}{A_{\text {out }}(\gamma)+A_{\text {in }}\left(\beta_{2}\right)}\right), L_{2}\left(\frac{1}{A_{\text {in }}\left(\beta_{2}\right)}+\frac{1}{A_{\text {out }}(\gamma)+A_{\text {in }}\left(\beta_{1}\right)}\right)\right\} .
\end{aligned}
$$

Hence

$$
\begin{aligned}
& L(\gamma)\left(\frac{1}{A_{\text {out }}(\gamma)}+\frac{1}{A_{\text {in }}(\gamma)}\right) \\
& \quad \geq \min \left\{L_{1}\left(\frac{1}{A_{\text {in }}\left(\beta_{1}\right)}+\frac{1}{A_{\text {out }}\left(\beta_{1}\right)}\right), L_{2}\left(\frac{1}{A_{\text {in }}\left(\beta_{2}\right)}+\frac{1}{A_{\text {out }}\left(\beta_{2}\right)}\right)\right\} \\
& \quad \Rightarrow \quad I(\gamma) \geq \min \left(I\left(\beta_{1}\right), I\left(\beta_{2}\right)\right) \\
& \quad \Rightarrow I(\gamma)=\min \left(I\left(\beta_{1}\right), I\left(\beta_{2}\right)\right) .
\end{aligned}
$$

Without loss of generality we may assume that $I(\gamma)=I\left(\beta_{1}\right)$. Then by Corollary 2.4 $\beta_{1}$ is a simple closed curve which attains the minimum. Similar to the proof of [12], by a variation argument $\beta_{1}$ has constant curvature

$$
k=L\left(\frac{1}{A_{\text {in }}}-\frac{1}{A_{\text {out }}}\right) .
$$

Hence $\beta_{1}$ is smooth and the theorem follows.

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