Coupled Mode Characteristics From the Perturbation of 3D Printed Long-Period Fiber Grating Devices

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Abstract: Characteristics of electric field from a coupled mode inside an optical fiber under perturbation by three-dimensional (3D) printed long-period fiber grating (LPFG) device have been observed in this work by the experiment and simulation. The various periodic index differences referring to the weights of perturbation by 3D printed LPFG device are applied on the single-mode fiber. The experimental results show that the resonant wavelength shift is a linear function of the grating period with the maximum coefficient of determination R^2 of 0.9995. Some of resonant wavelengths are chosen to run simulations to investigate the electric field distribution. The scattering direction of the electric field states the magnitude of leaking optical power when the light transmits through the grating region applied to the single-mode fiber. Both the experimental and simulation results demonstrate that our proposed scheme can usefully be applied to selective tunable filters, intruder sensors, etc.

Keywords: 3D printed long-period fiber grating device; perturbation; resonant wavelength; electric field distribution

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1. Introduction

Long-period fiber grating (LPFG) is one type of grating structures, in which its grating period is generated or induced inside an optical fiber. The periodic refractive index change inside fiber's core layer has a major roll to couple modes of light from a fundamental core mode to cladding modes [1]. The characteristics of these coupling actions are observed as resonant wavelengths or wavelength dips after the light is transmitted through the grating structure inside the optical fiber. Several techniques of LPFG fabrication have been researched to find their performances of coupling modes, in terms of resonant wavelengths such as phase mask technique [2] and CO_2 laser technique [3]. Those aforementioned techniques permanently change the fiber structure when the structure of LPFG is formed by laser irradiation direct to the optical fiber. Besides there is another technique that temporarily changes the fiber structure, so that the optical fiber becomes LPFG only when the LPFG structure is

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applied on to the fiber, and that fiber can return to its initial state right after the LPFG structure is removed. Such a technique is called mechanically induced technique [4]. This technique uses an external device to create an LPFG structure inside the fiber core by pressing the LPFG on to the optical fiber.

The single-mode fiber is employed in this experiment because it yields very low attenuation and it is commonly used in telecommunication network. Only fundamental core mode is transmitting for the simple observation of the mode coupling. The 3D printed LPFG devices [5] designed with a variety of grating periods are used to observe the trend of the resonant wavelength shift from the perturbation. The conventional perturbation by using coiled spring [6] reported that the relationship between the grating period and the resonant wavelength was linear, but the coupled mode has not been observed by a simulation. The resonant wavelength shifts to longer wavelength with the longer applied grating period of LPFG device. In addition, the magnitude of resonant wavelength or its dip is also investigated from the weight of perturbation actioned by 3D printed LPFG device.

Aside from the experiment, the simulation throughout the grating period structure along the fiber axis is taken to observe the electric field distribution at the resonant wavelength by FullWAVE (Synopsys Inc.) software. The LPFG structure is designed in the initial single-mode fiber by stating the periodic refractive index differences from its initial refractive index of the core layer of the standard single-mode fiber. These periodic refractive index differences relate to the weight of the perturbation by the 3D printed LPFG device in the experiment. The electric field distribution along fiber's core layer is considered to the mode coupling actions referring to the experiment.

This paper presents the coupled mode characteristics from the perturbation of 3D printed LPFG devices using mechanically induced technique. The 3D printed LPFG device is used to create the grating perturbation on to the single-mode optical fiber and then the resonant wavelengths are observed with the help of a broadband light source emitting its maximum power locating at around 1550 nm. In addition, the characteristics of electric field distribution from corresponding resonant wavelengths are investigated.

2. 3D printed LPFG device and the experimental setup

2.1 Principle of 3D printed LPFG device

The popularity of a 3D printing technology has become increasing due to its resolution and materials. The printed material has been developed to possess high durability and remains its original shape under harsh environment or under strong perturbation. The material used in this work is a rigid translucent resin (Polyjet RGD720) and a printer is a high resolution 3D printer (Objet Connex500) with the initial resolution of $16\mu m$.

The structure of the 3D printed LPFG device is a rectangular shape with the dimension of $(25\times40\times5)$ mm³. One of its surfaces with the dimension of (40×25) mm² is designed as triangular vertexes to generate a grating structure. Each vertex represents the grating pitch and the distance between each pitch represents a grating period. The length of the device is varied around 40mm depending on the grating period. The structure of the device is initially designed using Solidworks software as shown in Fig. 1(a). This dimension of the 3D printed LPFG structure is specially designed to be compact in order to support the flat tip rod of the digital force meter during the perturbation process. The device with lower thickness easily bends when high force is directly applied on to the device. Even the vertexes surface designed in Solidworks is triangular shape, the printed device does not have perfectly triangular shape of vertexes as shown in a scanned electron microscope (SEM) image in Fig. 1(b). In addition, the precise length of the device corresponding to the grating period and the number of grating pitches are

stated in Table 1. The number of grating pitches decreases while the grating period is longer to remain the length of device not longer than 40 mm.



Fig. 1 3D printed LPFG device: (a) designed in Solidworks and (b) observed by SEM.

Table 1 Specification of 3D printed LPFG device with different grating periods.

Grating period (µm)	Grating length (mm)	No. of pitches
520	39.52	76
530	39.75	75
540	39.96	74
550	39.60	72
560	39.76	71
570	39.90	70
580	39.44	68
590	39.53	67
600	39.60	66
610	39.65	65

2.2 Mode coupling in LPFG

Partial wavelength of light is attenuated, so called resonant wavelength, when it transmits through the periodic index difference inside core layer. The relationship between the resonant wavelength and grating period is expressed in terms of phase matching curve (PMC) as a linear equation by [7]

$$\lambda_{\rm res} = \left[n_{\rm eff,co} - n_{\rm eff,cl}^i \right] \Lambda \tag{1}$$

where λ_{res} and Λ are the resonant wavelength and grating period, respectively. $n_{\text{eff,co}}$ is the effective

index of core layer and $n_{\text{eff,cl}}^{i}$ is the effective index of cladding layer at Mode *i*. The complete coupling takes place when the mode field is in phase with the grating pitch inside an LPFG. The corresponding light still passes through grating pitch where the mode field is not in phase. The transmission of the attenuation band of the resonant wavelength is expressed by [8]

$$T_i = 1 - \sin^2\left(\kappa_i L\right) \tag{2}$$

where κ_i is the coupling coefficient at the *i*th mode of cladding layer and *L* represents the grating length. The light couples to cladding mode when it reaches the grating pitch that locates at phase position. When all transmitted lights are totally coupled to cladding mode, there is no any effect of the attenuation for longer grating length.

2.3 Experimental setup

The formation of LPFG on the single-mode fiber is illustrated in Fig. 2. The light transmitter is the super luminescent diode emitting light wave at 1550 nm. The receiver is an optical spectrum analyzer (OSA) that can display the light spectrum in the range between 1250 nm and 1750 nm in the unit of dBm. The bare single-mode fiber is used as a medium for light transmission and its partial region is altered to the LPFG structure. The fiber is put on the relaxation state as there is no strength or strain applied on the fiber and the temperature for the experiment is fixed at 25 °C. The 3D printed LPFG device is directly positioned on the bare fiber in which its length axis is parallel to the fiber axis. The perturbation process is taken by the digital force meter installed with the force stand. The LPFG structure is then formed on the bare fiber to generate the perturbation. To avoid the damage on the fiber, the fiber coating layer is not removed. The weights of perturbation read out by the digital force meter are applied to the LPFG device between 0.0kg and 4.0 kg with the increment of 0.5 kg.



Fig. 2 Experimental setup of LPFG fabricated by 3D printed LPFG device.

3. Electric field distribution along the optical fiber

The ideal structure of LPFG illustrated in Fig.3 is designed based on the experiment of grating perturbation. The electric field along the fiber core axis is observed by the simulation under finite-difference time-domain (FDTD) technique [9] of FullWAVE (Synopsys Inc.). The cylindrical structure refers to fiber's core layer. The refractive indices of the structure follow the specification of standard SMF-28 step-index fiber in which their refractive indices of core and cladding layer of the structure are set at 1.45205 and 1.44681, respectively [10]. The LPFG structure inside the core layer is designed up to only 3 grating pitches as the rest of remaining pitches from Table 1 give the same characteristics of the electric field. The red region refers to the initial refractive index of core layer without any applied force and the blue region refers to the region where the perturbation occurs. The purple boundary is the spatial domain for the region of simulation and the width is set to the default value of 10.62 µm to every structure. Since the simulation of the large structure takes too much time to obtain the electric field distribution; therefore, many parameters have to be adjusted. The grating length has to be shortened in the simulation to only a few micrometers instead of 40mm as used in the experiment. For instance, the grating period for the LPFG device of 5.3 µm is used in the simulation instead of 530 µm in the experiment. The fiber core diameter is also decreased to 0.8 µm as the normal fiber core diameter is 8 µm. When the structure of an LPFG is shrunk to be much smaller than the real fiber, the refractive index of perturbation region or at the grating pitch has to be

set up to a very high value at 1.84681, according to the difference from its initial core index of 0.4. The environment surrounding that cylindrical structure the fiber's cladding represents laver. The fundamental core mode is coupled to cladding layer as seen in the form of electric field distribution when light transmits through periodic the index differences along the fiber core structure.



Fig. 3 LPFG structure in FullWAVE (Synopsys Inc.).

At the launching section, the continuous wave (CW) is used with the corresponding resonant wavelengths and the same grating periods from the experiment. For instance, the resonant wavelength appears at 1467 nm when the fiber is perturbed by using 520 µm grating period device. Then, for the simulation, 1467 nm is used as an input for the LPFG structure with the length of area with a different refractive index (the length of red and blue areas in Fig. 3) of $5.2 \,\mu m$. The structure design of the LPFG structure in FullWAVE (Synopsys Inc.) illustrated by a 2D planar in Fig. 3 is an example of the structure with a periodic index different distance within core layer of 5.2 µm. The length of each grating pitch is 1 µm. Therefore, the total length of the simulated structure is 19.8 µm. Input parameters simulate the electric field distribution to corresponding to the perturbation of LPFG device with grating periods of 520 µm, 550 µm, 580 µm, and 610µm are clarified in Table 2.

Table 2 Input parameters for grating structure in FullWAVE (Synopsys Inc.).

Input CW (nm)	Red region (μm)	Blue region (μ m)	Structure length (μ m)
1467	4.2	1.0	19.8
1527	4.5	1.0	21.0
1582	4.8	1.0	22.2
1639	5.1	1.0	23.4

4. Results and discussion

4.1 Resonant wavelengths from the perturbation of 3D printed LPFG device

The results of resonant wavelengths from an OSA corresponding to the perturbation of 3D printed LPFG device with grating periods of 520 μ m, 550 μ m, 580 μ m, and 610 μ m LPFG device are illustrated in Fig. 4. From Fig. 4, the trend of resonant wavelength shifts with several grating periods varied from 520 μ m to 610 μ m with the increment of 10 μ m is observed as plotted in Fig. 5. According to the range of the light source, there are three resonant wavelengths in each perturbation. Each of resonant wavelengths refers to different coupling modes. The experimental results show the linear relationship between the resonant wavelength and the increment of grating period, whereas the

higher coupled mode yields the longer shift. Results in Fig. 5 show the linear relationship between the resonant wavelength and grating period with slopes coefficient of determination (R^{2}) and as $1.3345 \times 10^{-3} / 0.9984$ $1.5339 \times 10^{-3} / 0.9994$, and $1.8885 \times 10^{-3}/0.9995$, respectively. Therefore, we can conclude that the third resonant wavelength yields the highest sensitivity, in other words, the higher number of coupled mode is, the higher sensitivity is [8]. The magnitude of resonant dip refers to the weight of perturbation.

The power attenuation of the resonant wavelengths shown in Fig. 4 is clarified in Fig. 6. The attenuation of all resonant wavelengths depends on grating pitches along the 3D printed LPFG device. The grating pitches are not perfectly the same as each other resulting in the non-uniform of the attenuation. However, there is a limitation of the



Fig. 4 Resonant wavelengths by the perturbation of 3D printed LPFG device with (a) $520 \,\mu$ m, (b) $550 \,\mu$ m, (c) $580 \,\mu$ m, and (d) $610 \,\mu$ m grating period.



Fig. 5 Relationship between resonant wavelengths and grating periods.

perturbation weight due to vertexes of the 3D printed LPFG device as they cause the total light scattering inside the fiber when higher perturbation is applied. The third resonant wavelength in Fig. 4(a)

has the shortest dip compared with others because the strength of coupling mode is not so much high at that wavelength when comparing with the first and second resonant wavelengths. Moreover, the precise dimension of grating vertexes along the device is low comparing with longer grating period or larger vertexes of the device. In case of the application in the environment with different temperatures, the slightly expands when grating period the temperature increases resulting in the resonant shift. Moreover, the resonant attenuation decreases at higher temperature due to the expansion of grating pitches resulting in the lower sensitivity. The overall resonant shift varies between 0.22 nm/°C and 0.34 nm/° while its linearity shift by its coefficient of determination (R^2) is average at 0.9883.



Fig. 6 Relationship between perturbation weights and the attenuation of resonant wavelengths by (a) 520 μ m, (b) 550 μ m, (c) 580 μ m, and (d) 610 μ m grating period.

4.2 Simulation results of electric field distribution along grating structure

The electric fields, compiled by FullWAVE (Synopsys Inc.) software, referring to the results of resonant wavelengths shown in Fig. 4, are illustrated in Fig. 7. The third resonant wavelength, as highest sensitivity, is chosen to be an input CW as listed in Table 2 for all of four structures. The electric field starts to couple to the cladding layer from the first grating pitch. The electric field distribution inside the cladding layer plays a vital role in the power attenuation inside the core layer from the

corresponding wavelength. The coupling of the electric field begins when the light transmits through the first grating pitch and the optical power inside the core layer decreases simultaneously. The contour of fiber's cross section at the position of three grating pitches is illustrated in Fig. 8. The mode field has leaked into the cladding layer after passing the grating pitches. In addition, the first and the third grating pitches are measured at the central position or at 0.5 μ m of the pitch size, while the second grating pitch is measured at the beginning edge of its pitch region. It is clearly seen that the electric field is



Fig. 7 Electric field distribution through the grating structure with the period of (a) 5.2 µm, (b) 5.5 µm, (c) 5.8 µm, and (d) 6.1 µm.

everywhere on the pitch and its amplitude is a function of position.

Anyway if the phase of an electric field is not in phase with the corresponding wavelength, the cladding mode might not occur as depicted in Fig. 8, as the electric field at each grating pitch still remains inside the region of core layer. The structures with the grating period of $5.2 \,\mu\text{m}$ and $5.5 \,\mu\text{m}$ show the clearest coupling mode at the second grating pitch in which the electric field density remains in the cladding region. The structure with the grating periods of $5.8 \,\mu\text{m}$ and $6.1 \,\mu\text{m}$ shows the clearest coupling at the first grating pitch where the electric field density remains at the core-surrounding region inside cladding layer, but the one with grating period of $5.8 \,\mu\text{m}$ has higher and wider density regions of

electric field than others. Considering the third grating pitch of the structure with $5.5 \,\mu$ m, $5.8 \,\mu$ m, and $6.1 \,\mu$ m, high density of an electric field remains inside the core layer due to the very short grating length or very few amount of grating pitches inside the structure.



Fig. 8 Field profile of fiber's cross section at the position of the first to the third grating pitches of the structure with grating period of (a) $5.2 \,\mu$ m, (b) $5.5 \,\mu$ m, (c) $5.8 \,\mu$ m, and (d) $6.1 \,\mu$ m.

Ravivudh KHUN-IN et al.: Coupled Mode Characteristics From the Perturbation of 3D Printed Long-Period Fiber Grating Devices

4.3 Discussion

The 3D printed LPFG device has been directly applied onto the bare fiber for several times to ensure that there are no any damages or distortions on the grating vertexes. The dimension of the device is compact to protect the bending caused by the perturbation force from outside environment. The grating period below 500 µm gives more curve vertexes structure, the wide bandwidth of resonant wavelength occurs and total light scattering from microbending of an optical fiber happens when few weight of perturbation is applied. The longer grating period yields more accuracy on the distance between each grating pitch. The experimental results show that the resonant shift is linear function of the size of grating period of the 3D printed LPFG device. At different temperatures, the tolerance of the spectrum at a sensor node can be set to receive the resonant shift from its original position.

The electric field distribution along fiber core passing through grating structure begins to partially scatter to the cladding layer at the first grating pitch while the other still passes throughout the core layer and scatters at the next grating pitches if that wavelength matches the coupled mode of the fiber as expressed in (2). When the attenuation reaches a point that its electric field mode is in phase with the coupling coefficient, the grating length no longer has any effect on the attenuation. The major issue to the formation of the electric field profile is the refractive indices of both core and cladding layers as they have an effect on different coupling modes in different optical fibers under the same grating period. In addition, the surrounding environment parameters, such as temperature, stress, and strain all play a vital role to the coupling coefficient of the fiber.

5. Conclusions

The resonant wavelengths caused by the 3D printed LPFG device are observed. From its high sensitivity, it has a great potential to be employed in selective resonant wavelengths, in other words, selective wavelength filters. In addition, characteristics of electric field distribution are simulated to observe

the field interference within the cladding layer to determine the optical power loss of specific wavelengths. This proposed 3D printed LPFG device is compatible with the selective tunable filter and also a decent candidate to be used as an intruder sensor for big objects like humans or animals.

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