High-Speed Mach-Zehnder-OTDR Distributed Optical Fiber **Vibration Sensor Using Medium-Coherence Laser**

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Abstract: This article presents a high-speed distributed vibration sensing based Mach-Zehnder-OTDR (optical time-domain reflectometry). Ultra-weak fiber Bragg gratings (UWFBG), whose backward light intensity is 2-4 orders of magnitude higher than that of Rayleigh scattering, are used as the reflection markers. A medium-coherence laser can substitute conventional narrow bandwidth source to achieve an excellent performance of distributed vibration sensing since our unbalanced interferometer matches the interval of UWFBGs. The 3m of spatial resolution of coherent detection and multiple simultaneous vibration sources locating can be realized based on OTDR. The enhanced signal to noise ratio (SNR) enables fast detection of distributed vibration without averaging. The fastest vibration of 25 kHz and the slowest vibration of 10 Hz can be detected with our system successfully, and the linearity is 0.9896 with a maximum deviation of 3.46 ns.

Keywords: High-speed; Mach-Zehnder-OTDR; ultra-weak fiber Bragg grating array; medium-coherence laser; optical fiber vibration sensing

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1. Introduction

Distributed optical fiber vibration sensors have received great attention over the past decades for their significant advantages in safety, distributed sensing, and large-scale monitoring [1–4]. It is used for a variety of applications including intruder security [5], structure health monitoring [6], mechanical fault diagnostics [7], and oil pipelines leakage monitoring [8], where the signal can be modeled as a spatially resolved temporal disturbance.

Sagnac and Mach-Zehnder interferometers (MZIs) have the advantages of high sensitivity and fast response, but they cannot distinguish multiple simultaneous vibration sources [9, 10].

Phase-sensitive optical time-domain $(\Phi\text{-OTDR})$ enables distributed reflectometry vibration sensing by analyzing the interference of the Rayleigh backscattered light from the vicinity of the coherence length of the pulsed light source when the pulsed light travels along the fiber. However, the scattering light is very weak with typical -80 dB scattering ratio, and the required high coherence source [11] causes severe phase noise as well. So its original signal to noise ratio (SNR) is very poor, and temporal-spectral averaging is needed to enhance the SNR [12, 13], which makes this technique only applicable for low speed vibration measurement. For improving the accessible

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frequency response, Mach-Zehnder interferometer and Φ-OTDR are merged [14, 15]. 5 m of spatial resolution and several MHz of highest frequency response are realized but the merged systems have no capable of restoring signals of multiple points. Recently, the ultra-weak fiber Bragg grating array is also utilized for high SNR in an improved Φ-OTDR. The reflection is about 4 orders of magnitude higher than that of Rayleigh scattering. But these methods still require a high coherence source: a narrow linewidth distributed feedback fiber laser (DFB-FL) with a linewidth of 5 kHz is employed to ensure the coherence of the reflected light from adjacent FBG [16], and in similar system [17], a tunable laser whose linewidth is 3.7 kHz is selected as the source.

In this paper, we propose a high-speed Mach-Zehnder-OTDR distributed optical vibration sensor based on the ultra-weak fiber Bragg grating (UWFBG). The vibration transducer is a single-mode fiber, and UWFBGs with reflectivity around 0.01% is written on the fiber to produce reflected lights from different positions. Compared with the previous improved Φ-OTDR based on the UWFBG array, we adjust the optical pulse width to the appropriate value so that the medium-coherence optical pulse interferes with passing through our balanced interference structure. The significant advantage of the scheme proposed here is its low cost of DFB laser of which the linewidth is about 10 MHz. In addition, the excellent performances of distributed optical fiber vibration sensing based on medium-coherence light achieved. are Our experimental results show that spatial resolution of vibration locating is 3 m, and the SNR is up to 6.7 dB without average. Particularly, the detected frequency response is up to 25 kHz, and the maximum deviation is about 3.46 ng.

2. Principle

The UWFBG Mach-Zehnder-OTDR distributed vibration sensing system is shown in Fig. 1. The light source is a DFB laser (LUCENT D2526T31) with the maximum output power of 1 mW and

linewidth of 10 MHz. The continuous-wave (CW) light from the laser is modulated into nanosecond pulse by semiconductor optical amplifier (SOA, INPHENIX IPSAD1522C) which has an extinction ratio (ER) higher than 70 dB. The pulse light is amplified by an erbium-doped fiber amplifier (EDFA) and then is launched into fiber under test with uniformly distributed UWFBGs by a circulator. The reflected pulses from the UWFBGs go through 3×3 coupler phase demodulation unit which consists of unbalanced Mach-Zehnder interferometer, 3×3 coupler, and three detectors. The phase demodulation unit is used to avoid signal fading and restore the amplitude of vibration. The serial data from three detectors are collected by a high-speed oscilloscope.

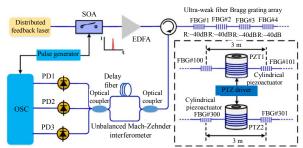


Fig. 1 Schematic of high-speed Mach-Zehnder-OTDR distributed optical fiber vibration sensor using medium-coherence laser. SOA: semiconductor optical amplifier, EDFA: erbium-doped fiber amplifier, CIR: circulator, PD: photodetector, and OSC: oscilloscope.

2.1 Theory of vibration source locating

The basic theory locating the position of vibration source is based on the OTDR technology. Like any OTDR system, a short light pulse is fed into the UWFBG array. There is a fixed distance of L_1 between the adjacent gratings, and delay ΔT_1 of adjacent pulses can be written as

$$\Delta T_1 = n \cdot \Delta L / c = 2nL_1 / c \tag{1}$$

where n is the refractive index of the fiber, c is the velocity of light in vacuum, and ΔL is the optical path difference (OPD) of pulses reflected by adjacent gratings. The width τ of optical pulse should be less than the delay ΔT_1 to avoid multiple reflected pulses aliasing. Unbalanced path of the MZI in phase demodulation unit separates each

reflected pulse to two pulses. Making the OPD of the MZI equal to $2L_1$, transmission delay ΔT_2 of two arms of MZI can be calculated as

$$\Delta T_2 = n(L_2 - L_3) / c = 2nL_1 / c = \Delta T_1$$
 (2)

where L_2 and L_3 are the lengths of two interference arms, respectively.

As shown in Fig. 2, the slower sub-pulse A_2 from a closer grating will be coincident with the faster sub-pulse B_1 from a further grating and then interfere. Phase perturbation between the two adjacent gratings can be demodulated from the interference signals. Consequently, the correspondence between interference signals and sensing position can be established, and the position of multiple sensing points can be located simultaneously, as shown in Fig. 3.

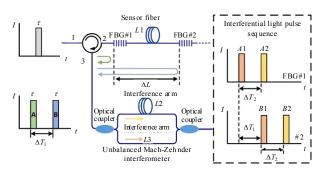


Fig. 2 Principle of vibration source positioning. ΔT_1 is the delay of reflection from FBG#1 and FBG#2, and ΔT_2 is the delay of optical pulse traveling through the unbalanced MZI. τ is the width of optical pulse.

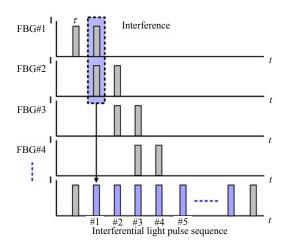


Fig. 3 Relationship between the interferential light pulse sequence and sensing position. The first and last optical pulses of sequence are useless to record vibration. #1 to #5 are the serial numbers of sensing fiber segments, respectively.

2.2 Theory of vibration sensing and demodulation

In contrast to Rayleigh backscattered light of each fiber section in the conventional Φ -OTDR system, which is attributed by the addition of random distributed scatters within the section length, the reflection of the grating can be regarded as a fixed point reflector. Theoretically, the OPD of each pair of interferential light pulses can be made zero. Thus, the system we propose does not require a high coherence laser.

The intensity of interferential light pulse signal is written as

$$I = I_1 + I_2 + 2\sqrt{I_1 I_2} \cos(\Delta \phi + \varphi_0)$$
 (3)

where I_1 and I_2 are the intensities of the two optical pulses arriving at the observation point, respectively, $\Delta \phi$ is the dynamic phase shift, and φ_0 is the initial phase. The sensitivity of $\Delta \phi$ fades to zero when φ_0 is close to multiples of π [18]. A 3×3 coupler is chosen to solve this problem. At ideal split ratio, the output intensity of the three arms of 3×3 coupler can be expressed as follows:

$$I_{n} = I_{1} + I_{2} + 2\sqrt{I_{1}I_{2}} \cos \left[\Delta\phi(t) - (i-1)\frac{2}{3}\pi\right],$$

$$i=1, 2, 3.$$
 (4)

There is a phase difference of $2\pi/3$ between each output port of the 3×3 coupler. Under no circumstances can the variation ratios of each port output be 0 simultaneously, so we can detect the three output signals to demodulate the $\Delta\phi$ by using the algorithm [19].

When external disturbance is applied on the fiber, the OPD between the two UWFBGs based on the demodulated dynamic phase shifts, and the vibration signal can be restored.

2.3 Analysis of frequency response

In a distributed vibration sensing (DVS) system, the significant factor which limits the frequency response of the vibration measurement is the highest sampling frequency.

External vibration and other environmental

factors can both cause the phase shift $\Delta\phi$. Nevertheless, compared with the external vibration, the environmental factors, such as temperature, have a lower frequency. Thus, $\Delta\phi$ can be expressed as

$$\Delta \phi(t) = D\cos \omega_s t + \varphi(t) \tag{5}$$

where D and ω_s are the amplitude and angular frequency of phase shift caused by external vibration, and $\varphi(t)$ is the lower frequency phase shift caused by other environmental factors.

The index i is set to 1. Then substituting (5) into (4), the alternating component (AC) of (4) is rewritten as follows:

$$I_{AC} = 2\sqrt{I_1 I_2} \cos \left[D \cos \omega_s t + \varphi(t) \right]. \tag{6}$$

According to Bessel function, we can acquire (7) from (6). In order to restore the vibration signal, enough harmonic information, of which the Bessel value is greater than 0.1, should be obtained. So, as for different D, the relationship between I_{AC} and ω_s is appeared clearly in Fig. 4(a).

$$\begin{split} I_{\text{AC}} &= 2\sqrt{I_1 I_2} \times \\ & \left\{ \left[J_0 \left(D \right) + 2 \sum_{k=1}^{\infty} J_{2k} \left(D \right) \cos 2k \omega_s t \right] \cos \varphi(t) - \right. \\ & \left[2 \sum_{k=1}^{\infty} \left(-1 \right)^{k-1} J_{2k-1} \left(D \right) \cos \left(2k - 1 \right) \omega_s t \right] \sin \varphi(t) \right\}. \end{split}$$

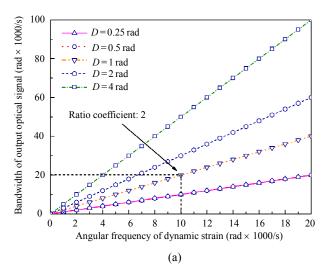
The value of D is determined by the sensitivity characteristics of sensor. Here, we do not discuss the sensitivity enhancement or weakening, so D can be considered as 1. From Fig. 4(a), it can be got that the occupied bandwidth of optical intensity variation is twice of the angular frequency of the vibration. In accordance with the Nyquist sampling theorem, the sampling frequency must be more than twice of the occupied bandwidth of the interference optical signal to avoid spectrum aliasing. So if the external vibration has a frequency of f_s , the lowest sampling frequency required is $4f_s$.

In our DVS system, the repetition rate f_{τ} of pulse light determines the sampling frequency f_s . When f_{τ} is fast enough, there are more than one pulse lights

traveling along the sensor fiber with UWFBG at the same moment. Hereby, the multiple-pulse crosstalk will occur. According to Fig. 3, N UWFBGs will produce N+2 pulses after MZI in our system. In consideration of avoiding the spectrum aliasing and crosstalk, f_{DVS} should satisfy the following equation:

$$f_{\text{DVS}} = 4f_{\tau} \le 4c / \lceil 2n(N+1)L_1 \rceil. \tag{8}$$

With an increase in the sensing fiber distance, f_{DVS} will decrease rapidly, shown as Fig. 4(b). When the spatial resolution is 3 m and sensing distance is about 1 km, the sensing bandwidth reaches 25 kHz.



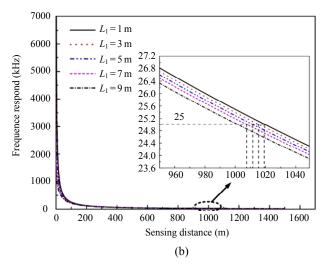


Fig. 4 Analysis of frequency response: (a) the relationship among the bandwidth of optical signal, the phase shift amplitude of optical signal, and the frequency of the external vibration and (b) the relationship among the frequency response, sensing distance, and the spatial resolution.

2.4 Analysis of signal-to-noise ratio

There are 3 main noises in the system: shot noise $\sigma_s^2 = 2q \cdot (I_{RBS} + I_n + I_d) \cdot \Delta B$ (here q is the charge of electron, I_{RBS} is the detected current of the Rayleigh backscattering, I_d is the dark current of detector, and ΔB is the bandwidth of signal), thermal noise σ_T^2 , and Rayleigh backscattered noise. Assume the scattering coefficient for every scattering center is the same and M scattering centers in each fiber section with length of L_1 . The detected current signal is proportional to the optical intensity, so the Rayleigh backscattered current noise can be regarded as

$$I_{\text{RBS}} \propto I_0(t) \exp(-2\alpha L_N) \sum_{k=1}^{M} r_k^N \exp[\varphi_s(t) + \varphi_{s0}]$$
 (9)

where $I_{RBS}(t)$ is the detected current of the Rayleigh backscattering at distance $L_N = NL_1$, $I_0(t)$ is the intensity of the incident light, α is the attenuation coefficient of the fiber, and r_k^N is the Rayleigh reflection coefficient of the scatter center in N-th section.

So the SNR of the detected signal is described as $SNR = \frac{\left\langle I_{AC}^2 \right\rangle}{\sigma^2}$

$$= \frac{2R^2 P_r^2}{2R^2 P_{RBS}^2 + 2q(P_{RBS}R + P_rR + I_d)\Delta B + \sigma_T^2}$$
 (10)

where P_r and P_{RBS} are the detected powers of reflected light and backscattering light, respectively. σ_s^2 and σ_T^2 related to the detector have an ultra-low magnitude. Since the reflectivity of the

UWFBG is four orders of magnitude greater than the Rayleigh scattering, P_r is much higher than P_{RBS} . For this reason, the high SNR of the system could be achieved.

3. Experimental results and discussion

In experimental setup, 332 UWFBGs are distributed over 1-km long fiber with equal interval of 3 m. The UWFBGs have uniform wavelength of 1550.947 nm, as well as bandwidth of 0.2 nm and reflectivity of 0.01% (-40 dB). Fiber sections between UWFBG#100, UWFBG#101, UWFBG#300, and UWFBG#301 are wound around two identical cylindrical piezoelectric transducers (PZTs) generate strain variation. experimental setup includes our proposed DVS system and a calibration component which is a standard Mach-Zehnder interferometer, as shown in Fig. 5. When the DVS system measures, the optical Switch 1 connects DFB laser (Lucent 2526, 10MHz linewidth) to SOA, and the optical Switch 2 connects UWFBG array to circulator. wavelength of DFB laser is located at 1550.947 nm to match the identical UWFBG. The light pulses have a repetition rate of 100 kHz, with a pulse width of 20 ns (obey $\tau < 2nL_1/c$). The phase demodulation unit adopts an imbalance path of 6m for matching the interval of gratings. Data are acquired with an oscilloscope (Keysight DSA 134A) for 50 ms at 200 Msps. The experimental rig is shown as Fig. 6.

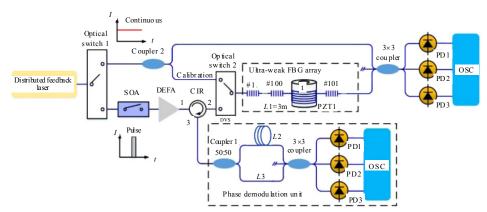


Fig. 5 Structure for experiment, all UWFBGs have same reflectivity and central wavelength. When optical switch 2 connects UWFBG array to coupler 2, a standard Mach-Zehnder interferometer is to calibrate the vibration.

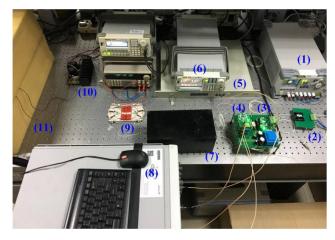


Fig. 6 Experimental rig of our distributed optical fiber vibration sensing system: (1): DC power supply, (2): DFB, (3): SOA, (4): PD, (5): EDFA, (6): pulse generator, (7): unbalanced Mach-Zehnder interferometer, (8): OSC, (9): CIR, (10): PZT driver, and (11): UWFBG array.

To compare the SNR and the coherent requirement of light source, on the one hand, a narrow linewidth laser (NL) and our medium-coherence laser employed in the conventional Φ-OTDR in [13] are compared, and Fig. 7 shows the comparison of linewidth. According to Lorenz fitting curve of self-heterodyne of NL and DFB laser, the full widths at half maximum (FWHM) are 22.3 kHz and 17.8 MHz, respectively. Figure 8 shows the results of vibration locating. 20-ns optical pulses and 1.5-km sensing fiber are used for testing. With the averaging times of 10, the SNR of narrow linewidth laser system is 5.31 dB, but the medium-coherence system cannot locate vibration source due to the awful SNR.

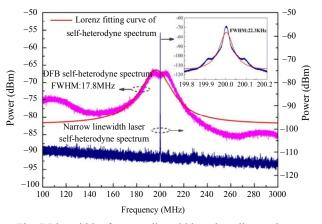
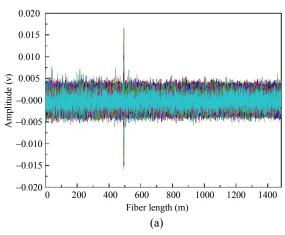


Fig. 7 Linewidth of narrow linewidth and medium-coherence laser.



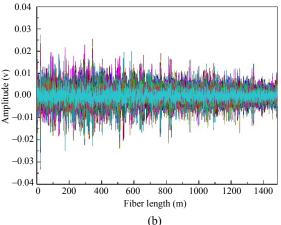


Fig. 8 Results of Φ -OTDR vibration locating with different light source: (a) the location information for the averaging times of 10 by using a narrow linewidth laser and (b) the location information for the averaging times of 10 by using the same medium-coherence as our system.

On the other hand, when only PZT1 generates vibration, the interferential pulse arrays for 100 pulse periods are detected by PD1. In Fig. 9, 6 interferential pulses which correspond to the distance from 294m to 312m are shown. From the superposition of 100 interferential pulse arrays, it can be seen that the intensity of the interference pulse corresponding to the fiber section where PZT1 is located is greatly fluctuated, while the other pulses do not change much. We extract the peak value of each pulse in all the 5000 detected interferential pulse arrays, and Fig. 10 shows the superposition of intensity fluctuation at each sensing position. According to (10), we can calculate the SNR by analyzing the intensity fluctuation amplitude A_{signal} in the position with vibration, and the $A_{\rm noise}$ in the position without vibration, which is $10 \lg(A_{\rm signal}/A_{\rm noise})$. $A_{\rm signal}=1.12\,\rm V$ and $A_{\rm noise}=0.24\,\rm V$, so SNR is 6.7 dB. Therefore, our system can locate the vibration clearly without multiple averages.

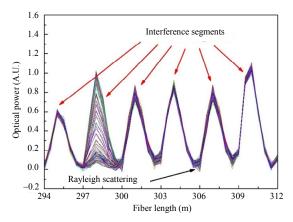


Fig. 9 Parts of superposition of all 100 output optical pulse sequence from PD1 when only PZT1 has a vibration.

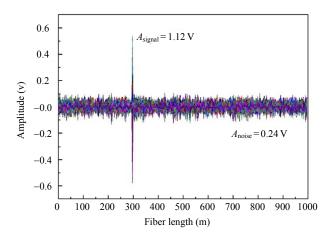


Fig. 10 Location information without average in our proposed system by using the medium-coherence.

Here we use two same PZTs to test the locating and demodulation capability of our DVS system. They generate vibration at different frequencies and amplitudes simultaneously, and the parameters of two sine-wave driven signals are 12 V, 1 kHz, and 6 V, 3 kHz, respectively. The dynamic phase shift can be demodulated from the intensity variation of interferential pulse. According to the parameters used in the experiment [19], the measurement sensitivity of OPD Δl is 84.2 nm/rad, and the dynamic strain sensitivity is about 28.06 ne/rad. The global demodulation result of 1-km fiber is given in

Figs. 11(a) and 11(b). It can be clearly seen that there exist two magnitude changes located within the darker frame in Fig. 11(a) at distance of 300 m and 900 m. The two peaks in the Fig. 11(b) correspond to the two vibration regions in the sensing fiber.

Here for wave shape details we just show the time response data from -2.5 ms to 2.5 ms in Fig. 11(c). The amplitudes of dynamic strains detected from PZT1 and PZT2 are 59.7 ns and 23.9 ns, respectively. The results from spectral analysis via fast Fourier transform (FFT) are shown in Fig. 11(d). It can be found that two clear main peaks are at 1 kHz and 3 kHz, and the second harmonic suppression ratios of demodulated signal are 43.9 dB and 41.13 dB, respectively.

In order to confirm the deviation of amplitude measurement, linearity and stability experiment have been also performed. At first, we set the frequency of sine-wave driving signal of the vibration source PZT1 to be 1 kHz, and the amplitude to be increased from 1.2 V to 12 V. The vibration is measured with the DVS system and the calibration component respectively, as shown in Fig. 12. Since the values of MZI do not contain a round trip, it is divided by 2 to match the values of DVS. Because the calibration system and our DVS both exist dithering, the results are averaged for 5 times to compare the detection error. Compared with the calibrated values from the calibration component, the maximum measuring error is only 3.46 ns. It can be found that the measured and calibrated values show a linear relationship, and the linearity of curving fitting is 0.9896. Secondly, we drive the PZT1 by a stable sine-wave with voltage of 12 V and frequency of 1 kHz, and the dynamic strain every 10 minutes for a total of 100 times is collected by our DVS system. In Fig. 13, the standard deviation of the system is 3.410 ng. Actually, the amplitude of vibration source is not absolutely stable, so it will also introduce dithering.

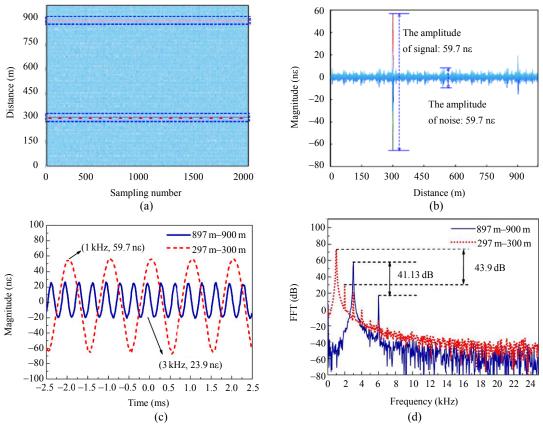


Fig. 11 Results of DVS experiment: (a) demodulated scalogram of the 12 V, 1 kHz, and 6 V, 3 kHz vibration signal at 300 m and 900 m, respectively, (b) demodulated phase changing diagram between 300 m and 900 m. It illustrates the amplitude of dynamic strain at different position, and (c) time responses of our system at 300 m and 900 m and (d) frequency responses of the demodulation results at 300 m, 900 m, and background.

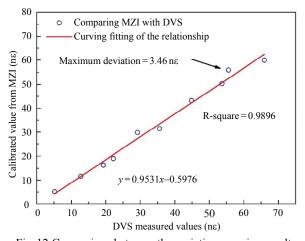


Fig. 12 Comparison between the variations sensing results of DVS and MZI.

Further experiment has been made to test the frequency response of DVS system. In fact, the frequency response of the vibration transducer can also influence the frequency response of system, but the repetition frequency of sampling optical pulse is

the most important factor in this experiment. According to the previous theoretical analysis, we set the frequency of PZT1 to be 10 Hz and 25 kHz, respectively. And the clear main peaks at 10 Hz and 25 kHz respectively are shown in Fig. 14.

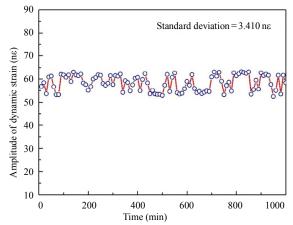


Fig. 13 Demodulated results of 100 dynamic strains in the same environment, and an interval of 10 minutes is set between each results.

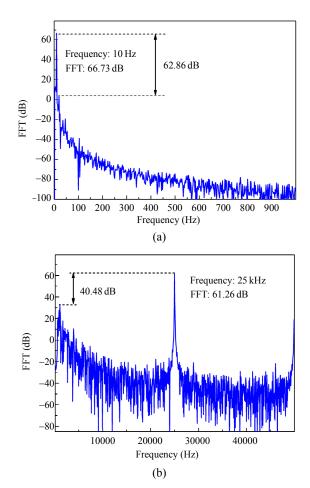


Fig. 14 Results of frequency response experiments: (a) minimum frequency response of the system for the driving frequency of 10 Hz and (b) maximum frequency response of the system for the driving frequency of 25 kHz.

4. Conclusions

this paper, a Mach-Zehnder-OTDR distributed optical fiber vibration sensing system using medium-coherence laser is proposed. The higher reflection generated by UWFBG array is adopted instead of the Rayleigh backscattering (RBS) in the sensing fiber, and the position information can be obtained easily by OTDR. Based on the balanced Mach-Zehnder structure, the medium-coherence laser DFB can be used as light source to realize an excellent SNR. In our experiments, the vibration sensing signal with a high SNR of 6.7 dB can be obtained without averaging. The demonstrated setup has a sampling frequency of 100 kHz for vibration and improves the highest frequency response to

25 kHz in this monitor system. Spatial resolution of 3 m and simultaneous localization of multiple vibration sources are achieved in a 1-km long sensing fiber by detecting the delay of the pulse in time domain. A 3×3 coupler is used to restore the amplitude of the vibration signal, and crosstalk between neighboring sensing position is weak enough. The maximum measuring error is only 3.46 ns compared with the standard Mach-Zehnder interferometer, and the linearity of measurement is 0.9896.

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