# **ORIGINAL ARTICLE**



# **Electroresponsive Nanoparticles Improve Antiseizure Effect** of Phenytoin in Generalized Tonic-Clonic Seizures

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Abstract Previously, we developed electroresponsive hydrogel nanoparticles (ERHNPs) modified with angiopep-2 (ANG) to facilitate the delivery of the antiseizure drug phenytoin sodium (PHT). However, the electroresponsive characteristics were not verified directly in epileptic mice and the optimal preparation formula for electroresponsive ability is still unclear. Here, we further synthesized PHT-loaded ANG-ERHNPs (ANG-PHT-HNPs) and PHT-loaded nonelectroresponsive hydrogel nanoparticles (ANG-PHT-HNPs) by changing the content of sodium 4-vinylbenzene sulfonate in the preparation formulae. *In vivo* microdialysis analysis showed that ANG-PHT-ERHNPs not only have the characteristics of a higher distribution in the central nervous system, but also have electroresponsive ability, which resulted in a strong release of nonprotein-bound PHT during seizures.

Yi Wang, Xiaoying Ying and Zhong Chen contributed equally to this work.

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In both electrical- (maximal electrical shock) and chemical-induced (pentylenetetrazole and pilocarpine) seizure models, ANG-PHT-ERHNPs lowered the effective therapeutic doses of PHT and demonstrated the improved antiseizure effects compared with ANG-PHT-HNPs or PHT solution. These results demonstrate that ANG-ERHNPs are able to transport PHT into the brain efficiently and release them when epileptiform activity occurred, which is due to the content of sodium 4-vinylbenzene sulfonate in formula. This may change the therapeutic paradigm of existing drug treatment for epilepsy into a type of on-demand control for epilepsy in the future.

**Key Words** Electroresponsive · Nanoparticle · Sodium 4-vinylbenzene sulfonate · Epilepsy · Microdialysis

# Introduction

Epilepsy is a disease characterized by recurrent seizures, which are transient symptoms of abnormal, excessive, or synchronous neuronal activity in the brain [1]. Antiepileptic drugs (AEDs) are the mainstay of the management of epilepsy for most patients [2]. However, the relatively narrow therapeutic window of AEDs, such as that for phenytoin sodium (PHT), result in serious potential side effects (metabolic bone disease, peripheral neuropathy, and immunologic effects) [3]. The onset of seizures is often an abrupt, unpredicted event, and AEDs are currently used for preventive treatment of seizure onset, but are not used for on-demand treatment. This situation further contributes to long-term intolerable side effects and inability to control the seizures completely [4]. Thus, safe and effective therapy for epilepsy would ideally require a drug delivery system that can penetrate the blood-brain barrier (BBB) and subsequently release AEDs rapidly to suppress neuronal discharges in a timely manner.



In the last few years, although numerous drug delivery carriers that can transport AEDs to the brain have been developed, including polymeric nanoparticles [5], polymeric micelles [6], and dendrimers [7], few of these carriers have advanced based on the pathological characteristics of epileptic seizures. We previously designed electroresponsive hydrogel nanoparticles (ERHNP) based on the abnormal electrical activity characteristics of epileptic seizures, and further modified ERHNP with the brain-targeting angiopep-2 peptide (ANG), a ligand of the low-density lipoprotein receptor-related protein, to improve penetration of the BBB [8]. However, the optimal preparation formula for electroresponsive ability is still unclear and the in vivo electroresponsive characteristics of ANG-PHT-ERHNP during seizures has been limited by the challenges of performing molecular studies in the face of generalized convulsions. Although the improved antiepileptic effect of ANG-PHT-ERHNP compared with the PHT solution was demonstrated in the kindling model [8], it is highly likely that the improved antiepileptic effect may be caused by a higher concentration of PHT in the central nervous system (CNS) owing to the brain-targeting effect of ANG. Moreover, PHT is highly bound to proteins both in plasma and in the brain, so only the free (nonprotein-bound) levels of PHT are relevant for its pharmacological effects [9]. There is currently a lack of evidence to address whether or not the free levels of PHT are released from the complex when seizures occur. Thus, in the present study, we aimed to further investigate the *in vivo* electroresponsive ability of nanoparticles with different formulae by microdialysis and the antiepileptic effects of nanoparticles with experiments conducted with in vivo seizures models.

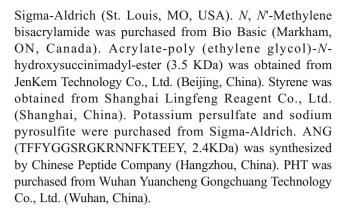
# Methods

### **Animals**

Male Sprague-Dawley rats (260-300 g, Grade II, Certificate No. SCXK2008-0033; Experimental Animal Center, Zhejiang Academy of Medical Science, Hangzhou, China) were maintained in cages (12-h light-dark cycle, lights on from 08:00 to 20:00). The rats were housed in groups, with free access to water and food. Experiments were carried out each day between 9:00 and 17:00. All experiments were approved by the Zhejiang University Animal Experimentation Committee, and were performed in complete compliance with the US National Institutes of Health Guide for the Care and Use of Laboratory Animals.

### Reagents

2-Dimethylamino ethyl methacrylate (DMAEMA) and sodium 4-vinylbenzene sulfonate (NaSS) were obtained from



### Synthesis of ANG-PHT-HNP and ANG-PHT-ERHNP

In this paper, ERHNPs or HNPs were synthesized using soap-free emulsion copolymerization [10]. Briefly, monomers (Table 1), such as 2-dimethylamino ethyl methacrylate, styrene, or NaSS, were added to 85 ml water in a 250-ml 4-neck round-bottom flask that was equipped with a stirrer, a condenser (nitrogen outlet), a nitrogen inlet tube, and an inlet for the ingredients. Potassium persulfate (0.1 g) and sodium pyrosulfite (0.08 g), which were dissolved in 5 ml water, were used as oxidationreduction initiators. A slow stream of nitrogen was introduced into the monomer mixture and the initiator solution for 1 h. The polymerization reaction was conducted with shaking at 160 rpm at 25 °C. After 24 h, the reaction mixture was dialyzed using a dialysis membrane (MWCO 14 kDa; Spectrum Laboratories, Rancho Dominguez, CA, USA) in de-ionized water for 48 h and was then lyophilized.

ANG-ERHNP or ANG-HNP were further synthesized by coupling the *N*-hydroxysuccinimadyl-ester of the acrylate-poly (ethylene glycol)-*N*-hydroxysuccinimadylester on the surface of the ERHNP or HNP to the NH<sub>2</sub> group of ANG. In this reaction, amide crosslinks were formed between *N*-hydroxysuccinimadyl-ester and NH<sub>2</sub>. Briefly, 1 ml ANG aqueous solution (1 mg/ml) was added to 10 ml ERHNP or HNP solution (10 mg/ml) with a molar ratio of ANG: PEG at 1:1. The reaction solution was stirred overnight at room temperature and then dialyzed against deionized water using a dialysis membrane (MWCO, 14 kDa, Spectrum Laboratories) for 24 h to remove unreacted ANG. The ANG-ERHNP or ANG-HNP were then lyophilized for 24 h.

ANG-PHT-ERHNP or ANG-PHT-HNP was synthesized as follows: 500 mg ANG-ERHNP or ANG-HNP were soaked in 50 ml of 10 mg/ml PHT solution and collected by centrifugation at 64,400 g for 60 min and then lyophilized. The vehicle of PHT solution was alkalized saline (pH  $\sim$ 8) with 0.1 N NaOH solution. Please provide the centrifugation as a g value.4 mg/ml



**Table 1** Electroresponsive hydrogen nanoparticles prepared with different formulas

| Formula | DMAEMA<br>(%) | ST<br>(%) | NaSS<br>(%) | MBA<br>(%) | Yield (%) | Diameter (nm)  | Diameter under electrical field (nm) |
|---------|---------------|-----------|-------------|------------|-----------|----------------|--------------------------------------|
| 1       | 93            | 5         | _           | 2          | 53.5      | $77.3 \pm 9.0$ | $79.3 \pm 12.0$                      |
| 2       | 93            | 4         | 1           | 2          | 58.0      | $146.1\pm6.2$  | 246.2 ± 14.7 **                      |
| 3       | 92            | 4         | 2           | 2          | 66.0      | $90.8 \pm 8.9$ | 209.0 ± 21.0 **                      |
| 4       | 93            | 3         | 2           | 2          | 65.3      | $77.1 \pm 7.0$ | 143.0 ± 10.8 **                      |
| 5       | 91            | 4         | 3           | 2          | 66.8      | $54.6 \pm 3.4$ | 135.0 ± 13.5 **                      |

DMAEMA = 2-Dimethylamino ethyl methacrylate; ST = styrene; NaSS = sodium 4-vinylbenzene sulfonate; MBA = N, N'-methylene bisacrylamide

# Characterization of ANG-PHT-ERHNPs or ANG-PHT-HNPs

The particle size was determined using a dynamic light-scattering technique with a Zetasizer instrument (Nano S-90; Malvern Instruments, Malvern, UK). To evaluate the effects of an electric field on particle size, 2 ml ANG-ERHNP or ANG-HNP (1 mg/ml) were placed in a glass tube with 2 parallel platinum electrodes (1 cm apart). DC voltage (50, 100, 200, and 500  $\mu$ A current) was then applied to the solution for 1, 5, 10, 15, and 30 min.

For the *in vitro* release tests, 2 ml ANG-PHT-ERHNP or ANG-PHT-HNP solution (1 mg/ml) was added into a dialysis bag (MWCO; 8000–14,000) and incubated in 50 ml phosphate-buffered saline (pH 7.4) at 37 °C with 60 rpm stirring. At the predetermined time points, 1 ml release medium was withdrawn and the PHT concentrations were measured by high-performance liquid chromatography (HPLC). To investigate the release of ANG-PHT-ERHNP or ANG-PHT-HNP solution under electrical field, DC voltage was applied to the solution with current of 100  $\mu A$ .

# **Pharmacokinetic Studies**

Rats were randomly divided into 3 groups and injected (50 mg/kg, i.p.) with PHT solution, ANG-PHT-HNP, or ANG-PHT-ERHNP. Blood samples (0.5 ml) were withdrawn at predetermined time points into heparinized microcentrifuge tubes. The plasma was separated by centrifuging the blood samples at 4000 rpm for 15 min, and the plasma samples were stored at -20 °C until analysis.

For the analysis of the PHT concentrations, a 50- $\mu$ l sample of plasma was thoroughly mixed with 100  $\mu$ l acetonitrile using a vortexer and centrifuged at 4000 rpm for 10 min. Then, 20  $\mu$ l supernatant was injected for HPLC analysis. The calibration curve we generated for use in the quantification of PHT in the plasma was linear within the concentration range of 0.5-10  $\mu$ g/ml (A=45.61C+4.40, r=0.9994). The pharmacokinetic parameters were calculated using DAS Version 2.1.1.

### Maximal Electroshock-induced Seizures

A maximal electroshock (MES; 0.2 s at 50 Hz, 150 mA) was delivered through ear clips using a rodent shocker (Hugo Sachs Elektronik, March-Hugstetten, Germany); this produced a generalized tonic-clonic seizure, as described in our previous report [11]. Seizure severity was scored by a trained observer who was unaware of experimental groupings. The assessment was based on the extent of the spread of tonic extension and was scored as follows: 1, clonic seizures, absence of forelimb extension; 2, tonic seizures accompanying complete forelimb extension without hindlimb extension; 3, tonic seizures accompanying complete fore- and hindlimb extension. The duration of tonic extension and incidence of tonic seizures were also analyzed as measures of seizure severity. The MES test was performed 1 h after injection (i.p.) of test drugs between 9:00 and 12:00.

# Pentylenetetrazole-induced Seizure

Under sodium pentobarbital anesthesia (45 mg/kg, i.p.), rats were mounted on a stereotaxic apparatus (512600; Stoelting, Wood Dale, IL, USA). Electrodes were implanted into the right ventral hippocampus (AP: -5.3 mm, L: -5.0 mm, V: -5.0 mm) for electroencephalography (EEG) recording according to the atlas of rats [12], as per our previously reported protocol [13, 14]. Two screws were placed in the skull, over the cerebellum, to serve as the reference and ground electrodes. The electrodes were connected to a miniature receptacle that was attached to the skull with dental cement.

After 7 days of recovery, the rats were injected with pentylenetetrazole (PTZ; 80 mg/kg, i.p.), and EEGs were recorded and analyzed using a Neuroscan system (Compumedics, Abbotsford, VIC, Australia), as we reported previously [15, 16]. Seizure severity was classified according to the modified Racine scale [17]: 1, facial movement; 2, head nodding; 3, unilateral forelimb clonus; 4, bilateral forelimb clonus and rearing; 5, bilateral forelimb clonus with loss of posture; 6, generalized tonic-clonic seizures, status epilepticus, or death. Stages 4–6 as



<sup>\*\*</sup> p < 0.01

generalized seizures (GS) [18]. Rats were observed for a period of 45 min post-PTZ delivery. A trained observer, who was unaware of experimental groupings, scored seizure severity. The test drugs were injected (i.p.) 1 h prior to PTZ delivery. The PTZ test was performed between 13:00 and 17:00.

# **Pilocarpine-induced Seizures**

Seizures were induced by intraperitoneal administration of pilocarpine (30 mg/kg) 20 h after pretreatment with lithium (3 mEq/kg, i.p.). Then, rats were observed for a period of 60 min postpilocarpine delivery. The seizure severity was classified according to a modified Racine scale as mentioned above. A trained observer, who was unaware of experimental groupings, scored seizure severity. The test drugs were injected (i.p.) 1 h prior to pilocarpine delivery. The pilocarpine test was performed between 13:00 and 17:00.

### Microdialysis

Under sodium pentobarbital anesthesia (45 mg/kg, i.p.), rats were chronically implanted with guide cannulae (CMA/12 polyurethane; Carnegie Medicine, Stockholm, Sweden) into the right ventral hippocampus. The cannula was held in place with 3 screws that were attached to the skull with dental cement.

After 7 days of recovery, microdialysis probes (CMA/12, 3-mm polycarbonate membrane, cut-off 20 kDa; Carnegie Medicine) were lowered through the guide cannula to a depth of 5.0 mm according to the bregma, and the rat was placed in a freely moving system, consisting of a plastic cylinder with a counter-balancing arm carrying a 2-channel swivel (Carnegie Medicine). After balancing for 2 h after insertion, perfusion of the probe was started using artificial cerebrospinal fluid (NaCl 125 mM, KCl 2.5 mM, MgCl<sub>2</sub> 1.18 mM, and CaCl<sub>2</sub> 1.26 mM). The inflow to the probe was driven by a CMA/ 100 microinjection pump (flow rate was 2.0 µl/min), and a 60 µl outflow sample was collected every 30 min. The 2 baseline dialysate samples were collected over a period of 1 h before the rats were injected with test drugs (20 mg/kg, i.p.). Following drug administration, a further 8 samples were collected over the next 4 h.

Prior to each microdialysis probe used for the *in vivo* experiments, *in vitro* recovery was determined to calculate corrected dialysate concentrations by dialysis of a stirred artificial cerebrospinal fluid solution containing 5  $\mu$ g/ml phenytoin. The recovery values of individual probes ranged between 21 and 43 %.

PHT concentrations in dialysate were analyzed by HPLC with ultraviolet detection. Briefly, a mixture of methanol and water (55:45) was used as the mobile phase. The flow rate was kept constant at 1.0 ml/min and the temperature was maintained at 25 °C. Sample aliquots (20 µl) were injected for

HPLC analysis using an Agilent 1100 system with a C18 column (Diamonsil,  $200 \times 4.6$ , 5 µm; Dikma Inc., Lake Forest, CA, USA) and ultraviolet detection at 210 nm. All concentrations were calculated from a standard curve of PHT (0.25–10.0 µg/ml) obtained from spiked plasma samples.

#### **Statistics**

Data are presented as the mean  $\pm$  SEM. Statistical comparisons were performed using SPSS (version 17.0; IBM, Armonk, NY, USA) with appropriate inferential methods as indicated in the figure legends. p-Values < 0.05 were considered to be statistically significant.

### Results

# The *In vitro* Electroresponsive Behavior of the Nanoparticles with Different Formulae

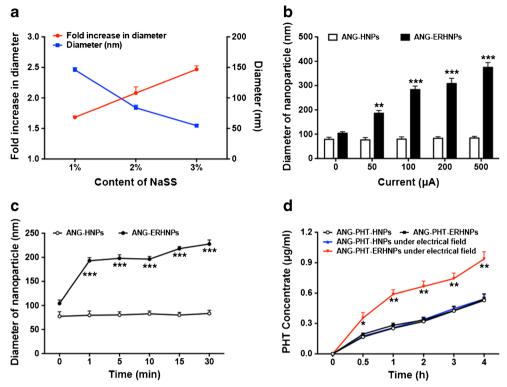
We compared 5 different formulae (Table 1), and found that the diameter of formulae 2-5, but not that of formula 1, enabled response to an external electric field, suggesting that the presence of NaSS in the hydrogel nanoparticles is a key factor influencing electroresponsive characteristics. Further, we found that the electroresponsive ability of nanoparticle is correlated with the NaSS concentration. The higher concentration of NaSS, the larger fold increased in the diameter of nanoparticles under electrical field (Fig. 1A). However, the content of NaSS is negatively correlated with the original particle size (Fig. 1A).

ANG-ERHNP (formula 3) and ANG-HNP (formula 1) were further prepared for later experiments as electroresponsive nanoparticles and nonelectroresponsive nanoparticles, respectively. Under an external electric field, the particle size of the ANG-HNP remained stable, while the particle size of the ANG-ERHNP increased dramatically as the current increased from 50 to 500 μA (Fig. 1B), results consistent with our previous study [8]. The increase in diameter happened as quickly as within 1 min of exposure to the electric field (Fig. 1C). The *in vitro* release experiment showed that concentration of accumulated PHT released from the ANG-PHT-ERHNP increased greatly (by nearly 100 %) under a 100-μA current (Fig. 1D).

# The *In vivo* Antiepileptic Effect of the Nanoparticles in Epilepsy Models

In our experiments with the MES model (Fig. 2A), which is commonly used for quickly predicting the clinical anticonvulsant activity of experimental drugs [19], the PHT solution, the ANG-PHT-HNP, and ANG-PHT-ERHNP all relieved the





**Fig. 1** The *in vitro* electroresponsive behavior of the nanoparticles with regard to diameter and drug release. (a) The effect of sodium 4-vinylbenzene sulfonate (NaSS) content on the original particle size and electroresponsive behavior, which was measured as fold increase in diameter of nanoparticles under a 100- $\mu$ A electric field (n=3); (b) the diameter of the angiopep-2 hydrogel nanoparticles (ANG-HNPs) and ANG electroresponsive HNP (ANG-ERHNP) after the application of

different currents for 10 min (\*\*p<0.01, \*\*\*p<0.001, \*-test); (c) the diameter of the ANG-HNPs and ANG-ERHNPs after the application of 100  $\mu$ A current for different times (\*\*\*p<0.001, \*-test); (d) phenytoin sodium (PHT) released from ANG-PHT-HNPs and ANG-PHT-ERHNPs with or without an external 100- $\mu$ A electric field for 4 h (\*p<0.05, \*\*p<0.01) compared with first group, 1-way ANOVA with \*post-hoc\* fishers least significant difference (LSD) test

MES-induced seizures in a dose-dependent manner, as compared with the control group. These treatments all lowered the seizure stage and incidence of tonic seizures and shortened tonic seizure duration (Fig. 2B-D). At the dose of 20 mg/kg, the ANG-PHT-ERHNP had a more powerful antiepileptic effect than did the ANG-PHT-HNP (Fig. 2C, D), indicating that ANG-PHT-ERHNP can be administered at lower the effective therapeutic doses.

To exclude the possibility that the released PHT from ANG-PHT-ERHNP was caused by electrical shock but not from the seizure itself, we performed experiments with 2 additional chemical-induced seizure models, which have been shown to be responsive to the PHT tested here [20, 21]. In the PTZ model (Fig. 3A), at a dose of 10 or 20 mg/kg, the ANG-PHT-ERHNP significantly alleviated the severity of seizures, lowered the incidence of GS, and increased the latency of GS (Fig. 3B-E). It showed a superior antiepileptic effect compared with the PHT solution and the ANG-PHT-HNP, both of which only weakly lowered the incidence of GS at the dose of 20 mg/kg (Fig. 3C). However, the ANG-PHT-ERHNP did not lengthen the latency of nonconvulsive seizures (Fig. 3E). Representative epileptic EEGs during seizures and their corresponding energy spectra are shown in Fig. 4A.

The EEG spectrum analysis further showed that ANG-PHT-ERHNP treatment reduced the severity of the EEG onset at the dose of 20 mg/kg (Fig. 4B). There were no differences in antiepileptic effect among all groups at the higher dose (50 mg/kg), probably because of a ceiling effect in these models (Supplementary Fig. S1).

Similarly, in the pilocarpine model (Fig. 5A), the ANG-PHT-ERHNP also showed a superior antiepileptic effect compared with the PHT solution and the ANG-PHT-HNP at a dose of 10 or 20 mg/kg (Fig. 5B-E). Although ANG-PHT-ERHNP did not alleviate the severity of seizures, it significantly lowered the incidence of death (Fig. 5C), and increased the latency of GS (Fig. 5D) and SE (Fig. 5E).

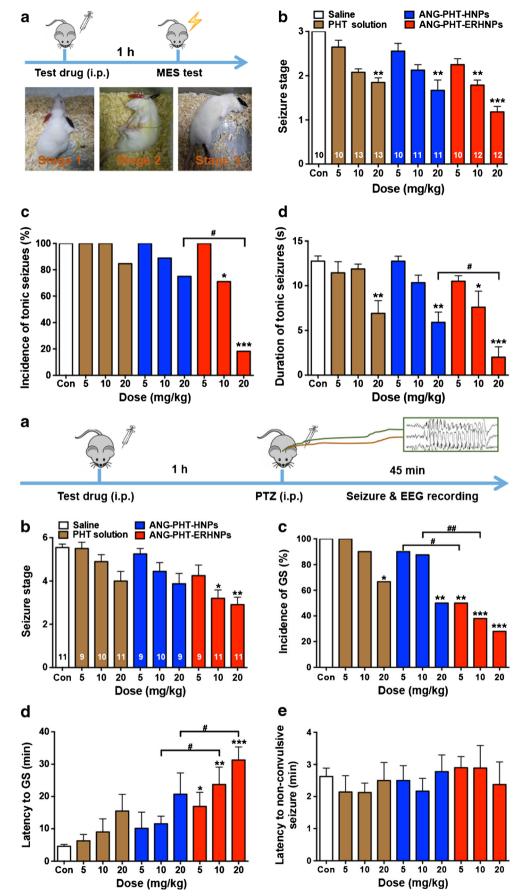
# The *In vivo* Electroresponsive Release of PTH from Nanoparticles During Seizures

To evaluate directly the seizure-triggered PHT release, we used microdialysis to measure the free level of PHT during seizures (Fig. 6A) [22]. As shown in Fig. 6B, the PHT concentrations of PHT solution plateaued at 60 min and then began to decrease exponentially after 90 min in naïve mice. Both ANG-PHT-HNP and ANG-PHT-ERHNP showed a



Fig. 2 The in vivo antiepileptic effect of the nanoparticles in the maximal electroshock (MES) model. (a) Design of experiment and seizure scores in the MES model; (b-d) the effect of nanoparticles at different doses on seizures stage (b), incidence of tonic seizures (c), and tonic seizure duration (d); the number of rats used in the experiment is indicated in column B (\*p<0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with the first group, p < 0.05 compared with groups with the same dose;  $\chi^2$  tests were used to compare the incidence of tonic seizures; Kruskal-Wallis ANOVA followed by post-hoc Dunn's tests were used to compare seizure stage, and 1-way ANOVA followed by post-hoc fishers least significant difference (LSD) tests were used to compare tonic seizure duration) PHT = phenytoin sodium; ANG = angiopep-2; HNP = hydrogel nanoparticles; ERHNP = electroresponsive HNP

Fig. 3 The in vivo antiepileptic effect of the nanoparticles in the pentylenetetrazole (PTZ) model. (a) Design of experiment; (b-e) the effect of nanoparticles at different doses on seizures stage (b), incidence of generalized seizures (GS) (c), latency to GS (d), and latency to nonconvulsive seizure (e). The number of rats used in the experiment is indicated in the column of B (\*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with thefirst group; p < 0.05 compared with groups with same dose; the  $\chi^2$  tests were used to compare the incidence of GS, Kruskal-Wallis ANOVA followed by post-hoc Dunn's tests were used to compare seizure stage; and 1-way ANOVA followed by a post-hoc fishers least significant difference (LSD) test were used to compare latency to GS and nonconvulsive seizure PHT = phenytoin sodium; ANG = angiopep-2; HNP =hydrogel nanoparticles; ERHNP = electroresponsive HNP; EEG = electroencephalography





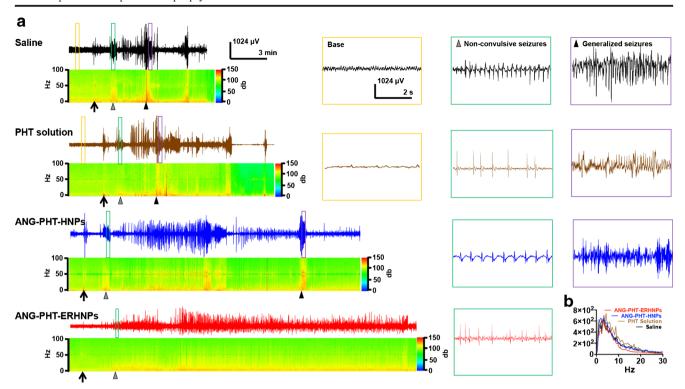


Fig. 4 Representative electroencephalographies (EEGs) during pentylenetetrazole (PTZ)-induced seizures. (a) Representative EEGs recorded from the hippocampus of rats and corresponding power spectral analysis during PTZ-induced seizures when rats were injected with saline, phenytoin sodium (PHT) solution, angiopep-2 (ANG)-PHT-hydrogel

nanoparticles (HNPs) or ANG-PHT-electroresponsive HNPs (ERHNPs) (20 mg/kg); arrow, PTZ injection time; grey triangle, the initial time of nonconvulsive seizure onset; black triangle, the initial time of generalized seizure onset; right panel, enlarged views of boxes in the EEGs. (b) Spectrum analysis of the EEG

slower elimination of PHT, making the area under the curve values greater than those of the PHT solution (Fig. 6C), suggesting the brain level of PHT was increased. Although PHT molecules were enveloped in the nanoparticles, treatment with ANG-PHT-HNP and ANG-PHT-ERHNP caused similar extracellular free levels of PHT as with treatment with PHT solution, which might result from the higher amount of total PHT in the CNS caused by brain-targeting characteristics of ANG. Importantly, in rats with seizure onset, the extracellular levels of PHT increased dramatically in ANG-PHT-ERHNP group but not in PHT solution group or ANG-PHT-HNP group (Fig. 6D-F). In addition, we found that the maximal PHT plasma level was similar with ANG-PHT-ERHNP and PHT solution treatment (Supplementary Fig. S2 and Supplementary Table S1), indicating that ANG-PHT-ERHNP treatment may improve the brain/plasma ratio of PHT.

To further evaluate whether seizure-triggered PHT release is correlated with the seizure intensity, we used different doses of PTZ to induce seizures of differing severity (Fig. 7A). The extracellular PHT levels from ANG-PHT-ERHNPs were much higher in mice dosed at 80 mg/kg than in mice dosed at 40 mg/kg (Fig. 7B, C), indicating that the levels of released PHT correlated with the severity of epileptic seizure onset.

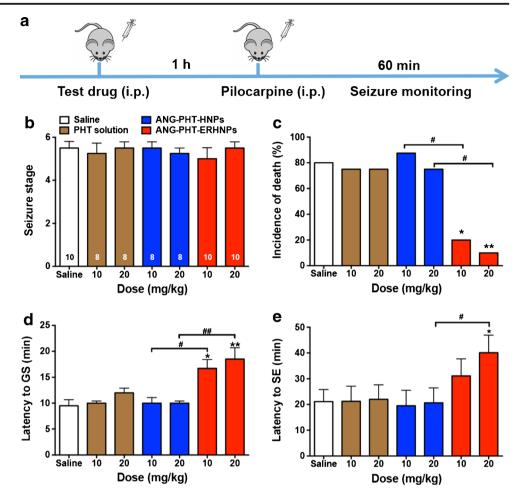
### **Discussion**

Stimuli-responsive "smart" nanoparticles that respond to heat, pH, enzyme activity, or magnetic fields have recently attracted great interest in biomedical research [23-27]. Few studies have explored the triggered release of nanoparticles mediated by an electric field [28, 29]. In this study, we developed electroresponsive nanoparticles and demonstrated that the triggered-release of PHT from our system was sensitive to an electric field in vitro (as fast as 1 min). Based on the abnormal EEG activity during seizure onset, we further successfully applied this system to in vivo pathological seizure models. Using microdialysis, we showed that ANG-PHT-ERHNP released large amounts of the nonprotein-bound form of PHT during seizures. Those results demonstrated that an extracellular field potential change during the onset of a seizure onset is enough to trigger the release of PHT, indicating its practicality for clinical prophylactically control of seizure in the future.

The electroresponsive effect was attributed to the electrical networks of NaSS in the hydrogel nanoparticles, as the HNPs (formula 1) was insensitive to the electric field, both *in vitro* and *in vivo*; these did not contain NaSS. Further, we found that the higher concentration of NaSS, the larger fold increased in the diameter of nanoparticles under electrical field, indicating



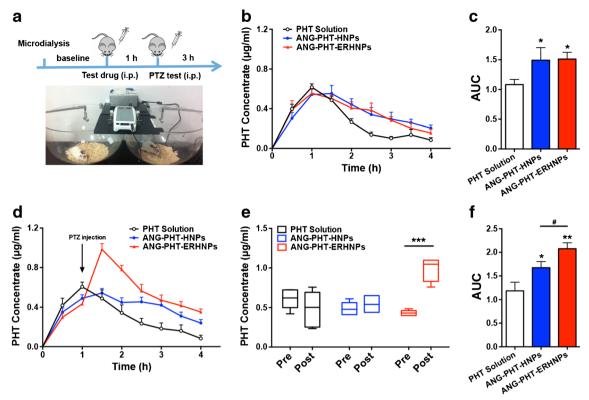
Fig. 5 The in vivo antiepileptic effect of the nanoparticles in pilocarpine model. (a) Design of experiment; (b-e) the effect of nanoparticles at different doses on seizures stage (d), incidence of death (e), latency to generalized seizure (GS) (f), and latency to status epilepticus (SE) (g); the number of rats used in the experiment is indicated in the column of B (\*p<0.05, \*p < 0.01 compared with first group; p < 0.05, p < 0.01compared with groups with same dose;  $\chi^2$  tests were used to compare the incidence of death; Kruskal-Wallis ANOVA followed by post-hoc Dunn's tests were used to compare seizure stage; and 1-way ANOVA followed by a post-hoc fishers least significant difference (LSD) test were used to compare latency to GS and SE PHT = phenytoin sodium; ANG = angiopep-2; HNP = hydrogel nanoparticles; ERHNP = electroresponsive HNP; EEG = electroencephalography



that the electrical field-responsive ability of nanoparticle is positively correlated with the NaSS content. The conductivity of the hydrogel nanoparticles induced by NaSS was reported to accelerate the ionization of the sulfo groups in the polymer chains. The increased degree of ionization of the polyelectrolyte hydrogel under an electric field are responsible for the higher swelling ratio, owing to increased electrostatic repulsion and hydrophilicity in the polymer chains [30], which transform electrical energy into mechanical energy and thus release the drug. The mechanism of PHT released from ANG-PHT-ERHNP may be attributed to the effects of ANG-PHT-ERHNP swelling combined with PHT diffusion. In pH 7.4 PBS, the rates of ANG-PHT-ERHNP swelling and PHT diffusion from ANG-PHT-ERHNP were slow, thus a relatively slow PHT release was observed. Under an external electric field, the electrostatic repulsion of polyelectrolyte ionic (sulfonate anion) increased, hydrogel nanoparticles swelled faster, then the particle size of the ANG-ERHNP increased and the network structure of hydrogel nanoparticles loosed, so PHT released from the ANG-PHT-ERHNP increased greatly. However, the concentration of NaSS in preparation formula cannot be too high, because NaSS content is also negatively correlated with the original particle size, which is an important factor to influence the amount of drug loading. Thus, reasonable proportion of NaSS in formula is important for the electroresponsive behavior of nanoparticles.

Importantly, in all seizure models, ANG-PHT-ERHNP were able to produce antiseizure effects, even at a dose of 10 or 20 mg/kg, compared with ANG-PHT-HNP, indicating that it lowered the effective therapeutic dose of PHT. This improved antiepileptic effect was due to the largely increased free (nonprotein-bound) levels of PHT released from ANG-PHT-ERHNP, which was triggered by the seizure activities. Thus, it is feasible that an extracellular field potential change during the onset of a seizure is enough to trigger the release of PHT. Moreover, the levels of released PHT correlated with the severity of epileptic seizure onset, suggesting that electroresponsive ability was sensitive to the change of field potential. Those results indicated that these nanoparticles could quickly release the AEDs and produce an antiseizure effect, once the onset of epileptic seizures occurs. However, the ANG-PHT-ERHNP did not lengthen the latency of nonconvulsive seizures. The reasons may be that 1) PHT itself only protects against generalized tonic-clonic seizures but not the nonconvulsive seizures [3, 31]; 2) released PHT triggered by seizure activity cannot prevent the occurrence of seizures



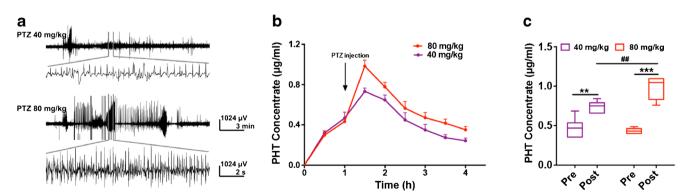


**Fig. 6** The *in vivo* electroresponsive release of phenytoin sodium (PHT) from nanoparticles during seizures. (a) Design of the microdialysis experiment (n = 6 for each group); (b) PHT time profiles in brain dialysate of naïve rat after an intraperitoneal injection of PHT at a dose of 20 mg/kg; (c) statistics of area under the curve (AUC) in (b) (\*p < 0.05, compared with the first group; 1-way ANOVA followed by *post-hoc* LSD tests); (d) PHT time profiles in brain dialysate of epileptic rat after an intraperitoneal

injection of PHT at a dose of 20 mg/kg; (e) free PHT concentration in brain dialysate before and 0.5 h after PTZ-induced seizures; (\*\*\*p<0.001, paired t-test); (f) statistics of AUC in (d) (\*p<0.05, \*\*p<0.01 compared with first group, 1-way ANOVA followed by post-hoc fishers least significant difference (LSD) tests) PTZ = pentylenetetrazole; ANG = angiopep-2; HNP = hydrogel nanoparticles; ERHNP = electroresponsive HNP; EEG = electroencephalography

but might rather affect spread of seizure activity along with an impact on seizure severity. At present, closed-loop neurostimulation is a new alternative treatment for epilepsy [32–34], which means that neurostimulation was applied to control seizure onset immediately upon a seizure being detected by an automatic EEG algorithm [35]. However, it is an

invasive intervention, and the implantable system for seizure detection still costs a great deal. It is conceivable that our electroresponsive nanoparticles may be suitable for clinical on-demand control of epilepsy in the future, in a way similar to closed-loop neurostimulation, with the advantages of convenience and relatively lower cost.



**Fig.** 7 The *in vivo* electroresponsive release of phenytoin sodium PHT from nanoparticles during seizures with different intensity. (a) Representative electroencephalographies (EEGs) recorded from the hippocampus of rats during seizures induced by pentylenetetrazole

(PTZ) at different doses; (b) PHT time profiles in brain dialysate of epileptic rats with different seizure intensity; (c) free PHT concentration in brain dialysate before and 0.5 h after seizures with different intensity (\*\*p<0.01, \*\*\*p<0.001, paired t-test, \*\*t=t=t=0.01 t-test)



Despite advances in pharmacotherapy for epilepsy, > 30 % of patients still have incompletely controlled seizures [36]. One of the main reasons is that the expression or function of multidrug transporters in the brain is augmented in epilepsy, leading to impaired access to the targets of CNS for AEDs [37, 38]. The relatively narrow therapeutic window of AEDs results in intolerable side effects when one tries to increase dosages. In the present study, although the total PHT plasma level was similar with ANG-PHT-ERHNP and PHT solution treatment, the brain level of PHT in ANG-PHT-ERHNP was largely increased compared with PHT solution, indicating that ANG-PHT-ERHNP treatment improved the brain/plasma ratio of PHT. This effect may be due to the brain targeting effect of ANG [39], and/or nanoparticle characteristics such as small size and prolonged blood circulation owing to PEGylation [40]. In addition, our previous study in a kindling model further verified that the antiseizure effects of the ANG-PHT-ERHNP could last as long as 8 h; the effect of the PHT solution only lasted for 2 h [8]. This sustainedrelease characteristic of the carrier can effectively reduce the number of times the medicine needs to be administered. All these advantages of ANG-ERHNP suggest promising clinical prospects. In the present study, we used PHT because 1) PHT remains one of the most widely used AED drugs in the world, although it has now been relegated to second-line therapy status in Europe and America owing to the discovery of its nonlinear kinetics properties, extensive interactions, and potential side effects [41]; 2) the current formula of ANG-ERHNP is only suitable for lipophilic drugs; 3) the amount of drug loading for ANG-ERHNP is limited. Thus, further study will be required to optimize or update the formulae for better permeability across the BBB of other hydrophilic AEDs that do not easily enter the brain, such as valproic acid.

In conclusion, here we provide *in vivo* evidence that ANG-PHT-ERHNP have electroresponsive ability, which is determined by the content of NaSS in the preparation formula. Once epileptiform activities occur, PHT will be released from ANG-PHT-ERHNP and exert antiseizure effect in generalized tonic-clonic seizure models. These electroresponsive nanoparticles may update the therapeutic paradigm of existing drug treatment for epilepsy.

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# Compliance with Ethical Standards

**Required Author Forms** Disclosure forms provided by the authors are available with the online version of this article.



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