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Self-assembling cyclic systems as drug carriers

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Abstract Self-assembling cyclic systems have been of interest to researchers for over a decade now, and their wide variety applications have been explored from electronic devices to medicinal purposes. But still their discovery for newer innovative applications remains as valuable as before. In this study, ab initio Hartree-Fock molecular orbital calculations have been performed on peptidic and peptidomimetic cyclic compounds to identify characteristics required in compounds for efficient selfaggregation. The effect of these characteristics in determining the pore size and length of nanotube has been studied. Effect of backbone and substituents on environment of outer and inner surface and carriage properties has been studied in detail. Self-aggregating compounds (Ala)₁₂ and (Ala)₁₀ have been predicted to form a tubular structure with dimensions in nanoscale. They have been predicted to work as novel drug carriers having inert outer wall and inner pore. A peptidic self-aggregating compound (Ala)₁₂ has been studied and suggested as carrier for antibiotic gentamicin to exemplify carriage properties of the designed compound. Such novel self-aggregatory systems are expected to help simplify the drug delivery process and increase bioavailability of various drugs.

Keywords Self-assembling · Cyclic systems · Drug delivery systems · Gentamicin · Drug carrier · Peptidic carriers · Peptidomimetic

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Introduction

Self-aggregating systems offer a variety of potential applications: from fabricating materials, to optoelectronics, to formation of nanotubes and drug delivery systems (Ahn et al. 2002; Jung 1999; Ijima 1991; Harada et al. 1993; Schnur 1993; Thess et al. 1996; Miyamoto et al. 1996).

Carbon nanotubes are also one such exciting example. These have been extensively studied experimentally as well as theoretically (Ahn et al. 2002; Hartgerink et al. 1996; Mintmire et al. 1992; Hamoda et al. 1992; Saito et al. 1992; White et al. 1993). These self-aggregated forms have also been used for carriage of various types of materials (Ebbesen and Ajayan 1992; Ajayan and Iijima 1993; Ajayan et al. 1993; Guerret-Piecourt et al. 1994; Dujardin et al. 1994; Loiseau and Pascard 1996).

Organic nanotubes have been synthesized by self-aggregation of cyclic peptides (Sloan et al. 1998; Ghadiri et al. 1993, 1994, 1995; Ghadiri 1995; Khazanovich et al. 1994). Recent studies have highlighted the use of these organic nanotubes as mimics of biological channels, molecular adapters for pore-forming proteins, transport vehicles in drug delivery systems and other nanostructural materials (Hartgerink et al. 1996; Kim et al. 1998; Fernandez-Lopez et al. 2001; Amorin et al. 2003; Brea et al. 2006; Sanchez-Quesada et al. 2000; Clark et al. 1998a, b; Horne et al. 2005; Ortiz-Acevedo et al. 2005; Schalley 2004; Ashkenasy and Ghadiri 2004). Recent work by Ghadiri et al. (1993) has highlighted the spontaneous self-assemblage of cyclic peptides having a flat ring-shaped conformation by controlled acidification of alkaline peptide solutions. The structures were made up of even number of alternating D-, L-amino acid residues. The rings were stacked together through hydrogenbonding interactions and formed a hollow tubular cylindrical structure in the nanoscale and hence called nanotubes.



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Figures 1 and 2 depict some usages of such self-aggregated systems. The interesting aspect is that the dimensions and properties can be tuned according to needs. Figure 1 describes self-assembling 6-8 residue peptides synthesized by Ghadiri and colleagues at Scripps Research Institute (Fernandez-Lopez et al. 2001; Ghadiri et al. 1993, 1994, 1995; Ghadiri 1995; Sanchez-Quesada et al. 2001). These peptides are capable of forming holes in bacterial membrane disrupting t asstacks lethal to bacteria. Figure 1 also depicts peptide-polymer hybrid nanotubes synthesized by Couet et al. (2005). The peptide nanotube in this case is embedded in a polymer shell. The structure and properties are determined by both peptide and polymer. The surfaceinduced polymerization around nanotube offers shapepersistent hybrid materials not easily accessed otherwise. Other research groups have also synthesized self-assembling cyclic peptides and studied their usage in liquid crystals and drug delivery systems (Tu and Tirrell 2004; Leclair et al. 2004). Figure 2 shows trapped solvent wire inside self-assembled cyclic peptide characterized by Raghavender et al. (2009). These aggregated cyclic peptides form pore across cell membrane which suggests their bactericidal property. Molecular dynamic simulations by Dehez and coworkers explain ion transport through these channels.

In this study, conditions for self-aggregation in cyclic systems have been explored keeping in mind their prospective usage in aggregated form. The properties of a cyclic self-aggregated peptide depend upon the backbone and type of substituents used (Ghadiri et al. 1993, 1994, 1995; Ghadiri 1995; Khazanovich et al. 1994; Kobayashi et al. 1995). However, changes in stacking behavior with slight change in backbone and number of residues have not been clearly understood.

Methods

Ab initio molecular orbital (MO) calculations have been performed at the Hartree–Fock level utilizing 6-31G basis set on some large peptidic and peptidomimetic cyclic compounds to explore and subsequently highlight their usage for medicinal purposes. Complete geometry optimizations were performed on the monomer and dimer of the cyclic compounds with a steepest descent approach utilizing redundant internal coordinates (Peng et al. 1996; Peng and Schlegel 1994). For convergence the rms of forces was required to be less than 3×10^{-4} . Potential energy of the system is minimized with respect to all bond lengths, bond angles and dihedral angles. Stationary points corresponding to low-energy conformations were obtained using GAUSSIAN'03 (Frisch et al. 2004) and viewed using GAUSSVIEW (Dennington et al. 2003).



Self-aggregating tendency of cyclic peptidomimetic compounds was studied by intermolecular interaction calculations with and without basis set superposition error (BSSE) estimate. Compounds were stacked over one another keeping in mind optimum conditions observed for stacking. Covalent bonding between two compounds was prohibited. At each step of stacking, stacking efficiency was evaluated as

Stacking efficiency = $E_{\text{stacked supermolecule}} - (E_{\text{monomer}} \times \text{no of monomers})$

Complete geometry optimization of stacked supermolecule is not feasible by ab initio calculations. Stacking efficiency has been computed by single-point calculation of energy of stacked supermolecule. BSSE estimate was obtained using Boys Bernardi counterpoise correction (Boys and Bernardi 1970) method.

After understanding the characteristics required in cyclic peptide for self-assemblage and assessing feasibility of existence of self-assembled form, its usage as drug delivery system was considered. Drugs that cannot be delivered orally were considered for carriage. A model of solvated drug being carried was prepared. First the drug was optimized in gas phase by ab initio calculations. After completely optimizing drug Gentamicin and self-aggregated carrier that is trimer of $(ala)_{12}$ in gas phase; the selfaggregated carrier was filled with water molecules using Soak option of Impact module (Impact 2010) from Maestro (Schrodinger 2009). The drug was then manually docked in soaked carrier displacing water molecules. Resulting model of solvated Gentamicin carriage by (ala)12 trimer was then subjected to ab initio molecular orbital geometry optimization by Berny's algorithm. This allows water molecules to properly orient mediating interaction between drug and carrier.

Conformational reorganization of drug, nanotube and water molecules was then calculated. Overall stabilization of the system was evaluated along with reorganization required in nanotube and its contents. Low reorganization indicates mutual suitability. Feasibility of usage of selfaggregated cyclic peptidomimetic system as drug delivery system was thus predicted.

Results and discussion

We have first studied some peptide and peptidomimetic systems in their monomeric form to understand change in characteristics with size and type of backbone and substituents. Figure 3 depicts optimized conformations for different monomers with peptide or peptidomimetic backbone. All monomers containing peptide backbone and same number of residues show same inner diameter of





Self-assembling cyclic peptides as structure guides for nano structured soft materials





The cyclic peptides naturally assemble themselves into long tubes. The tubes then selfreplicate. Credit: Ghadiri group





Fig. 1 Some applications of self-aggregating cyclic peptides



cannot be used for practical drug carriage purposes. The type of backbone and the size of backbone thus determine the diameter of the pore formed by aggregated form of these cyclic systems. This study concentrates on ring systems with at least eight substituents so that their practical usage can be investigated.





Conduction of hydrated sodium ion through artificial channel.

Dimerization tendencies of various monomers judged by intermolecular interaction calculations are shown in Figs. 4, 5. The interaction energy has been calculated after complete optimization of dimer. (Ala)₁₂ system with peptide backbone shows good dimerization tendency when both monomers are in eclipsed orientation as well as when both the monomers are in staggered orientation (c.f. Fig. 4). Staggered orientation is preferred due to obvious alleviation of repulsive interactions between alanine substituents of one monomer with that of the other. (Val)₁₂ system does not show any dimerization tendency even in



Water wire: Conduction of water through hydrophobic channel



- @ 8,10 and 12 cyclic peptide subunits form tubular structures with internal pore dimensions in the range of 7-13Å.
- They serve as conduit for water.
- They can function as size selective ion channel.
- @ They can be used to transport biologically relevant molecules like glucose across cell membranes.



staggered orientation due to the size of the substituents which cause repulsion and steric hindrances. $(Gln-Ala)_6$ system also shows appreciable dimerization tendency as the glutamine residues of monomers can interact by H-bonding and electrostatic interactions (c.f. Fig. 5). Steric problem is alleviated due to alternating alanine residues. A twisted arrangement of monomers is preferred in this case. Next we have considered dimerization tendency of

Fig. 3 Effect of backbone on size of cyclic system



System-monomer(Ala)₁₂ Back bone- Peptide linkage



monomers containing peptidomimetic backbone. In this

case (Ala)₁₂ system has been studied to avoid any steric

problems. This will enable us understand most suitable

backbone for self-aggregation of such systems. (Ala)₁₂

with CH₂NH backbone (c.f. Fig. 6) does not show any

possibility of self-aggregation due to highly hydrophobic backbone. However, the effect of solvent polarity on self-

aggregation tendency remains to be studied. It is unlikely

System-monomer(Val)₁₂ Back bone- Peptide linkage



System-Monomer(Gln-Ala-Gln-Ala)₃ Backbone- Peptide linkage



System-Monomer(Ala)12 Backbone -CH₂-NH- linkage



System-Monomer(Gln-Ala-Glu-Ala)₃ Backbone- Peptide linkage



مدينة الملك عبدالعزيز KACST للعلوم والتقنية KACST **Fig. 4** Effect of hydrophobic substituents on dimerization tendency of cyclic peptides

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that solvent molecules may squeeze in between rings of cyclic peptide but their presence inside pore may lead to enhanced attractive interactions. This system is ideal for enhancing levodopa bioavailability in monomeric form as suggested by us in our previous work (Banerjee and Yadav 2011). (Ala)₁₂ system with (CO–O–) backbone shows only little tendency to self-aggregate as the backbone contains enhanced flexibility and tends to pucker in a way not suitable for efficient self-aggregation. These results are also depicted in Fig. 6.

Self-aggregation tendency of such systems is thus a close interplay of substituent type and backbone type. It is also dependent on overall size of the system (i.e. inner diameter of cyclic system). However, in this study size of the system studied is suitable for application under consideration. Cyclic peptides with less than six amino acids can practically not be used for carriage of anything other than a small ion.

 $(Ala)_{12}$ system was chosen to study tubular formation by self-aggregation. $(Ala)_{12}$ system should give rise to tubular structure that is largely hydrophobic and inert from inside (Jishi et al. 1998) as well as from outside. Such an aggregated system may be used as drug delivery system to deliver contents inside cell at target.

Self-aggregation in $(ala)_{12}$ system was studied by gradually increasing number of monomers and evaluating interaction energy until enhanced tendency for aggregation was being observed (i.e. until interaction energy was increasingly negative). As the aggregated system becomes larger, artifacts due to methodology tend to creep in.





Fig. 5 Effect of polar substituents on dimerization tendency of cyclic peptides

Therefore, stacking efficiency has been studied at larger basis set as well; evaluating basis set superimposition error (BSSE) simultaneously each time until computational facilities at hand could support ab initio HF calculations.¹ Results for the same are collected in Table 1. Some of the

results are depicted in Fig. 7. An efficient aggregation of 14 monomer units was observed after which interaction starts to decrease. Therefore, a small hydrophobic substituent in a cyclic peptide allows nanotube formation of diameter ~ 13 Å and length 71–75 Å. This length is sufficient enough to allow usage of these systems as drug delivery systems. The optimum distance between two stacked rings is between 2.6 and 3.1 Å. This is the nearest



¹ When memory requirement crosses 2GB, it is not possible to compute using 32 bit machine.



Fig. 6 Effect of backbone on dimerization tendency of cyclic peptides

distance between carbonyl of one backbone and -NH- of the adjoining monomer backbone.

The length to width ratio of tubular structure formed could be an important parameter in judging the strength and stability of nanotube formed similar to aspect ratio for fibers. To investigate length to width ratio for different systems for comparison we have studied (ala)₁₀ system also. Results for (ala)₁₀ are shown in Fig. 8. For (ala)₁₂

length to diameter ratio predicted is 4 as compared with a value of 3 for $(ala)_{10}$ system. Extrapolation of these results predicts a value of 1 for $(ala)_6$. $(Glu-ala-gln-ala)_n$ system has been extensively prepared and studied by Ghadiri et al. Self-aggregation has been observed only when n = 2-4 (Miyamoto et al. 1996).

If cyclic system is too small, efficient aggregation cannot be observed due to strain in backbone and if it is too



Number of monomer units stacked	(Ala) ₁₂ system Interaction energy (in kCal/mol)						(Ala) ₁₀ system Int. energy (Ala) ₁₀
	Without BSSE	With BSSE	Amount of BSSE correction	Without BSSE	With BSSE	Amount of BSSE correction	STO-3G (kCal/mol)
	2	-14.24	-8.46	5.78	-45.67 -75.58 (after opt.)	-34.36	11.31
3	-28.81	-21.18	7.65	-90.94 -136.82 (after opt.)	-68.56	22.38	-27.28
4	-47.19	-37.58	9.61	-140.08	-106.13	33.95	-42.46
5	-57.19	-42.23	14.96	-176.00	-138.76	37.24	-56.06
6	-54.03	-35.93	18.10	-229.63	_	_	-69.34
7	-88.36	-	_	-278.44	_	_	-83.44
8	-107.57	-	_	-333.30	_	_	-97.14
9	-114.48	-	_	_	_	_	-134.37
10	-129.09	-	_	_	_	_	-125.76
11	-158.23	-	_	_	_	_	-139.87
12	-162.74	-	_	_	_	_	-170.16
13	-176.40	-	_	_	-	_	-167.55
14	-236.00	_	_	-	-	_	-175.86
15	-183.10	-	-	-	-	-	-182.30

Table 1 Self-assemblage tendency in (Ala)₁₂ and (Ala)₁₀ systems

large flexibility introduced in backbone does not allow efficient self-aggregation. These results are in agreement with our theoretical predictions.

Some natural peptides of diverse microbial origin possess the ability to self-aggregate at lipid phase and form trans membrane channels across lipid bilayers. Such peptides have interesting potential to be used as artificial membranes. However, the design and synthesis of artificial system is not an easy task. Considering work in progress by several groups along these lines, we have explored the usage of self-aggregated cyclic peptides as drug delivery systems. Drugs with intracellular targets show poor bioavailability. Some may lead to toxic effects when taken orally. In such cases a drug delivery system may be used to reduce toxicity and enhance therapeutic index. Carriage of antibiotic gentamicin encapsulated in peptide tubular structure has been considered in this study. Gentamicin is an aminoglycosidic antibiotic used to protect us against a wide spectrum of bacteria gram positive as well as gram negative (Kadurugamuwa and Beveridge 1998). Its use is restricted to low doses due to accumulation of its residues

in kidney (Cabanes et al. 1998). Delivery of gentamicin at target may reduce its harmful effects.

Chemical structure for gentamicin and its completely optimized conformation are shown in Fig. 9. A minimum length drug delivery system formed by (ala)12 cyclic peptide was taken to encapsulate gentamicin. Desired amount of self-aggregation may be achieved by pH control (Rajagopal et al. 2009; Aggeli et al. 2003). Complex was then subjected to complete geometry optimization to understand reorganization in delivery system required to efficiently carry gentamicin and to understand whether interaction is strong enough to hold gentamicin until delivery at target. These results are also shown in Fig. 9. Reorganizations required in carrier as well as drug are both small (carrier reorganization = 1.07 kCal/mol, drug reorganization = 0.46 kCal/mol) facilitating unhindered carriage of drug. Overall interaction energy is also reasonable to hold it until delivery at target such that premature expulsion of drug will be avoided. Release of drug at target may be natural by passive diffusion or by enzymatic disintegration of peptide carrier.





Fig. 7 Self-aggregation in $(Ala)_{12}$ system

Further, to simulate more realistically we have taken drug in solvated form. Again carrier and solvated drug complex have been completely optimized. Water molecules also orient to give maximum stabilization to complex. Results for the same are depicted in Fig. 10. For solvated drug carriage also results indicate low reorganization and appropriate carriage efficiency.





Fig. 8 Self-aggregation in (Ala)₁₀ system

Concluding remarks

Overall study indicates that self-assembled cyclic peptides can be used in drug delivery systems to enhance bioavailability of certain drugs acting intracellularly.

Following inferences are drawn from this study:

- 1. In self-aggregating cyclic systems the type of backbone and size of backbone determines the diameter of pore formed.
- 2. Flat cyclic systems with small substituents favoring intermolecular H-bonding show appreciable self-assemblage tendency.





Fig. 9 a Chemical structure of gentamicin, b optimized gentamicin, c empty carrier. d complex, and e reorganized carrier

- 3. Highly hydrophobic backbone does not allow selfaggregation when studied in gas phase. Further work needs to be done to study stabilities in actual solvent environment.
- 4. Small hydrophobic substituent in a cyclic peptide allows nanotube formation of diameter ~ 13 Å and

length 71–75 Å. The optimum distance between two stacked rings is between 2.6 and 3.1 Å.

5. Trimer of cyclic peptide $(ala)_{12}$ has been suggested as a carrier for solvated antibiotic gentamicin to avoid its side effects and enhance bioavailability at target and thus its therapeutic value.



Fig. 10 Solvation of gentamicin and carriage of solvated gentamicin in a peptide delivery system



Interaction energy between carrier and solvated gentamicin = -5.08 kCal/mol



Solvation energy of gentamicin = -97.89 kCal/mol

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