

Evaluation of removal efficiency of heavy metals by low-cost activated carbon prepared from African palm fruit

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Abstract This study details the removal of heavy metals; Cadmium, Copper, Nickel, and Lead from wastewater effluent using an activated carbon produced from African palm fruit. The effluent was obtained from Old Panteka market; a metal scrap Market located in Kaduna State, Nigeria, which has several components that constitute high level of pollution in the environment. The effect of temperature and contact time on the removal of these heavy metals using the activated carbon produced was investigated. The activated carbon showed a significant ability in removing heavy metals; Cadmium, Copper, Nickel, and Lead from the wastewater. Higher percentage removal was observed at a temperature of 80 °C (93.23 ± 0.035 , 96.71 ± 0.097 , 92.01 ± 0.018 , and 95.42 ± 0.067 % for Cadmium, Copper, Nickel, and Lead, respectively) and at an optimum contact time of 60 min (99.235 ± 0.148 , 96.711 ± 0.083 , 95.34 ± 0.015 , and 97.750 ± 0.166 % for Cadmium, Copper, Nickel, and Lead, respectively) after which the percentage removal decreases. This work, therefore, suggests that African palm fruit can be successfully applied to solve this environmental pollution.

Keywords African palm fruit · Wastewater effluent · Adsorption · Temperature · Contact time · Activated carbon · Heavy metals

Introduction

Heavy metal is any metallic chemical element that is poisonous at low concentrations (Srivastava and Goyal 2010) when consumed over permissible quantities cause psychological disorder (Prabakarani et al. 2011). They are highly toxic for both animals and human beings (Nwankwo and Elinder 1979; Jarup 2003), and can be bio-accumulated through biological chains and are non biodegradable and persistent (Haware and Pramod 2011). Their toxicity may occur due to industrial emission that contaminates waterways, nearby streams and rivers, contamination of irrigation water, the application of fertilizer and metal-based pesticides, harvesting process, transportation, storage, or sale. (Bempah et al. 2011). This contamination is a widespread environmental problem (Nwankwo and Elinder 1979; Jarup 2003). The harmful effects caused by heavy metals in water to living organism if excess amount is ingested through food (El-Said et al. 2010). Elements, such as Cadmium and Chromium, are considered carcinogenic, while Iron, Copper, Manganese, Zinc, and Nickel are considered essential trace elements (Sulyman et al. 2015). Painting paper, pigment, fuels, photographic materials electroplating, battery manufactures, explosive manufacturing, and metal working industries discharge a large amount of heavy metals, including Copper, Zinc, Lead, and Nickel ions in water bodies which cause serious environmental contamination (Gupta et al. 2004).

Activated carbon is a term for a family of highly carbonaceous materials none of which can be characterized by a structural formula. It is an amorphous solid consisting of micro crystallites with a graphite lattice, and they are non polar, highly porous, usually prepared in small pellets or a powder. The limitation is that it reacts with oxygen at moderate temperatures (over 300 °C). It is obtained from

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carbonaceous material; carbonization and activation are the two phases of manufacturing activated carbon (Verla et al. 2012; Nwabanne and Igbokwe 2012). Waste water is any water that has been adversely affected in quality by anthropogenic influence and can originate from a combination of domestic, industrial, commercial, or agricultural activities, surface runoff, or storm water, and from sewer inflow or infiltration (WHO 2006).

Wong et al. (2003) using tartaric acid modified rice husk as adsorbent have carried out batch studies for the removal of lead and copper and reported the effects of various parameters, such as pH, initial concentration of adsorbate, particle size, and temperature. It was reported that modified rice husk is a potentially useful material for the removal of Copper and Lead from aqueous solutions. The rapid uptake and high adsorption capacity make it a very attractive alternative for adsorption. It was also shown that the uptake of Copper and Lead was higher when pH was increased from 2 to 3, thereafter remained relatively constant. Mohan and Singh (2002) carried out research on single- and multi-component adsorption of cadmium and zinc using activated carbon derived from sugarcane bagasse. They reported that the removal of Cadmium and Zinc is found to increase as pH increases above 2 and at pH > 8.0 the uptake is 100 %. It is also evident that the sorption affinity of the derived activated carbon towards Cadmium and Zinc is better than other available adsorbents. Selvi et al. (2001) studied the removal of Chromium from aqueous solution by adsorption onto activated carbon prepared from coconut tree sawdust for the removal of chromium from aqueous solution. Batch mode adsorption studies were carried out by varying agitation time, initial Chromium concentration, carbon concentration, and pH. Langmuir and Freundlich adsorption isotherms were applied to model the adsorption data. Adsorption capacity was calculated from the Langmuir isotherm and was 3.46 mg/g at the initial pH of 3.0 for particle size 125–250 µm. The adsorption of Chromium was pH dependent, and maximum removal was observed in the acidic pH range.

The need for safe and economical methods for the removal of heavy metals from waste water has necessitated research low-cost agricultural waste by-products, such as sugarcane bagasse (Kadirvelu et al. 2001), rice husk (Srinivasan et al. 1998), sawdust (Ajmal et al. 1996), coconut husk (Tan et al. 1993), oil palm shell (Khan et al. 2003), and Moringa oleifera pod (Abdulrazak et al. 2015), for the removal of heavy metals from waste water, have been investigated by various researchers. Cost is an important parameter for comparing the adsorbent materials. However, cost information is seldom reported, and the expense of individual adsorbents varies depending on the degree of processing required and its availability. Due to their toxicity, heavy metal exposure causes various health

hazards, persistency, and non-biodegradability. There is need for continuous research on readily available low-cost adsorbent for the removal of these toxic metals from waste water. *Borassus aethiopum* shell have little economic value, hence the importance of this work.

The conventional methods for heavy metal removal from waste water which includes chemical precipitation, reverse osmosis, and solvent extraction are expensive especially for a developing country, such as Nigeria. Adsorption is an alternative method, because it is cost effective and simple to design.

The objectives of this work are aimed at utilizing low-cost African palm fruit in the production of activated carbon and its application in removal of heavy metals in metal scrap effluents, and also utilize the availability of African palm fruit in the surrounding communities to solve environmental pollution.

Materials and method

Activated carbon preparation

African palm fruits were obtained at the Kawo main market, Kaduna North Local Government Area, Kaduna state, Nigeria. It was sun-dried for six consecutive days to dehydrate it completely. The sample was then pulverized using mortar and pestle and sieved using 63 µm mesh sieve. The fine sample was then stored in an air tight container for subsequent work.

Activated carbon used as sorbent was prepared according to the protocol optimized by (Abdulrazak et al. 2015). Six grams (6 g) of ground African palm fruits were soaked in 50 ml of 50 % w/v phosphoric acid solution at 30 °C for 48-h. After filtration, the impregnated raw material was then carbonized in a muffle furnace at 300 °C for 2 h in nitrogen atmosphere. After cooling, each of the carbonized materials was washed with 200 ml hot distilled water, and then dried for 2 h at 120 °C. The dried activated carbon was then weighed to determine percentage yield, which is mathematically expressed as:

$$\text{Percentage yield (\%)} = \frac{\text{yield (g)}}{\text{mass of raw material (g)}} \times 100. \quad (1)$$

Physiochemical properties

Bulk density

A 25 cm³ cylinder was filled to the mark with the produced activated carbon. The cylinder was tapped for at least 1–2 min to compress the carbon to a steady volume. The compressed sample was poured out of the cylinder and

weighed, and the mass (m) was divided by the final volume occupied in the cylinder:

$$\text{Bulk density} = \frac{\text{mass (g)}}{\text{final volume (cm}^3\text{)}}. \quad (2)$$

Conductivity

A weight of 0.5 g of the activated carbon was placed into 100 cm³ beaker containing 50 cm³ distilled water. It was macerated using a glass rod and then allowed to stay for about 1 h. The conductivity was determined using conductivity meter.

Batch adsorption experiments

Effect of contact time

A weight of 50 mg of the produced activated carbon from African palm fruit was weighed and added to five different conical flasks containing 100 ml of wastewater each in a 250 ml beaker; the flasks were stirred at five agitations per minute. The first, second, third, fourth, and fifth beaker was agitated for 30, 60, 90, 120, and 150 min, respectively. The content of each beaker was then filtered and prepared for the analysis.

After the treatment of the wastewater with the produced activated carbon the samples were filtered and the filtrates were analyzed with the aid of an Atomic Absorption Spectrophotometer at the Multi user Research Laboratory, Department of Chemistry, Ahmadu Bello University, Zaria, Nigeria. Data will be expressed as mean \pm standard deviation.

Effect of temperature

A weight of 50 mg of the produced activated carbon from African palm fruit was weighed and put into a measured 100 ml of the effluent wastewater in a 250 ml beaker. The beaker together with its content is then placed on a rotating heating mantle. Both the heating mantle and the load were placed inside a fume cupboard. This procedure was repeated at 20, 40, 60, 80, and 100 °C, respectively.

After the treatment of the waste water with the produced activated carbon, the samples were filtered and the filtrates were analyzed.

Result and discussion

Table 1 shows the physiochemical properties of the produced activated carbon. The bulk density and electrical conductivity of the activated carbon produced are presented below.

Table 2 shows the effect of contact time on removal of heavy metals; Copper, Nickel, Lead, and Cadmium. From the table below, there are higher treatment efficiencies at 60 min, except for Lead, which shows higher treatment efficiency at 90 min. The result obtained is in agreement with similar work carried out by Abdulrazak et al. (2015), Srinivasan et al. (1998), and Ajmal et al. (1996). The organic contents of wastewater and the presence of microorganisms stimulate adsorption and, therefore, show that the produced activated carbon can improve performance by developing different bacterial species (Jeong et al. 2016), which may also played a part in the whole study. The initial concentration of heavy metals in the effluent sample used for the analysis is as follows: 1.82, 3.24, 2.62, and 1.52 mg/g of Cadmium, Nickel, Lead, and Copper, respectively.

From Table 2, the highest removal of Copper, Nickel, and Cadmium were the highest at an optimum contact time of 60 min after which the percentage removal decreases, while Lead removal was the highest at optimum contact time of 90 min after which the percentage removal decreases. Further shaking after the equilibrium time, only result in desorption (Anwar et al. 2010). This corresponds to the observation made by Elaigwu et al. (2009).

Table 3 shows the effect of temperature on removal of heavy metals: Copper, Nickel, Lead, and Cadmium. From the table, there is higher treatment efficiencies at a temperature of 80 °C after which the percentage removal decreases.

Similar to the work of (Mataka et al. 2010) on lead removal from wastewater using *Moringa oleifera* seed, this study further shows that as the temperature of the experiment increases up until 80 °C; there is a clear increase in the percentage of heavy metals removed from the effluent waste water samples after which the percentage removal tends to decrease.

From Table 3, the highest removal of Copper, Nickel, Lead, and Cadmium was at a temperature of 80 °C after which the percentage removal decreases. The result is in agreement with similar work carried out by (Abdulrazak et al. 2015), who reported higher adsorption properties of *moringa oleifera* pod on cadmium at higher temperature. The initial concentration of heavy metals in the effluent sample used for the analysis is as follows: 1.82, 3.24, 2.62, and 1.52 mg/g of Cadmium, Nickel, Lead, and Copper, respectively.

Table 1 Physiochemical properties of the produced activated carbon

Parameters	Values
Bulk density (g/cm ³)	0.66
Electrical conductivity (μS cm)	1.2 × 10 ²

Table 2 Effect of contact time on removal of heavy metals

Contact time (minutes)	Percentage removal of heavy metals (%)			
	Cadmium	Copper	Nickel	Lead
30	90.071 ± 0.090	94.934 ± 0.181	85.76 ± 0.127	94.481 ± 0.076
60	99.235 ± 0.148	96.711 ± 0.083	95.34 ± 0.015	97.750 ± 0.166
90	90.126 ± 0.045	95.579 ± 0.059	91.21 ± 0.010	99.519 ± 0.045
120	90.071 ± 0.063	94.241 ± 0.076	91.21 ± 0.154	93.664 ± 0.104
150	90.071 ± 0.140	92.724 ± 0.017	89.79 ± 0.048	91.541 ± 0.026

Table 3 Effect of temperature on removal of heavy metals

Temperature (°C)	Percentage removal of heavy metals (%)			
	Cadmium	Copper	Nickel	Lead
20	88.16 ± 0.156	90.63 ± 0.163	80.13 ± 0.023	91.11 ± 0.015
40	91.35 ± 0.032	94.59 ± 0.131	83.70 ± 0.005	93.48 ± 0.020
60	91.66 ± 0.026	95.50 ± 0.014	89.30 ± 0.103	94.11 ± 0.200
80	93.23 ± 0.035	96.71 ± 0.097	92.01 ± 0.018	95.42 ± 0.067
100	91.53 ± 0.185	95.33 ± 0.101	90.35 ± 0.089	93.79 ± 0.122

Conclusion

The activated carbon produced from African palm fruit, a low-cost agricultural product showed a significant ability in removing heavy metals: Cadmium, Copper, Nickel, and Lead from effluent wastewater from Old Panteka Market; a metal scrap Market located in Kaduna South Local Government Area, Kaduna State, Nigeria, and it, therefore, suggests that the availability of African palm fruit in the surrounding communities should be utilized in solving this environmental pollution.

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