

# Comparison of the trace metal concentration of drinking water supply options in southwest coastal areas of Bangladesh

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**Abstract** In the coastal areas of Bangladesh, scarcity of drinking water is acute as the fresh water aquifers at reasonable depths are not available and surface water is highly saline. Households are mainly dependent on rainwater harvesting, pond sand filter (PSF), and rain-fed pond water for drinking purposes. To ascertain the water quality for human consumption, chemical parameters such as pH, conductivity and the concentrations of calcium, magnesium, iron, manganese, copper, zinc, lead, chromium, cadmium, nickel and arsenic were evaluated in the alternative drinking water supply options employed in the southwest coastal areas of Bangladesh. An inductively coupled plasma-optical emission spectroscopy was used for determination of trace metal concentrations. pH and

conductivity were measured using HANNA Instrument. The mean iron and manganese concentrations for rain-fed pond and PSF water were much higher than harvested rainwater. The iron concentrations for 41 % of the pond water samples were higher than the Bangladesh guideline value. Iron and manganese removal by PSFs was found to be 74 and 51 %, respectively. Scarcity of calcium and magnesium were found in harvested rainwater. Furthermore, one pond water sample showed arsenic concentration above the 10 µg/l WHO drinking water guideline. The presence of an elevated iron and manganese and low calcium and magnesium concentrations in the drinking water could be a matter of public health concern.

**Keywords** Bangladesh · Coastal areas · Drinking water · Trace metal concentrations

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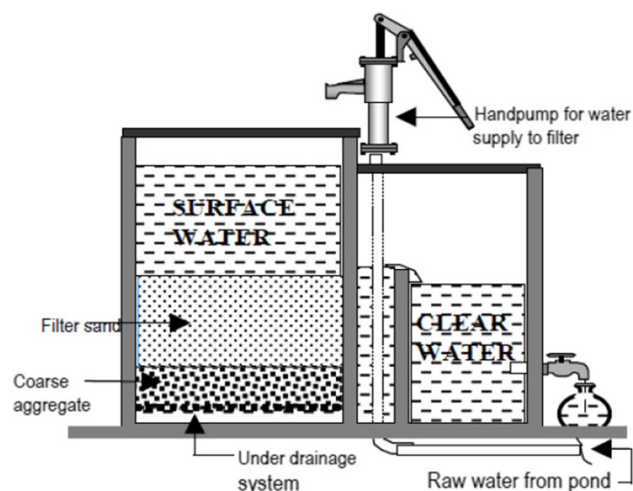
## Introduction

In Bangladesh, 73 % of the population lives in rural areas, and tubewell water is the primary source of drinking water for the majority of the rural population. However, in the coastal areas, drinking water is very scarce since suitable fresh water aquifers at reasonable depths are not available and the surface water is highly saline and turbid. There are certain areas in the coastal districts where both shallow and deep tubewells are not useful due to high salinity in groundwater. In many places in these areas, rainwater is preserved in natural reservoir ponds and collection of rainwater is the only source of drinking water (Kamruzzaman and Ahmed 2006). Moreover, the presence of excessive arsenic in shallow tubewell water has been reported in 59 out of 64 districts in Bangladesh, and it is estimated that 35–77 million people are at the risk of



**Fig. 1** Drinking water options: **a** household-based rainwater harvesting system; **b** community-based rainwater harvesting system; **c** PSF; **d** pond

drinking arsenic-contaminated tubewell water (GOB 2000). Accordingly, it is necessary to supply safe water to protect the health and well being of the rural population living in the coastal and arsenic-affected areas of Bangladesh. In the coastal and arsenic-affected areas of Bangladesh, the government is promoting alternative water supply options such as rainwater harvesting, and pond-sand filters (PSFs). The currently used water supply options in rural southwest coastal areas of Bangladesh are: household-based rainwater harvesting systems (RWHSs), community-based rainwater harvesting systems (CRWHSs), PSFs, and rain-fed pond water (Fig. 1). PSF, a special small scale filtering device has been used mainly in the coastal parts of Bangladesh to treat the water from rain-fed ponds. It is a manually operated treatment unit, based on the principal of slow sand filtration. Water is pumped up from the pond by a handpump and is poured into a small concrete tank, having more compartments, of which one is the filter chamber filled with the sand. Water passes through the sand filter chamber from where it flows into adjacent storage chamber. A small chamber filled with brick chips acts as a pre-treatment unit. Schematic diagram of PSF is



**Fig. 2** Schematic diagram of PSF

shown in Fig. 2. The treated water quality depends on the efficiency of filtration system and also on the raw water quality of the pond. Again, the water quality of the pond depends on design of the pond, the use being made of the

pond by people and or livestock, and the runoff into the pond of drainage and wastewater.

It is well known that dissolved metals are more readily absorbed from drinking water than from most foodstuffs and, therefore, metal toxicity may be higher through drinking water intake. Bio-available metals present in drinking water may cause several diseases to humans. A number of studies have indicated that metal concentrations in harvested rainwater tanks exceed recommended level suitable for human consumption (Simmons et al. 2001; Magyar et al. 2008). Rainwater harvesting system components, e.g. fittings and downpipes appear to be affected soft water corrosion, resulting in high concentrations of some metals (copper, zinc, and aluminium) (Ward et al. 2010). In the rural areas of Bangladesh, corrugated galvanized iron sheet roofs are commonly used for collection of rainwater. Use of metal roofs for collection of rainwater has been shown to be a source of zinc (Simmons et al. 2001; Gromaire et al. 2002; Handia 2005). Elevated zinc intakes can cause demyelinating diseases in humans (Zatta et al. 2003). Lead was observed in harvested rainwater collected from galvanized iron roof (Simmons et al. 2001). Rain water has the possible chemical scarcity of some bio-essential elements such as calcium and magnesium (Uba and Aghogho 2000). The scarcity of calcium and magnesium in drinking water has been associated with cardiovascular diseases (Yang et al. 2006). The risk of drinking pond water is greatly concerned since farmers use chemical fertilizers and insecticides in the paddy fields which are washed away by rain water into the pond and contaminates it. In addition, arsenic has been detected from pond and PSF water in Bangladesh (Yokota et al. 2001; Howard et al. 2006).

Previous studies of alternative water supply options in Bangladesh have primarily focused on microbiological quality (Howard et al. 2006; Karim 2010a). There is little information on trace metal concentrations in these alternative drinking water options. Thus, the objective of the study was to evaluate some chemical parameters such as pH and conductivity and the concentrations of calcium, magnesium, iron, manganese, copper, zinc, lead, chromium, cadmium, nickel and arsenic in alternative drinking water options employed in the southwest coastal areas of Bangladesh, as a way to ascertain the water quality for human consumption.

## Methodology

Water samples were collected from the Dacope and Mongla Upazilas (sub-district) of the Khulna and Bagerhat districts located in the southwest coastal areas of Bangladesh. Samples were collected from RWHSs, CRWHSs, PSFs, and rain-fed ponds. We considered PSF relevant rain-fed ponds as PSF ponds. Water samples from both

**Table 1** Sampling sources and number of samples taken from each option

Sampling sources	Number of sample
RWHSs	20
CRWHSs	14
PSFs	17
Ponds	39
Total	90

Out of 39 ponds 17 were PSF ponds

PSFs and PSF ponds were collected to examine the metal concentration after sand filtration. For RWHSs, plastic and ferrocement tanks were considered in the present study, since the government and NGOs have been promoting plastic and ferrocement tanks for rainwater harvesting. CRWHSs tanks are made of reinforced cement concrete (RCC) or ferrocement. A total of 90 water samples were collected (Table 1) during March 2009.

Water from different water supply options was collected following the standard procedures (APHA 1998) using polyethylene bottles. For trace metal analysis, samples were acidified with concentrated nitric acid to a pH of 2. This was done to prevent the precipitation of metals. The temperature of all stored samples was maintained at 0–4 °C until immediately before analysis. Samples were allowed to warm up to room temperature before analysis.

The pH and conductivity of the samples were measured on site. An inductively coupled plasma-optical emission spectroscopy (ICP-OES) (Perkin Elmer Optima 3300DV) was used for determination of trace metal concentrations. The samples were digested using concentrated nitric acid. Concentrated nitric acid (5 ml) was added to the samples and heated on a hot plate to boil until its volume reduced to 10 ml. Additional nitric acid was added until the solution becomes transparent. The solution was allowed to cool and quantitatively transferred into a 20 ml volumetric flask and made up to the mark with distilled water. Blank solutions were handled in exactly the same way as the samples. The concentrated samples were filtered through 0.45 µm membrane filters. Standard stock solutions (1,000 µg/l) were used to prepare a multi-element calibration standard solution and all results blank-corrected. Instrument start-up and optimization were carried out as detailed in the operating manual. Average values of three replicates were taken for each determination. Arsenic concentrations were determined using atomic absorption/flame emission spectrophotometer (Shimadzu AA-660GPC). Calibration curve was drawn by running suitable concentrations of standard solutions, from which the concentrations of the elements were obtained by extrapolation. In addition, samples blanks were analyzed after 7–10 samples. All reagents were of analytical grade. MilliQ water was used throughout.

Statistical analyses were conducted using statistical package for social sciences (SPSS) version 16.0. Mean,



standard deviation (SD) values were used to describe trace metal concentrations for each option. The Mann–Whitney *U* test was used to analyze the differences in trace metal concentrations between PSF ponds and PSFs.

## Results and discussion

A summary of the analytical testing results is provided in Table 2. Most of the exceedences of the Bangladesh drinking water quality standards were related to high iron and manganese levels. Figures 3, 4, 5, 6, 7 shows the mean concentrations and the lines on the bars denote standard deviation for the parameters considered. Similarly, Figs. 3, 4, 5, 6, 7 compares the values proposed in guidelines of quality criteria for drinking water established by the World Health Organization (WHO 2008) and Bangladesh drinking water quality standard (GOB 1997).

### pH and conductivity

Figure 3a shows the pH levels in drinking water. It was observed that storage tank had an effect on pH of harvested rainwater. The mean pH for CRWHSs was higher than that for the other drinking water options. The highest pH of 10.5 was recorded in the CRWHSs. We considered pH levels  $>8.5$  for the calculation of the percentage of samples above guideline value. About 79 % (11/14) of the CRWHS samples had a pH above 8.5. For RWHSs, the highest pH for the plastic and ferrocement tank was 8.5 and 9.9, respectively. The pH value is an important operational water quality parameter. The pH of rainwater usually ranges from 4.5 to 6.5 but increases slightly after falling on roof and during storage into tank. The values may vary due to mixing of other chemical components from the air or roof catchment or from storage tank. The possible reason of high pH in CRWHSs and ferrocement tanks of RWHSs was leaching of calcium oxide from cement used for the construction of rainwater storage tank. The finding of the present study is consistent with that of other studies (Handia 2005; Karim 2010b). Chlorine is the most commonly used disinfectant in the developing countries. Optimal pH level in drinking water is important for disinfection with chlorine. Chlorine dosing is less effective if pH levels are over 8.5 (Macomber 2001). In addition, the pH above 9.5 can cause a bitter taste if used for drinking purposes.

The average conductivity value for ponds and PSFs were found to be more than 1,000  $\mu\text{S}/\text{cm}$  (Fig. 3b). Since the conductivity is a measure to the capacity of water to conduct electrical current, it is directly related to the concentration of salts dissolved in water and, therefore, to the total dissolved solids (TDS). Previous study (Harun and Kabir 2013) from southwest coastal areas of

Bangladesh have shown that pond and PSF water contains high TDS.

### Calcium and magnesium

The mean Ca and Mg concentrations for all options were much lower than the Bangladesh drinking water quality standard. However, the mean concentrations for PSFs and ponds were comparatively higher than that for harvested rainwater (Fig. 4). CRWHSs showed high Ca concentrations compare to RWHSs. The possible reason of high Ca in CRWHSs was leaching of Ca from ferrocement tank.

The mean Ca and Mg concentrations in RWHSs showed the scarcity of these bio-essential base cations in harvested rainwater. The principal constituents of water hardness (calcium and magnesium) have been closely associated with cardiovascular diseases. This scarcity of Ca and Mg can cause several diseases to the people who use this water for drinking and cooking purposes. The mean concentrations of Mg for RWHSs and CRWHSs were extremely low. Epidemiologic study in Taiwan (Yang et al. 2006) has shown a protective effect of Mg from drinking water on the risk of death from cardiovascular diseases. Among the general mass, the major proportion of Mg intake is through food, and a smaller proportion is taken through drinking water. However, for individuals with borderline Mg deficiency, waterborne Mg can make an important contribution to their total intake. The recommended dietary amount for Mg is 6 mg/kg/day (Durlach 1989). Assuming a mean water ingestion of 2 l per person per day, the estimated daily intakes of Mg from RWHSs and CRWHSs among population living in the southwest coastal Bangladesh is 0.98 and 0.88 mg, respectively, which constitute little contribution to the recommended intake levels. In addition, the loss of magnesium from food is higher when the food is cooked in magnesium-poor water (Haring and Delft 1981).

### Iron

The mean concentration of Fe for pond water was much higher than that for the other drinking water options (Fig. 5a). The highest Fe concentration (4,800  $\mu\text{g}/\text{l}$ ) was found in pond water, it was about 5 times higher than the Bangladesh drinking water quality standard. About 41 % (16/39) of the pond water had Fe concentrations above the Bangladesh drinking water quality standard. Shallow aquifer in the southwest coastal areas of Bangladesh contains elevated iron concentrations. The iron released from organic matter and the deduction of iron in the soil in the presence of organic matter is responsible for the dissolution of iron in water (Jorge et al. 1994). Humic substances are capable of reducing  $\text{Fe}^{3+}$  to  $\text{Fe}^{2+}$ , forming stable complexes with  $\text{Fe}^{2+}$  and inhabiting the oxidation of  $\text{Fe}^{2+}$  in contact

**Table 2** Minimum, maximum and mean values of pH, conductivity, arsenic and metals concentrations present in the drinking water sources, and comparison against the levels allowed by WHO (2008) and Government of Bangladesh (BD) (GOB 1997)

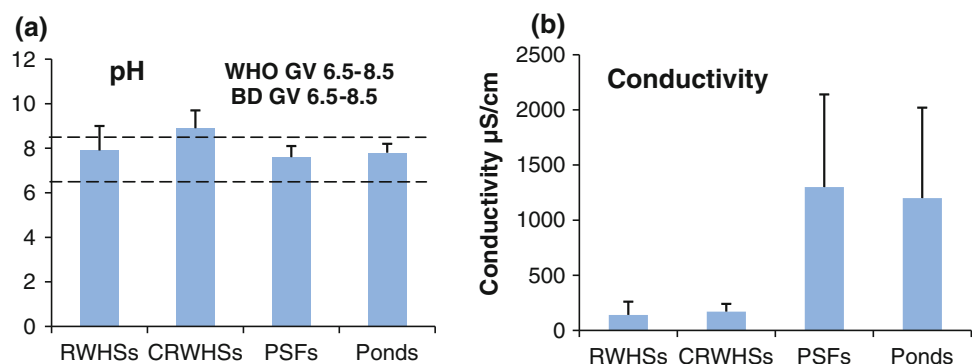
Parameters	Sampling sources	Mean (SD)	Min	Max	% above WHO guideline value	% above BD guideline value	WHO guideline value	BD guideline value
pH	RWHSs	7.9 (1.1)	5.7	9.9	22	–	6.5–8.5	N/A
	CRWHSs	8.9 (0.8)	7.6	10.5	79	–		
	PSFs	7.6 (0.5)	6.8	8.5	0	–		
	Ponds	7.8 (0.4)	6.9	8.8	5	–		
Conductivity ( $\mu\text{S}/\text{cm}$ )	RWHSs	140 (120)	24	470	–	–	N/A	N/A
	CRWHSs	170 (70)	94	340	–	–		
	PSFs	1,300 (840)	340	3,400	–	–		
	Ponds	1,200 (820)	350	3,900	–	–		
Ca (mg/l)	RWHSs	6.2 (5.5)	0.4	19	–	0	N/A	75
	CRWHSs	13 (3.1)	9.4	19	–	0		
	PSFs	29 (5.5)	15	38	–	0		
	Ponds	17 (5.1)	11	27	–	0		
Mg (mg/l)	RWHSs	0.49 (0.5)	0.003	2.5	–	0	N/A	30–35
	CRWHSs	0.44 (0.5)	0.05	1.9	–	0		
	PSFs	2.7 (0.5)	1.8	3.2	–	0		
	Ponds	2.5 (1.0)	1.9	4.1	–	0		
Fe ( $\mu\text{g}/\text{l}$ )	RWHSs	29 (43)	0.3	190	–	0	N/A	1,000
	CRWHSs	66 (59)	22	210	–	0		
	PSFs	240 (260)	2.1	800	–	0		
	Ponds	3,200 (1,100)	44	4,800	–	41		
Mn ( $\mu\text{g}/\text{l}$ )	RWHSs	8.7 (18)	3.4	66	0	0	400	100
	CRWHSs	3.2 (3.9)	0.5	15	0	0		
	PSFs	160 (220)	1.0	700	12	52		
	Ponds	180 (180)	1.0	850	10	45		
Cu ( $\mu\text{g}/\text{l}$ )	RWHSs	3.7 (8.5)	0.3	28	0	0	2,000	1,000
	CRWHSs	5.6 (5.3)	0.2	21	0	0		
	PSFs	24 (44)	0.3	190	0	0		
	Ponds	12 (13)	0.5	54	0	0		
Zn ( $\mu\text{g}/\text{l}$ )	RWHSs	310 (440)	9.5	1,700	0	0	N/A	5,000
	CRWHSs	86 (95)	9.6	350	0	0		
	PSFs	37 (87)	1.4	360	0	0		
	Ponds	6.2 (7.8)	1.3	40	0	0		
Pb ( $\mu\text{g}/\text{l}$ )	RWHSs	3.7 (15)	0.8	69	4	4	10	50
	CRWHSs	0.6 (1.3)	0.08	4.8	0	0		
	PSFs	ND	ND	ND	0	0		
	Ponds	0.1 (0.5)	0.008	2.9	0	0		
Cr ( $\mu\text{g}/\text{l}$ )	RWHSs	1.2 (2.9)	0.02	13	0	0	50	50
	CRWHSs	0.05 (0.1)	0.03	0.5	0	0		
	PSFs	ND	ND	ND	0	0		
	Ponds	1.6 (1.2)	1.3	3.8	0	0		
Cd ( $\mu\text{g}/\text{l}$ )	RWHSs	0.2 (0.2)	0.03	0.6	0	0	3	5
	CRWHSs	ND	ND	ND	0	0		
	PSFs	0.3 (0.2)	0.05	0.8	0	0		
	Ponds	0.1 (0.2)	0.003	1	0	0		

**Table 2** continued

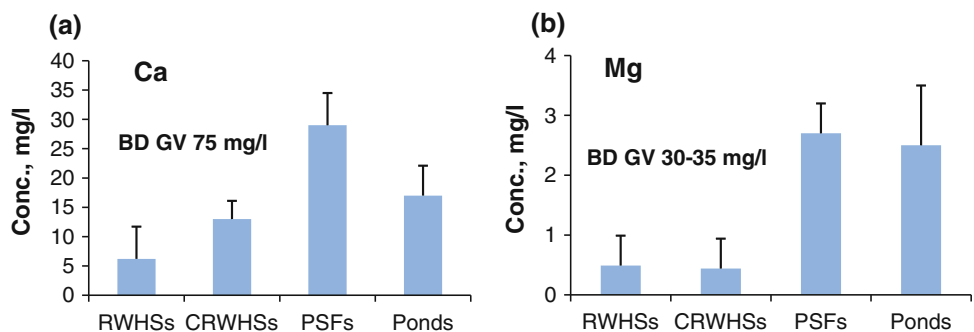
Parameters	Sampling sources	Mean (SD)	Min	Max	% above WHO guideline value	% above BD guideline value	WHO guideline value	BD guideline value
Ni ( $\mu\text{g/l}$ )	RWHSs	0.3 (0.3)	0.1	1.2	0	0	70	100
	CRWHSs	0.2 (0.5)	0.1	0.2	0	0		
	PSFs	0.04 (0.1)	0.1	0.4	0	0		
	Ponds	0.9 (3.9)	0.1	18	0	0		
As ( $\mu\text{g/l}$ )	RWHSs	1.1 (1.6)	0.2	6.8	0	0	10	50
	CRWHSs	0.6 (0.8)	0.2	3.1	0	0		
	PSFs	3.4 (2.8)	0.6	9.4	0	0		
	Ponds	3.8 (3.4)	0.5	18	3	0		

ND and N/A indicates not detected and no published WHO and BD guideline, respectively

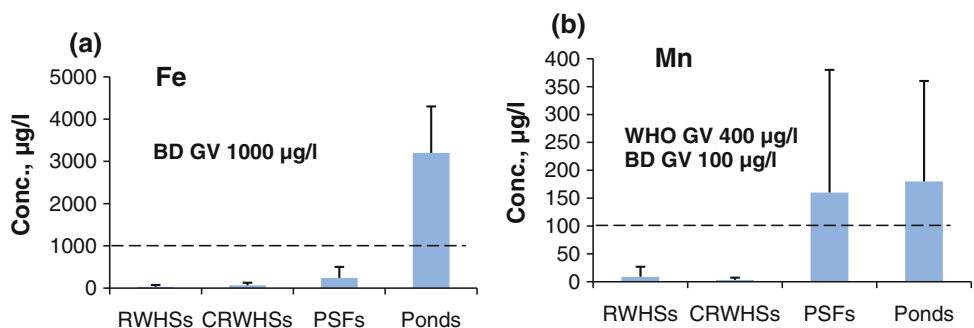
**Fig. 3** Mean pH and conductivity in drinking water options with standard deviation. *WHO GV* WHO guideline value, *BD GV* Bangladesh guideline value



**Fig. 4** Mean Ca and Mg in drinking water options with standard deviation



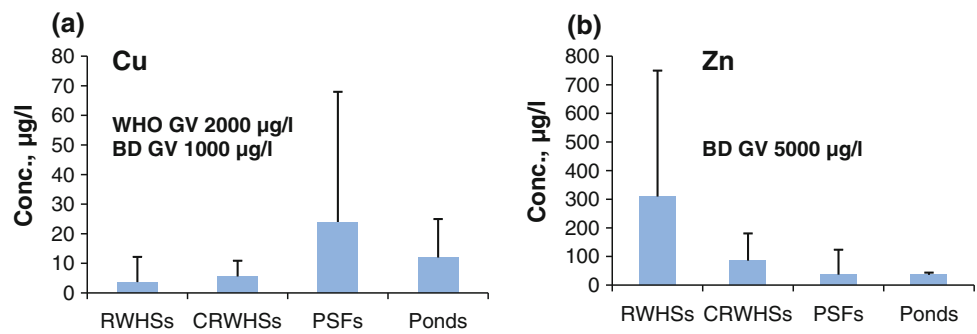
**Fig. 5** Mean Fe and Mn in drinking water options with standard deviation



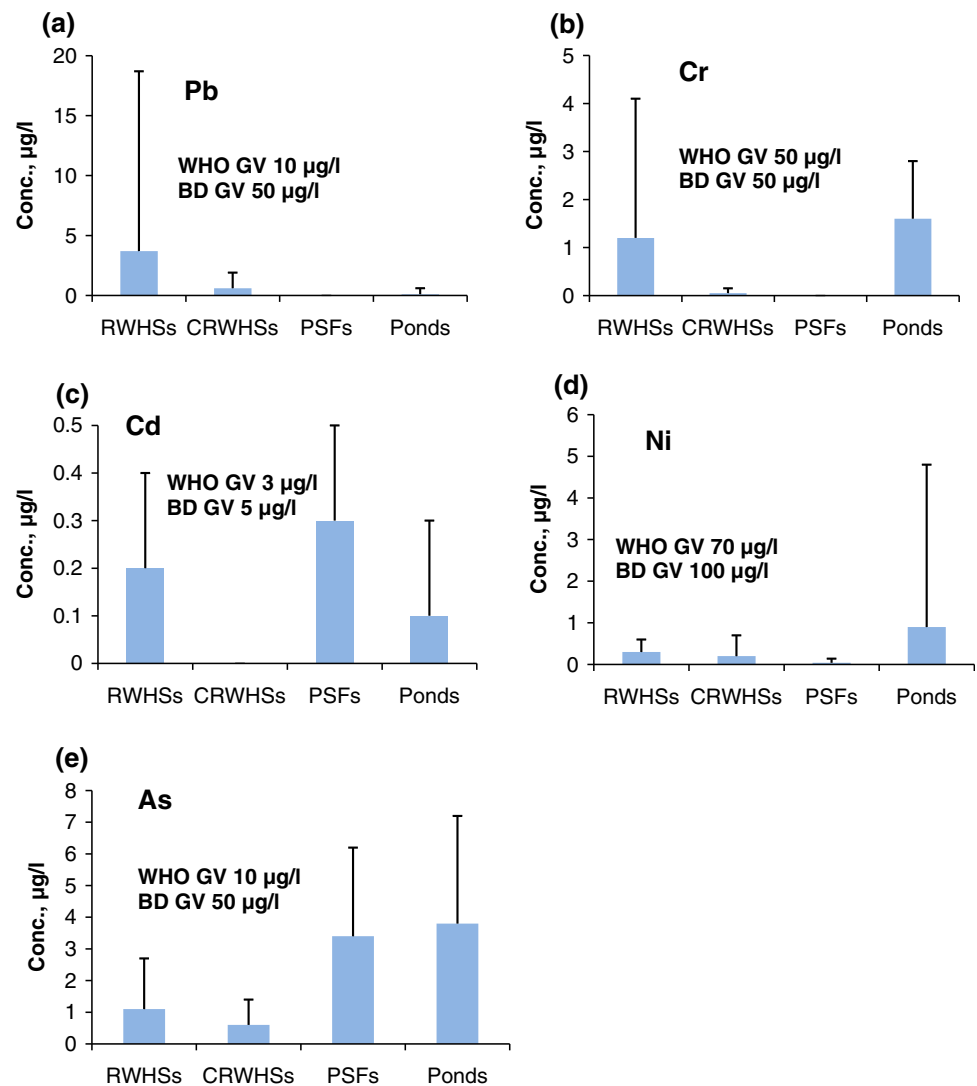
with air, thus enhancing the water concentration of iron (Livens 1991). The highest Fe concentrations for RWHSs and CRWHSs were about 5 times lower than the Bangladesh drinking water quality standard. The high Fe

concentrations in pond water assigned for human consumption can create a risk for human health since excess accumulation of Fe is correlated with the oxygen-free radical formation, which may be carcinogenic (Stevens 1990).

**Fig. 6** Mean Cu and Zn in drinking water options with standard deviation



**Fig. 7** Mean Pb, Cr, Cd, Ni and AS in drinking water options with standard deviation



**Manganese**

The mean Mn concentrations for PSFs and ponds were higher than that prescribed by the Bangladesh drinking water quality standard (Fig. 5b). The highest Mn concentration 850 µg/l was found in pond water sample. Manganese occurs naturally in soils that may erode into surface

water (WHO 2011). The primary source of Mn in pond and PSF water may have been dissolution of naturally occurring manganese present in the soil. In the present study, 52 % (9/17) of the PSF and 45 % (18/39) of the pond water samples showed Mn concentrations higher than the Bangladesh drinking water quality standard. The accumulation of Mn in blood may cause hepatic encephalopathy

(Layrargues et al. 1998). High manganese concentrations in drinking water have also been shown to affect intellectual functions in 10-year-old children in Arai hazar, Bangladesh (Wasserman et al. 2006).

### Copper

Figure 6a shows the mean Cu concentrations. The highest Cu concentration (190  $\mu\text{g/l}$ ) was found in PSF water; however, the concentration was about 11 and 5 times lower than the WHO and Bangladesh drinking water quality standard. Even though Cu concentrations in the drinking water options assessed in our study were lower than the values recommended by WHO and Bangladesh drinking water quality standard, the mean Cu concentrations for RWHSs and CRWHSs were extremely low. This Cu scarcity in drinking water could cause deficiency, since Cu is considered as bio-essential metal.

### Zinc

The mean Zn concentrations for all options were very low compared to the Bangladesh drinking water quality standard (Fig. 6b). However, the concentrations in RWHSs and CRWHSs were higher than PFSs and ponds. RWHSs showed the highest Zn concentration of 1,700  $\mu\text{g/l}$ . The possible source of Zn in harvested rain water was roof catchments. High zinc concentrations were measured from zinc-covered roof due to erosion of zinc (Gromaire et al. 2002).

### Lead

The mean Pb concentrations for all drinking water options were lower than the WHO guideline value (Fig. 7a). However, one RWHS sample showed Pb concentration about 7 times higher than the WHO guideline value. The source of Pb in harvested rainwater may have been roof catchment. High Pb concentrations were also observed in runoff from galvanized iron roof (Simmons et al. 2001). Lead is a “possible human carcinogen” because of inconclusive evidence of human and sufficient evidence of animal carcinogenicity. In addition, the 10  $\mu\text{g/l}$  WHO drinking water guideline for Pb was calculated using the lowest measurable retention of Pb in the blood and tissues of human infants (WHO 1996).

### Chromium, cadmium and nickel

The mean concentrations of Cr, Cd and Ni for all options were lower than the guideline values (Fig. 7). The highest concentrations of Cd and Ni were found in pond water, while RWHSs showed the highest Cd concentration.

**Table 3** Removal efficiencies of Fe and Mn by PSFs

Trace metal ( $\mu\text{g/l}$ )	PSF ponds (mean)	PSFs (mean)	Average % removal by PSFs
Fe	1,300	240	74
Mn	220	160	51

### Arsenic

All the drinking water options showed mean As concentrations below the WHO and Bangladesh drinking water quality standard (Fig. 7e). However, one pond water sample showed As concentration above the 10  $\mu\text{g/l}$  WHO guideline value. Previous studies (Yokota et al. 2001; Howard et al. 2006) from arsenic affected areas of Bangladesh have shown that pond and PSF water may contain arsenic higher than WHO guideline value. The arsenic in the pond water was probably due to surface drainage from an arsenic polluted tube well.

### Removal of iron and manganese by PSFs

Table 3 shows the mean Fe and Mn concentrations for PSF water and the relevant PSF pond water. The PSFs reduced Fe concentrations significantly. However, the removal of Mn by PSFs was not found statistically significant. We also examined the removal efficiency of Fe and Mn by PSFs. The removal efficiency of Fe and Mn by PSFs is shown in Table 3. In the present study, Fe and Mn removed by the PSFs was about 74 and 51 %, respectively. Si-min et al. (2010) found higher Fe and Mn removed by bio-sand filter compare to the present study. Thus consumption of PSF water instead of pond water may reduce the health risk from Fe and Mn exposure. The removal of other metals by PSFs was negligible.

### Conclusions

The mean concentrations of the metals under consideration complied with international guidelines of quality criteria for drinking water. However, the mean Fe and Mn concentrations for pond water and the mean Mn concentration for PSF water were higher than the Bangladesh guideline value. The CRWHS samples showed an average pH of 8.9. Thus, harvested rainwater can show pH levels above the limit of 8.5 due to the influence of the ferro-cement tanks. The scarcity of Ca and Mg in harvested rainwater is of importance to the health of populations in the study area. We recommend Ca and Mg supplementation as a possible way of reducing the risk of heart and other diseases for populations entirely dependent on harvested rainwater.



Methods of supplementary Ca and Mg can include fortification of foods, and public education to change dietary habits. This study reveals high concentrations of Fe and Mn in pond water. Conversely, Fe and Mn removal by PSFs was found to be 74 and 51 %, respectively. Thus consumption of PSFs water instead of pond water will reduce associated health risk. In addition, ponds should be well protected to ensure sufficient protection from surface runoff and for efficient filter operation.

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