CASE REPORT



Adenocarcinoma of Jejunal Duplication Cyst—Case Report and Review of Literature

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Abstract

Alimentary tract duplication cyst refers to congenital malformations that involve the mesenteric side of bowel and share a common wall or blood supply with the bowel. Duplication cyst occurs in any segment of the gastrointestinal tract from mouth to anus, but is more commonly seen in the mesentery of the ileo-colic region. Duplication cyst presents more frequently in children with abdominal pain or swelling. In adults, the diagnosis of duplication cyst is incidental and can present with complications like bleed, fistula formation, inflammatory mass, and rarely malignant transformation. English-language literature review has shown only three cases of malignancies reported so far associated with jejunal duplication cyst. A case of incidentally detected metastatic adenocarcinoma in a jejunal duplication cyst is being reported here, along with literature review of malignancies associated with small bowel duplication cyst.

Keywords Adenocarcinoma · Duplication cyst · Jejunal duplication

Introduction

Gastrointestinal malformations occurring in the early embryonal stages specifically abnormal canalization result in duplication cyst (DC) of the alimentary tract (AT) [1]. DC can occur at any level of the AT, but the most common location is the ileum, followed by the esophagus, jejunum, colon, stomach, and appendix. DC can be communicating or a non-communicating, cystic or tubular structure, lined by a mucosal membrane. Intestinal duplications may remain asymptomatic throughout life or could manifest clinically, depending on their size, specific relation to the bowel segment, or in case of communication with the intestinal lumen [2]. Malignancies are rare complications in intestinal duplications and are reported with DC of small bowel, colon, and

Case Report

A 31-year-old male was incidentally detected to have cystic swelling in the abdomen on ultrasound imaging performed as part of an annual health checkup. General physical and systemic examinations were unremarkable. His hemogram, liver function tests, and kidney function tests were normal. Contrast-enhanced computed tomography scan of the abdomen showed a fluid attenuation tract arising from the mid-jejunal segment with a blind end close to the porto-splenic confluence (Fig. 1). The proximal end of this tract had areas of dilatation and wall thickening. A possible diagnosis of jejunal DC was considered and the patient has suggested an elective diagnostic laparoscopy since he was asymptomatic. He underwent diagnostic laparoscopy after 6 weeks. A DC of about 6×4cm was noted 2 ft distal to duodeno-jejunal flexure on the mesenteric side of bowel. The distal end of cyst was blind towards the root of mesentery. There was a tubular component of DC extending along the jejunum for 9 cm length. Rest of the peritoneal cavity and viscera

rectum [3]. In this report, we present a case of an adenocarcinoma arising in a coincidentally found cystic duplication of the jeju-

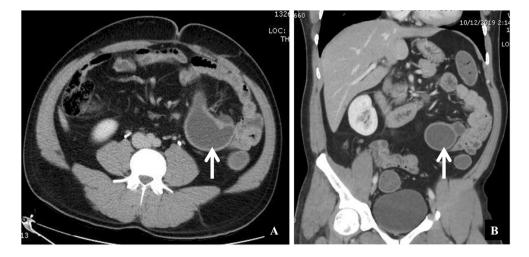
num, and present a review of malignancies reported with small

bowel DC in the English-language literature.

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Fig. 1 Axial (A) and coronal (B) computed tomography images showing duplication cyst of jejunum



were normal on laparoscopy. The enteric DC with segment of jejunum was delivered through a mini-laparotomy. Segmental jejunal resection was performed and intestinal continuity restored by side-to-side jejuno-jejunostomy. The cyst wall had inflammatory thickening and contained cloudy odorless fluid. The patient had an uneventful postoperative recovery and was discharged on the sixth post-operative day.

Pathologic examination of the resected specimen (Fig. 2A) showed cyst wall mucosa lined by intestinal and gastric epithelium with severe dysplasia and tumor cells invading the muscle layer. The cells had moderate pleomorphic vesicular nuclei with distinct nucleoli (Fig. 2B–D). The histological impression was moderately differentiated adenocarcinoma arising from a jejunal DC. Two lymph nodes in the specimen

were also positive for tumor. Further metastatic workup was performed with 18F-fluorodeoxyglucose positron emission tomography scan, which showed evidence of metastatic disease in the liver. He was referred for palliative chemotherapy in view of metastatic disease. Chemotherapy could not be initiated as patient had a travel abroad and restrictions imposed by Coronavirus (Covid-19) pandemic limited his further treatment. However, he had recurrent sub-acute adhesive intestinal obstruction and feed intolerance, which further delayed initiation of chemotherapy. He had an emergency reexploratory laparotomy after 2 months, which revealed adhesive jejunal obstruction with extensive omental and peritoneal deposits. A palliative jejuno-ileal bypass was performed, as the adhesions were extensive limiting a segmental resection.

Fig. 2 A—Segmental jejunal resection specimen showing the duplication cyst (arrow). B—Histopathology showing mucosa lined by intestinal and gastric epithelium with severe dysplasia. C—Cells with moderately pleomorphic nuclei exhibiting distinct nucleoli. D—Tumor cells invading the muscle layer

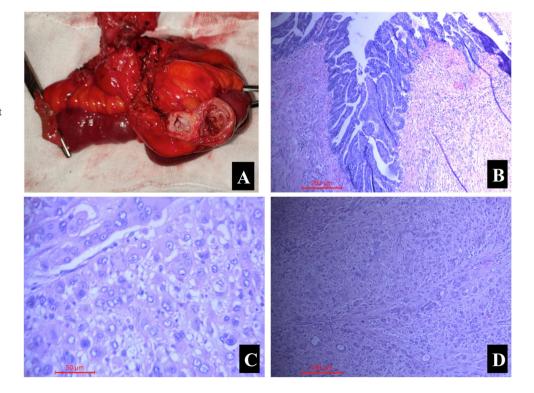




Table 1 Literature review of malignancies within small bowel duplication cysts. Completely isolated duplication cysts and reports in non-English literature have been excluded

Author (ref)	Year	Age (years)		Sex Preoperative clinical features	Location of DC	Intraoperative findings	Surgery	Histopathology	Follow-up
Kusunoki N et al. [1]	2003	73	M	Intermittent AP, abdominal distension	Jejunum	Tubular jejunal DC—serosal side, with mass. LN mass infiltrating SMA	Tumor excision with partial jejunectomy, transverse colostomy	AC	Died of necrosis and perforation of the intestine due to SMA obstruction 7 months after survery
De Tullio D et al. [2]	2011	88	ഥ	AP, weight loss, stipsis, asthenia, dyspepsia. CEA, normal. CA 19-9, normal.	lleum	Tubular DC adhered to right and sigmoid colon, rectum, and uterus. "Frozen pelvis"	Mass excision and right hemicolectomy. Permanent descending colostomy	MD AC, in tubular and "Sphero-cystic" type DC	Died of myocardial infarction after 14 months
Blank G et al. [3]	2012	51	Σ	Asymptomatic. CEA 13.2 μg/L (<5). CA19-9—5\$kU/L (<37)	NR	Cystic mass in the mesenterium. Non-communicating.	En bloc resection of the cystic mass without bowel resection	PD invasive AC. pT2N0L0V0G2 High expression of CK20 and spot like CK7	No tumor recurrence after 1 year
Kim TH et al. [4]	2010	40	Σ	AP and vomiting CEA -10.65 ng/ml, CA19-9— 29.44 U/ml.	Jejunum	Distal jejunal mass	Segmental jejunal resection	Papillary AC – PD. Regional and mesenteric LN metastasis.	Developed carcinomatosis after 8 months following surgery and chemotherapy
Duffy G et al. [5]	1974	19	Σ	Recurrent acute AP	Ileum	PMP. Ileal tubular DC. Malrotation of midgut	Segmental ileal resection	PMP. Heterotopic gastric mucosa	NR
Lemahieu J et al. [7]	2013	29	Ľ	AP	NR	PMP. Cystic mass in the small bowel mesentery. Non-communicating.	Cyst excision	Diffuse low-grade villous adenoma with disseminated peritoneal adenomucinosis	NR
Hata H et al. [8]	2006	34	ഥ	Asymptomatic	Duodenum	Retroperitoneal mass fixed to the duodenum. Non-communicating. Hamartomatous structures.	Excision	Duodenal DC with an invasive carcinoid tumor. Ki67<1%	Disease-free at 1 year
Kashif MM et al. [9]	2018	40	Σ	AP	NR	Cystic DC	Segmental resection with	AC. LN metastasis	NR
Micolonghi T et al. [10]	1958	54	Σ	AP, weight loss, loss of appetite, blood in stools	Ileum	Tubular DC—mesenteric side. Locally advanced tumor-infiltrating sigmoid colon serosa, peritoneal metastasis	Wide resection of ileum and attached sigmoid colon	PD gastric-type adenocarcinoma	Died after 3 months
Sreedhar A et al. [11]	2018	59	Σ	Incidental on evaluation of autoimmune hemolytic anemia (paraneoplastic). AP and weight loss after 2 years follow-up	Duodenum	Necrotic cyst in continuity with the duodenum	Whipple resection.	AC. pT3N0M0	Intra-abdominal abscess requiring percutaneous drainage. Hemolytic anemia remission at 1-year post-surgery
Fletcher DJ et al. [12]	2002	28	Z	Suprapubic pain	Jejunum	Multiple Cystic DC. Omental and liver metastasis	Segmental jejunal resection with cyst	AC	Small bowel obstruction requiring laparotomy after 3 weeks. Died after 3 weeks.
Adair HM et al. [13]	1981	92	×	Colicky AP, distension, diarrhea	Ileum	Cystic DC—mesenteric side. Locally advanced infiltrating jejunum	Cyst with obstructed jejunal loop resected	WD Squamous cell carcinoma. Areas of ciliated columnar epithelium.	NR
Falk GL et al. [14]	1991	37	Ĺ	AP, discomfort, diarrhea	Duodenum	Cystic DC in the intramuscular layer of the first part of the duodenum. Non-communicating.	Excision followed by pancreaticoduodenect- omy after 1 week	Invasive AC. Cyst lined by columnar, pseudostratified columnar, and gastric type mucosa. No malignancy in the panercaticoduodenectomy specimen	Disease-free at 12 months
Inoue M et al. [15]	1979	41	ī	AP, hematemesis	Duodenum	Cystic DC from posterior wall of	Resection of tumor with a	Tubular AC. Early cancer (infiltrating submitteds)	NR
Babu MS et al. [16]	2008	59	Σ	Fever, recurrent AP, reduced appetite	lleum	Pus in the peritoneal cavity. Ileal tubular DC perforation	Resection of DC with segment of ileum	AC. LN metastasis	
Smith et al. [17]	1985	89	Σ	Asymptomatic	Ilenm	Cystic DC – mesenteric side	Resection	Carcinoid tumor	No evidence of disease at 2 months



Table I (continued)	ed)								
Author (ref)	Year A	Age (years)	Sex	Year Age Sex Preoperative clinical features Location Intraoperative findings (years) of DC	Location of DC	Intraoperative findings	Surgery	Histopathology	Follow-up
Tew K et al. [18]	2000 57		Ľι	AP, vomiting	lleum	Inflammed DC adherent to parietal Segmental ileal resection Moderate to poorly differentiated NR omentum AC with mucinous differentiation 1N metastasis	Segmental ileal resection	Moderate to poorly differentiated AC with mucinous differentiation 1 N metastasis	NR
Current case	2020 31	1	M	Asymptomatic	Jejunum	Tubular and cystic DC	Segmental jejunal	MD AC. LN metastasis	Liver metastasis on PET CT.

AP, abdominal pain; AC, adenocarcinoma; CEA, carcinoembryonic antigen; CA 19-9, cancer antigen 19-9; DC, duplication cyst, LN, lymph node; MD, moderately differentiated; NR, not reported; PD, ooorly differentiated; PMP, Pseudomyxoma peritonei; SMA, superior mesenteric artery; WD, well-differentiated

However, his general health deteriorated rapidly and he succumbed to sepsis after 3 weeks.

Discussion

Small bowel DC can be associated with all the three segments—duodenum, jejunum, and ileum, of which almost 50% of the duplications arise from jejunum. Various theories proposed regarding the development of DC include (a) recanalization after the solid epithelial stage of embryonic bowel development; (b) intrauterine vascular accident theory; (c) persistent embryologic diverticula, but no single theory can explain all the known duplications [2-4]. The accepted diagnostic criteria for an enteric DC include three characteristicsa well-developed smooth muscle coat, epithelial lining representing some portion of the AT mucosa, and intimate anatomic association with some portion of the AT [5]. However, cysts with no discernible communication or connection to the adjacent AT but with presence of typical histopathological features of DC would qualify for a diagnosis of an isolated DC [6]. The muscle within the wall of the DC and that of the adjacent bowel usually share a common blood supply; however, an isolated DC possesses its own exclusive blood supply [6].

Most DC are diagnosed during early childhood when they accompany symptoms such as abdominal pain or palpable mass. In contrast, these cysts are diagnosed incidentally during adulthood. Small bowel DC can be spherical cysts or tubular structures, located in or next to the mesenteric side of the bowel [7]. The lining mucosa of DC may not be necessarily that of the adjacent segment of the AT and can be derived from persistent mucosa in the embryonic stage when the duplication occurs. Complications arising from DC are attributed to the presence of heterotopic mucosa in these cysts. Ectopic gastric, pancreatic, squamous, transitional or ciliated mucosa, and ganglion cells can be found in the cyst wall. However, AT duplications are named according to the segment of the bowel in which they occur, rather than the features of their lining mucosa or hamartomatous change [8].

Various malignancies have been reported in enteric DC, including adenocarcinoma, squamous cell carcinoma, and carcinoid tumor [9]. Among the small bowel DC, malignant changes were most frequently reported with ileum. Carcinoma in jejunal duplication is extremely rare, and only three cases have been reported till date. The mode of growth and metastasis in these tumors is similar to that of primary small bowel cancer [4]. Preoperative diagnosis of tumors associated with DC is very difficult even after cross-sectional imaging with contrast-enhanced CT or MRI. Tumor markers (CEA, CA 19-9) may be helpful in preoperative detection of tumors [6]. Surgery is the treatment of choice for DC associated with malignancy. However, the delayed diagnosis from



non-specific symptoms result in advanced stage of these tumors, thereby making the prognosis poor even after surgical resection [1, 9]. A diagnosis of DC in an adult either before or at operation should have malignant change considered a possible reason for the onset of symptoms and radical excision undertaken where possible [10].

English-language literature on malignancies associated with small bowel DC was reviewed (Table 1). Three cases of adenocarcinoma associated with ileal DC reported in non-English literature were excluded. The patient's ages ranged from 19 to 88 years, and the male/female ratio of patients with malignant change in the DC of the small bowel was 2:1. The sites of DC were duodenum in 4 cases, jejunum in 4 cases, including the current case, ileum in 7 cases, and not specifically reported in 3 cases. Though abdominal pain was the most common symptom, 4 patients were asymptomatic at diagnosis of DC. One patient had paraneoplastic autoimmune hemolytic anemia leading to diagnosis of DC [11]. Tumor marker levels (CA19-9, CEA) were reported for three cases with adenocarcinoma of which two patients had elevated markers. Histologically, 13 patients had adenocarcinoma, two patients had carcinoid tumor, one patient had squamous cell carcinoma, and two patients had pseudomyxoma peritonei. Among the 13 patients with small bowel adenocarcinoma, 8 patients had metastatic disease at the time of surgery and 4 patients required aggressive resections including adjacent bowel or viscera. These suggest the aggressive nature of adenocarcinoma associated with small bowel DC.

In the present case, the enteric duplication had a cystic and tubular component. Tubular component was running parallel to the jejunal segment. Malignancy was detected in the DC only on histopathological examination. The adjacent bowel segment had neither precancerous lesions nor focus of malignancy. Tumor markers (CEA and CA19-9) were not done, as the diagnosis was late and staging evaluation later showed evidence of metastatic disease.

Conclusion

Malignant transformations within jejunal DC are rare and difficult to diagnose preoperatively. Intestinal DC in adults, though largely asymptomatic, should undergo immediate operative resection in view of unpredictable risk of malignancy.

Author Contributions All authors were involved in the clinical care of the patient. All authors have read and approved the manuscript.

Declarations

Competing Interests The authors declare no competing interests.

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