# Zero volume boundary for extension domains from Sobolev to BV 

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#### Abstract

In this note, we prove that the boundary of a $\left(W^{1, p}, B V\right)$-extension domain is of volume zero under the assumption that the domain $\Omega$ is 1-fat at almost every $x \in \partial \Omega$. Especially, the boundary of any planar ( $W^{1, p}, B V$ )-extension domain is of volume zero.


Keywords Extension domains • Sobolev functions • BV functions • Boundary volume

## Mathematics Subject Classification 46E35

## 1 Introduction

To simplify the definition of extension domains, we always assume $\Omega \subset \mathbb{R}^{n}$ is a bounded domain. Given $1 \leq q \leq p \leq \infty$, a domain $\Omega \subset \mathbb{R}^{n}, n \geq 2$, is said to be a ( $W^{1, p}, W^{1, q}$ )-extension domain if there exists a bounded extension operator

$$
E: W^{1, p}(\Omega) \mapsto W^{1, q}\left(\mathbb{R}^{n}\right),
$$

and is said to be a ( $W^{1, p}, B V$ )-extension domain if there exists a bounded extension operator

[^0]$$
E: W^{1, p}(\Omega) \mapsto B V\left(\mathbb{R}^{n}\right)
$$

The theory of Sobolev extensions is of interest in several fields in analysis. Partial motivations for the study of Sobolev extensions comes from the theory of PDEs, for example, see [18]. It was proved in [2,22] that for every Lipschitz domain in $\mathbb{R}^{n}$, there exists a bounded linear extension operator $E: W^{k, p}(\Omega) \mapsto W^{k, p}\left(\mathbb{R}^{n}\right)$ for each $k \in \mathbb{N}$ and $1 \leq p \leq \infty$. Here $W^{k, p}(\Omega)$ is the Banach space of all $L^{p}$-integrable functions whose distributional derivatives up to order $k$ are $L^{p}$-integrable. Later, the notion of $(\epsilon, \delta)$-domains was introduced by Jones in [9], and it was proved that for every $(\epsilon, \delta)$ domain, there exists a bounded linear extension operator $E: W^{k, p}(\Omega) \mapsto W^{k, p}\left(\mathbb{R}^{n}\right)$ for every $k \in \mathbb{N}$ and $1 \leq p \leq \infty$.

In [26], a geometric characterization of planar $\left(L^{1,2}, L^{1,2}\right)$-extension domain was given. Here $L^{k, p}(\Omega)$ denotes the homogeneous Sobolev space which contains locally integrable functions whose $k$-th order distributional derivative is $L^{p}$-integrable. By later results in $[11,13,14,21]$, we now have geometric characterizations of planar simply connected ( $W^{1, p}, W^{1, p}$ )-extension domains for all $1 \leq p \leq \infty$. A geometric characterization is also known for planar simply connected ( $L^{k, p}, L^{k, p}$ )-extension domains with $2<p \leq \infty$, see [23,29,30]. Beyond the planar simply connected case, geometric characterizations of Sobolev extension domains are still missing. However, several necessary properties have been obtained for general Sobolev extension domains.

For a measurable subset $F \subset \mathbb{R}^{n}$, we use $|F|$ to denote its Lebesgue measure. In [7, 8], Hajłasz, Koskela and Tuominen proved for $1 \leq p<\infty$ that a ( $W^{1, p}, W^{1, p}$ )extension domain $\Omega \subset \mathbb{R}^{n}$ must be Ahlfors regular which means that there exists a positive constant $C>1$ such that for every $x \in \bar{\Omega}$ and $0<r<\min \left\{1, \frac{1}{4} \operatorname{diam} \Omega\right\}$, we have

$$
\begin{equation*}
|B(x, r)| \leq C|B(x, r) \cap \Omega| . \tag{1.1}
\end{equation*}
$$

From the results in $[4,10]$, we know that also $(B V, B V)$-extension domains are Ahlfors regular. For Ahlfors regular domains, the Lebesgue differentiation theorem then easily implies $|\partial \Omega|=0$.

In the case where $\Omega$ is a planar Jordan $\left(W^{1, p}, W^{1, p}\right)$-extension domain, $\Omega$ has to be a so-called John domain when $1 \leq p \leq 2$ and the complementary domain has to be John when $2 \leq p<\infty$. The John condition implies that the Hausdorff dimension of $\partial \Omega$ must be strictly less than 2 , see [12]. Recently, Lučić, Takanen and the first named author gave a sharp estimate on the Hausdorff dimension of $\partial \Omega$, see [17]. In general, the Hausdorff dimension of a ( $W^{1, p}, W^{1, p}$ )-extension domain can well be $n$.

The outward cusp domain with a polynomial type singularity is a typical example which is not a ( $W^{1, p}, W^{1, p}$ )-extension domain for $1 \leq p<\infty$. However, it is a ( $W^{1, p}, W^{1, q}$ )-extension domain, for some $1 \leq q<p \leq \infty$, see the monograph [19] and the references therein. Hence, for $1 \leq q<p \leq \infty$, it is not necessary for a ( $W^{1, p}, W^{1, q}$ )-extension domain to be Ahlfors regular. In the absence of Ahlfors regularity, one has to find alternative approaches for proving $|\partial \Omega|=0$. The first approach in $[24,25]$ was to generalize the Ahlfors regularity (1.1) to a Ahlfors-type estimate

$$
\begin{equation*}
|B(x, r)|^{p} \leq C \Phi^{p-q}(B(x, r))|B(x, r) \cap \Omega|^{q} \tag{1.2}
\end{equation*}
$$

for ( $W^{1, p}, W^{1, p}$ )-extension domains with $n<q<p<\infty$. Here $\Phi$ is a bounded and quasiadditive set function generated by the ( $W^{1, p}, W^{1, q}$ )-extension property and defined on open sets $U \subset \mathbb{R}^{n}$, see Sect.3. By differentiating $\Phi$ with respect to the Lebesgue measure, one concludes that $|\partial \Omega|=0$ if $\Omega$ is a ( $W^{1, p}, W^{1, q}$ )-extension domain for $n<q<p<\infty$. Recently, Koskela, Ukhlov and the second named author [15] generalized this result and proved that the boundary of a $\left(W^{1, p}, W^{1, q}\right)$-extension domain must be of volume zero for $n-1<q<p<\infty$ (and for $1 \leq q<p<\infty$ on the plane). For $1 \leq q<n-1$ and $(n-1) q /(n-1-q)<p<\infty$, they constructed as a counterexample a $\left(W^{1, p}, W^{1, q}\right)$-extension domain $\Omega \subset \mathbb{R}^{n}$ with $|\partial \Omega|>0$. For the remaining range of exponents where $1 \leq q \leq n-1$ and $q<p \leq(n-1) q /(n-1-q)$, it is still not clear whether the boundary of every $\left(W^{1, p}, W^{1, q}\right)$-extension domain must be of volume zero.

As is well-known, for every domain $\Omega \subset \mathbb{R}^{n}$, the space of functions of bounded variation $B V(\Omega)$ strictly contains every Sobolev space $W^{1, q}(\Omega)$ for $1 \leq q \leq \infty$. Hence, the class of $\left(W^{1, p}, B V\right)$-extension domains contains the class of $\left(W^{1, p}, W^{1, q}\right)$ extension domains for every $1 \leq q \leq p<\infty$. As a basic example to indicate that the containment is strict when $n \geq 2$, we can take the slit disk (the unit disk minus a radial segment) in the plane. The slit disk is a ( $W^{1, p}, B V$ )-extension domain for every $1 \leq p<\infty$, and even a ( $B V, B V$ )-extension domain; however it is not a $\left(W^{1, p}, W^{1, q}\right)$-extension domain for any $1 \leq q \leq p<\infty$. This basic example also shows that it is natural to consider the geometric properties of $\left(W^{1, p}, B V\right)$ extension domains. In this paper, we focus on the question whether the boundary of a ( $W^{1, p}, B V$ )-extension domain is of volume zero. Our first theorem tells us that the $(B V, B V)$-extension property is equivalent to the $\left(W^{1,1}, B V\right)$-extension property. Hence, a ( $W^{1,1}, B V$ )-extension domain is Ahlfors regular and so its boundary is of volume zero.

Theorem 1.1 A domain $\Omega \subset \mathbb{R}^{n}$ is a $(B V, B V)$-extension domain if and only if it is a $\left(W^{1,1}, B V\right)$-extension domain.

Since, $W^{1,1}(\Omega)$ is a proper subspace of $B V(\Omega)$ with $\|u\|_{W^{1,1}(\Omega)}=\|u\|_{B V(\Omega)}$ for every $u \in W^{1,1}(\Omega),(B V, B V)$-extension property implies $\left(W^{1,1}, B V\right)$-extension property immediately. The other direction from ( $W^{1,1}, B V$ )-extension property to ( $B V, B V$ )extension property is not as straightforward, as $W^{1,1}(\Omega)$ is only a proper subspace of $B V(\Omega)$. The essential tool here is the Whitney smoothing operator constructed by García-Bravo and the first named author in [4]. This Whitney smoothing operator maps every function in $B V(\Omega)$ to a function in $W^{1,1}(\Omega)$ with the same trace on $\partial \Omega$, so that the norm of the image in $W^{1,1}(\Omega)$ is uniformly controlled from above by the norm of the corresponding preimage in $B V(\Omega)$.

With an extra assumption that $\Omega$ is $q$-fat at almost every point on the boundary $\partial \Omega$, in [15] it was shown that the boundary of a ( $W^{1, p}, W^{1, q}$ )-extension domain is of volume zero when $1 \leq q<p<\infty$. The essential point there was that the $q$-fatness of the domain on the boundary guarantees the continuity of a $W^{1, q}$-function on the boundary. Maybe a bit surprisingly, the assumption that the domain is 1-fat at almost
every point on the boundary also guarantees that the boundary of a ( $W^{1, p}, B V$ )extension domain is of volume zero. In particular, every planar domain is 1 -fat at every point of the boundary. Hence, we have the following theorem.

Theorem 1.2 Let $\Omega \subset \mathbb{R}^{n}$ be a $\left(W^{1, p}, B V\right)$-extension domainfor $1 \leq p<\infty$, which is 1 -fat at Lebesgue almost every $x \in \partial \Omega$. Then $|\partial \Omega|=0$. In particular, for every planar $\left(W^{1, p}, B V\right)$-extension domain $\Omega$ with $1 \leq p<\infty$, we have $|\partial \Omega|=0$.

In light of the results and example given in [15], the most interesting open question is what happens in the range $1<p \leq(n-1) /(n-2)$ of exponents, without the assumption of 1-fatness. For this range, we do not know whether the boundary of a ( $W^{1, p}, B V$ )-extension domain must be of volume zero. If a counterexample exists in this range, it might be easier to construct it in the ( $W^{1, p}, B V$ )-case rather than the ( $W^{1, p}, W^{1,1}$ )-case. Hence we leave it as a question here.

Question 1.3 For $1<p \leq(n-1) /(n-2)$, is the boundary of $a\left(W^{1, p}, B V\right)$-extension domain of volume zero?

## 2 Preliminaries

For a locally integrable function $u \in L_{\mathrm{loc}}^{1}(\Omega)$ and a measurable subset $A \subset \Omega$ with $0<|A|<\infty$, we define

$$
u_{A}:=f_{A} u(y) d y=\frac{1}{|A|} \int_{A} u(y) d y .
$$

Definition 2.1 Let $\Omega \subset \mathbb{R}^{n}$ be a domain. For every $1 \leq p \leq \infty$, we define the Sobolev space $W^{1, p}(\Omega)$ to be

$$
W^{1, p}(\Omega):=\left\{u \in L^{p}(\Omega): \nabla u \in L^{p}\left(\Omega ; \mathbb{R}^{n}\right)\right\},
$$

where $\nabla u$ denotes the distributional gradient of $u$. It is equipped with the nonhomogeneous norm

$$
\|u\|_{W^{1, p}(\Omega)}=\|u\|_{L^{p}(\Omega)}+\|\nabla u\|_{L^{p}(\Omega)} .
$$

Now, let us give the definition of functions of bounded variation.
Definition 2.2 Let $\Omega \subset \mathbb{R}^{n}$ be a domain. A function $u \in L^{1}(\Omega)$ is said to have bounded variation and denoted $u \in B V(\Omega)$ if

$$
\|D u\|(\Omega):=\sup \left\{\int_{\Omega} f \operatorname{div}(\phi) d x: \phi \in C_{o}^{1}\left(\Omega ; \mathbb{R}^{n}\right),|\phi| \leq 1\right\}<\infty .
$$

The space $B V(\Omega)$ is equipped with the norm

$$
\|u\|_{B V(\Omega)}:=\|u\|_{L^{1}(\Omega)}+\|D u\|(\Omega) .
$$

Note that $\|D u\|$ is a Radon measure defined on $\Omega$ that is defined for every set $F \subset \Omega$ as

$$
\|D u\|(F):=\inf \{\|D u\|(U): F \subset U \subset \Omega, U \text { open }\}
$$

Definition 2.3 We say that a domain $\Omega \subset \mathbb{R}^{n}$ is a $\left(W^{1, p}, B V\right)$-extension domain for $1 \leq p<\infty$, if there exists a bounded extension operator $E: W^{1, p}(\Omega) \mapsto B V\left(\mathbb{R}^{n}\right)$ i.e. for every $u \in W^{1, p}(\Omega)$, we have $E(u) \in B V\left(\mathbb{R}^{n}\right)$ with $\left.E(u)\right|_{\Omega} \equiv u$ and

$$
\|E(u)\|_{B V\left(\mathbb{R}^{n}\right)} \leq C\|u\|_{W^{1, p}(\Omega)}
$$

for a constant $C>1$ independent of $u$.
Let $U \subset \mathbb{R}^{n}$ be an open set and $K \subset U$ be a compact subset. The $p$-admissible set $\mathcal{W}_{p}(K ; U)$ is defined by setting

$$
\mathcal{W}_{p}(K ; U):=\left\{u \in W_{0}^{1, p}(U) \cap C(U):\left.u\right|_{K} \geq 1\right\}
$$

Definition 2.4 Let $U \subset \mathbb{R}^{n}$ be an open set and $K \subset U$ be compact. The relative $p$-capacity $\operatorname{Cap}_{p}(K ; U)$ is defined by setting

$$
\operatorname{Cap}_{p}(K ; U):=\inf _{u \in \mathcal{W}_{p}(K ; U)} \int_{U}|\nabla u(x)|^{p} d x .
$$

For an open subset $A \subset U$, we define the relative $p$-capacity $\operatorname{Cap}_{p}(K ; U)$ by setting

$$
\operatorname{Cap}_{p}(A ; U):=\sup \left\{\operatorname{Cap}_{p}(K ; U): K \subset A \subset U, K \text { compact }\right\} .
$$

For arbitrary Borel measurable subset $E \subset U$, we define the relative p-capacity $\operatorname{Cap}_{p}(E ; U)$ by setting

$$
\operatorname{Cap}_{p}(E ; U):=\inf \left\{\operatorname{Cap}_{p}(A ; U): E \subset A \subset U, A \text { open }\right\} .
$$

Following Lahti [16], we define 1 -fatness below.
Definition 2.5 Let $A \subset \mathbb{R}^{n}$ be a measurable subset. We say that $A$ is 1-thin at the point $x \in \mathbb{R}^{n}$, if

$$
\lim _{r \rightarrow 0^{+}} r \frac{\operatorname{Cap}_{1}(A \cap B(x, r) ; B(x, 2 r))}{|B(x, r)|}=0 .
$$

If $A$ is not 1 -thin at $x$, we say that $A$ is 1 -fat at $x$. Furthermore, we say that a set $U$ is 1-finely open, if $\mathbb{R}^{n} \backslash U$ is 1-thin at every $x \in U$.

By [16, Lemma 4.2], the collection of 1-finely open sets is a topology on $\mathbb{R}^{n}$. For a function $u \in B V\left(\mathbb{R}^{n}\right)$, we define the lower approximate limit $u_{\star}$ by setting

$$
u_{\star}(x):=\sup \left\{t \in \overline{\mathbb{R}}: \lim _{r \rightarrow 0^{+}} \frac{|B(x, r) \cap\{u<t\}|}{|B(x, r)|}=0\right\}
$$

and the upper approximate limit $u^{\star}$ by setting

$$
u^{\star}(x):=\inf \left\{t \in \overline{\mathbb{R}}: \lim _{r \rightarrow 0^{+}} \frac{|B(x, r) \cap\{u>t\}|}{|B(x, r)|}=0\right\} .
$$

The set

$$
S_{u}:=\left\{x \in \mathbb{R}^{n}: u_{\star}(x)<u^{\star}(x)\right\}
$$

is called the jump set of $u$. By the Lebesgue differentiation theorem, $\left|S_{u}\right|=0$. Using the lower and upper approximate limits, we define the precise representative $\tilde{u}:=$ $\left(u^{\star}+u_{\star}\right) / 2$. The following lemma was proved in [16, Corollary 5.1].

Lemma 2.6 Let $u \in B V\left(\mathbb{R}^{n}\right)$. Then $\tilde{u}$ is 1 -finely continuous at $\mathcal{H}^{n-1}$-almost every $x \in \mathbb{R}^{n} \backslash S_{u}$.

The following lemma for $u \in W^{1,1}\left(\mathbb{R}^{n}\right)$ was proved in [15, Lemma 2.6], which is also a corollary of a result in [6]. We generalize it to $B V\left(\mathbb{R}^{n}\right)$ here.

Lemma 2.7 Let $\Omega \subset \mathbb{R}^{n}$ be a domain which is 1-fat at almost every point $x \in \partial \Omega$. If $u \in B V\left(\mathbb{R}^{n}\right)$ with $\left.u\right|_{B(x, r) \cap \Omega} \equiv c$ for some $x \in \partial \Omega, 0<r<1$ and $c \in \mathbb{R}$. Then $u(y)=c$ for almost every $y \in B(x, r) \cap \partial \Omega$.

Proof Let $u \in B V\left(\mathbb{R}^{n}\right)$ satisfy the assumptions. Then the precise representative $\left.\tilde{u}\right|_{B(x, r) \cap \Omega} \equiv c$. Since $\left|S_{u}\right|=0$, by Lemma 2.6 , there exists a subset $N_{1} \subset \mathbb{R}^{n}$ with $\left|N_{1}\right|=0$ such that $\tilde{u}$ is 1 -finely continuous on $\mathbb{R}^{n} \backslash N_{1}$. By the assumption, there exists a measure zero set $N_{2} \subset \partial \Omega$ such that $\Omega$ is 1-fat on $\partial \Omega \backslash N_{2}$. By Definition 2.5, one can see that $B(x, r) \cap \Omega$ is also 1-fat on $(B(x, r) \cap \partial \Omega) \backslash N_{2}$. For every $y \in(B(x, r) \cap \partial \Omega) \backslash\left(N_{1} \cup N_{2}\right)$, since $\tilde{u}$ is 1-finely continuous on it and any 1-fine neighborhood of $y$ must intersect $B(x, r) \cap \Omega$, we have $\tilde{u}(y)=c$. Hence $u(y)=c$ for almost every $y \in B(x, r) \cap \partial \Omega$.

We say a set $E \subset \Omega$ has finite perimeter in $\Omega$, if $\chi_{E} \in B V(\Omega)$, where $\chi_{E}$ means the characteristic function of $E$. We set $P(E, \Omega):=\left\|D \chi_{E}\right\|(\Omega)$ and call it the perimeter of $E$ in $\Omega$. To simplify the notation, $P(E)$ is set to be $P\left(E, \mathbb{R}^{n}\right)$. For every Borel subset $F \subset \Omega$, define

$$
P(E, F):=\inf \{P(E, U): F \subset U \subset \Omega, U \text { open }\}
$$

The following coarea formula for $B V$ functions can be found in [3, Section 5.5]. See also [4, Theorem 2.2].

Proposition 2.8 Given a function $u \in B V(\Omega)$, the superlevel sets $u_{t}=\{x \in \Omega$ : $u(x)>t\}$ have finite perimeter in $\Omega$ for almost every $t \in \mathbb{R}$ and

$$
\|D u\|(F)=\int_{-\infty}^{\infty} P\left(u_{t}, F\right) d t
$$

for every Borel set $F \subset \Omega$. Conversely, if $u \in L^{1}(\Omega)$ and

$$
\int_{-\infty}^{\infty} P\left(u_{t}, \Omega\right) d t<\infty
$$

then $u \in B V(\Omega)$.
See [1, Theorem 3.44] for the proof of the following (1, 1)-Poincaré inequality for $B V$ functions. For a cube $Q \subset \mathbb{R}^{n}$, we denote by $l(Q)$ its side-length.
Proposition 2.9 Let $\Omega \subset \mathbb{R}^{n}$ be a bounded Lipschitz domain. Then there exists a constant $C>0$ depending on $n$ and $\Omega$ such that for every $u \in B V(\Omega)$, we have

$$
\int_{\Omega}\left|u(y)-u_{\Omega}\right| d y \leq C\|D u\|(\Omega)
$$

In particular, there exists a constant $C>0$ only depending on $n$ so that if $Q, Q^{\prime} \subset \mathbb{R}^{n}$ are two closed dyadic cubes with $\frac{1}{4} l\left(Q^{\prime}\right) \leq l(Q) \leq 4 l\left(Q^{\prime}\right)$ and $\Omega:=\operatorname{int}\left(Q \cup Q^{\prime}\right)$ connected, then for every $u \in B V(\Omega)$,

$$
\begin{equation*}
\int_{\Omega}\left|u(y)-u_{\Omega}\right| d y \leq C l(Q)\|D u\|(\Omega) . \tag{2.1}
\end{equation*}
$$

## 3 A set function arising from the extension

In this subsection, we introduce a set function defined on the class of open sets in $\mathbb{R}^{n}$ and taking nonnegative values. Our set function here is a modification of the one originally introduced by Ukhlov [24, 25]. See also [27, 28] for related set functions. The modified version of the set function we use is from [15], where it was used by Koskela, Ukhlov and the second named author to study the size of the boundary of a ( $W^{1, p}, W^{1, q}$ )-extension domains. Let us recall that a set function $\Phi$ defined on the class of open subsets of $\mathbb{R}^{n}$ and taking nonnegative values is called quasiadditive (see for example [27]), if for all open sets $U_{1} \subset U_{2} \subset \mathbb{R}^{n}$, we have

$$
\Phi\left(U_{1}\right) \leq \Phi\left(U_{2}\right),
$$

and there exists a positive constant $C$ such that for arbitrary pairwise disjoint open sets $\left\{U_{i}\right\}_{i=1}^{\infty}$, we have

$$
\begin{equation*}
\sum_{i=1}^{\infty} \Phi\left(U_{i}\right) \leq C \Phi\left(\bigcup_{i=1}^{\infty} U_{i}\right) \tag{3.1}
\end{equation*}
$$

Let $\Omega \subset \mathbb{R}^{n}$ be a $\left(W^{1, p}, B V\right)$-extension domain for some $1<p<\infty$. For every open set $U \subset \mathbb{R}^{n}$ with $U \cap \Omega \neq \emptyset$, we define

$$
W_{0}^{p}(U, \Omega):=\left\{u \in W^{1, p}(\Omega) \cap C(\Omega): u \equiv 0 \text { on } \Omega \backslash U\right\} .
$$

For every $u \in W_{0}^{p}(U, \Omega)$, we define

$$
\Gamma(u):=\inf \left\{\|D v\|(U): v \in B V\left(\mathbb{R}^{n}\right),\left.v\right|_{\Omega} \equiv u\right\}
$$

Then we define the set function $\Phi$ by setting

$$
\Phi(U):= \begin{cases}\sup _{u \in W_{0}^{p}(U, \Omega)}\left(\frac{\Gamma(u)}{\|u\|_{W^{1}, p}(U \cap \Omega)}\right)^{k}, & \text { with } \frac{1}{k}=1-\frac{1}{p},  \tag{3.2}\\ 0, & \text { if } U \cap \Omega \neq \emptyset \\ \text { otherwise }\end{cases}
$$

In [7], Hajłasz, Koskela and Tuominen proved that for an arbitrary ( $W^{1, p}, W^{1, p}$ )extension domain with $1<p<\infty$, there always exists a bounded linear extension operator. For $q<p$, the existence of a bounded linear ( $W^{1, p}, W^{1, q}$ )-extension operator is still open. However, in [15, Lemma 2.1], the authors proved that for ( $W^{1, p}, W^{1, q}$ )-extension domains there always exists a bounded, positively homogeneous ( $W^{1, p}, W^{1, q}$ )-extension operator. The next lemma is a version of this result in our setting of ( $W^{1, p}, B V$ )-extensions that follows similarly to the proof of [15, Lemma 2.1].
Lemma 3.1 Let $\Omega \subset \mathbb{R}^{n}$ be a $\left(W^{1, p}, B V\right)$-extension domain. Then every bounded extension operator $E: W^{1, p}(\Omega) \rightarrow B V\left(\mathbb{R}^{n}\right)$ promotes to a bounded, positively homogeneous extension operator $E_{h}: W^{1, p}(\Omega) \rightarrow B V\left(\mathbb{R}^{n}\right)$ with the operator norm inequality $\left\|E_{h}\right\| \leq\|E\|$.

The proof of the following lemma is almost the same as the proof of [15, Theorem 3.1]. One needs to simply replace $\|D v\|_{L^{q}(U)}$ by $\|D v\|(U)$ in the proof of [15, Theorem 3.1] and repeat the argument.

Lemma 3.2 Let $1<p<\infty$ and let $\Omega \subset \mathbb{R}^{n}$ be a bounded ( $W^{1, p}, B V$ )-extension domain. Then the set function defined in (3.2) for all open subsets of $\mathbb{R}^{n}$ is bounded and quasiadditive.

The upper and lower derivatives of a quasiadditive set function $\Phi$ are defined by setting

$$
\overline{D \Phi}(x):=\limsup _{r \rightarrow 0^{+}} \frac{\Phi(B(x, r))}{|B(x, r)|} \text { and } \quad \underline{D}(x)=\liminf _{r \rightarrow 0^{+}} \frac{\Phi(B(x, r))}{|B(x, r)|} .
$$

By [20, 27], we have the following lemma. See also [15, Lemma 3.1].
Lemma 3.3 Let $\Phi$ be a bounded and quasiadditive set function defined on open sets $U \subset \mathbb{R}^{n}$. Then $\overline{D \Phi}(x)<\infty$ for almost every $x \in \mathbb{R}^{n}$.

The following lemma immediately comes from the definition (3.2) for the set function $\Phi$.

Lemma 3.4 Let $1<p<\infty$ and let $\Omega \subset \mathbb{R}^{n}$ be a bounded ( $W^{1, p}, B V$ )-extension domain. Then, for a ball $B(x, r)$ with $x \in \partial \Omega$ and every function $u \in W_{0}^{p}(B(x, r), \Omega)$, there exists a function $v \in B V(B(x, r))$ with $\left.v\right|_{B(x, r) \cap \Omega} \equiv u$ and

$$
\begin{equation*}
\|D v\|(B(x, r)) \leq 2 \Phi^{\frac{1}{k}}(B(x, r))\|u\|_{W^{1, p}(B(x, r) \cap \Omega)}, \quad \text { where } \frac{1}{k}=1-\frac{1}{p} \tag{3.3}
\end{equation*}
$$

## 4 Proofs of the results

c 1.1 and 1.2.
Proof of Theorem 1.1 Let us first assume that $\Omega \subset \mathbb{R}^{n}$ is a $(B V, B V)$-extension domain with the extension operator $E$. Since $W^{1,1}(\Omega) \subset B V(\Omega)$ with $\|u\|_{B V(\Omega)}=$ $\|u\|_{W^{1,1}(\Omega)}$ for every $u \in W^{1,1}(\Omega)$, we have

$$
\|E(u)\|_{B V(\Omega)} \leq C\|u\|_{B V(\Omega)} \leq C\|u\|_{W^{1,1}(\Omega)} .
$$

This implies that $\Omega$ is a $\left(W^{1,1}, B V\right)$-extension domain with the same operator $E$ restricted to $W^{1,1}(\Omega)$.

Let us then prove the converse and assume that $\Omega \subset \mathbb{R}^{n}$ is a ( $W^{1,1}, B V$ )-extension domain with an extension operator $E$. Let $S_{\Omega, \Omega}$ be the Whitney smoothing operator defined in [4]. Then by [4, Theorem 3.1], for every $u \in B V(\Omega)$, we have $S_{\Omega, \Omega}(u) \in$ $W^{1,1}(\Omega)$ with

$$
\left\|S_{\Omega, \Omega}(u)\right\|_{W^{1,1}(\Omega)} \leq C\|u\|_{B V(\Omega)}
$$

for a positive constant $C$ independent of $u$, and

$$
\begin{equation*}
\left\|D\left(u-S_{\Omega, \Omega}(u)\right)\right\|(\partial \Omega)=0 \tag{4.1}
\end{equation*}
$$

where $u-S_{\Omega, \Omega}(u)$ is understood to be defined on the whole space $\mathbb{R}^{n}$ via a zeroextension. Then $E\left(S_{\Omega, \Omega}(u)\right) \in B V\left(\mathbb{R}^{n}\right)$ with

$$
\left\|E\left(S_{\Omega, \Omega}(u)\right)\right\|_{B V\left(\mathbb{R}^{n}\right)} \leq C\left\|S_{\Omega, \Omega}(u)\right\|_{W^{1,1}(\Omega)} \leq C\|u\|_{B V(\Omega)} .
$$

Now, define $T: B V(\Omega) \rightarrow B V\left(\mathbb{R}^{n}\right)$ by setting for every $u \in B V(\Omega)$

$$
T(u)(x):=\left\{\begin{array}{l}
u(x), \text { if } x \in \Omega \\
E\left(S_{\Omega, \Omega}(u)\right)(x), \text { if } x \in \mathbb{R}^{n} \backslash \Omega .
\end{array}\right.
$$

By (4.1), we have $T(u) \in B V\left(\mathbb{R}^{n}\right)$ with

$$
\|T(u)\|_{B V\left(\mathbb{R}^{n}\right)} \leq\left\|E\left(S_{\Omega, \Omega}(u)\right)\right\|_{B V\left(\mathbb{R}^{n}\right)}+\|u\|_{B V(\Omega)} \leq C\|u\|_{B V(\Omega)} .
$$

Hence, $\Omega$ is a $B V$-extension domain.
Proof of Theorem 1.2 Assume towards a contradiction that $|\partial \Omega|>0$. By the Lebesgue density point theorem and Lemma 3.3, there exists a measurable subset $U$ of $\partial \Omega$ with $|U|=|\partial \Omega|$ such that every $x \in U$ is a Lebesgue point of $\partial \Omega$ and $\overline{D \Phi}(x)<\infty$. Fix $x \in U$. Since $x$ is a Lebesgue point, there exists a sufficiently small $r_{x}>0$, such that for every $0<r<r_{x}$, we have

$$
|B(x, r) \cap \bar{\Omega}| \geq \frac{1}{2^{n-1}}|B(x, r)| .
$$

Let $r \in\left(0, r_{x}\right)$ be fixed. Since $|\partial B(x, s)|=0$ for every $s \in(0, r)$, we have

$$
\begin{equation*}
\left|B\left(x, \frac{r}{4}\right) \cap \bar{\Omega}\right| \geq \frac{1}{2^{n-1}}\left|B\left(x, \frac{r}{4}\right)\right| \geq \frac{1}{2^{3 n-1}}|B(x, r)| \tag{4.2}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\left(B(x, r) \backslash B\left(x, \frac{r}{2}\right)\right) \cap \bar{\Omega}\right| \geq|B(x, r) \cap \bar{\Omega}|-\left|B\left(x, \frac{r}{2}\right)\right| \geq \frac{1}{2^{n}}|B(x, r)| . \tag{4.3}
\end{equation*}
$$

Define a test function $u \in W^{1, p}(\Omega) \cap C(\Omega)$ by setting

$$
u(y):= \begin{cases}1, & \text { if } y \in B\left(x, \frac{r}{4}\right) \cap \Omega  \tag{4.4}\\ \frac{-4}{r}|y-x|+2, & \text { if } y \in\left(B\left(x, \frac{r}{2}\right) \backslash B\left(x, \frac{r}{4}\right)\right) \cap \Omega \\ 0, & \text { if } y \in \Omega \backslash B\left(x, \frac{r}{2}\right)\end{cases}
$$

We have

$$
\begin{equation*}
\left(\int_{B(x, r) \cap \Omega}|u(y)|^{p}+|\nabla u(y)|^{p} d x\right)^{\frac{1}{p}} \leq \frac{C}{r}|B(x, r) \cap \Omega|^{\frac{1}{p}} . \tag{4.5}
\end{equation*}
$$

Since $u \equiv 0$ on $\Omega \backslash B(x, r / 2)$, we have $u \in W_{0}^{p}(B(x, r), \Omega)$. Then, by the definition (3.2) of the set function $\Phi$ and by Corollary 3.4, there exists a function $v \in B V(B(x, r))$ with $\left.v\right|_{B(x, r) \cap \Omega} \equiv u$ and

$$
\begin{equation*}
\|D v\|(B(x, r)) \leq 2 \Phi^{\frac{1}{k}}(B(x, r))\|u\|_{W^{1, p}(B(x, r) \cap \Omega)} . \tag{4.6}
\end{equation*}
$$

By the Poincaré inequality of $B V$ functions stated in Proposition 2.9, we have

$$
\begin{equation*}
\int_{B(x, r)}\left|v(y)-v_{B(x, r)}\right| d y \leq C r\|D v\|(B(x, r)) \tag{4.7}
\end{equation*}
$$

Since $\Omega$ is 1 -fat on almost every $z \in \partial \Omega$, by Lemma 2.7, $v(z)=1$ for almost every $z \in B\left(x, \frac{r}{4}\right) \cap \partial \Omega$ and $v(z)=0$ for almost every $z \in\left(B(x, r) \backslash B\left(x, \frac{r}{2}\right)\right) \cap \partial \Omega$.

Hence, on one hand, if $v_{B(x, r)} \leq \frac{1}{2}$, we have

$$
\int_{B(x, r)}\left|v(y)-v_{B(x, r)}\right| d y \geq \frac{1}{2}\left|B\left(x, \frac{r}{4}\right) \cap \bar{\Omega}\right| \geq c|B(x, r)| .
$$

On the other hand, if $v_{B(x, r)}>\frac{1}{2}$, we have

$$
\int_{B(x, r)}\left|v(y)-v_{B(x, r)}\right| d y \geq \frac{1}{2}\left|\left(B(x, r) \backslash B\left(x, \frac{r}{2}\right)\right) \cap \bar{\Omega}\right|>c|B(x, r)| .
$$

All in all, we always have

$$
\begin{equation*}
\int_{B(x, r)}\left|v(y)-v_{B(x, r)}\right| d y \geq c|B(x, r)| \tag{4.8}
\end{equation*}
$$

for a sufficiently small constant $c>0$. Thus, by combining inequalities (4.5)-(4.8), we obtain

$$
\Phi(B(x, r))^{p-1}|B(x, r) \cap \Omega| \geq c|B(x, r)|^{p}
$$

for a sufficiently small constant $c>0$. This gives

$$
|B(x, r) \cap \partial \Omega| \leq|B(x, r)|-|B(x, r) \cap \Omega| \leq|B(x, r)|-C \frac{|B(x, r)|^{p}}{\Phi(B(x, r))^{p-1}}
$$

Since $\overline{D \Phi}(x)<\infty$, we have

$$
\begin{aligned}
\limsup _{r \rightarrow 0^{+}} \frac{|B(x, r) \cap \partial \Omega|}{|B(x, r)|} & \leq \limsup _{r \rightarrow 0^{+}}\left(1-\frac{|B(x, r) \cap \Omega|}{|B(x, r)|}\right) \\
& \leq \limsup _{r \rightarrow 0^{+}}\left(1-\frac{|B(x, r)|^{p-1}}{\Phi(B(x, r))^{p-1}}\right) \leq 1-c \overline{D \Phi(x)^{1-p}<1 .}
\end{aligned}
$$

This contradicts the assumption that $x$ is a Lebesgue point of $\partial \Omega$. Hence, we conclude that $|\partial \Omega|=0$.

Let us then consider the case $\Omega \subset \mathbb{R}^{2}$. By [5, Theorem A.29], for every $x \in \partial \Omega$ and every $0<r<\min \left\{1, \frac{1}{4} \operatorname{diam}(\Omega)\right\}$, we have

$$
\operatorname{Cap}_{1}(\Omega \cap B(x, r) ; B(x, 2 r)) \geq c r
$$

for a constant $0<c<1$. This implies that $\Omega$ is 1 -fat at every $x \in \partial \Omega$. Hence, by combining this with the first part of the theorem, we have that the boundary of any planar ( $W^{1, p}, B V$ )-extension domain is of volume zero.

## Declarations

Conflict of interest The authors have no relevant financial or non-financial interests to disclose.
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