



Correction to: The Immediate and Long-term Effects of an Intensive Meditation Retreat

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There were two errors of note in the original manuscript:

1. On p. 1067, we stated that we used a short form of the State Trait Anxiety Inventory (STAI; Spielberger, 1983). In fact, we used the complete 20-item version of the Trait subscale of the STAI. With the exception of item 2 below, all statistics in the original manuscript relating to the full STAI-Trait are correct.
2. On p. 1071, there are errors in Table 2 regarding the STAI. All correlations in Table 2 that involve the STAI are incorrectly reported as positive. However, several negative signs were omitted, and the correlations with the following variables should all be negative (the magnitudes of all correlations are correct):

FFMQ total
FFMQ observe
FFMQ describe
FFMQ act awareness
FFMQ nonreactivity
FFMQ nonjudgment
ERQ reappraisal
CFI control
CFI alternatives
Shift costs
DAS total

These errors do not occur in similar tables provided in online supplementary materials, and the remaining correlations in Table 2 are correct. An updated version of Table 2 appears below.

The online version of the original article can be found at <https://doi.org/10.1007/s12671-017-0682-5>

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Table 2 Correlations between psychological characteristics at time 1

Variable	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
1 FFMQ Total	---																		
2 FFMQ Observe	0.71	---																	
3 FFMQ Describe	0.65	0.38	---																
4 FFMQ Act Awareness	0.69	0.44	0.26	---															
5 FFMQ Nonreactivity	0.78	0.50	0.34	0.44	---														
6 FFMQ Nonjudgment	0.72	0.31	0.26	0.39	0.54	---													
7 EAQ	-0.62	-0.33	-0.32	-0.36	-0.48	-0.71	---												
8 ERQ Reappraisal	0.21	0.16	0.11	0.20	0.23	0.07	-0.02	---											
9 ERQ Suppression	-0.34	-0.15	-0.37	-0.15	-0.13	-0.32	0.52	0.04	---										
10 RRS Brooding	-0.48	-0.33	-0.09	-0.33	-0.41	-0.58	0.49	-0.08	0.16	---									
11 RRS Pondering	-0.13	-0.08	0.17	-0.19	-0.09	-0.31	0.33	0.08	0.00	0.36	---								
12 CFI Control	0.59	0.34	0.34	0.38	0.59	0.42	-0.43	0.22	-0.24	-0.41	0.02	---							
13 CFI Alternatives	0.40	0.32	0.32	0.21	0.45	0.14	-0.13	0.29	-0.13	-0.08	0.24	0.47	---						
14 ACS Focusing	-0.45	-0.24	-0.28	-0.45	-0.41	-0.27	0.32	-0.14	0.16	0.27	0.22	-0.37	-0.23	---					
15 ACS Shifting	-0.48	-0.28	-0.35	-0.40	-0.43	-0.28	0.35	-0.32	0.09	0.20	0.10	-0.44	-0.28	0.43	---				
16 Shift Costs	0.08	0.00	0.10	0.06	0.10	0.04	-0.17	0.13	-0.08	-0.16	-0.12	0.19	0.10	-0.14	-0.17	---			
17 DAS Total	0.57	0.33	0.25	0.40	0.43	0.63	-0.64	0.18	-0.31	-0.51	-0.18	0.40	0.12	-0.30	-0.22	0.13	---		
18 STAI	-0.69	-0.35	-0.32	-0.52	-0.68	-0.62	0.56	-0.22	0.21	0.58	0.23	-0.63	-0.26	0.46	0.46	-0.15	-0.52	---	
19 BDI	-0.45	-0.18	-0.15	-0.32	-0.50	-0.47	0.46	-0.12	0.19	0.46	0.29	-0.46	-0.15	0.36	0.28	-0.09	-0.39	-0.52	---
19 BDI																			0.72

Correlation (r) values greater than .14 are significant at $p < .05$

FFMQ Five Factor Mindfulness Questionnaire, EAQ Emotional Awareness Questionnaire, ERQ Emotion Regulation Questionnaire, RRS Ruminative Response Scale, CFI Cognitive Flexibility Inventory, ACS Attentional Control Scale, DAS Dysfunctional Attitudes Scale, STAI State-Trait Anxiety Inventory, BDI-II Beck Depression Inventory, Second Edition