REVIEW PAPER



Various Treatment Modalities in COVID-19 Associated Facial Mucormycosis and the Need for its Surgical Management: A Systematic Review

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Abstract

Introduction Mucormycosis emerged as a wildfire in post-covid-19 infected patients. Most frequently involved sites of mucormycosis are rhino-orbital, rhino-sinusal and rhino-orbito-cerebral. The hallmark sign of mucormycosis is tissue necrosis, which is often a late sign. The fatality rate of mucormycosis is 46% globally. Despite early aggressive combined surgical and medical therapy, the prognosis of mucormycosis is poor.

Methods We searched the electronic database of PubMed, web of science, Embase, Scopus and Google Scholar from Jan 2020 until December 2021 using keywords. We retrieved all the granular details of original research articles, case reports/series of patients with rhino-orbito-cerebral mucormycosis (ROCM), and COVID-19 reported worldwide. Subsequently, we analyzed the patient characteristics, associated comorbidities, location of mucormycosis, treatment given and its outcome in people with COVID-19. (Prospero registration—CRD42021256830, June 4, 2021).

Results Overall, 544 rhino-orbito-cerebral mucormycosis patients were included in our review with a history of Covid-19 infection. Out of which 410 patients had diabetes mellitus which has proven to be major contributing immunocompromised disease. Other diseases like hypertension, chronic kidney diseases, hypothyroidism, etc., were also attributed as an immunocompromised disease causing increased number of covid associated mucormycosis cases. We found out that total number of patients alive after taking only antifungal drug treatment were 25 in number, whereas total number of patients alive when antifungal drugs were combined with surgical intervention were 428 which was significantly higher.

Conclusion Our systematic review concluded that surgical debridement should be performed whenever feasible in parallel to antifungal treatment in order to reduce the mortality rate of COVID-19 associated rhino-orbito-cerebral mucormycosis patients.

Keywords Rhino-orbito-cerebral mucormycosis · Covid associated rhino-orbito-cerebral mucormycosis · Covid associated mucormycosis · Mortality · Treatment

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Introduction

Originally, mucormycosis was described by Paltauf in 1885, as an infection from nonseptate, broad, branching hyphae typical of molds. However, the first recorded human infection with Mucorales was a case of pulmonary mucormycosis reported by Sluyter in 1847. In 1943, Gregory described mucormycosis as the syndrome of acute orbital mucormycosis characterized by uncontrolled diabetes, unilateral internal and external ophthalmoplegia, proptosis, meningoencephalitis, and rapid death [1].



Mucormycosis previously known as zygomycosis was initially found rarely in the population. It is an angio-invasive disease caused by group of fungi called mucormycetes. It is known to spread by ubiquitous fungi commonly found in soil, fallen leaves, compost, animal dung and air which can be inhaled, causing infection of the lungs, sinuses and extend into brain and eyes or it can also enter the body through a cut or an open wound. Mucormycosis is not a contagious disease, it is known to effect people who are immunocompromised.

According to worldometers 2022 (Jan 14, 2022), SARS-CoV-2 has affected 222 Countries and Territories around the world and has reported a total of 320,959,141 confirmed cases of the coronavirus COVID-19 that originated from Wuhan, China, and a death toll of 5,539,206 deaths around the globe [2]. While the 'third wave' of SARS-CoV-2 and its variants-mediated COVID-19 continue to affect the global population, the deadly rise of myriads of manifestations and complications and, specifically, the rise of fatal fungal

infection, the mucormycosis, has put the lives of COVID-19 patients further at high risk [3, 4]. Currently, India is having the second largest Covid-19 affected population in the world with more than 36,582,129 cases as on Jan 14, 2022 [2]. It is recorded in various studies that treatment of COVID-19 infection might have led to the sudden surge. In India, more than 45,432 cases and 4252 deaths due to mucormycosis have been reported as on July 15, 2021, either among COVID-19 infected patients or in patients who had recovered from COVID-19 with Rhino-cerebral mucormycosis (77.6%) being the most common variant. Covid-19 associated mucormycosis (CAM) is reported to develop in patients with uncontrolled diabetes mellitus, immunosuppression by steroids, prolonged ICU stay, comorbidities like post-transplant/malignancy, or patients on Voriconazole therapy.

An epidemiological survey conducted about two decades ago suggested that mucormycosis, if left untreated, could be fatal, with mortality rate rising as high as up to 54%. [5] Since there was almost no instance of COVID-19 associated

Fig. 1 PRISMA flowchart. Note: *Consider, if feasible to do so, reporting the number of records identified from each database or register searched (rather than the total number across all databases/registers). **If automation tools were used, indicate how many records were excluded by a human and how many were excluded by automation tools. From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. https://doi. org/10.1136/bmj.n71. For more information, visit: http://www. prisma-statement.org/

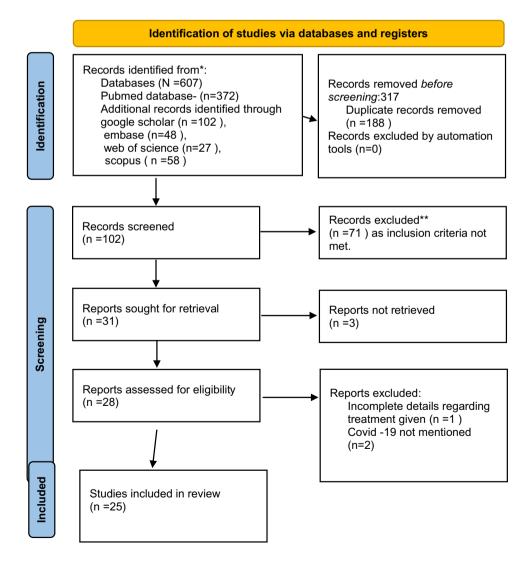




Table 1 Data extraction sheet

	Author and year	No. of patients	Male	Male Female Demo- graphic	Demo- graphic	Site	Risk factors	Method of diagnosis	Treatment	Surgical treatment	Survival rate R	REMARK
-	Riad 2021. [7]	7	w	2	Egypt	ROCM	Dm-6 Chronic htn-1 Cvs disease-1 Stable angina-1	Biopsy -4 Rtpcr positive for mucorales -2, CBCT, CULTURE	LAmB-all patients	Surgical debridement (FESS)-5	Alive-7	
2	Abha Kumari 2021. [8]	50	=	6	Îndia	ROCM	DM-16	HPE, PNS	Liposomal Amphotericin at 3–5 mg/kg/day (over a period of 3–4 weeks) for a targeted cumulative dose of 4–5 g Intravenous Liposomal Amphotericin- B = 20 (100%) Oral Posa- conazole (on discharge)c 8 (100)c	20 (100%) patients underwent endo-scopic debridement, 4 (20%) orbital decompression and 1 (5%) maxillectomy with orbital exenteration = 1 patient (5%)	Successful 14 (70%) Discharge from hospital 8 (40%) Stable, but not yet discharged 6 (30%) Death 6 (30%)	
κ	BAYRAM 2021. [9]	=	6	2	Kayseri City	ROM	DM-8 CHRONIC RENAL FAILURE-3 MYELODYS- PLASTICSYN- DROME—1	LCB and KOH mount, SDA CUL- TURE, CT, MRI	amphotericin B	FESS- 11, Systemic, and retrobulbar amphotericin B SECONDARY SURGICAL DEBRIDEMENT-8 patients	DEAD-7	
4	Barman2021. [10]	'n	ω	2	New Delhi	Rocm	DM-3 HTN-2 IGA NEPHROP- ATHY -1 HYPOTHY- ROIDISM -1	HPE and fungal KOH mount	Inj. Liposomal amphotericin B, syr Posa- conazole ON DISCHARGE	FESS-5 RT EYE EXENTER- ATION -1	ALIVE ALL	
S.	Hardeva Ram Nehara 2021 [11]	ν.	-	4	NORTH WEST INDIA	ROCM	T2DM-5 HTN-4 ASTHMA-1	LCB & KOH mount	Liposomal amphotericin B antibiotics, Inotropes,	DEBRIDEMENT-1 patient	Dead-2 Alive-3	



	Author and year	No. of patients	Male	Male Female Demo- graphic	Demo- graphic	Site	Risk factors	Method of diagnosis	Treatment	Surgical treatment	Survival rate	REMARK
9	Sunil Kumar Pippal, 2021 [12]	08	55	25	MP, INDIA	ROCM	Controlled diabetes-22 patients Uncontrolled diabetes-50 patients Hypertension-60 patients. All patients with hypertension also had Diabetes mellitus Chronic kidney disease-	KOH mount and fungal culture	intravenous amphotericin and oral posa- conazole all patients	FESS with debridement 58 patients, orbital exenteration 06, orbital decompression 10, maxillectomy 27, operated outside 12 patients, 10 patients required readmission	All alive	
r	Ravi Meher, 2021 [13]	134 patients 85	83	94	India	Кост	DM-124	DNE WITH FUNGAL KOH STAIN- ING, LCB stain mount, CECT, MRI	Injection Liposomal Amphotericin B, Posaconazole and Voriconazole	Surgical intervention included Endoscopic approaches, Open approaches and combined approaches. The various surgeries conducted were Functional Endoscopic Sinus Surgery (FESS), total and partial maxillectomy, endoscopic orbital clearance and open exenteration. orbital exenteration. orbital exenteration. orbital exenteration. orbital exenteration. Open maxillectonics = 20 patients	Recov- ered = 124 Died = 7	
∞	Mohammed A. Alamin 2021. [16]	_	-	0	INDIA	ROCM	DM TYPE 2	Tissue and blood culture, CT, MRI	liposomal amphotericin B and later to Oral posa- conazole on discharge	FESS	Outpatient follow-ups and sched-uled eye enucleation for total eye blindness.	



REMARK Survival rate was 7/21 (33.3%), 5 of them had rhino-DEAD ON (71.4%) ALL alive cerebral DAY 6 Mortality disease FESS was combined tion. Transcutaneous surgery (FESS) = 10and orbital exentera-No surgery and alive-> 72 h and alive -0/2 retrobulbar amphopatients. In 2 cases with maxillectomy tericin B injection. planned for radical sinus debridement SURGERY DONE WITHIN 24 HRS AND ALIVE-5/5 The remaining 48 patients were Surgical treatment 72 h and alive-2/2 Functional endo-Within 48 h and scopic sinus alive-3/5 4/7 conazole, and 2 (9.5%) received IV amphotericin cin (1 g twice daily) with the amphotericin B (0.5 mg/kg/ or in combination, 3 (14.3%) ONLY LAMB B either alone B (0.5 mg/kg/ and vancomyamphotericin received itravoriconazole, B liposomalpenem (1 gm thrice daily) Amphotericin addition of 17/21 (81%) all patients day) meroreceived Treatment patients day) Direct micros-KOH mount, DNE, CECT, MRI copy using ture, MRI CULTURE SDA Cul-Method of BIOPSY, diagnosis NASAL 3/21- DIABE-TIS KETOAC-Chronic kidney ease-6 Thyroid dysfunction-4 Hypertension On admission DM-49 Newly dm-10 there-14-Coronary fore DM-59 DM-19/21, artery dis-Risk factors IDOSIS Stroke-1 DM HTN ROCM ROCM India Site graphic INDIA Male Female Demo-Egypt Rocm 15 _ 4 45 0 patients No. of 9 21 Alfishawy 2021. Salil Mehta2020 Author and year Ritu Arora1 2021 [19] [17] 10 Ξ 6



Tab	Table 1 (continued)											
	Author and year	No. of patients	Male	Male Female Demo- graphic	Demo- graphic	Site	Risk factors	Method of diagnosis	Treatment	Surgical treatment	Survival rate F	REMARK
12	ESWARAN, 2021. [20]	-	_	0	INDIA	ROCM	DIABETES	MRI, CT BRAIN, CT -PNS, KOH, H/P	Liposomal Amphotericin B Injection, LATER BY POSACOA- ZOLE	Aggressive surgical debridement with frontal craniectomy, maxillectomy and right orbital evisceration and left endoscopic orbital decompression. Maxillectomy and Right Frontal craniectomy with Debridement and repair with Titanium mesh	ALIVE	
13	Aastha Maimi a, 2021. [21]	_	н	0	INDIA	ROCM	NONE	DNE, MRI,	Inj. Ampho- tericin B 300 mg/day, eyedrops Tobramy- cin BD and Nepalact TDS	Surgical debridement was planned under general anesthesia FESS DONE. Lateral canthotomy and inferior cantholysis was done	ALIVE	
41	Akshay Gopinathan Nair a,b,c,d, Namrata G. Adulkare, Lynn D'Cunhaa, Priyanka R. Raoa, Renuka A. Bradoof, Maneesh2021. [22]	13	٥	4	India	ROCM	13-DM	KOH mount,SDA CULTURE, CT, MRI	All patients underwent endoscopic sinus debridement surgery and received systemic amphotericin-B therapy = 127 patients. Five patients (5/13; 38.4%) received retrobulbar amphotericin-B injections	All patients underwent endoscopic sinus debridement surgery. The globe could be salvaged in 4 patients. In all, 8 of the involved orbits had to be exenterated.	Life salvage was pos- sible in 100% of the cases; globe salvage was possible in 42.8% (6/14 eyes)	



	REMARK		
	Survival rate REMARK	Seven (47%) patients died from mucor- mycosis. Died 7 (47) Survived 8 (53)	Alive
	Surgical treatment	Five patients (33%) underwent orbital exenteration, Improved 1 (7) Exenterated 5 (33) Non-exenterated blind frozen eye 8 (53) Non-exenterated seeing eye 1 (7)	During surgery, part of the right maxilla, malar bone and orbit floor were removed, along with tissue debridement FESS + MAX- ILLEC- TOMY + ORBITAL EXENTERATION
	Treatment	Six patients (40%) received combined anti- fungal therapy and none that received combined anti- fungal therapy died Amphotericin B 15 Patients (100%) Posaconazole 4 patients (27%) Caspofungin 3 patients (20%) Combined therapy 6 patients (40%)	Antifungal treatment with amphotericin B (deoxycholate), with 1000 mg (1 g) of cumu- lative dose
	Method of diagnosis	Biopsy-proven mucormy- cosis, CT, MRI	KOH,SDA CULTURE, MRI, CT
	Risk factors	13 patients (86%) had diabetes mellitus 7 HAD DM+HTN, ASTHMA - 2 HYPOTHY- ROIDISM=1 CVS RELATED=2 ,STEROID USAGE=7	NTH
	Site	ROM 7 (47) SOM 5 (33) OM 2 (13) SM 1(7)	ROCM
	Demo- graphic	Iran	Honduras
	Male Female Demo- graphic	00 2	0 -
	No. of patients	15	-
,	Author and year	Farzad Pakdell 2021. [23]	Polou 2021. [24]
		13	91



	(
	Author and year	No. of patients	Male	Male Female Demo- graphic	Demo- graphic	Site	Risk factors	Method of diagnosis	Treatment	Surgical treatment	Survival rate RE	REMARK
71	Pradeep Pradhan 2021. [25]	94	04	o	INDIA	were affected with rhino-orbital mucormycosis and 10 were rhinocerebral mucormycosis. Two patients were found to affect the paranasal sinuses and one had isolated involvement of the mandible	44 DM, 41-STEROID USE	KOH mount, CT, MRI, DNE	Systemic amphotericin B = 46	FESS = 46 Majorities of the patients (78.30%) underwent a combined surgical approach for complete clearance of the disease ORBITAL EXENTRATION = 8	Four patients with rhino- orbital involve- ment and 5 patients with rhino- cerebral mucormy- cosis have died during their treat- ment in the ward	
18	SAAD,2021 . [26]	-	-	0	EGYPT	ROCM	Immunocompetent	CT, MRI, MRV	AMPHO- TERICIN B	HEMIMAXILLEC- TOMY +LT EYE EXENTERATION	DIED 5 DAYS AFTER ALT RECON- STRUC- TION	
19	Saldana et al. [27]	-	0	1	India	ROCM	DM	KOH MOUNT, CT, MRI	Amph B	FESS	Alive	
50	Yogendra mishra 32 2021. [28]	32	17	15	INDIA	ROCM	DM=28 STEROID=30	Confirmed with microscopy 29/32 (90.6%), his-t21opathology 27/32 (84.3%) and by culture in 27/32 (34.7%) cases	LamB = 32	In 30/32 (93.3%) patients, endoscopic debridement of sinuses was done. During the entire duration of study 4/32 (12.5%) patients did not survive, 5 (15.6%)	In our study 4/32 (12.5%) patients did not survive in the study period of seven weeks. Survivors-27. Dead-3	



REMARK Surgical intervention intervention and dead No surgery and dead -7 Survival rate ALIVE -11 DECEASED surgery but and alive-Surgical 3/10 o alive 1/3 2/3 MAXILLECTOMY Surgical treatment Surgical intervention-3 patients FESS = 17, LamB + POS = 2Amphotericin amphotericin Liposomal Liposomal Treatment B = 11KOH mount Method of diagnosis CT, MRI INTAKE—16 ROIDISM=2 15HYPOTHY-ASTHIMA = 1NEUTROPE-Risk factors DM-16 STEROID NIA = 1HTN = 7DM=7Rhino-orbital 13/14 ROCM Site graphic INDIA Male Female Demo-India α α 10 15 No. of patients 13 18 Author and year Table 1 (continued) Yudhvir singh 2021. [29] MOORTHY 2021. [30] 22

FESS, Triple interven-

tion" was carried out – craniotomy

amphotericin B (L-AMB)

swab sample

liposomal

rhinoscopy

INDUCED

ROCM

INDIA

0

Ekta et al . [31]

23

and nasal

DM post-COVID-19

infection

EXENTERATION -7

and stereotactic exci-

5 mg/kg

culture, MRI, LCB STAIN

sion of granuloma

by a neurosurgeon, orbital exenteration

by an oculoplasty

surgeon, and repeat sinuses irrigation by

anotolaryngologist

in similar order in the same sitting

 $\underline{\underline{\mathscr{G}}}$ Springer

Table 1 (continued)											
Author and year	No. of patients	Male	Male Female Demo- graphic	Demo- graphic	Site	Risk factors	Method of diagnosis	Treatment	Surgical treatment	Survival rate	REMARK
24 Dave et al. [32]	28	4	41	ROCM	INDIA	DM-43	HPE, CT, MRI	Intravenous liposomal Amphotericin B followed by oral Posacona- zole	58 (100%patients)	Sinus debride- ment = 58 patients (100%) Orbital exentera- tion = 22 patients (38%) Debridement of orbital necrotic tissue = 3 patients (5%) orbital irriga- tion with ampho- tericin B TRAMB = 1 patient (2%)	Alive=35 patients (60%) Dead Mortal- ity = 23 patients (34)
25 Rana 2021. [33]	-	1	0	NEW DELHI	PULMO- NARY WITH SINUS INVOLVE- MENT	DM -1	Biopsy, DNE, KOH MOUNT, MRI	Amphotericin B	Fess	Died on 46 day	
Total - 544											

Total = 544 Male = 380 Female = 164

mucormycosis throughout the first wave of SARS-CoV-2, questions arises about the factors and elements that may have instigated or caused this sudden surge of mucormycosis, particularly during the second wave. Types of mucormycosis include Rhino-orbito-cerebral mucormycosis (ROCM), Pulmonary mucormycosis, Gastrointestinal mucormycosis, Cutaneous mucormycosis, Disseminated mucormycosis. In this review, we aim at contemplating the best treatment modality available for the management of facial mucormycosis.

Methods

A systematic literature search was conducted in the electronic database of PubMed, Scopus, web of science, Embase and google scholar from January 2020 until December 2021 using keyword "covid-19 associated mucormycosis", "rhinoorbital mucormycosis", "rhinocerebral mucormycosis", "facial mucormycosis", "focm", "mortality rate", "treatment", "covid-19", "cam", "pandemic", "management", "treatment", "resection", "amphotericin", "maxillectomy", "exenteration", "endoscopic surgery", "fess", "drug therapy", "liposomal amphotericin b", "mortality", "death rate", "outcome", "quality of life".

Selection Criteria

Other references cited in the retrieved reports were also reviewed, and if relevant were included in our review. The studies considered relevant to our review were thoroughly examined, and a set of criteria were applied for their selection and inclusion in this systematic review (Fig. 1). The abstracts and full texts were read and classified to select only those that provided the information necessary for our review by two independent authors SS and SC. They were also sorted according to the potential risk of any type of bias.

This research was approved by the institutional ethics committee and conducted in accordance with preferred reporting items for Systematic Review and Meta-analysis (PRISMA) to answer the following questions:

What are the different treatment modalities available for COVID-19 associated mucormycosis patients? What are the outcomes of each treatment modality in treatment of COVID-19 associated mucormycosis patients? Whether patient has any comorbidities along with COVID-19

infection? What is the mortality rate of COVID-19 associated mucormycosis?

The studies were selected according to the inclusion and exclusion criteria. The inclusion criteria were English-language reports and randomized clinical trials (RCT), reviews of RCTs, case series retrospective study, prospective study and cohort studies. Inclusion criteria were patient with a history of COVID-19 infection who developed mucormycosis of facial bones and paranasal sinus which were then assessed for different treatment modalities used for the management and their outcome. Exclusion criteria selected were noncovid associated mucormycosis patients and patients with mucormycosis involvement other than in head and neck region. Animal studies were excluded.

Details of all the cases that reported mucormycosis in people with COVID-19 so far were retrieved by two authors SC and SS. In addition, the bibliographies of included studies were hand searched to identify potentially eligible studies that were not captured by electronic search. Characteristics of each patient were collected on excel sheet and analyzed on various endpoints and outcomes. Two authors independently checked the veracity of data. In case of any missing or unclear information, the study was excluded from the review.

Data Extraction

Two authors namely SC and SS extracted the data from the full text article and entered in tabular form which contains all descriptive variables namely author and year, number of patients, male, female, demographic site, risk factors, method of diagnosis, treatment, surgical treatment and survival rate (Table 1). The data accumulated from the Excel sheet (Table 1) were analyzed using qualitative data analysis. A narrative synthesis was formed from the extracted data findings and was presented in tabular form and categorized into five major categories:

- (i) infection site(s); (ii) predisposing risk factors or underlying conditions; (iii) method(s) of diagnosis;
- (iv) details of antifungal therapy (including types of antifungal, dose and treatment duration), endoscopic debridement as well as surgical and/or adjunctive therapy; and (v) patient outcomes, recovery from infection and their mortality. If any of these categories were not fulfilled by an individual chosen study, that study was omitted from further evaluation. Summary of all findings were tabulated in separate tables for data syntheses. The methodological quality



Table 2 Medical history of patients with COVID-19 associated facial mucormycosis

2			:								
$S.N_0$	S.No Name	Me	lical h	Medical history							
		DM	HTI	DM HTN Kidney	AIRWAY RELATED	OTHERS	HTN+DM Thyroid	Thyroid	LIVER DIS- EASE	HEART	STEROID USE
	Riad et al [7]	9	1							Stable angina 1	
2	Kumari et al. [8]	16									
ϵ	Baryam et al. [9]	8		Chronic renal failure		Myelodysplastic					
				<i>3</i> acute renal failure 2		syndrome 1					
4	Barman et al. [10]	_	7	IgA nephropathy 1			2	Hypothyroidism 1			
5	Nehra et al [11]	ε					2				
9	Pippal et al [12]	12		1 CKD			09				
7	Meher et al. [13]	124									
∞	Alamin et al. [16]	П	0	0	0	0	0	0	0	0	
6	Mehta et al. [17]						1				
10	Alfishawy et al [18]	19	7	ckd-2	Asthma-3			Hypothyroidism-1		cvs-8	
11	Arora et al [19]	59	4			Chronic bronchitis -1 benign prostatic hyperplasia-1 car- cinoma breast-1		4		Coronary artery disease 6 stroke 1	-
12	Esawaran et al. [20]	П									
13	Maine et al. [21]	0	0	0	0	0	0				
14	Nair et al. [22]	13									
15	Farzad et al [23]	9			2-ASTHMA		7	HYPOTHYROID-ISM-1		2	7
16	Poulou et al. [24]	0	1	0	0	0	0	0	0	0	
17	Pradeep Pradhan et al. [25]	4									41
18	Saad et al. [26]	0	0	0	0	0	0	0	0	0	
19	Saldana et al. [27]	П									
20	Yogendra Mishra et al. [28]	28	0	0	0	0	0	0	0	0	30
21	Yudhvir Singh et al. [29]	7	7		ASTHMA = 1	NEUTROPENIA=1		HYPOTHYROID-ISM=2			
22	Moorthy et al. [30]	16									16
23	Sahu Ekta et al. [31]	-									



SE

S.No Name	Medical history						
	DM HTN Kidney	AIRWAY RELATED	OTHERS	HTN+DM Thyroid	LIVER DIS- EASE	LIVER HEART DIS- EASE	STEROID US
24 Dave et al. [32]	43						
25 Rana et al. [33]	1						
Total DM $= 410$ patients							
HTN-32 patients							
CKD -6							
Acute renal failure – 3							
IgA nephropathy 1							
ASTHMA = 6							
HTN + DM = 72							

HYPOTHYROIDISM=9 H/O STEROID USE=95 of the selected studies was evaluated using the Jonna Briggs Institute (JBI) critical appraisal tool. ROB 2.0 was used to asses risk of bias. Two independent contributors (SC and SS) assessed the quality of included studies and any discrepancies was resolved by discussion with third reviewer PW. Sensitivity analysis was not performed.

Results

On performing a systematic search, records were identified through various databases among which 372 records were identified through PubMed database and a total of 235 records were identified through Additional records involving google scholar (102 records), Embase (48 records), web of science (27 records) and Scopus (58 records). Before screening, 188 duplicate records were omitted as a part of the review. On further screening, 71 studies were removed for not abiding with the chosen inclusion criteria. Selected 31 studies were further screened, out of which 3 of them could not be retrieved. Total of 28 reports were assessed for eligibility, due to lack of complete information 3 studies were further removed.(flowchart 1).

We used the RoB 2.0 tool to assess risk of bias for each of the included studies. A summary of these assessments is provided in (Table 5). In terms of overall risk of bias, there were no concerns about risk of bias for all chosen studies.

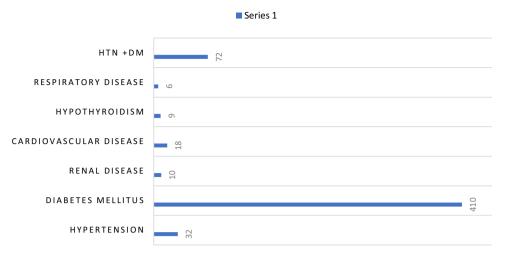
In all, there were 25 studies abiding with preformed inclusion and exclusion criteria among which a total of 544 rhino-orbito-cerebral mucormycosis patients with a history of COVID-19 infection were taken in reference. There were 380 men and 164 women included. Population included in this review were majorly from Indian cities (19 studies) followed by Egypt (3 studies), Iran (1 study), kanseri city (1 study) and Honduras city (1 study). The diagnosis of mucormycosis was reached by performing either of the following tests; KOH staining, diagnostic nasal endoscopy, histopathology, lactophenol cotton blue stain. Often, CT, CECT, MRI radiological diagnosis were done along with the biopsy to understand the extent of the lesion. On evaluation COVID-19 associated mucormycosis patients, it was observed that maximum number of patients were suffering from Diabetes Mellitus which was seen in 410 patients, along with other diseases like hypertension in 32 patients, chronic kidney diseases in 3 patients, renal diseases in 10 patients, cardiovascular diseases in 18 patients, hypothyroidism in 9 patient, respiratory diseases in 6 patients, hypertension along with diabetes mellitus were reported in 72 patients. (Table 2)

Various treatment modalities were used for the management of COVID-19 associated rhino-orbito-cerebral



Fig. 2 Associated Medical History





mucormycosis patients among which a few of them were treated by using only antifungal drugs either alone or in combination with other antifungal drugs. The common antifungal drugs used were Amphotericin B (Amph-b), Liposomal Amphotericin B (LAMB), Posaconazole (POS), Itraconazole (ITC), Voriconazole, Caspofungin, vancomycin, meropenem, etc. Majority of patients were treated with Liposomal Amphotericin B (345 patients) followed by Amphotericin B in (79 patients), voriconazole (6 patients), itraconazole (3 patients). Combined antifungal drug therapy included treatment with liposomal amphotericin B with Posaconazole in 8 patients, Amphotericin B with Posaconazole in 3 patients, amphotericin B with Posaconazole and caspofungin in 2 patients, amphotericin B with caspofungin in 2 patients and meropenem with vancomycin were used in 2 patients. As part of surgical debridement, majority of patients underwent Functional endoscopic sinus surgery (FESS) done in 486 patients as form of primary intervention. Along with FESS patient with extensive lesion underwent maxillectomy (77 patients), orbital exenteration (87 patients), orbital decompression (11 patients) depending on the extent of the infection. It was found that combination therapy of antifungal drug along with surgical debridement helped saving many lives (Table 3) (Fig. 3). Out of 544 patients, there were 90 deaths reported and 1 patient was lost to follow-up. In patients who were only on drug therapy it was found that 14 of them could not be saved, whereas 25 patients only on antifungal drug therapy recovered. In the chosen publications for this review article, 428 patients recovered who underwent

surgical debridement along with antifungal drugs whereas 76 patients were deceased. (Table 4) (Fig. 4).

Discussion

In our systematic review, we finalized 25 studies/case reports/case series which included population majorly from Indian origin. There were few studies noted from Egypt, Iran, Kanseri city, etc. We looked upon cases of Covid associated rhino-orbito-cerebral mucormycosis. Our main intention was to evaluate the efficacy of various treatment modalities whether in combination or alone in reducing mortality rate of patients with rhino-orbito-cerebral mucormycosis associated with COVID-19 infection.

Total number of patients evaluated in this review were 544 patients out of which 380 were male and 164 were female. Majority of patients had history of immunosuppressed disease, majorly being associated with Diabetes mellitus, which was observed within 410 patients. There were also reported cases of newly developed diabetes mellitus post-COVID-19 infection. Other associated immunocompromised diseases involved hypertension (32 patients), chronic kidney diseases (6 patients), cardiovascular diseases (18 patients), hypothyroidism (9 patients), nephropathy, pneumonitis, etc.(Fig. 2).

Out of the chosen twenty five such studies, Gupta et al [6] reported 8 patients with hypertension, three with no



 Table 3
 Treatment modalities

Table 5	ie 3 Treatment modanties	103												
S.No	S.No NAME	AMPHO- TERICIN B	LIPO- SOMAL AMPHO- TERICIN B	POSACONAZOLE	VORI- CONA- ZOLE	ITRA- CONA- ZOLE	CASPO- FUNGIN	VANCO- MYCIN	MERO- PENEM	ОТНЕК	FESS	MAXIL- LEC- TOMY	ORBITAL EXENTER- ATION	ORBITAL DECOM- PRESSION
1	Riad 2021. [7]		7								5			
7	Abha Kumari 2021. [8]	20		DISCHARGE MEDICATION							20	-	4	
3	BAYRAM 2021. [9]		11								11			
4	Barman 2021. [10]		ς.	DISCHARGE MEDICATION							5			
5	Hardeva Ram Nehara 2021 [11]		ς.	DISCHARGE MEDICATION -1						Given along with meropenem and vancomycin	1		1	
9	Sunil Kumar Pippal, 2021 [12]	80	I	DISCHARGE MEDICATION	ı		ı				58	27	9	10
7	Ravi Meher, 2021 [13]		125	DISCHARGE MEDICATION	9						66	32	20	
∞	Mohammed A. Alamin 2021. [16]		-	DISCHARGE MEDICATION							1			
6	Salil Mehta2020 [17]		-							WITH VANCOMYCON AND MEROPENEM				
10	Alfishawy 2021. [18]	5	4	DISCHARGE MEDICATION		8				Lamb+POS=6	41			
11	Ritu Arora12021 [19]		09								09	1	1	
12	ESWARAN,2021. [20]		-	DISCHARGE MEDICATION								-		1
13	Aastha Maini a,2021. [21]	1								IV FLUCONAZOLE				
41	Akshay Gopinathan Nair a,b,c,d, Nam- rata G, Adulkare, Lynn D'Cunhaa, Priyanka R. Raoa, Renuka A. Bradoof, Maneesh 2021. [22]	∞	ĸ	DISCHARGE MEDICATION							13		∞	
15	Farzad Pakdell 2021. [23]	15								COMBINED ANTI- FUNGAL THERAPY FOLLOWED AMB + POS = 3 AMB + POC + CASPO- FUNGIN = 2 AMB + CASPO- FUNGIN = 1	2	2	S	
16	Polou 2021. [24]	1									1	+1	+1	
17	Pradeep Pradhan 2021. [25]	46									46		∞	
18	SAAD,2021 . [26] Saldana et al. [27]											+ 7		



	Table 3 (continued)													
Springer	S.No NAME	AMPHO- TERICIN B	AMPHO- LIPO- TERICIN SOMAL B AMPHO- TERICIN B	POSACONAZOLE	VORI- CONA- ZOLE	ITRA- CONA- ZOLE	CASPO- FUNGIN	VANCO- MYCIN	VANCO- MERO- MYCIN PENEM	OTHER	FESS	MAXIL- LEC- TOMY	MAXIL- ORBITAL ORBITAL LEC- EXENTER- DECOM- TOMY ATION PRESSION	ORBITAL DECOM- PRESSION
50	Yogendra mishra 2021. [28]		32								30			
21	Yudhvir singh 2021. [29]		11	LaMB + POS = 2							30			
22	MOORTHY 2021. [30]		18								17	11	7	
23	Ekta et al . [31]		_	DISCHARGE MEDICATION							-1		_	
24	Dave et al. [32]		58								58		+22	
25	RANA et al	1									1			

AMPH B - 179

LIPOSOMAL AMPH B – 345

FESS = 486

MAXILLECTOMY = 77

ORBITAL EXENTEER ATION = 87

ORBITAL DECOMPRESSION=11

POSACONAZOLE USED AS DISCHARGE MEDICATION = 274

LAMPH B+POS=8

AMB + POS = 3

AMB + POC + CASPOFUNGIN = 2

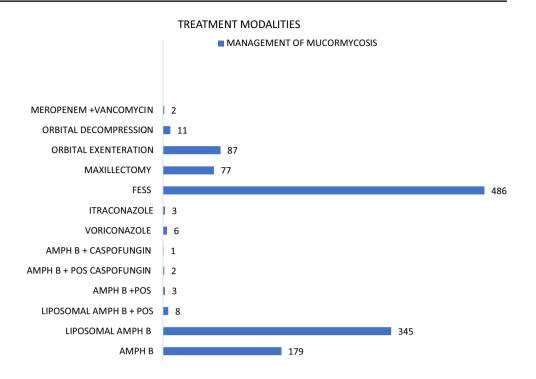
AMB + CASPOFUNGIN = 1

VORICONAZOLE 6

MEROPENEM AND VANCOMYCIN=2 ITRACONAZOLE=3



Fig. 3 Outcome of various treatment modalities



medical history. Riad et al [7] reported 3 patients with cardiovascular diseases which included angina, Hypertension along with 6 patients suffering from Diabetes Mellitus. Kumari Abha [8] et al. mentioned 3 patients of chronic kidney disease and 1 suffering from liver diseases rest 16 patients suffering from Diabetes Mellitus. Bayram et al. [9] reported 3 patients suffering from chronic kidney disease, 1 with myelodysplastic syndrome. Barman et al [10] reported patients with hypertension 1 hyperthyroidism 1, diabetes mellitus 8 patients. Nehra et al [11] reported 4 patients with hypertension and 6 with diabetes mellitus.

According to study conducted by pippal et al [12] out of 80 rhino-orbito-cerebral mucormycosis infected patients 72 patients were known diabetic, 60 patients had diabetes mellitus along with hypertension. In their study at the end of four-month follow-up period, there were no deaths reported. 72.5% patients involved were treated with antifungal drugs along with FESS and surgical debridement.

Meher et al [13] in their study evaluated 131 COVID-19 associated out of which 85 patients were known case of diabetes mellitus. They reported use of antifungal drug therapy in 106 patients, voriconazole was used in 5 patients, maxillectomy in 32 patients, orbital exenteration in 20 patients and FESS surgical debridement was done in 99 patients. They reported 7 deaths in their study.

The number of days between COVID-19 infection and development of mucormycosis were not clearly mentioned in the chosen articles. It is said that oxygen therapy, corticosteroid abuse for the treatment of COVID-19 infection

acts as a causative factor in development of mucormycosis. In a data of 465 cases of mucormycosis without COVID-19 infection in India, Patel et al. has shown that rhino-orbital presentation was the most common (67.7%), followed by pulmonary (13.3%) and cutaneous type (10.5%) [14]. Diagnosis of mucormycosis was clinically dependent on the basis of common symptoms according to the 1950 Smith and Krichner criteria for the clinical diagnosis of mucormycosis is still considered to be gold standard and includes. [15]:

- (i) Black, necrotic turbinate's easily mistaken for dried, crusted blood,
- (ii) Blood-tinged nasal discharge and facial pain, both on the same side,
- (iii) Soft peri-orbital or peri-nasal swelling with discoloration and induration.
- (iv) Ptosis of the eyelid, proptosis of the eyeball and complete ophthalmoplegia and,
- (v) Multiple cranial nerve palsies unrelated to documented lesions.

Clinical examination was followed by KOH stain, Lactophenol cotton blue (LCB) mount, and Diagnostic Nasal Endoscopy. Radiological support was taken from CECT and MRI. It was observed that majority of mucormycosis infected patients were treated using combination therapy of antifungal drugs. Oral Posaconazole was majorly prescribed as discharge medication or as a second line of drug if patient



Table 4 Outcome of various treatment modalities

S.No	Name	Drug		Surgery	+Drug	Dead	Alive
		Dead	Alive	Dead	Alive		
1	Riad et al [7]		2		5		7
2	Kumari et al. [8]			6	14	6	14
3	Baryam et al. [9]			7	4	7	4
4	Barman et al. [10]				5		5
5	Nehra et al [11]	2	2		1	2	3
6	Pippal et al. [12]		15		65	0	80
7	Meher et al [13]			7	124	7	124
8	Alamin et al. [16]				1		1
9	Mehta et al. [17]	1				1	
10	Alfishawy et al. [18]	3	3	5	10	8	13
11	Arora et al. [19]				60		60
12	ESAWARAN [20]			0	1	0	1
13	Maine et al. [21]				1		1
14	Nair et al. [22]				13		13
15	Farzad et al. [23]	1		6	8	7	8
16	Poulou et al. [24]				1		1
17	Pradeep Pradhan et al. [25]			9	37	9	37
18	Saad et al. [26]			1		1	
19	Saldana et al. [27]				1		1
20	Yogendra Mishra et al. [28]			4	28	4	28
21	Yudhvir Singh et al. [29]	7	3	1	2	8	5
22	Moorthy et al. [30]			6	11	6	11(1 Lost to follow- up)
23	Sahu Ekta e al [31]				1		1
24	Dave et al. [32]			23	35	23	35
25	Rana et al. [33]			1		1	
	TOTAL	14	25	76	428	90	453

Total patient—544 patients

Alive 453

Dead-90

Lost to follow-up-1

Surgery + drug alive = 428

Surgery + drug dead = 76

Drug alive = 25

Drug dead = 14

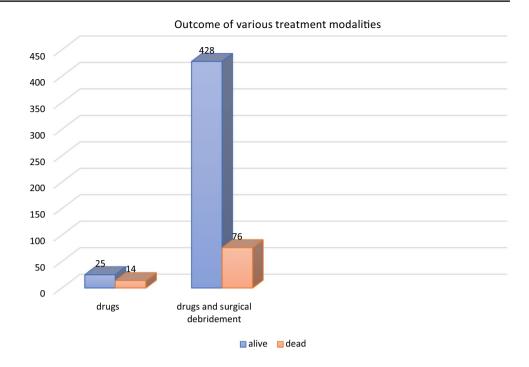
is allergic to amphotericin B or has developed acute kidney infection on having amphotericin-B. Oral Posaconazole as a discharge medication was given to 274 patients. Patients were treated by either using one antifungal drug or as a combined antifungal drug therapy approach. Various combinations followed were Amphotericin B with caspofungin in 1 patient, Amphotericin B with Posaconazole in 3 patients, Amphotericin B with Posaconazole and caspofungin in 2 patients, meropenem with vancomycin in 2 patients, liposomal amphotericin B infusion with Posaconazole in 8

patients. Majority of patients were treated with either liposomal amphotericin B at 5–10 mg/kg/bw observed in 345 patients or were given Amphotericin B only observed in 179 patients. Other antifungal drugs used were voriconazole in 6 patients, itraconazole in 3 patients.

Surgical management included Functional endoscopic sinus surgery which was done in majority of the cases (486 patients). The approach used for treatment of mucormycosis was to go as invasive as possible in first attempt depending on the extent of the lesion. This approach



Fig. 4 Treatment modalities



seemed to be the most effective and hence decreasing the mortality rate, but quality of life was questioned upon. There were procedures like maxillectomy (77 patients), orbital exenteration (87 patients) and orbital decompression (11 patients) done as a form of surgical management. Even though these procedures add to decreased quality of life but surely gives reasons to believe that early antifungal drug therapy along with invasive surgical management has reduced mortality rate in such patients.

It was found that infected rhino-orbito-cerebral COVID-19 associated mucormycosis population who were treated with only antifungal drug therapy out of which only 25 patients recovered whereas 14 were reported dead. In patients who were treated with both antifungal drug therapy along with surgical debridement, there was evident increase in chances of survival observed with alive patients being 428 and 76 patients could not be saved. (Fig. 4)

Limitations of this review were limited follow-up period of the patients and limited data of interval between diagnosis, surgical intervention and its outcome. There was no clear mention of the mortality rate in the chosen studies; hence, it could not be determined.

Conclusion

Our review concluded that surgical debridement should be performed whenever feasible in parallel to antifungal treatment. The drug of choice is liposomal amphotericin B (5–10 mg/kg/bw qDay infuse IV at rate of 2.5 mg/kg/hr). In case of renal failure, posaconazole or Isavuconazole was shown to be effective as well as for maintenance therapy. If a patient is intolerant to liposomal amphotericin B, its dose can be reduced, but should stay ≥ 5 mg/kg bodyweight. In case of extensive disease, rapid progression, or poor general condition, the addition of Isavuconazole or posaconazole can be considered. Treatment should be continued until resolution of initially indicative findings on imaging and reconstitution of host immune system. Hence, early surgical debridement along with antifungal drugs is proven to be beneficial and gives a better outcome in management of rhino-orbital mucormycosis patients.

Differences between protocol and review: in our protocol, duration of hospital stays in days was one of the detrimental category which was not evident in all the studies hence that category was omitted as one of the factors.



Overall risk of bias (consump-Low risk Low risk bias (selection) Overall risk of Low risk ow risk Low risk Bias in selection of the reported Low risk ow risk Low risk result urement of the Bias in meas-Low risk Low risk outcome Low risk missing outcome Bias due to Low risk ow risk Low risk Low risk Low risk Low risk Low risk ow risk Low risk data tions from intended Bias due to deviainterventions Low risk ow risk Low risk Bias arising from the tion and recruitment ticipant in relation to timing of randomizatiming of identificaof individual partion (CRCT only) Low risk the randomization Bias arising from Low risk process Alfishawy 2021. [18] BAYRAM 2021. [9] Sunil Kumar Pippal, Mohammed A. Ala-Akshay Gopinathan Nair a,b,c,d, Nam-Bradoof, Maneesh Abha Kumari 2021. Nehara 2021 [111] Barman 2021. [10] rata G. Adulkare, **ESWARAN**, 2021. SAAD, 2021. [26] Lynn D'Cunhaa, Raoa, Renuka A. Ravi Meher, 2021 Salil Mehta 2020 Pradeep Pradhan Polou 2021. [24] Ritu Arora12021 min 2021. [16] Aastha Maini a, Table 5 Risk of bias Farzad Pakdel1 Riad 2021. [7] Hardeva Ram Priyanka R. 2021. [21] 2021. [23] 2021. [22] 2021 [12] 2021. [25] Study [19] S.No 13 4 16 17 18 10 Ξ 12 15 \sim c 2 00



S.No	S.No Study	Bias arising from the randomization process	Bias arising from the Bias due to deviationing of identification and recruitment interventions of individual participant in relation to	Bias due to devia- tions from intended interventions	Bias due to missing outcome data	Bias in meas- urement of the outcome	Bias in selection of the reported result	Overall risk of Overall risk of bias (selection) bias (consumption)	Overall risk of bias (consumption)
6	Saldana et al [27]	I ow risk	tion (CRCT only)	I ow risk	Low risk	I ow risk	Low risk	Low risk	I. ow risk
20	Yogendra mishra 2021. [28]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
21	Yudhvir singh 2021. Low risk [29]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
22	MOORTHY 2021. Low risk [30]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
23	Ekta et al. [31]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
24	Dave et al. [32]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
25	Rana 2021.[33]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk

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Declarations

Conflict of interest We hereby declare that we have no conflict of interest, related to this article titled "Various treatment modalities in COVID-19 associated facial mucormycosis and the need for its surgical management–A systematic review".

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