



Big data of clinical manifestations combined with neuroelectrophysiologic features in the early diagnosis of motor neuron disease

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Abstract

Motor neuron disease/amyotrophic lateral sclerosis (ALS) is an adult-onset neurodegenerative disorder characterised by loss of upper motor neurons (including the Betz cells of the motor cortex), and lower motor neuron, anterior horn cells of the spinal cord and brainstem nuclei. 5–10% in ALS is hereditary and sporadic, with an incidence of 2–3 per 100,000. ALS is a fatal disease. The average survival of patients is 3–5 years. So far, the pathogenesis of ALS has been unclear. Although there are many drugs in the trial, there is no reversible treatment for motor neurons that are already degenerating. Although more and more researchers are investing a lot of energy in research, the time for identifying this disease is still very long. In the diagnosis of ALS patients, in order to obtain appropriate treatment and care, it is great significance of the concept of “the earlier the better” to diagnose. The purpose of this study was to explore factors for possible early diagnosis and potential therapeutic agents by reviewing the literature and collecting case data and discuss their potential for improvement. We retrospectively analyzed ALS patients from 23427 patients in department of neurology in Xi’an Gaoxin Hospital between December 2006 and March 2017. The conclusion displayed that early neurological electrophysiological examination combined with clinical features can improve the diagnosis of ALS.

Keywords Motor neuron disease · Amyotrophic lateral sclerosis · Diagnosis time · Neuroelectrophysiology

1 Introduction

MND/ALS is an adult-onset neurodegenerative disorder characterised by loss of upper motor neurons (UMNs, including the Betz cells of the motor cortex), and lower motor neuron (LMNs, anterior horn cells of the spinal cord and brainstem nuclei) (Bäumer et al. 2014). The term MND is largely synonymous with ALS, reflecting the observation that most patients demonstrate combined LMN-related loss

of muscle as a result of denervation (amyotrophy), and UMN degeneration of the lateral corticospinal tract and its cortical origins manifesting as gliosis, or hardening (sclerosis). 5–10% in ALS is hereditary (fALS) and sporadic (sALS), with an incidence of 2–3 per 100,000 (Furuta et al. 2013). ALS is a fatal disease. The average survival of patients is 3–5 years (Electromyography 2012). Now that ALS is no longer a single disease that affects the motor nervous system, up to 15% have significant frontotemporal dementia (FTD) (Bäumer et al. 2014). So far, the pathogenesis of ALS has been unclear. Currently, only riluzole and edaravone have been approved for ALS treatment by the Food and Drug Administration (FDA). Riluzole can prolong the survival of patients with ALS for up to 2–3 months, and has little effect on quality of life. Edaravone mildly improves the patient’s mobility, but the impact on survival is unknown (Chia et al. 2018). Although there are many drugs in the trial, there is no reversible treatment for motor neurons that are already degenerating.

Although more and more researchers are investing a lot of energy in research, the time for identifying this disease is

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still very long. In the diagnosis of ALS patients, in order to obtain appropriate treatment and care, it is great significance of the concept of “the earlier the better” to diagnose.

The purpose of this study was to explore potential therapeutic agents and factors for possible early diagnosis by reviewing the literature and collecting case data and discuss their potential for improvement.

2 Objectives and methods

2.1 Objectives

Retrospective analysis of ALS patients with from 23,427 patients in Department of Neurology in Xi’an Gaixin Hospital from December 2006 to March 2017.

2.2 Methods

Collection of ALS patient gender, age of onset, time of diagnosis, first site, first symptom and neurophysiological data of ALS patients as part of clinical symptoms, including needle electromyographic data, motor nerve conduction data, and sensory nerve conduction data. The electrophysiological study of nerves was performed by the Danish Keypoint.net EMG apparatus.

Diagnostic time is defined as the interval between the time when the first symptom begins and the time when the diagnosis is confirmed (Sabrina et al. 2014; Paganoni et al. 2014; Simon et al. 2014; Chen and Fan 2014; Cellura et al. 2012).

The first time of the electrophysiological examination was defined as the interval between the time when the first symptom began and the first time electrophysiological examination was performed (Paganoni et al. 2014).

Each patient was used concentric EMG to record neurogenic changes including fibrillation potential and positive potential. Screening of limb muscles including deltoid, triceps, biceps brachii, abductor pollicis brevis (APB), first dorsal interosseous (FDI), abductor digiti minimi (ADM), quadriceps, tibialis anterior (TA) and musculus gastrocnemius (MG); Screening for extra muscles based on clinical performance. Screening of the sternocleidomastoid, trapezius, and lingualis when bulbus medullae was considered; T10 paraspinal muscle was selected in the thoracic spine. For comparative analysis, muscles were divided into proximal upper limbs (deltoid, biceps and triceps), distal upper limbs (APB, FDI, and ADM), and lower limbs (quadriceps, TA and MG). Upper and lower limb motor nerve conduction studies (NCS) include the median nerve, ulnar nerve, common peroneal nerve, and tibial nerve.

The dCMAP amplitude compares with the laboratory dCMAP normal limit (LLN).

The “split hand” is a characteristic of ALS patients. The first to shrink is the APB, FDI and ADM.

“Split hand” defines the ratio between the dCMAP amplitude of the median nerve (APB) and the dCMAP of the ulnar nerve (ADM) (APB: ADM). The ratio less than 0.6 is considered as evidence of “split hands” (Simon et al. 2014).

The clinical symptoms of each region were collected. The body regions were divided into four regions: bulbus medullae, cervical spinal cord, thoracic spinal cord, and lumbosacral spinal cord. The diagnostic level for each patient is based on the Awaji-shima diagnostic criteria (Electromyography 2012; Chen and Fan 2014).

2.3 Statistical processing

SPSS19.0 software package was used for data analysis. Measurement data with non-normal distribution are expressed as median (Md), and measurement data with normal distribution are expressed as $\bar{X} \pm S$.

3 Results

3.1 The clinical manifestations

There were 56 patients with ALS in this group. There were 44 cases of clinically definite ALS, which accounted for 78.6% of the total number of cases (Tables 1, 2). There were 7 cases of clinically probable ALS, which accounted for 12.5% of the total number of cases (Table 3). There were 5 cases of clinically possible ALS, accounting for 8.9% of the total number cases (Table 4). Clinical features combined with electromyographic examination made clinical diagnosis earlier. It improved 4 cases from clinically possible to clinically probable (7.1% of total cases); 6 cases from clinically probable to clinically definite (10.7% of total cases); 2 cases from clinically possible to clinically definite (3.6% of total cases) (Tables 1, 2, 3, 4). 39 males and 17 females patients were in this group of ALS. The ratio of male to female was 2.3:1. Among them, 48.2% patients were cervical spinal cord onset, 23% bulbus medullae onset, 23% lumbosacral onset, no thoracic onset case and 7.1% patient were started atypical (fatigue, numbness and swelling of upper limb, muscle pain in lower limb, double leg sore) The onset age was between 10 and 72, the mean age was 52.5 ± 12.0 . The onset age in the bulbus medullae group was 56.2 ± 13.0 , in the cervical spinal cord group was 54.3 ± 8.6 , in the lumbosacral spinal cord group was 45.1 ± 14.5 (Table 5). The median time of total diagnosis was 12.5 months. The median time of diagnosis in the bulbus medullae group was 8 months; in the cervical spinal cord group was 12.5 months, in the

Table 1 Clinical and electromyographic performance of 28 patients with clinically definite ALS

Cases	Bulbar muscle	Cervical muscle	Thoracic muscle	Lumbosacral muscle	UMN	Symptomless muscle EMG abnormal	Diagnosis
1	+	+	+	+	+	Trapezius	Clinically definite
2	+	+	+	+	+	Biceps brachii	Clinically definite
3	+	+	+	+	+	T10 paraspinal muscle	Clinically definite
4	+	+	+	+	+	APB	Clinically definite
5	+	+	+	+	+	APB FDI	Clinically definite
6	+	+	+	+	+	TA MG	Clinically definite
7	+	+	+	-	+	APB Deltoid biceps brachii	Clinically definite
8	+	+	-	+	+	MG T10 paraspinal muscle	Clinically definite
9	+	+	-	+	-	T10 paraspinal muscle	Clinically definite
10	+	+	-	+	+	TA	Clinically definite
11	+	+	-	+	+	T10 paraspinal muscle	Clinically definite
12	+	+	-	+	+	T10 paraspinal muscle	Clinically definite
13	+	+	-	+	-	T10 paraspinal muscle	Clinically definite
14	+	+	-	+	+	T10 paraspinal muscle	Clinically definite
15	+	+	-	+	+	Trapezius	Clinically definite
16	+	+	-	+	+	Trapezius T10 paraspinal muscle	Clinically definite
17	+	+	-	+	+	T10 paraspinal muscle	Clinically definite
18	+	-	+	+	-	Biceps brachii	Clinically definite
19	+	-	+	+	+	TA MG	Clinically definite
20	+	+	-	-	+	TA MG sternocleidomastoid	Clinically definite
21	+	+	-	-	+	TA MG sternocleidomastoid	Clinically definite
22	+	-	-	+	+	Biceps brachii	Clinically definite
23	+	-	-	+	-	FDI	Clinically definite
24	-	+	-	+	-	Sternocleidomastoid	Clinically definite
25	-	+	-	+	+	APB MG T10 paraspinal muscle	Clinically definite
26	+	-	-	-	+	APB biceps brachii TA	Clinically definite
27	-	+	-	-	+	TA trapezius T10 paraspinal muscle	Clinically definite
28	-	+	-	-	-	Trapezius T10 paraspinal muscle	Clinically definite

Instructions: 1. The clinical manifestations of lower motor neurons (LMN) include limb weakness, muscle atrophy, and reduced or disappearance of tendon reflexes; the symptoms of bulbus medullae lower motor neurons (LMN) manifest as dysphagia, drinking water cough, speech slurs, lingual atrophy and fibrillation. EMG features of LMN are defined as: ① Progressive muscle denervation potential: fibrillation and positive potentials. ② Chronic denervation potential: Gaint potential (increased amplitude, widened duration) accompanied by plenty polyphase waves when muscle contracted slightly. Increased amplitude and reduced recruitment even interference waves when muscle contracted heavily. The dCMAP amplitude of the distal muscle was significantly decreased and the MCV (Motor nerve conduction velocity) slightly slowed. Upper motor neuron (UMN) damage performance: tendon hyperreflexia, pyramidal tract positive and so on. 2. “+”: There are the above symptoms, signs, abnormal EMG performance

lumbosacral spinal cord group was 30 months (Table 6). The median time of diagnosis in 10–39 year-old group was 30.5 months; in 40–49 year-old group and 50–59 year-old group was 12 months; in 60–72 year-old group was 17.5 months (Table 7). The total misdiagnosis rate was 33.9%, of which cerebral infarction accounted for 36.8%; the misdiagnosis rate in the 60–72 year-old group was as high as 64.3%, of which 77.8% were misdiagnosed as cerebral infarction. The median time to first electrophysiological examination was 11 months.

3.2 Electrophysiological data

3.2.1 Needle EMG

Asymmetry of clinical and electrophysiological abnormalities is present in this group of patients with ALS. Among the 56 patients, there were 32 patients with asymptomatic muscle while EMG was abnormal. The abnormal rate was 57.14% (Tables 1, 3). In this group of patients with ALS, different muscles have abnormal EMG while they are asymptomatic (Table 5). A total of 26 patients underwent electromyographic examination of T10 spinous paraspinal muscle. There were 12 cases

Table 2 Clinical and electromyographic performance of 16 patients with clinically definite ALS

Cases	Bulbar muscle	Cervical muscle	Thoracic muscle	Lumbosacral muscle	UMN	EMG	Diagnosis
29	+	+	+	+	+	+	Clinically definite
30	+	+	+	+	+	+	Clinically definite
31	+	+	+	+	+	+	Clinically definite
32	+	+	+	+	+	+	Clinically definite
33	+	+	+	+	+	+	Clinically definite
34	+	+	+	-	+	+	Clinically definite
35	+	+	-	+	-	+	Clinically definite
36	+	+	+	+	+	+	Clinically definite
37	+	-	+	+	-	+	Clinically definite
38	+	+	-	+	+	+	Clinically definite
39	+	+	+	-	+	+	Clinically definite
40	+	+	+	+	+	+	Clinically definite
41	+	+	+	+	+	+	Clinically definite
42	+	+	+	+	+	+	Clinically definite
43	-	+	+	+	-	+	Clinically definite
44	-	+	+	+	-	+	Clinically definite

The explanation is as shown in Table 1

Table 3 Clinical and electromyographic performance of 7 patients with clinically probable ALS

Cases	Bulbar muscle	Cervical muscle	Thoracic muscle	Lumbosacral muscle	UMN	Symptomless muscle EMG abnormal	Diagnosis
45	-	+	-	-	+	Limb muscles	Clinically probable
46	-	-	-	+	-	Limb muscles	Clinically probable
47	+	-	-	-	+	Upper limb muscles	Clinically probable
48	-	+	-	-	-	T10 paraspinal muscle	Clinically probable
49	+	+	-	-	+	+	Clinically probable
50	-	+	-	+	-	+	Clinically probable
51	-	+	-	+	-	+	Clinically probable

The explanation is as shown in Table 1

Table 4 Clinical and electromyographic performance of 5 patients with clinically possible ALS

Cases	Bulbar muscle	Cervical muscle	Thoracic muscle	Lumbosacral muscle	UMN	EMG	Diagnosis
52	+	-	-	-	-	+	Clinically possible
53	+	-	-	+	±	+	Clinically possible
54	-	+	-	-	+	+	Clinically possible
55	-	+	-	-	-	+	Clinically possible
56	-	+	-	-	-	+	Clinically possible

The explanation is as shown in Table 1

with EMG abnormalities while clinical asymptomatic (8 cases of cervical spinal cord group), and the highest rate of abnormality was 42.15%. The EMG abnormal rate in deltoid was higher than that in biceps brachii of upper limb. The EMG abnormal rate of asymptomatic distal muscles of upper limb and lower limb were all similar. The EMG abnormal rate of trapezius appears to be higher than that

of sternocleidomastoid in bulbar asymptomatic muscles (Table 8).

3.2.2 Electrophysiological conduction

The main abnormality of motor nerve conduction in this group of patients with ALS was the decrease of the median

Table 5 Initial age of 56 patients with ALS in different onset groups ($\bar{X} \pm S$)

Onset group	Cases	Initial age of onset (year)
Bulbus medullae group	13	56.2 ± 13.0
Cervical spinal cord group	30	54.3 ± 8.6
Lumbosacral spinal cord group	13	56.2 ± 13.0
Initial age of onset in total number of cases	56	52.5 ± 12.0

Explanation: The age of patients with ALS in this group is 10–72, thoracic spinal cord incidence: 0 cases

Table 6 Diagnostic time of 53 patients with ALS in different onset groups (Md)

Onset group	Cases	Diagnosis time (month)
Bulbus medullae group	12	8.0
Cervical spinal cord group	28	12.5
Lumbosacral spinal cord group	13	30.0
Total diagnosis time	56	12.5

Table 7 Diagnostic Time of 53 patients with ALS in different age groups (Md)

Age group (years)	Cases	Diagnosis time (month)
10–39	6	30.5
40–49	9	12.0
50–59	24	12.0
60–72	14	17.5

Table 8 Electromyography of neuromuscular damage in asymptomatic muscles of 53 patients with ALS

Muscle	Muscle number	Abnormal case	Abnormal rate (%)
Deltoid	36	11	30.60
Biceps brachii	51	8	15.70
APB	59	9	15.30
ADM	34	2	5.90
FDI	45	6	13.30
T10 paraspinal muscle	26	12	42.15
Quadriceps	55	6	9.10
TA	59	13	22.00
MG	38	10	26.30
Trapezius	18	5	27.80
Sternocleidomastoid	42	3	7.00
Lingualis	20	0	0.00

amplitude of dCMAP. The median dCMAP latency of the ulnar nerve in different onset groups was prolonged. The median of dCMAP conduction velocity of limbs nerve was normal. Comparison of motor nerve conduction in different onset groups showed that the median amplitude of dCMAP in the median nerve of different onset groups was lower than the lower limit of normal, while the median amplitude of dCMAP in ulnar nerve was higher than normal. Electrophysiological characteristics of “split hands” were present in different onset groups: 85.7% in cervical spinal cord group, 45% in bulbus medullae group, and 41% in lumbosacral spinal cord group (Table 9). The median dCMAP amplitude of the peroneal nerve in lumbosacral spinal cord group was lower than the lower limit of normal, while the median of dCMAP amplitude in tibial nerve was higher than normal (Table 10). 10% of patients had sensory neurophysiological abnormalities in this group of patients with ALS.

4 Discuss

4.1 The pathogenesis of ALS

4.1.1 Genetics

The pathogenesis of ALS is unclear. Genetic research currently is a hot topic and potential drug treatment targets can be found. To date, more than 20 genes have been identified as pathogenic or highly related genes for ALS. These genes work together to address the pathogenesis of ALS, resulting in protein abnormal accumulation or defects in protein clearance pathways that eventually lead to mitochondrial balance dysfunction, RNA and DNA damaged, impaired cytoskeletal integrity, and altered axon transport motility (Chia et al. 2018). Current research on Chinese patients with ALS shows that SOD1 mutations account for 25.3% of Chinese fALS cases, being identified as the most frequently mutated ALS genes in China, followed by TARDBP (5.8%) and FUS (5.8%) (Liu et al. 2018). The following are three common ALS-related gene mutations and their pathological features and possible drug treatment.

4.1.1.1 SOD1 (Cu/Zn superoxide dismutase) The current research on SOD1 mutations and possible drug treatments are as follows: SOD1 protein is an antioxidant, SOD1 in patients with SOD1-ALS loses its own enzyme activity, so drugs that scavenge oxidizing free radicals have a therapeutic effect on ALS (Watanabe et al. 2018). Edaravone can antagonize oxidative free radicals and can inhibit the damage of vascular endothelial cells and astrocytes induced by oxidative stress and thus protect the motor neurons (Watanabe et al. 2018; Takei et al. 2017). It improves the decline of motor function in ALS patients and delays the progres-

Table 9 The median nerve and ulnar nerve motor nerve conduction values in 56 ALS patients with different onset (median)

Onset group	Median nerve		Ulnar nerve	
	Latency/normal value (ms)	Amplitude/normal value (mV)	Latency/normal value (ms)	Amplitude/normal value (mV)
Bulbus medullae group	3.56/4.00	5.60/5.00	3.80/3.10	8.00/5.00
Cervical spinal cord group	3.79/4.00	2.60/5.00	3.20/3.10	5.50/5.00
Lumbosacral spinal cord group	3.80/4.00	6.70/5.00	3.20/3.10	8.30/5.00

Normal value: According to the normal value of motor nerve conduction (clinical neuroelectrophysiology) compiled by Professor Cui Liying combined with the value of patients with normal motor nerve conduction examined in the laboratory for more than 10 years

Table 10 The peroneal nerve and tibial nerve motor nerve conduction values in 56 ALS patients with different onset (median)

Onset group	Peroneal nerve		Tibial nerve	
	Latency/normal value (ms)	Amplitude/normal value (mV)	Latency/normal value (ms)	Amplitude/normal value (mV)
Bulbus medullae group	3.77/4.90	4.00/3.00	3.50/5.80	13.50/4.00
Cervical spinal cord group	4.00/4.90	4.50/3.00	3.60/5.80	15.40/4.00
Lumbosacral spinal cord group	4.00/4.90	0.90/3.00	3.80/5.80	14.90/4.00

Normal value: According to the normal value of motor nerve conduction (clinical neuroelectrophysiology) compiled by Professor Cui Liying combined with the value of patients with normal motor nerve conduction examined in the laboratory for more than 10 years

sion of symptoms, but does not improve the survival of ALS patients (Chia et al. 2018; Takei et al. 2017; Nicholas 2017; Bond et al. 2018).

The form of Cu deficiency in mutant SOD1 accumulates, indicating that the metallic Cu homeostasis is disrupted during the course of ALS, Cu accumulation in the central nervous system (CNS) tissue, and SOD1-ALS mice using Cu chelators have shown prolonged survival (Gabriel et al. 2018). An anti-misfolding metal-deficient SOD1 (anti-apoSOD) was detected in the cerebrospinal fluid in the early stage of SOD1-ALS mouse disease. It specifically recognized the mutant SOD1 metal ion copper defect site. Therefore, anti-apoSOD can be used as an early stage of drug intervention in SOD1-ALS (Tokuda et al. 2018).

4.1.1.2 TDP-43 (TAR DNA binding protein 43) TDP-43 regulates mRNA splicing, translation, transportation and even degradation. Under physiological conditions, most of TDP-43 is present in the nucleus. Besides TDP-43-ALS loss of nuclear function, mutant TDP-43 is located in cytoplasm. Formation of insoluble aggregates in the medium will activate emergency particles (Wobst and Chadchankar 2017). Stress granules (SGs) are abundant in neurons in protein steady-state related pathways such as molecular chaperones and autophagosomes to inhibit non-essential proteins to help protect protein expression (Gao and Wang 2018). TDP-43 aggregates in SGs may cleave mRNA (Weskamp and Barmada 2018). Along this line, ablation of ataxin-2, an RNA-binding protein, has multiple roles in RNA metabo-

lism and is also a polyglutamine protein essential for SG assembly, reducing TDP-43 aggregates and their neurotoxicity (Gao and Wang 2018; Becker et al. 2017).

4.1.1.3 FUS (fused in sarcoma protein) FUS is physiologically involved in RNA metabolism and DNA repair, and there are indications that DNA damage is apparent in FUS-ALS. FUS is normally shuttled between the nucleus and cytoplasm, mainly in the nucleus, and nuclear transport is impaired in patients with FUS-ALS, resulting in mislocalization of FUS in the cytoplasm, self-assembly in the cytoplasm and subsequent neurodegeneration and FUS aggregate formation (Matsumoto et al. 2018; De Santis et al. 2017). FUS aggregates promote the secretion of tumor necrosis factor-Alpha (TNF α) and thus alter the expression level of AMPA receptors (which mediates glutamate excitatory overexpression), making motoneurons more sensitive to stimuli and leading to excitotoxic damage and cell death, the AMPA-mediated excitotoxic component pathway serves as a potential therapeutic target for FUS-ALS (Kia et al. 2018). Therefore, it is possible to neutralize soluble TNF α or to block glutamate excitatory transmission to reduce damage to neuronal cells. The current TNF α inhibitor thalidomide shows some promising results in animal models of FUS-ALS but does not appear to be effective in regulating disease progression in patients (Kia et al. 2018). Riluzole blocks glutamate-mediated excitatory neurotransmission to reduce excitotoxicity and is currently the only drug of life to prolong ALS patients (Introna et al. 2018).

4.1.1.4 Genotype and clinical phenotype Patients with ALS have a wide range of clinical and genetic variability (Koroglu et al. 2017). Such as age of onset (AAO), clinical features, progression patterns, involvement of FTD, genetic patterns (Li and Wu 2016).

fALS can be used as dominant, recessive, or X-linked inheritance, but the most common type is autosomal dominant inheritance in adults, and autosomal recessive inheritance is rare in adolescents (Yamashita and Ando 2015). ALS usually develops later in life and the average AAO is 65 years old. AAO in fALS is earlier than sALS. A small percentage of patients may have juvenile onset (JALS), with AAO occurring before age 20 (Li and Wu 2016).

Studies of ALS patients in China showed that most of the SOD1 gene mutations were dominantly inherited (Liu et al. 2018; Li and Wu 2016; Goutman et al. 2018). Most SOD1-ALS are progressing rapidly, and AAO and severity may vary greatly. The survival of SOD1-ALS is highly variable (< 3 years or > 10 years). The onset area is often characterized by prominent LMN injury, and UMN signs may be difficult to detect (Yamashita and Ando 2015; Goutman et al. 2018).

Patients with TDP-43-ALS have a typical phenotype compared with sALS, mainly upper limb disease (60.7%) and longer disease duration (63.0 months), and TDP-43-ALS patients in Asian have 58.8% of bulbus medullae group. Most patients did not have obvious dementia, and AAO of TDP-43-ALS was earlier (Li and Wu 2016; Yamashita and Ando 2015).

The clinical phenotype of FUS-ALS includes adult-onset ALS, JALS, ALS-FTD, and a single FTD and is rare. Compared with SOD1-ALS, patients with FUS-ALS had earlier AAO (approximately 45 years of age), more common in bulbus medullae group and rapid progression (average survival of 30–33 months). AAO of JALS is less than 25 years old and survives as short as 1 year. The LMN injury of the upper or lower limbs in the first site is dominant (Li and Wu 2016; Yamashita and Ando 2015; Goutman et al. 2018).

C9ORF72-ALS has a typical phenotype of ALS, and the first site begins with the upper or lower limbs including UMN and LMN injuries. Compared with sALS and other gene mutations, C9ORF72-ALS has a higher incidence of bulbus medullae and FTD (Goutman et al. 2018). And the median survival time was shorter than that of TDP-43-ALS or SOD1-ALS (Li and Wu 2016).

4.1.2 Protein solidification system

The presence of protein aggregates in motor neurons and glial cells in patients with fALS and sALS reflects the dysfunction of these protein quality-controlling degradation pathways. Abnormal aggregates of proteins have resistance to all known proteolytic pathways (Li and Wu 2016;

Ciechanover and Kwon 2015). Including molecular chaperones, autophagy, ubiquitin proteasome system (UPS), endoplasmic reticulum-associated degradation (ERAD) and so on.

Increasing the clearance rate of protein aggregates is also raising the levels of chaperones, UPS, and autophagy. Increasing the clearance rate of protein aggregates is also raising the levels of chaperones, UPS, and autophagy. AMPK-mTOR-ULK1/2 is the main pathway of autophagy, and AMPK activators such as thienopyridine, benzimidazole, and aspirin (which can be activated directly in combination with AMPK) can promote autophagy (José and Ortiz 2012). Other autophagy regulators such as the atypical serine/threonine kinase (mTOR) inhibitor rapamycin also promote autophagy, so the promotion of autophagy is also actively being developed as a potential drug target (Ciechanover and Kwon 2015).

4.1.3 Oxidative stress

The body's normal metabolism produces byproducts of oxyradical, which irreversibly damage intracellular biomolecules such as DNA, RNA, proteins, and lipids. The levels of oxyradical in the body are controlled, such as SOD1, catalase, glutathione, peroxidase and various types of superoxide dismutase, etc (Rafael et al. 2017). Oxidative stress biomarkers in cerebrospinal fluid, plasma, and urine of patients with SOD1-ALS, other gene mutations in ALS, and sALS are elevated, suggesting that oxidative stress injury in ALS patients is not a single cause of mutations in SOD1 gene and may have other genes mutation or other ways (DeCoteau et al. 2016). One currently accepted drug for the treatment of ALS is edaravone. Other antioxidants such as cerium oxide nanoparticles (CeNPs) neutralize reactive oxygen species and nitrogen compounds. These nanoparticles can enter the central nervous system with relatively long half-lives. Current cerium oxide nanoparticles (CeNPs) are used in ALS antioxidant treatment. It has been used in animal models and demonstrated to prolong the survival of SOD1-ALS mice (DeCoteau et al. 2016).

4.1.4 Mitochondrial abnormalities

Mitochondria are produced in the neuronal soma, and mitochondrial anterograde axon transport is mediated by kinesin-1, and retrograde transport is mediated by cytoplasmic dynein. Kinesin-1 and cytoplasmic dynein fulfill mitochondrial transport through interaction with the mitochondrial in vitro-model protein Rho GTPase 1 (Miro1) and transporter kinesin (TRAK) 1 and 2 (Moller et al. 2017). The expression of Miro1 was significantly decreased in the spinal cord of SOD1-ALS and TDP-43-ALS patients, thus indicating the possibility that Miro1 down-regulation may

result in abnormal mitochondrial transport in ALS motor neurons (Gao et al. 2017). Studies have found that mitochondrial accumulation in the cell bodies and shafts of spinal motoneurons in patients with sALS (Vandoorne et al. 2018; Magrané et al. 2014).

Histone deacetylase 6 (HDAC6) inhibitors increase α -tubulin acetylation and restore mitochondrial axonal transport defects as potential therapeutic agents (Guo et al. 2017).

4.2 The clinical characteristics of patients with ALS

The onset age of ALS patients in this group was 52.5 ± 12.0 , which was earlier than reported in foreign countries (Nzwalo et al. 2014). Cui Liying's epidemiological study of 710 patients in a single center published by the Association of ALS in 2017 had showed that the average onset age of ALS patients in our country is about 53, younger than that of foreign patients, but similar to this group. The incidence of lumbosacral spinal cord in this group patients with ALS was younger than that of the bulbus medullae and cervical spinal cord group. The incidence of cervical spinal cord was 48.2%, it was consistent with foreign reports (Nzwalo et al. 2014). The incidence of cervical spinal cord was significantly higher than in the bulbus medullae and lumbosacral spinal cord. 75% of the cases in the cervical spinal cord group were distal episodes of the upper limbs. Human activities were mainly concentrated in the distal of the upper limbs, and oxidative stress accumulation significant damage was observed. The nerve fibers of the distal muscles are long, and the mitochondria axon transport disorder is the first to involve the distal muscles. Males with onset of bulbus medullae were more common than females in this group. Contrary to most studies, bulbus medullae onset cases were fewer in this group. Atypical cases accounted for 7.1% of this group, similar to previously reported atypical symptoms (Bäumer et al. 2014). These atypical symptoms make it difficult to identify in early ALS, which makes early diagnosis of ALS difficult.

4.3 The diagnosis time of ALS patients

Because the pathogenesis of ALS is unclear, it is a rare disease and early clinical manifestations are hidden (Bäumer et al. 2014). These factors bring difficulties for the early diagnosis of ALS, which leads to the extension of the diagnosis time of ALS. Foreign studies on the diagnosis time of ALS show that the average diagnosis time of ALS is 10.1–12.5 months (Nzwalo et al. 2014; Galvin et al. 2017). Domestic studies suggest that the diagnosis time of ALS is (16.9 ± 15.5) months (Guo and Shang 2010). The median time of diagnosis in this group of patients with ALS was 12.5 months, which was consistent with the foreign reports (Nzwalo et al. 2014; Galvin et al. 2017).

The study on the potential impact factors of diagnosis time in foreign countries mostly focuses on the age of onset, the first symptom, the first site, the number and specialty of the doctors before the diagnosis, and the diagnosis of misdiagnosis (Paganoni et al. 2014; Simon et al. 2014; Chen and Fan 2014; Cellura et al. 2012). The studies in foreign believe that the older the initial age, the longer the diagnosis time, which may be due to the rapid progression of ALS in elderly patients (Paganoni et al. 2014). The diagnosis time of first site in the bulbus medullae is shorter than that of in the spinal cord. This may be related to the rapid progression of the bulbus medullae in ALS (Piaceria et al. 2018). This group of patients with ALS have a longer diagnosis time at the initial age ≥ 60 years, contrary to the results reported by foreign countries (Nzwalo et al. 2014). It was also found that the initial age ≥ 60 years accounted for 64.3% of the first misdiagnosis, in which 77.8% patients was misdiagnosed as cerebral infarction, so the majority of the reasons for prolonged diagnosis of older patients may be misdiagnosis. The bulbus medullae group has a shorter definite diagnosis time. The study in foreign on the factors of the number of doctors at the diagnosis time found that some patients had visited other professional doctors (orthopedic surgeons, otolaryngology doctors, neurosurgeons, etc) before clinically definite, and the more number of doctors visited before clinically definite, non-neurologist is known little about ALS, the longer diagnosis time for final referral to a neurologist, resulting in longer diagnostic time (Paganoni et al. 2014). Therefore, it is possible to identify some of the easily recognizable symptoms in ALS, such as the phenomenon of “split hands” as a “warning” of the ALS so that non-neurologists will immediately refer patients to a neurologist. How can we improve non-neurologists' understanding of ALS? Can be used as a research question. There was a significant negative correlation between the initial age of ALS and the average diagnosis time in domestic research, indicating that the older initial age, the shorter diagnosis time is, presumably because the older initial age, the faster the disease progresses (Guo and Shang 2010). This is consistent with the results of foreign studies. At present, there are few studies on other potential influence factors of ALS diagnostic time in China.

The Awaji-shima diagnostic criteria were proposed in 2006. This diagnostic criteria indicates that clinical manifestations and electromyographic charts are equally important in the diagnosis of LMN (Electromyography 2012). This group of patients with ALS were performed electromyographic examination of early clinical diagnosis level of 12 cases, accounting for 21.42% of the total number of cases. Although there are new findings in the ALS study, the diagnosis time of ALS has not changed significantly in the past 10 years and it is still 8–10 months (Smith et al.

2017). Therefore, it is important to clarify the diagnostic time of ALS and its potential impact factors for the doctor to diagnose ALS.

4.4 Nerve electrophysiological examination

Awaji-shima diagnostic criteria indicates that clinical manifestations and electromyography are equally important in the diagnosis of LMN (Furuta et al. 2013). However, studies have found that when one-third of motor fibers degenerate, clinical weakness becomes apparent (José and Ortiz 2012). There is some difficulty in clinical diagnosis when there is damage to the LMN without clinical manifestations. There are 57.14% patients with asymmetry of clinical and electrophysiological abnormalities in our study, higher than that of 40% in foreign studies (Gao et al. 2017). The proportion of EMG abnormalities in the asymptomatic muscles of the upper and lower limbs is very high, which is related to the intensity of human activities mainly concentrated in the upper and lower limbs, which increases the oxidative stress of LMN and accelerates the damage of LMN. The final cause of death in patients with ALS is respiratory failure. The onset of thoracic spinal cord in this group patients with ALS was 0 cases, a total of 26 patients underwent T10 paraspinal muscle EMG examination showed 12 cases of patients with asymptomatic EMG abnormalities, the abnormal rate was 42.15%. This takes into account that muscle strength may be preserved by collateral sprouting in the early stages of LMN injury, and clinical weakness appears to be a failure of these compensatory mechanisms (Zefeng and Liying 2010). Therefore, electrophysiological assessment becomes an indispensable part of the diagnosis. In particular, extensive EMG screening during sub-clinical performance is worthy of recommendation and can provide early diagnosis.

Nerve conduction studies found that the median amplitude of dCMAP in median nerves in the cervical spinal cord group was lower than the lower limit of normal, while the median amplitude of dCMAP in ulnar nerves was greater than normal values. Electrophysiological characteristics of “split hands” existed in all onset groups, however it's up to 85.7% in the cervical spinal cord. Electrophysiological evidence of “split hands” in the bulbus medullae group and lumbosacral spinal cord group were up to 40%, combined with 15.3% of denervated performance of EMG in the median nerve (APB) is asymptomatic and denervation in the ulnar nerve (ADM) was 4.9%. It was more likely to indicate that the median nerve is more sensitive to ALS damage. Therefore, early neurophysiological examinations in the clinical suspicion of ALS look for early evidence of “split hands” to provide evidence for the early diagnosis of ALS. The median latency of ulnar nerve dCMAP in different onset groups was greater than the normal value, which was related

to the damage of fast conduction fiber axons in ulnar nerve. The median dCMAP amplitude of the peroneal nerve in the lumbosacral spinal cord group was lower than the lower limit of normal, whereas the median amplitude of dCMAP in sacral nerve was greater than normal, indicating that for the lower limbs, the peroneal nerve was more sensitive than the sacral nerve to ALS.

When clinical considerations are ALS, a neurophysiological examination is required to confirm that the clinically affected area is a lesion of the LMN, and we can find that there is also a motor neuron lesion in the non-clinical region, while excluding other diseases (Furuta et al. 2013). In summary, the significance of electromyography is early diagnosis and elimination of diagnosis. However, the diagnostic sensitivity of EMG is only 60% (Bäumer et al. 2014). Although the standard of electrophysiology standard is improved in the Awaji-shima diagnostic criteria, how to improve the sensitivity of neural electrophysiology to early ALS is also the key to early diagnosis of ALS.

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