REPORTS OF ORIGINAL INVESTIGATIONS

Hydroxyethyl starch 130/0.4 attenuates early hepatic damage in ischemia/reperfusion injury L'hydroxyéthylamidon 130/0,4 atténue les dommages hépatiques précoces causés par les lésions d'ischémie/reperfusion

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Abstract

Purpose Ischemia/reperfusion injury (IRI) remains a clinical challenge. We tested the hypothesis that fluid therapy using hydroxyethyl starch (HES) 130/0.4 during the early phase of IRI in rat liver decreases markers of hepatic injury.

Methods We induced liver IRI in three groups of rats anesthetized with ketamine and chlorpromazine by means of 60 min of segmental hepatic ischemia followed by 120 min of reperfusion. At the onset of reperfusion, Group 1 (IRI + HES; n = 12) was given 13 mL·kg⁻¹ of HES; Group 2 (IRI + HS; n = 12) received the same volume of 7.5% saline (HS), and Group 3 (IRI-only; n = 12) received no fluid. Three other groups of 12 animals each were shamoperated and received the same fluid as the test groups. We euthanized the animals after three hours, drew blood for alanine aminotransferase (ALT) quantification, and took ischemic liver samples for histomorphological study.

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M. F. Lopes, PhD Pediatric Hospital, Centro Hospitalar de Coimbra, Coimbra, Portugal **Results** Serum ALT activity was greater in all of the IRI groups than in the sham-operated animals. The ALT activity was $1,081 \pm 575 \ IU \cdot L^{-1}$ in IRI + HES Group 1; $2,363 \pm 1,839 \ IU \cdot L^{-1}$ in IRI + HS Group 2; and $2,866 \pm 2,491 \ IU \cdot L^{-1}$ in IRI-only Group 3. There was a statistically significant difference between the IRI + HES and the IRI-only groups (P = 0.001), but not between the IRI + HS and the IRI + HS and the IRI-only groups (P > 0.05). Likewise, histological scores were greater in all IRI groups compared with the sham-operated animals. Scores were higher in the IRI-only group (median 3.5) than in the groups receiving fluid (IRI + HES median 2; IRI + HS median 3). The difference between IRI + HES and IRI-only was statistically significant (P = 0.008) but not so between IRI + HS and IRI-only (P > 0.05).

Conclusions Giving HES 130/0.4 attenuates rat liver IRI compared with no fluid, while giving HS does not. This suggests a role for HES in hepatoprotection associated with liver IRI.

Résumé

Objectif La lésion d'ischémie/reperfusion (IR) reste un défi clinique. Nous avons émis l'hypothèse qu'une thérapie liquidienne à base d'hydroxyéthylamidon (HES) 130/0,4 administrée pendant la phase précoce d'IR dans un modèle hépatique de rat, diminuerait les marqueurs de la lésion hépatique.

Méthode Nous avons provoqué une lésion d'IR au niveau du foie dans trois groupes de rats anesthésiés à la kétamine et à la chlorpromazine en créant une ischémie hépatique segmentaire de 60 min suivie de 120 min de reperfusion. Au début de la reperfusion, le groupe 1 (IR + HES; n = 12) a reçu 13 mL·kg⁻¹ de HES; le groupe 2 (IR + HS; n = 12) a reçu le même volume de sérum physiologique 7,5 % (HS), et le groupe 3 (IR seule; n = 12) n'a pas reçu de liquide. Trois autres groupes composés de 12 animaux chacun ont été opérés de manière fictive et ont reçu les mêmes liquides que les groupes à l'étude. Nous avons euthanasié les animaux après trois heures, extrait du sang pour procéder à la quantification de l'alanine aminotransférase (ALT) et avons pris des échantillons de foie ischémique pour réaliser une étude histomorphologique.

Résultats L'activité sérique de l'ALT était plus élevée dans tous les groupes IR que dans les animaux opérés de manière fictive. L'activité de l'ALT était de $1.081 \pm$ 575 $IU \cdot L^{-1}$ dans le groupe 1 (IR + HES); de 2 363 ± 1 839 $IU \cdot L^{-1}$ dans le groupe 2 (IR + HS); et de 2 866 ± 2 491 $IU \cdot L^{-1}$ dans le groupe 3 (IR seule). Il y a eu une différence statistiquement significative entre les groupes IR + HES et IR seule (P = 0,001), mais pas entre les groupes IR + HS et IR seule (P > 0,05). De la même façon, les résultats histologiques étaient plus élevés dans tous les groupes IR par rapport aux animaux avant subi une opération fictive. Les scores étaient plus élevés dans le groupe IR seule (valeur médiane 3,5) que dans les groupes recevant des liquides (IR + HES valeur médiane 2; IR + HS valeur médiane 3). La différence entre les groupes IR + HES et IR seule était statistiquement significative (P = 0,008), ce qui n'était pas le cas pour la différence entre les groupes IR + HS et IR seule (P > 0.05).

Conclusion Le HES 130/0,4, mais pas le sérum physiologique, atténue la lésion d'ischémie/reperfusion dans un modèle hépatique de rat sans liquide. Cela suggère que le HES pourrait jouer un rôle de protection hépatique dans les cas d'IR au niveau du foie.

Liver ischemia/reperfusion injury (IRI) occurs during restoration of hepatic blood flow after a period of disrupted circulation. Following the hypoxemic injury in the ischemic period, the subsequent reintroduction of oxygen into the liver leads to an aggressive inflammatory response divided into early and delayed phases. In the early phase, which corresponds to the first six hours of reperfusion in the rat model, the injury is mediated mainly by reactive oxygen intermediates and cytokine production, essentially for leukocyte recruitment. The involvement of activated leukocytes and microcirculatory changes predominantly characterizes the delayed phase, which extends for up to 24 hr in the rat model.¹

Liver IRI is a relevant clinical problem that can occur during the perioperative period in a variety of clinical situations, such as extensive hepatectomy, liver transplantation, and shock.²⁻⁵ Despite improvements in surgical techniques and pharmacological strategies over the past several decades, liver IRI remains a cause of liver failure, especially if surgery is conducted in patients with severe liver disease.^{2,6}

In contrast to the earlier hydroxyethyl starch (HES) solutions, which had a large molecular weight and a high degree of substitution, the new lower molecular weight HES solutions with a lower degree of substitution, such as HES 130/0.4, have shown a favourable pharmacological profile with fewer side effects.⁷⁻¹³ Best known for their use as intravascular volume expanders, HES solutions are also associated with microcirculatory improvement and anti-inflammatory properties.¹⁴⁻¹⁸

Despite their adverse effects in other settings, namely, on renal function, coagulation, and tissue storage, it was suggested previously that the older high molecular weight HES can reduce the deleterious effect of IRI.^{14,19} Distinct types of HES show clear differences in pharmacokinetic, clinical efficacy, and adverse effects.^{9,10} Therefore, the conclusions of studies performed with a specific type of HES may be valid only for that product. Any extrapolation from a certain type of hydroxyethyl starch to another with different molecular weight, molar substitution ratio, C2/C6 ratio, or even source of the starch must be made with considerable caution.¹⁹

We conducted this study to test the hypothesis that third generation HES 130/0.4 attenuates liver IRI and to explore the potential role of its molecule, in comparison with another volume expander (7.5% saline), as one of the effectors of liver protection.

Methods

Animals and experimental design

Adult male Wistar rats (Charles River Laboratories, L'Arbresle Cedex, France) weighing 307 ± 28 g were housed in a temperature-controlled room on a 12 hr light/ dark cycle with access to normal rat chow and drinking water *ad libitum*. The Ethics Committee of the University of Coimbra, Faculty of Medicine approved the study, which meets applicable European legislation and the standards of the National Institutes of Health as set forth in the *Guide for the Care and Use of Laboratory Animals* (National Research Council, Washington: National Academy Press, 1996).

To explore the role of HES on hepatic IRI, we randomized the rats into six groups (n = 12, each). Three groups had IRI induced; two of these groups received either HES (IRI + HES) or 7.5% saline solution (IRI + HS), and the third group (IRI-only) was untreated and served as control. Three other groups (Sham-only, Sham + HES and Sham + HS) were sham-operated and served as normal controls. Group Sham-only had surgical manipulation only and the other two sham-operated groups received HES or 7.5% saline solution. Staff delivered the HES or 7.5% saline solutions blindly in similar unidentified syringes. They injected the solutions intravenously at the onset of reperfusion at a volume of 13 mL·kg⁻¹ (1.3 mL per 100 g body weight). To preserve masking, staff not involved in the study prepared the study solutions.

We euthanized the rats three hours after the beginning of the surgical procedure.

Throughout the study, investigators were unaware of the fluid administered, and staff used codes to mask the groups in alanine aminotransferase (ALT) serum determinations and histopathological samples.

Rat model of hepatic ischemia/reperfusion injury

We selected a non-lethal model of segmental (70%) hepatic warm ischemia to allow prevention of mesenteric congestion²⁰ and performed all surgical procedures in intramuscular ketamine (115 mg·kg⁻¹) and chlorpromazine (3.5 mg·kg⁻¹) anesthetized animals with body temperatures maintained at 37°C. We performed a midline abdominal incision to enter the peritoneal cavity and placed a microvascular clamp (TKL-2) (Biover AG, Hergiswil, Switzerland) for 60 min across the vascular structures common to the left and median hepatic lobes in the groups that included ischemia/reperfusion. We inspected ischemic color change to confirm the clamp's correct placement and removed the clip after the 60-min period. Immediately before reperfusion in the IRI + HES and IRI + HS groups, staff blindly administered 1 mL of the respective test solution into the left femoral vein in slow bolus and slowly infused the remaining volume (approximately $2 \text{ mL} \cdot \text{min}^{-1}$) after removing the clip. The animals in the IRIonly group did not receive intravascular solution.

The Sham-only animals underwent the same surgical procedure with the exception of vascular clamping. They did not receive a fluid injection. Animals in the Sham + HES or Sham + HS groups underwent a similar sham procedure (without IRI), and a volume of either 1.3 mL·kg⁻¹ of HES or 7.5% saline solution, respectively, was injected into the femoral vein.

At 120 min after reperfusion, we drew blood from the aorta for ALT quantification (primary outcome) and took ischemic liver tissue samples for subsequent histomorphological study (secondary outcome). We also noted perioperative mortality (secondary outcome). The surviving animals were euthanized by exsanguination.

Serum alanine aminotransferase levels

Serum ALT levels were evaluated based on the following protocol: blood samples were centrifuged to separate the plasma, and the plasma samples were stored at -20°C until use for ALT assay. The ALT levels, expressed in

international units per litre $(IU \cdot L^{-1})$, were determined using a standard dry chemistry system (Johnson & Johnson Vitros 250) (Ortho-Clinical Diagnostic, Inc., Rochester, NY, USA).

Histological analysis of hepatocellular damage

Liver specimens were fixed in 10% buffered formalin and embedded in paraffin. Sections were cut at a thickness of 5 µm and stained with hematoxylin and eosin, and the stained sections were used to assess liver damage. Two independent blind observers graded the histological injury using a scoring system from 0 (none) to 4 (severe) previously described,^{21,22} with modifications. Histopathological changes observed in representative hematoxylin and eosin stained liver sections were given histological scores based on the extent of hepatocellular injury as follows: 0: normal liver architecture; 1: minimal injury (swelling, congestion, single cell necrosis); 2: mild injury, with one or more minute foci of necrosis, the largest involving < 1% of the examined sectional area of the lobule; 3: moderate injury, as in 2, but the necrotic foci occupying 1-5% of the lobule; and 4: severe injury, as above, but with necrotic foci covering > 5% of the lobule.

Necrosis was defined when one or more of the following characteristics were seen: nuclear pyknosis, cytoplasmic hypereosinophilia, loss of distinct cellular borders, hemorrhage, and sinusoidal congestion. The percent area of necrosis was estimated using digital photomicrographs that were taken from five randomly selected fields of each tissue section (Nikon Coolscope, Digital Microscope, Emílio de Azevedo Campos, S.A. Porto, Portugal), and the average percent area of necrosis resulted from observing at least ten slides per group.

Statistical analysis

We determined the required sample size based on the mean value of 2,218.8 \pm 825.3 IU·L⁻¹ for the IRI-only group from a previous *in vivo* study.²³ Twelve rats per group were required to detect a 45% reduction in ALT value, with a type I error of 0.05 and a power of 80%.

Statistical analysis was performed using SPSS statistical software package version 11.5 (SPSS, Inc., Chicago, IL, USA), and normality of distribution was determined using Kolmogorov-Smirnov and Shapiro-Wilk tests. Changes in ALT values (normally distributed data) were statistically analyzed by one-way analysis of variance (ANOVA) followed by least significant difference *post hoc* test for multiple comparisons. Histological scores were statistically analyzed by non-parametric tests (Kruskal-Wallis test), and, where differences were identified, pairwise comparisons were performed using the Mann Whitney test with appropriate correction with the Holm-Bonferroni method. Chi square test with Fisher's exact test was used for categorical data (mortality). All differences were considered significant at P < 0.05. Values are expressed as means \pm standard deviation (SD) and as median and interquartile range (IQ), as appropriate, and *n* is the number of rats in each group.

Results

Mortality

All of the animals reached the defined end-point, with the exception of two in the IRI + HS group that died during intravenous administration of 7.5% saline solution (P > 0.05). These two were excluded from the analysis of markers of liver injury due to the absence of results.

Effect of ischemia/reperfusion injury

The IRI-only group showed a greater ALT activity than the Sham-only group. Liver histology in the IRI-only group, but not in the Sham-only group, showed the early typical changes characteristic of the non-lethal warm ischemia model, such as sinusoidal congestion and areas of necrosis.

Effect of fluid therapy with HES or HS in sham animals

Intravenous HES 130/0.4 or 7.5% saline solution to the liver of the sham-operated rats did not cause significant detrimental effects on hepatic cell architecture (histological severity grades ranging from 0 [none] to 1 [minimal injury]). Similarly, fluid treatment in these groups did not alter ALT levels when compared with sham-operated animals that received no intravenous fluids (Sham + HES: $214 \pm 157 \text{ IU} \cdot \text{L}^{-1}$ and Sham + HS: $218 \pm 230 \text{ IU} \cdot \text{L}^{-1} vs$ Sham-only: $149 \pm 142 \text{ IU} \cdot \text{L}^{-1}$; both P > 0.05).

Effect of fluids in ischemia/reperfusion injury

The ALT activity was less in the hydroxyethyl starch (IRI + HES) group 1,081 ± 575 IU·L⁻¹ than in the no fluid (IRI-only) group (2,866 ± 2,491 IU·L⁻¹) (P = 0.001). There was no statistically significant difference between the group receiving HS (2,363 ± 1,839 IU.L⁻¹) and the group given no fluid (P > 0.05) (Figure 1).

Similarly, histological injury scores were greater in the IRI-only group (median 3.5, IQ 1.75) than in groups receiving HES (IRI + HES: median 2, IQ 1.5) (P = 0.008) (Figure 2). Severe injury was seen in 60% and 10% of the animals, respectively (Figure 3). There was no statistically significant difference in histology scores between saline-



Fig. 1 Alanine aminotransferase (ALT) levels in animals that were subjected to one hour of 70% warm ischemia and two hours of reperfusion and in sham-operated controls. After one hour of ischemia and two hours of reperfusion, the maximal reduction of liver ischemia/reperfusion injury (IRI) was observed in the hydroxyethyl starch (HES)-treated rats (IRI + HES) vs the hypertonic saline (HS)-treated rats (IRI + HS) and the no fluid IRI control rats (IRI-only); *P = 0.022 and †P = 0.001, respectively. Sham-operated control groups all showed similar ALT values

treated animals (IRI + HS median 3, IQ 1.25) and IRI-only rats (P > 0.05).

Discussion

Using an established model of hepatic IRI,²⁰ this study shows that intravascular administration of HES 130/0.4 before induced reperfusion lesion reduces the markers of severity of the early phase of liver ischemia/reperfusion injury, suggesting a protective effect. If supported by further clinical studies, this investigation provides a base for the rational use of this product for improving outcome in surgeries involving risk of liver ischemia/reperfusion.

The third generation hydroxyethyl starches, which include HES 130/0.4, may have advantages over other replacement fluids. Several clinical studies investigated the effects of HES 130/0.4 for perioperative volume replacement. There is evidence of a better safety profile with HES 130/04 compared with the older colloids, and it is often preferred over pure crystalloid regimens because of its prolonged intravascular half-life and positive impact on blood rheology and tissue oxygenation.²⁴⁻²⁹ Moreover, Lang *et al.*¹⁸ showed a significant attenuation of inflammatory markers, such as interleukins 6 and 8 and soluble



Fig. 2 Histomorphological results. Photomicrographs of liver sections after three hours in sham-operated rats and in rats subjected to one hour of 70% warm ischemia and two hours of reperfusion (IRI). Hydroxyethyl starch (HES)-treated rats (IRI + HES) (picture histological score = 1) demonstrate a notable improvement in liver structure resembling more the normal histological appearance observed in the Sham-only group (picture score = 0). The hypertonic saline (IRI + HS) group (picture score = 2) shows a more



Fig. 3 Liver injury histological scores graded from 0 (none) to 4 (severe). The majority (75%) of hydroxyethyl starch (HES)-treated rats (IRI + HES) showed minimal to mild injury, in contrast to the hypertonic saline (HS)-treated (IRI + HS) and the untreated IRI (IRI-only) rats, where 50% of the cases had moderate (grade 3) and severe injuries (grade 4), respectively

intercellular adhesion molecule-1 (sICAM-1), when this solution was used in patients submitted to major abdominal surgery instead of a crystalloid-based volume therapy.

generalized sinusoidal congestion than IRI + HES and signs of focal derangement of hepatocellular organization (white arrows). Black arrows in the IRI-only group (picture score = 4) show extensive signs of apoptosis and necrosis and derangement of hepatocellular organization. Images are representative liver sections of at least ten rats per group. Hematoxylin and eosin stain; magnification \times 10. The horizontal bar in the pictures represents 100 µm

Recent studies in stroke and kidney rat models^{30,31} demonstrated that an HES 130/0.4 solution could attenuate the severity of IRI, although the efficacy in the liver IRI was not determined. We explored this subject further, showing that HES 130/0.4 protects liver against IRI and providing new insights into the mechanisms of its action.

Previous studies demonstrated the benefits of HES solutions, supporting the idea that there are several potential mechanisms through which HES may contribute to organ preservation in the context of IRI.14-18,24-29 We shared the commonly held perception that both volume effect and molecule characteristics are among the most important factors in organ protection; however, the current study demonstrated that the HES molecule plays a role in hepatoprotection against reperfusion injury. The infused volume of HES solution (13 mL·kg⁻¹) adjusted to the weight of the rats was within the doses reported for volume repletion in clinical studies.^{25,26,32,33} An equivalent volume of 7.5% saline solution was used as an appropriate control of volume effect. First, although we are far from finding an ideal volume control for HES, theoretically, the osmotic and volume-expanding properties of the 7.5% saline

solution make it the best alternative.³⁴ Furthermore, it has been studied widely in the same experimental contexts as starches²⁴ and has been in clinical use for many decades.^{35,36}

Normal saline, one of the most commonly used solutions, was not chosen as a control because its volume effect is not comparable with that of colloids, given that it is easily lost from the intravascular space and, therefore, does not act effectively as a volume expander. The distribution among the three compartments (intravascular, extracellular, and intracellular) depends highly on the concentration of sodium. Thus, in order for normal saline to act as a valid volume control in this study, three to five times the amount of normal saline than that of the HES would be necessary. Under the conditions of our model, i.e., using rats, this approach was not possible without substantial mortality. We overcame this limitation by using 7.5% saline solution as volume control.

In this study, we analyzed separately the protective roles of two interrelated concepts in fluid therapy against liver IRI, namely, volume and molecule effects. Our data support the HES molecule as a major candidate for exerting this protective effect. Indeed, two types of fluid delivered in equivalent amounts showed different results. While the rats that received saline solution demonstrated no statistically significant improvement in the parameters used for analysis of liver injury, the HES-treated group demonstrated significant improvement of these parameters. These data strongly suggest that the observed improvement occurred beyond the volume-effect. Consequently, we acknowledge the possibility for the HES molecule to play a contributing role in liver IRI attenuation.

The present study, which is supported in a vast sample with appropriate control groups, provides further insight into the role that the novel HES generation plays in liver IRI through its molecule effect. Given its profound impact on the markers of early phase IRI, this novel HES molecule presents as an attractive preventive solution. However, its clinical impact warrants further studies. The effect of HES on clinical IRI is not easy to access given the large variability of hepatic surgery from centre to centre and the limited availability of homogeneous patients.

The only two deaths observed in this study occurred in the IRI + HS group during 7.5% sodium chloride administration. Since the volume per weight was similar in IRI + HES and IRI + HS groups, this suggests that mortality was not attributable to fluid overload but probably to the potential ionic disturbances occasionally observed with hypertonic fluids.

In summary, within the limitations of an animal study, we report here that HES 130/0.4 attenuates pathologic and biologic markers of liver IRI, likely through its molecule.

Whether this finding will have clinical implication deserves further studies.

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Competing interests None declared.

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