

A New JNHA Section on Interviews with Experts

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We are pleased to announce the launch of a new section in the Journal of Nutrition, Health and Aging that features interviews with experts in aging, geroscience, frailty, and nutrition. This new section will provide readers with unique insights into the latest research, trends, and best practices in these rapidly evolving fields.

Each interview will be conducted with a leading expert in the field of aging, geroscience, frailty, and nutrition, and will provide an opportunity for our readers to learn about the challenges, opportunities, and innovations shaping these fields. Topics covered may include the role of nutrition in healthy aging or frailty, and the latest developments in geroscience-based nutrition interventions for chronic diseases, frailty, sarcopenia, and cognitive decline.

We are particularly interested in interviews that explore interdisciplinary perspectives and innovative approaches to promoting healthy aging through nutritional interventions. Nutrition is a key factor in the development and prevention of age-related diseases, and the study of nutrition in the context of geroscience has the potential to uncover new strategies for promoting healthy aging and preventing age-related diseases. Overall, the study of nutrition in the context of geroscience has the potential to provide new insights into the mechanisms

underlying healthy aging and age-related diseases, and to identify new strategies for promoting healthspan and lifespan.

We begin the section with two internationally recognized experts in the fields of frailty and geroscience, Drs. Mikel Izquierdo and Emanuele Marzetti. The interviews were conducted during the recent International Conference on Frailty and Sarcopenia Research in Toulouse, France on March 2023.

We welcome suggestions for experts to feature in this section and encourage readers to submit questions they would like to see addressed in future interviews.

Our editorial team consists of experienced professionals in those fields who will work closely with interviewees to ensure that each interview provides readers with insightful and engaging content. We are committed to promoting dialogue and exchange of ideas in these fields and look forward to bringing readers a new and exciting format for learning and discovery.

We invite you to join us in exploring the latest research and trends in aging, geroscience, frailty, and nutrition through our new section of expert interviews.

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