CASE IMAGE IN CARDIOVASCULAR ULTRASOUND



Left atrial thrombus attached to the orifice of the left superior pulmonary vein: a case report

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Abbreviations

PT Prothrombin time AF Atrial fibrillation

TTE Transthoracic echocardiography

LA Left atrium

LAA Left atrial appendage

LSPV Left superior pulmonary vein TEE Transesophageal echocardiogram

Case

An 82-year-old woman presented with exertional dyspnea that developed following a persistent low-grade fever of 37.5 °C for 10 days. She had been diagnosed with *Mycobacterium avium* pulmonary infection 24 years earlier and had intermittently received the standard antibiotics combination therapy. On admission, blood test results showed mildly

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elevated tumor markers with CEA and CA 125 of 5.2 ng/mL (ref: 0-5.0 ng/mL) and 39 U/mL, (ref: 0-35.0 U/mL) respectively. and elevated d-dimer of 5.04 µg/ml. An electrocardiogram confirmed atrial fibrillation (AF) with an average heart rate of 121/min, which had not been observed during a routine examination 2 months earlier. Chest radiographs showed abnormal opacity and decreased air volume, mainly in the superior left lung field, where computed tomography also showed destruction of the structures of the left superior lobe of the lung (Fig. 1a, b).

Transthoracic echocardiography (TTE) showed a left ventricular ejection fraction of 60%, normal left ventricular wall motion, and no significant left heart valvular dysfunction. Additionally, TTE also showed dilation of the left atrium (LA; volume index, 35.5 mL/m²) and a mobile mass-like structure within the LA, whereas no obvious structures were found within the left atrial appendage (LAA). To observe the structure in more detail, we performed observation from a higher intercostal space. The structure appeared to be protruding from the left superior pulmonary vein (LSPV) into the LA (Fig. 1c, d, Movie 1). It was still difficult to identify the site of attachment, and thrombus, myxoma, and metastatic tumor were considered as differential diagnoses.

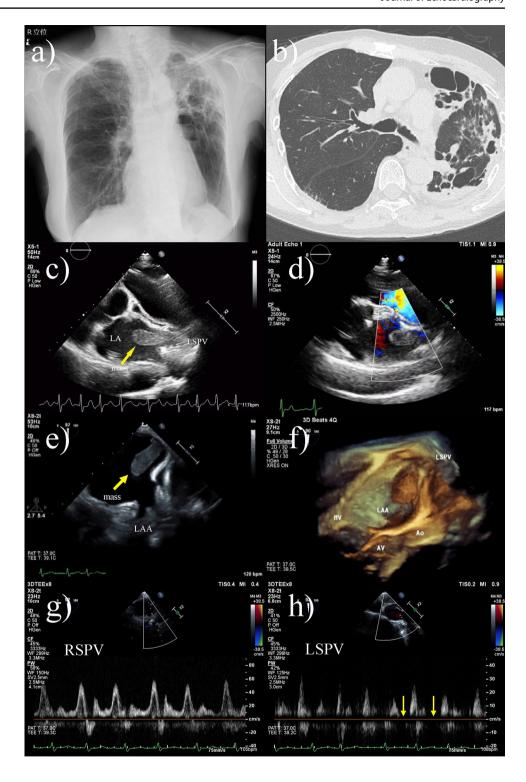
At this time, she was started on treatment with apixaban and bisoprolol for tachycardic AF (CHA₂DS₂-VASc score 2). On day 19, TEE showed that the mass attached to the LA wall near the LSPV orifice (Fig. 1e). On 3D-TEE, the structure was observed to be club-shaped from the LSPV to the LA (Fig. 1f, Movie 2, 3). The mass eventually shrank and disappeared with anticoagulation by day 99, and we finally diagnosed it as thrombus (Movie 4).

Discussion

AF is the most common arrhythmia associated with stroke and embolism, and intra-atrial thrombi occurring in the LAA are the most frequently reported [1, 2]. Normal pulmonary venous blood flows continuously enter the LA, but



Fig. 1 a Chest radiograph showed a cardiothoracic ratio of 49% and no cardiac enlargement, with abnormal shadows mainly in the left superior lung field and decreased air content in the left lung. b Chest computed tomography showed destruction of the structures of the left superior lobe of the lung. c Transthoracic echocardiography shows a mass protruding from the left superior pulmonary vein (LSPV) to the left atrium (LA) (arrows). The mass measures 32×12 mm and has a well-defined margin and an isoechoic and heterogeneous inside structure. d Color Doppler imaging confirms that there is no blood flow signal inside the mass. e Transesophageal echocardiogram (TEE) shows a mass (29×11 mm) attached to the LA wall at the LSPV orifice (arrows). f 3D-TEE showed that the thrombus adhered to a site distinctly different from the left atrial appendage, and was observed to be club-shaped from the LSPV to the LA. g, h Normal pulmonary vein blood flow is continuous, but the LSPV blood flow in this case is intermittent, with periods of cessation of blood flow (arrows). MV mitral valve, AV aortic valve, Ao aorta, RSPV right superior pulmonary vein



in this case, in addition to AF tachycardia, tissue destruction in the left upper lobe reduced the return blood flow from the LSPV, causing a period of intermittent cessation of blood flow (Fig. 1g, h). As a result, the blood flow from the LSPV did not merge with the other three pulmonary venous blood flows in the LA and stagnated near the LA

orifice of the LSPV, which may have led to thrombus formation outside the LAA. Pulmonary vein thrombosis is associated with early postoperative lobectomy, lung transplantation, and malignancy [3, 4], and thrombus formation at the LSPV stump after left upper lobectomy appears to have a similar pathogenesis [5].



Conclusion

This report described a rare case in which a thrombus is attached to the orifice of the LSPV, suggesting the importance of recognizing intra-atrial thrombus formation outside the LAA on TTE and TEE.

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Declarations

Conflict of interest Kazuhiro Nomura, Yuna Shinohara, Yoshie Nakajima, Shiro Iwanaga, Takuya Maeda and Keiji Yamamoto declare that they have no conflict of interest.

Human rights statements and informed consent All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1964 and later versions. Informed consent was obtained from the patient included in the report.

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