ORIGINAL PAPER



Effects of Defined Mixtures of Persistent Organic Pollutants (POPs) on Pre-lethal Cytotoxicity in the Human A-498 Kidney Cell Line In Vitro

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Abstract

A total mixture of 29 persistent organic pollutants (POPs) modelled from Scandinavian blood concentrations was used to expose human A-498 kidney cells for 24 h over a concentration range spanning below to above blood level (1/10x, 1x, 50x, 100x, 500x). Its constituent submixtures (PFAA, Br, Cl) and co-mixtures (PFAA+Br, PFAA+Cl, Br+Cl) were also tested. Valinomycin ($12 \mu M$) was used as a cytotoxic comparative compound. Cell number (CN), nuclear area (NA), nuclear intensity (NI), mitochondrial membrane potential (MMP), and mitochondrial mass (MM) were assessed using high content analysis (HCA). Only the co-mixtures (PFAA+Cl, PFAA+Br) at 50x and 50x, 500x decreased CN, respectively. NI was increased by the total mixture at 500x and Cl mixture at all concentrations tested. MMP was increased by the total mixture at 100x and 100x an

Keywords Polychlorinated biphenyls · Organochlorinated pesticides · Brominated flame retardants · Perfluorinated alkylating agents · Cytotoxicity · High content analysis

Introduction

Persistent organic pollutants (POPs) are chemicals that persist in the environment for decades and can bioaccumulate or biomagnify in living organisms. POPs tend to accumulate in the metabolic organs including kidneys and liver which may lead to histological alterations in these organs (Tashla et al.

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2018). We have previously shown that POP mixtures can have detrimental effects on the health of liver cells (Wilson et al. 2016). The kidney, another organ, which plays a major role in excretion, may also be a target of cytotoxicity for these compounds. Continuous exposure to POPs may lead to end-stage nephropathy in addition to other diseases such as diabetes and cardiovascular illnesses (Grice et al. 2017).

Since POPs are widely distributed in geographical regions of the world, various animal studies have highlighted the negative impact of POPs on wildlife. Wild arctic foxes exposed to a cocktail of POPs including organochlorine pesticides (OCPs) and polychlorinated biphenyls (PCBs) show signs of kidney and liver damage (Pizzorno 2015). PCBs and OCPs have also been found to trigger glomerular lesions in Baltic seals and dilation of glomerular capillaries and mesangial deposits in fish (Bergman et al. 2001; Koponen et al. 2001).

Perfluorinated alkyl agents (PFAAs) are a new class of POPs associated with reduction in kidney function and increased uric acid levels in humans (Kataria et al. 2015). Human mortality studies have shown an association between

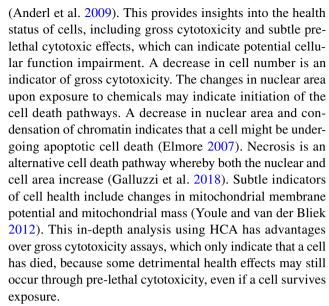


kidney cancers and occupational exposure to PFOA in the US population (Leonard et al. 2008; Steenland and Woskie 2012). A large cohort study on adults consuming drinking water from near a chemical plant in the US and workers directly exposed to PFAAs show positive association between cumulative perfluorooctanoic acid (PFOA) exposure and kidney cancer (Barry et al. 2013). These studies have highlighted the harmful effects of individual POPs particularly PFAAs on excretory organs including kidneys. However, in real-life situations both animals and humans are exposed to a mixture of chemicals that can interact to enhance or suppress the overall health effect. Therefore, analysing exposure mixtures based on real-life human concentrations is a more realistic approach for assessing potential health effects.

In the current study, we have used defined POP mixtures, modelled on levels found in the blood of the Scandinavian population. A total of 29 POPs were selected as described by Berntsen et al. (2017), based on their prominence in human blood, breast milk and/or food according to a literature review on levels in the Scandinavian population (Haug et al. 2010; Knutsen et al. 2008; Polder et al. 2008, 2009; Van Oostdam et al. 2004). This total mixture contained three chemical classes of POPs, i.e. chlorinated, brominated, and perfluorinated chemicals. In addition, submixtures were created representing each individual class: a chlorinated (Cl) mixture, brominated (Br) mixture, and a perfluorinated (PFAA) mixture, respectively. Finally, co-mixtures representing possible binary combinations of each class were also generated: chlorinated + brominated (Cl + Br) mixture, perfluorinated + brominated (PFAA + Br) mixture and perfluorinated + chlorinated (PFAA + Cl) mixture. A summary of these POP mixtures can be found in Table 1. Further details on the POP mixture composition and selection criteria can be found in Berntsen et al. (2017). The total mixture, sub-mixtures and co-mixtures were tested in a concentration dependent manner over a range above and below human blood levels (1/10x to 500x).

POP mixtures are known to have cytotoxic effects on the excretory organs (Nicole 2013). Traditional cytotoxicity assays are sometimes insensitive to the cellular response towards chemicals. Therefore, sensitive pre-lethal mechanistic cellular assays are used to determine endpoint specific chemical responses using cell lines (Xu et al. 2004). In the current study, we have used valinomycin as a comparative chemical for the induction of toxicity via effects on cellular nuclear and mitochondrial parameters (Abdalah et al. 2006; Abraham et al. 2008).

High content analysis (HCA) is a platform used to study cellular parameters where subtle or pre-lethal cytotoxic effects of human relevant POP mixtures can be analysed. Multiple cellular health endpoints can be measured following exposure to POPs in a single experimental setting



In the present study, we focused on determining the effects of complex mixtures of POPs on the A-498 human epithelial kidney cell line. A-498 is a classic cell line belonging to the NCI-60 panel, used in renal toxicity studies and cancer research (Brodaczewska et al. 2016; Adam et al. 2006). Cells were exposed to the mixture of POPs, and cytotoxic effects were measured using HCA.

Materials and Methods

Chemicals

Cell culture reagents were supplied by Life Technologies (Paisley, UK). MitoTracker ® Orange CMTMRos was provided by Thermo Scientific UK. A stock solution (1 mM) was prepared by adding 117 μ l of anhydrous DMSO to 50 μ g dye and stored at – 20 °C. Working stocks of 100 nM were prepared in assay media on the day of use. Hoechst nuclear stain 33,342 solution (20 mM) was also provided by Thermo Scientific UK. An intermediate stock of 10 mM Hoechst 33,342 was prepared in PBS and stored at 4 °C. Working stock at final concentration of 1.6 μ M was prepared on the day of staining.

Formalin solution neutral buffered (10%) was supplied by Sigma-Aldrich (Dorset, UK). All other reagents were standard laboratory grade.

Persistent Organic Pollutant Mixtures

Mixtures of the test POPs were designed and prepared by the Norwegian University of Life Sciences, Oslo (Berntsen et al. 2017), and concentrations of relevant POPs were based on levels measured in human blood, according to recent studies of the Scandinavian population. The seven mixtures tested



Table 1 Overview of the 29 different POPs constituting the total mixture for in vitro evaluation and their 1x concentration in human blood

Chlorinated	ted					Brominated	1		Perfluorinated	ated	
PCB	lx (ng/ml)	1x (ng/ml) Total mixture stock OCP measured concentration (μM)	OCP	1x (ng/ml)	1x (ng/ml) Total mixture stock measured concentration (μM)	BFR	1x (ng/ml)	1x (ng/ml) Total mixture stock measured concentration (µM)	PFAAs 1x (ng/	1x (ng/ml)	1x Total mixture stock (ng/ml) measured concentration (μM)
PCB 28 0.013	0.013	31.1	p,p'-DDE	0.502	1065.9	PBDE 47 0.009	0.009	17.8	PFHxS	3.45	7809.2
PCB 52	0.01	20.5	HCB	0.117	228.2	PBDE 99	0.004	7.5	PFOS	29.425	41,522.10
PCB 101	0.008	24.5	α -Chlordane	0.011	23.7	PBDE 100 0.002	0.002	3.8	PFOA	4.523	4209.4
PCB 118 0.064	0.064	137.9	Oxychlordane	0.022	33	PBDE 153 0.01	0.01	2.1	PFNA	8.0	1092.5
PCB 138 0.222	0.222	429.5	trans-Nonachlor	0.041	99.1	PBDE 154 0.002	0.002	3.0	PFDA	0.495	375.4
PCB 153 0.362	0.362	698.3	α-НСН	900.0	16.8	PBDE 209	0.011	9.4	PFUnDA	0.56	336.8
PCB 180 0.194	0.194	339	р-нсн	0.053	75.6	HBCD	0.025	54.5			
			γ-HCH (Lindane)	900.0	16.8						
			Dieldrin	0.024	56.2						

ane, BFR brominated flame retardants, PBDE polybrominated diphenyl ether, HBCD hexabromocyclododecane, PFAAs perfluorinated compounds, PFHxS perfluorohexanesulfonic acid, PFOS POPs persistent organic pollutants, PCB polychlorinated biphenyl, OCP Organochlorine pesticide, DDE dichlorodiphenyldichloroethane, HCB hexachlorobenzene, HCH hexachlorocyclohexperfluorooctanesulfonic acid, PFOA perfluorooctanoic acid, PFNA perfluoronananic acid, PFDA perfluorodecanoic acid, PFUnDA perfluoroundecanoic acid

Concentration (µM) of individual compounds in the total mixture stock and 1x concentration in human blood (ng/ml) are given below. For a complete description of selection of compounds and their concentration, see (Berntsen et al. 2017)



include: a total mixture containing all the compounds, three submixtures (including a perfluorinated mixture (PFAA), a brominated mixture (Br) and a chlorinated mixture (Cl), and three co-mixtures (including a perfluorinated and brominated mixture (PFAA + Br), a perfluorinated and chlorinated mixture (PFAA+Cl), and a brominated and chlorinated mixture (Br and Cl). Table 1 provides a brief overview of 29 different POPs constituting the total mixture used. A complete description of selection of compounds and their individual concentrations can be found in (Berntsen et al. 2017). Stocks were created in DMSO at concentrations equivalent to 1,000,000x human blood concentrations for the total mixture, Cl mixture, and all combinations with the Cl mixture. The PFAA mixture, the Br mixture, and the PFAA + Br mixture stocks were 10 times more concentrated, and equivalent to 10,000,000x human blood concentrations. Stocks were stored at -20 °C. For the exposure studies described below, stocks were serially diluted into medium and tested at final concentrations equivalent to 1/10x, 1x, 50x, 100x, 500x relative to blood levels. Final DMSO concentration was 0.2% and was kept constant in all dilutions tested.

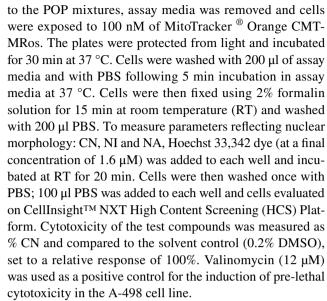
Cell Culture and Treatment

The human kidney A-498 cell line (ATCC® HTB-44TM) was obtained from the American Type Culture Collection (ATCC) and routinely cultured in a humidified atmosphere of 5% CO₂ at 37 °C. Cells were grown in 75 cm² flasks in MEM media supplemented with 10% FBS, 2 mM L-glutamine and 1 mM sodium pyruvate. TrypLETM Express was used to disperse cells from flasks.

Cells were seeded at a density of 6×10^4 cells/ml into CorningTM BioCoatTM Collagen I Multiwell Plates and allowed to attach for 24 h. The cells were then exposed to the total mixture and 6 submixtures at 5 concentrations (1/10x, 1x, 50x, 100x, 500x blood levels) and incubated for 24 h. Final concentration of DMSO was kept constant at 0.2%. Valinomycin (12 μ M) was used as a cytotoxic comparative compound and a solvent negative control 0.2% (v:v) DMSO in media was also included.

High Content Analysis

Cellomics® High Content Screening reagent series multiparameter cytotoxicity dyes were prepared by following the manufacturer's instructions and used to measure assay parameters including mitochondrial membrane potential (MMP), mitochondrial mass (MM), cell number (CN), nuclear area (NA) and nuclear intensity (NI). MitoTracker® Orange CMTMRos was used as a mitochondrial membrane potential dye evaluate parameters of mitochondrial function: MMP and MM. A stock solution of 1 mM was prepared following manufacturer's instruction. Following 24 h exposure



Data were captured at 20x objective magnification in the selected excitation and emission wave-lengths for Hoechst 33,342 dye (Ex/Em 350/461 nm), and MitoTracker [®] Orange CMTMRos (Ex/Em 554/576 nm). Twenty five field view images were acquired in each well to examine each parameter.

Statistical Analysis

Three independent exposures were performed, each in triplicate wells. Data were analysed using Graphpad Prism and Microsoft Excel, version 5.01 (San Diego, CA). Values are expressed as mean \pm standard error of mean (SEM) of triplicate, independent exposures. Data are expressed in percentage of solvent control (0.2% DMSO) for each parameter. Analysis was done using one-way analysis of variance (ANOVA) followed by Dunnett's multiple comparisons test. Mean concentrations were tested for significant difference at 95% confidence level. A p value of < 0.05 was considered statistically significant, $p \le 0.05$ (*), ≤ 0.01 (**) and ≤ 0.001 (***).

Results

Effects on Cell Number

Valinomycin exposure concentration in the A-498 kidney cell line was optimised following 24 h exposure to 6 μ M, 12 μ M and 15 μ M. Statistically significant reductions in cell number (CN) of 22, 57, and 85%, respectively, were observed when compared to the solvent control (SC) at 100% (Fig. 1). Based on this 12 μ M valinomycin was selected as an optimum concentration for the induction of pre-lethal toxicity and this concentration was used as a



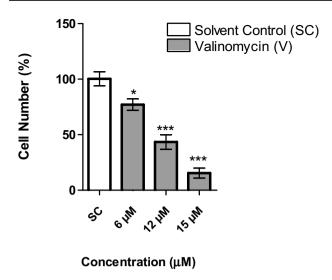


Fig. 1 Changes in cell number (CN) assessed by high content analysis in the A-498 human kidney cell line following 24-h exposure to 6 μ M, 12 μ M and 15 μ M positive control valinomycin (V). DMSO (0.2%) was used as solvent control (SC). n=3; Significant differences from the SC are indicated with $*=p \le 0.05$, $**=p \le 0.01$, $***=p \le 0.001$

positive control throughout the study. No significant changes in CN were observed when cells were exposed to the total mixture (Fig. 2a) or to the individual Cl, Br and PFAA mixtures (Fig. 2b). In contrast, there was a significant decrease in CN for the PFAA + Cl $50 \times$ and the PFAA + Br 50x and 500x exposure concentrations when compared with the SC (Fig. 2c).

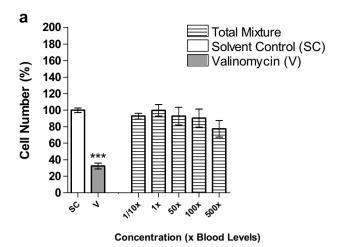
Effects on Nuclear Parameters

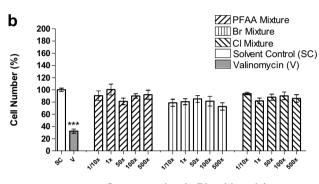
The Hoechst 33,342 stained nuclei were assessed by HCA to quantify changes in nuclear area (NA) following 24 h exposure to the POP mixtures. No significant changes in NA were observed for any of the mixtures tested except for the total mixture, which decreased the NA slightly at 500x, the highest tested human relevant concentration (Fig. 3a). No significant changes in NA were observed for the other mixtures tested.

Nuclear intensity (NI) is another cellular health marker used to assess the overall health of the nuclei. No statistically significant changes in NI were observed following exposure to valinomycin at 12 μ M. NI was significantly increased by the total mixture 500x and Cl mixture at all concentrations tested (Fig. 3b and c, respectively). No significant changes in NI were observed for the other mixtures tested.

Effects on Mitochondrial Parameters

Mitochondrial membrane potential (MMP) is measured as intensity of fluorescence. A significant decrease in MMP





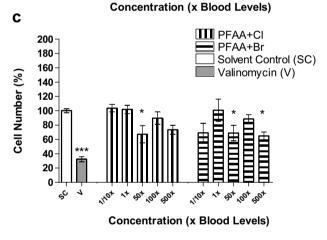


Fig. 2 Cell number (CN) assessed by HCA in the A-498 human kidney cell line following 24 h exposure to total mixture $\bf a$; PFAA, Br and Cl mix $\bf b$; and PFAA+Cl and PFAA+Br mixtures $\bf c$ DMSO (0.2%) was used as solvent control (SC) and 12 μ M valinomycin (V) was used as a comparative cytotoxic compound. n=3; Significant differences from the SC are indicated with $*=p \le 0.05$, $**=p \le 0.01$, $***=p \le 0.001$

was observed in the cells exposed to 12 μ M valinomycin (Fig. 4a and b) when compared to the solvent control (Fig. 4a and b). Changes in MMP following exposure to different concentrations of POPs were evaluated. MMP was significantly increased by the total mixture 100 and 500x blood



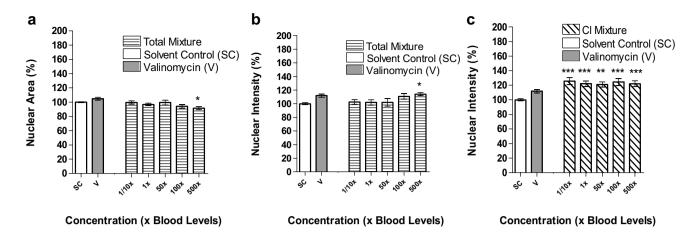


Fig. 3 Nuclear parameter changes assessed in the A-498 cell line by HCA following 24-h exposure to POP mixtures. a) Nuclear Area (NA) changes following exposure to total mixture, b) Nuclear Intensity (NI) changes following exposure to the total mixture and c)

Nuclear Intensity (NI) changes following exposure to the Cl mixture. DMSO (0.2%) was used as solvent control (SC) and valinomycin (12 μ M) (V) was used as cytotoxic comparative compound. n=3; $*=p \le 0.05, **=p \le 0.01, ***=p \le 0.001$

levels (Fig. 4a) and PFAA mixture 1x, Br+Cl mixture 100x, PFAA+Cl mixture 500x (Fig. 4b). No significant changes in MMP were observed for the other mixtures tested.

Changes in mitochondrial mass (MM) can also be used to quantify pre-lethal cytotoxicity using HCA. Figure 5 presents HCA images obtained for MM and shows that in comparison with the solvent control (Fig. 5a), a significant increase in MM was observed in the cells exposed to 12 μM valinomycin (Fig. 5b). No significant change in the MM was induced by the total mixture at 1x blood levels, whereas it was significantly decreased after exposure to a concentration of 500x blood levels (Fig. 5d). No significant changes in MM were observed in all the other mixtures tested. Figure 6 graphically presents the full concentration range of total mixture exposure results for MM.

Discussion

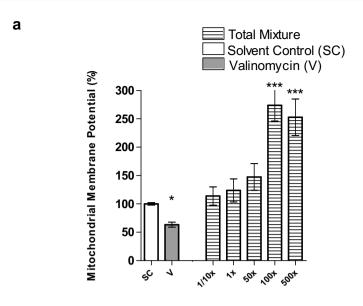
The effect of POP mixtures at human relevant exposure concentrations on A-498 human kidney cells was evaluated. In the first instance, we evaluated cytotoxic effects by quantifying cell number (CN) via Hoechst-stained nuclei in a high content analysis (HCA) approach. Neither the total mixture, nor the mixtures representing the major constituent classes (Cl, Br, PFAA) had any effect on the CN when tested separately. However, the PFAA+Cl and PFAA+Br combinations negatively affected CN. These decreases were still only about 50% of the magnitude observed with valinomycin.

Cell death is often accompanied by changes in nuclear morphology. Apoptosis is associated with nuclear shrinkage and fragmentation, resulting in a decrease in nuclear area (NA) (Bortner and Cidlowski 2002). Chromatin condensation during the process results in more concentrated staining with DNA-binding fluorescent probes, giving rise to increased nuclear intensity (NI). Necrosis often gives rise to enlarged nuclei with flocculated chromatin, resulting in increased NA (Buchser et al. 2004). Our HCA approach allowed for simultaneous detection of changes in nuclear parameters such as NA and NI. A slight but statistically significant decrease in NA and increase in NI were observed at the highest exposure concentration of the total mixture. A statistically significant increase in NI was observed for the CI mixture at all the exposure concentrations.

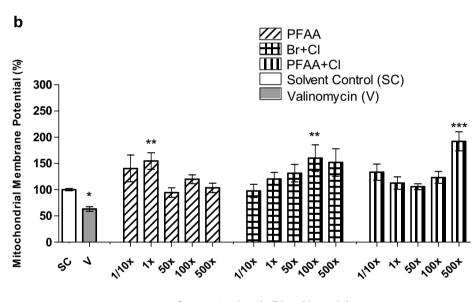
Taken these observations together, exposure to the total mixture has no significant effect on cell viability, except at a concentration corresponding to 500x the concentrations in human blood. This low cytotoxicity when CN is taken in consideration is in agreement with previous observations with the same mixture. Indeed, in a U-2 OS cell line expressing a fluorescently tagged human androgen receptor, no effect on CN was noted at concentrations up to 500x after 6 h (McComb et al. 2019). In HepG2 liver cells no effect on CN was seen for concentrations up to 1000x (Wilson et al. 2016). In pGIP/neo: STC-1 enteroendocrine cells a reduction is seen with total mixture, submixtures, and their combinations. However, an effect on CN has been noted with the Cl mixture alone at concentrations starting at 1x (McComb et al. 2019). This indicates that the cytotoxic effects of individual classes of compounds can be masked within the total mixture by combinatorial or antagonist effects. Overall, the effect of human relevant POP mixtures on direct cellular cytotoxicity as monitored by nuclear changes seems limited. Only when the perfluorinated compounds are combined with either the chlorinated or the brominated compounds is a



Fig. 4 Mitochondrial Membrane Potential (MMP) assessed in the A-498 cell line by HCA following 24 h exposure to a total mixture and b the PFAA, Br+Cl, and PFAA+Cl mixtures. DMSO (0.2%) was used as solvent control (SC) and valinomycin (12 μ M) was used as cytotoxic comparative compound. n=3; *= $p \le 0.05$, **= $p \le 0.01$, ***= $p \le 0.001$



Concentration (x Blood Levels)



Concentration (x Blood Levels)

reduction in cell number seen. This effect was not observed for the total POP mixture.

Mitochondrial parameters such as mitochondrial membrane potential (MMP) and mitochondrial mass (MM) are also important indicators of cellular health. For example, apoptosis is an ATP-dependent form of cell death and can be initiated under cellular stress. The process involves the loss of MMP and the release of cytochrome C from mitochondria through opening of mitochondrial permeability transition pores (AL-Jailawi et al. 2015). This mitochondrial dysfunction results in a decrease in MMP and is

expected to correspond with an increase in MM (Gottlieb et al. 2003; Minamikawa et al. 1999). An increase in MM and decrease in MMP were observed for cells treated with valinomycin (12 μ M) in the present study. This is suggestive of cells entering apoptotic cell death. Mitochondrial swelling upon exposure to valinomycin and uncoupled respiration rates is also observed in corn mitochondria (Hensley and Hanson 1975). Such decreases in MMP and increases in MM have been reported previously in the HepG2 human hepatocarcinoma cell line exposed to POP mixtures identical to those used in the current study. MMP decreased



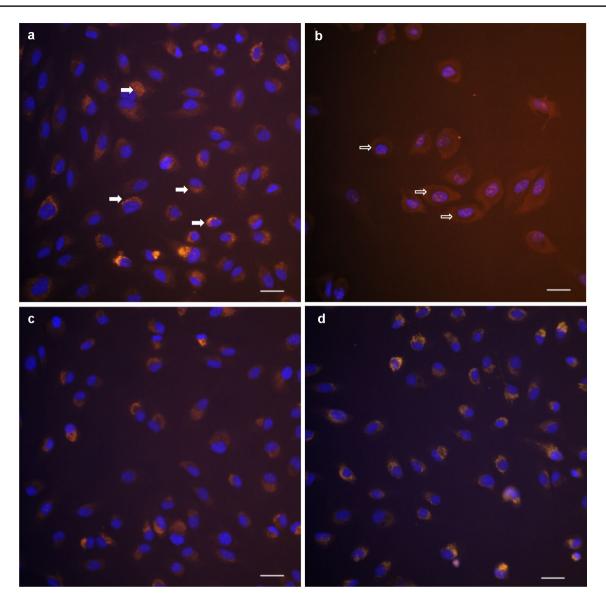


Fig. 5 Example HCA images of the A-498 cells representing changes in mitochondrial membrane potential (MMP) and mitochondrial mass (MM) following 24 h exposure to **a** solvent control (0.2% DMSO), **b** 12 μM valinomycin (PC), **c** total mixture 1x and **d** total mixture 500x. Typical HCA images are shown with nuclei (stained by Hoechst 33,342, shown in blue) and mitochondrial structure (stained

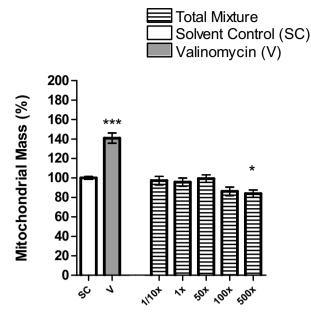
by MitoTracker Orange CMTMRos, shown in orange). White block arrows point to examples of cells with intense globular orange staining, representing healthy mitochondria. Open block arrows show a more diffuse staining over a wider area, indicating loss of MMP together with an increase of MM. Images were taken with a $20 \times$ objective magnification, scale bars = $200 \, \mu M$

significantly after 2 and 48 h exposure to the PFAA mixture at $5000\,\mathrm{and}\ 10,000\,\mathrm{blood}\$ levels. Short-term exposure (2 h) to the PFAA+Br mixture at the highest concentration was found to decrease MMP (Wilson et al. 2016). In contrast, in the present study the exposure of the A-498 kidney cells to the total mixture resulted in an opposite effect with increased MMP, accompanied with decrease in MM. In addition, some of the POP mixture combinations (Br+Cl and PFAA+Cl) had a similar effect which is opposite to the effect of valinomycin. It should be stressed that this occurred at much lower concentrations than those reported for the HepG2 system,

and closer to realistic human exposure levels. A significant increase in MMP and decrease in MM following exposure to total POP mixture could be indicative of an altered mitochondrial metabolism. Increased mitochondrial activity was also observed in human neural stem cells exposed to total mixture (Davidsen et al. 2021).

Taken together this is indicative of a different cytotoxicity mechanism for POPs compared to valinomycin. The opposite mitochondrial changes seen using the total mixture and combinations in HepG2 and A-498 could be due to the different cellular response amongst the two different





Concentration (x Blood Levels)

Fig. 6 Mitochondrial Mass (MM) assessed by HCA in the human A-498 cell line following 24 h exposure to the total mixture. DMSO (0.2%) was used as solvent control (SC) and valinomycin (12 μ M) was used as a cytotoxic comparative compound (V). n=3; *= $p \le 0.05$, **= $p \le 0.01$, ***= $p \le 0.001$

cell systems. Alternatively, the A-498 cells might be more resistant to damage induced by the total mixture. For example, the mitochondrial localized apoptosis-inducing factor (AIF) is often down regulated in renal carcinoma cells (Xu et al. 2014); however, no information is available of AIF levels and activity in A-498 cells. It could also be indicative of POP mixtures acting as oxidative phosphorylation uncoupling agents in the A-498 kidney cell line. Certain chemicals also known as oxidative phosphorylation uncoupling agents can increase the MMP and limit the ROS production by mitochondrial complex 1 (Liu 1997). Cells can sometimes undergo partial mitochondrial uncoupling, leading to decreased ROS production while maintaining sufficient ATP synthesis for delaying cellular senescence (Papa and Skulachev 1997; Brand 2000).

Conclusions

Exposure to chemical mixtures can effect subtle markers of cellular health in a kidney cell in vitro model. This study highlights the complexity of evaluating the toxic effects of complex chemical mixtures. Surprisingly, the total mixture did not affect cell number and neither did individual chemical classes. However, specific combinations of the PFAA

with the Cl or Br sub-classes decreased cell number. This demonstrates that interactions of chemical sub-classes may be masked within the total mixture. Thus, understanding how negative effects are elicited by classes of chemical pollutants and their interactions within complex mixtures is crucial for future risk assessment.

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Declarations

Conflict of interest All authors declare that they have no conflict of interest.

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