Randomized transcoronary delivery of CD34⁺ cells with perfusion versus stop-flow method in patients with recent myocardial infarction: Early cardiac retention of ^{99m}Tc-labeled cells activity

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Background. For transcoronary progenitor cells' administration, injections under flow arrest (over-the-wire balloon technique, OTW) are used universally despite lack of evidence for being required for cell delivery or being effective in stimulating myocardial engraftment. Flow-mediated endothelial rolling is mandatory for subsequent cell adhesion and extravasation.

Methods. To optimize cell directing toward the coronary endothelium under maintained flow, the authors developed a cell-delivery side-holed perfusion catheter (PC). Thirty-four patients (36-69 years, 30 men) with primary stent-assisted angioplasty-treated anterior MI (peak TnI 151 [53-356]ng/dL, mean[range]) were randomly assigned to OTW or PC autologous ⁹⁹Tc-extametazime-labeled bone marrow CD34⁺ cells (4.34 [0.92-7.54] \times 10⁶) administration at 6-14 days after pPCI (LVEF 37.1 [24-44]%). Myocardial perfusion (^{99m}Tc-MIBI) and labeled cells' activity were evaluated (SPECT) at, respectively, 36-48 h prior to and 60 min after delivery.

Results. In contrast to OTW coronary occlusions, no intolerance or ventricular arrhythmia occurred with PC cells' administration (P < .001). One hour after delivery, 4.86 [1.7-7.6]% and 5.05 [2.2-9.9]% activity was detected in the myocardium (OTW and PC, respectively, P = .84). Labeled cell activity was clearly limited to the (viable) peri-infarct zone in 88% patients, indicating that the infarct core zone may be largely inaccessible to transcoronary-administered cells.

Conclusions. Irrespective of the transcoronary delivery method, only $\approx 5\%$ of native (i.e., non-engineered) CD34⁺ cells spontaneously home to the injured myocardium, and cell retention occurs preferentially in the viable peri-infarct zone. Although the efficacy of cell delivery is not increased with the perfusion method, by avoiding provoking ischemic episodes PC offers a rational alternative to the OTW delivery. (J Nucl Cardiol 2011;18:104–16.)

Key Words: CD 34⁺ cells • myocardial infarction • cellular therapy • cell delivery techniques

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- Parts of this work have been presented to the Transcatheter Cardiovascular Therapeutics (*Novel Concepts and Innovative Devices*— Invited Faculty Session) and to the European Society of Cardiology (*Young Investigator Awards*).
- Supported by Ministry of Science and Higher Education (Poland) (project PBZ-KBN-099/P05/2003) and 'For the Heart Foundation' in Kraków, Poland. AZ was a recipient of the City of Krakow Research Scholarship.
- Received for publication Mar 25, 2010; final revision accepted Sep 20, 2010.
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- doi:10.1007/s12350-010-9326-z

INTRODUCTION

Progenitor cell transplantation is anticipated to complement current revascularization strategies in acute myocardial infarction (MI) by stimulating endogenous repair and, potentially, by replacing part of the damaged microvascular and myocardial tissue. Initial reports of successful small-animal experiments led to direct, rapid attempts of their translation in the clinical setting. Today, transcoronary transfer of autologous bone marrow cells has been performed in more than 1,500 patients with a recent MI who were included in over 20 clinical studies.¹⁻³ Meta-analyses of those studies indicate, disappointingly, that the long-term benefit is clinically minimal or absent.^{1,2}

Efficient delivery of progenitor cells to the recent infarct injury zone is a pre-requisite for any effect of cell therapy.^{4,5} For transcoronary cell administration, past and current clinical studies have universally¹⁻³ adopted a "stop-flow" technique, using the central lumen of an inflated over-the-wire balloon catheter positioned in the stent in infarct-related artery (IRA).^{6,7} Injecting the cells under flow arrest has been *assumed* to "allow for adhesion and potential transmigration of the infused cells through the endothelium"⁷⁻⁹ or "prolong contact time for cellular migration to the damaged tissue".¹⁰ Interestingly, the stop-flow method was never *shown* to be required for progenitor cell delivery or to be effective in enhancing myocardial retention of the cells.^{6,11}

Evaluation of different transcoronary cell administration techniques in man has been considered essential for further development of cellular therapies.^{6,11-13}

Evidence indicates that, similar to leukocytes, flowmediated undisturbed "physiological" rolling in contact with endothelium is a primary, mandatory step in progenitor cells trafficking.⁵ Progenitor cells endothelial rolling (mediated largely by selectins) is a "primer" for integrin-mediated downstream adhesion to the activated endothelium, and chemokine-mediated transendothelial diapedesis (extravasation) and migration to the injured tissue.^{4,5} In addition, blood flow-related hydrodynamic forces are known to play an important role in the cell rolling and adhesion process by interacting, for instance, with the selecin bonds.¹⁴ This suggested that cell administration under maintained coronary flow might be more effective than the coronary-occlusive delivery.

The perfusion technique, including the employment of side-holed catheters, has been in clinical use since 1990s for transcoronary drug administration under maintained coronary flow.^{15,16} More recently, the perfusion technique was found effective in transcoronary gene delivery in the pig heart in situ.¹⁷ Initially, in a pilot study the authors tested the feasibility of autologous bone marrow cell delivery through a perfusion catheter intended for intracoronary drug administration.⁴ Currently, the authors have developed a side-holed perfusion catheter (PC) dedicated to cell delivery under maintained coronary flow and, in a randomized study in man, the authors have quantified early myocardial uptake of autologous $CD34^+$ cells administered with the stop-flow versus perfusion technique.

METHODS

Cell-Delivery Perfusion Catheter

The side-hole design of the perfusion catheter was chosen because this design was previously shown to be optimal for towards-the-wall delivery.^{15,16} For bench testing, the authors designed PCs with the following parameters: (1) lumen size of 0.9 or 1.2 mm; (2) side-hole number of 8, 10, 12, 15, or 20; and (3) side-hole diameter of 0.10, 0.15, or 0.20 mm. All PCs were designed in rapid exchange (RX) system, with two independent lumens (one, RX, for a 0.014 inch guide-wire, and the other for cell-suspension injection). For each catheter, in a system mimicking a coronary artery, the authors evaluated the delivery pressure required to achieve optimal out-flow from a maximal number of side-holes (cell-suspension solution). Catheters with lumen size of 0.9 mm yielded no outflow of the cell-suspension solution for the hole size of 0.10 mm and, for hole sizes of 0.15 or 0.20 mm, only poor outflow which, however, required delivery pressures of at least 10-15 barr (N.B. manual inflation pressure is 3-4 barr). Catheters with side-hole numbers of 10, 12, 15, or 20 and/or side-hole sizes of 0.20 or 0.25 mm required very high inflation pressures (10-20 barr) to overcome drop-like outflow of the cell-suspension solution and thus they were rejected to avoid barotrauma to the cells. The PC with lumen size of 1.2 mm and 8 side holes of 0.15 mm each yielded optimal out-flow from all side holes at 3 barr; thus, this design was selected for our clinical study. An order was placed, according to our specifications, with a producer of catheterization equipment (Balton Ltd, Poland). In contrast to the over-the-wire (OTW) balloon catheter, the PC did not require guidewire pull-back for cell delivery; thus it could offer guidewire security of the artery during administration of progenitor cells.

Clinical Study Outline

Our working hypothesis was that "physiological" delivery of autologous CD34⁺ cells through the perfusion technique (PC) might be associated with a greater early myocardial retention than the conventional OTW (under flow arrest) cells administration. The study was carried out in humans because the perfusion technique is not new to clinical use,^{15,16} and animal studies are unlikely to precisely determine the effectiveness of cell delivery in patients.¹⁸ Nuclear-tracer cell labeling was employed as the current method of choice for high-sensitivity in vivo imaging of the transplanted cells in man.¹⁹⁻²¹ Radionuclide labeling (the nuclear tracer and/or its carrier), however, can be harmful to the therapeutic cells leading to the impairment of their functional (and thus potential therapeutic) capacity.^{19,20} Also, administration of nuclear-tracer labeled cells is associated with an additional radiation burden to the patient.^{19,20} For these reasons, and consistent with the size of published hypothesis-testing randomized stem-cell studies in man,²² the Institutional Review Board approved a study in a maximum of 36 patients (2:1 randomization, see below) and required mandatory data analysis prior to any potential submission for study extension.

The study conformed with the Declaration of Helsinki. It included unselected, consented (informed written consent) patients with primary angioplasty (pPCI)-treated first myocardial infarction (anterior location; infarct related artery (IRA) = left anterior descending coronary artery) and a definite infarct-related myocardial injury manifest as peak troponin I > 50 ng/mL and left ventricular ejection fraction (LVEF) <45% when screened by echocardiography at 4-8 days after pPCI.

Myocardial Imaging

Myocardial perfusion was evaluated at 36-48 hours prior to cell transfer by single-photon emission computed tomography (SPECT, ^{99m}Tc-MIBI, nitroglycerin enhancement²³). LVEF was also determined by gated-SPECT.²³

Cell Harvesting, Isolation, and Labeling

On the morning of the day of cell transfer (6-14 days after pPCI), bone marrow (80-120 mL) was harvested from the iliac crest.^{3,7} Mononuclear cells were separated with FicollTM,^{3,7} and CD34⁺ cells were immunomagnetically selected with mononuclear antibodies coupled to magnetic beds (Midi-MACS System, Miltenyi Biotec GmbH).³ The average number of mononuclear cells was 3.46×10^8 (range 0.91×10^8 - 5.48×10^8), and CD34⁺ cell yield was 4.34×10^6 (range 0.92×10^6 - 7.54×10^6).

After transfer to a nuclear medicine lab, the cells were labeled with 99mTc-extametazime (Ceretec, Amersham) according to a previous protocol.²⁴ In brief, for each subject all the harvested cells were incubated for 30 min (37°C) with ^{99m}Tc-extametazime (110 MBq);²⁴ a lipophilic compound that turns hydrophilic after crossing the cell membrane and remains intracellular during cell tracking.²⁰ Then the cells were washed thrice and re-suspended in 10 mL heparinized (10 IU/mL) saline.²⁴ For cell labeling, the authors used 99mTc-extametazime and not ¹¹¹In-oxine because the latter was shown to have a substantial detrimental effect on the integrity, viability, migration and proliferation of hematopoetic progenitor cells,^{25,26} while ^{99m}Tc-extametazime is considered significantly less toxic.^{27,28} Radioactivity of the labeled cells was determined with a rate meter (PTW-Curiementor 2). Cell viability was assessed with trypan blue dye exclusion assay^{4,29} prior to and after labeling. The number of dead cells (not excluding the dye-thus stained blue) was examined under microscope per 500 cells and expressed as percentage.

Patient Randomization and Cell Transfer

The study was designed with 2:1 randomization (PC : OTW) because unequal randomization can be used to enhance the likelihood of detecting a difference between a "new" versus the more established method, particularly if some data concerning the latter are already available in the public domain.^{30,31} For the purpose of randomization of a maximum of 36 patients, 39 closed envelopes were prepared and inside each there was a card indicating "PC" or "OTW" (26"PC":13"OTW"). Each time, while the patient was installed on the catheterization table for cell delivery, one of these envelopes was randomly selected by the study nurse. OTW delivery was performed according to the typical protocol used by other investigators (3 injections of 3.3 mL, each balloon inflation for up to 3 min)^{3,7,9,10} whereas for PC-delivery, the cell suspension volume was expanded to 30 mL, and 3 rapid injections (each of 10 mL) were performed. For both the modes of cell transfer, the delivery catheter was placed in the stent implanted during the pPCI 6-14 days earlier, and there were 3 min breaks between each injection.^{3,7,9}

Quantification of the Magnitude of Cells' Myocardial Uptake

A whole-body planar (static) scan and cardiac tomographic (SPECT) images were acquired 60 min after transcoronary cell transfer. For (off-line) quantification of early myocardial uptake of the labeled CD34⁺ cells, the left ventricle (LV) was delineated on a whole-body planar scan image,²⁸ and the number of LV counts was expressed as % total counts.^{28,32} In a similar fashion, percent activity was determined for other organs,^{28,33} and percent activity was taken as an index of % early cells' retention.^{28,32,33}

Determination of the Cells' Myocardial Uptake Zone

To determine the zone(s) of myocardial uptake of CD34⁺ cells, SPECT images of ^{99m}Tc-labeled cells' activity were integrated with the corresponding SPECT images of myocardial perfusion (3D-CardioFusion algorithm, CardioFusion application on Leonardo workstation VE30A/VE30B, SYNGO MMWP, Siemens; regions of interest defined by common reference points according to software manual).

Statistical Analysis

Variables are presented as mean \pm SEM (range). For between-group comparisons Mann-Whitney test for independent samples was used. Correlations were evaluated with Spearman's coefficient. For within-group comparisons ANOVA was used. Statistical significance was at P < .05.

RESULTS

Thirty-four patients (30 men) aged 36-69 years were recruited. The OTW- and PC-group were similar with respect to demographic, clinical, and laboratory characteristics (Table 1). The CD34⁺ cell number, and the labeled cells' viability and activity were also similar (Table 2). Labeling efficiency, defined as the fraction of label retained by the cells, was $65.4 \pm 2.1\%$ (43.7-77.8%) and was not different between the study groups ($64.6 \pm 3.2\%$ vs $66.1 \pm 2.6\%$). The number of CD34⁺ cells correlated with their activity (r = 0.74, P < .05, not shown) and the labeling procedure had a small but significant effect on the cell viability (Table 2). Following labeling, the ^{99m}Tc radiation burden per cell (cells total activity/cell number) was 23 ± 3 Bq.

In the majority of OTW patients (n = 10/13; 77%) the cell infusion time (i.e., the duration of in-stent occlusions of the LAD) was limited by occlusion intolerance manifesting as increasing chest pain and/or progressive ST-segment displacement. In addition, there was one event of the IRA occlusion-triggered ventricular tachycardia (this occurred in our third OTW patient, at 47th second of the second balloon inflation to inject the cells and was preceded by increasing ST elevation, Figure 1). Since others³⁴ have reported a similar observation (malignant arrhythmias provocation by the IRA OTW-balloon occlusions to deliver the progenitor cells), the authors have not extended the balloon inflation time over the point of increasing intolerance (average occlusion time was 69 s, 82 s, and 89 s for the 1st, 2nd, and 3rd occlusion, respectively).

In contrast to the OTW group, in the 21 PC-patients there were no signs of symptoms of cell-delivery intolerance (10/13 vs. 0/21, P < .001).

One hour after transcoronary cell delivery, the percent myocardial activity (an index of early myocardial retention of cells)^{14,17,18} was 4.86 ± 0.49 (mean ± SEM, 95% CI 3.32-6.58, range 1.7-7.6) in the OTW group and 5.05 ± 0.48 (95% CI 3.58-6.27, range 2.2-9.9) in the PC group (P = .84). This indicated that the coronary non-occlusive cell delivery did not lead to a higher early myocardial retention of autologous CD34⁺ cells (Figures 2, 3). Tracer uptake in the liver, lungs, spleen, bowel, and urinary bladder was also similar and not statistically different in the OTW- versus PC-group (Table 2).

Qualitative evaluation of the cells' myocardial uptake zone (by integrating SPECT images of myocardial perfusion and SPECT images of the cells' uptake) revealed two distinct patterns that were independent of the method of cell delivery (Figure 4I, II). In 88% patients (n = 30/34) the early engraftment was clearly limited to the peri-infarct zone, with no detectable

	Total (n = 34)	OTW-cells' delivery (n = 13)	PC-cells' delivery (n = 21)	<i>P</i> value
Age (years), mean ± SEM, (range)	57 ± 1.4 (38-69)	58 ± 1.8 (42-68)	57 ± 2.0 (38-69)	.83
Time from onset of symptoms to pPCI (hour),	6.6 ± 0.9 (2-23)	7.2 ± 1.54 (3-23)	6.1 ± 1.07 (2−20)	.44
mean ± SEM, (range)				
Infarct-related artery = proximal LAD, n (%)	34 (100)	13 (100)	21 (100)	AN
Peak CK (U/L), mean ± SEM, (range)	4771 ± 380 (1307-11121)	4967 ± 422 (2399-7812)	4361 ± 536 (1307-11121)	.81
Peak CK-MB (U/L), mean ± SEM, (range)	592 ± 41 (177-962)	599 ± 57 (217-859)	586 ± 56 (177-962)	.87
Peak troponin I (ng/mL), mean ± SEM, (range)	151 ± 14 (53-356)	154 ± 19 (56-271)	148 ± 20 (53-356)	.63
LVEF (%) by echo mean ± SEM, (range)	37.1 ± 2.0 (24-44)	37.6 ± 1.3 (29-43)	36.2 ± 1.5 (24-44)	.43
LVEF (%) by G-SPECT* mean ± SEM, (range)	33.8 ± 2.0 (19-48)	35.6 ± 2.5 [†] (23-48)	32.6 ± 2.4 [#] (19-47)	.52
AMI to cell transfer (days), mean ± SEM (range)	9.7 ± 0.4 (6-14)	9.6 ± 0.5 (6−12)	9.7 ± 0.5 (6-14)	06 [.]
* n = 4 non-gated (arrhythmia).				
t n = 1 non-gated.				
* n = 3 non-gated.				
NA, Not applicable.				

Table 1. Demographic, clinical, and laboratory characteristics of the study groups

	Total (n = 34)	OTW-cells' delivery (n = 13)	PC-cells' delivery (n = 21)	<i>P</i> value
CD34 ⁺ number × 10 ⁶ , mean ± SEM (range) CD34 ⁺ cell viability (%), mean ± SEM, (range)	4.34 ± 0.39 (0.92-7.54)	4.17 ± 0.53 (0.92-5.44)	4.45 ± 0.55 (1.1-7.54)	06.
Prior to labeling	98.0 ± 0.25 (94-99)	98.1 ± 0.43 (95-99)	97.9 ± 0.31 (94-99)	.52
After labeling	95.8 ± 0.29 (91-98)*	96.1 ± 0.55 (93-98)*	95.7 ± 0.47 (91-98)*	.89
Labeled cells activity (MBq), mean ± SEM (range)	72.8 ± 2.21 (45.8-86.4)	71.8 ± 3.5 (50.8-86.4)	$73.4 \pm 2.91 \ (45.8-86.4)$.87
% Early activity uptake [#] mean ± SEM (range)				
Myocardium	4.98 ± 0.35 (1.7-9.9)	$4.86 \pm 0.49 (1.7-7.6)$	5.05 ± 0.48 (2.2-9.9)	.84
Liver	$26.39 \pm 1.3 (8.7-47.5)$	24.02 ± 0.97 (17.7-29.9)	27.89 ± 2.43 (8.7-47.5)	.17
Lungs	$15.82 \pm 1.03 \ (2.6-34.5)$	16.51 ± 1.29 (6.9-25.6)	$15.39 \pm 1.64 (2.6-34.5)$.15
Spleen	13.05 ± 0.99 (2.2-25.2)	$13.49 \pm 1.69 (2.2-25.2)$	12.78 ± 1.40 (3.8-24.2)	.40
Bowel	3.15 ± 0.79 (0.0-22.3)	3.03 ± 0.84 (0.1-18.3)	3.22 ± 1.18 (0.0-22.3)	.74
Urinary bladder	2.51 ± 0.24 (0.2-5.3)	2.52 ± 0.41 (0.2-5.3)	2.49 ± 0.33 (0.3-4.8)	06 [.]
* D / DE for coll vishility hofors voren office holding				

P < .05 for cell viability before versus after labeling. One hour after trans-coronary cell delivery; fraction of total body activity on a whole-body γ -scan. activity in the zones of normal perfusion or in the no-perfusion (central infarct) zone. A small proportion of patients (12%, n = 4/34) displayed a diffuse infarct injury zone radioactivity uptake (examples in Figure 2II); this occurred only if myocardial perfusion was present throughout the infarct injury zone (Figure 4II, A1-A3). The diffuse pattern of engraftment occurred in subjects with the smallest MIs (peak troponin, and CK-MB in the 1st quartile; LVEF in the 4th quartile; the values of 55.7 ng/mL, 376 U/L, and 42.6% in contrast to those in patients with the peri-infarct engraftment pattern where the respective mean values were 163.7 ng/mL, 620 U/L and 32.1%, P < .05 for all).

DISCUSSION

This study is the first human study on visualization and quantification of early retention of CD34⁺ cells delivered transcoronary with a non-occlusive technique. Our principle findings are as follows. First, in contrast to OTW coronary-occluding technique, no intolerance or ventricular arrhythmia occur in patients with a recent MI with cell administration through side-holed perfusion catheter dedicated to cell delivery. Secondly, irrespective of the transcoronary delivery method, early myocardial uptake of 99mTc activity is in the order of $\approx 5\%$ (range from $\approx 2\%$ to $\approx 10\%$), consistent with the idea that only a small fraction of native (non-engineered) CD34⁺ cells spontaneously homes to the injured myocardium. Moreover, in the vast majority of patients early myocardial retention of radioactivity is limited to the (viable) peri-infarct zone, indicating that the infarct core zone is not directly accessible to the transcoronaryadministered cells.

Coronary Occlusive Versus Non-Occlusive Cell-Delivery: The Rationale

For transcoronary cell delivery, clinical studies have universally^{1-3,7,8} adopted the stop-flow technique that is based on the use of the central lumen of a coronaryoccluding OTW balloon catheter positioned in the stent. To deliver the cells, the OTW balloon is inflated leading to a flow arrest in the epicardial artery, the guidewire is then removed and the cell suspension is injected.⁷ An effective flow arrest on balloon inflation³⁵ precludes physiological flow-mediated endothelial rolling of the cells in the epicardial artery during cells injection. Then, on balloon deflation there is an instantaneous reactive increase in the epicardial and capillary flow velocity (with normal values exceeded by ≥ 2 -fold³⁵). Flowrelated hydrodynamic forces affect selecin bonds that physiologically form between the administered cells and

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Figure 1. Ventricular tachycardia (VT) associated with infarct-related artery (LAD)—occlusive cell delivery (2nd OTW-balloon inflation, man 53 years, day 7 after pPCI, LVEF 37%, ECG recording at 25 mm/s coupled to the angiocardiograph, Siemens Axiom Artis). Immediately prior to VT the patient reported increasing chest pain (*note* ST-segment elevation in I and aVL; this was progressive during the balloon inflation). Ischemia is a well-known trigger of ventricular arrhythmias in the setting of a forming myocardial scar which constitutes an arrhythmic substrate.

the endothelium.¹¹ Moreover, the "waterfall" effect³⁵ of reactive hyperemia can contribute to a rapid, undesired cell wash-out, thereby limiting the proportion of cells that can effectively interact with the activated endothelium situated downstream (i.e., in the injury zone) and trans-migrate into the injury zone. In the pig model of myocardial infarction, dynamic scintigraphy of ¹⁸F]-fluorodezoxyglucose (FDG)-labeled progenitor cells recently confirmed a rapid loss of ca. 80% cells on OTW balloon deflation,²¹ whereas in humans repeated balloon occlusions of the infarct artery for cell delivery were reported to stimulate adverse regional no-flow in the infracted myocardial tissue.³⁶ In addition, OTW-cell delivery can be associated with the triggering of malignant ventricular arrhythmias^{4,34} (Figure 1). This effect is not unexpected, since the forming myocardial scar is an arrhythmic substrate and ischemia is a wellknown arrhythmic trigger. Since prior study protocols included the OTW-balloon IRA occlusions for periods ranging from 3 min^{1-3,7} to 9 \pm 6 min,⁸ the pro-arrhythmic effect of IRA occlusions for cell delivery is likely to have been under-reported.

We hypothesized that a non-occlusive, endothelium-targeting cells' delivery through a side-holed PC might enhance physiological homing (1) by enabling undisturbed physiological rolling in contact with the endothelium of a greater proportion of infused $CD34^+$ cells (increase in an effective contact probability), and (2) by avoiding the accelerated cell wash-out on balloon deflation.

The Magnitude of Early Myocardial Radioactivity Uptake (^{99m}Tc-Labeled Cells)

Early myocardial uptake of CD34⁺ cells radioactivity was not different in PC- and OTW-delivery (\approx 5%; Table 2, Figure 3). A similar uptake (5.5%) was determined by PET for ¹⁸F-FDG-labeled peripheral CD34⁺ cells 1 hour after conventional OTW-delivery.³⁷ These results do not confirm earlier pilot findings that suggested a higher myocardial uptake of selected CD34⁺ cells than the uptake of unselected mononuclear bone marrow cells (14%-39% vs. 1.3%-2.6%, for each group n = 3, PET imaging of ¹⁸F-FDG labeled cells).²⁹ Indeed, the ineffectiveness of ex vivo selection of CD34⁺ from the pool of mononuclear cells on the proportion of myocardial engraftment might underlie the lack of outcome difference for the use of selected CD34⁺ versus unselected mononuclear cells in a recent large randomized study.³

Why would a "physiological" delivery not translate into an increased early engraftment of CD34⁺ cells? First, the side-holed PC may have failed in the intended delivery of a significant proportion of the cells to the



Figure 2. Whole-body gamma-emission scans at 60 min after transcoronary delivery of ^{99m}Tc-extametazime-labeled autologous CD34⁺ cells. Examples are from a patient with a large anterior MI (4th quartile, **A**, *left*, note two peaks of myocardial activity) and a relatively small anterior MI (1st quartile, **B**, *right*, note diffuse activity that may correspond to the anterior wall). LV is delineated in *red*. Myocardial activity was 6.52% (**A**) and 2.21% (**B**) of whole-body gamma emission. Detailed tomographic (SPECT) images from these two patients are shown in Figure 3I (*left panel*) and II (*right panel*), respectively.

epicardial artery endothelium. Individual cell rolling in contact with the endothelium has been recently visualized (demonstrated qualitatively),³⁸ but no current imaging technique can quantify this effect (i.e., determine the proportion of cells rolling in contact with endothelium after the PC vs OTW delivery to the epicardial artery). Thus, a later step in the "fate" of the cells was quantified, i.e., the magnitude of early engraftment inferred from percent activity uptake in the myocardium (Figure 3). Secondly, the absence of flowmediated endothelial rolling during balloon occlusion (IRA flow ceased) and the enhanced rapid cell washout on balloon deflation could both be compensated by a temporary ischemia-induced stimulation of cell-adhesion mechanisms in the injury (border-) zone that may occur with repeated IRA balloon inflations. It has been shown, for instance, that the endothelial expression of



Figure 3. Box-plot presentation of % early myocardial retention of radioactivity 60 min after transcoroary delivery of ^{99m}Tc-extametazime-labeled autologous CD34⁺ cells with coronary-occlusive (OTW, n = 13) versus non-occlusive perfusion (PC, n = 21) technique at 6-14 days after anterior MI (random assignment on a 1:2 basis). The median value was 4.32% and 5.03% respectively (P = .84 for difference between the groups). Myocardial activity uptake was expressed as % total body activity and it was taken as an index of early myocardial engraftment.

P-selectin on cardiac microvessels can be rapidly up-regulated (via transport to the endothelial cell surface) by brief episodes of ischemia.^{39,40} Recent work in the pig, however, suggested a possible $\approx 30\%$ reduction in delivery efficiency for cell injection with an inflated vs. non-inflated OTW balloon catheter (111Indium cell labeling; myocardial retention at one hour of $6.1\% \pm$ 2.5% vs 4.1% \pm 1%),⁴¹ whereas in this study PC-injections were not less effective than trans-OTW cells' administration (Figure 3). Evidence shows that flowmediated endothelial rolling is mandatory for subsequent cell adhesion and extravasation in the zone of activated endothelium.⁵ Even if the side-holed PC method was indeed successful in directing the cells towards the endothelium, it might have no significant impact on the microcirculatory flow (and thus cell uptake) because the "distance" of rolling necessary for optimal downstream adhesion is undetermined.^{5,38} A third (and not unlikely) possibility is that the pool of native (non-engineered) CD34⁺ cells used in clinical studies to-date may contain only a fraction of cells that are "naturally" capable of colonizing the myocardial infarct injury zone (i.e., possess a desirable pattern of receptors and appropriate functional capacity). This concept is exemplified, for instance, by the presence of the CXCR4 receptor in less than 50% of CD34⁺ cells.³ Although CXCR4 is mandatory, it is not sufficient for homing to the injury zone.⁴² This indicates that other (yet unidentified) receptors are needed for CD34⁺ homing to the injured myocardium, and only a fraction of CD34⁺ cells may spontaneously express the "full" (desired) pattern.

Implications of Peri-Infarct Engraftment

It is not unexpected that selective transcoronary approach is ineffective for cell delivery to the non-perfused myocardium because lack of tissue perfusion in the infarcted area would prohibit direct uptake of transcoronary-delivered cells in the infarct central zone (Figure 4I). However, progenitor cells (including bone marrow-derived tissue-committed stem cells)^{5,42,43} are known to migrate in the gradient of hypoxia-induced chemokines such as SDF-1.42,43 Recently, the gradient of SDF-1 has been shown to increase 4-fold from the border to the center of the infarct area,⁴⁴ indicating that endogenous mechanisms can stimulate cell migration from the infarct border-zone towards the center of the forming scar. Potential determination of the magnitude of this effect, however, was beyond the scope of this study which was focused on short-term cell tracking (^{99m}Tc half-life is 6.03 h, fraction remaining is 50.2% at 6 h and 6.3% at 24 h). Peri-infarct (rather then infarct central-zone) engraftment might contribute to the apparent ineffectiveness of transcoronary-delivered cells in patients with very large myocardial infarctions,⁸ indicating that other delivery strategies^{22,36} need to be considered if cell therapy was aimed at large zones of "irreversible" injury. Due to its relatively low spatial resolution (≈ 8 mm) SPECT does not allow to evaluate the transmural extent of the infarct.⁴⁵ Therefore, the apparent diffuse pattern of early cells' engraftment (Figure 4II) that was detected in a small proportion of patients (12%) may simply reflect a modest myocardial injury, consistent with the relatively small necrotic enzyme release in this patient group. Maintained myocardial perfusion in the infarct injury zone (prior to cell transfer) in subjects with relatively small MIs (Figure 4II) could explain the "negative" outcome of cell therapy in clinical studies including patients with small MIs (c.f., e.g., the group with LVEF >49% in REPAIR-AMI[/]) who are a priori (i.e., without cellular therapy) likely to experience only a mild residual damage.

Strategies to Augment Homing

This study shows that, in humans, altering the transcoronary delivery technique is unlikely to increase the "poor" myocardial retention of native (non-engineered) CD34⁺ cells delivered 6-14 days after pPCI (Figure 3). Could the delivery efficiency be increased by changing the timing of cell transplantation? This is unlikely for the reasons as follows. First, the timing of cell injections in our study was consistent with the peak of spontaneous release of CD34⁺ cells from the bone marrow after MI,^{46,47} while data in animal models

indicate that the mechanisms attracting the cells to the ischemic myocardium do not peak immediately after AMI.⁴⁴ Second, clinical studies with cells delivery within the first 24 h of AMI have clearly demonstrated no effect of cells injections^{1,2} whereas functional data from REPAIR-AMI (no treatment effect for cell transfer at ≤ 4 days, the largest effect at 6-14 days)⁷ are consistent with the idea that cell administration should match the peak of their spontaneous release from the bone marrow. Indeed, recent study¹¹ on the relationship between the time of progenitor cells administration and their recruitment to the infracted human myocardium (peak engraftment at 5-14 days; followed by a reduction in engraftment proportional to the time after AMI) indicate that timing of cell delivery in our study matched the optimal potential for myocardial engraftment.

Individual patient data in this study (number of infused CD34⁺ cells \times proportion engraftment) show a rough estimate of $\approx 40\ 000$ to $\approx 400\ 000\ \text{CD34}^+$ cells taken up in the peri-infarct area, while it is known that only 1:100 to 1:1000 CD34⁺ cells is a non-hematopoetic progenitor. Even if mechanisms other than trans-differentiation (for instance, paracrine effects) were to drive myocardial regeneration,^{48,49} this level of early engraftment appears low relative to an average loss of ≈ 1 billon myocytes and $\approx 2-3$ billion other (such as endothelial) cells with the typical MI in man.⁴⁸ Only a fraction of early engrafted cells can survive and exhibit long-term engraftment, and evidence accumulates that the number of administered cells is likely to limit the magnitude of the pro-regenerative effect in animals and in man.^{1,2,5,49,50}

Direct needle injections (transepicardial or trans-endocardial)^{22,36,51,52} may lead to heightened, at least initially, local cells retention but these are neither physiological (for instance, the highly hypoxic milieu in the center of the forming scar may reduce cell viability⁵¹) nor widely applicable in the clinical setting. Other strategies to improve cell homing to the injured myocardial tissue include pre-treatment of the cells (to activate their incorporation in the damaged tissue) or pre-treatment of the target tissue (to augment chemoattractant factors).^{5,49} Experimental work has identified several mechanisms of progenitor cell homing to the infarct injury zone, involving molecules such as HGF, VEGF, ICAM-1, HMGB-1, and the SDF-1-CXCR4 axis.^{5,42,43,53} Ex vivo activation of adhesion molecules on the cell surface or over-expression of chemokine receptors (such as CXCR4), the use of bispheric antibodies recognizing myosin light chain, or intramyocardial SDF-1 delivery have all been found promising in animal models.^{5,6,49} However, in mammals, healing after acute ischemic events is naturally biased towards scar formation and not regeneration of functional



◄ Figure 4. SPECT images of myocardial perfusion (day 7 after MI; standard projections in A1-A3) and early myocardial uptake of radioactivity (^{99m}Tc-extametazime-labeled autologous CD34⁺ cells, day 9 after MI, B1-B3 are same projections as A1-A3) in the OTW (*left panel*) and PC (*right panel*) group. Integrated images combining the activity of labeled cells and myocardial perfusion are shown in (C). *Black arrows (top)* indicate the peri-infarct zone. Note the lack of perfusion in septum, anterior wall and apex. *Pink arrows (bottom)* indicate the maintained (albeit impaired) perfusion in the septum, anterior wall and apex. Examples of the peri-infarct uptake of ^{99m}Tc-labeled cells activity (typical early engraftment pattern, seen in 88% study patients) are in Figure 4I. Figure 4II shows representative examples of a *diffuse* infarct activity uptake that was seen in only 12% subjects who experienced a relatively small ischemic injury (infarct size in the 1st quartile and the LVEF in the 4th quartile by both echo and G-SPECT).

tissue⁴⁹; a constraint that remains to be overcome by cell-based therapeutic strategies.

Study Limitations

In contrast to some other studies,^{1-3,7,8,36} this study was neither aimed nor powered to evaluate the potential effect of cell transfer on functional recovery of infracted myocardium. Much larger studies (e.g., REGENT with 200 patients randomized)³ have been unable to resolve this issue conclusively, since differentiation between treatment-induced and spontaneous improvement is extremely difficult with study end-points such as LVEF.⁵⁴ We deliberately focused on an "earlier" investigative step, i.e., on a systematic evaluation of CD34⁺ cells' myocardial uptake as a prerequisite for any potential functional effect(s). Although this study population of 34 subjects may appear modest, recruitment of additional patients would be unlikely to impact the findings since there was clearly no signal of any potential difference between engraftment efficiency with the two techniques tested in this study. This study is not only larger than a number of prior randomized studies focused on stem cell therapy approaches²² but it is also the largest study to-date with labeled progenitor cells in man (prior ones included a maximum of 5 to 8 subjects with recent MI).^{11,28,37}

Direct labeling with radionuclides provides highsensitivity cell imaging and is the method of choice for clinical studies that address homing and biodistribution after cell injection.^{19,20,32} One concern with radioactive labeling is the potential radiation damage to the cell (the likelihood of which increases with the label half-time)²⁰ and the other is an efflux of the label out of the cells, leading to label loss from viable cells and to "false" indication of cell homing by the extracellular tracer.²⁰ While these concerns are unlikely to apply in any major part to our study (^{99m}Tc-extametazime spontaneous

wash-out from the labeled cells is <10% at 60 min), our use of a radiotracer with a short half-life ($T_{1/2}$ of 6.03 h for ^{99m}Tc) reduces the time frame during which cells can be imaged.^{19,32} For this reason, the early retention of radioactivity that we observed might partly reflect the cells uptake in the ischemia-activated microcirculation rather than an effective migration to the injured tissue. Nevertheless, recent double-labeling experiments in the murine heart indicated that y-counter quantification of ^{99m}Tc-labeled progenitor cells homing to ischemic muscle highly correlates with counting of immunofluorescent-stained engrafted cells,⁵³ providing an additional validation of our technique. Although, due to its longer half-life, ¹¹¹In-oxime ($T_{1/2}$ of 2.8 days) could potentially allow in vivo cell imaging at later timepoints, this compound was consistently shown to importantly reduce viability, migration and proliferation of CD34⁺ progenitor cells.^{25,26} Moreover, active elim-ination of ¹¹¹In-oxime from the cells (>70% eliminated at 72 hours)⁵⁵ would introduce significant errors to the detection of cells at later time-points.²⁰ In contrast to ¹¹¹In-oxime, ^{26,27 99m}Tc-labeling was found not to affect cells' functional capacity.27,28

Presently, we have not performed cell migration⁴³ or clonogenicity⁴ assays because the study was not aimed at the functional effect of cell therapy and, to maximize cell tracking, we decided that in each patient all the isolated CD34⁺ cells would be used for transcoronary transfer. Previously, however, we showed that the *trans*-catheter passage had a negligible effect on cell viability and clonogenicity.⁴

For detailed evaluation of the cells myocardial uptake zone(s), we used SPECT (and not magnetic resonance imaging, MRI) because of its much greater sensitivity for cell tracking ($\approx 10^3$ cells with SPECT vs $\approx 10^5$ with MRI).^{5,20,32,34} Moreover, MRI cell imaging with the use of iron oxide tracers is prone to false findings as a result of ferritin iron staining in the forming MI scar³² and of a rapid loss of signal specificity due to phagocytosis of iron particles released from the cells.¹⁹ The lower spatial resolution of SPECT visualization compared to MRI^{19,32} is the cost for high-sensitivity cell tracking,^{20,32} and it has not hampered our qualitative evaluation of the early myocardial homing pattern (Figure 4). Although it would be of interest to quantify in detail the infarct border zone activity, central zone activity, and the remote myocardial activity with our cell injection techniques, this was not feasible since (1) quantification of the labeled cells myocardial uptake was performed on whole body (planar) images, whereas the qualitative evaluation of the pattern of early engraftment (with image fusion) was performed on tomographic images, and (2) with the resolution of SPECT or PET $(\approx 6-8 \text{ mm})^{45}$ it is impossible to reliably sub-divide (and quantify) the proportion of early myocardial retention in the respective zones.^{19,20,32,45} Indeed, even the use of improved collimators for in vivo imaging or application of histological techniques allow only qualitative rather than quantitative analysis of labeled cells distribution zone(s).^{37,56}

SPECT is unable to discriminate between infarcted (dead) versus stunned tissue. Although (to minimize the effect of stunning), we performed SPECT close (\leq 36-48 h) to cell delivery on the MI day 6-14, the early uptake of radioactivity on the border of perfusion defect in our study (Figure 4) may still reflect, in part, cells' retention on the border of stunned (rather than infarcted) tissue. This, however, has no major bearing on the interpretation of our SPECT images that demonstrated lack of cell radioactivity early uptake in the non-perfused infarct zone. Intensive development of hybrid imaging techniques (e.g., reporter gene PET combined with MRI using novel paramagnetic tracers¹⁹) is expected to allow longer-term in vivo monitoring of cell engraftment and survival.¹⁹

While evaluation of distinct transcoronary delivery strategies is clearly beyond the scope of small animal models of MI,⁵⁷ it is unlikely that performing our study in a large animal could lead to more insights with regard to the efficiency of the distinct transcoronary cell delivery techniques that we tested. We did initially consider a preliminary study in the pig model of MI but we took the decision against it for the following reasons: (1) the PC technique is not novel to interventional cardiology^{15,16} and a pilot study in man already showed that this technique is safe and feasible for transcoronary cell delivery,⁴ (2) for the two delivery methods tested, no current imaging technique could quantify the proportion of cells rolling in contact with endothelium or proportion actually extravasating in the injury zone (thus, with this respect, no animal model would be more informative than the human data), (3) preclinical studies are unlikely to predict the effectiveness of cell delivery techniques in patients.¹⁸ Moreover, the coronary-occlusive (OTW) technique has already been used universally in the clinical setting (over 1,500 patients in clinical studies)¹⁻³ without any evidence for being required or effective in stimulating engraftment.⁶ This necessitated testing the effectiveness of distinct transcoronary delivery techniques directly in man,^{6,11-13,18} as a prerequisite to looking for any potential therapeutic effect.⁵ The use of histological techniques or other techniques limited to animal models (such as reported gene assays) to evaluate longer-term engraftment^{19,20,32} would have had a further role in the context of our study hypothesis if the "basic" 99mTc-labeled cell data SPECT had showed any signal of a difference between the two delivery methods that we tested.

The use of a whole-body single-planar scan with a manual LV delineation could be associated with overestimation of myocardial engraftment due to inclusion of tracer uptake by, for example, part of the lung. An animal study could offer a direct quantification of the labeled cells activity in explanted organs rather than the indirect evaluation from a whole-body (planar) scan. Such study, however, had already been performed, and heart-harvesting studies of radiolabeled cells homing in the pig³³ have been consistent with whole-body cells' imaging in the pig^{41} and in man.^{28,37} In addition, a recent study on homing of ¹¹¹In-labeled mesenchymal stem cells in the pig⁵⁸ reported an excellent correlation (r = 0.929) between ex vivo γ -activity of the isolated heart and other organs (lungs, kidneys, spleen, urinary bladder) and the organ activity detected on a wholebody scan.

Conclusions

This study, performed in patients with recent MI, fills a long-standing gap in the essential need to evaluate whether different transcoronary delivery strategies could be useful for improving the poor myocardial engraftment of (non-engineered) progenitor cells in humans.^{6,11-13} We found that the effectiveness of the perfusion technique (side-holed perfusion catheter, cells injections under maintained coronary flow) is not different from that seen with the OTW-balloon method. This indicates that the repeated coronary occlusions (thus far adopted universally¹⁻³) are not required for transcoronary administration of cellular therapies. In addition to providing a guidewire security of the infarctrelated artery during cells administration, cell administration under maintained coronary flow does not provoke transient ischemic episodes which are seen with the stop-flow (OTW) delivery and can affect the safety of OTW cell delivery by triggering malignant arrhythmias. For these reasons the perfusion technique provides a viable alternative to the conventional coronary-occlusive delivery of cellular therapies. Moreover, our demonstration that retention of progenitor cells occurs preferentially in the (viable) peri-infarct zone is consistent with the idea that the infarct core zone may be largely inaccessible to transcoronary-administered cells.

These findings may have implications for the interpretation of current—and design of further—clinical studies involving transcoronary delivery of cellular therapies.

Acknowledgments

We thank Professor M.Z. Ratajczak of the Institute of Regenerative Medicine, Stem Cell Biology Program, University of Louisville, KY, USA for his tutorials on the biology of progenitor cell trafficking and for his contribution to the study concept. We thank Professors M. Tendera and W. Wojakowski of Medical University of Silesia, Katowice, Poland for their support to the study set-up and execution.

The authors indicated that they have no financial conflicts of interest.

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