



REVIEW

# Phytochemistry and pharmacology of natural prenylated flavonoids

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Received: 10 August 2022 / Accepted: 7 March 2023 / Published online: 14 April 2023  
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## Abstract

Prenylated flavonoids are a special kind of flavonoid derivative possessing one or more prenyl groups in the parent nucleus of the flavonoid. The presence of the prenyl side chain enriched the structural diversity of flavonoids and increased their bioactivity and bioavailability. Prenylated flavonoids show a wide range of biological activities, such as anti-cancer, anti-inflammatory, neuroprotective, anti-diabetic, anti-obesity, cardioprotective effects, and anti-osteoclastogenic activities. In recent years, many compounds with significant activity have been discovered with the continuous excavation of the medicinal value of prenylated flavonoids, and have attracted the extensive attention of pharmacologists. This review summarizes recent progress on research into natural active prenylated flavonoids to promote new discoveries of their medicinal value.

**Keywords** Phytochemistry · Prenylated flavonoid · Pharmacological activity · Anti-cancer · Anti-inflammatory

## Introduction

Prenylated flavonoids are a special type of flavonoid derivative that is characteristic of modified by prenylation of the skeleton. Prenylation refers to alkyl-substituent groups, such as prenyl, geranyl, lavandulyl, and farnesyl groups, which have more potential for further modification, such as oxidation, cyclization, and hydroxylation, and enrich the structural and biological diversity of prenylated flavonoids (Shi et al. 2021). According to reported studies over the past decade, more than 1000 prenylated flavonoids have been discovered from natural sources.

Prenylated flavonoids are the main active ingredient in many traditional Chinese medicines and functional food resources, such as *Morus alba*, *Glycyrrhiza uralensis*, *Humulus lupulus*, *Artocarpus heterophyllus*, *Glycine max*, and *Ficus carica* fruits, and are promising lead compounds or nutraceuticals due to their diverse health benefits in oncotherapy (Wen et al. 2021), glycolipid metabolism balance (Jo et al. 2021), and the cardiovascular system (Song et al. 2011). Compared with nonprenylated flavonoids, prenylated flavonoids possess higher lipid solubility, an affinity for the cell membrane, and gastrointestinal absorption capacity due to the presence of prenyl groups (Hošek et al. 2011; Jakiemiuk et al. 2021). Therefore, prenylated flavonoids show more potential to interact with diverse cellular targets. In recent years, the biological activity of prenylated flavonoids has attracted great attention from many research teams due to their promising pharmacological properties.

In the present review, a total of 1036 prenylated flavonoids obtained from 127 species belonging to 62 genera of 26 families (Tables 1, 2 and 3, Fig. 1) during the past decade were systematically summarized. The prenylated flavonoids were classified into 6 categories (Fig. 2), prenylated flavones (1-261), prenylated flavanones (262-567), prenylated chalcones (568-689), prenylated isoflavones (690-908), prenylated flavans (909-943) and isoflavans (944-1005), and prenylated flavonostilbenes and

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**Table 1** Species from Fabaceae and Euphorbiaceae

Fabaceae				Euphorbiaceae			
Genus	Species	Genus	Species	Genus	Species	Genus	Species
<i>Adenocarpus</i>	<i>A. cincinnatus</i>		<i>E. excelsa</i>	<i>Maackia</i>	<i>M. amurensis</i>	<i>Euphorbia</i>	<i>E. hirta</i>
<i>Cajanus</i>	<i>C. cajan</i>		<i>E. latissima</i>	<i>Millettia</i>	<i>M. extensa</i>		<i>E. humifusa</i>
<i>Deguelia</i>	<i>D. costata</i>		<i>E. melanacantha</i>		<i>M. oblata</i>	<i>Macaranga</i>	<i>M. adenantha</i>
	<i>D. duckeana</i>		<i>E. mildbraedii</i>		<i>M. pachycarpa</i>		<i>M. balansae</i>
<i>Derris</i>	<i>D. ferruginea</i>		<i>E. poeppigiana</i>		<i>M. pachyloba</i>		<i>M. barteri</i>
	<i>D. trifoliata</i>		<i>E. sacleuxii</i>	<i>Platyclaphium</i>	<i>P. voënsse</i>		<i>M. denticulata</i>
<i>Desmodium</i>	<i>D. caudatum</i>		<i>E. schliebenii</i>	<i>Pongamia</i>	<i>P. pinnata</i>		<i>M. gigantifolia</i>
	<i>D. congestum</i>	<i>Eysehardtia</i>	<i>E. sigmoidea</i>	<i>Pseudarthria</i>	<i>P. hookeri</i>		<i>M. indica</i>
	<i>D. podocarpum</i>	<i>Flemingia</i>	<i>E. platycarpa</i>	<i>Psoralea</i>	<i>P. corylifolia</i>		<i>M. kurzii</i>
	<i>D. renifolium</i>		<i>F. latifolia</i>	<i>Shuteria</i>	<i>S. sinensis</i>		<i>M. tanarius</i>
<i>Erinacea</i>	<i>E. Anthyllis</i>		<i>F. macrophylla</i>	<i>Sophora</i>	<i>S. flavescens</i>		<i>M. trichocarpa</i>
<i>Eriosema</i>	<i>E. chinense</i>		<i>F. philippinensis</i>		<i>S. interrupta</i>		<i>M. triloba</i>
	<i>E. laurentii</i>	<i>Glycyrrhiza</i>	<i>G. iconica</i>		<i>S. pachycarpa</i>		
	<i>E. montanum</i>		<i>G. uralensis</i>		<i>S. tonkinensis</i>		
<i>Erythrina</i>	<i>E. addisoniae</i>	<i>Hedysarum</i>	<i>H. gmelinii</i>	<i>Trifolium</i>	<i>T. resupinatum</i>		
	<i>E. caffra</i>	<i>Indigofera</i>	<i>I. spicata</i>				

**Table 2** Species from Moraceae, Berberidaceae, and Papilionaceae

Moraceae				Berberidaceae		Papilionaceae	
Genus	Species	Genus	Species	Genus	Species	Genus	Species
<i>Artocarpus</i>	<i>A. communis</i>	<i>Cudrania</i>	<i>C. cochinchinensis</i>	<i>Berberis</i>	<i>B. thunbergii</i>	<i>Dalea</i>	<i>D. elegans</i>
	<i>A. altilis</i>		<i>C. tricuspidat</i>	<i>Dysosma</i>	<i>D. versipellis</i>		<i>D. frutescens</i>
	<i>A. anisophyllus</i>		<i>C. tricuspidata</i>	<i>Epimedium</i>	<i>E. brevicornu</i>		<i>D. searlsiae</i>
	<i>A. champeden</i>	<i>Ficus</i>	<i>F. altissima</i>		<i>E. grandiflorum</i>	<i>Tephrosia</i>	<i>T. apollinea</i>
	<i>A. elasticus</i>		<i>F. carica</i>		<i>E. koreanum</i>		<i>T. rhodesica</i>
	<i>A. heterophyllus</i>		<i>F. hirta</i>	<i>Sinopodophyllum</i>	<i>S. emodi</i>		<i>T. subtriflora</i>
	<i>A. integer</i>		<i>F. thonningii</i>		<i>S. hexandrum</i>		
	<i>A. integer var. silvestris</i>	<i>Maclura</i>	<i>M. cochinchinensis</i>				
	<i>A. lakoocha</i>		<i>M. pomifera</i>				
	<i>A. lowii</i>		<i>M. tinctoria</i>				
	<i>A. nigrifolius</i>	<i>Morus</i>	<i>M. alba</i>				
	<i>A. rigida</i>		<i>M. nigra</i>				
			<i>M. yunnanensis</i>				
	<i>Brosimum</i>	<i>B. acutifolium</i>					
<i>Broussonetia</i>	<i>B. kazinoki</i>	<i>Dorstenia</i>	<i>D. barteri</i>				
<i>Chlorophora</i>	<i>C. regia</i>						

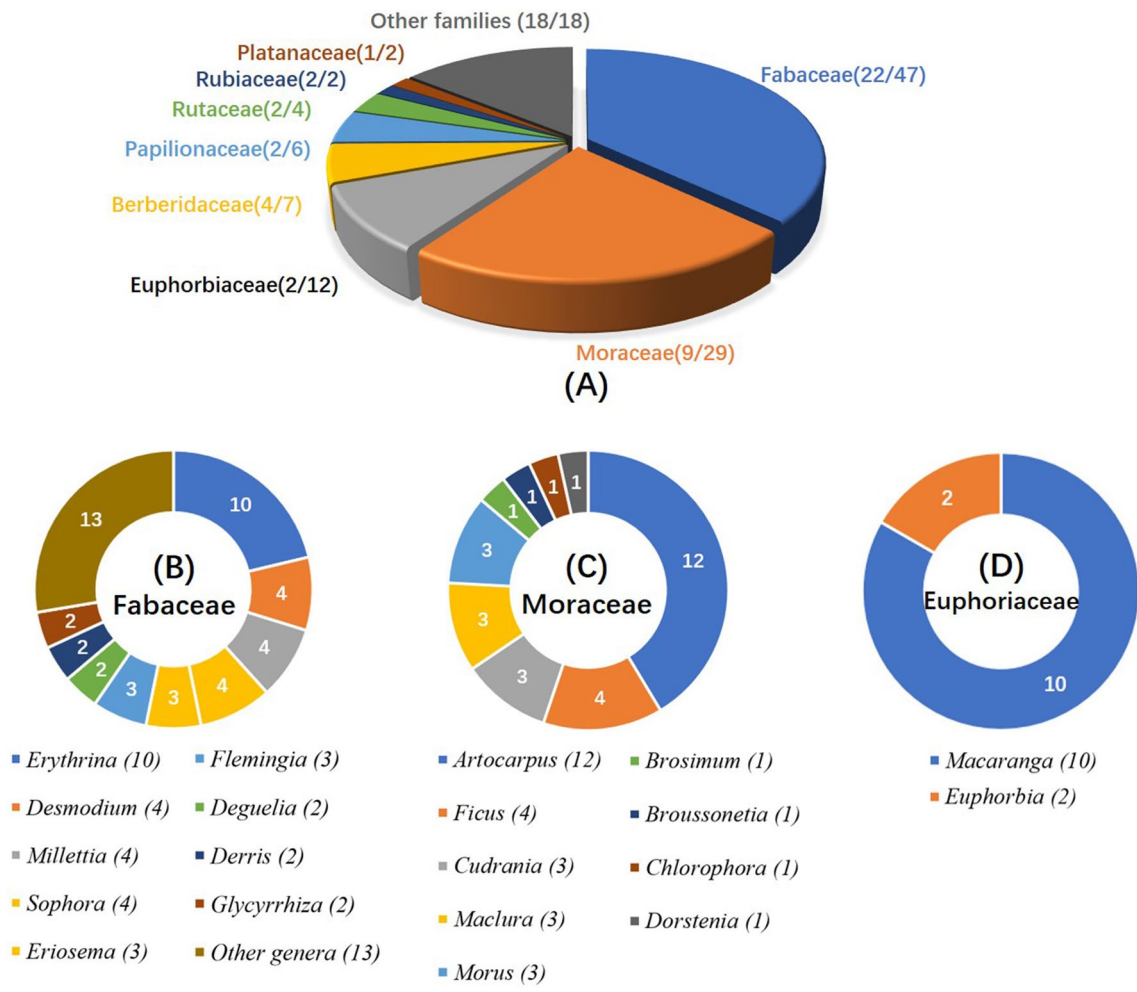
biflavonoids (1006–1036) according to their structural features (Fig. 3). Fabaceae, Moraceae, and Euphorbiaceae are the three leading families with abundant prenylflavonoids. The biosynthesis of prenylated flavonoids, preliminary active screening results, structure-activity relationships (SARs), and mechanism of active prenylated flavonoids were also summarized, aiming to provide an overview of natural, active prenylated flavonoids and their pharmacological properties.

## Biosynthesis of prenylated flavonoids

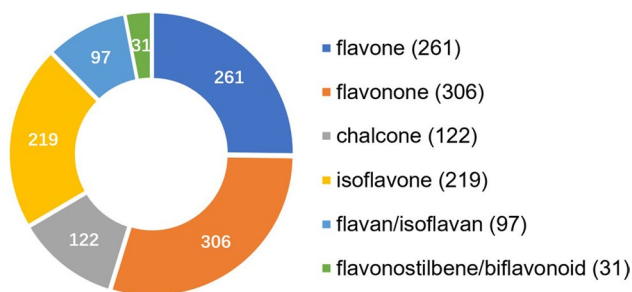
In general, prenylated flavonoid biosynthesis in plant can conveniently be divided into three stages: (a) formation of the C<sub>6</sub>–C<sub>3</sub>–C<sub>6</sub> skeleton (Fig. 4a). L-phenylalanine or L-tyrosine was used to produce 4-coumaroyl-CoA, which can be combined with three molecules of malonyl-CoA to yield the chalcone backbone. (b) biosynthesis of the different classes of flavonoids (Fig. 4b). Chalcones are

**Table 3** Species from other families

Family	Genus	Species	Family	Genus	Species
Rutaceae	<i>Amyris</i>	<i>A. madrensis</i>	Ophioglossaceae	<i>Helminthostachys</i>	<i>H. zeylanica</i>
		<i>A. pinnata</i>	Cannabaceae	<i>Humulus</i>	<i>H. lupulus</i>
	<i>Melicope</i>	<i>M. triphylla</i>	Hypericaceae	<i>Hypericum</i>	<i>H. calycinum</i>
Rubiaceae	<i>Arcytophyllum</i>	<i>A. thymifolium</i>	Poaceae	<i>Imperata</i>	<i>I. cylindrica</i>
		<i>Tarenna</i>	<i>T. grandiflora</i>	Anacardiaceae	<i>Lanea</i>
	<i>Platanus</i>	<i>P. acerifolia</i>	Plumbaginaceae	<i>Limonium</i>	<i>L. leptophyllum</i>
Platanaceae		<i>P. orientalis</i>	Lamiaceae	<i>Orthosiphon</i>	<i>O. stamineus</i>
Thymelaeaceae	<i>Daphne</i>	<i>D. giraldii</i>	Scrophulariaceae	<i>Paulownia</i>	<i>P. tomentosa</i>
Burseraceae	<i>Commiphora</i>	<i>C. opobalsamum</i>	Cupressaceae	<i>Platyclusus</i>	<i>P. orientalis</i>
Najadaceae	<i>Cymodocea</i>	<i>C. nodosa</i>	Orchidaceae	<i>Pleione</i>	<i>P. bulbocodioides</i>
Cyperaceae	<i>Eleocharis</i>	<i>E. tuberosa</i>	Polygonaceae	<i>Polygonum</i>	<i>P. limbatum</i>
Clusiaceae	<i>Garcinia</i>	<i>G. dulcis</i>	Celastraceae	<i>Tripterygium</i>	<i>T. wilfordii</i>
			Asteraceae	<i>Helichrysum</i>	<i>H. teretifolium</i>



**Fig. 1** Statistics for the families (A); numbers in parentheses are the statistics for the genus/species. Statistics for genera from Fabaceae (B), Moraceae (C), and Euphorbiaceae (D); numbers in parentheses are the statistics for species



**Fig. 2** Statistics for the number of prenylated flavonoids

proved to be the precursors to other subclasses of flavonoids and can be catalyzed by chalcone flavanone isomerase to obtain the basic skeleton of flavonoid which continues through a series of enzymatic modifications to yield flavones, flavans, isoflavones, and so on. (c) biosynthesis of the prenylated flavonoids (Figs. 5 and 6). Prenyltransferases are the key catalytic enzyme for prenylated modification of the flavonoids and have been attracting increasing attention due to greatly contributing to the structural diversity of flavonoids. The reaction catalyzed by prenyltransferases represents a Friedel–Crafts alkylation of the flavonoid skeleton in the biosynthesis of natural prenylflavonoids. Most of the prenyltransferases exhibit strict substrate specificity and low catalytic efficiency. Metal ion, especially  $Mg^{2+}$ , is required for the catalytic activity. Up to now, only a few flavonoid prenyltransferases have been identified. The general characteristic of flavonoid prenyltransferases discovered from natural sources was summarized in Table 4..

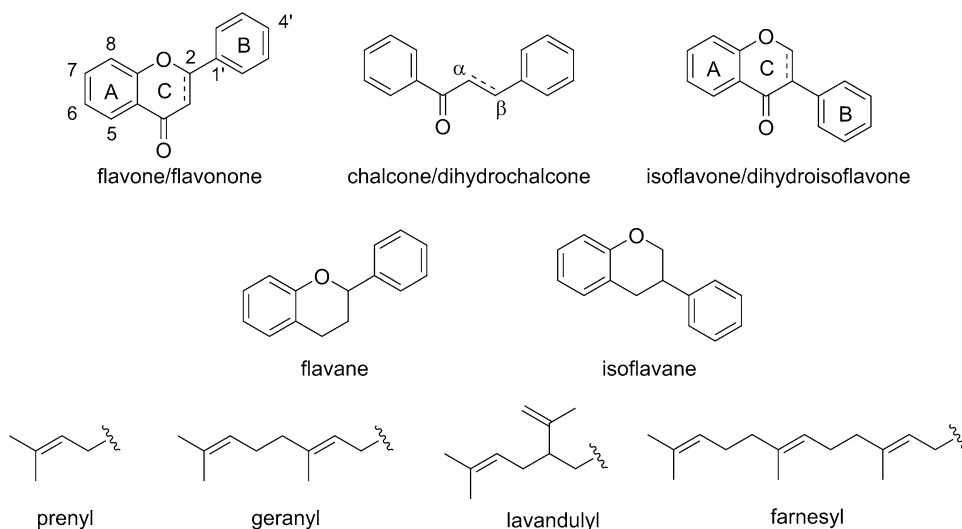
## Natural prenylated flavonoids

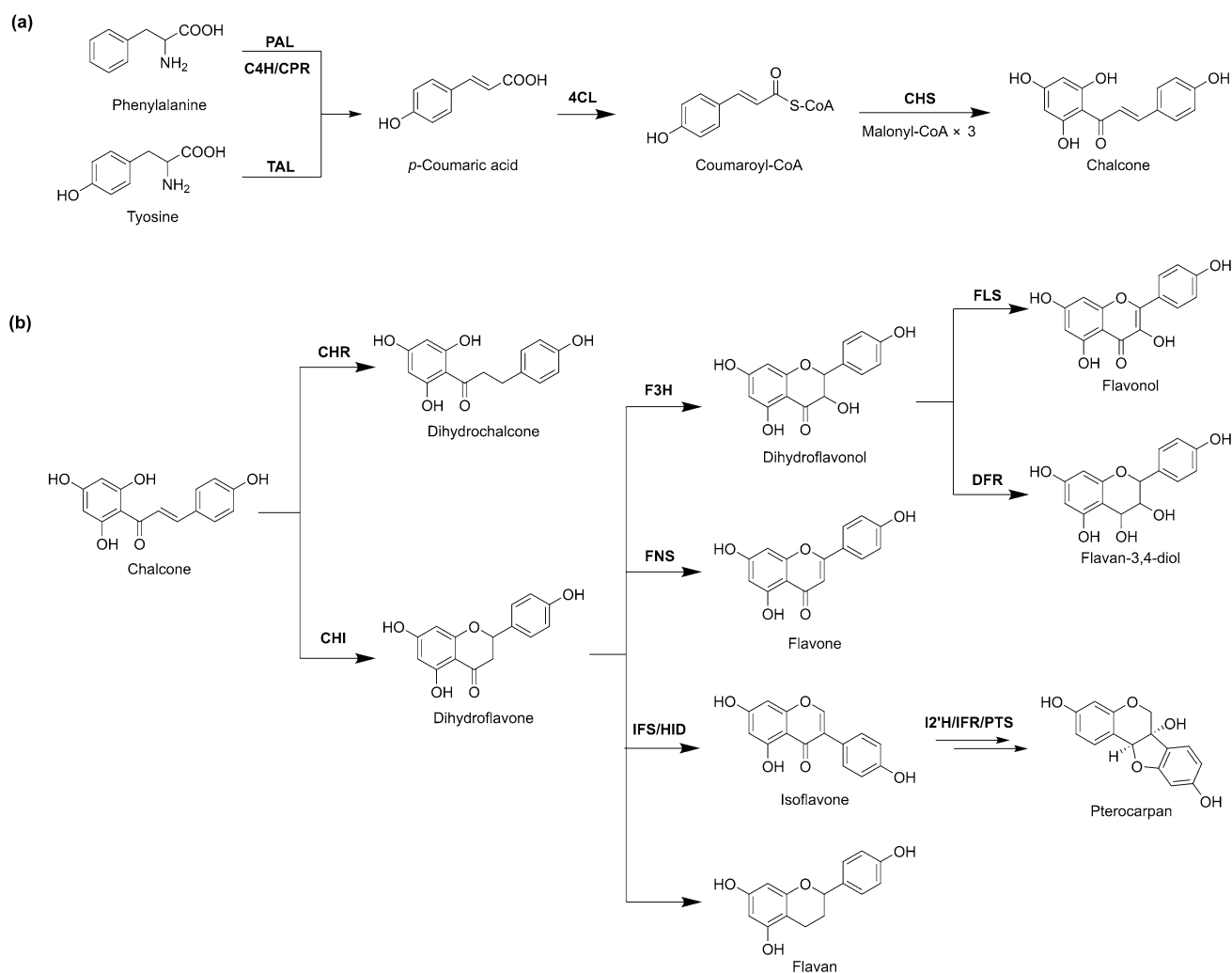
### Prenylated flavonoids with cytotoxicity

Prenylated flavonoids were found to possess more potential cytotoxicity against various cancer cells due to the introduction of the prenyl side chain on the flavonoid skeleton which enhances the binding affinity of flavonoids toward P-glycoprotein. 2-(4-hydroxy-phenyl)-8-(3-methyl-but-2-enyl)-chroman-4-one (**1**) (Fig. 7) isolated from *Artocarpus heterophyllus* and displaying strong cytotoxic effect against MCF-7, A-549, SW480, and HL-60 cells, with  $IC_{50}$  values ranging from 1.03 to 5.28  $\mu M$  (Liu et al. 2020). Licoflavone C (**3**), also called 4',5,7-trihydroxy-8-prenylflavone (Ye et al. 2021), was identified in *Ficus hirta*, *Retama raetam*, and *Morus alba*. It exhibited cytotoxicity against HL-60, HepG2, A549, and NCI-H292 cells with  $IC_{50}$  values ranging from 7.0 to 13.85  $\mu M$  (Qin et al. 2015a; Li et al. 2018). Three prenylated flavonols (**5**, **139**, and **164**) were isolated from leaves of *Macaranga barteri* and showed antiproliferative activity against four human cancer cell lines, MCF-7, A549, PC-3, and HeLa cells. Brousoflavonol F (**164**) displayed the highest cytotoxicity against these four human cancer cell lines with  $IC_{50}$  value of 3.83–4.13  $\mu M$ . While 8-prenylkaempferol (**5**) lacks the C-3' prenyl side chain on the B ring had a slight lower cytotoxicity ( $IC_{50}$  value of 6.22–6.88  $\mu M$ ) than **164**. Isomacarangin (**139**) bearing a geranyl group in position C-8 also led to a slight reduction in antiproliferative activity ( $IC_{50}$  value of 8.43–8.72  $\mu M$ ) (Segun et al. 2019).

Nine prenylated flavonoids, isolated from the fruits of *Sinopodophyllum hexandrum*, were tested for their cytotoxicity against human breast-cancer T47D cells in vitro. Sinopodophylline B (**10**), 6-prenylquercetin 3-methyl ether (**71**), topazolin (**72**), and 5, 7, 4'-trihydroxy-3'-(3-methylbut-2-enyl)-3-methoxy flavone (**104**) showed cytotoxicity against

**Fig. 3** Basic skeleton of flavonoids and prenyl groups



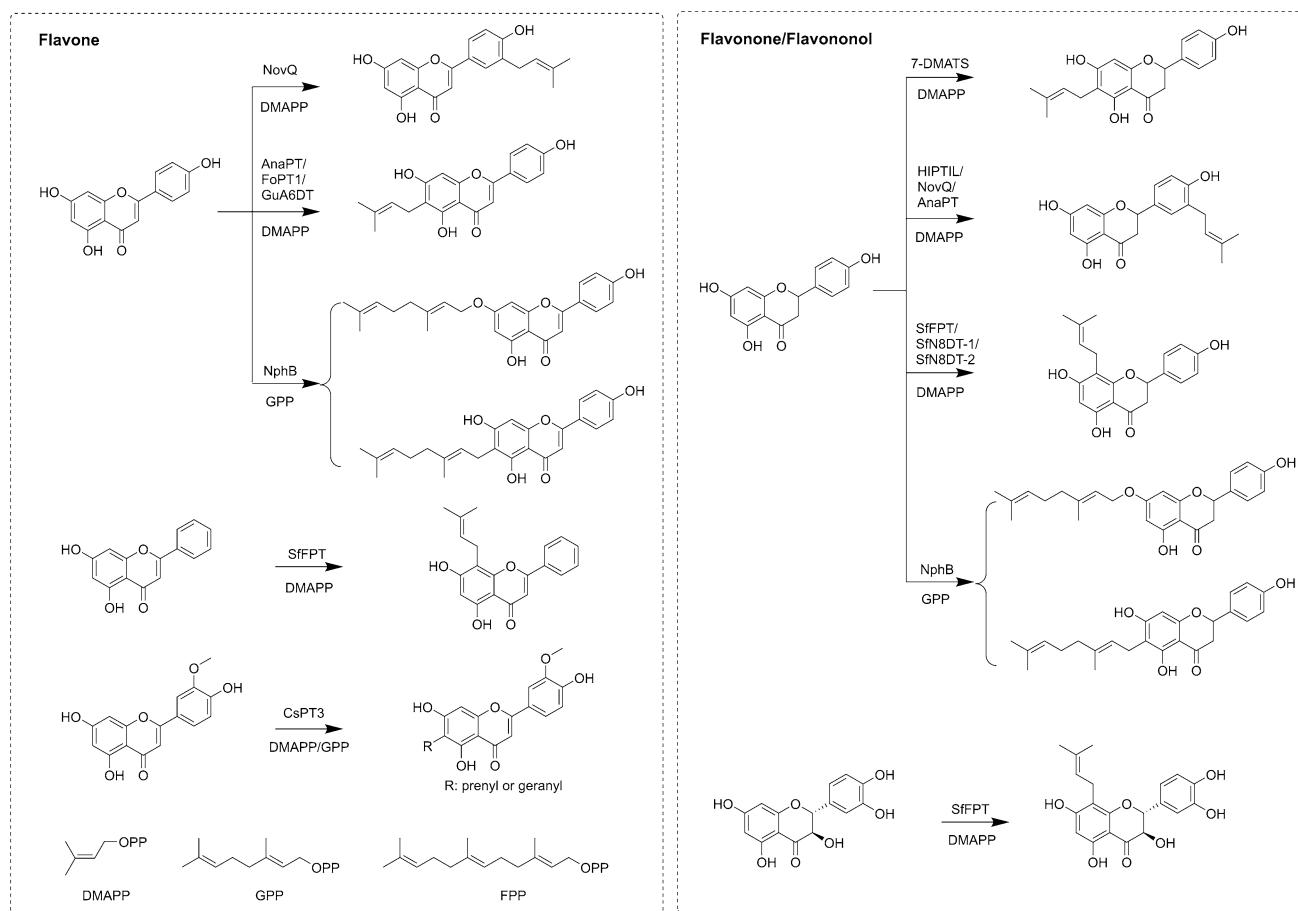


**Fig. 4** Biosynthesis of the chalcone skeleton and the different classes of flavonoids. Enzyme names are abbreviated as follows: *PAL* phenylalanine ammonia lyase; *C4H* cinnamate 4-hydroxylase; *CPR* cytochrome P450 reductase; *TAL* tyrosine ammonia lyase; *4CL* 4-coumarate-CoA ligase; *CHS* chalcone synthase; *CHR* chalcone reductase; *CHI* chalcone isomerase; *F3H* flavanone 3-hydroxylase; *FNS* flavone synthase; *IFS* isoflavone synthase; *HID* 2-hydroxyisoflavanone dehydratase; *FLS* flavonol synthase; *DFR* dihydroflavonol 4-reductase; *I2'H* isoflavone hydroxylase; *IFR* isoflavone reductase; *PTS* pterocarpan synthase.

T47D cells with  $IC_{50}$  values of 1.5, 6.3, 11.9, and 2.0  $\mu\text{M}$ , respectively, whereas sinopodophyllines C (**197**) and D (**219**) exhibited weak cytotoxicity against T47D cells with  $IC_{50}$  values of 46.0 and 36.8  $\mu\text{M}$ . It suggested that 3'-hydroxyl group on the B ring and unmodified monoprenyl side chain promote the cytotoxicity, and the cyclization of the prenyl side chain would decrease the cytotoxicity (Wang et al. 2017c) 0.5, 7, 3', 5'-Tetramethoxy-6-C-prenylflavone (**61**), 6-(3-methyl-(*E*)-1-butenyl) chrysin (**79**), bracteflavone B (**80**), and dinklagin C (**81**), from *Artocarpus heterophyllus* displayed strong cytotoxic effects against MCF-7, A-549, SMMC-7721, SW480, and HL-60 cells with  $IC_{50}$  values ranging from 1.46 to 16.26  $\mu\text{M}$  (Liu et al. 2020).

**72** and licoflavonol (**73**), isolated from *Glycyrrhiza uralensis*, exhibited cytotoxicities against SW480 cells with  $IC_{50}$

values of 14.53 and 8.23  $\mu\text{M}$ , respectively (Tang et al. 2016). Most prenylflavonoids isolated from the twigs of *Artocarpus nigrifolius* exhibited cytotoxicity against SiHa and SGC-7901 cells. 6-Prenyl-4',5,7-trihydroxyflavone (**64**) showed inhibitory activity against SiHa ( $IC_{50}$  value of 13.3) and SGC-7901 ( $IC_{50}$  value of 9.6). Comparing the structures of **64** and artocarpesin (**65**), it suggested that the hydroxyl group of C-2' on the B ring would dramatically decrease cytotoxicity. Eleocharin A (**84**) showed strong cytotoxicity against SiHa and SGC-7901 cells with  $IC_{50}$  values of 0.7 and 8.3  $\mu\text{M}$ , respectively. The inhibitory activities of two structurally similar analogues, 5,4'-dihydroxy-3'-methoxy-(6:7)-2,2-dimethylpyrano-flavone (**85**) and carpachromenol (**86**), declined sharply against both two cell lines, which revealed the 3'-methoxyl group was



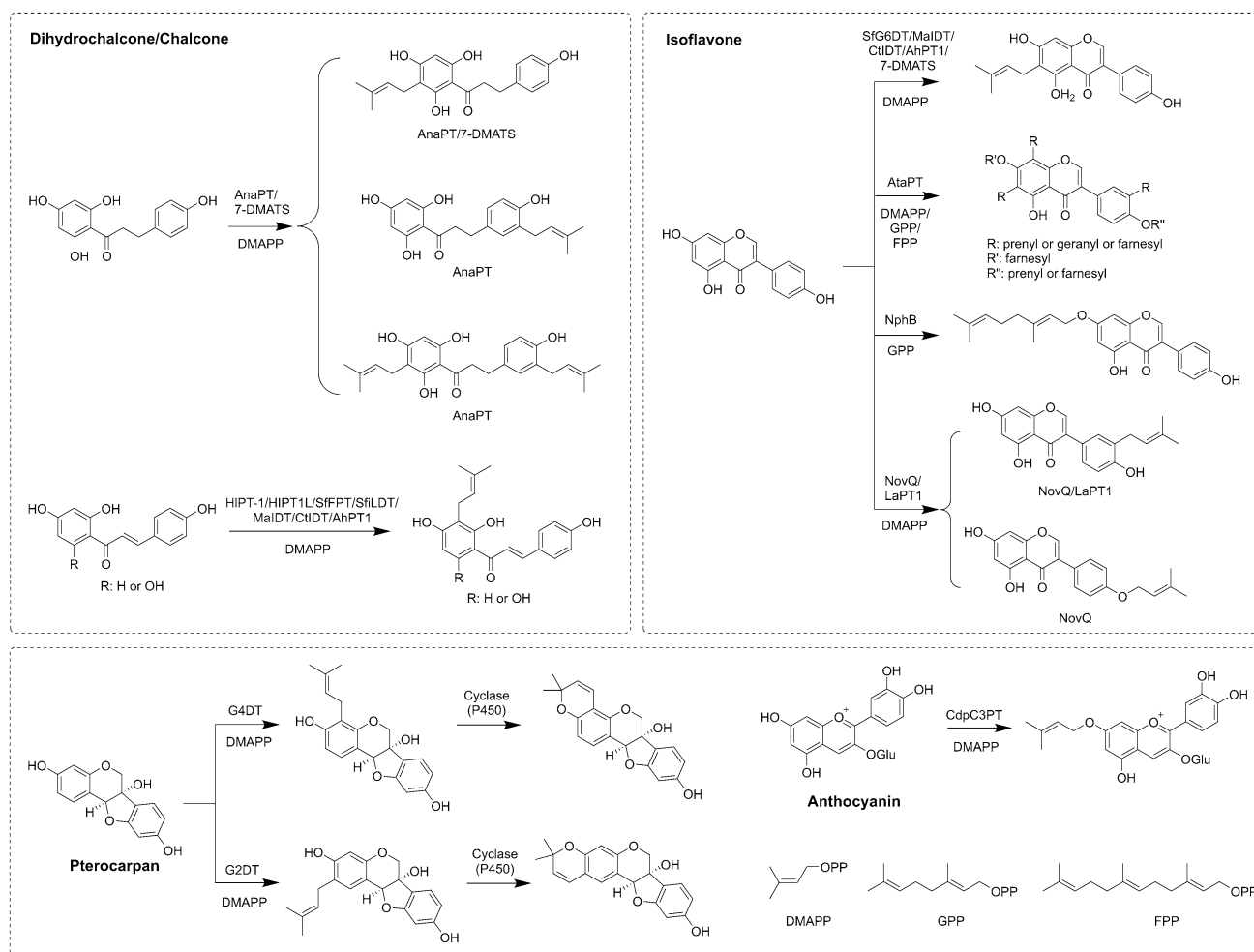
**Fig. 5** Biosynthesis of the prenylated flavonoids (I)

unfavorable, but the 3'-hydroxyl maybe was crucial for the antiproliferative activity (Liu et al. 2018b).

Sinoflavonoid U (**91**) is from *Sinopodophyllum hexandrum* and exhibited cytotoxicity against MCF-7 and HepG2 cells with  $IC_{50}$  values of 6.25 and 3.83  $\mu$ M, respectively. However, Sinoflavonoid T (**90**) possessing the same B and C rings from flavone skeleton as **91** displayed no cytotoxicity against MCF-7 and HepG2 cell lines, which suggested 2-(1-hydroxy-1-methylethyl)dihydrofurano group on ring A is structurally required for the cytotoxicity against the MCF-7 and HepG2 cells lines (Sun et al. 2019). The cytotoxicity of prenylated flavonoids from the fruits of *Sinopodophyllum emodi* was evaluated against MCF-7 and HepG2 cells. Podoverine A (**106**) exhibited cytotoxicity against MCF-7 and HepG2 cells with  $IC_{50}$  values of 9.50 and 2.46  $\mu$ M, respectively. However, oxidation or hydroxylation of prenyl group dramatically decrease cytotoxicity against MCF-7 and HepG2. Additionally, quercetin-3-methyl ether, a non-prenylation flavone, show more potent cytotoxicity than quercetin, suggesting methoxy at C-3 may contribute to its cytotoxicity against MCF-7 and HepG2 (Sun et al. 2015).

6,8-Diprenylkaempferol (**154**) displayed a strong cytotoxic effect against the H460 cell line with an  $IC_{50}$  value of 4.67  $\mu$ M (Long et al. 2022). 6,8-Diprenyleriodictyol (**155**), isolated from *Derris ferruginea*, showed cytotoxicity against MRC-5 and KB cells with  $IC_{50}$  values of 8.0 and 8.5  $\mu$ M, respectively (Morel et al. 2013).

Seven prenylated flavonoids (**6**, **15**, **92**, **99**, **162**, **191**, and **192**) from the leaves of *Epimedium Koreanum* were evaluated for cytotoxic activities against lung cancer A549 and NCI-H292 cells. Baohuoside I (**15**), epimedokoreanin D (**99**), epimedokoreanin B (**162**), epicornuin F (**191**), and epicornuin B (**192**) of which inhibited the proliferation of A549 and NCI-292 cells with  $IC_{50}$  values of 5.7–23.5  $\mu$ M. Compound **162** showed cytotoxicity against A549 and NCI-H292 cells with  $IC_{50}$  values of 7.90 and 5.69  $\mu$ M, respectively and **191** exhibited cytotoxicity against NCI-H292 cells with an  $IC_{50}$  value of 6.44  $\mu$ M. Compounds **191** and **192** were structurally similar to **162**, only one hydroxyl substitution in one prenyl decreased the cytotoxicity. Compared to the structures of these compounds, it suggested that glycosylation of the flavonoid and hydroxylation of the prenyl group



**Fig. 6** Biosynthesis of the prenylated flavonoids (II).

decreased the cytotoxicity of the compounds (Zhang et al. 2020).

A diprenylated flavonol (**164**) exhibited significant cytotoxicity against MCF-7, A549, PC-3, and HeLa cells with  $IC_{50}$  values ranging from 5.40 to 5.82  $\mu$ M (Segun et al. 2019). Daphnegiravone D (**165**), a 3-methoxy derivative of **164**, showed cytotoxic activity against human hepatocellular carcinoma cells (HepG2 and Hep3B cells) with  $IC_{50}$  values of 9.89 and 1.63  $\mu$ M, respectively (Wang et al. 2017a).

Several prenylated flavonoids with pyran ring at A or B ring show potential cytotoxicity against different cancer cells. Kuwanon C (**166**) and morusinol (**207**) are from *Morus alba* root bark and showed cytotoxicity against THP-1 human monocytic leukemic cells with  $IC_{50}$  values of 1.7 and 4.3  $\mu$ M, respectively (Zelová et al. 2014). Three flavonols, macarindicin E (**199**), macadenathin B (**200**), and macarindicin F (**227**), each bearing a pyran ring showed stronger cytotoxic activity than macarindicin D (**63**) and glyasperin A (**168**) as well as the non-prenylated flavonoids, kaempferol, quercetin, and quercitrin (Huonga et al. 2019).

Artonin E (**202**) is from the bark of *Artocarpus elasticus* and possessed cytotoxicities against MCF-7 and MDA-MB-231 cells with  $IC_{50}$  values of 2.6 and 13.5  $\mu$ g/mL, respectively (Ramli et al. 2016). The diprenylated flavones (**204**, **207**, and **229**) exhibited cytotoxicity against A549, NCI-H292, HepG2, and Hep3B cells with  $IC_{50}$  values ranging from 8.91 to 29.2  $\mu$ M. Morusin (**204**) possessing an intact prenyl side chain exhibit more potent cytotoxicity than **207** bearing a hydroxylated prenyl side chain at C-3, suggesting hydroxylation of the prenyl side chain at C-3 decreased the cytotoxicity (Li et al. 2018; Wang et al. 2017a).

*Paulownia tomentosa* fruits are rich in geranylated flavonoids (**368–371**, **373**, **382**, **385**, **412**, and **420**) (Fig. 8) which exhibited potent antiproliferative activities against THP-1 ( $IC_{50} < 10 \mu$ M). However, the non-geranylated flavonoids, 3',4',5'-trimethoxyflavanone, eriodictyol, and naringenin, were inactive in comparison to flavonoids with geranyl side chains. The cytotoxic effect of geranylated flavonoids is possibly related to their lipophilicity and to their greater ability to penetrate the membranes of

Table 4 Flavonoid prenyltransferase genes characterized from natural sources

Source	gene	Structure	Specificity	Substrate/ Prenyl donor/ Cofactor	References
<i>Artocarpus heterophyllus</i>	AhPT1	402 amino acids, 7–8 putative transmembrane domains	Flavones and flavanones with 6-hydroxyl at A ring, chalcones with 2',4'-dihydroxyl at A ring, isoflavones with 5-hydroxyl at A ring and alkenyl between C-2 and C-3 at C ring	2',4'-dihydroxychalcone, 2',4,4'-trihydroxychalcone, 6-hydroxyflavone, 2',6-dihydroxyflavone, 3',6-dihydroxyflavone, 4',6-dihydroxyflavone, 6-hydroxyflavanone, genistein/DMAPP/Mg <sup>2+</sup> , Mn <sup>2+</sup>	Yang et al. 2020
<i>Cannabis sativa</i>	CsPT3	/	/	Chrysoeriol, apigenin/DMAPP, GPP/Mg <sup>2+</sup>	Rea et al. 2019
<i>Cudrania tricuspidata</i>	ChDT	398 amino acids, 7 putative transmembrane regions	Preferred isoflavone, hydroxyl group at the C-2 of chalcones decreased the activity, hydroxyl group at the C-2' of isoflavone increased the activity	isoliquiritigenin, 2',4'-dihydroxychalcone, 2,4,2',4'-tetrahydroxychalcone, butein, genistein, 2-hydroxygenistein/DMAPP, GPP /Mg <sup>2+</sup> , Mn <sup>2+</sup> , Ca <sup>2+</sup> , Fe <sup>2+</sup> , Ba <sup>2+</sup>	Wang et al. 2014
<i>Glycine max</i>	G2DT-2 (GmPT01)	394 amino acids 9 putative transmembrane regions	Prenylated (-)-glycinol at C-2	Glycinol/DMAPP/Mg <sup>2+</sup>	Sukumaran et al. 2018
	IDT3 (GmPT10d)	403 amino acids 8 putative transmembrane regions	Preferred isoflavone	Daidzein, genistein/DMAPP/ Mg <sup>2+</sup>	
<i>G. max</i>	C4DT	412 amino acids 9 transmembrane regions	Preferred coumestrol	Coumestrol/DMAPP/Mg <sup>2+</sup>	Yoneyama et al. 2016
	G2DT	408 amino acids, 9 transmembrane regions	Preferred (-)-glycinol	(-)-Glycinol/DMAPP/Mg <sup>2+</sup>	
	IDT1	402 amino acids 9 transmembrane regions	Preferred isoflavone,	Daidzein, genistein/DMAPP/ Mg <sup>2+</sup>	
	IDT2	410 amino acids 9 transmembrane regions	Preferred isoflavone,	Daidzein, genistein/DMAPP/ Mg <sup>2+</sup>	
<i>G. max</i>	G4DT	409 amino acids, 9 transmembrane domains	Pterocapan-specific Prenylated glycinol at C-4	(-)-glycinol/DMAPP/Mg <sup>2+</sup>	Akashi et al. 2009
<i>Glycyrrhiza uralensis</i>	GuA6DT	412 amino acids 9 transmembrane $\alpha$ -helices	Prenylated 5,7-dihydroxyflavone at C-6	Apigenin, chrysin, diosmin, luteolin, norartocarpetin, chrysoeriol/GPP/Mg <sup>2+</sup> , Mn <sup>2+</sup> , Zn <sup>2+</sup> , Fe <sup>2+</sup> , Co <sup>2+</sup> , Ca <sup>2+</sup> , Ba <sup>2+</sup>	Li et al. 2014
<i>Humulus lupulus</i>	HIPT-1	/	/	Naringenin chalcone/DMAPP/ Mg <sup>2+</sup>	Tsurumaru et al. 2012
<i>Lithospermum erythrorhizon</i>	LePGT1	9 transmembrane $\alpha$ -helices	<i>p</i> -hydroxybenzoic acid, GPP-specific	<i>p</i> -hydroxybenzoic acid/GPP/ Mg <sup>2+</sup>	Ohara et al. 2009



Table 4 (continued)

Source	gene	Structure	Specificity	Substrate/ Prenyl donor/ Cofactor	References
<i>Lupinus albus</i>	LaPT1	408 amino acids, 9 transmembrane regions	Isoflavonoid-specific, prenylated genistein at C-3' on B-ring	Genistein, 2'-hydroxygenistein/ DMAPP/Mg <sup>2+</sup> , Mn <sup>2+</sup> , Ni <sup>2+</sup> , Co <sup>2+</sup> , Zn <sup>2+</sup> , Ca <sup>2+</sup>	Shen et al. 2012
<i>Morus alba</i>	MaIDT	402 amino acids, 7 transmembrane regions	Preferred 2',4'-dihydroxychalcones	Isoliquiritigenin, 2',4'-dihydroxychalcone, 2,4,2',4'-tetrahydroxychalcone, apigenin, 2'-hydroxygenistein, butein, genistein, /DMAPP, GPP/Mg <sup>2+</sup> , Ba <sup>2+</sup> , Ca <sup>2+</sup> , Mn <sup>2+</sup> , Fe <sup>2+</sup> , Ni <sup>2+</sup>	Wang et al. 2014
<i>Sophora flavescens</i>	SfN8DT-1	410 amino acids, 9 transmembrane $\alpha$ -helices	Flavanones-specific, prenylated naringenin at C-8	Naringenin, liquiritigenin, hesperetin/DMAPP/ Mg <sup>2+</sup>	Sasaki et al. 2008, Yang et al. 2015
	SfN8DT-2	407 amino acids, 9 transmembrane $\alpha$ -helices	Flavanones-specific, prenylated naringenin at C-8	Naringenin, liquiritigenin, hesperetin/DMAPP/ Mg <sup>2+</sup>	
<i>S. flavescens</i>	SfN8DT-3	410 amino acids, 9 transmembrane $\alpha$ -helices	/	Naringenin, liquiritigenin/ DMAPP/Mg <sup>2+</sup>	Sasaki et al. 2011
	SfG6DT	407 amino acids, 7-9 transmembrane $\alpha$ -helices	Isoflavone-specific, prenylated genistein at C-6	Genistein, biochanin A/DMAPP, GPP, FPP/ Mg <sup>2+</sup> , Ni <sup>2+</sup> , Mn <sup>2+</sup> , Ca <sup>2+</sup>	
<i>S. flavescens</i>	SfILDT	/	Chalcone-specific	Isoliquiritigenin/ DMAPP/ Mg <sup>2+</sup>	
	SfFPPT	407 amino acids, 8 transmembrane $\alpha$ -helices	A few select flavanones at the C-8 position, stereospecificity: preferred levorotatory flavanones to produce (2S)-prenylflavanones	Pinocembrin, naringenin, chrysin, taxifolin, liquiritigenin, steppogenin, eriodictyol, hesperetin, sakuranetin, isosakuranetin, tsugafolin, phloretin/ DMAPP, GPP/ Mg <sup>2+</sup> , Ba <sup>2+</sup> , Ca <sup>2+</sup> , Fe <sup>2+</sup> , Co <sup>2+</sup> , Cu <sup>2+</sup> , Zn <sup>2+</sup> , Mn <sup>2+</sup>	Chen et al. 2013
<i>Aspergillus fumigatus</i>	7-DMATS	/	Preferred prenylation position at C-6, between the two hydroxyl groups.	Naringenin, 7-hydroxyflavanone, eriodictyol, hesperetin, silibinin, phloretin, apigenin, genistein, biochanin A / DMAPP/Ca <sup>2+</sup>	Yu et al. 2011, Zhou et al. 2015
<i>Aspergillus terreus</i>	AtaPT	424 amino acids	Possessed the ability to form mono-, di- and/or triprenylated products with C-C and/or C-O bonds	Genistein/DMAPP, GPP, FPP, GGPP, PPP	Chen et al. 2016
<i>Neosartorya fischeri</i>	AnaPT	/	Flavanones and isoflavones at C-6 of the A ring or C-3' of the B ring	Naringenin, 7-hydroxyflavanone, eriodictyol, hesperetin, silibinin, phloretin, apigenin, genistein, biochanin A / DMAPP, GPP/Ca <sup>2+</sup>	Zhou et al. 2015

Table 4 (continued)

Source	gene	Structure	Specificity	Substrate/ Prenyl donor/ Cofactor	References
<i>Neosartorya fischer</i>	CdpC3PT		Regiospecific 7-O-prenylation of anthocyanins	Cyanidin-3-O-glucoside, cyanidin-3-O-galactoside, petunidin-3-O-galactoside, cyanidin-3-O-arabinoside, peonidin-3-O-galactoside, malvidin-3-O-galactoside, malvidin-3-O-arabinoside/DMAAPP/Ca <sup>2+</sup>	Bao et al. 2021
<i>Fusarium oxysporum</i>	FoPT1	427 amino acids	Favonoids with 5,7-dihydroxyl and 4-carbonyl groups, 2,3-alkenyl in flavonoid skeleton was beneficial for catalysis	Apigenin, kaempferol, luteolin, naringenin, genistein, dihydrogenistein, hesperetin/DMAAPP/Ca <sup>2+</sup> , Mg <sup>2+</sup> , Mn <sup>2+</sup> , Ni <sup>2+</sup> , Co <sup>2+</sup> , Fe <sup>2+</sup>	Yang et al. 2016
<i>Stigmatella aurantiaca</i>	AuaA	/	/	Naringenin, phloretin/FPP/Mg <sup>2+</sup>	Stec et al. 2012
<i>Streptomyces niveus</i>	NovQ	323 amino acids	/	Naringenin, apigenin, daizein, genistein/DMAAPP/Mg <sup>2+</sup>	Ozaki et al. 2009
<i>Streptomyces sp. strain CL190</i>	NphB	/	Catalyzed C-geranylation and O-geranylation	Naringenin, apigenin, genistein, daidzein, chrysin/GPP/Mg <sup>2+</sup>	Kumano et al. 2008, Shindo et al. 2011
<i>Streptomyces coelicolor</i> A3(2)	SCO7190	/	Catalyzed C-prenylation	Naringenin/DMAAPP/	Kumano et al. 2008

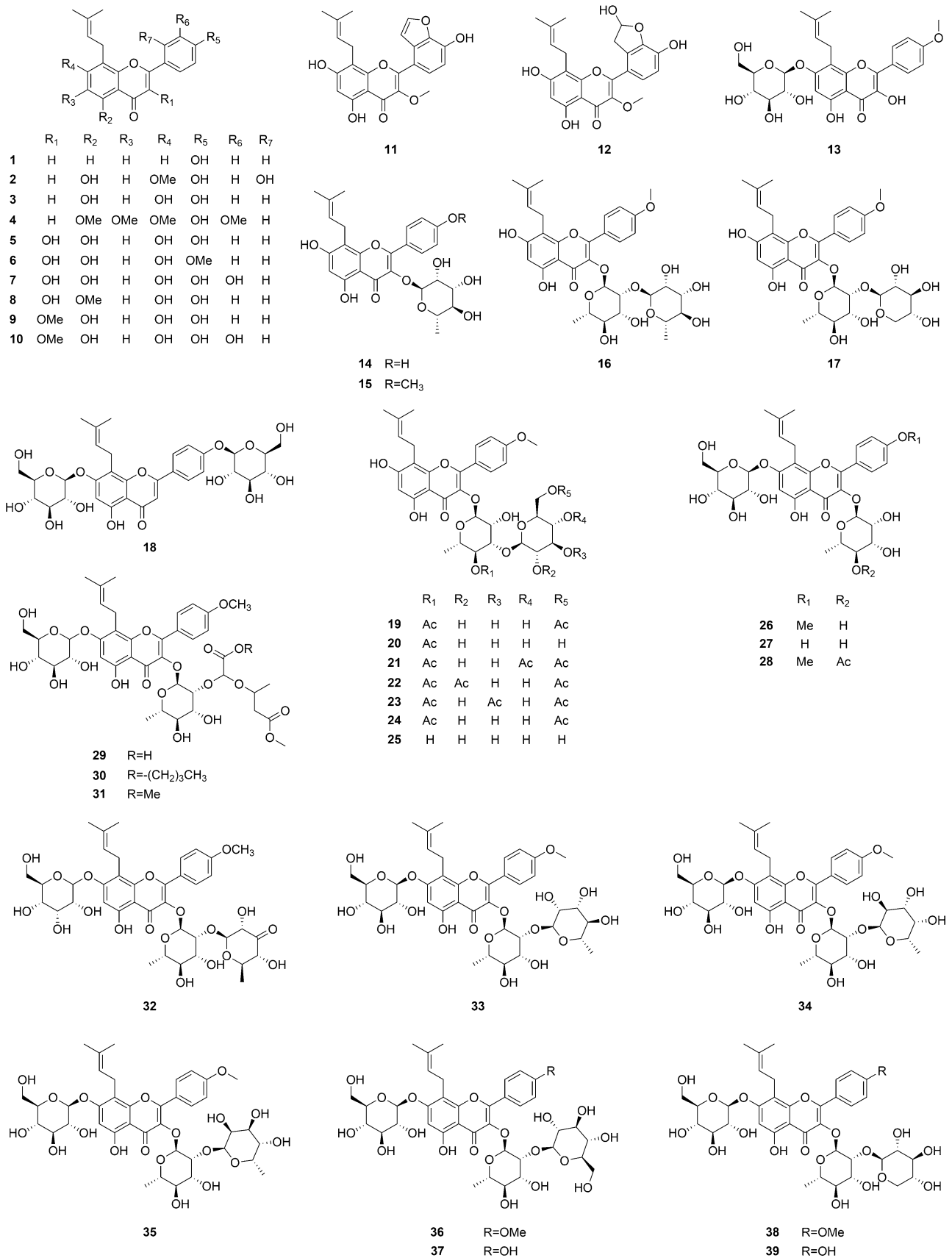


Fig. 7 Chemical structures of prenylated flavones (1–261)

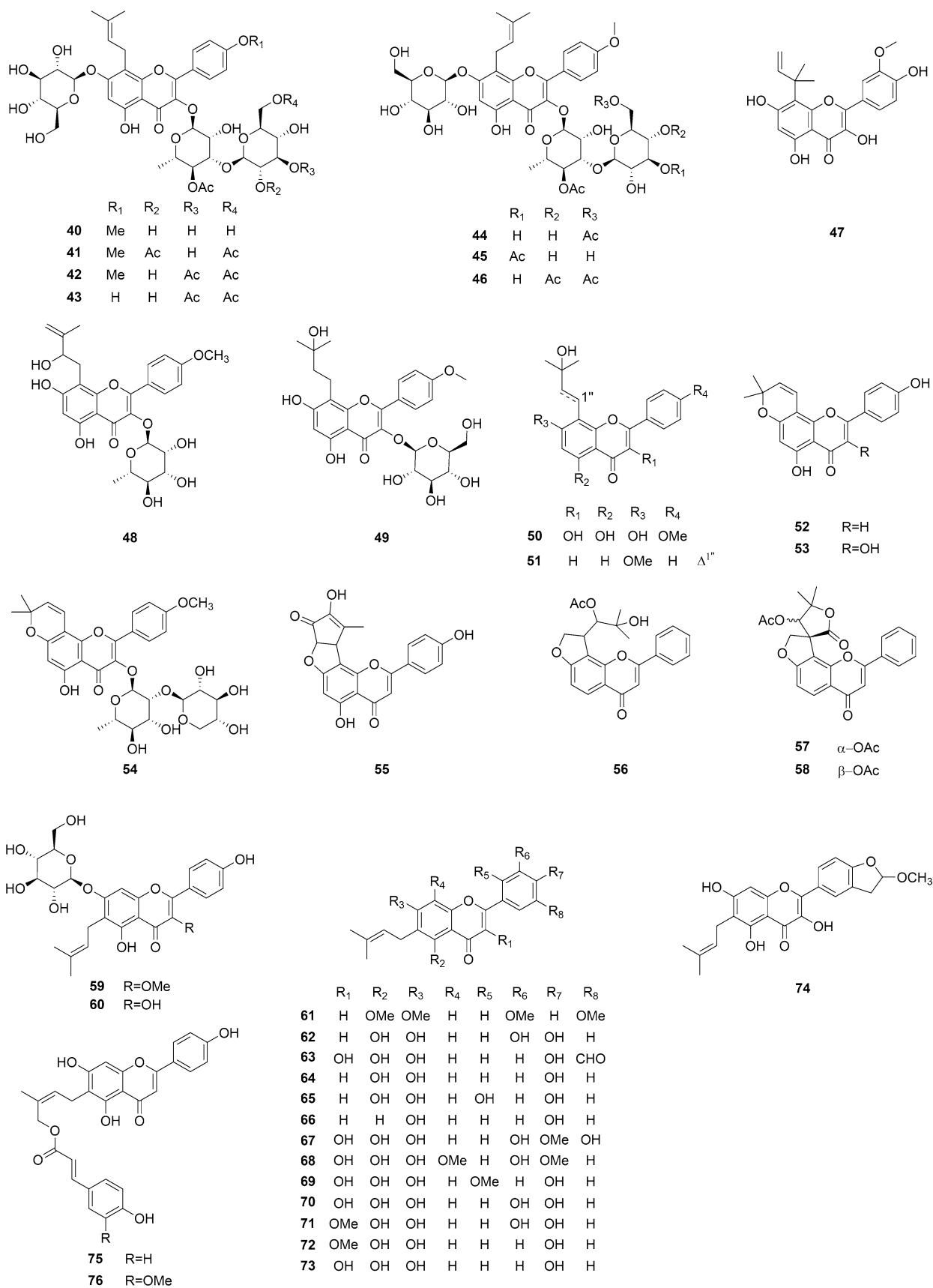


Fig. 7 (continued)

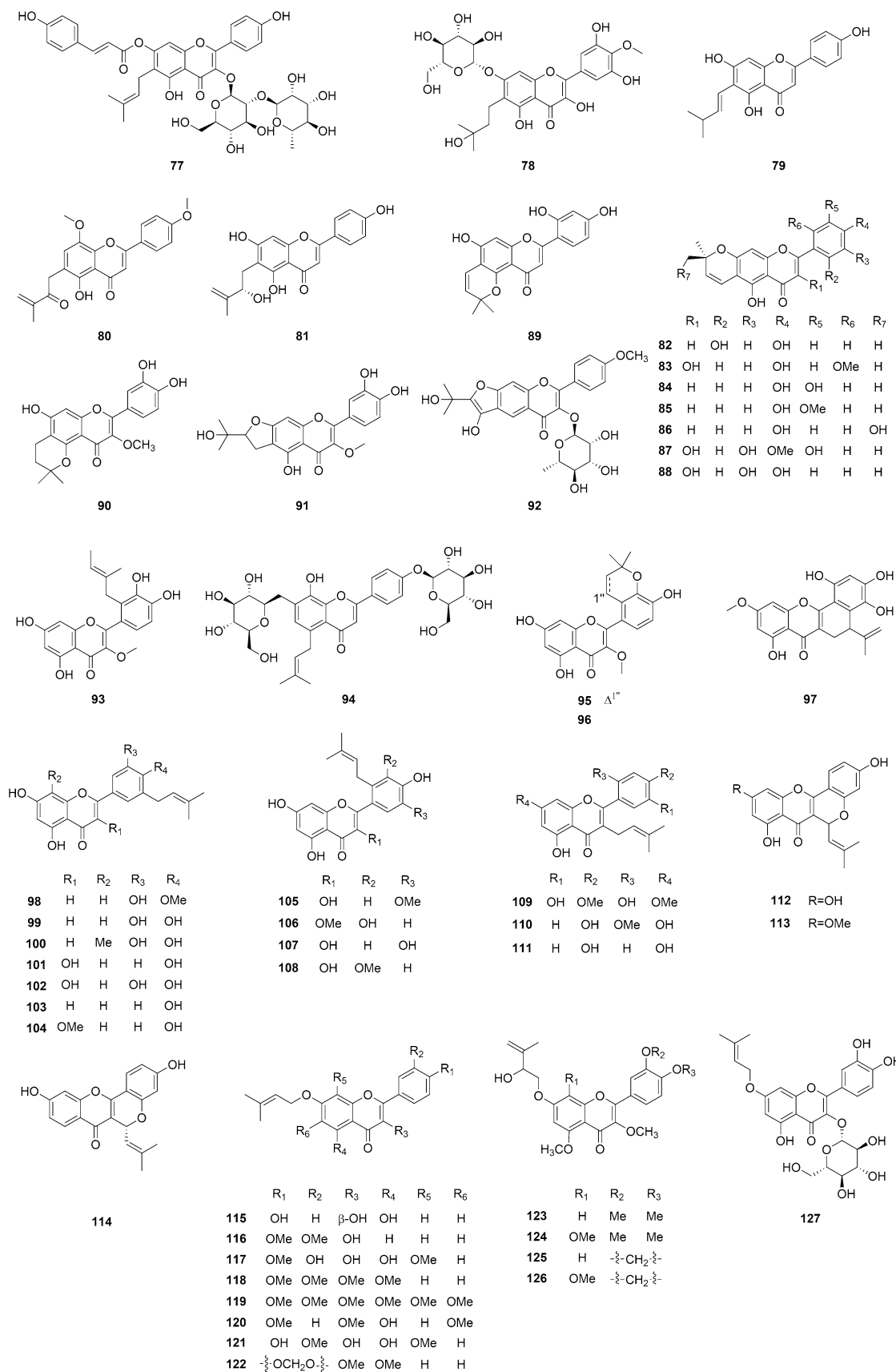


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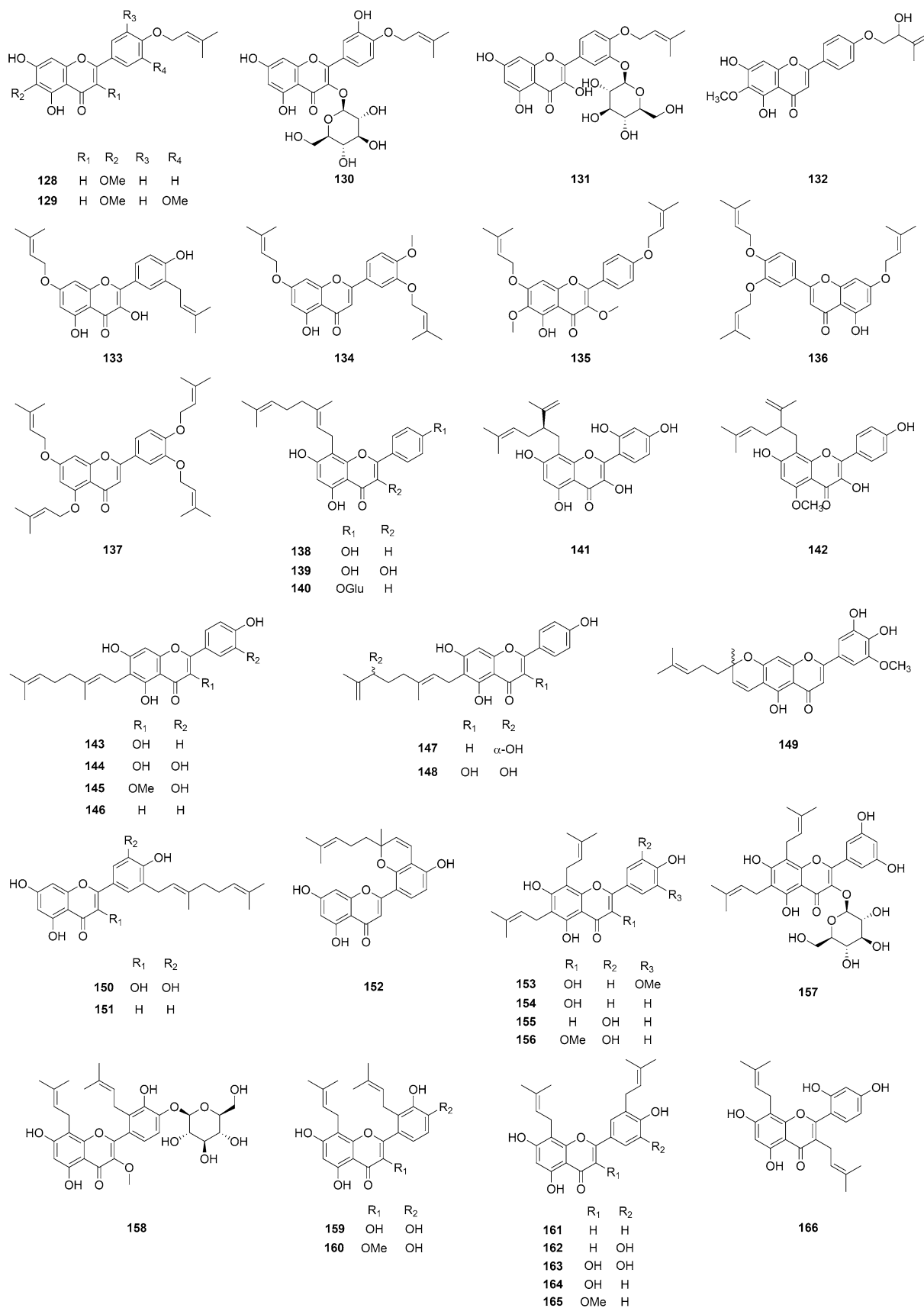


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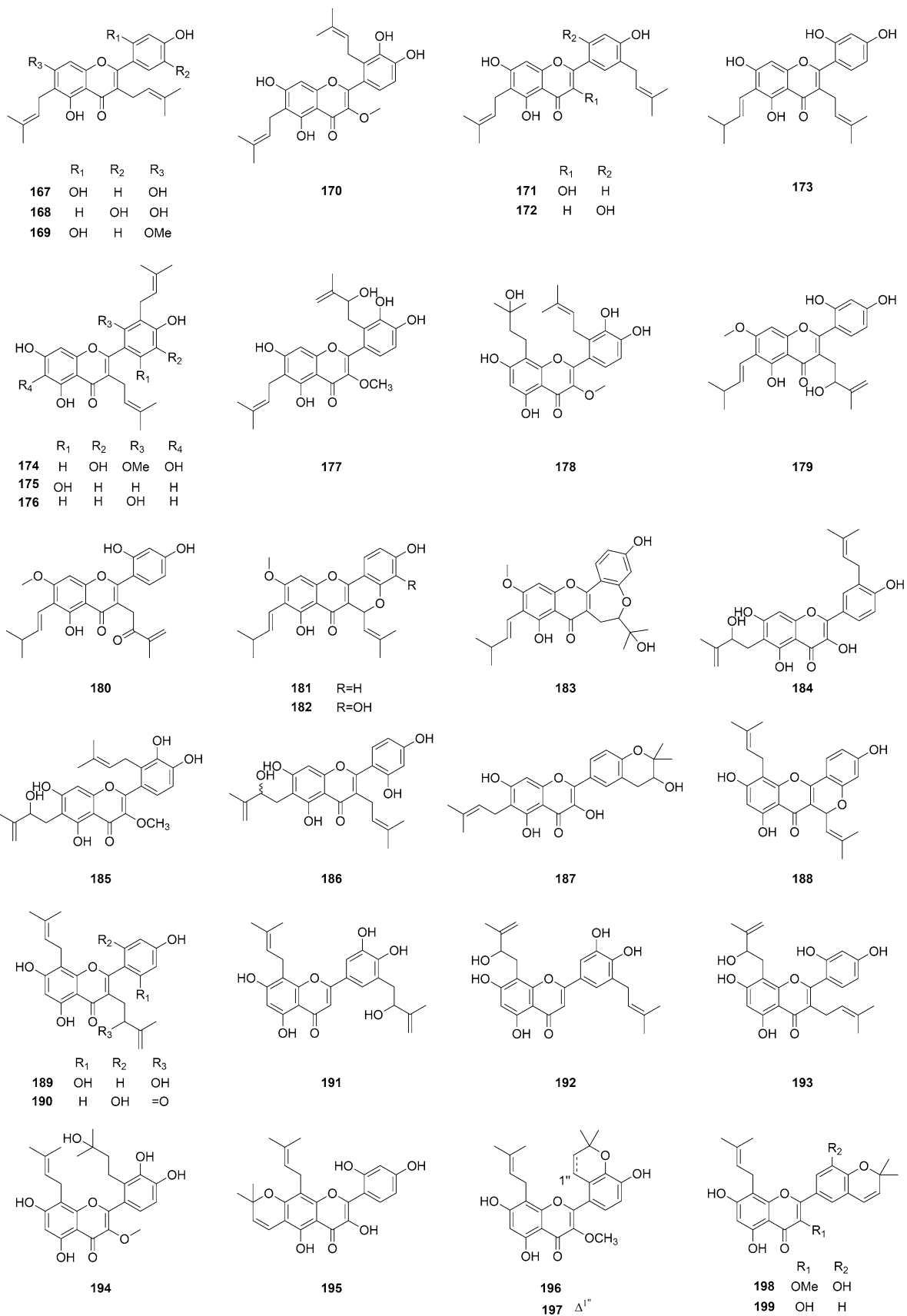


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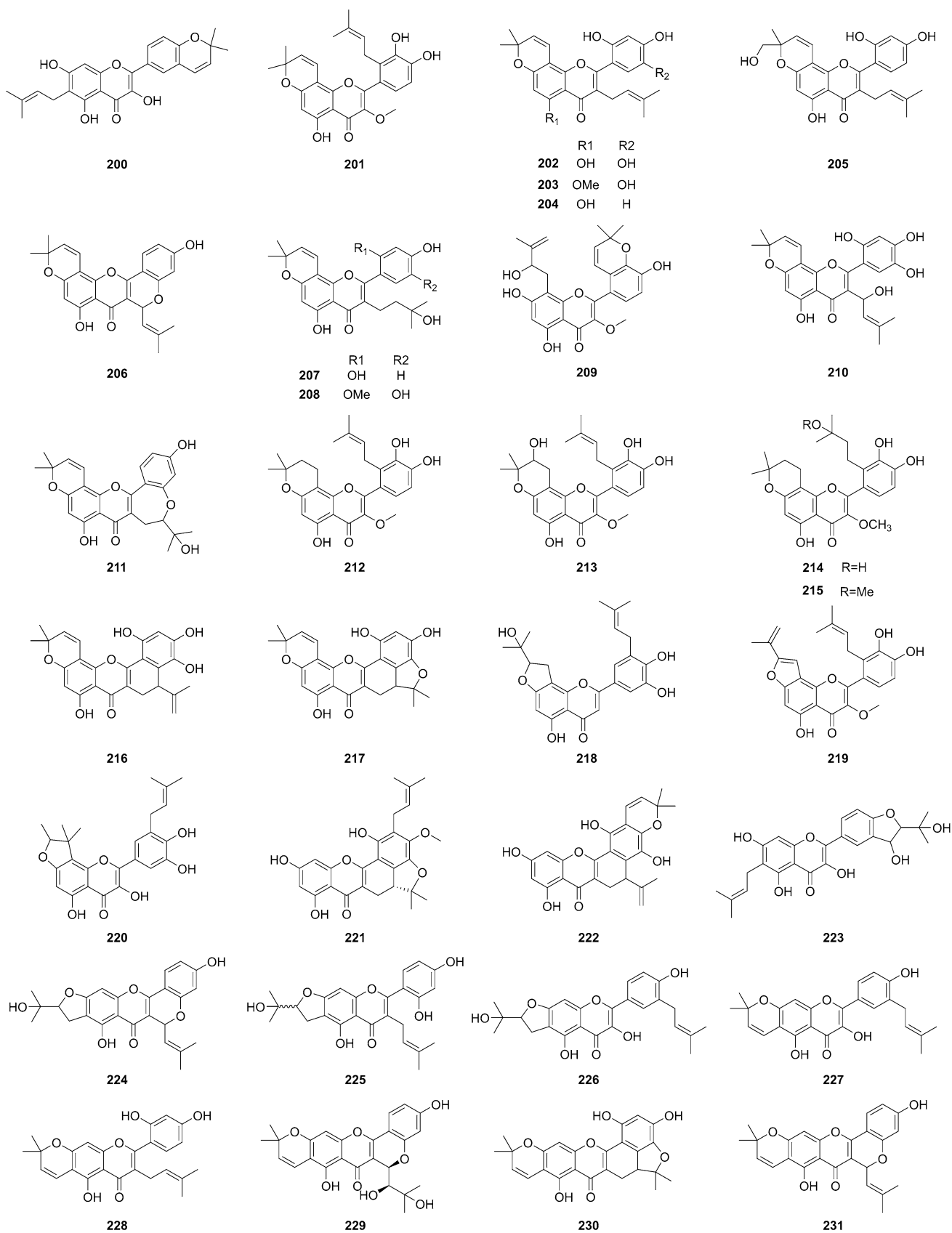


Fig. 7 (continued)



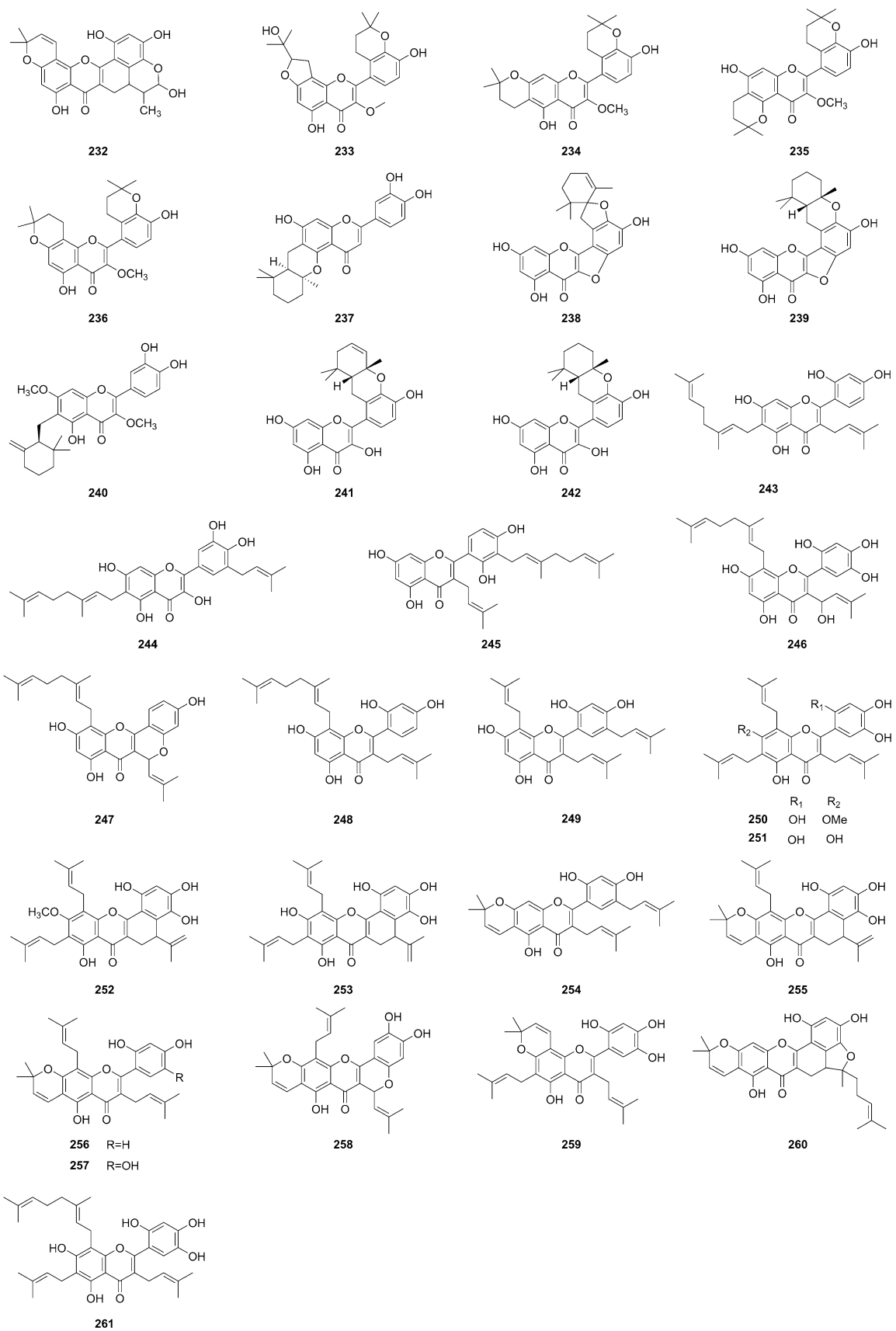
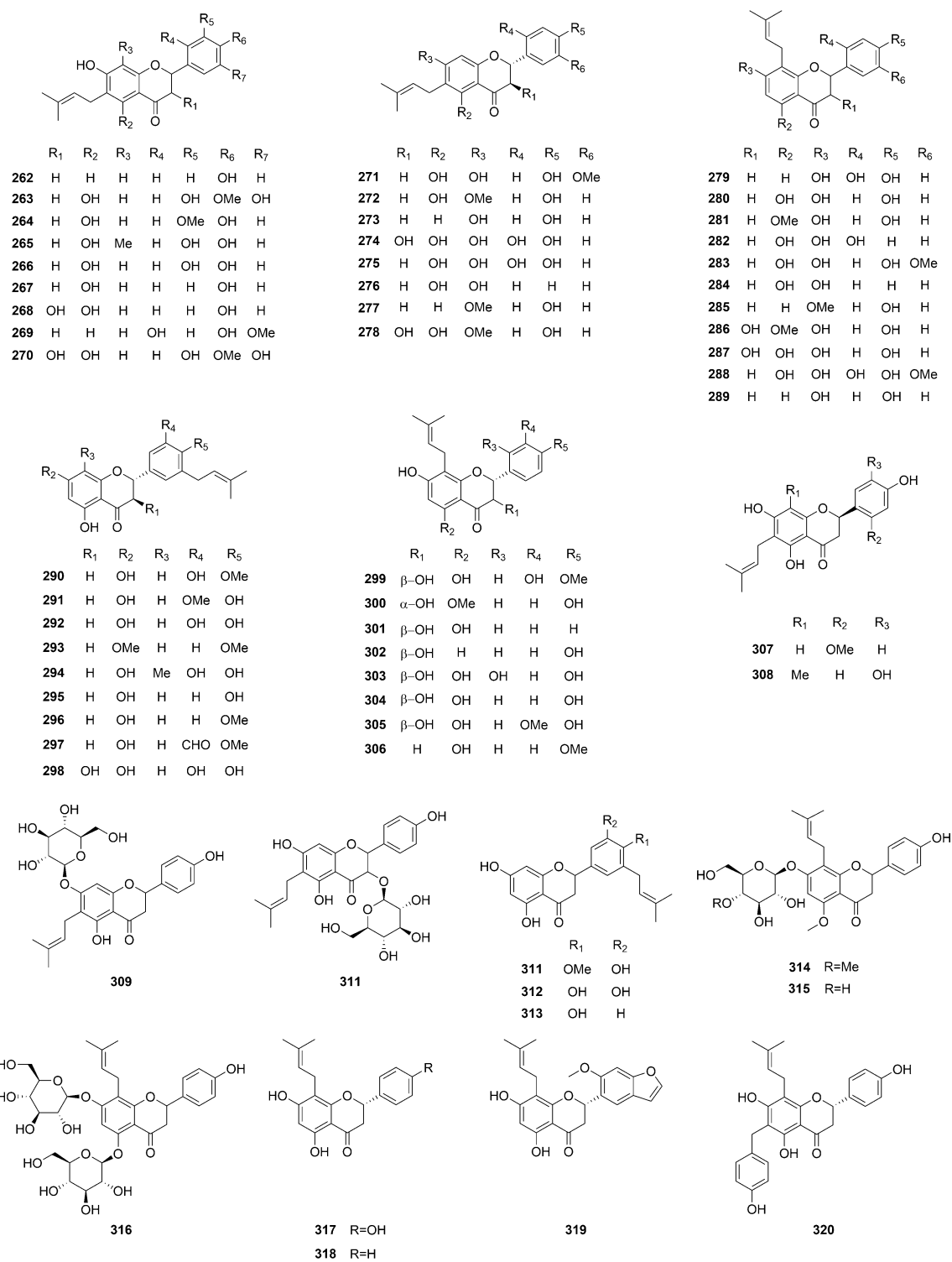


Fig. 7 (continued)



**Fig. 8** Chemical structures of prenylated flavonones (262–567)

cells. The presence of a β-carbon (proximal) OH group on a geranyl chain (385,  $IC_{50} = 6.5 \mu M$ ) did not affect the cytotoxicity, but an OH group on the distal end of the side-chain (399,  $IC_{50} > 20 \mu M$ ) caused a loss of cytotoxic

effect. The substituents on ring B of the flavonoid structure seemed to have minor effects on the cytotoxic potential of the geranylated flavonoids (Hanáková et al. 2015). Another phytochemical study of the fruit of *Paulownia*

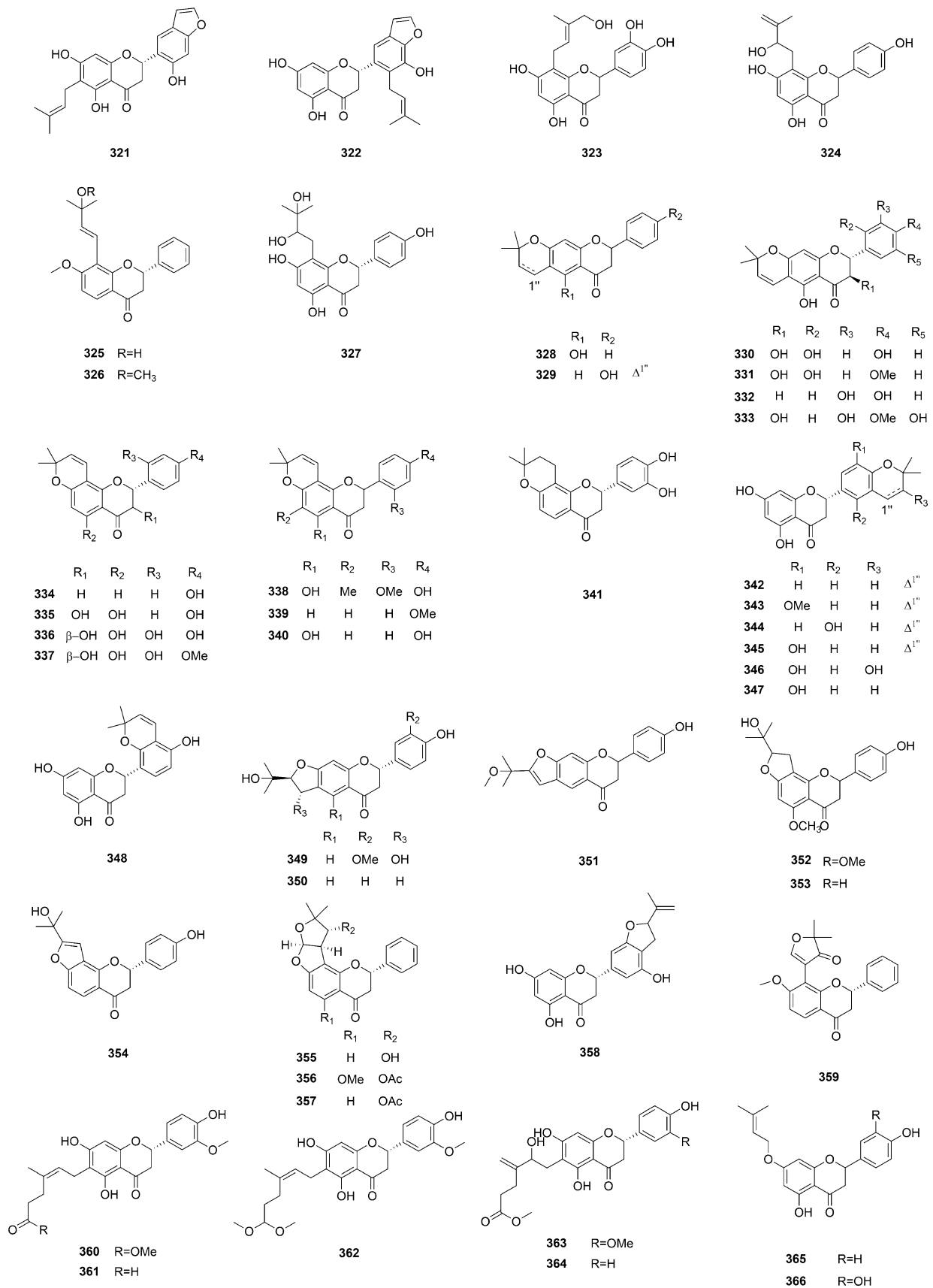


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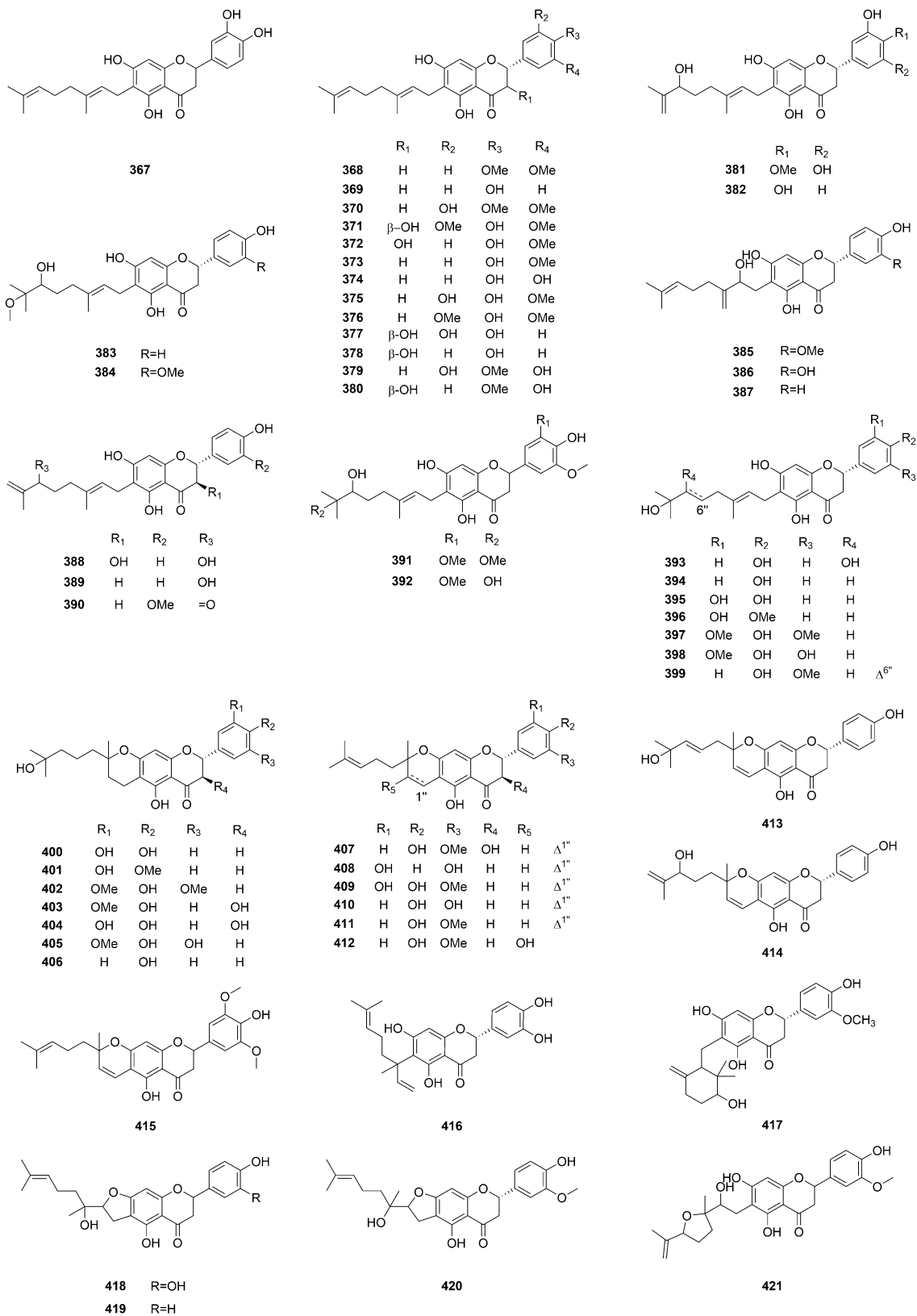


Fig. 8 (continued)

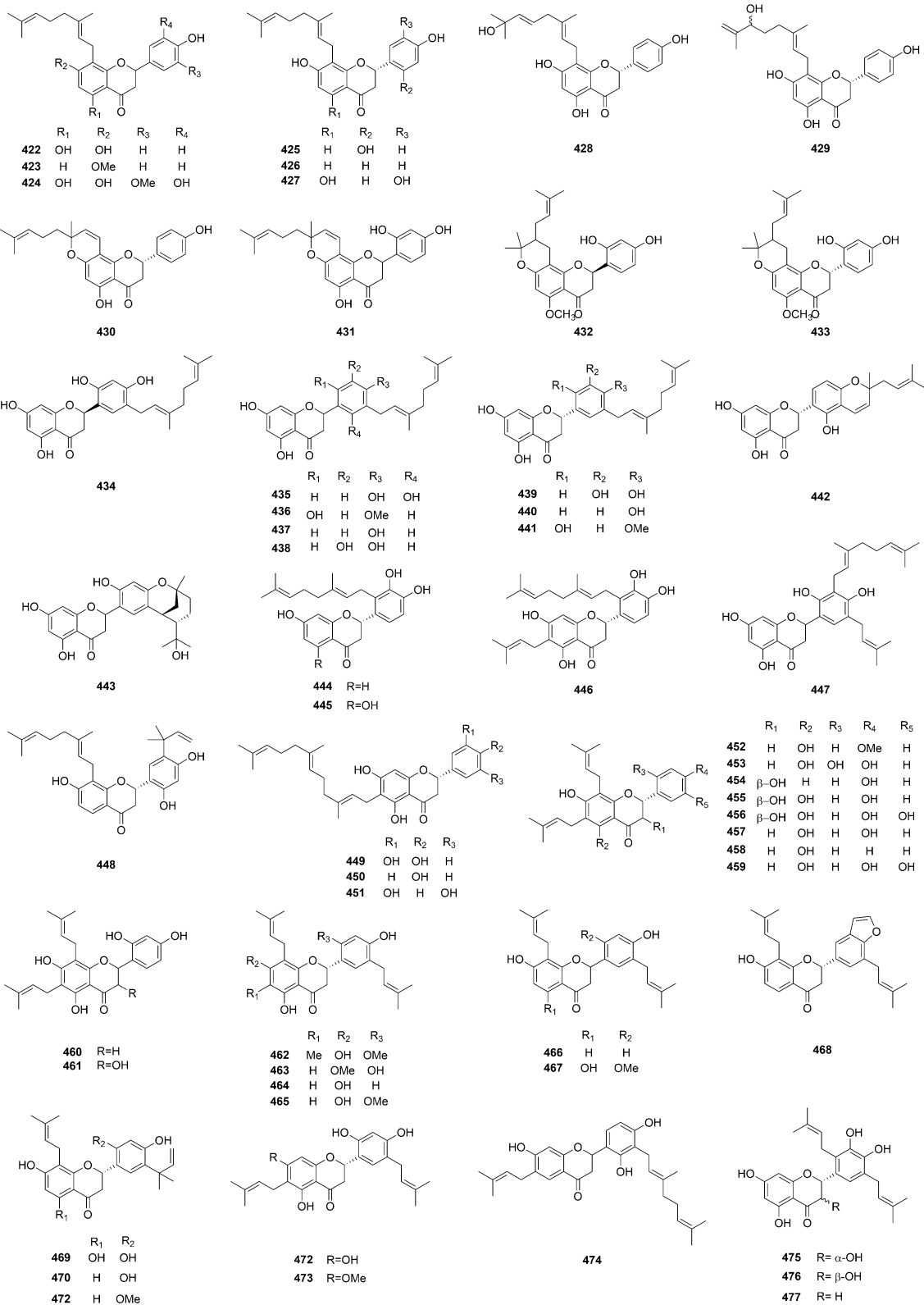


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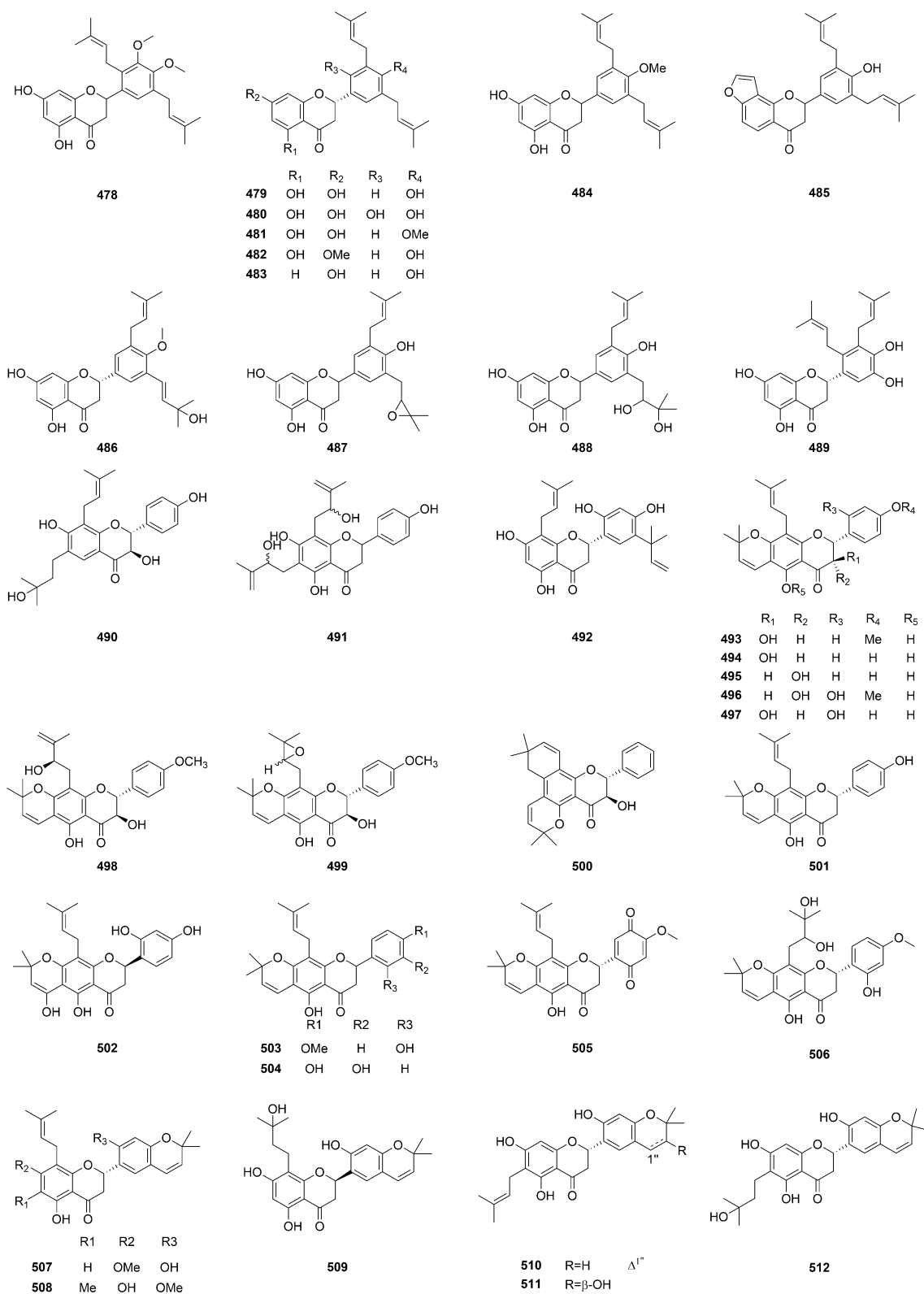


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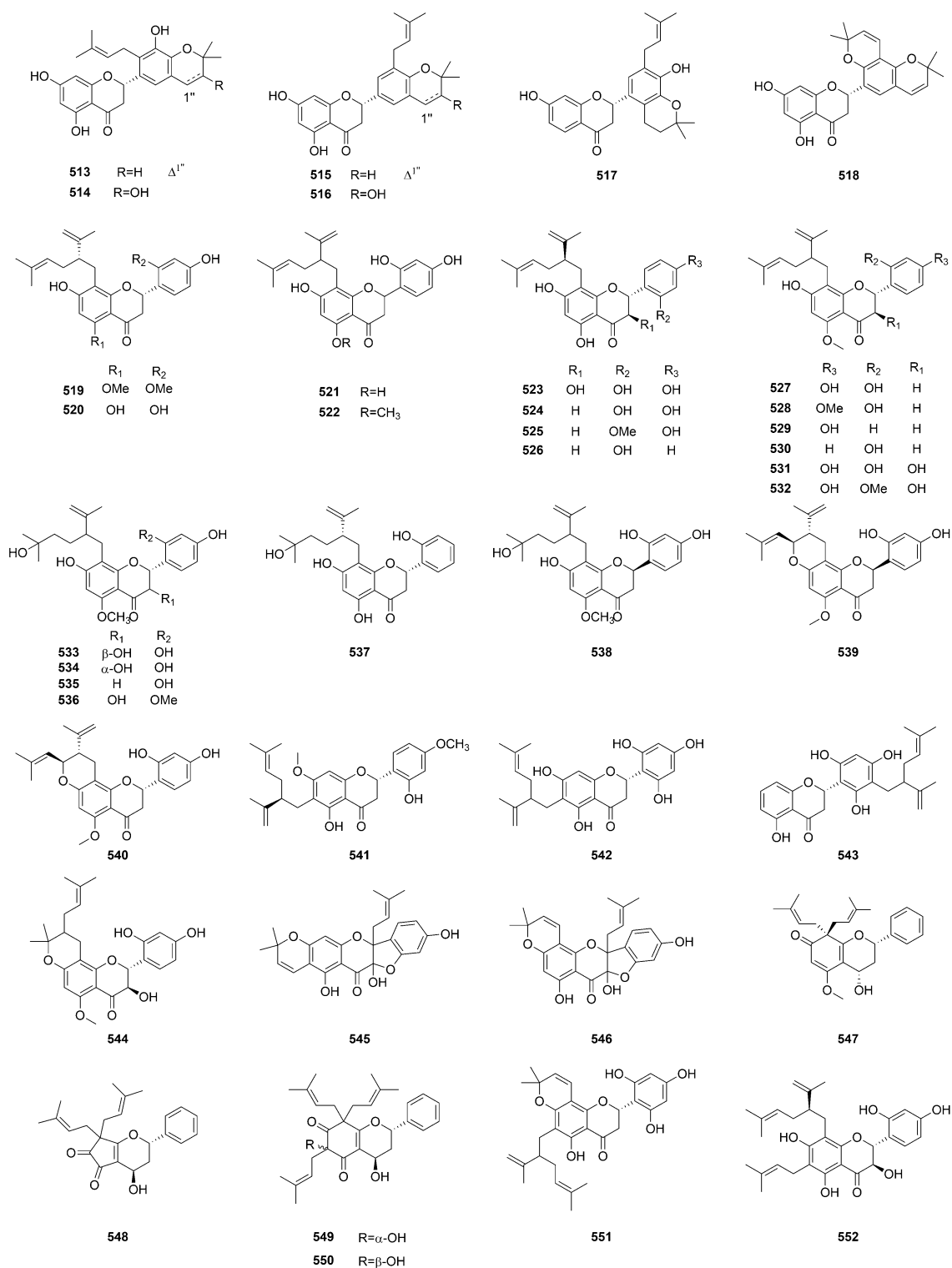


Fig. 8 (continued)

*tomentosa* led to the isolation of twelve natural geranylated flavonoids. Two flavonoids, diplacone (**374**) and 3'-O-methyl-5'-hydroxydiplacone (**375**) each bearing an unmodified geranyl side chain, possessed the strongest

antiproliferative activities against THP-1 with IC<sub>50</sub> values of 9.31 and 12.61 μM, respectively. The geranylated flavanones exhibited significantly greater cytotoxicity than the corresponding non-geranylated flavanones, taxifolin,

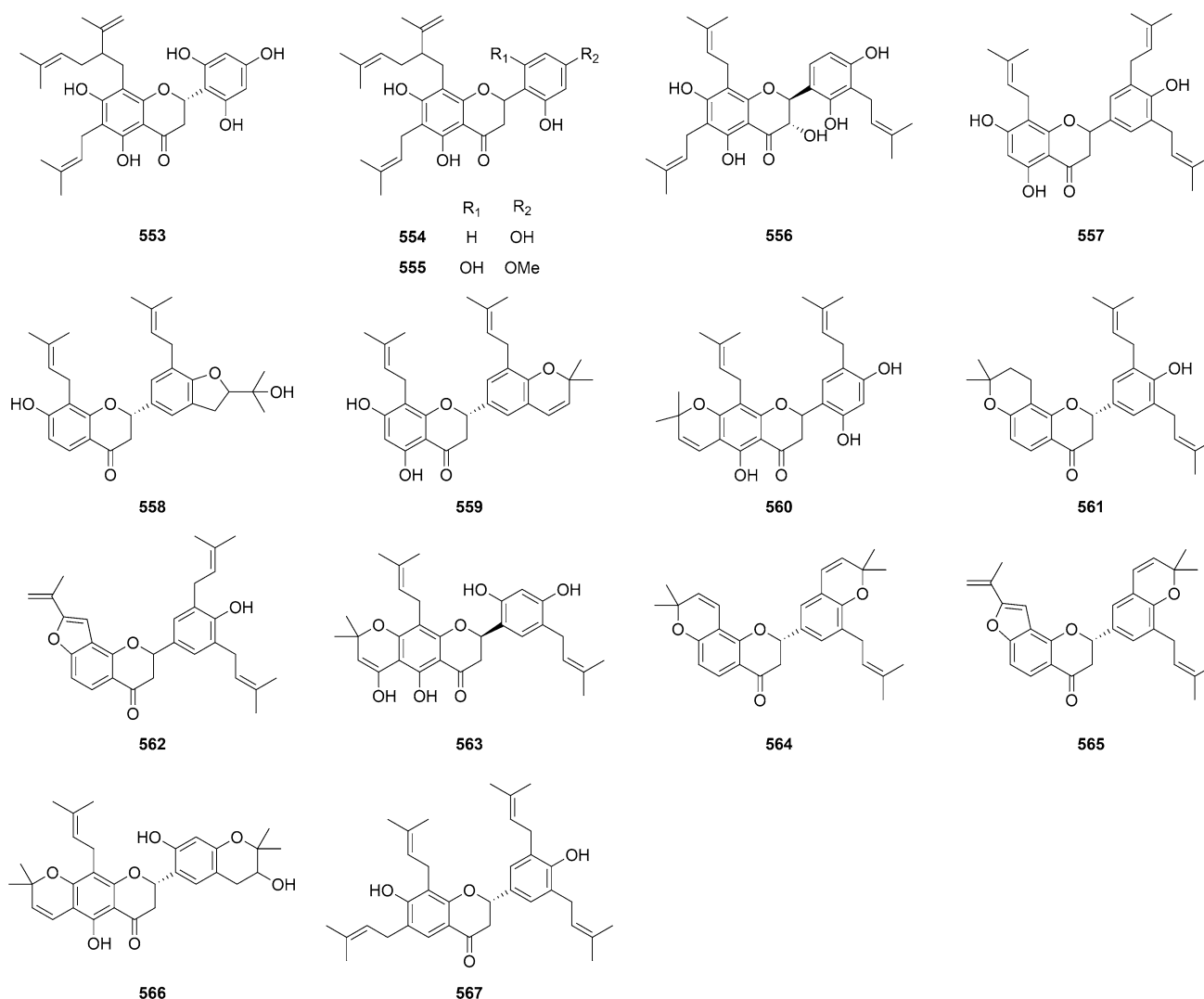


Fig. 8 (continued)

naringenin, and hesperetin, which suggested that the presence of a geranyl side chain is a crucial structural requirement for the cytotoxic effect of flavanones. The addition of a methoxy group on ring B decreased the activity of tomentone B (409) as compared to tomentone II (410), and of 3'-O-methyl-5'-hydroxyisodiplacone (424) as compared to 374 (Molčanová et al. 2021). Kuwanon E (434), isolated from the roots of *Morus alba*, also inhibited the proliferation of THP-1 human monocytic leukemic cells with an IC<sub>50</sub> value of 4.0 μM (Zelová et al. 2014). In addition, 6-Farnesyl-3',4',5,7-tetrahydroxyflavanone (449), isolated from *Macaranga triloba*, strongly inhibited the growth of HeLa and HL-60 cells with IC<sub>50</sub> values of 1.3 and 3.3 μg/mL, respectively (Zakaria et al. 2012). Calycinigin A (543), a C-3' lavandulylated flavanone, exhibited an anti-proliferative effect against HeLa cells with an IC<sub>50</sub> value of 9.7 μM (Win et al. 2012).

Several diprenylated flavanones show potential anti-proliferative activities against different cancer cells. 6,8-Diprenyl-4'-methyl-naringenin (452), isolated from the fruits of *Macaranga balansae*, showed cytotoxic activity against PanC1, A549, KB, and Lu-1 cell lines with IC<sub>50</sub> values ranging from 7.89 to 22.81 μM (Mai et al. 2020). Lonchocarpol A (457) and dorsmanine I (504) from the stems of *Derris ferruginea* inhibited the growth of MRC-5 and KB cells with an IC<sub>50</sub> value range of 6.2–23.8 μM (Morel et al. 2013). Maackiaflavanone (463) and 5-hydroxyphoranone (482) exhibited cytotoxicity against HeLa and SK-MEL-5 cells. The IC<sub>50</sub> values of 463 were 8.2 and 6.5 μM, whereas the IC<sub>50</sub> values of 482 were 12 and 7.7 μM, respectively. However, the structurally similar analogues, isomaackiaflavanone A (465), isomaackiaflavanone B (473), and abyssinone V (479), exhibit weak cytotoxicity against HeLa and SK-MEL-5 cells with IC<sub>50</sub>



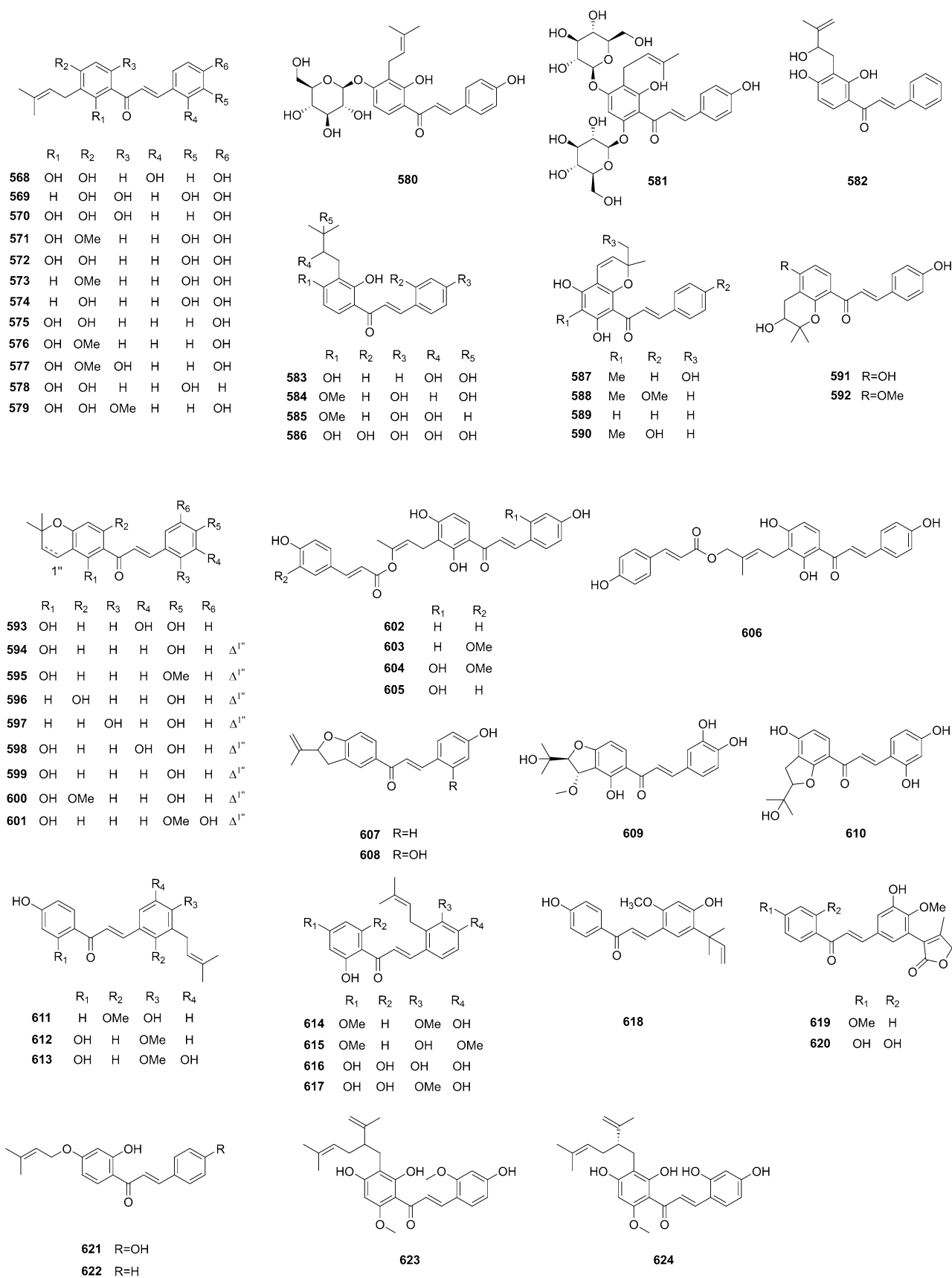
value range of 16–36  $\mu\text{M}$  suggesting that 8-prenyl side chain promotes the cytotoxicity, and methoxy at C-2' on the B ring decreased the cytotoxicity (Veselova et al. 2017). Sanggenol Q (480), isolated from the root bark of *Morus alba*, showed cytotoxicity against HepG2 cells with an  $\text{EC}_{50}$  value of 6.94  $\mu\text{M}$  (Jung et al. 2015). Three diprenylated flavonoids, addisoniaflavanones I (487) and II (488) and 5,7-dihydroxy-5'-prenyl-[2'',2''-(3''-hydroxy)-dimethylpyrano]-(5'',6'':3',4')flavanone (516) isolated from *Erythrina addisoniae*, showed higher toxicity to H4IIE hepatoma cells than the monoprenyl-substituted flavonoids, with  $\text{EC}_{50}$  values of 5.25, 8.5, and 14.7  $\mu\text{M}$ , respectively. Both 487 and 488 induced apoptosis via caspase-3 and -7 activation (Passreiter et al. 2015).

Xanthohumol (579) (Fig. 9), a prenylated chalcone isolated from *H. lupulus*, exhibited diverse bioactivities. It exhibited cytotoxic activity against WI-38, J774, HepG2, MG-63, HT-29, and SW620 cell lines with  $\text{IC}_{50}$  values of 19.5, 9.6, 7.1, 29.4, 12.0, and 25.0  $\mu\text{M}$ , respectively (Bocquet et al. 2019; Harish et al. 2021; Hudcová et al. 2014). Two structurally similar chalcones sanjuanolide (582) and sanjoseolide (583), isolated from *D. frutescens*, show different cytotoxic activities against PC-3 and DU 145 prostate cancer cells. It was noted that 582 was 3.2- and 3.6-fold more potent than 583 against PC-3 and DU 145 cells, respectively. These compounds differ only by the replacement of a 2,3-dihydroxy-3-methyl-3-butenyl group in 583 by a 2-hydroxy-3-methyl-3-butanyl group in 582, which suggested the hydroxylation of prenyl side chain decrease the cytotoxicity (Shaffer et al. 2016). 3-Hydroxy-4-methoxylonchocarpin (601) is a prenylated chalcone from the seeds of *Milletia pachycarpa* and exhibited cytotoxicity against K562 cells with an  $\text{IC}_{50}$  value of 2.4  $\mu\text{g}/\text{mL}$  (Su et al. 2012). Gemichalcone B (602) is from the twigs of *Artocarpus nigrifolius* and showed strong cytotoxicity against SiHa cells with an  $\text{IC}_{50}$  value of 8.7  $\mu\text{M}$  (Liu et al. 2018b).

Chalcones (607, 608, 613–615, and 666–670) (Figs. 9 and 10) from *Desmodium renifolium* and *D. podocarpum* exhibited cytotoxicity against NB4, A549, SHSY5Y, PC3, and MCF-7 cells (Li et al. 2014a, b; Qin et al. 2015b). Artonin ZA-1 (607) and artonin ZA-2 (608) exhibited cytotoxicity against these human tumor cells with  $\text{IC}_{50}$  values ranging from 5.8 to 10  $\mu\text{M}$ . Renifolin C (613) showed cytotoxicity against NB4 and PC3 cells with  $\text{IC}_{50}$  values of 6.4 and 8.5  $\mu\text{M}$ , respectively. 2',4-Hydroxy-3,4'-dimethoxychalcone (614) inhibited SHSY5Y, PC3, and NB4 cells with  $\text{IC}_{50}$  values of 3.8, 3.6, and 4.2  $\mu\text{M}$ , respectively, whereas 2',3-hydroxy-4,4'-dimethoxychalcone (615) exerted cytotoxicity against A549, PC3, and MCF-7 cells with  $\text{IC}_{50}$  values of 3.5, 6.8, and 6.2  $\mu\text{M}$ , respectively. Renifolins D–H (666–670) each bearing a five-membered carbocycle showed cytotoxicity against these cancer cell lines with  $\text{IC}_{50}$  values ranging from 2.2 to 9.7  $\mu\text{M}$ .

Kanzonol C (644) and hedysarumine F (645) showed cytotoxicity against A549 cells with  $\text{IC}_{50}$  values of 9.67 and 7.79  $\mu\text{M}$ , respectively, whereas 644 exhibited cytotoxic activity against HCT116 cells with an  $\text{IC}_{50}$  value of 8.85  $\mu\text{M}$  (Liu et al. 2018c). Flemiphilippinone C (689) bearing two prenyl moieties at C-3' was isolated from the roots of *Flemingia philippinensis*. It exhibited antiproliferative activity against PC-3, Bel-7402, and CaEs-17 with  $\text{GI}_{50}$  values of 14.12, 1.91, and 2.58  $\mu\text{M}$ , respectively. Mechanistically, 689 increased S/G2 arrest and induced apoptosis in Bel-7402 cells through a mitochondria-related pathway (Kang et al. 2016).

Gancaonin G (729) (Fig. 11) is from *Glycyrrhiza uralensis* and exhibited cytotoxicity against SW480 cells with an  $\text{IC}_{50}$  value of 9.84  $\mu\text{M}$  (Tang et al. 2016). 4'-Hydroxy-5,7-dimethoxy-6-(3-methyl-2-butenyl)-isoflavone (730), gancaonin N (731), isopiscerythronone (732), viridiflorin (733), and ficucaricone D (741) exhibited cytotoxicity against five human cancer cell lines HL-60, SMMC-7721, A-549, MCF-7, and SW480, with  $\text{IC}_{50}$  values ranging from 0.42 to 8.48  $\mu\text{M}$  (Liu et al. 2019c). Eleven prenylated isoflavones (690, 736, 749, 757, 778, 795, 796, 813, 847, 848, and 870) and two coumaronochromones (887 and 888) from the fruits of *Ficus altissima* were evaluated for their antiproliferative activities against three human tumor cell lines (HepG2, MCF-7, and MDA-MB-231) through MTT assay. Ficusaltin B (848), isolupalbigenin (847), and lupinalbin D (888) exhibited more effective cytotoxic activities to tested cell lines, which speculated that the prenyl substituent at C-3' of the B ring was the active group in these isolated compounds. The structurally similar analogue isowigtheone (778) bearing only one prenyl substituent at C-3' was inactivated. It suggested that the simultaneous presence of a prenyl group at C-6 or C-8 in the A ring and a prenyl group at C-3' in B ring might be essential for those prenylated isoflavones to exert obvious anti-proliferative effects. For prenylated coumaronochromones, once the position of prenyl group changed to C-6 as lupinalbin B (887), the anti-proliferative activity against tumor cell lines would significantly reduce (Yao et al. 2021). Auriculasin (818) from the roots of *Flemingia philippinensis* exhibited an antiproliferative effect against PC-3 cells with a  $\text{GI}_{50}$  value of 8.33  $\mu\text{M}$ . However, eriosematin, a chromone derivative, showed no activity ( $\text{GI}_{50} > 100 \mu\text{M}$ ) which suggested B ring with 3',4'-dihydroxy group in 818 would play an important role in inhibiting the growth of PC-3 cells (Kang et al. 2016). Flemiphilippin G (822) and 5,7,3'-trihydroxy-2'-(3-methylbut-2-enyl)-4',5'-(3,3-dimethylpyrano) isoflavone (867) showed cytotoxicity against MCF-7, A549, and HepG2 cells with  $\text{IC}_{50}$  values ranging from 4.8 to 24.8  $\mu\text{M}$  (Fu et al. 2012). Tephrosin (893), *cis*-(6 $\alpha$ ,12 $\alpha$ )'-hydroxyrotenone (894), and rotenone (895), isolated from *Indigofera spicata*, exhibited cytotoxicity against HT-29, 697 human acute lymphoblastic leukemia



**Fig. 9** Chemical structures of prenylated chalcones (**568–657**)

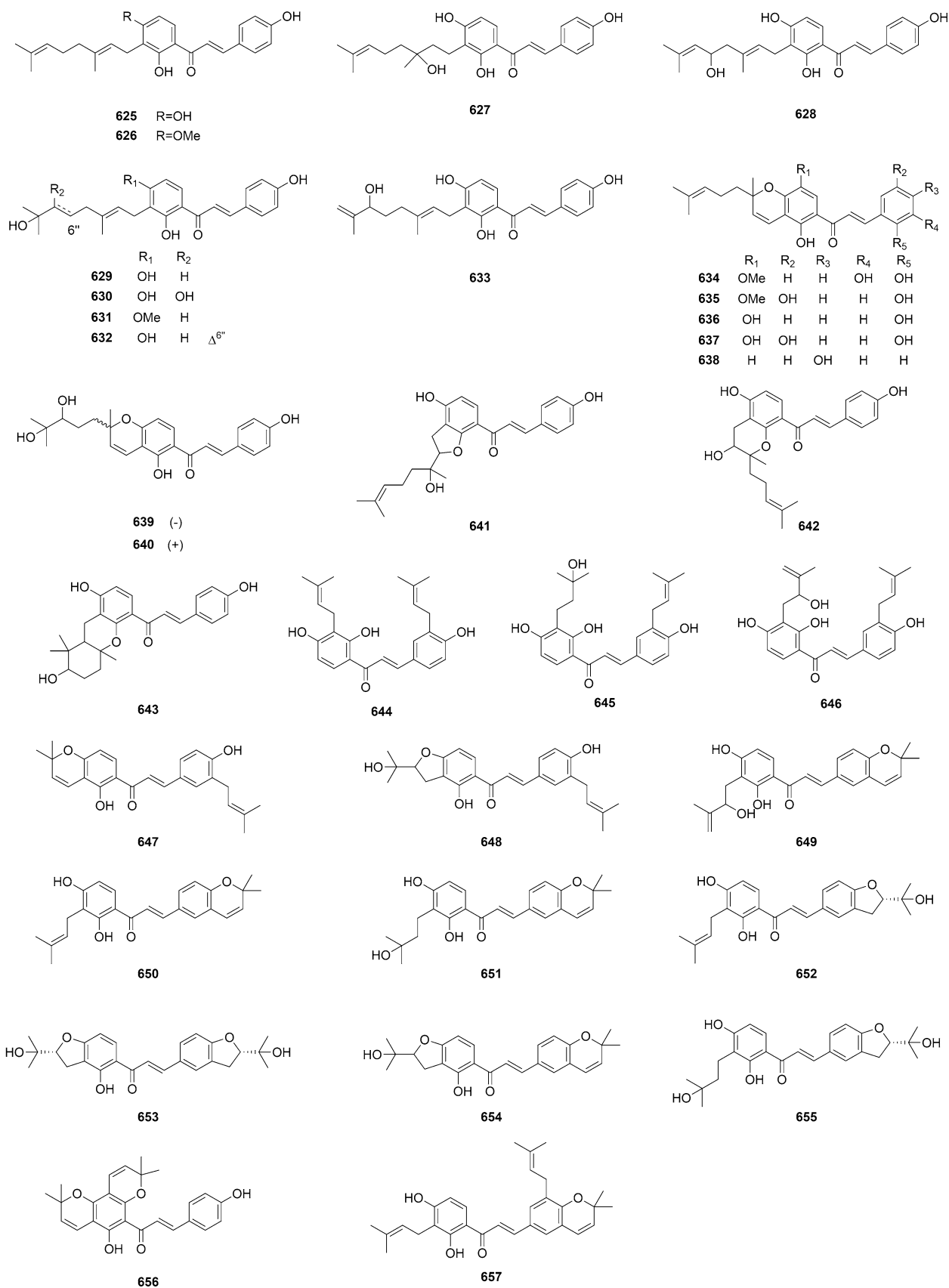
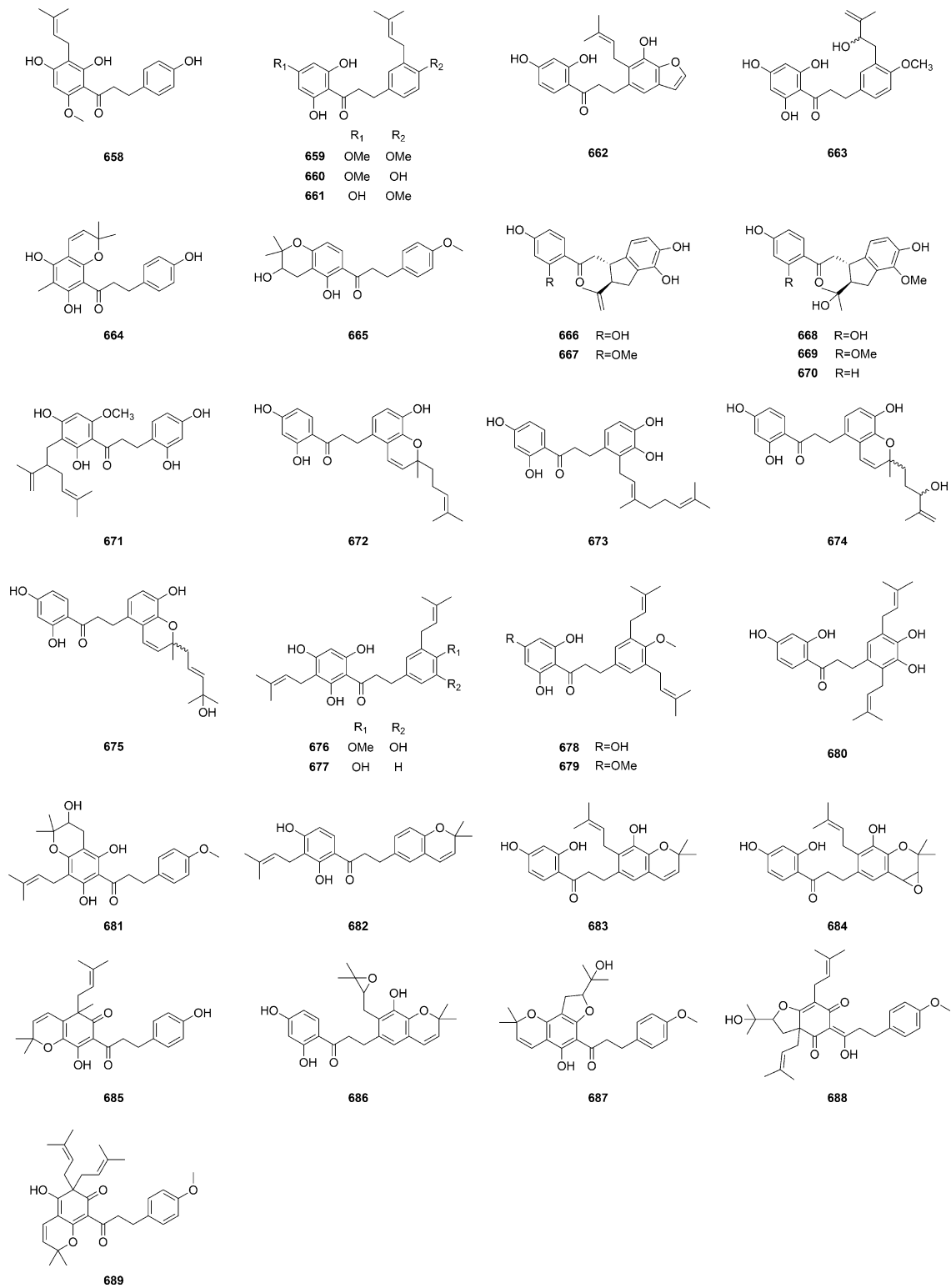


Fig. 9 (continued)



**Fig. 10** Chemical structures of prenylated dihydrochalcones (658–689)

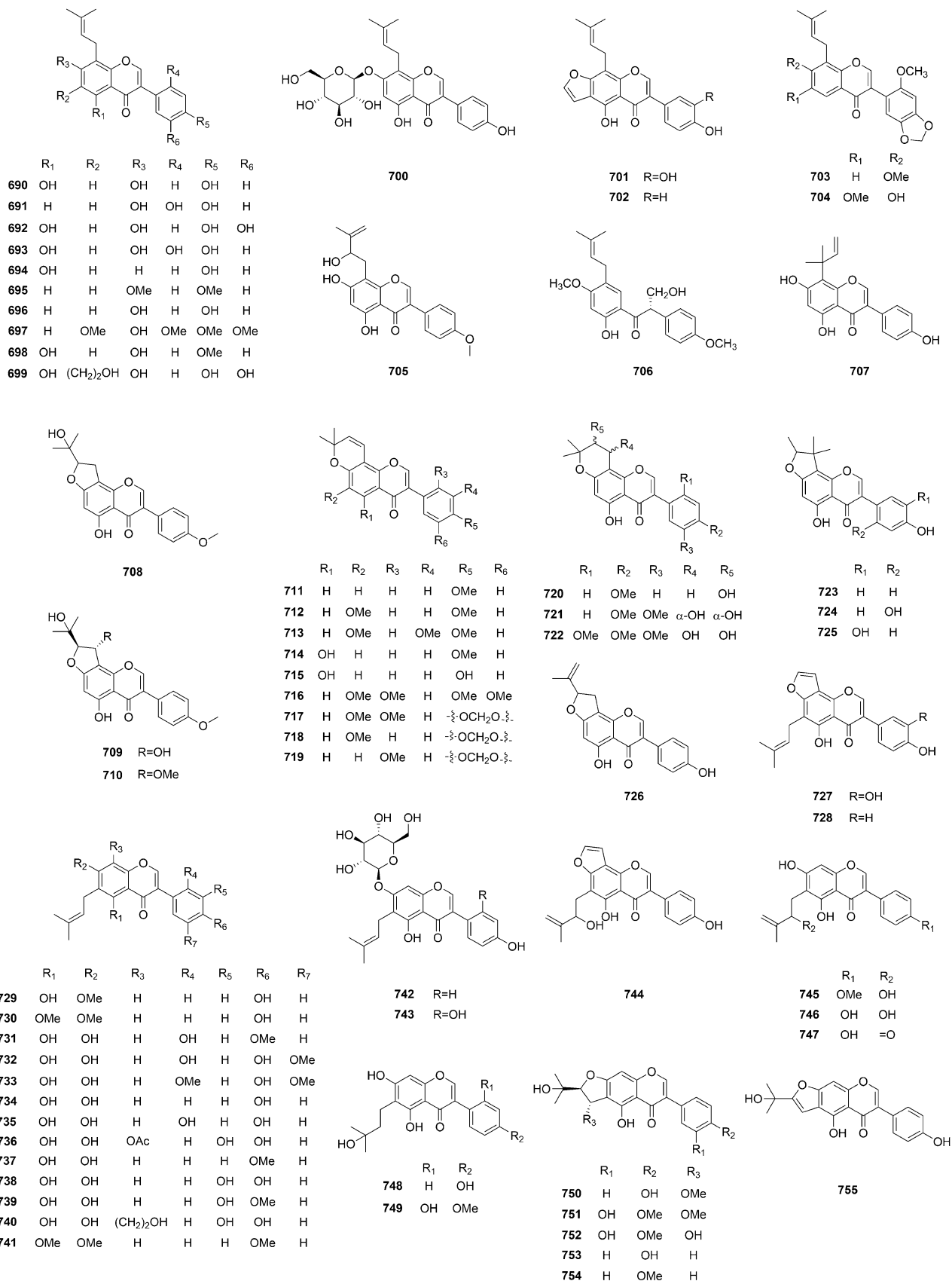


Fig. 11 Chemical structures of prenylated isoflavones (690–908)

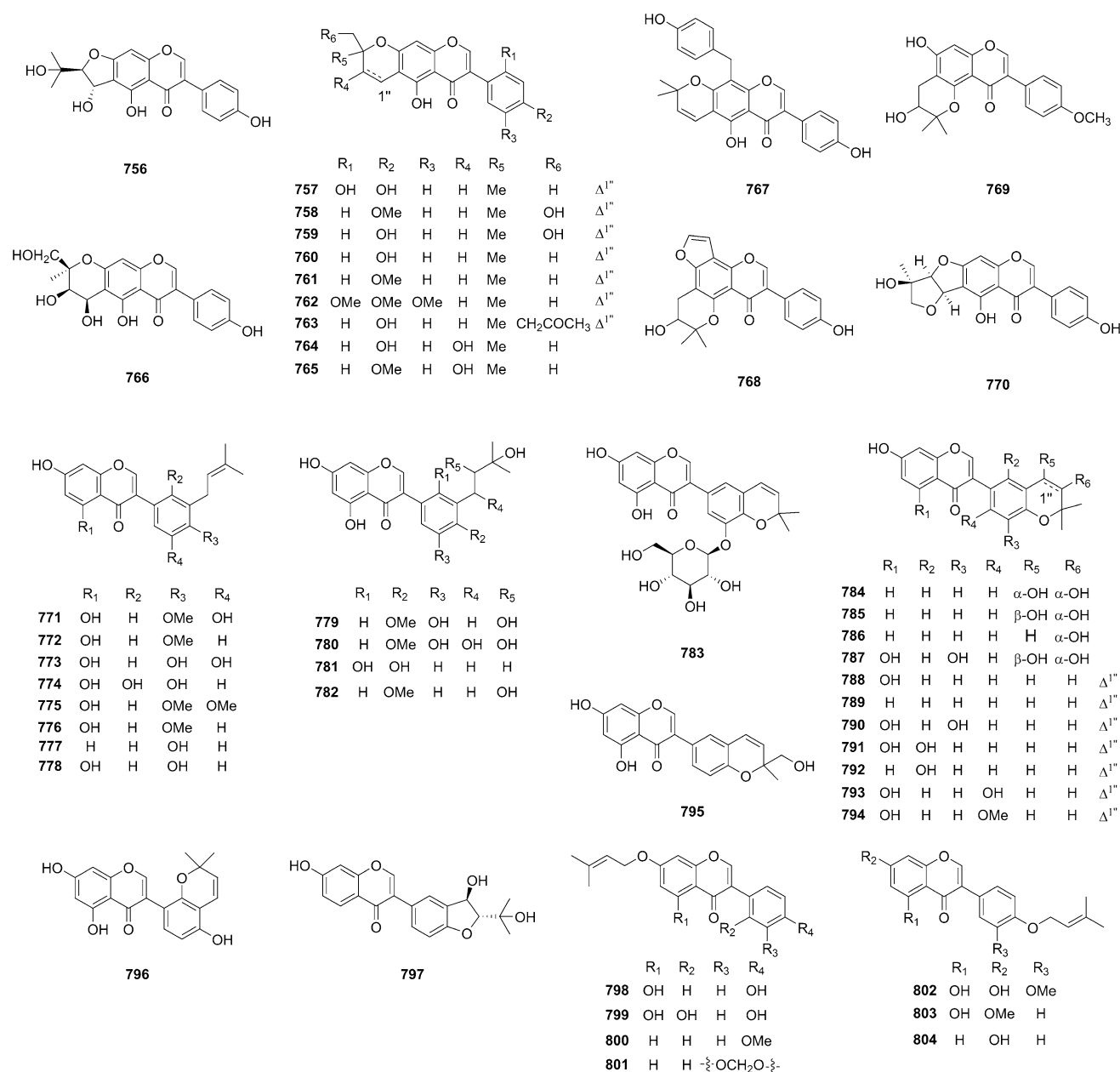


Fig. 11 (continued)

and Raji human Burkitt's lymphoma cells with IC<sub>50</sub> values ranging from 0.1 to 9.0 μM. Additionally, **894** (IC<sub>50</sub> 0.1 μM against HT-29 cells) and **895** (IC<sub>50</sub> 0.1 μM against HT-29 cells) did not show obvious toxic effects on normal CCD-112CoN cells, with IC<sub>50</sub> values over 100 μM (Bueno Perez et al. 2013).

The prenylated flavans (**909**, **916–927**, **932**, and **935–942**) (Fig. 12), isolated from the stem and root bark of *Daphne giraldii*, were evaluated their cytotoxicity against Hep3B cells. Among them, **919–921**, **926**, **927**, and **935–937** exhibited cytotoxicity against Hep3B cells with an IC<sub>50</sub> value range of 5.15–9.66 μM (Sun et al. 2016a; Li et al. 2016).

By comparing two similar flavans daphnegiravans A (**917**) and B (**918**), the presence of a methoxyl connected to the pyran ring reduced the cytotoxicity against all tested cancer cell lines (MCF-7, Bcap37, HepG2, Hep3B, and A549). The activity of the compound possessing a 2,2-dimethylpyran was greater than that of 2,2-dimethyldihydropyran and furan substituents according to the IC<sub>50</sub> values of daphnegiravans K (**920**), J (**926**), and I (**927**). A comparison of the activity data between daphnegiravan H (**925**) and **926** indicated that the cyclization between the prenyl and hydroxyl moieties in ring B produced a significant improvement in the reduction of cancer cell growth. This also supported that **917** and **924**

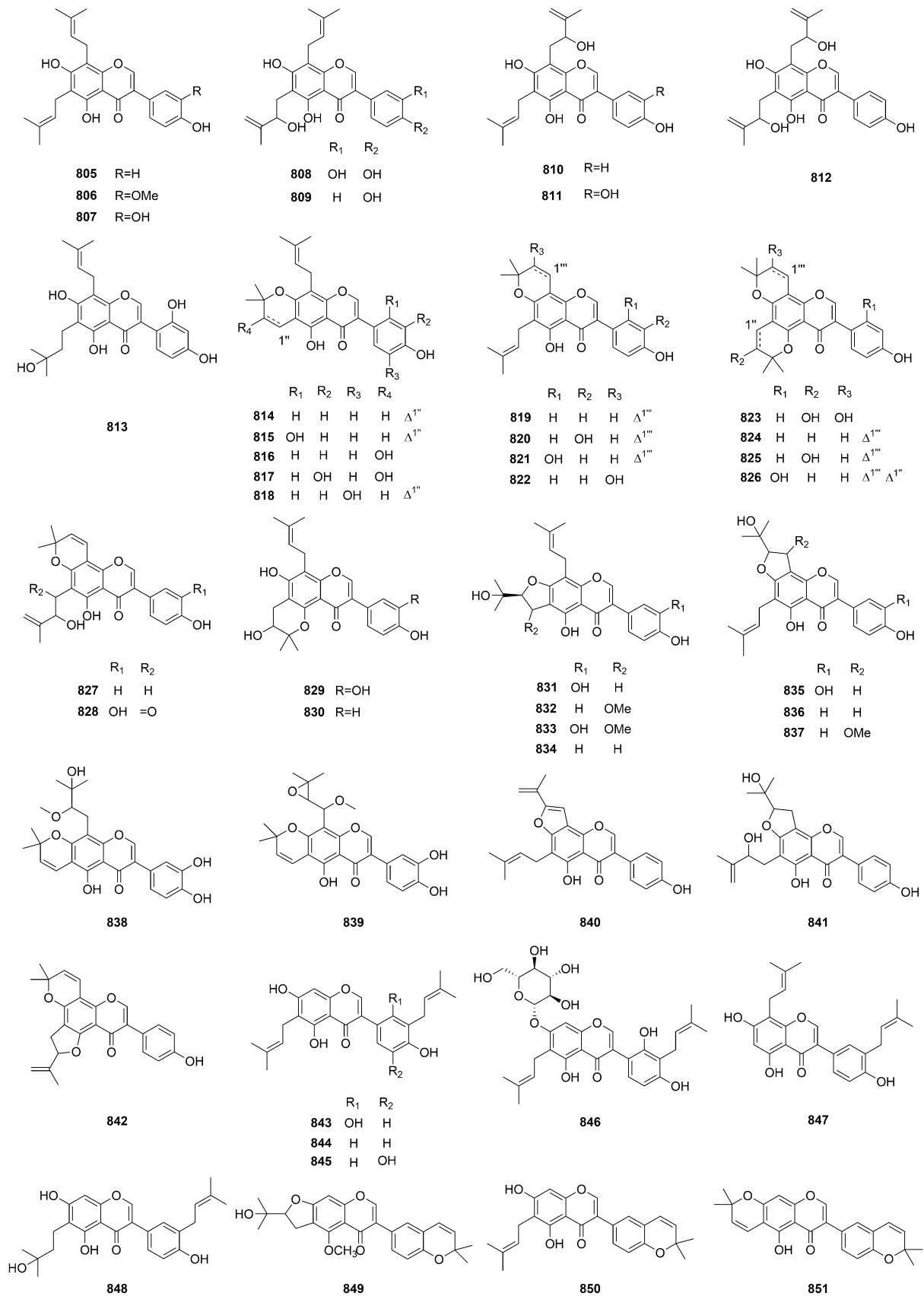


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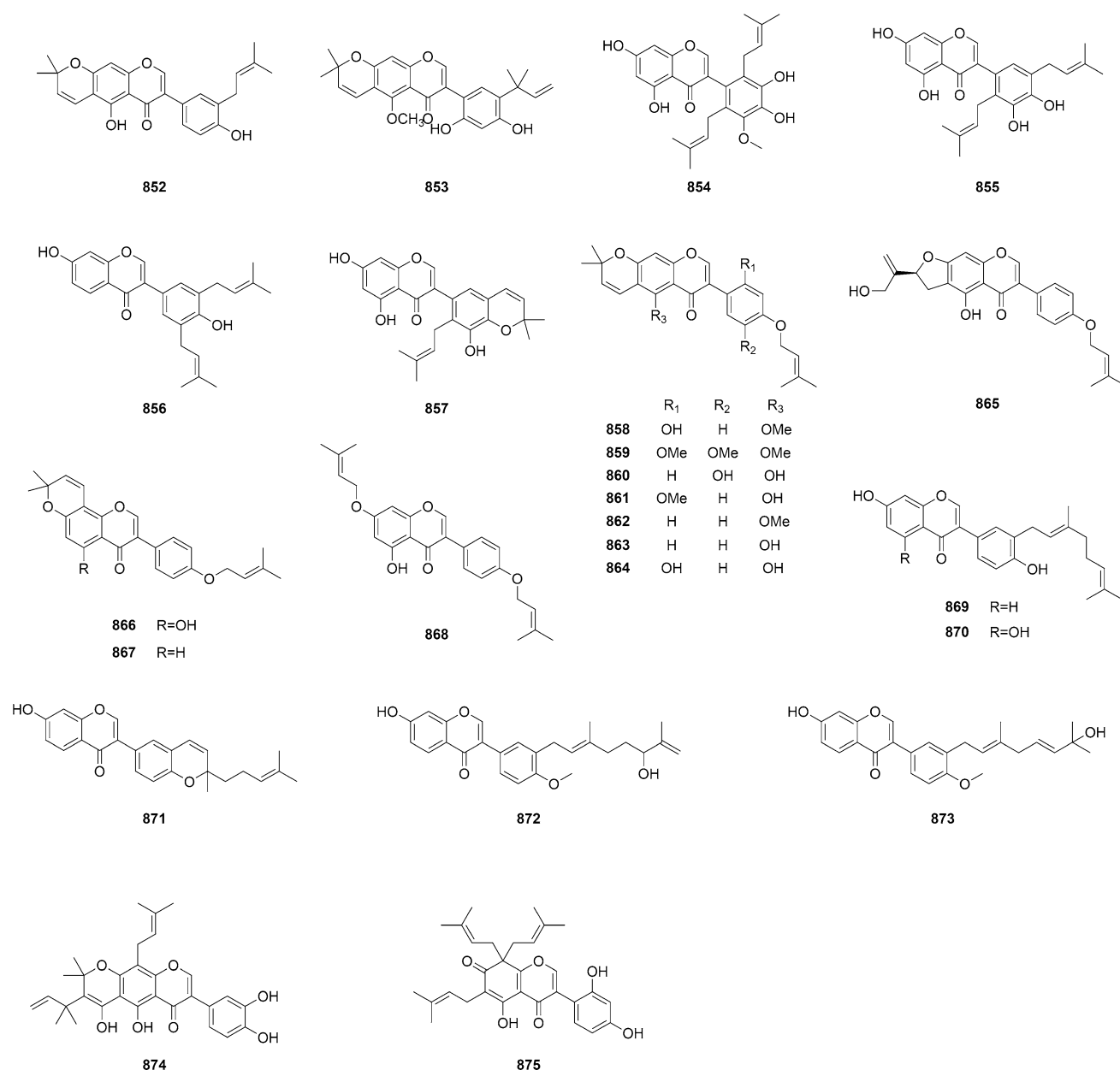


Fig. 11 (continued)

with a pyran or dihydropyran ring produced more potent inhibition than (2*S*)-7,4'-dihydroxy-3'-prenylflavan (**916**) and (2*S*)-kazinol I (**932**), respectively (Sun et al. 2016a).

Glyurallin A (**966**) (Fig. 13) is from *Glycyrrhiza uralensis* and exhibited cytotoxicity against SW480 cells with an IC<sub>50</sub> value of 10.86 μM (Tang et al. 2016). Thonningine A (**996**), asthonningine B (**997**), indicanine A (**998**), ficucaricones A (**999**) and B (**1000**), 3'',4''-dihydrothonningine C (**1001**), and indicanine B (**1004**) showed promising cytotoxic effects towards five human cancer cell lines HL-60, SMMC-7721, A-549, MCF-7, and SW480, with IC<sub>50</sub>

values ranging from 0.18 to 18.76 μM (Liu et al. 2019c). Alopecurone J (**1011**) (Fig. 14) exhibited cytotoxic activities against HeLa, HCT116, A2780, and A549 cells with IC<sub>50</sub> values ranging from 9.97 to 30.91 μM. (Soltani et al. 2020). Sanggenon E (**1025**) is from *Morus nigra* and showed cytotoxicity against THP-1 human monocytic leukemic cells with an IC<sub>50</sub> value of 4.0 μM. (Zelová et al. 2014).

According to the cytotoxic activities of aforementioned compounds, the general SARs of prenylated flavonoids was summarized in Figs. 15 and 16.



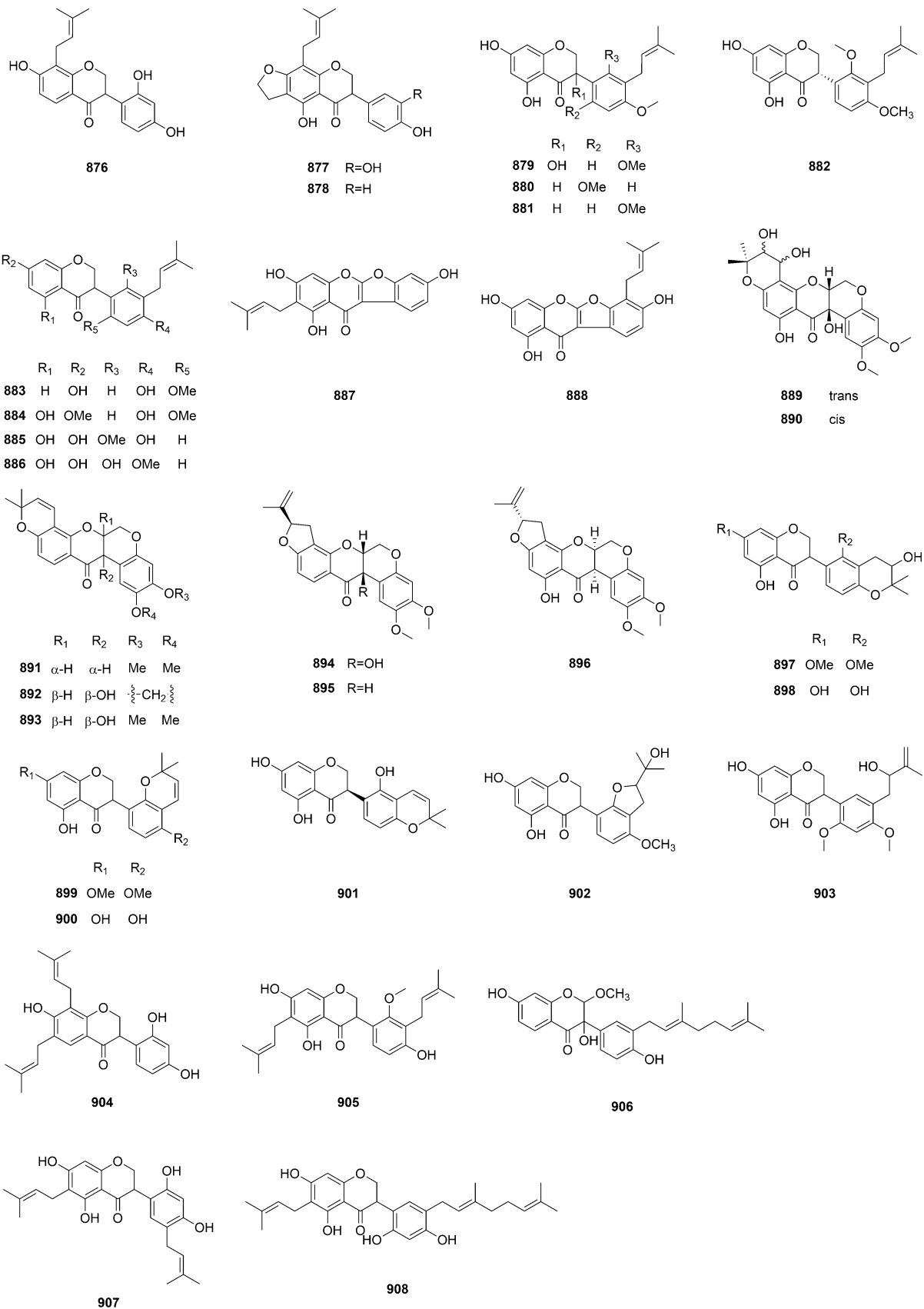
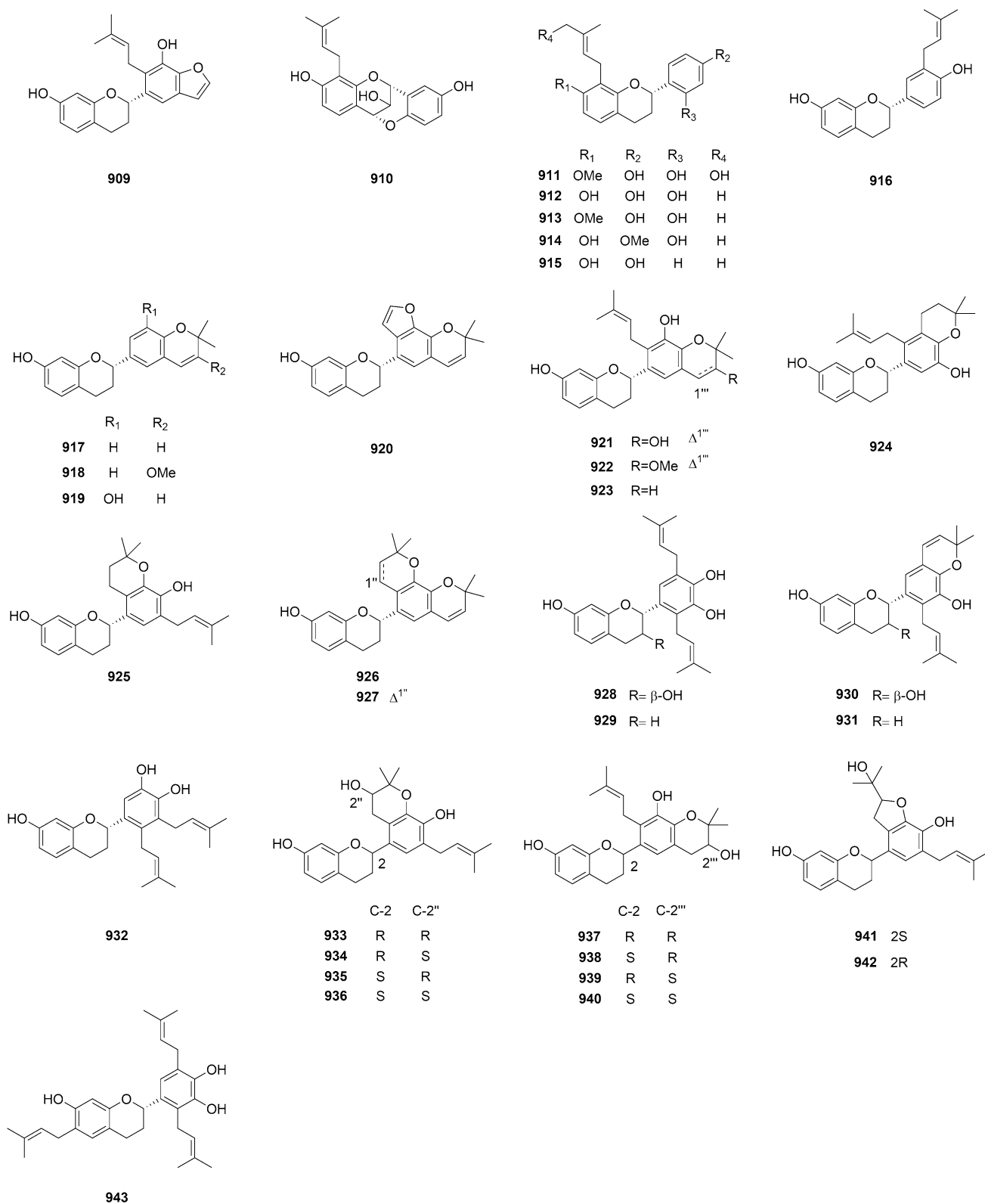


Fig. 11 (continued)



**Fig. 12** Chemical structures of prenylated flavans (**909–943**)

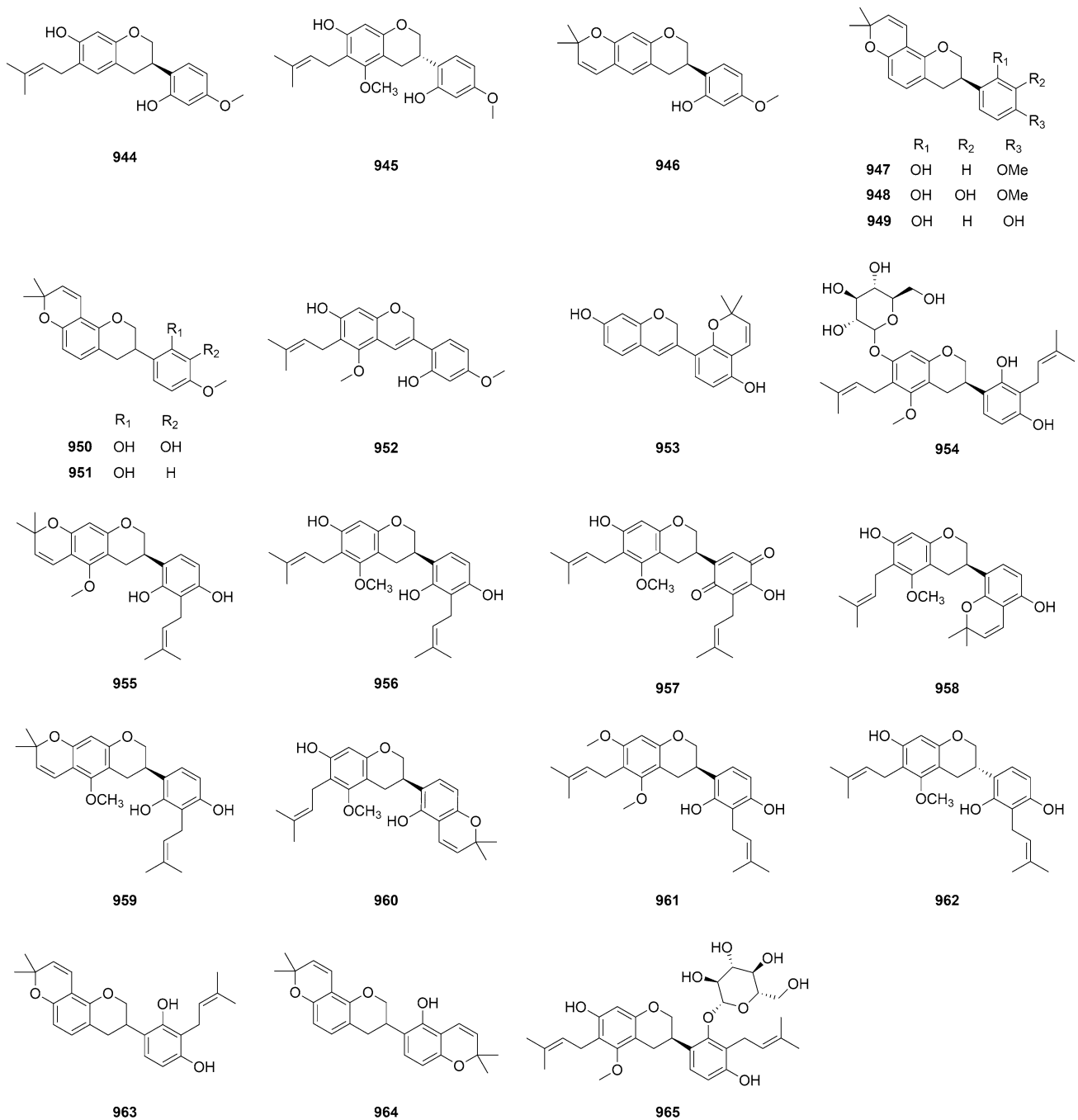


Fig. 13 Chemical structures of prenylated isoflavans (944–1005)

### Prenylated flavonoids with anti-inflammatory activity

Inflammation is a primary pathological process involved in the progression of various diseases. Many prenylated flavonoids exhibited promising anti-inflammatory activities and regulated the expression of various inflammatory cytokines and related proteins, such as nitric oxide (NO),

TNF- $\alpha$ , interleukins (ILs), induced NO synthase (iNOS), and NF- $\kappa$ B, etc. Anti-inflammatory effect of *Epimedium grandiflorum* was attributed to the presence of prenylflavonoid glycosides. The prenylated flavones desmethylicaritin (5), icaricide II (15), epimedigrandioside A (21), and korpeimeosides A (22) and B (23) from *Epimedium grandiflorum* possessed inhibitory activities against NF- $\kappa$ B and iNOS with IC<sub>50</sub> values ranging from 16.6 to 26.5  $\mu$ M and

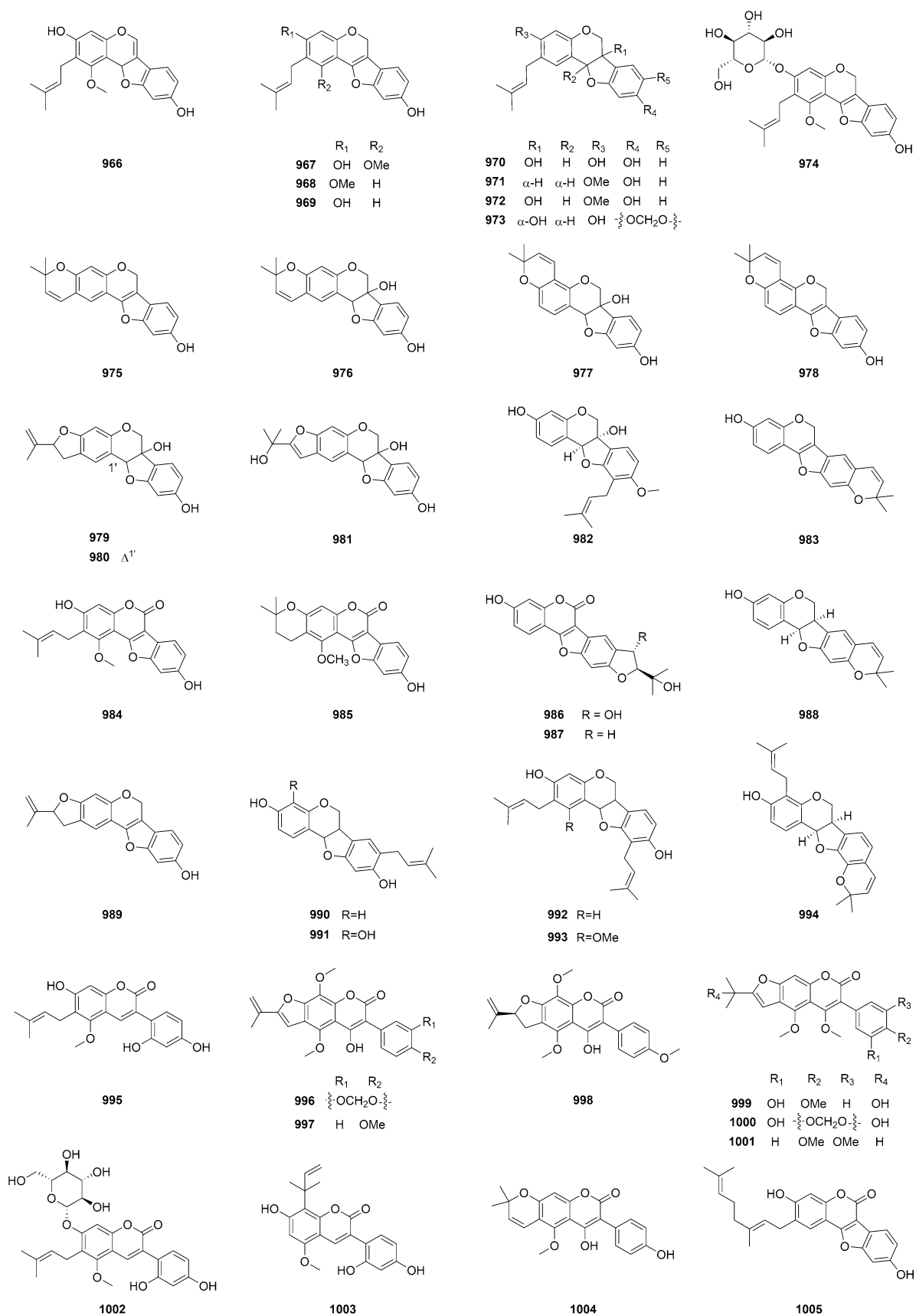


Fig. 13 (continued)

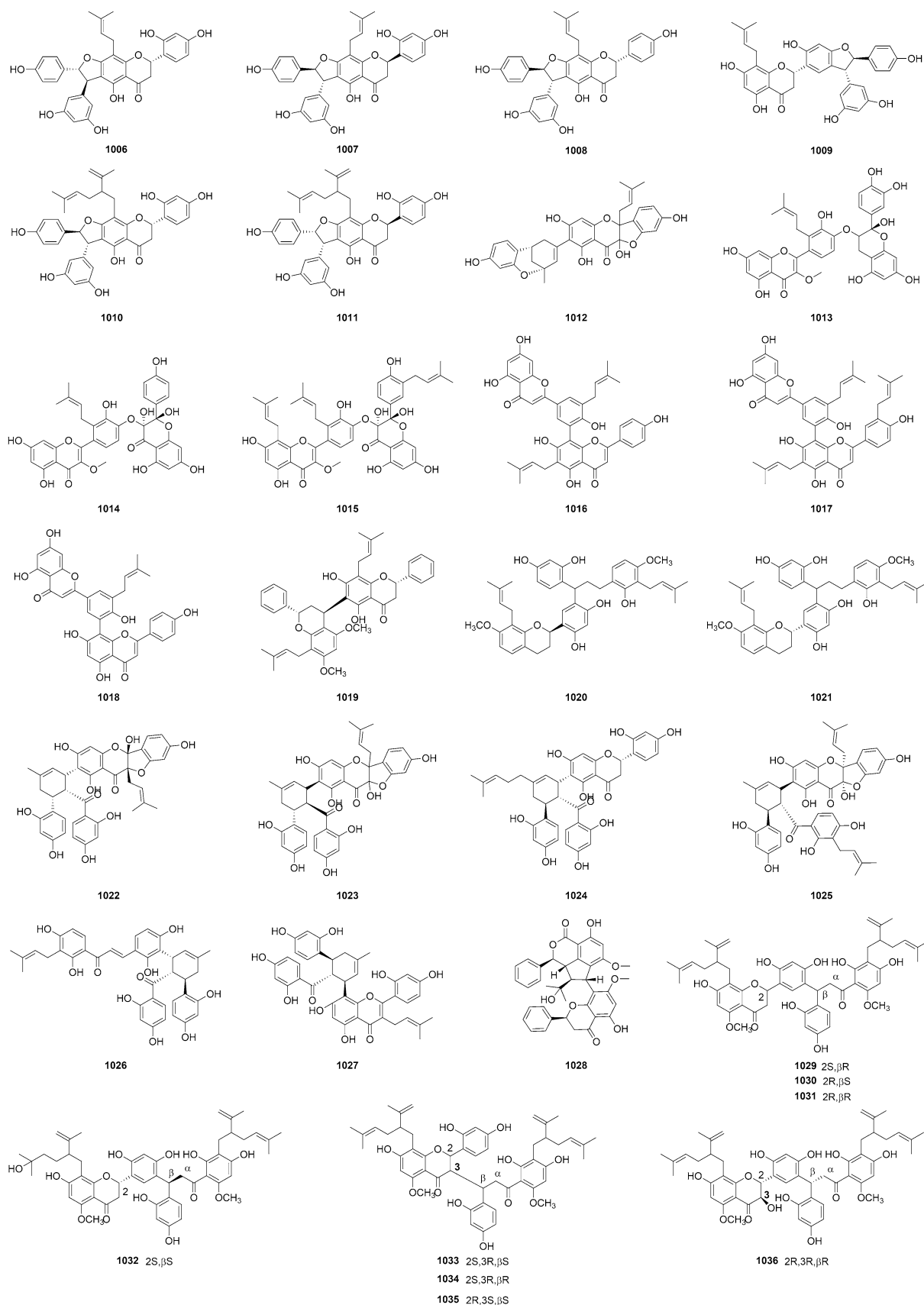


Fig. 14 Chemical structures of prenylated flavonostilbenes and biflavonoids (1006–1036)

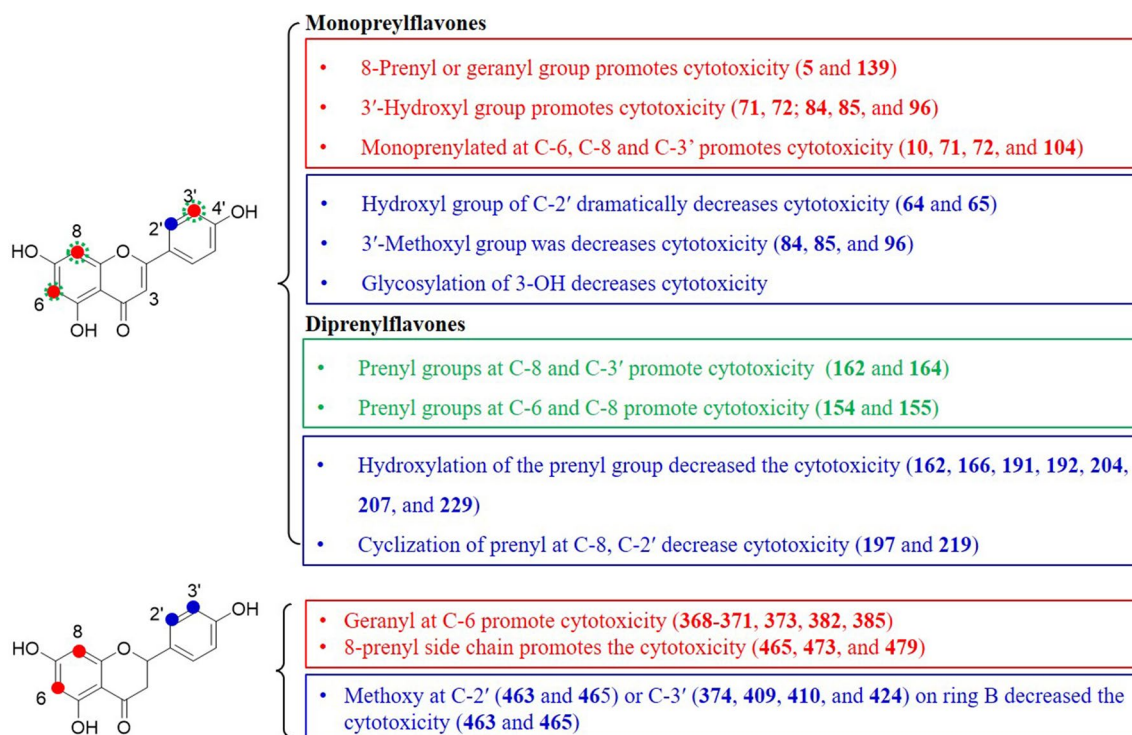


Fig. 15 SARs of prenylated flavonoids with cytotoxicity (I)

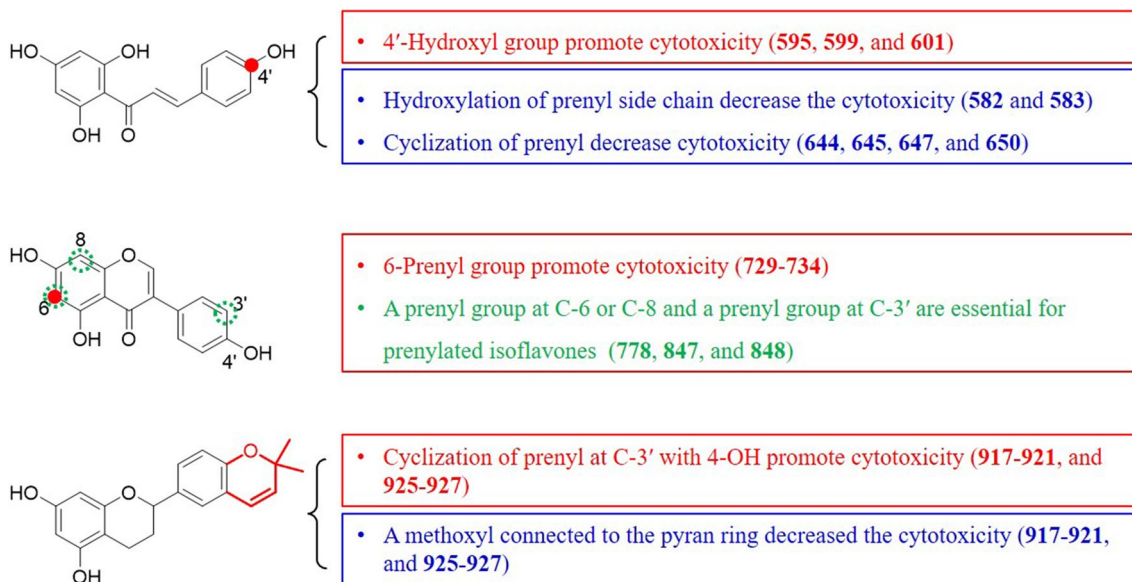


Fig. 16 SARs of prenylated flavonoids with cytotoxicity (II).

14.0 to 17.5  $\mu\text{M}$ , respectively. Epimodoside (19), epime-dokreanoside II (20), and epimedins I (40), K (41), and L (42) also exhibited inhibitory activities of iNOS with  $\text{IC}_{50}$  values of 14–30  $\mu\text{M}$ , respectively, however, they did not show any effect on NF- $\kappa\text{B}$  or transcription factor Sp-1 (Zulfiqar et al. 2017).

*Morus alba* has long been used in traditional Chinese medicine and the root bark of *M. alba*, named Sang-bai-pi, is listed as an important herb medicine in Chinese Pharmacopoeia. The prenylated flavones, albanin D (146), (7''R)-(-)-6-(7''-hydroxy-3'',8''-dimethyl-2'',8''-octadien-1''-yl)apigenin (147), 10-oxomornigrol F (190), 204,

2-(2,4-dihydrophenyl)-5-hydroxy-8-(hydroxymethyl)-8-methyl-3-(3-methyl-2-butenyl)-(9CI) (**205**), and mulberranol (**225**), and one chalcone, morachalcone A (**575**), isolated from the twigs of *Morus alba*, showed inhibitory activities against NO production with IC<sub>50</sub> values of 2.2 to 5.3 µg/mL in LPS-treated RAW 264.7 cells. Compounds **146**, **147**, **190**, **225**, and **575** reduced LPS-induced iNOS expression in a concentration-dependent manner. In addition, compounds **146**, **190**, and **225** significantly suppressed LPS-induced expression of COX-2 protein (Tran et al. 2017). Treatments of kuwanon T (**176**), **204**, **434**, sanggenol A (**435**), sanggenon A (**545**), sanggenon M (**546**), and kuwanon G (**1027**) at a dose of 100 µg/mL strongly inhibited the production of IL-6 with the inhibition values ranging from 90.9 to 99.1% in TNF-α stimulated MG 63 cells (Chang et al. 2019). Sanggenol L (**431**), isolated from the root bark of *Morus alba*, showed inhibitory effect against NO production with an IC<sub>50</sub> value of 12.5 µM in LPS-treated RAW 264.7 macrophages (Qin et al. 2015a).

Six cyclized geranylflavonoids (**237–242**) were isolated from the rhizomes of *Helminthostachys zeylanica*. (10*R*,11*S*)-ugonin S (**237**), ugonin V (**238**), ugonin W (**239**), and ugonin Y (**240**) exhibited NO inhibition with IC<sub>50</sub> values of 19.7, 18.0, 7.0, and 6.7 µM, respectively (Huang et al. 2017). Nymphaeol A (**386**), 3'-geranyl-naringenin (**437**), isonymphaeol-B (**438**), and nymphaeols B (**445**) and C (**446**), isolated from *Okinawa propolis*, repressed NO production with IC<sub>50</sub> values ranging from 2.4 to 7.0 µM and inhibited COX-2 activity with IC<sub>50</sub> values ranging from 11.74 to 24.03 µM in LPS-treated RAW 264.7 cells (Shahinozzaman et al. 2018).

The geranylated flavonoids from *Paulownia tomentosa* were evaluated for their ability to inhibit cyclooxygenases (COX-1 and COX-2). Mimulone (**369**), 3',4'-*O*-dimethyl-5'-hydroxydiplacone (**370**), **374**, **375**, and tomentodiplacone O (**411**) showed significant effects on COX-1 and COX-2 inhibition with IC<sub>50</sub> values range of 1.8–26.3 µM, comparable with the positive control ibuprofen with IC<sub>50</sub> values of 6.3 µM for COX-1, and 4.2 µM for COX-2, respectively. Compound **411** showed greater selectivity against COX-2 than ibuprofen, which is a relatively nonselective COX inhibitor. According to the SARs of the geranylated flavonoids, the unmodified prenylated side chain and substitution of ring B appeared to be crucial for the COX inhibitory activity of flavanones. What's more, these geranylated flavonoids were also evaluated for their inhibitory activities against 5-lipoxygenase (5-LOX). **374**, **375**, 3'-*O*-methyl-5'-methoxydiplacone (**371**), tomentone (**408**), and paulownione C (**415**) show inhibitory activities with IC<sub>50</sub> values of 0.05–2.46 µM. Compounds **374** and **375** both bearing two hydroxy groups on the ring B and an unmodified geranyl side chain showed inhibitory activities against 5-LOX almost 10 times greater than the

positive control zileuton (IC<sub>50</sub> value: 0.35 µM) (Hanáková et al. 2017). Additionally, **369** also named bonannione A was isolated from *Macaranga denticulata* (Zhang et al. 2016). Another study assayed the geranylated flavonoids (**373**, **379–382**, **394–398**, and **400–406**) from the fruits of *Paulownia tomentosa* were tested for inhibitory effect on human neutrophil elastase (HNE) in vitro which stimulates the release of inflammatory cytokines such as IL-6, IL-8, and other cytokines, exacerbating the inflammatory process. 3'-*O*-methyl-diplacone (**373**), 6-geranyl-5,7,3',5'-tetrahydroxy-4'-methoxyflavanone (**379**), prokinawan (**395**), tomentin J (**396**), isopaucatalinone B (**398**), and tomentin A (**400**) displayed potent inhibition with IC<sub>50</sub> values of 7.8, 3.3, 6.7, 6.3, 2.4, and 8.4 µM, respectively, showing more potent than the non-prenylated flavones quercetin (IC<sub>50</sub>: 14.3 µM), luteolin (IC<sub>50</sub>: 12.7 µM), and apigenin (IC<sub>50</sub>: 46.1 µM). The activities of the geranylated flavonoids indicated a positional requirement for the geranyl derivatives. However, hydroxylation at C-3 and methoxylation at C-5' might tend to reduce the HNE inhibitory potencies (Ryu et al. 2017).

A series of prenylated flavonoids (**154**, **501–503**, **665**, **681**, **687**, **805–807**, **818**, **819**, **855**, **857**, and **874**) from the roots of *Flemingia philippinensis* were evaluated for their HNE inhibitory activity. The results indicate that HNE inhibitory activity was significantly affected by subtle changes in the respective structures of the prenylated flavonoids. The 4'-hydroxy group in flavanones strongly affected the inhibition by comparing lupinifolin (**501**) (IC<sub>50</sub> = 13.3 µM) and flemichin D (**502**) (IC<sub>50</sub> = 5.3 µM) with khonklonginol H (**503**) (IC<sub>50</sub> = 110.2 µM). 8-γ,γ-Dimethylallylwightone (**805**) (IC<sub>50</sub> = 6.0 µM) with two prenyl groups on the A-ring was 9 times more effective than the non-prenylated compound genistein (IC<sub>50</sub> = 51.4 µM), which suggested the prenylation at the A-ring plays a pivotal role in HNE inhibition. Similar prenylation effects were also observed for flemingsin (**806**) (IC<sub>50</sub> = 12.0 µM) and osajin (**819**) (IC<sub>50</sub> = 26.0 µM). A comparison of 6,8-diprenylorobol (**807**) (IC<sub>50</sub> = 1.3 µM) with **819** (IC<sub>50</sub> = 26.0 µM) showed that the catechol motif of the B-ring significantly influences HNE inhibition. However, prenylation on the B-ring diminished the inhibitory activity by comparing genistein (IC<sub>50</sub> = 51.4 µM) with 5,7,3',4'-tetrahydroxy-2',5'-di(3-methylbut-2-enyl) isoflavone (**855**) (IC<sub>50</sub> = 213.1 µM) (Kim et al. 2018).

The prenylated chalcones (**646**, **648**, **653–655**, and **647**) were isolated from the roots of *Hedysarum gmelinii* and showed NO inhibition activities with IC<sub>50</sub> values ranging from 3.25 to 18.18 µM in LPS-treated BV-2 cells. Among them, hedysarumine B (**648**), paratocarpin F (**654**), and hedysarumine G (**655**) exhibited higher activities than the positive control dexamethasone (IC<sub>50</sub>: 9.47 µM), with IC<sub>50</sub> values of 5.12, 8.48, and 3.25 µM, respectively (Liu et al. 2018c).

Fruits of *Ficus carica* have been consumed as a very popular health-promoting fruit worldwide since ancient times. A series of prenylated isoflavone derivatives were separated from the fruits of *F. carica*. Among these isolated compounds, **730**, **741**, and **997–1000** showed stronger inhibitory effects against NO production with IC<sub>50</sub> values below that of positive control hydrocortisone, while the other compounds (**732–734**, **996**, **1001**, and **1004**) exhibited weaker inhibitory effects against NO production by comparison with that of hydrocortisone. The compounds with the hydrogen atom at C-3', the 2-propan-2-ol group at C-2'', and the furan ring were more likely to hold significant inhibitory effects against NO production by comprehensive analysis of the structures and the inhibitory activities of **997**, **996**, **1001–1000**, and **1004**. The compounds with a *para*-disubstituted benzene ring were more likely to possess potent inhibitory effects against NO production by comparing the structures of **730–734** (Liu et al. 2019c).

Two diprenylated isoflavones, **819** and pomiferin (**820**), isolated from the fruit of *Maclura pomifera*, exhibited inhibitory activities against NF- $\kappa$ B with IC<sub>50</sub> values of 12.0 and 13.0  $\mu$ g/mL in SW1353 cells and against iNOS with values of 7.2 and 6.4  $\mu$ g/mL in LPS-treated macrophages, respectively. Compounds **819** and **820** also enhanced the activity of NAG-1 by 1.8- and 1.5-fold increases at 6.0  $\mu$ M, respectively, whereas **820** inhibited intracellular oxidative stress with an IC<sub>50</sub> of 3.3  $\mu$ g/mL (Abourashed et al. 2015). A prenylated flavonostilbene cajanusflavanol A (**1028**) featuring a unique highly functionalized cyclopenta[1,2,3-*de*]isobenzopyran-1-one tricyclic core possessed inhibitory effect against NO production with an IC<sub>50</sub> value of 13.62  $\mu$ M (He et al. 2018).

### Prenylated flavonoids with antihyperglycemic activity

Postprandial hyperglycaemia is an important risk factor in the onset and development of type 2 diabetes. Inhibition of  $\alpha$ -glucosidase would delay the digestion as well as absorption of carbohydrates, which consequently, suppress the postprandial hyperglycaemia. Prenylation of flavonoids increased the potency of  $\alpha$ -glucosidase inhibition. 6-Prenylquercetin (**70**) and **71** from *Glycyrrhiza uralensis* leaves showed  $\alpha$ -glucosidase inhibitory activities with IC<sub>50</sub> values of 3.7 and 21.3  $\mu$ g/mL, respectively (Fan et al. 2019). Hirtacoumaroflavonoside (**77**) act as a noncompetitive  $\alpha$ -glucosidase inhibitor with an IC<sub>50</sub> value of 22  $\mu$ M (Sheliya et al. 2015). Hirtaflavonoside B (**157**) showed  $\alpha$ -glucosidase inhibitory activity with an IC<sub>50</sub> value of 71  $\mu$ M and acted in a mixed noncompetitive inhibitory pattern (Sheliya et al. 2015). **207** and dioxycudraflavone A (**229**) also exhibited  $\alpha$ -glucosidase inhibitory activities with IC<sub>50</sub> values of 23.2 and 25.27  $\mu$ M, respectively (Li et al. 2018).

6-Prenyleryiodictyol (**266**), 6-prenylnaringenin (**267**), and 5'-prenyleryiodictyol (**312**) showed  $\alpha$ -glucosidase inhibitory activities with IC<sub>50</sub> values of 27.5, 15.4 and 53.4  $\mu$ g/mL, respectively (Fan et al. 2019). Three 8-prenylflavonones euchenone a7 (**279**), 8-prenylnaringenin (**280**), and isoxanthohumol (**281**) from *Morus alba* and *H. lupulus* showed inhibition activities against  $\alpha$ -glucosidase with IC<sub>50</sub> values of 6.28, 50, and 40  $\mu$ M, respectively (Wang et al. 2022; Yang et al. 2012). 4',1''-Dihydroxy-3'-methoxy-6,7-furanflavanone (**349**) is from the seeds of *Psoralea corylifolia* and exhibited inhibitory activity on  $\alpha$ -glucosidase with an IC<sub>50</sub> value of 53.1  $\mu$ M, lower than the positive control acarbose (IC<sub>50</sub> = 214.5  $\mu$ M) (Fei et al. 2020). Four geranylated flavonones nymphaeol A (**367**), **437**, **438**, and **445**, isolated from *Okinawa propolis*, strongly suppressed *in vitro*  $\alpha$ -glucosidase enzyme activity with IC<sub>50</sub> values of 3.77–5.66  $\mu$ M (Shahinozzaman et al. 2018). Kushenols E (**460**), L (**461**), and A (**526**) inhibited  $\alpha$ -glucosidase activity with IC<sub>50</sub> values of 24.6, 32.6, and 50.6  $\mu$ M, respectively. **460** showed an uncompetitive inhibitory pattern, whereas **461** and **526** had a noncompetitive binding mechanism (Kim et al. 2017). Kushenol B (**554**) inhibited  $\alpha$ -glucosidase activity in an uncompetitive inhibitory pattern with an IC<sub>50</sub> value of 11.0  $\mu$ M (Kim et al. 2017). **579** showed  $\alpha$ -glucosidase inhibitory activity with an IC<sub>50</sub> value of 47  $\mu$ M below that of positive control acarbose (IC<sub>50</sub> = 58  $\mu$ M) (Wang et al. 2022). 5,3',4'-trihydroxy-1''-methoxy-6,7-furanbavachalcone (**609**) is from the seeds of *Psoralea corylifolia* and exhibited inhibitory activity on  $\alpha$ -glucosidase with an IC<sub>50</sub> value of 90.3  $\mu$ M. The IC<sub>50</sub> value of the positive control acarbose was 214.5  $\mu$ M (Fei et al. 2020). A phytochemical investigation of *Masclura tricuspidata* leaves resulted in the isolation of 47 prenylated isoflavonoids. They were evaluated for their  $\alpha$ -glucosidase inhibitory and anti-glycation activities. Most isoflavonoids showed good inhibitory activity against  $\alpha$ -glucosidase, with IC<sub>50</sub> values of < 30.0  $\mu$ M. Among the isolates, gancaonin M (**698**), millewanin G (**808**), erysenegalensein E (**810**), and cudracusisoflavone L (**812**) showed strong  $\alpha$ -glucosidase inhibition with IC<sub>50</sub> values of 8.2, 3.2, 4.2, and 8.9  $\mu$ M, respectively. The prenylated isoflavonoids were further divided into one linear prenyl moiety, two linear prenyl moieties, one cyclized prenyl moiety, and two prenyl moieties with one linear and one cyclized type. Comparing the type of prenyl group, the inhibitory activity was stronger in isoflavonoids with linear prenyl group than cyclized ones. The addition of the hydroxyl group to the prenyl group increased the inhibitory effects, while the addition of the OCH<sub>3</sub> group caused a decrease in the inhibitory effect. The molecular docking analysis also supported the aforementioned speculation (Jo et al. 2021).

Peroxisome proliferator-activated receptor- $\gamma$  (PPAR- $\gamma$ ) belongs to the nuclear hormone receptor superfamily that



function as ligand-inducible transcription factors modulating the expression of target genes involved in controlling glucose homeostasis, lipid metabolism and inflammation. 22 prenylated flavonoids, isolated from *Psoralea corylifolia*, were screened on the PPAR- $\gamma$  agonist activity. Bavachin (**273**), bavachinin (**277**), 4'-*O*-methylbavachalcone (**573**), broussochalcone B (**574**), and corylifol A (**869**) exhibited potent PPAR- $\gamma$  agonist activation from 6.16-fold to 13.12-fold at a test concentration of 25  $\mu$ M. Substituting methoxyl at C-7 of A-ring to hydroxyl, such as **273** and **574**, reduced PPAR- $\gamma$  agonist activation compared to **277** and **573**, indicating that the methoxyl in the C-7 position of A-ring is crucial for PPAR- $\gamma$  agonist activity. Isobavachin (**289**) and isobavachalcone (**575**) show less PPAR- $\gamma$  agonist activity than **273** and **574**, suggesting that the prenyl in the C-6 position of A-ring may contribute to their agonist activities. **573** and **574** showed less PPAR- $\gamma$  agonist activity than **273** and **274**, which indicated that the C-ring structure is an important determinant for PPAR- $\gamma$  agonist activity, opening the C-ring results in remarkably lower activity. In addition, the cyclization of the prenyl group on the A-ring and B-ring also markedly reduced PPAR- $\gamma$  agonist activity (Fig. 17) (Ma et al. 2016).

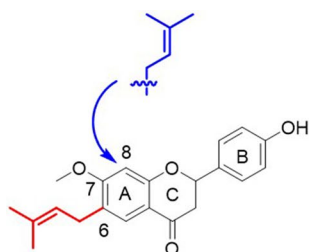
Protein tyrosine phosphatase 1B (PTP1B), a negative regulator in the insulin signaling pathway, was evidenced as a promising drug target for type 2 diabetes. The prenylated flavonoids, macarangin (**143**), bonannione A (**337**), bonanniol A (**378**), (2*E*)-1-(5,7-dihydroxy-2,2,6-trimethyl-2*H*-benzopyran-8-yl)-3-(4-methoxyphenyl)-2-propen-1-one (**588**), (2*E*)-1-(5,7-dihydroxy-2,2-dimethyl-2*H*-benzopyran-8-yl)-3-phenyl-2-propen-1-one (**589**), and laxichalcone (**656**), from *Macaranga denticulate* showed potential inhibitory activities against PTP1B in vitro with an IC<sub>50</sub> value of 22.7, 14.0, 15.2, 48.8, 19.3, and 20.7  $\mu$ M, respectively (Zhang et al. 2016). **166**, cudraflavone C (**167**), cudraflavanone D (**472**), and euchrestafavanone C (**510**) derived from the roots of *Cudrania tricuspidata*, showed PTP1B inhibitory activities with IC<sub>50</sub> values of 13.6, 9.4, 5.7, and 12.3  $\mu$ M, respectively (Quang et al. 2015). Five prenylated flavonoids, morunigrol A (**174**), **204**, cudraflavone B (**228**), and morunigrols C (**248**) and B (**249**), from *Morus nigra* exhibited PTP1B inhibitory activity with IC<sub>50</sub> values of 12.5, 22.1, 20.0, 7.7 and 5.3  $\mu$ M, respectively (Qu et al. 2021).

Aldose reductase mediates the first step of the “polyol pathway” by reducing glucose to sorbitol through a NADPH-dependent reaction. Under hyperglycemic conditions, it tended to cause excessive accumulation of sorbitol which might finally promote the formation of advanced glycation end-products (AGEs) by decrease the cell's antioxidative capabilities. The AGEs could lead to diabetic complications, such as microangiopathies, nephropathies, retinopathies, peripheral neuropathies and cataract. Aldose reductase inhibitors possessed the potential to prevent or control the onset of these diabetic complications. **280**, **281**, and **579** are potent tight-binding inhibitors of human aldose reductase AKR1B1 with IC<sub>50</sub> values of 0.81, 0.57, and 9.11  $\mu$ M and Ki values of 0.30, 0.17, and 5.29  $\mu$ M, respectively, using glyceraldehyde as a generic substrate. The IC<sub>50</sub> and Ki values of three inhibitors against AKR1B1 were 1.87, 0.88, and 29.17  $\mu$ M, and 0.71, 0.34, and 15.08  $\mu$ M, respectively, when applied glucose as a generic substrate. **280** and **579** inhibited AKR1B1 in a non-competitive fashion, whereas **281** displayed the typical pattern of an uncompetitive inhibitor. All three inhibitors exhibit a 4'-OH group which indicated a 4'-OH group is crucial for the inhibition of AKR1B1. **280** (IC<sub>50</sub>=0.81  $\mu$ M) exhibited an inhibitory potency that is 7.6 times greater as compared to that of **267** (IC<sub>50</sub>=6.2  $\mu$ M), applying glyceraldehyde as substrate. It suggested that prenyl moiety at the C-8 position played an important role in aldose reductase inhibition. The efficacy of **280** (IC<sub>50</sub>=1.87  $\mu$ M) and **281** (IC<sub>50</sub>=0.88  $\mu$ M) is 15–34 times greater than that of **579** (IC<sub>50</sub>=29.17  $\mu$ M), which indicated that the C-ring structure is an important determinant for aldose reductase inhibition, opening C-ring results in remarkably lower activity (Seliger et al. 2018; Shim et al. 2009). A series of prenylated isoflavonoids (**698**, **705**, **727**, **745**, **760**, **799**, **808**, **809**, **832–834**, and **835**) from *M. tricuspidata* leaves efficiently inhibited methylglyoxal- or glyoxal-induced AGEs formation, which can be considered as promising candidates for the treatment of several diabetic complications (Jo et al. 2021).

### Prenylated flavonoids with antioxidant activity

6-Prenylated-3,5,7,4'-tetrahydroxy-2'-methoxyflavonol (**69**), isolated from *Chlorophora regia*, exhibited remarkable

**Fig. 17** SARs of prenylated flavonoids with PPAR $\gamma$  agonist activity



- Cyclization of 6-prenyl or replacement of 6-prenyl by 8-prenyl decrease the agonist effect substantially
- Replacement of 7-OMe by 7-OH decrease the agonist effect
- Opening C-ring decrease the agonist effect

free radical scavenging properties with an IC<sub>50</sub> value of 2.8 µg/mL (Kyekyeku et al. 2016). **70**, 5'-prenylquercetin (**102**), **266**, **312**, and 8-[(E)-3-hydroxymethyl-2-butenyl]-eriodictyol (**323**) from *Glycyrrhiza uralensis* leaves scavenged DPPH radicals with an EC<sub>50</sub> value of 2.4, 3.6, 5.2, 8.7, and 2.3 µg/mL (Fan et al. 2019). **72** exhibited weak DPPH scavenging activity with an IC<sub>50</sub> value of 0.34 mg/mL (ascorbic acid as a positive control, IC<sub>50</sub>=0.07 mg/mL) (Kırmızıbekmez et al. 2015). The prenylated flavonoids (**84**, **267**, **308**, and **332**) and several non-prenylated flavonoids isolated from *Eleocharis tuberosa* were evaluated for antioxidant activity by the reducing power assay and DPPH radical scavenging assay. The result indicated that the flavonoids, **84**, eleocharins C (**308**), and B (**332**), with a 3',4'-dihydroxylated B ring had strong antioxidant activity, and the activity decreased when the hydroxyl of B-ring was substituted with methoxy. The prenylation of flavonoids did not affect the antioxidant activity of flavonoids (Luo et al. 2014). Elastixanthone (**97**), **202**, and cycloartobiloxanthone (**217**) identified in the bark of *Artocarpus elasticus*, displayed significant scavenging activity for DPPH with an IC<sub>50</sub> value of 21.6, 11.5, and 40.0 µg/mL (Ramli et al. 2016). Artocarpin (**169**), 3'-hydroxycycloartocarpin (**182**), and pyranocycloartobiloxanthone A (**232**) are from the leaves and heartwoods of *Artocarpus anisophyllus* and showed DPPH radical scavenging activity with SC<sub>50</sub> values of 140.0, 152.9, and 20.2 µg/mL, respectively. (Abdul Lathiff et al. 2015). The antioxidant activities of sixteen prenylated flavonoids from *Artocarpus altilis* were assessed to scavenge DPPH, ABST, and superoxide anions. Artogomezianon (**179**) and isocycloartobiloxanthone (**230**) exhibited ABTS activities with IC<sub>50</sub> values of 36.9 and 7.2 µM, respectively, while **179** had an IC<sub>50</sub> value of 39.7 for superoxide anion scavenging activity. Artoflavone A (**209**), hydroxyartoflavone A (**210**), and **230** showed DPPH scavenging activities, with IC<sub>50</sub> values of 53.5, 20.9, and 33.9 µM, respectively (Lan et al. 2013). A diprenylflavone, 3,5,2',4'-tetrahydroxy-6'',6''-dimethylpyrano(2'',3'':7,6)-8-(3''',3'''-dimethylallyl) flavone (**195**), from the roots of *Eriosema chinense* show strong DPPH scavenging activities with an IC<sub>50</sub> value of 35 µM (Thongnest et al. 2013). Cycloheterophyllin (**258**) and 2',4'-dihydroxy-3,4-(2'',2''-dimethylchromeno)-3'-prenyldihydrochalcone (**688**) showed antioxidant activity towards DPPH with SC<sub>50</sub> value of 102.8 and 223.8 µM (Abdullah et al. 2017). Mildbone (**341**) and mildbenone (**593**) were from *Erythrina mildbraedii* and showed potent DPPH scavenging activities with IC<sub>50</sub> values of 20.2 and 28.5 µM, stronger than the positive control (BHA, IC<sub>50</sub> value: 44.2) (Ali et al. 2012). Two derivatives, 1-(2,4-dihydroxyphenyl)-3-[8-hydroxy-2-methyl-2-(4-methyl-3-pentenyl)-2 H-1-benzopyran-5-yl]-1-propanone (**672**) and 2-geranyl-2',3,4,4'-tetrahydroxydihydrochalcone (**673**), from *Artocarpus altilis* showed DPPH scavenging activities with IC<sub>50</sub> values of 82.2 and 82.4 µM, respectively

(Huong et al. 2012). Excelsanone (**694**) and 6,8-diprenylgenistein (**805**) from *Erythrina excelsa* possessed actives for DPPH radical scavenging with IC<sub>50</sub> values of 1.31 and 0.07 mg/mL, respectively (Gbaweng et al. 2020). Thonningisoflavone (**781**) is from *Ficus thonningii* and showed strong DPPH radical scavenging activity with an IC<sub>50</sub> value of 65.5 µM (Fongang et al. 2015). Iconisoflavan (**945**), iconisoflavan (**952**), licorisoflavan A (**961**), (3 S)-licoricidin (**962**), and glycycomarin (**995**), isolated from the roots of *Glycyrrhiza uralensis*, exhibited weak DPPH scavenging activity with IC<sub>50</sub> values of 0.29, 0.18, 0.56, 0.32, and 0.47 mg/mL, respectively (ascorbic acid as a positive control, IC<sub>50</sub>: 0.07 mg/mL) (Kırmızıbekmez et al. 2015).

Sophoflavanones A (**539**) and B (**540**) from the roots of *Sophora flavescens* exhibited antioxidant activities against Fe<sup>2+</sup>/cysteine-induced toxicity at a concentration of 0.1 µM with inhibitory values of 71.65% and 72.49%, respectively (vitamin C as a positive control:87.83%) (Zhu et al. 2018). The diprenylisoflavones 5,7,3',4'-tetrahydroxy-6,8-diprenylisoflavone (**807**) and **818** from *Flemingia philippinensis* showed antioxidant activities with ferric reducing antioxidant power values of 4338 and 2977 µmol/g, respectively (Fu et al. 2012).

In general, the antioxidant activity of prenylated flavonoids shows a close relationship with the number and position of hydroxyl groups. The catechol motif of B ring had strong antioxidant activity, and the activity decreased when the hydroxyl of B-ring was substituted with methoxy. Additionally, the prenylation of flavonoids did not affect the antioxidant activity of flavonoids.

### Prenylated flavonoids with antibacterial activity

Compound **204** showed a potent antibacterial effect by disrupting the phospholipid-repair system and inhibiting the phosphatidic acid biosynthesis pathway of *Staphylococcus aureus* (Pang et al. 2019). (±)-5,4'-dihydroxy-2'-methoxy-6',6''-dimethylpyraro-(2'',3'':7,8)-6-methylflavanone (**338**) from the traditional Chinese medicine *Tripterygium wilfordii* showed significant antimicrobial activities against *S. aureus* and methicillin-resistant *S. aureus*, with IC<sub>50</sub> values of 2.60 and 2.07 µg/mL, respectively. Another compound **467** exhibited antimicrobial activities against *Cryptococcus neoformans*, *Pseudomonas aeruginosa*, vancomycin-resistant *Enterococcus faecalis*, and methicillin-resistant *S. aureus* with IC<sub>50</sub> values of 2.95, 8.59, 4.32, and 4.47 µg/mL, respectively (Chen et al. 2017). **501** inhibited the growth of *S. aureus* with MIC and MBC values of 8 and 16 µg/mL, respectively, by damaging the bacterial cytoplasmic membrane (Yusook et al. 2017). **501** resisted the activity of multidrug resistant enterococci with antibiofilm-producing activity, increasing membrane permeability and causing loss of salt tolerance (Sianglum et al. 2019). **579** possessed antimicrobial

activities against *S. aureus* (T28.1, T25.10, T26A4, 08143), *Trypanosoma brucei*, and *Leishmania mexicana* with MIC values of 6.8–55.0  $\mu\text{M}$  (Bocquet et al. 2019).

Several monoprenylated isoflavonoids exhibited potent natural antifungal against *Z. parvabailii* acting by severely compromising the membrane integrity, fifteen (690, 734, 735, 777, 778, 949, 951–953, 968–970, 975, 978, and 989) of which showed moderate to good antifungal activity against *Z. parvabailii* (MIC  $\leq$  50  $\mu\text{g}/\text{mL}$ ) at pH 6.5. Wightone (734), luteone (735), and glabridin (949) showed the highest antifungal activities with MICs of 3.13–6.25, 12.5, and 6.25–12.5  $\mu\text{g}/\text{mL}$ . The fungicidal activity of 734 and 949 was 4–8 times higher than that of polygodial (MIC 50  $\mu\text{g}/\text{mL}$ ) at pH 6.5, the most potent natural agent against *Z. parvabailii* reported so far. However, the diprenylated isoflavones (805 and 854) and diprenylated flavonone (466) did not exert any antifungal activity (MIC  $\gg$  25  $\mu\text{g}/\text{mL}$ ). A brief SARs of prenylated flavonoids was shown in Fig. 18 (Kalli et al. 2022). The isoflavans licoricidin (956), 961, and licorisoflavans C–E (958–960) showed marked antibacterial activities against *P. gingivalis* with MIC value range of 1.56–12.5  $\mu\text{g}/\text{mL}$ . Cyclization of a single prenyl group could reduce the activity against *P. gingivalis* by comparing the MIC values of 958–960 with those of 956 and 961 (Vilinski et al. 2014). The prenylated isoflavans (945, 952, 962, and 961) from the roots of *Glycyrrhiza iconica* showed antimicrobial activity against *Salmonella typhimurium* ATCC 13,311 with MIC values of 2–16  $\mu\text{g}/\text{mL}$  (Kırmızıbekmez et al. 2015).

### Prenylated flavonoids with antimalarial activity

The prenylated flavonoid scaffolds can be considered as promising skeletons for antiplasmodial activity. Monoprenylated flavonones, 4'-*O*-Methyl-sigmoidin B (290), abyssinin II (291), sigmoidin B (292), abyssinoflavone IV (322), exhibited antiplasmodial activity with IC<sub>50</sub> values

of 4.37, 6.87, 7.14, and 7.96  $\mu\text{M}$ , respectively. Diprenylated flavonone, sigmoidin A (477), abyssinin III (489), sigmoidin F (513) and abyssinoflavone V (514), exhibited antiplasmodial activity with IC<sub>50</sub> values 3.02, 2.32, 2.29, and 9.51  $\mu\text{M}$ , respectively. However, sigmoidins C (345) and D (346), and erylatissin G (347) show weak antiplasmodial activity, indicating that cyclization of the prenyl side chain would dramatically decrease the antiplasmodial activity (Tuenter et al. 2019). Tripteryols B (467) and A (508) from *Tripterygium wilfordii* were active against chloroquine-sensitive D6 and resistant W2 clones of *Plasmodium falciparum* with IC<sub>50</sub> values in the range of 3.15–4.63  $\mu\text{g}/\text{mL}$ . A novel flavan-4-ol analogue rhodiflavan C (548) bearing an unprecedented five-membered A-ring bearing two prenyl groups at C<sub>8</sub> and a pair of rare diastereomers rhodiflavans A (549) and B (550) possessing a chromene-5,7-dione unit and three prenyl substitutions at the A ring were isolated from *Tephrosia rhodesica*. They exhibited antiplasmodial activity against the 3D7 strain of *Plasmodium falciparum* with an IC<sub>50</sub> values of 7.0, 7.3, and 5.7  $\mu\text{g}/\text{mL}$  (Atilaw et al. 2020).

### Other active prenylated flavonoids

Methoxycyclocommunol (113) and cudraflavone C (167), isolated from the bark of *Artocarpus integer*, exhibited strong PGE2 inhibitory activity with IC<sub>50</sub> values of 4.3 and 0.07  $\mu\text{M}$ , respectively, in LPS-treated human whole blood (Shah et al. 2016). Kushenol X (141), Kurarinone (522) and kushenol C (523), 2-[(2'-(1-Hydroxy-1-methylethyl)-7'-(3-methyl-2-butenyl)-2',3'-dihydrobenzofuran)-5-yl]-7-hydroxy-8-(3-methyl-2-butenyl)chroman-4-one (558) exhibited dose-dependently inhibitory activities of hCE 2 with IC<sub>50</sub> values of 3.05, 1.46, 2.61, and 1.13  $\mu\text{M}$ , respectively, and were proven to be uncompetitive inhibitors with Ki values of 1.72, 1.73, 0.79, and 1.59  $\mu\text{M}$  and Km values of 5.41, 2.08, 3.10, and 2.74  $\mu\text{M}$ , respectively. Comparison

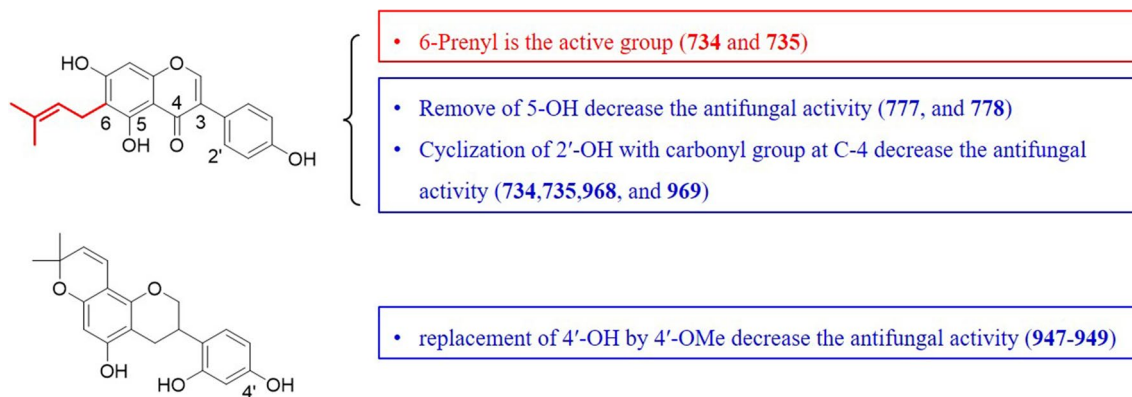


Fig. 18 SARs of prenylated flavonoids with antifungal activity against *Z. parvabailii*

of their structures and molecular docking results suggested the hydroxy groups of C-4' and C-7 and ketone carbonyl group at C-4 in flavonoids were important for their inhibitor activities. (Song et al. 2019).

Tyrosinase inhibitors are important substances to treat abnormal pigmentation disorders, such as melasma, age spots and sites of actinic damage, arising from the accumulation of an excessive level of epidermal pigmentation. Artogomezianone (**179**) and cudraflavone A (**231**) repressed melanin production by suppressing tyrosinase activity with IC<sub>50</sub> values of 84.8 and 88.4 μM, respectively (Lan et al. 2013). **232** inhibited tyrosinase activity with an IC<sub>50</sub> value of 60.5 μg/mL (Abdul Lathiff et al. 2015). Artonin M (**261**) is from the dried heartwood of *Artocarpus altilis* and repressed melanin production by suppressing tyrosinase activity with an IC<sub>50</sub> value of 74.1 μM (Lan et al. 2013). **279** is from the leaves of *Morus alba* and significantly inhibited tyrosinase activity, with an IC<sub>50</sub> value of 0.26 μM (Yang et al. 2012). Morus yunnanensis E (**911**) and F (**912**) from the leaves of *Morus yunnanensis* significantly inhibited mushroom tyrosinase with IC<sub>50</sub> values of 1.43 and 0.15 μM, respectively (Hu et al. 2012). Sigmoidin B (**292**) and **477** are from the stem barks of *Erythrina latissimi* and exhibited antigenotoxic activity with IC<sub>50</sub> values of 52.5 and 44.1 μM, respectively. (Zarev et al. 2017). (2*S*)-2',4'-Dihydroxy-5'-(1''',1'''-dimethylallyl)-8-prenylpinocembrin (**492**) exhibited strong anti-tyrosinase activity with an IC<sub>50</sub> value of 2.32 μM (Peralta et al. 2014). **579** was proven to have a protective effect against HUVEC injury caused by Ang II by improving cell viability from 53.9 to 74.9% (Zhang et al. 2017).

Histone deacetylases (HDAC) are enzymes that cleave acetyl groups from acetyl-lysine residues in histones and various nonhistone proteins. Both acetylation and deacetylation of histones play a fundamental role in the epigenetic regulation of gene expression, and disruption of the balance between histone acetyltransferases and HDACs causes many disorders and metabolic diseases. Alopecurone J (**1011**) exerted strong histone deacetylase (HDAC) inhibitory activity in HeLa and HCT116 cells with IC<sub>50</sub> values of 3.85 and 0.08 μM, respectively. The molecular docking results indicated that **1011** could bind to the active pocket of HDAC8, and the resveratrol group of **1011** had hydrophobic interactions with residues Phe 152 and His 143, whose hydroxyl moieties bear metal coordination with Zn<sup>2+</sup> (Soltani et al. 2020).

## Pharmacological activity

Members of the prenylated flavonoids, such as icariin, icaritin, and xanthohumol, are promising candidates for diverse diseases. The pharmacological activities of the active prenylated flavonoids obtained from plant sources are summarized in this review.

## Anticancer activity

Glabratephrin (**58**) was proposed as an effective and safe compound able to reverse doxorubicin resistance mediated by Pgp in triple negative breast cancers. It increased doxorubicin accumulation and cytotoxicity in triple negative breast cancer cells with high levels of Pgp, without adding significant additional toxicities to doxorubicin treatment. Glycine 185 of Pgp was identified as a critical residue mediating the reduced catalytic efficacy of Pgp elicited by compound **58** in a site-directed mutagenesis experiment. In addition, **58** was predicted to bind two residues, Pha 322 and Gln 721, by *in silico* molecular docking (Abd-Ellatef et al. 2022). 6-Prenylapigenin (**64**) suppressed the proliferation of HeLa cells via the MAPK and Akt signaling pathways. Compound **64** increased the protein levels of p-JNK and p-p38, and reduced the expression of p-Akt and p-ERK (Ye et al. 2021). 2-methoxy-2',4',4,6-tetrahydroxy-5-lavanduly dihydrochalcone (**671**) could significantly activate autophagic flux and trigger ROS release in HepG2 cells. However, it did not affect the main proteins of the apoptosis signaling pathway (Yang et al. 2021). A new prenylated flavone (**165**), isolated from *Daphne giraldii*, selectively inhibited the proliferation of hepatocellular carcinoma (HCC) cells by activating the p38/MAPK pathway without apparent cytotoxicity to normal human cells. It also repressed tumor growth in a nude mouse xenograft model without significantly affecting body weight or pathology characteristics. Mechanistically, **165** resulted in G0/G1 arrest and apoptosis by downregulating the expression of cyclin E1, CDK2, and CDK4 and promoting the cleavage of caspase 3 and PARP in HCC cells. It aggravated p38 phosphorylation and attenuated JNK phosphorylation which were abrogated by SB203580, a p38/MAPK-specific inhibitor, and exacerbated by SP600125, a JNK/MAPK-specific inhibitor, indicating **165**-induced apoptosis in a p38/MAPK dependent manner (Wang et al. 2017a). A further mechanistic study indicated that **165**-induced p38-dependent apoptosis was related to oxidative and nitrosative stress in HCC cells (Shang et al. 2018). **169**-induced primary glioblastoma cell apoptosis was mediated by the activation of the mitochondrial pathway involving mitochondrial depolarization, ROS production, cytochrome c release, Bad and Bax upregulation, and Bcl-2 downregulation. The **169**-induced ROS generation activated Akt and ERK1/2 phosphorylation which resulted in PARP cleavage and caspase-3, -7, and -9 activation (Lee et al. 2018). Norartocarpin (**173**) was identified as an Nrf2 activator and prevented oxidative insults in human lung epithelial cells. **173** upregulated the protein levels of Nrf2 and its downstream genes NAD(P)H quinone oxidoreductase 1 (NQO1) and  $\gamma$ -glutamyl cysteine synthetase (GCLM) by facilitating the nuclear translocation of Nrf2 and enhancing Nrf2 protein stability (Yang et al. 2019). **204** is from the root bark of *Morus australis* and effectively

inhibited the proliferation and survival of epithelial ovarian cancer (EOC) cells in vitro and repressed tumor growth in vivo. It resulted in paraptosis-like cell death, a novel mode of nonapoptotic programmed cell death that is characterized by extensive cytoplasmic vacuolation due to dilation of the endoplasmic reticulum (ER) and mitochondria and lack of apoptotic hallmarks. **204** also resulted in an obvious enhancement of mitochondrial  $\text{Ca}^{2+}$  levels, accumulation of endoplasmic reticulum stress markers, generation of ROS, and depletion of  $\Delta\psi_m$  in EOC cells. **204**-induced paraptosis-like cell death was supposed to relate to overloaded mitochondrial  $\text{Ca}^{2+}$  causing mitochondrial swelling and dysfunction for the treatment of voltage-dependent anion channel inhibitor, 4,4'-diisothiocyanostilbene-2,2'-disulfonic acid, which reversed the aforementioned effect in vitro and in vivo (Xue et al. 2018). In addition, **204** was found to be a promising candidate for cancer treatment, including lung cancer. It induced mitochondria-dependent apoptosis through chromatin condensation, PARP cleavage, mitochondrial membrane potential (MMP) loss, cytochrome c release, Bax/Bcl-2 dysregulation, and caspase-3 cleavage. It also caused a pro-autophagic effect, accompanied by an increased level of LC3-II and a decreased level of SQSTM1/p62. **204** enhanced intracellular ROS levels, inhibited PI3K/Akt signaling and activated the JNK and ERK pathways, which was confirmed by treatment with the corresponding enzyme inhibitors (Wang et al. 2020c). **202**, derived from the stem bark of *Artocarpus elasticus*, suppressed breast cancer cell viability by inducing caspase-dependent apoptosis. **202** enhanced the release of total ROS and polarized the mitochondrial membrane. It upregulated the expression of cytochrome c, Bax, caspase-7 and -9, and p21 and downregulated the expression of MAPK and cyclin D at the transcriptional and translational levels. **202** also repressed an inhibitor of apoptosis, livin, to avoid preceding chemotherapeutic resistance and apoptosis evasion (Etti et al. 2017a, b). **267** inhibited the voltage-gated potassium channel Kv1.3 with an estimated value of the half-blocking concentration of  $5.76 \mu\text{M}$  in Jurkat T cells and exhibited more effective inhibition of Kv1.3 channels than the nonprenylated compounds, acacetin, chrysin, baicalein, wogonin, and luteolin. **266** showed low cytotoxicity to Jurkat T cells, which indicated that the channel inhibition might be involved in its anti-proliferative and pro-apoptotic effects (Teisseyre et al. 2018). **281** can diminish melanoma cell viability due to autophagy and caspase-dependent apoptosis in the B16-F10 murine melanoma model. **281** abolished the metastatic potential of a melanoma subclone by disrupting integrin signaling and inhibited the development of lung metastatic foci in tumor-challenged animals (Krajnović et al. 2019). In addition, **281** was identified as a noncompetitive inhibitor with a different binding site than acarbose. It bound to  $\alpha$ -glucosidase in allosteric sites via hydrogen bonds, hydrophobic, van der Waals, and

electrostatic forces. The binding of **281** to  $\alpha$ -glucosidase affected the tertiary structure of  $\alpha$ -glucosidase by changing the hydrophobicity around Tyr and Trp residues. After binding **281**, the binding sites of  $\alpha$ -glucosidase formed a stable  $\alpha$ -helix, which is involved in forming stable hydrogen bonds with the Asn241 residue (Wang et al. 2022). **460** inhibited autophagy-modulating activity by exhibiting autophagosome maturation by blocking the degradation of EGFP puncta in HeLa cells stably expressing EGFP-mRFP-LC3B. It also reduced lysosomal activity and cathepsin maturation by disrupting lysosomal positioning, subsequently inducing apoptosis. Valosin-containing protein (VCP)/p97 was proven to be a potential target protein of **460** in regulating lysosomal positioning for autophagy maturation (Kwon et al. 2020). **522** suppressed the TGF- $\beta$ -induced epithelial-mesenchymal transition (EMT) of lung epithelial cells. **522** suppressed the phosphorylation of Smad2/3 and Akt induced by TGF- $\beta$ 1 in lung epithelial cells and lung tissues treated with BLM. Oral administration of **522** attenuated fibrotic changes in lung tissues, including the accumulation of collagen, and improved mechanical pulmonary functions (Park et al. 2021).

**579**, a prenylated chalcone from hops, exhibited diverse anti-cancer activities, such as anti-chronic myelogenous leukemia, anti-breast cancer, and anti-glioma cell activities, but the anti-cancer mechanisms are different. **579** inhibited the proliferation, induced S phase cell cycle arrest, and stimulated apoptosis in K562 cells. It degraded BCR-ABL in a concentration- and time-dependent manner involving the activation of caspase and inhibition of autophagy and the ubiquitin proteasome system in K562 cells (Lu et al. 2019). **579** inhibited the survival of breast cancer cells by modulating the Notch signaling pathway in vivo and in vitro. It not only downregulated cell viability and induced G0/G1 cell cycle arrest and apoptosis in MCF-7 and MDA-MB-231 cells, but also reduced the activation of the Notch signaling pathway and apoptotic regulators Bcl-2, Bcl-extra large, and caspase 3 (Liu et al. 2016; Sun et al. 2018b). **579** induced reversal of drug resistance via the inhibition of ABCB1-mediated transport of doxorubicin, stimulating ABCB1 ATPase activity and acting as a substrate of ABCB1. **579** bound to the ABCB1 transmembrane domain, which resulted in less protein and ligand position fluctuation, and **579** synergized with the ABCB1 substrate colchicine (Liu et al. 2018a). **579** induced glioma cell autophagy and inhibited tumor growth in vivo through the Akt/mTOR/S6K pathway and MAPK cascade (Lu et al. 2015). **579** induced apoptosis in human malignant glioblastoma cells and the mechanism was related to the increase in ROS species and activation of MAPK pathways, and **579** activated caspase-3 and -9 and PARP cleavage (Festa et al. 2011). **579** decreased the proliferation of TPC1 cancer cells by inducing DNA fragmentation and promoting cell cycle arrest (Carvalho et al. 2018). The chemoprotective effect of **579** was investigated in vitro in the metabolically

competent HepG2 cell line. The results indicated that **579** could act as a scavenger of AFBO, preventing DNA adduct formation and DNA damage induction (Štern et al. 2021). **579** impaired the PMA-driven migratory and invasive capacity of A549 cells by decreasing the level of MMP-9 expression and concomitantly increasing TIMP-1 protein expression, a specific blocker of PRO-MMP-9 activation. **579** decreased the PMA-induced production of VEGF and TGF- $\beta$ . Furthermore, **579**-treatment counteracted the PMA-induced EMT of A549 cells by upregulating of E-cadherin and  $\alpha$ -E-catenin and downregulating of N-cadherin, vimentin, and snail-1 expression (Slawinska-Brych et al. 2021). **579** significantly induced glioblastoma multiforme cell death and enhanced temozolomide cytotoxicity. Mechanistically, **579** downregulated replication factor C subunit 2 (RFC2), a DNA repair-related gene, which was overexpressed in glioblastoma multiforme patients and tumors. MicroRNA-4749-5p, a **579**-upregulated microRNA, was identified to target the RFC2 3' UTR and inhibit RFC2 expression (Ho et al. 2020). **579** inhibited esophageal squamous cell carcinoma (ESCC) cell proliferation in vitro and in vivo by targeting keratin (KRT)-18, which was highly expressed in patient ESCC tissues. Knockdown or overexpression of KRT18 protein abrogated or enhanced the anti-proliferative activity of **579**, respectively. **579** could attenuate KRT18 protein expression. However, it did not change the KRT18 mRNA levels. **579** also induced apoptosis and cell cycle arrest at the G1 phase, which was associated with the modulation of the expression of related markers, including cyclin D1, cyclin D3, cleaved-PARP, Bcl-2, cytochrome c, and Bax (Yin et al. 2020).

**818**, isolated from *Flemingia philippinensis*, promoted apoptosis and diminished tumor growth by suppressing PI3K/Akt/mTOR signaling through an ROS-mediated caspase-independent pathway. It caused selective apoptotic cell death in LNCaP prostate cancer cells by elevating DNA fragmentation, the sub-G1 cell population, c-PARP, the Bax/Bcl-2 ratio, AIF and endonuclease G. **818** decreased the phosphorylation of Akt, mTOR and PI3K. However, auricularin-induced apoptosis did not result in caspase-3, -8, and -9 activation (Cho et al. 2018). Isoangustone A (**845**) was proven to be an agonist of AMPK, an important signaling molecule that regulates cell energy homeostasis and autophagy. **845** inhibited mitochondrial respiratory capacity, activated autophagic signaling and induced a complete autophagic flux in colorectal cancer cells in a concentration-dependent manner. It also enhanced AMPK and ACC phosphorylation and increased LC3-I&II protein levels in vivo and in vitro in a concentration- and time-dependent manner (Tang et al. 2021). BAS-4, isolated from *Brosimum actifolium*, showed potential activity against glioma through the apoptosis pathway mediated by  $\Delta\Psi$ m loss and Akt pathway disruption. It inhibited migration and invasion and induced apoptosis via mitochondrial damage,  $\Delta\Psi$ m loss, cell cycle

arrest, and Akt phosphorylation suppression in glioma cells. However, it did not induce cytotoxicity in primary glial cells (Maués et al. 2019). **949** suppressed the tumor formation in the hepatoma xenograft model in vivo without statistically significant changes in body weight. It was proven to restrain the migration and invasion of human hepatocellular carcinoma cells by inhibiting the phosphorylation of ERK1/2 and JNK1/2 rather than inhibiting their proliferation. **949** suppressed the protein and mRNA expression of MMP9 by affecting the expression of the NF- $\kappa$ B and AP-1 transcription factors (Hsieh et al. 2014). Two prenylated dihydroisoflavones, sigmoidin I (**883**) and bidwillon A (**904**), and two prenylated pterocarpan, 6 $\alpha$ -hydroxyphaseollidin (**982**) and sophorapterocarpan A (**990**), exhibited promising cytotoxic effects to diverse sensitive cell lines (CCRF-CEM, MDA-MB-231-*pcDNA*, HCT116, U87MG, and HepG2) with an IC<sub>50</sub> value range of 3.36–29.48  $\mu$ M and drug-resistant cancer cell lines [CEM/ADR5000, MDA-MB-231-*BCRP*, HCT116 (p53<sup>-/-</sup>), U87MG, and  $\Delta$ EGFR] with an IC<sub>50</sub> value range of 4.60–30.98  $\mu$ M, and did not exhibit obvious cytotoxicity to the normal cell line AML12, with the IC<sub>50</sub> values greater than 98.02  $\mu$ M (Kuetze et al. 2014). **982** induced apoptosis in CCRF-CEM cells mediated by the activation of effector and initiator caspases, including caspase-3, -7, -8, and -9, breakdown of MMP and increase in ROS production, whereas the apoptotic process induced by abyssinone IV (**483**), **883**, and **990** was alleviated by the loss of MMP and the increase in ROS production (Kuetze et al. 2014). A brief summary of the anti-cancer mechanisms of the active ingredients is listed in Table 5.

### Anti-inflammatory activity

**169** prevented skin damage from UVB irradiation-induced photodamage in hairless mice, probably due to its antioxidant and anti-inflammatory properties. Treatment with **169** at topical doses of 0.05% and 0.1% showed a significant photoprotective effect by decreasing histopathological changes, such as desquamation, epidermal thickening and sunburn cell formation. It exhibited a significant effect by decreasing levels of ROS and lipid peroxidation which have been used as markers of oxidative stress for evaluating UVB irradiation induced skin damage. In addition, **169** downregulated the inflammatory proteins cPLA2 and COX-2 to decrease the levels of TNF- $\alpha$  and IL-1 $\beta$  (Lee et al. 2013). **169** had a potential therapeutic effect on skin wounds by accelerating the inflammatory phase and increasing myofibroblast differentiation, proliferation and migration of fibroblasts and keratinocytes, collagen synthesis and maturation, re-epithelialization, and angiogenesis. It accelerated inflammatory progression and subsequently decreased persistent inflammation. **169** increased collagen production and increased human fibroblast proliferation and migration by activating

**Table 5** Anti-cancer mechanism of active ingredients

No	Ingredient	Models	Result/Mechanism	References
<b>58</b>	Glabratephrin	MDA-MB-231 and murine mammary JC cells	↑Doxorubicin accumulation and cytotoxicity, bind Phe 322 and Glu 721	Abd-Elatef et al. (2022)
<b>64</b>	6-prenylapigenin	HeLa cells	↑p-PARP, ↑p-JNK, ↑p-p38, ↓p-Akt, ↓p-ERK	Ye et al. (2021)
<b>165</b>	Daphnegravone D	Hep3B and HepG2 cells Male BALB/c nude mice	Apoptosis, ↑G0/G1 arrest, ↓cyclin E1, CDK2, and CDK4, ↑cleaved-caspase-3 and -PARP, ↓p-p38/MAPK, ↓p JNK. Negative results: cyclin D1, p-ERK	Wang et al. (2017a)
		Hep3B and HepG2 cells	Apoptosis, ↑MDA, ↓SOD and GSH-Px, ↑iNOS, ↑c-PARP, ↑Bax/Bcl-2 ratio, ↑caspase-3	Shang et al. (2018)
<b>169</b>	Artocarpin	U87 and U118 cells BALB/cA-nu (nu/nu)	↑Caspase-3, -7, and -9 activities, ↑c-PARP, ↑NADPH oxidase activity, ↑Bad, ↑Bax, ↑cytochrome c, ↓Bcl-2, ↑Akt, ↓p-ERK1/2. Negative results: JNK1/2, p38 MAPK	Lee et al. (2018).
<b>173</b>	Norartocarpin	Hepa 1c1c7, MDA-MB-231, Beas-2B cells	↑Nrf2, ↑NQO1, ↑GCLM, ↑GSH, ↓intracellular ROS	Yang et al. (2019)
<b>202</b>	Artonin E	MDA-MB 231 cells	Apoptosis, ↑G2/M arrest, ↓sub G0/G1 phase, ↑mRNA of caspase-7, -8, and -9, and P21, ↓mRNA of cyclin E, ↑HSP 27, ↑phospho S46 and S392, ↑SMAC, ↑TRAIL, ↑HO-1, ↑pro-caspase 3, ↓HSP 60 and 70, ↓livin, ↓Bcl-2, ↓Bcl-x, ↓phospho S15, ↓cIAP-2, ↓c-caspase 3. Negative results: p53	Efti et al. (2017a)
		MCF-7 cells	Apoptosis, ↑membrane blebbing, ↑chromatin condensation, ↑nuclear fragmentation, ↑caspase 9, ↑caspase 8 only at 30 μM, ↑ROS, ↑G0/G1 phase, ↑mRNA of cytochrome c, Bax, caspase-7 and -9, and p21, ↓mRNA of MAPK and cyclin, ↓PON2, ↓Bcl-x, ↓xIAP, ↓Bad, ↓Bcl-2, ↓survivin, ↓livin, ↓Hsp 27, ↑Hsp 60 and 70, ↑cell cycle regulatory protein p21, ↑Bax	Etti et al. (2017b)
<b>204</b>	Morusin	A2780, SKOV-3, and HO-8910 cells	Autophagy, ↑cytoplasmic vacuolization, ↑LC3 puncta, ↑LC3-II/LC3-I ratio, ↓p62 at 6 h, ↑p62 after 12 h, ↑precursor forms of cathepsin B and cathepsin D, ↓mature forms of cathepsin B and cathepsin D, ↑BiP, ↑C/EBP-homologous protein, ↑IRE1α, ↑p-eIF2α, ↓AIP-1/Alix protein, ↑mitochondrial Ca <sup>2+</sup> , ↓Δψm, ↑ROS. Negative results: c-PARP, caspase-3, and -9	Xue et al. (2018)
		A549 and NCI-H292 cells	Apoptosis and autophagy, ↑c-PARP, ↑caspase-3 and -9, ↑mitochondrial depolarization, ↓mitochondrial membrane potential, ↑cytochrome c translocation, ↑Bax, ↓Bcl-2, ↓Bcl-X <sub>L</sub> , ↑LC3-II, ↓SQSTM1, ↓p-Akt, ↑p-JNK, ↑p-ERK, ↑ROS, ↓p-p65	Wang et al. (2020c)
<b>281</b>	Isoxanthohumol	Murine metastatic melanoma B16-F10 cells, female inbred C57BL/6 mice	Apoptosis and autophagic, ↓cell migration, invasion, and adhesion, ↑integrin α-6, ↓FAK, ↓vinculin, ↑Rho kinase, ↓α-SMA, ↓β-Actin, ↓diameter per node, ↓HMGB1, ↑S100, ↓Ki-67	Krajnović et al. (2019)
<b>487</b>	Addisoniaflavanone I	H4IIE cells	Apoptosis, ↑caspase-3 and -7, ↑nuclear fragmentation	Passreiter et al. (2015)
<b>488</b>	Addisoniaflavanone II			
<b>460</b>	Kushenol E	HeLa and HCT116 cells	Autophagy, ↑EGFP-LC3B-positive puncta, ↑LC3B-II, ↑p62, ↓lysosomal activity, ↓cathepsin B and cathepsin D maturation, ↑cPARP1 and γ-H2AX, ↑annexin V binding and PI uptake, ↑VCP/p97	Kwon et al. (2020)

Table 5 (continued)

No	Ingredient	Models	Result/Mechanism	References
522	Kurarinone	Male BALB/c mice, Male BALB/c mice	↓COL1 $\alpha$ 1, ↓N-cadherin, ↓ $\alpha$ -SMA, ↓p-Smad2/3, ↓p-Akt, ↓Epithelial-mesenchymal transition, ↓TGF- $\beta$ 1, ↓IL-17, ↓ROR $\gamma$ t mRNA	Park et al. (2021)
579	Xanthohumol	K562 and K562/ADR cells	Autophagy, ↑S arrest, ↓G0/G1 and G2/M, ↓BCR-ABL, ↓p-BCR-ABL, ↑LC3-II, ↑p62, ↑ubiquitinated proteins, ↑Hsp70, ↑caspase-3 and -9, ↑c-PARP	Lu et al. (2019)
		Human MCF-7, MDA-MB-231, HEK-293T, h-TERT-BJ, MCF-10A, and murine 4T1 cells, female BALB/c mice	Apoptosis, ↓Hes1 and Hey1 transcription, ↓c-Myc and surviving, ↓EGFR, ↑MIF, ↑c-caspase-3, ↑c-PARP, ↓Notch1, ↓Ki-67, ↑survivin	Liu et al. (2016)
		MCF-7/ADR cells	↓Bcl-2, ↓pro-caspase-3, ↑Bax, ↑c-PARP, ↑ $\gamma$ -H2AX, ↑S and G2/M arrest, ↓G0/G1 arrest, ↓ABCG2. Negative results: $\beta$ -catenin and ALDH	Sun et al. (2018b)
		MCF-7/ADR cells	↓DOX efflux, ↑intracellular Rho123, ↓efflux of ABCB1, Bound close to residues Phe 336, Phe 983, Ala 980, Phe 728, Asn 842, Tyr 953, and Phe 732 of ABCB1	Liu et al. (2018a)
		U87 glioma cells	Autophagy, ↑conversion of LC3-I to LC3-II, ↑p62 degradation, ↓phosphorylation of Akt, mTOR, and S6K, ↑caspase-3 activation, ↑c-PARP, ↑phosphorylation of p38, ERK, and JNK	Lu et al. (2015)
		T98G and U87-MG cells	Apoptosis, ↑caspase-3 and -9, ↓PARP, ↓Bcl-2, ↑mitochondrial depolarization, ↑ROS, ↑p-ERK1/2, ↑p-p38, ↑JNK, ↑SAPK. Negative results: JNK/SAPK	Festa et al. (2011)
		TPC-1 cells	↑caspase-3 and -7, ↑S arrest, ↓G1 arrest	Carvalho et al. (2018)
		A172 and U87-MG cells	↓RFC2, ↑miR-4749-5p	Ho et al. (2020)
		KYSE30, KYSE70, KYSE410, KYSE450, and KYSE510 cells	apoptosis, ↑G1 arrest, ↓cyclinD1, cyclinD3, ↑c-PARP, ↑cytochrome c, ↑Bax, ↓Bcl-2, ↓KRT18 and Ki67 protein. Negative results: mRNA of KRT18	Yin et al. (2020)
818	Auricularin	LNcap-FGC and RWPE-1 cells	Apoptosis, ↑DNA fragmentation and chromatin condensation, ↑Bax, ↓Bcl-2, ↑c-PARP, ↑release of AIF and endonuclease G proteins, ↓PI3K, ↓p-Akt, ↓p-mTOR, ↓p-p70s6k, ↑ROS. Negative results: caspase-3, -8, and -9	Cho et al. (2018)
845	Isoangustone A	SW480, LOVO, and SW620 cells	Autophagy and apoptosis, ↑LC3 lipidation, ↑p62 degradation, ↓p-Akt, ↓p-mTOR, ↓p-4EBP1, ↑p-AMPK, ↑ACC, ↑p-ULK1, ↓mitochondrial respiration, ↑LC3-I&II	Tang et al. (2021)
/	BAS-4	C6 glioma cells	Apoptosis, ↓C6 scratch migration and C6 colony formation, ↓ $\Delta\Psi_m$ , ↓Akt	Maués et al. (2019)
949	Gabridin	Huh7 and Sk-Hep-1 cells	↑protein and mRNA expressions of MMP9, ↓c-Fos, ↓c-Jun, ↓p-I $\kappa$ B, ↓p-ERK1/2, ↓p-JNK 1/2. Negative results: PI3K/Akt, p38	Hsieh et al. (2014)



the p38 and JNK pathways, whereas it increased the proliferation and migration of human keratinocytes through the ERK and p38 pathways and augmented human endothelial cell proliferation and tube formation through the Akt and p38 pathways (Yeh et al. 2017). **190** exerts its anti-inflammatory effect by activating the Nrf2/HO-1 pathway and may be a potential Nrf2 activator. It inhibited the LPS-induced production of NO, TNF- $\alpha$ , and IL-1 $\beta$  *in vitro* in RAW264.7 and mouse bone marrow-derived macrophages. **190** suppressed the expression of iNOS, COX-2, TNF- $\alpha$ , and IL-6 in LPS-induced RAW264.7 cells. Mechanistically, **190** induced HO-1 mRNA and protein expression by activating Nrf2 through the p38 MAPK pathway. When HO-1 was inhibited, the anti-inflammatory effect of **190** was significantly abrogated (Tran et al. 2018). **228**, a large amount of prenylated flavonoid in the roots of *Morus alba*, was identified as a COX-2 and COX-1 inhibitor and decreased the expression and secretion of TNF- $\alpha$  by blocking the translocation of the NF- $\kappa$ B in THP-1 human monocytic leukemia cells (Hošek et al. 2011). Cudraflavanone B (**275**) suppressed the production of IL-6 and TNF- $\alpha$  and inhibited NF- $\kappa$ B signaling pathway by restraining the expression of iNOS and COX-2 in LPS-induced RAW264.7 and BV2 cells. In addition, **275** inhibited the phosphorylation of mitogen-activated protein kinase, an extracellular signal-regulated kinase, signaling pathways in these LPS-stimulated cells (Ko et al. 2021). Sophoraflavanone M (**286**) reduced LPS-induced production of inflammatory mediators NO, IL-6, TNF- $\alpha$ , and MCP-1, and the expression of these mediators at the mRNA level in the LPS-primed RAW264.7 cell line. **286** inhibited the NF- $\kappa$ B signaling pathway by suppressing the phosphorylation and degradation of I $\kappa$ B $\alpha$  and the translocation of p65. **286** also suppressed JNK phosphorylation to dampen AP-1 transcriptional activity (Han et al. 2021). Neougonin A (**416**) from *Helminthostachys zeylanica* reduced the production of the inflammatory mediators TNF- $\alpha$ , PGE2, NO, IL-1 $\beta$ , and IL-6 and the inflammation-related proteins iNOS and COX-2 via the suppression of the NF- $\kappa$ B signal transduction pathway in LPS-induced macrophage RAW264.7 cells. **416** inhibited the phosphorylation of I $\kappa$ B $\alpha$  and blocked the translocation of NF- $\kappa$ B/p65 into the nucleus. However, it had no effect on JNK, ERK1/2, or p38MAPK phosphorylation (Cao et al. 2016). **472** exhibited a potential antineuro-inflammatory effect and inhibited NO production activity with an IC<sub>50</sub> value of 6.28 in LPS-treated BV2 microglial cells. Mechanistically, it remarkably suppressed the protein expression of iNOS and COX-2. **472** also decreased the production of proinflammatory cytokines (IL-6, TNF- $\alpha$ , IL-12, and IL-1 $\beta$ ), blocked the nuclear translocation of NF- $\kappa$ B p50 and p65 by interrupting the degradation and phosphorylation of I $\kappa$ B- $\alpha$ , and inhibited NF- $\kappa$ B binding. In addition, **472** suppressed the phosphorylation of JNK and p38 (Kim et al. 2016). **523** dose-dependently suppressed the production of

inflammatory mediators, including NO, PGE2, IL-6, IL1 $\beta$ , MCP-1, and IFN- $\beta$ , in LPS-stimulated RAW264.7 macrophages, demonstrating the inhibition of STAT1, STAT6, and NF- $\kappa$ B activation. It augmented the activity of Nrf2 transcription, which was responsible for the upregulation of HO-1 expression and its activity. **523** activated the endogenous antioxidant defense system involving glutathione, superoxide dismutase, and catalase in tert-butyl hydroperoxide (tBHP)-induced oxidative stress HaCaT cells, which was relative to upregulated activation of Nrf2 and Akt in the PI3K-Akt signaling pathway (Cho et al. 2020). Sophoraflavanone G (**527**) inhibited LPS-induced production of NO and PGE2 by downregulating the expression of iNOS and COX-2 in LPS-induced RAW264.7 cells. It also decreased the mRNA and protein expression levels of the proinflammatory cytokines TNF- $\alpha$ , IL-6, and IL-1 $\beta$ . Mechanistically, **527** decreased the levels of phosphorylated PI3K and Akt, and attenuated the expression of phosphorylated JAK and STAT. In addition, it upregulated HO-1 expression via nuclear translocation of Nrf2 (Guo et al. 2016b). Compared with the chronic, unpredictable, mild stress-exposed group, the levels of IL-6, IL-1 $\beta$ , and TNF- $\alpha$  in the hippocampus were significantly reduced, and the quantity of 5-HT and NE was increased considerably in the **527**-treatment model. **527** upregulated the expression of PI3K, Akt, mTOR, 70S6K, BDNF, and Trkb (Wang et al. 2020b). SPF1 was identified as a potent ligand for RXR, a target related to Alzheimer's disease. SPF1 potentiated the effect of T0901317, a liver X receptor ligand, on reducing proinflammatory cytokine mRNA levels. It efficiently reduced the mRNA expression levels of IL-1 $\beta$  and IL-6 *in vitro*. SPF1 increased ATF3 mRNA levels in RAW264.7 cells. However, SPF1 did not affect ATF3 mRNA induction in LPS-treated RAW264.7 cells since ATF3 is also induced by LPS (Wang et al. 2019).

Compound **579** alleviated oxidative damage and accelerated diabetic wound healing via Nrf2 activation *in vitro* and *in vivo*. It augmented Nrf2 expression and accelerated diabetic wound healing. **579** caused AMPK $\alpha$  activation and covalent modification of Keap1, which were related to the stabilization and translocation of Nrf2 (Lu et al. 2022). **579** possessed a potential protective effect on LPS-treated depressive-like symptoms mediated by inflammation and oxidative stress. Pretreatment with **579** at doses of 10 and 20 mg/kg reversed the behavioral impairments prophylactically, as was obvious in the forced swimming test and tail suspension test, without affecting locomotion, and the 20 mg/kg dose improved anhedonic behavior, as observed in the sucrose preference test. **579** prevented LPS-induced neuroinflammation and oxido-nitrosative stress in a dose-dependent manner. It reduced activated gliosis via attenuation of Iba-1 and GFAP, and the expression of phosph-NF- $\kappa$ B and caspase-3 and enhanced the expression of Nrf2 and HO-1 in the hippocampus (Rahman et al. 2021).

A brief summary of the anti-inflammatory mechanisms of the active ingredients is listed in Table 6.

### Neuroprotective activity

Neurons are damaged following prolonged exposure to high concentrations of corticosterone and one of the main mechanisms underlying neuronal injury is apoptosis. Icariin (**26**) protected neurons from damage in hippocampal neuronal cells by protecting them against apoptosis. **26** blocked p38 MAPK phosphorylation, improved mitochondrial membrane potential, and inhibited caspase-3 activation. **26** stimulated mitochondrial activity by upregulating the cortical expression of SIRT1 and PGC-1 $\alpha$  and prevented brain ischemic nerve injury (Zhu et al. 2010; Liu et al. 2011). **26** could be used to treat poststroke dementia. It ameliorated the damage in central cholinergic circuit histone acetylation homeostasis by enhancing CREB phosphorylation in the central cholinergic circuits. **26** decreased the levels of acetylcholine and choline acetyltransferase compared with those without **26**-treatment (Wang et al. 2013). **522** alleviated the clinical symptoms of Parkinson's disease and some other neurodegenerative diseases. It was proven that **522** played a functional role in dopamine receptor subtypes, V<sub>1A</sub>R, 5-HT<sub>1A</sub>R, and hMAOs. **522** could bind well to dopamine receptor subtypes, unfolding antagonist behavior on D<sub>1</sub>R (IC<sub>50</sub>: 42.1  $\mu$ M) and agonist effects on D2LR and D4R (EC<sub>50</sub> 22.4 and 71.3  $\mu$ M, respectively). **522** suppressed hMAO isoenzymes in a modest and nonspecific manner (Prajapati et al. 2021). **579** acted at GABA<sub>A</sub> receptors in the hippocampal nerve terminals to downregulate the Ca<sup>2+</sup> influx by N- and P/Q-type Ca<sup>2+</sup> channels, which subsequently suppressed the Ca<sup>2+</sup>-calmodulin/PKA cascade to reduce the evoked glutamate release. **579** reduced the frequency of miniature excitatory postsynaptic currents without affecting their amplitude (Chang et al. 2016). In addition, **579** reduced infarct volume and improved neurobehavior, mediated by inhibition of inflammatory responses, apoptosis, and platelet activation. **579** decreased the expression of HIF-1 $\alpha$ , TNF- $\alpha$ , iNOS, and caspase-3, which were associated with middle cerebral artery occlusion-induced focal cerebral ischemia (Yen et al. 2012). Morachalcone D (**586**) and morachalcone E (**610**), two prenylated flavonoids with similar structures isolated from mulberry leaves, exerted protective effects against glutamate- and erastin-induced HT22 cell death. **586** had more potential than **610** in preventing oxytosis and ferroptosis. **586** attenuated glutamate- and erastin-induced neurotoxicity in a dose-dependent manner at concentrations between 20  $\mu$ M and 50  $\mu$ M. However, it had no significant protective effect against neurotoxicity below 15  $\mu$ M. Mechanistically, the protective effect of **586** was related to the prevention of ROS production, glutathione

depletion, and active Fe<sup>2+</sup> iron accumulation. **586** upregulated the expression of genes involved in antioxidant defense, including GPx4, CAT, SOD2, Nrf2, HMOX1 and SLC7A11. The activation of Nrf2 and HO-1 might play an important role in the neuroprotective effect of **586** against oxidative stress (Wen et al. 2020). A brief summary of the neuroprotective mechanisms of the active ingredients was listed in Table 7.

### Anti-diabetic and anti-obesity activity

(3,5,4'-trihydroxy-8,3'-dimethoxy-7-(3-methylbut-2-enoxy) flavone (**121**), a 7-*O*-prenylated flavonoid from the leaves of *Melicope lunuankenda*, induces insulin release by acting on pancreatic  $\beta$ -cells in STZ-induced diabetic rats. It ameliorated the derailed blood glucose levels, liver glycogen, and serum biological parameters at a dose of 10 mg/kg in STZ-induced diabetic rats. In vitro, **121** induced insulin release in RIN 5 F cells, which supported its action on pancreatic  $\beta$ -cells. Moreover, **121** did not show any conspicuous toxic symptoms at a dose of 500 mg/kg in the acute toxicity test. (George et al. 2015). **949** stimulated glucose uptake through the AMPK pathway in L6 myotubes. It increased glucose uptake accompanied by the translocation of GLUT4 to the plasma membrane. **949** required at least 4 h to increase glucose uptake, whereas it significantly decreased glycogen and increased lactic acid within 15 min. The **949**-induced glucose uptake was abrogated by an AMPK inhibitor or siRNA. However, the inhibitors of PI3K and Akt did not block this progress. Therefore, **949** alleviated the effect of glucose intolerance by AMPK-dependent GLUT4 translocation in the plasma membrane of mouse skeletal muscle (Sawada et al. 2014). **579** had anti-obesity benefits. It decreased the production of dysfunctional fatty acid oxidation and ROS, through mitochondrial uncoupling and stress response induction, and inhibited respiration in a ROS-dependent manner at higher concentrations (Kirkwood et al. 2013). **579** also significantly decreased plasmic purine metabolites, glucose levels, energy metabolites, and body weight in vivo (Legette et al. 2013; Paraiso et al. 2021). The seed extract of *Psoralea corylifolia* was rich in prenylated flavonoids, which reduced body weight and fat mass in a dose-dependent manner. It prevented obesity by increasing browning and activating thermogenic genes to increase energy expenditure and stimulating thermogenesis in subcutaneous white adipose tissue and brown adipose tissue. It induced browning in white adipose tissue, increased p-AMPK $\alpha$ 1/2 and p38, and increased brown adipose tissue activity and the differentiation of 3T3-L1 cells by increasing the expression of uncoupling protein 1 and other thermogenic genes. In addition, it improved insulin sensitivity and prevented hepatic steatosis by increasing lipid oxidation and secretion in HFD-fed mice

**Table 6** Anti-inflammatory mechanism of active ingredients

No	Ingredient	Models	Result/Mechanism	References
169	Artocarpin	Male hairless mice C57BL/6 mice, human fibroblast, human keratinocyte, HUVEC cells	↓ROS, TNF- $\alpha$ and IL-1 $\beta$ , COX-2, cPLA2 ↑ $\alpha$ -SMA, $\downarrow$ C5/C5a, TIMP-1, MCP-1, MIP-1 $\alpha$ , MIP-2, IL-16, and IL-1 $\beta$ , ↑collagen I, ↑collagen III on day 7, ↑TGF- $\beta$ , ↑ $\alpha$ -SMA, ↑p-p38 and p-JNK, ↑co-localization of p38 or JNK and vimentin, ↑Akt, ERK and p38 in keratinocytes, ↑co-localization of phosphorylated ERK or p38 and CK14, ↑CD31, ↑phosphorylated of Akt, ERK, and p38 in HUVECs, ↑co-localization of phosphorylated Akt or p38 and CD31 in HUVECs Negative results: Akt and ERK in human fibroblast, JNK in HUVECs	Lee et al. (2013) Yeh et al. (2017)
190	10-oxomornigrol F	RAW264.7 cells	↓NO, IL-1 $\beta$ , IL-6, and TNF- $\alpha$ , ↓protein and mRNA of iNOS and COX-2, ↓mRNA of IL-6 and TNF- $\alpha$ , ↑protein and mRNA of HO-1, ↑mRNA of NQO1 and GCLC, ↑Nrf2, ↑p-p38 MAPK. Negative results: ERK1/2, JNK, Akt	Tran et al. (2018)
228	Cudraflavone B	THP-1 cells, COX-1, COX-2 enzyme	↓mRNA of TNF- $\alpha$ , ↓COX-1, ↓COX-2, ↑ZFP36 ↓chemokine CCL2, ↓iNOS, ↓PGE2	Hošek et al. (2011)
275	Cudraflavanone B	RAW264.7 and BV2 cells	↓IL-6 and TNF- $\alpha$ , ↓iNOS, COX-2, ↓p-I $\kappa$ B $\alpha$ , ↓translocation of NF- $\kappa$ B p65, ↓ERK	Ko et al. (2021)
286	Sophoraflavanone M	RAW264.7 cells, mouse peritoneal macrophage	↓NO, ↓iNOS activity, ↓protein and mRNA of iNOS, IL-6, TNF- $\alpha$ , and MCP-1, ↓p-I $\kappa$ B $\alpha$ , ↓translocation of NF- $\kappa$ B p65, ↓JNK, ↓AP-1 Negative results: ERK and p38	Han et al. (2021)
416	Neougonin A	RAW 264.7 Macrophage	↓NO, ↓iNOS, ↓COX-2, ↓PGE2, ↓TNF- $\alpha$ , IL-1 $\beta$ , and IL-6, ↓ERK1/2, JNK, and p38 MAPK, ↓p-I $\kappa$ B $\alpha$ , ↓p-p65	Cao et al. (2016)
472	Cudraflavanone D	BV2 Microglial cells	↓TNF- $\alpha$ , IL-1 $\beta$ , IL-6, IL-12, ↓COX-2, ↓p-I $\kappa$ B $\alpha$ , ↓translocation of p50 and p65, ↓p-JNK and p38 Negative results: p-ERK	Kim et al. (2016)
523	Kushenol C	RAW 264.7 and HaCaT cells	↓NO, iNOS, PGE2, IL-6, IL-1 $\beta$ , IFN- $\beta$ , and MCP-1, ↓p-STAT1, p-STAT6, ↑SIRT1, ↓p-NF- $\kappa$ B, NF- $\kappa$ B-DNA binding activity, ↑HO-1, ↓Nrf2 and ↑Nrf2 DNA binding activity in LPS-treated RAW264.7 cells, ↓ROS, ↑GSH, SOD, catalase, ↑Nrf2 and p-Akt in HaCaT cells	Cho et al. (2020)
527	Sophoraflavanone G	RAW264.7 cells	↓NO, PGE2, ↓protein and mRNA of iNOS, COX-2, TNF- $\alpha$ , IL-6, and IL-1 $\beta$ , ↓p-Akt, p-PI3K, ↓p-STAT3, p-JAK, ↑HO-1, ↑nuclear translocation of Nrf2, ↓Keap1. Negative results: PIAS1 and PIAS3	Guo et al. (2016a).
		Adult male BALB/C mice	↓IL-6, IL-1 $\beta$ , TNF- $\alpha$ , ↑5-HT, ↓noradrenaline, ↑p-PI3K, p-Akt, p-mTOR, p-P70S6K, BDNF, Trkb, PSD95, GluR1 Negative results: JNK, and p38	Wang et al. (2020b)
	SPF1	RAW264.7 cells, Male C57BL/6J mice	↓mRNA of IL-1 $\beta$ , IL-6, TNF- $\alpha$ , iNOS, and COX-2, ↑RXR/LXR heterodimer if combination of SPF1 and LXR agonist, ↑mRNA of ATF3 in RAW264.7 cells without LPS, ↓translocation of p65 Negative results: mRNA of ATF3 in LPS-treated RAW264.7 cells	Wang et al. (2019)

**Table 6** (continued)

No	Ingredient	Models	Result/Mechanism	References
579	Xanthohumol	HaCaT cells, HUVECs (STZ)-induced diabetic rat  Adult BALB/c male mice	↑Nrf2, ↑TrxR1, ↑HO-1, ↑SOD1, ↑p-AMPKα Negative results: ERK, Akt ↓TNF-α, IL-6, and IL-1β, ↓Iba-1, GFAP, p-NF-κB, ↓ROS in serum, ↓NO and MDA in hippocampus, ↑Nrf2 and HO-1, ↓caspase-3	Lu et al. (2022)  Rahman et al. (2021)

(Liu et al. 2019a). A brief summary of the anti-diabetic and anti-obesity mechanisms of the active ingredients was listed in Table 7..

### Cardioprotective activity

**26** ameliorated left ventricular dysfunction and cardiac remodeling by downregulating the activity of MMP-2 and MMP-9 in rats with congestive heart failure. It could alleviate apoptosis by regulating the Bcl-2/Bax axis, inhibiting the levels of TNF-α, noradrenaline, angiotensin II and brain natriuretic peptide, and blocking the expression and activity of MMP-2 and MMP-9 (Song et al. 2011). **26** protected cardiomyocytes and apoptosis by inhibiting the JNK and p38 pathways. It prevented the phosphorylation of JNK and p38 and the protein expression levels of Bax and cleaved caspase-3 in Ang II-treated H9c2 cells but upregulated the expression of Bcl-2 (Zhou et al. 2014). **579** inhibited TGF-β1-induced cardiac fibroblast activation by mediating the PTEN/Akt/mTOR pathway. It inhibited the TGF-β1-induced proliferation, differentiation, and collagen overproduction of cardiac fibroblasts by inducing the expression of PTEN and phosphorylation of Akt and mTOR (Jiang et al. 2020). Moreover, **579** exerted a cardioprotective effect by upregulating PTEN expression and inhibiting the phosphorylation of Akt/mTOR in vivo (Sun et al. 2021). **579** was also identified as a cholesterol ester transfer protein inhibitor that regulates cholesterol transfer between lipoproteins, leading to an increase in HDL cholesterol levels and decreasing the risk of atherosclerosis (Hirata et al. 2012). A brief summary of the cardioprotective mechanisms of the active ingredients is listed in Table 7..

### Anti-osteoclastogenesis activity

**26** inhibited osteoclastogenesis through the regulation of the RANKL-mediated MAPK/TRAF6/NF-κB/ERK signaling pathway and suppressed the activation of the p38 and JNK pathways. **26** suppressed bone resorption, ERK phosphorylation, IL-6, TNF-α, HIF-1α, and COX-2 and PGE<sub>2</sub> synthesis. **26** also reduced the size of osteoclast formation and diminished the activity of TRAP and ACP (Hsieh et al. 2011; Kim et al. 2018a). **579** inhibited osteoclastogenesis

by modulating the RANKL signaling pathway. It inhibited multinucleated osteoclast formation and transcription factor expression of c-Fos and NFATc1 and suppressed RANKL-induced expression of TRAF6, GAB2, ERK, c-Src, PI3K, and Akt genes, as well as RANKL-induced activity of TRAP (Suh et al. 2013). On the other hand, it stimulated osteoblast differentiation through the p38 MAPK and ERK signaling pathways by modulating ALP activity and the expression of RUNX2 in a mesenchymal stem cell line (Jeong et al. 2011). A brief summary of the anti-osteoclastogenesis mechanisms of the active ingredients was listed in Table 7..

### Other activities

**949** inhibited dexamethasone-induced muscle atrophy via directly binding to the glucocorticoid receptor and inhibiting nuclear translocation of the glucocorticoid receptor. Moreover, **949** inhibited dexamethasone-induced phosphorylation of p38 and FoxO3a (Yoshioka et al. 2019).

**492** exerted its antifungal activity on biofilms due to its antioxidant activity. It inhibited *Candida albicans* strain fluconazole-sensitive and *C. albicans* strain azole-resistant biofilms, with a prooxidant effect leading to the accumulation of endogenous oxidative metabolites and increased antioxidant defenses. COMSTAT analysis showed that biofilms treated with higher concentrations exhibited different diffusion distances that could change the flow inside the biofilm matrix (Peralta et al. 2018).

**579** inhibited porcine reproductive and respiratory syndrome virus proliferation and decreased viral-induced oxidative stress by activating the Nrf2–HMOX1 pathway. It stimulated genes associated with the antioxidant response in the Nrf2 signaling pathway and upregulated the expression of Nrf2, HMOX1, GCLC, GCLM, and NQO1 in marc-145 cells (Liu et al. 2019b).

### Safety

**281** display none or remarkably low toxic effect on various non-cancerous cells (Krajnović et al. 2019). **579** exhibited a good safety profile without adverse effects on major organ function and homeostasis and hepatotoxic effects in mice

**Table 7** Other mechanism of active ingredients

Disease	No	Ingredient	models	Result/Mechanism	References
Neuroprotective activity	<b>26</b>	Icariin	Sprague–Dawley rat	↓LDH release, ↓caspase-3, ↓p38 MAPK Negative results: JNK1, ERK1/2	Zhu et al. (2010)
<b>579</b>	Xanthohumol	Male Kunming mice	↑SIRT1 and PGC-1 $\alpha$ , ↓ACh, ↑ChAT mRNA, ↑p-CREB	Liu et al. (2011) Wang et al. (2013)	Chang et al. (2016)
		Male Sprague-Dawley rat	↓4-AP-evoked glutamate release, ↓intracellular Ca <sup>2+</sup> , ↓Ca <sub>v</sub> 2.2 and Ca <sub>v</sub> 2.1 channels, ↓mEPSCs. Negative results: synaptosomal membrane potential, G-proteins		
<b>586610</b>	Morachalcone D morachalcone E	Male Wistar rat	↓Infarct volume, ↓TNF- $\alpha$ , ↓caspase-3, ↓HIF-1 $\alpha$ , ↓iNOS, ↓platelet aggregation, ↓hydroxyl radical formation	Yen et al. (2012)	Wen et al. (2020)
		HT22 cells	Oxytosis and ferroptosis, ↓glutamate-induced oxytosis, ↓erastin-induced ferroptosis, ↓endogenous oxidative stress, ↓ROS, ↓GSH depletion, ↓accumulation of active Fe <sup>2+</sup> ions, ↑GPx4, ↑CAT, ↑SOD2, ↑Nrf2, ↑HMOX1, ↑SLC7A11		
Inhibit osteoclasts differentiation	<b>26</b>	Icariin	Osteoclasts cells, bone marrow cells	↓RANKL, ↑OPG, ↓proin and mRNA of IL-6 and TNF- $\alpha$ , ↓PGE2, COX-2, ↓ERK1/2, ↓I $\kappa$ B $\alpha$ and p-p38 in osteoclasts, ↓p38 and JNK in osteoclasts co-culture, ↓HIF-1 $\alpha$	Hsieh et al. (2011)
<b>579</b>	Xanthohumol	Raw264.7 cells	↓Osteoclast formation, ↓NF- $\kappa$ B activation, ↓I $\kappa$ B $\alpha$ degradation, ↓TRAF6, ↓p-ERK, ↓NFATc1, ↓c-Fos, RANK, TRAP, and Atp6v0d2 Negative results: p-JNK, p-p38, and p-Akt	Kim et al. (2018a)	Suh et al. (2013)
		RAW264.7 cells	↓Osteoclast differentiation and function, ↓TRAF6 and GAB2, ↓ERK1, ↓c-Fos, NFATc1, ↓c-Src, PI3K, and Akt2, ↓carbonic anhydrase II, TCIRG, OSTM1, and CLCN7, ↓cathepsin K and MMP-9		
Stimulates osteoblast differentiation	<b>579</b>	Xanthohumol	MC3T3-E1 and C2C12 cells, mouse preosteoblast cells and mouse mesenchymal stem cells	↑osteogenic differentiation, ↑ALP, collagen type I $\alpha$ , BSP, OC, RUNX2, and Dlx5, ↑p-ERK and p-p38 MAPK.	Jeong et al. (2011)

Table 7 (continued)

Disease	No	Ingredient	models	Result/Mechanism	References
Cardioprotective	<b>26</b>	Icariin	Male Sprague–Dawley rat	↓TNF- $\alpha$ , noradrenaline, Ang II, and BNP, ↓MMP-2 and MMP-9 mRNA, ↓Bax, ↓cleaved caspase-3 and caspase-3 activity Zhou et al. (2014)	Song et al. (2011)
<b>579</b>	Xanthohumol	H9c2 cardiomyocyte	↓ANP and BNP in response to Ang II, ↓Ang II stimulation, ↓Bax and cleaved-caspase 3, ↑Bcl-2, ↓Ang II-induced ROS, ↓p-JNK and p-p38 ↓Protein and mRNA of $\alpha$ -SMA, ↑Collagen-I and -III, ↓p-Smad3, ↑PTEN, ↓p-Akt, ↓p-mTOR ↓ANP, ↓BNP, ↓cardiac fibrosis, ↑PTEN, ↓p-Akt, ↓p-mTOR	Jiang et al. (2020)	
Anti-diabetes	<b>121</b>	Male C57BL/6 mice	STZ-induced type-2 diabetic rat	↓SGOT, ↓SGPT, ↓ALP, ↓serum urea, ↓total triglycerides, ↓total cholesterol, ↑HDLc, ↑serum protein, ↑serum insulin Sawada et al. (2014)	George et al. (2015)
<b>949</b>	Glabridin	L6 myotube/Male ICR mice	↑Glucose uptake, ↑p-AMPK, ↑GLUT4 translocation, ↑p-AS160, ↑CaMKII <i>in vitro</i> , ↑p-ACC, ↓FAS		
Inhibit muscle atrophy	<b>949</b>	Glabridin	C2C12 cells	↓MuRF1 and Cbl-b, ↓translocation of the glucocorticoid receptor, ↓p-FoxO3a, p-p38 Negative results: atrogen-1, FoxO1, mTOR, Akt ↓PRRSV replication, ↑Nrf2, ↑HMOX1, ↑GCLC, ↑GCLM, ↑NQO1, ↑TXNIP, ↑TXNRD1, ↓ROS and MDA, ↑SOD and GSH	Yoshioka et al. (2019)
Antivirus	<b>579</b>	Xanthohumol	Marc-145 cells		Liu et al. (2019b)

(Albini et al. 2006; Dorn et al. 2010). A safety study of oral 579 administration was carried out to evaluate the influence on fertility in Sprague Dawley rats. Treatment of 579 (100 mg/kg body weight per day or 0.5% xanthohumol in the diet) by gavage for 28 days did not cause any adverse effects on female reproduction and the development of offspring (Hussong et al. 2005). 820 and 895 can inhibit cancer cell proliferation at  $< 10 \mu\text{M}$  with no cytotoxicities to normal cells (Bueno Perez et al. 2013; Venturelli et al. 2016). It is worthy to mention that many functional foods and traditional herbal medicines are rich in prenylated flavonoids, indicating the safety of prenylated flavonoids.

## Conclusion

In this review, the research progress on phytochemistry and pharmacological activity of prenylated flavonoids and plant resources in the past decade were comprehensively summarized. Prenylated flavonoids showed great potential in anti-tumor, anti-inflammatory, neuroprotective, anti-diabetic, anti-obesity, cardioprotective, and anti-osteoclastogenic activities. Due to the presence of the prenyl group, the bioavailability of prenylated flavonoids was improved and they had more potential in drug development than nonprenylated flavonoids. Several studies have confirmed that prenylation can increase the bioactivities of flavonoids. In this review, we made the best possible effort to summarize the available information and evidence. This review could be a useful tool in assisting researchers in discovering the new medicinal value of prenylated flavonoids.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s12272-023-01443-4>.

**Acknowledgements** The authors are grateful for the National Natural Science Foundation of China. (Grant Numbers: 81603255), grants from National Key Research and Development Program of China. (Grant Numbers: 2022YFC2804204) and High-Level Talent Special Support Plan of Zhejiang Province (Grant Numbers: 2019R52009).

## Declarations

**Conflict of interest** The authors declare that there is no conflict of interest.

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