

Letter from the Editor

Jennifer L. Hall

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Progress is oft forgotten, overlooked, and overshadowed by the accolades at the finish line. In this special issue of *JCTR*, the progress of women's health in cardiovascular medicine is valued and measured.

Two respected scientists, Drs. Carole Banka and Amparo Villablanca, have dedicated their careers to women's health. We are fortunate to have them as guest editors. Their experiences inform the perspective they share with us, providing a much needed update to the field of Women's Health and Cardiovascular Medicine.



Dr. Carole Banka

The articles within these pages contain information on controversial subjects in women's health and cardiovascular medicine. Many of these issues remain unresolved, suggesting that more research is needed. It is worthwhile to pause and consider the historical context, as it is to reflect

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on the FDA's current perspectives. Our guest editors round out the picture by blending in pieces on both state-of-the-art discovery research and clinical medicine. Recognizing how to prevent and treat cardiovascular disease in women and men is still a challenge. Understanding sex-based differences—and commonalities—is the very first step towards personalizing medicine.

The process of putting this issue together: Reading the manuscripts, and the reviews, discussions with authors, and working with Carole and Amparo, has been my most fulfilling experience since joining this editorial board. Learning the progress women's cardiovascular health has made and the space into which it may move builds confidence in and instills patience for the process that in the end becomes progress. Carole and Amparo have provided you with a list of authors to follow in the coming years for updates on women's health and cardiovascular medicine. *JCTR* is dedicated to women's health issues and welcomes articles related to this topic.



Dr. Amparo Villablanca

Moving forward,
Jennifer L. Hall, Ph.D.
Co-Editor, *JCTR*