'C S' Tips for a Safe Surgical Practice

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Surgical practice today, has to be performed in a litigant society, constant media scrutiny and with a threat of physical violence by irate public. To make surgical practice safe against these, here are listed a few "C S Tips" [1].

A/ CORRECT STEPS (POSITIVE traits to ACQUIRE)

1. Common Sense to be used.
2. Communication Skills to be improved, Courtesy to be Shown always, Cheerful Spirit to be shared.
3. Concerned Sympathy (Empathy) must be expressed.
4. Clinically Sound practice, at all times (Pre, Peri and Post op.).
5. Certified Statistics [EBM] to be basis of all therapy.
6. Correct Script of documentation to be maintained.
7. Cost Surveys and estimates to be given.
8. Counseling Sessions with patient/relatives to be frequent.
9. Clean Slate of Ethical values and practice to be built up.
10. Central Statuettes (Rules and Laws of Govt. and Regulatory bodies) to be followed.

B/ CHARACTERISTICS SHUNNED (NEGATIVE Qualities to AVOID)

1. Careless Speaking—must **not** indulge in cross talk, back stabbing, and character assassination of fellow professionals. Be careful, even walls have ears!
2. Callous Surgery—**never** use unjustified indications for surgery.

3. Corporate Settings (targets) should **not** be allowed to skew practice into a 'business sense'.
4. Create Short cuts in clinical practice—**never** move away from the set guidelines and recommendations
5. Cease Study—we must **not** stop studying, we need be up to date, in our respective discipline.
6. Carry on Single handed—must create a team, and be member of Associations like IMA, ASI and the like.
7. Cause Strife with fellow healthcare workers. Our 'enemies' are often from within!
8. Cash Stimulations—a big **NO** to kick backs, referral fees, and similar 'incentives', *both*, the giving and the receiving.
9. Charges Sky high. Always be reasonable, **not** arbitrary on your rates of financial compensations for surgical service rendered.
10. Costly Stile of living, meaning a social 'showing off' (our unequal society **does not** like high living standards to be made out of health!)

Compliance with Ethical Standards

Conflict of Interest The author declares that he has no conflict of interest.

Reference

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