Traveling with an Author

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Inspiration can come anywhere and from anyone. Scientific writing and its nuances need not be taught in workshops and class rooms; they can even be imbibed at altitudes of 39,000 ft. I had the honor of sharing adjoining seats on an aero plane with a senior surgeon and an author par excellence in our esteemed journal *India Journal of Surgery*.

The myths and misconceptions of writing a scientific article are akin to the fear of flying which revolves around taking the first step that is conceiving a concept (booking a ticket) and applying it to practice in a methodical manner, just as the pilot and the crew follow a checklist before takeoff.

Stepping ladder is straight because it is the shortest distance from the bottom to the top so is writing an article with patient as the starting point and the goal of the study as the final point.

The steps of the study including the material and methods, collection and interpretation of results, and analysis of results vis a vis the international guidelines should be clear and ob-

jective. Beating around the bush only makes the article cumbersome and cost ineffective just as the extra baggage that you need to pay for at the airline counter apart from the hefty indirect taxation.

The journey of the article has to be turbulent free with interjections of goodies as on the food cart that traverses the aisle submitting to the tastes of every reader with new information and insight to ideas considered improbable.

The authenticity of the work has to be as palatable as the lowest fares available crosschecked with references across various apps available and be transparent.

Hope to start my publication journey!!!!

Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

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