



SCD – Stem Cell Differentiation Toward Osteoblast Onboard the International Space Station

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Abstract

Microgravity produces a variety of physical, chemical, and biological cues leading to an intricate and largely unresolved network of mechanosensitive molecules, transduction pathways, oxidative stress-related responses, and adaptations. The bone loss observed in astronauts and animal models after spaceflight is attributable to alterations in the bone tissue formation that depends on the continuous remodelling through the activities of bone-resorbing osteoclasts of hematopoietic lineage and bone-forming osteoblast of mesenchymal origin. Focusing on osteogenic differentiation, we present the results of the “SCD - Stem Cells Differentiation” experiment, aiming to determine how human bone marrow stem cells (hBMSCs) react to a prolonged (approx. 2 weeks) exposure to microgravity in terms of growth, and differentiation when treated with a physiological osteo-inducer as 1,25-dihydroxy vitamin D (Vit D3). The experiment was selected by the European Space Agency and transferred to ISS with the Soyuz-TMA- 16M (ISS 42S). It was carefully prepared because experiments performed on ISS remain a uniquely exceptional means of clarifying the microgravitational effects on osteogenesis, often only partially activated and detectable under simulated conditions. Because of the substantial reduction in calcification observed (about 50% inflight vs. on-ground control), we looked at significantly affected pathways in hBMSCs grown in microgravity vs. on-ground controls. Genome-wide expression changes were assessed via microarray and next generation sequencing (NGS) and integrated with exosomal mi-RNA measurements. Multi-scale pathway analysis of the omics datasets revealed evidence of cell cycle arrest, occurring with a number of osteogenic gene markers, but without indications of adipogenesis, senescence and/or apoptosis.

Keywords Microgravity · Epigenetics · Transcriptomics · Bone mass loss · Aging

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Introduction

Mesenchymal stem cells (MSCs) are multipotent cells that are capable of differentiating into mature cells of several mesenchymal tissues, such as fat and bone, depending on the contribution made by a variety of external chemical, physical, and biological cues (Kokabu et al. 2016; Chen et al. 2016a). Indeed, MSCs respond by activating mechanosensors

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that mediate the process of biological mechanotransduction. Nevertheless, according to many authors, the scientific progresses in understanding the mechanisms of adipogenic / osteogenic differentiation of MSCs on ground still need confirmation (Chen and Jacobs 2013; Ingber et al. 2014; Huang et al. 2015).

Compared to on-ground conditions, microgravity (μg) produces a different and complex altered physical environment of forces (adhesion, tension, pressure, etc.) (Louis et al. 2015; Arfat et al. 2014; Vorselen et al. 2014; Bradamante et al. 2014; Versari et al. 2016) and leads to an intricate network on mechanosensitive molecules, transduction pathways, oxidative stress-related and adaptive responses. Nevertheless again, today we still do not have a clear answer to the bone-loss problem (Nagaraja and Risin 2013; Vico et al. 2017) that occurs in a site-specific and compartment-specific manner not only during, but also after spaceflight.

During long-term missions, astronauts face many physiological challenges. Living in the low-gravitational environment implies a redistribution of body fluids and unloading of weight-bearing bones and postural muscles (Vico et al. 2000; Adams et al. 2003) with consequences such as motion sickness, cardiovascular deconditioning, muscle atrophy, and a loss of bone mass (Grimm et al. 2016). Many of these diseases parallel the aging pathologies, but they occur and develop much more rapidly in space (Vernikos and Schneider 2010).

Bone loss has been observed in astronauts and animals after spaceflight and in on-ground simulated microgravity (sim- μg) experiments, from human bed rest, animal hind-limb unloading experiments, to *in vitro* studies of cellular models (Nagaraja and Risin 2013; Vernikos and Schneider 2010; van Deursen 2014). Despite the numerous reports, the pathology remains a key concern and development of effective countermeasures is still a major task.

In the past, researchers considered and investigated the failures in osteoblast and osteoclast activity responsible for bone mass loss in μg (Grimm et al. 2016). Here, the focus is on stem cells (SCs), which play a major role in the maintenance of bone mass, being the main source of osteoblasts during bone remodelling and repair. The recruitment of an adequate number of osteoblasts is dependent on the availability of human Mesenchymal Stem Cells (hMSCs) and their proper response to growth, differentiation, and chemotactic signals in the microenvironment (Lian et al. 2012). It is noteworthy that today there is increasing evidence that most of the diseases related to aging, including osteoporosis, are associated with a progressive decline in the number and/or function of SCs (van Deursen 2014).

Our paper describes the results of the “SCD – Stem Cells Differentiation” experiment, selected by ESA via ILSRA-2009 (International Research Announcement for Research

in Space Life Sciences at the International Space Station) and launched to ISS on March 27, 2015 with the Soyuz-TMA-16M (ISS 42S) mission. The aim of this study is to determine how hBMSCs react to a prolonged (approx. 2 weeks) exposure to μg in terms of growth, senescence and osteogenic differentiation, when treated with 1,25-dihydroxy vitamin D3 (Vit D3) (Bradamante et al. 2014). The experiment was carefully prepared (Versari et al. 2016) since experiments performed on the International Space Station (ISS) remain an exceptional tool for clarifying the effects of μg on stem cells and their differentiation. Indeed due to the limits of the μg simulators (Bradamante et al. 2014; Luna et al. 2015; Yan et al. 2015) the results of experiments conducted in sim- μg (Zayzafoon et al. 2004), although instructive, can be very much affected by the simulator design.

We first looked at significantly affected pathways in hBMSCs grown in flight and on ground (μg vs. $1g$), and then compared the differentiation program promoted by Vit D3 in flight and on ground (μg vs. $1g$, resembling the “*in vivo*” situation). Using selected genomic approaches, ranging from microarray to Next Generation Sequencing (NGS) analyses, we show how μg stresses hBMSCs involving important biological pathways with selected osteogenic and senescence gene markers, but without indications of adipogenesis and apoptosis. Our data point to major rearrangements of extracellular matrix stiffness in osteogenic conditions. In addition, the observed hyperproduction of microvesicles/exosomes is consistent with the miRNAs found in spent media.

Materials and Methods

Cell Culture

Human bone marrow MSCs (hBMSCs) were kindly provided by Ospedale Sacco, University of Milan Italy, with the collaboration of prof. JAM Maier and her group, dr. Sara Castiglioni and dr. Cazzaniga et al. (2016). We thank all of them for their dedication in the preparation of the SCD experiment that was extensively tested and described before the spaceflight mission (Versari et al. 2016).

Briefly, human BMSCs cells were cultured on Thermanox collagen coated coverslips for ~ 17 days either in Standard Medium (SM) or in Osteogenic Medium (OM), the composition of which were the following: a) SM: DMEM (Dulbecco’s Modified Eagle’s medium) supplemented with 12.5 mM HEPES, 10 U/mL heparin, 200 mM glutamine, 500 $\mu g/mL$ streptomycin sulphate, 600 $\mu g/mL$ penicillin; b) OM: SM added with 0.1 M ascorbic acid, 10 mM β -glycerophosphate, and 10^{-8} M 1,25(OH)₂D3 (Vit D3). All chemicals were purchased from Sigma Aldrich,

Saint Louis, MO, USA. Thermanox coverslips were purchased from Thermo Fisher Scientific Inc. Waltham, MA USA. Due to safety constraint in space, we selected NOTOXhisto (Scientific Device Laboratory, USA) as non-toxic fixative (Versari et al. 2016).

SCD Experiment

The SCD flight set consisted of 24 experiment hardware (EH) modules, 12 flight modules (Fm) and 12 ground modules (Gm), developed by Kayser Italia (Livorno, Italy; <http://www.kayser.it/>), each of which had one experiment unit (EU) integrated into the KUBIC interface container single level (KIC-SL). Each EU (Fig. 1) consisted of a brick made of biologically compatible plastic [polyetheretherketone (PEEK)] containing 5 cylinders (for the medium and chemicals), a cell culture chamber (CC), and connecting channels. Five small valves were placed to separate the different fluids and the CC. Each cylinder had a piston to inject a new fluid into the CC; the waste medium was collected in the previously emptied cylinder and suitably preserved. The SCD flight set was identical to that used for the successful SPHINX experiment (Versari et al. 2013b). During the first 3 days in space the temperature in the Soyuz vehicle slowly decreased: 27 °C was the temperature recorded for the samples before docking and installation in the KUBIK incubator on board the ISS. Before the flight, in our laboratory, we verified that this temperature would not jeopardize the success of the experiment by culturing hBMSCs in the EH modules at 27 °C for selected time intervals and determining that they were vital (data not shown).

It is known that cell shape and mechanical regulation (McBeath et al. 2004; Eyckmans et al. 2012) drives hMSC commitment. Therefore, in order to optimize proliferation and differentiation during the 14 days spaceflight experiment, the cells were seeded at a density of 25000 cells/cm² to reach an estimated 80% confluence 3 days after the launch (L+3d) before the first medium exchange. Figure 2 shows some essential parts of the spaceflight mission. Briefly, 24 Experimental Units (EUs) were prepared as indi-

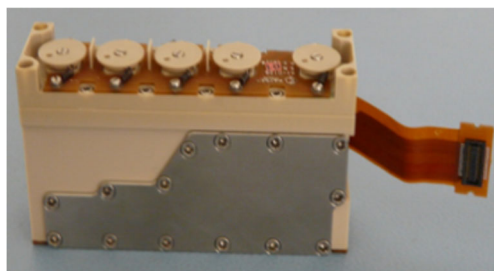


Fig. 1 The SCD EU with integrated electronics

cated in Fig. 2 (panel a); 12 electronically integrated EUs inserted in the (KIC-SL) to form the experimental hardware (EH) modules, were transferred in soft pouches by the Soyuz-TMA-16M (ISS 42S, launched on March 27, 2015) to the ISS.

The experiment profile is that detailed in Fig. 2 (panel b). Once on ISS we applied the following schedule:

1. **Time-point T₀**: star symbol in Fig. 2. Installation of the EH in the KUBIK, registered temperature was 27 °C.
2. **Time-point T₀ + 7 hrs**: step C in Fig. 2. Starting point of the experiment and first medium exchange (medium SM or OM). From the previous time-point, temperature is raised to 36.5 °C and will be maintained stable until the end of the experiment.
3. **Time-point T₀ + 7 days**: step B in Fig. 2; second medium exchange (medium SM or OM).
4. **Time-point T₀ + 14 days**: step C in Fig. 2; third medium exchange (PBS). The experiment was then stopped by means of two subsequent exchanges with RNAlater in eight EH modules and two subsequent exchanges with NOTOXhisto in the remaining four EH

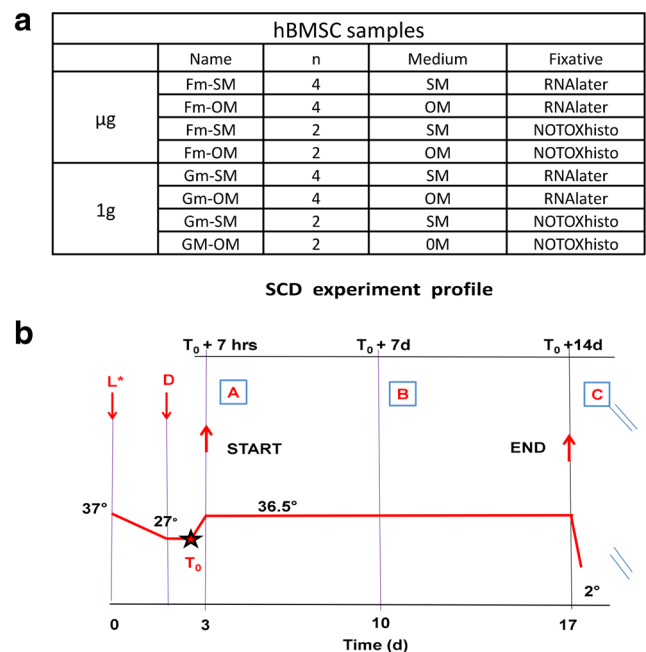


Fig. 2 SCD experimental planning and profile. (a) List of how 24 EUs of human BMSCs were cultured in different media and the used fixatives. μg: microgravity, g: gravity, Fm: flight model, Gm: ground model, SM: standard medium, OM: osteogenic medium, N: number of EUs. (b) The scheme describes the evolution of temperature with time and the main activities from the launch (L*) of the SOYUZ followed by 8 min at 3.5 g to A: 1st medium exchange, B: 2nd medium exchange and the end of the SCD experiment with C: 3rd medium exchange and fixation. Then the temperature in MELFI fridge was set at 2 °C until the return of the experiment on Earth

modules; the fixative exchanges were separated by a 6 min interval. After each exchange, a protease inhibitor cocktail was added to the exhausted culture medium.

The EH modules were subsequently kept at 2 °C inside the MELFI fridge where they remained for longer than expected due to a delay (~ 1 month) in the return of the Soyuz to Earth. Indeed Soyuz -TMA-15M with Expedition 43 crew landed in Kazakhstan on June 11, 2015 and the EH modules were delivered to PI in Milan 2 days later. The other 12 EH modules prepared in Baikonur were run in parallel using the same experimental protocol. All of the medium exchanges and fixation operations were automated based on the predefined timeline.

Within 2 days from the delivery to Milan all of the 24 EH modules were disassembled at Kayser Italia in Livorno, Italy.

Cell samples were in good condition. In conclusion, all of the SCD EH modules (in flight and on Earth) were correctly activated, and cells and culture media have been fixed in accordance with the timeline. In the end, each module provided a 230-mm² cell sample and the related preserved media (media A – C, 1.8 ml each). The extracted RNA passed the quality check for microarray analysis. The culture media were clear and immediately frozen for further analyses.

NOTOXhisto Sample Processing

For sample processing, the ground and spaceflight EUs were open and the coverslips and the spent media were collected in sterile conditions. Images of hBMSCs 2 month after fixation were obtained immediately using the inverted microscope Leica DMIL, the Leica application suite version 2.5.0R1 (20X) and the camera Leica DFC320. The spent media were kept at -20 °C.

Osteogenic Differentiation Evaluation

The osteogenic differentiation was assessed by evaluating calcium deposition using Alizarin Red staining. The Alizarin Red was extracted and measured at 405 nm. Extraction and quantification of the dye were performed as describe previously (Gregory et al. 2004)

RNA Isolation, Microarray and RNAseq Processing

Spaceflight or 1g control samples were preserved in RNAlater (Sigma-Aldrich) and suspended by scraping in 500 µL of Trizol (Thermo Fisher Scientific) for total RNA extraction. 5-30 ng of high quality total RNA were used to synthesize Biotin-labelled cDNA targets. Double stranded cDNA synthesis and related cRNA was performed with

Nugen® Pico WTA Systems V2 (NuGEN Technologies, Inc). With the Encore® Biotin Module (NuGEN Technologies, Inc) was synthesized the fragmented and labelled cDNA. Hybridization was performed onto Affymetrix Gene Human 1.0 ST arrays (28.869 genes) (Affymetrix, Santa Clara, CA, USA). GeneChip arrays were scanned using an AffymetrixGeneChip® Scanner3000 7G using default parameters. AffymetrixGeneChip® Command Console software (AGCC) was used to acquire GeneChip® images and generate .DAT and .CEL files, which were used for subsequent analysis with proprietary software. Partek Genomics Suite v 6.4 was used for analysis of microarray data.

For RNAseq studies, only spaceflight samples were considered. 100ng of total RNA were used to purify mRNA and to synthesize cDNA in one tube (Thermo Fisher Scientific -Dynabeads mRNA DIRECT Micro Kit), using RCC RNA Spike-In Control Mixes (Thermo Fisher Scientific) as a control. We used the Ion Total RNA-Seq Kit v2 to construct the whole transcriptome libraries, using oligo-dT primers. Sequencing templates were prepared using an Ion PI Hi-Q OT2 200 Kit (Thermo Fisher Scientific). The prepared templates were sequenced using an Ion PI HI-Q Sequencing 200 Kit and the Ion Proton sequencer (Thermo Fisher Scientific). Torrent Suite 4.0 to 5.0 software (Life Technologies) was used to convert the raw signals into base calls and to extract the FASTQ files of the sequencing reads.

Microarray Data Analysis

Transcriptional analyses were performed by comparing spaceflight or 1gcontrols samples in OM vs. those in SM. We also compared spaceflight samples with 1g controls in the same medium. The list of the differentially expressed genes was obtained using ANOVA. A 1.3-FC cutoff value coupled with $p < 0.05$ and a false discovery rate (FDR) filter were used to distinguish statistically higher or lower gene expression from random variation. When the number of genes was ≥ 1000 , pathway analyses were performed following only a topological approach (SPIA - Signaling Pathway Impact Analysis) (indicated in Fig. 4 and Supplementary Fig. 1 as:**) coming from the program Graphite (Sales et al. 2012), using indistinctly Reactome or KEGG as databases. We applied this approach since SPIA is a very severe and specific method, useful when a large amount of data is used. When the number of genes was < 1000 , the pathway analyses were performed using both topological and hypergeometric (indicated in Fig. 4 and Supplementary Fig. 1 as: *) approaches coming from the programs Graphite or FunRich (Pathan et al. 2015). The gene ontology was performed using only FunRich independently of the number of genes.

RNAseq Data Analysis

Sickle trimmer (Joshi and Fass 2011) was used to remove low quality ends of the raw reads (using a quality threshold of 20, with option $-q$ 20) and to remove short reads (using a minimum length threshold of 30, with option $-l$ 30) to increase the mapping rate to reference genome. Adapters were removed using CUTADAPT (Martin 2011). Reads were mapped on the ENSEMBLE GRCh38.p5 Human Genome assembly. Genome assembly was indexed locally with long indices using command *bowtie2-build* in *bowtie2* program (Langmead and Salzberg 2012). Reads were mapped to the reference genome following the protocol provided by Life Technologies (<https://ioncommunity.thermofisher.com/docs/DOC-7062>). Gene expression abundance estimation was performed with *htseq* count script (Anders et al. 2015). Differential expression analysis was performed using the edgeR (Robinson et al. 2010) package in R software. After library normalization, the genewise exact tests were calculated with command *exactTest*. Significantly differentially expressed genes between the two conditions, without adjustment for multiple testing, were identified and exported for further analysis. The pathway analyses were performed using hypergeometric test in FunRich (Pathan et al. 2015).

Exosomes Purification and miRNA Analysis

We used the exoRNeasy Serum/Plasma Midi Kit (QIAGEN S.r.l. – Milan-Italy) to extract the exosomes and purify the miRNAs present therein, according to the manufacturer's instructions. Briefly, 800 μ L of spent media followed a phenol/guanidine-based lysis that allows the recovery of vesicles in a membrane-based affinity-binding step to isolate exosomes. The purification of total RNA from exosomes was possible thanks to the use of a silica-membrane. The presence and the integrity of small RNA was assessed using an Agilent Bioanalyzer (Agilent Technologies, Santa Clara, CA, USA). The samples obtained were sent to the DNA sequences services – FASTERIS-Switzerland (<http://www.fasteris.com>) for analysis by sequencing.

miRNAseq Data Analysis

Data analysis was performed by FASTERIS-Switzerland. After sequencing adapters removal, performed with Trimmomatic, reads in the size range of 18–50 nucleotides were selected and used for downstream analysis. Selected sequences were mapped against mature miRNAs in the miRBase version 21 using BWA tool (command *bwa aln*) and miRNAs expression counts were obtained with the same tools. Finally, differential expression analysis was

performed using the edgeR package in R software. Counts were normalized and differential expression was inferred using the negative binomial distribution and a shrinkage estimator for the distribution variance of the counts.

Data Availability

All RNA sequencing, small non-coding RNA sequencing, and Microarray data that were used to support the findings of this study have been deposited in NCBI/GEO with SuperSeries accession code GSE100933.

Results

To evaluate whether microgravity affects SC differentiation, we cultured hBMSCs in space and on Earth using suitable experiment hardware (EH) modules with automatic fluid exchanges (Fig. 1).

Briefly, given the temperature and preservation limits of the spaceflight experiments, the cells were cultured during spaceflight for 3 d before docking, and then the experiment started and lasted for approximately 14 days (330 hrs) (Fig. 2) with suitable medium exchanges and final addition of suitable fixatives such as RNAlater or NOTOXhisto. There were restrictions in selecting the postflight analyses due to the use of RNAlater. At the end of the in-flight and on-Earth experiments, the cells showed the characteristic static distribution and were well attached to the culture support as determined by visual inspection using phase contrast microscopy, thus indicating that they were still alive when fixed with RNAlater (Fig. 3). The long storage time before landing had no influence on the conditions of the fixed flown samples. In conclusion, all of the SCD EHs (inflight and on Earth) were correctly activated, and cells and culture media have been fixed in accordance with the timeline. At the end, each module provided a 230-mm² cell samples and the related preserved media (media A – C, 1.8 ml each).

Photographs were taken upon opening the EUs containing cells fixed with RNAlater, using phase contrast microscopy (see example in Fig. 3-1) and showed that μ g increased the production of membrane aggregates, similar to lipid vesicles but eventually attributable also to exosomal microvesicles.

The extracted RNA passed the quality check for microarray analysis (RIN = 8–10). The culture media were clear and immediately frozen for further analyses. All of these factors indicate that experiment ended successfully, as anticipated by the preliminary exhaustive ESTs (Experiment Sequence Test) performed on ground under ESA controls.

Here, we highlight the μ g effects on hBMSCs: 1) evaluating calcium deposition; 2) adopting the genomic and

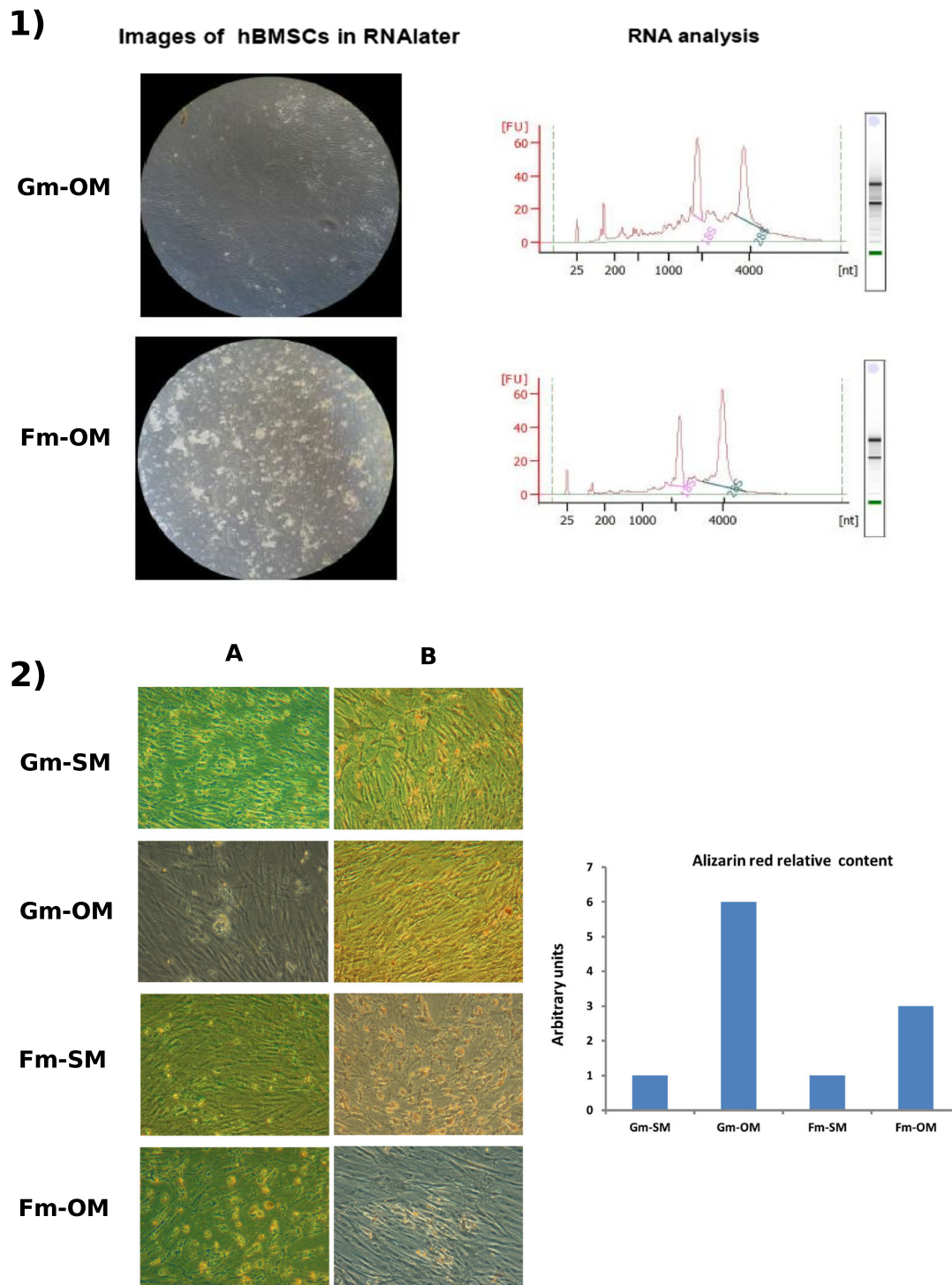


Fig. 3 SCD after the spaceflight mission. - Human BMSCs fixed in **1)** RNAlater - Examples of the integrity of the samples. Selected images as obtained by Kayser - Italia after the disassembly of the EHs and related RNA analysis (Cogentech). **2)** NOTOXhisto - Selected images (**A**) before and (**B**) after Alizarin red staining. Before the Launch (L), 25000 human BMSCs / mm² were seeded on the Thermanox supports in the 24 modules (12 Fms and 12 Gms). Nevertheless, due to the limited number of modules, we could not determine how many cells were alive at T₀ + 7 hrs: as a matter of fact, the 24

modules experienced the same temperature variation during the interval L - (T₀ + 7 hrs), but the 12 Fms experienced 6-8 min of hypergravity and 2-3 days of microgravity before being brought into KUBIK on ISS, while the Gms remained at 1g. Due to these initial differences, to evaluate calcium deposition in SM (*unstimulated conditions*) and in OM (Vit D3 supplemented medium, *stimulated conditions*) on Earth and ISS we compared the differences in alizarin red concentration [ARC] on Earth and ISS using the following ratio (arbitrary units): [ARC]_{T₀+14d} / [ARC]_{T₀+7hrs} assuming [ARC]_{T₀+7hrs} = 1

the NGS approaches to validate the possible failures of the osteogenic differentiation; 3) focusing on the cell cycle and proliferation; 4) discussing possible evidence of stemness, senescence, apoptosis and ECM stiffness, to complete the analysis of our samples, and 5) adding other data on the presence of macrovesicles and exosomes.

Calcium Deposition

We Versari et al. (2016) have verified that the non-toxic fixative NOTOXhisto can substitute paraformaldehyde (PFA) and is suitable for preserving cell samples in spaceflight experiments. Using Alizarin Red as a marker of osteogenic differentiation, we evaluated calcium deposition by means of conventional microscopy (Fig. 3-2) In line with published data, the Alizarin Red results indicate that calcification in real μg was much less (<50 %) than that obtained on Earth.

Osteogenic Differentiation of hBMSCs in μg

The principal component analysis (PCA) of the gene expression profiles from the DNA microarrays confirmed that out of the sixteen samples fixed in RNAlater, reported in Fig. 2a, the spaceflight samples belong to clearly defined clusters (data not shown).

To investigate the genes involved in osteogenic differentiation in μg , we performed transcriptional analysis by comparing in-flight and on-Earth cells in standard (SM) or osteogenic medium (OM).

Figure 4 and Table 1 show the relevant comparisons considered together with significant selections of the differently expressed genes (DEGs) and graphs of the most representative gene ontology (GO) and biological pathways. The comparisons are *in-flight samples* (Fm-OM vs. Fm-SM = comparison 1), *in-flight versus ground samples* (Fm-OM vs. Gm-OM = comparison 2 and Fm-SM vs. Gm-SM = comparison 3). This notation will be used throughout the paper (Fig. 4-A). Moreover, a number in parenthesis to indicate its fold-change (FC) in the quoted context will often follow the gene name.

In comparison 1, we found 242 DEGs (126 downregulated, 116 upregulated). Among the upregulated, we found a few important genes associated to osteogenesis (*BGLAP*, *CHRDLI* and *SPP1*) but hypergeometric and topological pathway analyses indicated that most of the DEGs are associated with the GO *Extracellular Matrix* (ECM) and to the pathway of *Extracellular Matrix Organization* that was significantly inhibited (Fig. 4C). Six of the 92 genes in this pathway, that encode for type 4, 11 and 12 collagen proteins as well as for proteins that regulate collagen chain assembly, were downregulated (Bonferroni $p < 0.001$). These results agree with those of many other studies performed under

conditions of μg or sim- μg , indicating that looser interactions between collagen and integrins induce changes in ECM (Meyers et al. 2004). Thus, this confirms that osteogenic differentiation depends on the interactions between osteoblast precursors and the collagenous extracellular matrix they secrete.

We also found that four of the genes making up the pathway of *Metabolism of Steroid Hormones and Vitamins A and D* were highly up-regulated (*CYP19A1*, *CYP24A1*, *AKR1B1*, *HSD11B1*). In particular, we found the gene *CYP24A1* (217.89) overexpressed, which encodes member 1 of the cytochrome P450 Family 24, an enzyme regulating the levels of vitamin D (Geng et al. 2013). This is relevant to our experiment as we used Vit D3 to induce hBMSC osteogenic differentiation. (Supplementary Tables 1-6).

To validate the data reported above, and delve more deeply in to low copy number genes, we performed the NGS analysis of the same hBMSC spaceflight samples (Fig. 5). This approach presented 480 DEGs (FC > 1.3, $p < 0.05$), which is more than the 242 DEGs identified using the microarray approach. Both techniques shared 89 DEGs with concordant expression. The majority of them belong to *Integrin Cell Surface Interactions* pathways, confirming two important processes: osteogenesis (highly upregulated *BGLAP*, *CHRDLI*, *SPP1*, *CYP19A1*, *CYP24A1*, and *HSD11B1*) and collagen degradation (downregulated *COL11A1*, *COL12A1*, *COL4A1*, *COL4A2*, *ITGAI1*, and *THBS1*), in agreement with many studies indicating μg as major driver of changes in cytoskeleton and ECM (Louis et al. 2015; Vorselen et al. 2014) (Supplementary Tables 8-10).

The moderate osteogenic differentiation and low calcification observed in the hBMSCs in μg is not explained by differences in expression of genes involved in apoptosis or adipogenesis: instead, they are mainly associated to the down regulation of important genes of ECM pathway.

Cell Cycle and Cell Proliferation in Microgravity

We focused on possibly important processes, other than those associated with ECM.

From microarray data, in comparison 1 we found that four genes of the *LICAM Interactions* pathway, involved in cell proliferation, motility and cell-cell communication (Louis et al. 2015), were down-regulated (*CSNK2A2*, *ITGAV*, *NRCAM*, *NRP2*), indicating that μg could also affect the proliferation pattern (Supplementary Table 2). We also considered the results of the pathway analyses of comparison 2 and 3 (Supplementary Fig. 1).

- In comparison 2, we found only 6 pathways altered in μg : 5 are not directly related with cell cycle or cell proliferation (Supplementary Table 4) while the signaling by TGF- β Receptor Complex is inhibited. The expression of the *TGFBI* gene, known to cause cell cycle

Fig. 4 Microarray results. Microarray results analysed according to scheme **A**) and the relative Venn diagram **B**). Restricted analysis focused on comparison 1 **C**). The GO and biological pathways were evaluated using hypergeometric approach. Results for comparison 2 and 3 are reported in Supplementary Fig. 1

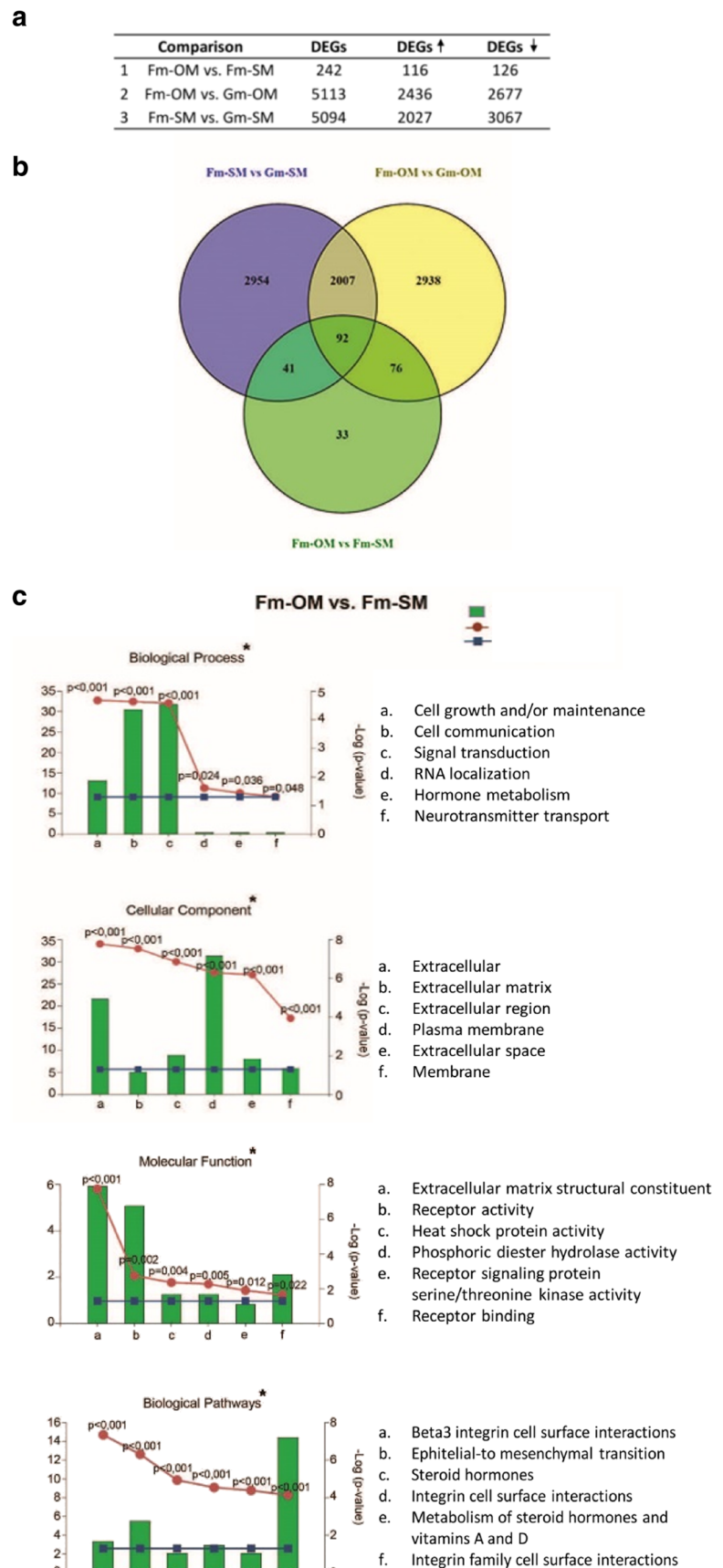


Table 1 Gene symbol and observed fold change value of relevant genes to pathway analysis reported in Fig. 5

Gene Symbol	FC
ADAMTS2	-1.75
ANKRD1	-2.35
BGLAP	-15.88
COL	Mainly ↓
CYP24A1	217.90
DOCK5	1.38
DOCK9	-1.46
FLG	-5.40
G0S2	-3.03
GYS1	-1.46
IL1R1	2.25
ITGAV	-1.67
LAMA4	1.87
LEPREL1	-1.56
NFIB	2.33
ODC1	-1.73
RAB27B	5.23
SFRP4	-2.53

arrest in G1, was FC=1.62; comparison 3: FC=1.89 (Supplementary Tables 3 and 5 respectively).

- In comparison 3, we found a) the *TGFB1* gene upregulated (FC=1.89; Supplementary Table 5) and b) 54 altered pathways, encompassing *Regulation of mitotic cell cycle, S Phase, Mitotic G1-G1/S phases, G1/S Transition, M/G1 Transition, Cyclin D associated events in G1, G1 Phase, G2/M Transition, Mitotic G2-G2/M phases*, indicate that the cell cycle was inhibited in μg (Supplementary Table 6). In particular, the downregulated expression of *BUB1* (-2.31), a serine/threonine-protein kinase that plays a central role in mitosis, and of some cyclins (*CDK1* -1.80; *CDKNIA* -1.92; *CDK6* -2.28) are in line with our hypothesis of cell cycle arrest (Dai et al. 2007; Clement 2012)

We also applied the pathway analysis to the DEGs derived from the comparison between microarray and NGS data (Fig. 5, Tables 2, 3 and 4).

- *The shared DEGs between NGS and microarray* were 89 and were associated to ECM integrins, Notch signalling pathway, and *VEGF and VEGFR signalling network*.
- *The DEGs from NGS data, not discovered by microarrays*, are 391 and were associated to the ECM integrins, and to signalling pathways, which relate to important cellular processes such as proliferation, survival and differentiation. In the case of *IL5* and *IL3 mediated signalling events* (Fig. 5, Supplementary Table 10) analysis on expression of genes regulated by the signalling pathway, further stresses the implications at the cell cycle progression level. One of the genes regulated by *IL5-mediated signalling events* pathway is in fact *PIMI* (-1.45, NGS), which stimulates cell cycle progression at the G1-S and G2-M transitions.
- The upregulated expression of *TXNIP* (11.12) is considered the overall cell response to mechanic & oxidative stresses and Vit D3 stimuli. Additionally, and perhaps more importantly, *TXNIP*, also known as *VDUP*, is reported to be a regulator of hematopoietic stem cell quiescence under conditions induced by Vit D3: in analogy, we assume that *TXNIP* over-expression was responsible of G0/G1 cell cycle arrest (Tu et al. 2016). More specifically, *IL3-mediated signalling events* pathway is involved in the regulation of *TGFB2*, and high expression levels of *TGFB2* in flight cells were evident from both Microarray and NGS data, suggesting that in spaceflight cell cycle arrest has occurred in the G1 phase.
- *The unshared DEGs from microarray data* were 153 and were associated, among others, to ECM integrins and *Axon guidance* (Supplementary Table 11). Those pathways are involved in reorganization of cytoskeletal and cell-cell adhesion.

Table 2 Symbol and observed fold change value of the genes shared between microarray and NGS analysis

Gene symbol	Microarray FC	NGS FC	Gene symbol	Microarray FC	NGS FC	Gene symbol	Microarray FC	NGS FC
AGT	-1.41	-1.59	CSF1	2.89	2.09	VLDLR	-2.02	-1.59
BGLAP	15.88	10.27	GYS1	-1.46	-1.38	NRP2	-2.30	-1.33
CHRD1	7.59	3.82	JAM2	-2.57	-1.65	SFRP4	-2.53	-1.97
CLU	3.62	2.68	MAF	-1.51	-1.33	SOBP	1.88	4.91
COL11A1	-4.28	-3.02	SPP1	9.94	4.02	GHR	2.83	2.56
COL4A1	-2.53	-1.89	SVIL	2.09	1.36	MFAP5	-2.72	-1.60
CP	2.24	1.71	TGFB2	2.79	1.77	NOTCH3	-1.46	-2.04

Reported genes resulted relevant to hypergeometric pathway analysis showed in Fig. 5B

Table 3 Symbol and observed fold change value of the genes in NGS analysis not shared by microarray analysis

Gene symbol	NGS FC	Gene symbol	NGS FC	Gene symbol	NGS FC	Gene symbol	NGS FC
A2M	-1.75	EGR3	6.58	LAMC2	2.18	RNF144B	-4.93
CCL2	2.28	FGFR2	-1.55	LEP	-1.42	S1PR1	2.57
CISH	-5.01	GFRA1	1.98	LIF	-1.41	SERPINE1	-1.84
COL4A3	-2.74	HGF	1.96	MAP2K6	8.78	SLC2A1	-1.58
COL4A4	-2.78	HSPB1	-1.39	MAPK8IP3	-1.48	SNTA1	-1.48
COL5A1	-1.41	ICAM1	-1.56	MGP	1.63	THBD	6.02
CSPG4	-1.63	IGF2	-1.54	NR4A1	-2.42	TJP2	1.36
CXCL8	-3.27	IGFBP1	1.61	PIM1	-1.45	TLE4	-1.38
CYCS	1.70	JUP	-1.41	PITX2	-1.39	UBE2D1	1.36
DUSP6	2.18	KIFC3	-1.43	PKN1	-1.56	DLG4	-1.34
DVL1	-1.34	LAMA3	1.34	RELB	-2.45	HBEGF	-1.85

Reported genes resulted relevant to hypergeometric pathway analysis showed in Fig. 5C

Increased Microvesicle Trafficking in Microgravity

We observed microvesicle formation in inflight samples, in particular in OM (Fig. 2-1). The microarray results of the corresponding samples (*comparison 1* and *2*) demonstrated that *RAB27b*, an important gene involved in vesicle-mediated transport, was upregulated: FC=5.23 and 7.28 respectively (Supplementary Tables 1 and 3). In addition, another 25 genes belonging to *RAB* family were found among DEGs in *comparison 2* (Supplementary Table 3).

Due to the utilization of RNAlater as fixative, it was impossible to separate exosomes and microvesicles from hBMSCs. The microvesicles/exosomes presence was indirectly confirmed when we matched the ExoCarta gene list a record of genes involved in microvesicle production and exosomal characterization (Mathivanan et al. 2012), with our microarray results. We found that 45 DEGs from

comparison 2 (with 36/45 upregulated, OM) and 45 DEGs from *comparison 3* (with 37/45 downregulated, SM) were matched with top 100 ExoCarta gene list. (Supplementary Table 7). Taken together, these results support our observations indicating that μ g stimulates the exosomes/microvesicle formation, being the phenomenon more evident in osteogenic conditions.

MiRNAs in Exosomes from Spent Media

To investigate if the inhibition of the cell cycle was associated to cell-cell communication through miRNAs secreted into the medium (Turturici et al. 2014), we purified exosomes from spent media and sequenced the miRNAs contained therein.

Overall, from an initial higher number of differentially expressed miRNAs, our analysis was focused on 10 miRNAs

Table 4 Symbol and observed fold change value of the genes in microarray analysis not shared by NGS analysis

Gene Symbol	Microarray FC	Gene Symbol	Microarray FC	Gene Symbol	Microarray FC
BMPR2	-1.43	LAMA4	1.87	SRGAP1	1.61
BNIP3	-1.44	MAPK13	1.55	BNC2	1.39
CCL26	-3.82	ODC1	-1.73	CALD1	-1.34
CD14	2.93	PLD1	1.56	CRYAB	-1.44
CYR61	-1.52	THBS1	-1.34	FBLN1	1.84
EDIL3	-1.81	ZFP36	2.23	MYLK	-1.81
EGR1	2.14	ABLIM1	-1.72	PDGFC	-1.76
F2RL2	-2.11	ACVR2A	-2.15	RARRES2	1.78
HIPK2	1.41	APBB1IP	1.71	ANGPT2	1.61
IBSP	-2.73	CSNK2A2	-1.55	ATP2B1	1.48
ITGA11	-1.71	MYH10	-1.54	DGKB	1.66
ITGAV	-1.67	RBPJ	-1.32	DOCK9	-1.46
KLF4	1.86	RPS6KA2	1.48	HABP4	-1.37

Reported genes resulted relevant to hypergeometric pathway analysis showed in Fig. 5D

Table 5 Symbol and observed fold change value of the HSP genes in microarray analysis of comparison 2, Fm-Om vs. Gm-Om

Gene symbol	Microarray FC
BIHASP	2.65
HSP70 family	
HSP1A	2.17
HSPA2	2.09
HSPA13	-5.41
HSPA5	-3.79
HSPA9	-3.31

differentially expressed in at least one comparison, after filtration (filtering for a $FC \geq 2$ and a p value, FDR corrected, ≤ 0.05).

Our results (Fig. 6) are in favour of a role of miRNAs in the regulation of osteogenesis. Accordingly, other studies indicate that: a) the significant upregulation of miR-142-5p correlates with active osteoblastogenesis during the bone healing process promoting in vitro osteoblast activity and matrix mineralization (Murata et al. 2014; Baglio et al. 2015); b) miR-451a is involved in the regulation of skeletal development (Scott et al. 2012; Desvignes et al. 2014) together with c) the upregulation of miR-3120-5p (Li 2011).

Stemness, Apoptosis and Senescence

Gm and Fm samples underwent the same protocol, but the 3 days needed to reach ISS and install the EHs in the local incubator may have affected starting cell concentration, their viability and differentiation capacity (Roobol et al. 2009). Bearing in mind this *caveat* we evaluated the differences in genes altered between spaceflight samples

Table 6 Symbol and observed fold change value of the Linc genes in microarray analysis of comparison 2, Fm-Om vs. Gm-Om

Gene symbol	Microarray FC
LINC00260	2.15
LINC00266-1	-2.10
LINC00268	1.87
LINC00471	-2.12
LINC00526	1.47
LINC00670	-1.62
LINC00671	1.43
LINC00943	-3.55
LINC00998	1.97
LINC01089	2.68
LINC01106	1.87
LINC01116	1.81
LINC01123	1.89
LINC01140	6.19

and ground controls in OM, *comparison 2* (Supplementary Table 3, Supplementary Fig. 1A).

The downregulation of stemness genes, such as *LIF* (-44.99) and *FGF2* (-5.19) points to *stemness loss*.

The lack of any significant sign of *apoptosis* (*BCL2*: -1.32, *CASP9*: -1.48) is supported by the upregulation of two potent inhibitors of apoptosis (*BIRC5*: 6.16, also known as Survivin (Saleem et al. 2013) and *IGF-1*: 3.51) (Vincent and Feldman 2002).

Because of the oxidative stress associated to μg , *senescence* could have been expected based on data arising from spaceflight experiments using other cellular models (Versari et al. 2013b; Tian et al. 2017). Considering *comparison 2*, we did not find any evidence of gene expression modulation of senescence-associated markers such as *PARG1*, *CDKN2B*, the growth factor *PTN*, *MCM3*, and histone deacetylases (Baker et al. 2015) except the *HDAC9* (-2.28). Increased expression of the transgelin gene (*TAGLN*: 3.55) (Wong et al. 2016) regulating the actin dynamics and stress fibers during senescence, and of *TXNIP* (11.21), a gene playing a positive role in preventing stem cell ageing (Jung et al. 2016), suggests a compensatory mechanism reducing senescence. This mechanism induces salvage pathways leading to production of antioxidants as indicated by the extensively increased gene expression of glutathione transferases, together with other three genes involved in the antioxidant response: *GPX4* (1.70), *CAT* (2.70), *SOD1* (1.72).

ECM Stiffness

A decisive parameter for osteogenesis is ECM stiffness, impossible to measure under our conditions. Nevertheless, we can deduce that many data indicate major rearrangements of ECM. They include, considering comparison 2, the high upregulation of all 12 collagen genes, the high downregulation of matrix metalloproteinases, involved in breakdown of ECM, (*MMP1*: -8.27; *MMP3*: -16.73), and the increased expression of metalloproteinase inhibitors (*TIMP2*: 2.57). In addition we found that lamin-A/C is over-expressed (*LMNA*: 5.32), in analogy with its regulators, the Retinoic acid receptors (*RARs*). These results are in accord with literature data (Swift et al. 2013) reporting that the majority of lamins scales with the stiffness of a tissue, with stiffer tissue such as bone having higher levels than softer tissue. The lamin genes and their regulators favour osteogenesis and impair adipogenesis.

Discussion

The delicate process of MSC differentiation is governed by physical, chemical and biological factors and numerous cell

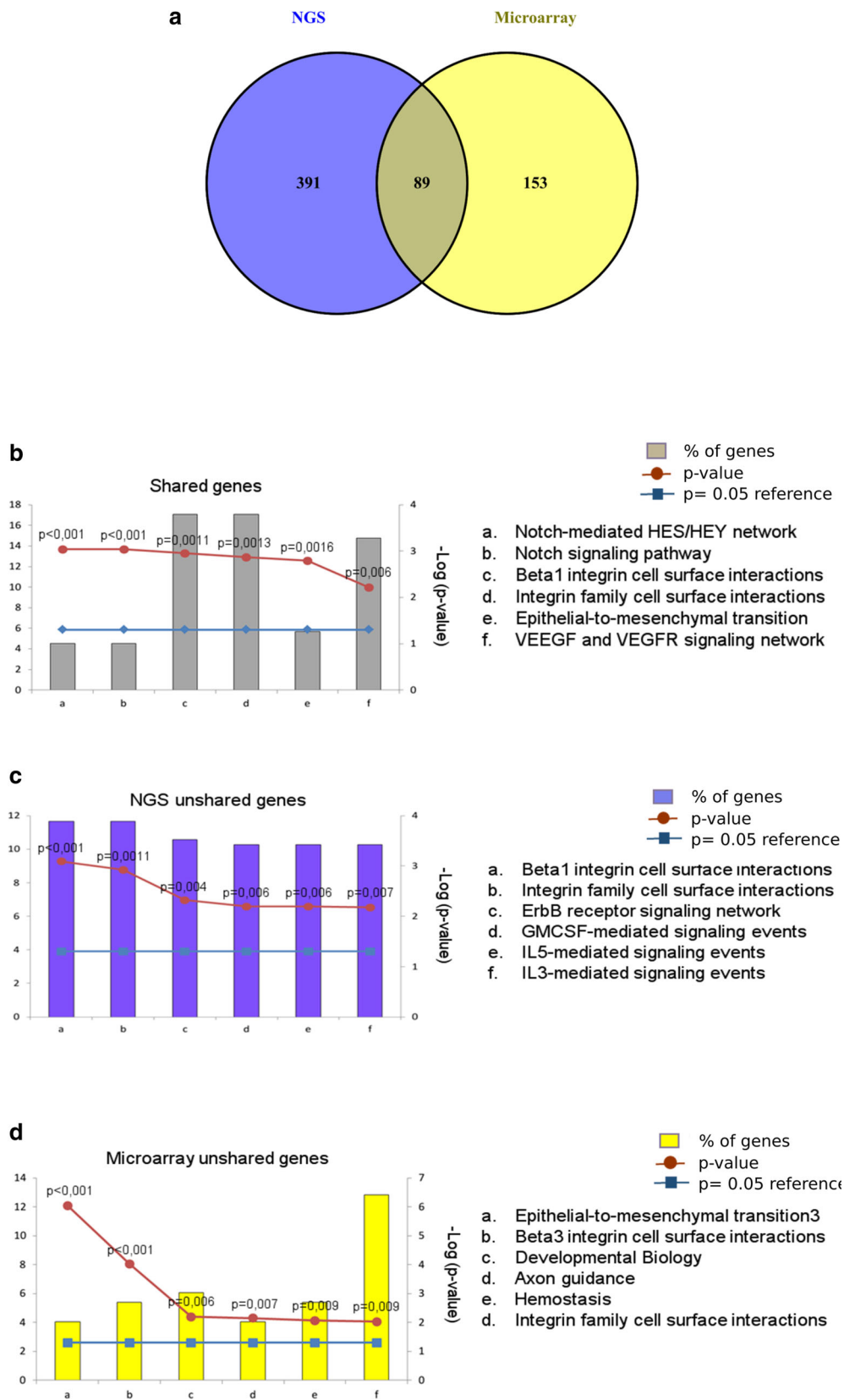


Fig. 5 Comparison of NGS and Microarray results for inflight samples **A)** Venn Diagram of NGS and microarray results showing the number of shared and unshared genes. Pathway analysis using

hypergeometric approach of **B)** NGS and microarray shared genes, **C)** NGS unshared genes and **D)** Microarray unshared genes

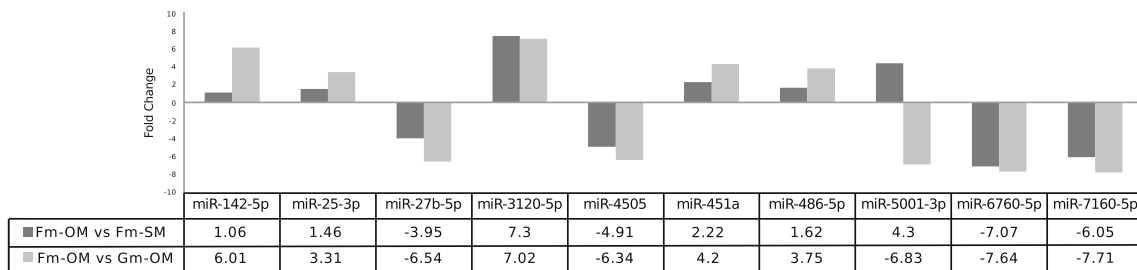


Fig. 6 List of MiRNAs released in spent media in inflight and on-ground EHs: significant comparison of their expression in SM and OM media

processes are controlled by gravity, such as calcium signalling mechanotransduction, ligand receptors interactions, and cell-cell communications.

Previous studies have indicated cytoskeletal structures, nuclei, and integrins as gravisensors, although cytoskeleton and integrins are not primary sensors since they react in response to their regulatory proteins (controllers of polymerization/destabilization agent). Consequently, it can be expected that the real μ g environment will cause massive changes with subsequent cytoskeletal and adhesion alterations.

We Versari et al. (2007, 2013a) and other authors (Chen and Jacobs 2013; Gershovich et al. 2013; Sheyn et al. 2010; Chen et al. 2016b) have used sim- μ g conditions to

investigate the effects of μ g on MSCs, but considerable differences in the experimental conditions, simulating devices, bioreactors, media, precursor cellular models etc. mean that many sim- μ g results cannot be compared with those derived from the SCD experiment. In addition, we chose Vit D3 as our osteogenic stimulus, with the aim of producing *in vitro* and *in* μ g results comparable to those obtained in mammalian models in space (Smith et al. 2012), whereas the most widely used chemical in *in vitro* MSCs osteogenic differentiation is Dexamethasone (DEX) (Bradamante et al. 2014, and references therein). In detail, Vit D3 (but not DEX): (a) stabilizes its own receptor, Vitamin D receptor (VDR) and induces the expression of

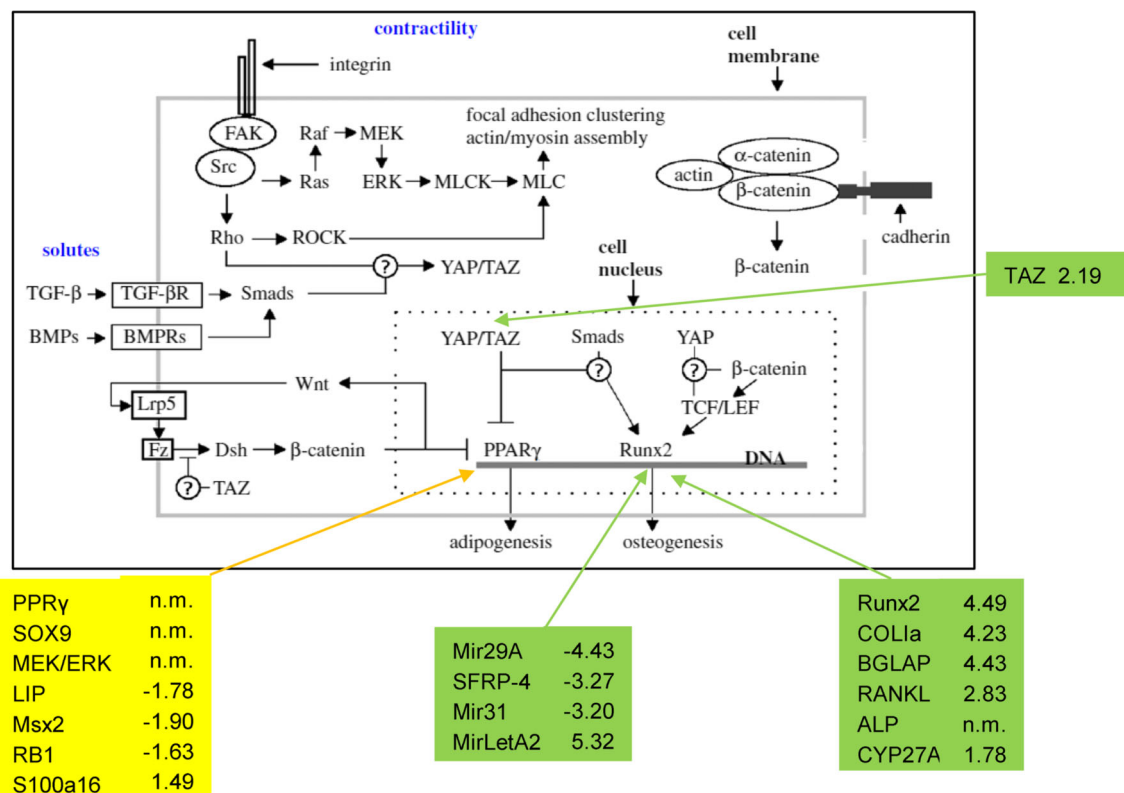


Fig. 7 A simplified scheme of signaling pathways implicated in MSC mechanosensing, mechanotransduction, and differentiation (adapted from MacQueen et al., 2013). From comparison 2, Fm-OM vs. Gm-OM, microarray analysis, The figure highlights some important DEGs

associated in coloured frameworks because of their known functions: green: Taz and osteogenesis modulators; yellow: involved in lipid production. Numbers indicate their expression

bone morphogenetic protein-2 (BMP-2) during osteoblast differentiation; (b) inhibits adipocyte differentiation in murine bMSCs and inhibits in the TMS-14 line of pre-adipocytes that support osteoclast-like cell formation.

Gene expression data points to osteoblast formation, rather than the formation of adipocytes (no modulated expression of *PPRγ*, *SOX9* and *MEK/ERK*) or chondrocytes (no modulated expression of *SOX9* and *PI3K/ATK*).

Mechanical signals (substrate stiffness, cell shape, fluid flow, compression, tension etc.) are key regulators of MSC differentiation: these signals are detected by mechanosensors, and transformed into biological reactions whose result are transmitted to the cell nucleus, thus leading to alterations in gene expression and protein activity, that may also be responsible for extracellular changes. Cell membranes allocate many components acting as mechanosensors, in particular ion channels, integrin, cadherin, and primary cilia, the last ones acting as chemo and mechanosensors.

Integrins are considered the main mechanosensors in many cells, including MSCs (Liu et al. 2014). They are also a link between extracellular and intracellular environment as they bind with ECM extracellularly, and promote the formation of focal adhesion complexes intracellularly. Focal adhesion proteins act as actin-integrin anchorage points for the cytoskeleton, and are involved in many signalling pathways.

Going from 1g to μ g (see *comparison 2* and *3*) many genes of integrins became upregulated, especially under osteogenic conditions. The encoded focal adhesion proteins function as messengers in the signal transduction pathway mediating adhesion and modulating the cytoskeletal organization of actin bundles. The Zyxin gene encoding a protein described as tension sensor (Luis Alonso and Goldmann 2016) is in our case slightly modulated (1.47), but the expected changes in cell volume and channel activation are confirmed by the upregulation of the K^+ stretch-activated ion channel (*KCND2*: 4.33 and *KCNK2*: 4.83). Today, in both normal physiology and diseased conditions the mechanosensitive cation channels Piezo1 and Piezo2 linked to integrins, “are considered at the centre-stage of the future mechanobiology”. Interestingly, we found an increased gene expression of *PIEZO2* (4.07, *comparison 2*) at the end of the SCD experiment (Nourse and Pathak 2017).

Although major actin modifications were expected in the spaceflight samples, we did not observe them, because, in our opinion, by the end of the SCD experiment (~400 hours after the launch) the hBMSC cell culture had already adapted to space conditions. Indeed, the cytoskeletal modifications induced by the short period of hyper-g after the launch as well as by the subsequent few hours needed to reach the orbit are evident after a short time interval (Vorsele et al. 2014). Nevertheless, we found the expression of

many genes that encode for HSPs modulated (Table 5). Differently, osteogenesis is a slow process that lasts not for seconds but days on ground (Kulterer et al. 2007), the two weeks of the SCD experiment were dictated by the preceding experimental evidences (Versari et al. 2016).

Signalling pathways involved in contractility-based mechanosensing and MSC proliferation/differentiation (Bradamante et al. 2014) underline the central role of the YAP/TAZ system, (Yes-Associated Protein and Transcriptional coActivator with PGZ-binding motif) effectors of the Hippo pathway in modulating cell proliferation or differentiation (Abdallah et al. 2015; Halder et al. 2012).

Since factors involved in determining BMSC commitment to osteoblasts or adipocytes have been reviewed by others (Abdallah et al. 2015; Kokabu et al. 2016) and since this is not the aim of this study, even if we have obtained results consistent with the literature conclusions, we will not discuss the data obtained comparing Gm-OM vs Gm-SM experiments.

It is known that alteration in stiffness, in terms of membrane stretching and its adhesion complex and cytoskeletal changes, implicates also nucleus and chromatin alterations (Graham and Burridge 2016). In addition, only a rigid ECM keeps YAP/TAZ active at the nucleus (Piccolo et al. 2014; Matsumoto et al. 2016; Cosgrove et al. 2016). In our case where membrane stiffness and cytoskeleton have been severely modified by μ g, the YAP/TAZ system responded to the abovementioned changes with limited increased TAZ gene expression (*WWTR1*: 2.19) and altered gene expression of some inhibitors and activators. In addition, the Linc complex (Table 6), essential for cytoskeletal strain transfer to the nucleus and activation of YAP/TAZ process (Driscoll et al. 2015), shows extensive altered gene expression.

Here we summarize some features, reported in Fig. 7 (MacQueen et al. 2013), that are in favour of osteoblastogenesis.

We observed the upregulated expression of main osteogenic genes (*RUNX2*: 4.49; *COL1a*: 4.23), osteocalcin, and a marker of late differentiation (*BGLAP*: 4.42). The *ALP* gene, an index of early osteo differentiation was not differentially expressed, thus suggesting that the analysed samples were already in stand-by. The activation of *RUNX2* agrees with the downregulation of *MIR31* (-3.20), which is known to lead to inhibition of osteoblast formation (Baglio et al. 2013).

Even if some genes expected to increase osteoblastogenesis and decrease adipogenesis (Kokabu et al. 2016) were found modulated favouring adipogenesis, we found important genes like *MIRLET7A2* (5.32), known to enhance osteogenesis while repressing adipogenesis (Wei et al. 2014), highly upregulated. In favour of osteogenesis, there is also the evidence of modulation of the Canonical (WNT3b

and WNT10b: n.m.; Lrp5: 2.28, Fz mainly upregulated, DDK1 (inhibitor): 4.89) and non-Canonical Wnt signalling (WNT5a: -3.21, WNT5b: n.m).

Nevertheless, it is relevant that the upregulation of the inhibitor of early differentiation *HOXA2* (4.77) and the down regulation of IL1 (Sonomoto et al. 2012) (*IL1a*: -49.30; *IL1b*: -25.80) should impair differentiation.

Conclusion

The SCD – Stem Cell Differentiation experiment demonstrates that hBMSCs are affected by μ g and respond to μ g stresses reverting to a quiescent state (Winer et al. 2009) after a moderate osteogenic differentiation. We indicate that this condition could be reversible due to the upregulation of some decisive miRNAs present in exosomes. Our results are in line with experiments indicating that BMSC differentiation in μ g-exposed mice resulted in increased osteoblastogenesis potential following reloading at 1g (Blaber et al. 2014; Blaber et al. 2015). Despite a number of limitations due to the well-known inconveniences of space biology, from the limited number of samples to the numerous operational constraints, our results also indicate that many different responses are activated to compensate for the initial μ g shock, to adapt hBMSCs to the needs of survival and to differentiation stimuli. Based on gene expression data, cell cycle arrest occurs after an initial differentiation process with no evidence for normal terminal differentiation markers as they are expressed in mechanically loaded tissues.

Finally, it is remarkable that some of the genes identified as “specific space genes” (Abdelmoaty et al. 2015) were highly modulated in our SCD experiment. Among the specific genes indicated as associated to μ g in different cellular models, we found *TXNIP*, *EGRI*, FN, integrins, *KPNA2*, *MT*, and *TUB* as common in the DEG lists of NSG and microarray analyses.

After more than two weeks in μ g, we did not find indication of adipogenesis or apoptosis, and senescence from our genome-wide and NGS analyses. We hypothesize that the activation of salvage and compensatory pathways leading to glutathione production could provide a hermetic effect, such as that induced by mild stressors, resveratrol, that leads to improved protection from stress. This is in agreement with the fact that, unpredictably, our results on PinX1 and Survivin gene expression are in line with the first findings of NASA Twins Study (<https://www.nasa.gov/twins-study>) concerning transient differences in the twins’ DNA and in particular, larger chromosomes after space travel, eventually supporting the hope that space flight could reduce aging.

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Author Contributions S.B. conceived the project, designed the experiments and directed the work. D.R. and M.B. performed experiments. S.M. and F.V. conducted all the bioinformatics analyses. D.R., L.B. and D.C. discussed the data. S.B., L.B. and D.C. wrote the manuscript.

Compliance with Ethical Standards

Conflict of interests The authors declare no conflict of interest.

Abbreviations AT-MSCs, Adipose Tissue derived Mesenchymal Stem Cells; BMSCs, Bone Marrow Mesenchymal Stem Cells; CC, Culture Chamber; EU, Experimental Unit; ESA, European Space Agency; EH, Experiment Hardware; FM, Flight Model; GM, Ground Model; hBMSCs, human bone marrow mesenchymal stem cells; ISS, International Space Station; MSCs, Mesenchymal Stem Cells; μ g, Microgravity; NGS, Next Generation Sequencing; OM, Osteogenic Medium; sim- μ g, Simulated microgravity; SCs, Stem Cells; SM, Standard Medium; Vit, D3 1,25-dihydroxy vitamin D3.

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