# ORIGINAL ARTICLE

# The Effect of Increased Inspired Fraction of Oxygen on Brain Tissue Oxygen Tension in Children with Severe Traumatic Brain Injury

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## Abstract

*Background* This study examines the effect of an increase in the inspired fraction of oxygen (FiO<sub>2</sub>) on brain tissue oxygen (PbO<sub>2</sub>) in children with severe traumatic brain injury (TBI). *Methods* A prospective observational study of patients who underwent PbO<sub>2</sub> monitoring and an oxygen challenge test (temporary increase of FiO<sub>2</sub> for 15 min) was undertaken.

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617 Institute for Child Health, Red Cross War Memorial Children's Hospital, Klipfontein Road, Rondebosch, 7700 Cape Town, South Africa e-mail: Anthony.Figaji@uct.ac.za Pre- and post-test values for arterial partial pressure of oxygen (PaO<sub>2</sub>), PbO<sub>2</sub>, and arterial oxygen content (CaO<sub>2</sub>) were examined while controlling for any changes in arterial carbon dioxide tension and cerebral perfusion pressure during the test. Baseline transcranial Doppler studies were done. Outcome was assessed at 6 months.

*Results* A total of 43 tests were performed in 28 patients. In 35 tests in 24 patients, the PbO<sub>2</sub> monitor was in normalappearing white matter and in eight tests in four patients, the monitor was in a pericontusional location. When catheters were pericontusional or in normal white matter the baseline PbO<sub>2</sub>/PaO<sub>2</sub> ratio was similar. PaO<sub>2</sub> (P <0.0001) and PbO<sub>2</sub> (P < 0.0001) significantly increased when FiO<sub>2</sub> was increased. The magnitude of the PbO<sub>2</sub> response ( $\Delta$ PbO<sub>2</sub>) was correlated with  $\Delta$ PaO<sub>2</sub> (P <0.0001,  $R^2 = 0.37$ ) and  $\Delta$ CaO<sub>2</sub> (P = 0.001,  $R^2 = 0.23$ ). The  $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub> ratio (oxygen reactivity) varied between patients, was related to the baseline PbO<sub>2</sub> (P =0.001, r = 0.54) and was inversely related to outcome (P = 0.02, confidence interval 0.03–0.78).

*Conclusion* Normobaric hyperoxia increases  $PbO_2$  in children with severe TBI, but the response is variable. The magnitude of this response is related to the change in  $PaO_2$  and the baseline  $PbO_2$ . A greater response appears to be associated with worse outcome.

**Keywords** Brain tissue oxygen tension · Arterial oxygen tension · Children · Traumatic brain injury · Outcome

# Introduction

Brain tissue oxygen tension  $(PbO_2)$  monitoring is used more frequently in adult traumatic brain injury (TBI) to supplement intracranial pressure (ICP) and cerebral perfusion (CPP) monitoring to guide treatment. Reduced PbO<sub>2</sub> is associated with poor outcome and so management protocols to maintain PbO<sub>2</sub> above a threshold of 15–20 mmHg are recommended [1–5]. The associations between PbO<sub>2</sub> and outcome, and the determinants of PbO<sub>2</sub>, are less well studied in pediatric TBI [6, 7]. In particular, the relationship between arterial oxygen tension (PaO<sub>2</sub>) and PbO<sub>2</sub> in children, and the implications of this relationship, have not been examined.

What determines  $PbO_2$  is only beginning to be elucidated [8]. In experimental and clinical studies,  $PbO_2$  is associated variably with systemic factors such as arterial saturation and blood pressure, and local factors such as ICP, CPP, cerebral blood flow (CBF), cerebral metabolic rate of oxygen, product of blood flow and oxygen content, mean transit time of blood through the brain, end-capillary venous oxygen tension, and arteriovenous difference of oxygen [8–16]. These studies suggest that  $PaO_2$  may strongly influence PbO<sub>2</sub>; however, the PbO<sub>2</sub> response to increased PaO<sub>2</sub> varies between patients. The determinants and significance of the magnitude of this PbO<sub>2</sub> response are unclear and while normobaric hyperoxia may correct compromised PbO<sub>2</sub> and possibly improve brain metabolism, its overall benefits are not known [17–19]. However, the benefits of hyperoxia for brain metabolism and PbO<sub>2</sub> are not inevitable [20]. This is important since there is a well-described association between reduced PbO2 and poor outcome in adults and children [1-5] whereas hyperoxia is known to have potential deleterious side-effects to both the lungs and to the brain [21–24]. The effects of hyperoxia on PbO<sub>2</sub> in pediatric TBI are unknown since studies that have examined this question to date are in adult patients. Therefore, in this study we examined children with severe TBI to determine (1) the relationship between increased PaO<sub>2</sub> and PbO<sub>2</sub>, and (2) the association of this relationship with clinical outcome.

# **Methods and Materials**

# Patient Selection

Ethics approval for the study was obtained from the institutional review boards of the University of Cape Town and the Red Cross War Memorial Children's Hospital. Consent was taken from the child's closest relative for inclusion in the study.

# Patient Selection

All patients considered for inclusion in the study received ICP and  $PbO_2$  monitors. This study was part of a larger

prospective observational study of intracranial monitoring in children with TBI. In this study, we collected data from all consecutive children (age <15 years old) with severe TBI (Glasgow Coma Score  $\leq 8$ ) and who received a PbO<sub>2</sub> monitor and an oxygen challenge test (OCT). OCTs were included in the study only if the patient (1) was hemodynamically stable, (2) had the PbO<sub>2</sub> monitor in situ for more than 12 h, (3) had a stable PbO<sub>2</sub> signal, (4) did not have vasospasm (diagnosed with Lindegaard's ratio on transcranial Doppler, TCD), and (5) had a PbO<sub>2</sub> catheter placed in normal-appearing white matter on the head CT scan.

# ICP and PbO<sub>2</sub> Monitors

ICP was measured with an intraparenchymal monitor [Codman ICP Express (Codman, Raynham, MA) or Camino (Integra Neurosciences, Plainsboro, NJ)]. When an ICP monitor was placed, we also monitored and treated PbO<sub>2</sub>. PbO<sub>2</sub> monitors (Licox<sup>®</sup>, Integra Neurosciences, Plainsboro, NJ) were inserted into normalappearing right frontal white matter if there were no localized lesions, or in the hemisphere with the greater swelling or containing focal lesions. The position of the monitor was confirmed on follow-up head computed tomography (CT). PbO<sub>2</sub> catheters were allowed to stabilize and OCTs were included in the study only if performed >12 h after catheter insertion.

# Patient Management

Patient care was based on a local protocol consistent with the current recommendations for the management of severe TBI in children. Briefly, all patients were resuscitated on admission, underwent immediate evacuation of space-occupying lesions when present, and were intubated and mechanically ventilated in the pediatric intensive care unit (ICU). Elevated ICP was treated using a stepwise approach when ICP was >20 mmHg according to the guidelines for ICP management in children [25, 26]. We aimed to keep CPP > 50 mmHgin children >2 years old, and >45 mmHg in children <2 years old. Compromised (low) PbO2 was defined as <20 mmHg and was treated using a hierarchical treatment algorithm based on the possible cause for low PbO<sub>2</sub>. Further details of our ICP and PbO<sub>2</sub> management are described elsewhere [6].

# Oxygen Challenge Tests

OCTs were part of regular clinical care to test the response of the  $PbO_2$  monitor and were performed by increasing the inspired fraction of oxygen (FiO<sub>2</sub>) setting on the ventilator for 15 min. Pre- and post-test data, including the PbO<sub>2</sub> response, were collected. OCTs were included in this study if the following values were recorded: (1) pre- and post-test values for PbO<sub>2</sub>, ICP, CPP, PaO<sub>2</sub>, arterial saturation (SaO<sub>2</sub>), arterial partial pressure of carbon dioxide (PaCO<sub>2</sub>), and (2) baseline values for hemoglobin (Hb) and Transcranial Doppler (TCD) mean flow velocity of the middle cerebral artery (FV<sub>MCA</sub>) recorded from the hemisphere with the PbO<sub>2</sub> monitor. TCD studies were performed using a standard TCD machine and 2 MHz probe (Smart-Lite<sup>TM</sup>, Rimed, Raanana, Israel). The highest mean flow velocity obtained for the MCA was recorded. Principal analysis was performed only on OCT data obtained from PbO<sub>2</sub> catheters placed in normal-appearing white matter on head CT scan because of different physiological changes in pericontusional locations. These results also were compared to data obtained from pericontusional PbO<sub>2</sub> probes.

### Physiological Data

An arterial sample was taken before the  $FiO_2$  increase (before test) and after 15 min at the higher  $FiO_2$  (after test). The oxygen content (CaO<sub>2</sub>) of arterial samples was calculated from the equation:

 $\begin{aligned} \text{CaO}_2(\text{ml O}_2/100\,\text{ml}) &= (\text{Hb} \times 1.36 \times \text{SaO}_2) + (0.0031 \\ \times \text{PaO}_2). \end{aligned}$ 

Differences between before and after OCT (after 15 min at the increased FiO<sub>2</sub> level) values were recorded as  $\Delta$ PbO<sub>2</sub>,  $\Delta$ PaO<sub>2</sub>,  $\Delta$ CaO<sub>2</sub>,  $\Delta$ PaCO<sub>2</sub>, and  $\Delta$ CPP. FiO<sub>2</sub> was increased to 100% in most but not all patients. In the early part of this series, FiO<sub>2</sub> was increased by 0.1 above the baseline for 15 min (n = 5 tests), while in the latter part of the series we adjusted our protocol to increase the FiO<sub>2</sub> to 100% for 15 min (n = 38 tests). Because the baseline FiO<sub>2</sub> also differed between patients, the ratio of the change in PbO<sub>2</sub> for the change in PaO<sub>2</sub> ( $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub>) was calculated to assess the response of PbO<sub>2</sub> to the change in PaO<sub>2</sub>; therefore, data from all tests could be used. The  $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub> was termed the oxygen reactivity, and was used as the key variable against which other factors were tested for association.

#### Outcome

Clinical outcome was assessed at 6 months after injury using the Glasgow Outcome Score (GOS) which was dichotomized to unfavorable (GOS 1–3) and favorable (GOS 4–5) outcome. We chose the GOS since we have observed similar outcome results when using the dichotomized GOS or the dichotomized Pediatric Cerebral Performance Category Scale [4].

### Statistical Analysis

All data were analysed with R statistical computing (http:// www.r-project.org). Variables were tested for normality with the Shapiro-Wilk test. Differences between the before test and after test values for PaO2 and PbO2 were examined with the Wilcoxon's rank sum test. The relationship between  $\Delta PaO_2$  and  $\Delta PbO_2$  was examined with Spearman's correlation and Pearson's product-moment correlation. Correlation coefficients are reported as r. Linear regression was used to examine the relationship between  $\Delta PbO_2$  and  $\Delta PaO_2$ and  $\Delta CaO_2$  while controlling for  $\Delta CO_2$  and  $\Delta CPP$ . Since multiple studies in some patients were analysed, we used a general estimating equation (GEE) to account for interindividual differences between tests with catheters placed in normal-appearing brain and those located near contusions for baseline values and  $\Delta PbO_2/\Delta PaO_2$  and for the analysis of data in Group A. Linear regression was used to examine the relationship between  $\Delta PbO_2/\Delta PaO_2$  and the following factors: baseline PbO<sub>2</sub>, baseline CPP,  $FV_{MCA}$ ,  $\Delta CaO_2$ , and day of testing (post-injury day; first 24 h = day 1). Coefficients for relationships between  $\Delta PbO_2/\Delta PaO_2$  and other variables were checked with nonparametric bootstrap methods to correct for repeat measures.  $\Delta PbO_2/\Delta PaO_2$  was further examined for relationships with outcome (using the GOS) and other parameters of PbO<sub>2</sub> that were recorded for the whole duration of the monitoring period. This included the duration of time that  $PbO_2$  was < 10 mmHg, the mean  $PbO_2$ in the first 24 h of monitoring (mPbO<sub>2 24</sub>) and the lowest PbO<sub>2</sub> recorded for each patient.  $\Delta PbO_2/\Delta PaO_2$  also was examined with log transformation to ensure that the normality assumption was met. Results are expressed as mean  $\pm$  SD or median and interquartile range (IQR) and range. Significance was set at P = 0.05.

### Results

### Patient Characteristics

A total of 43 tests in 28 patients were performed for which all required data were available. There were 24 patients (n = 35 tests) who had catheters placed in normalappearing white matter (group A) and 4 patients (n = 8tests) who had catheters placed close to contusions on (Group B). Head CT scans on these patients showed that the probe was placed close to the contusion but not obviously within it. Baseline variables for all patients are summarized in Table 1. For patients in Group A, baseline PbO<sub>2</sub> was < 15 mmHg at the time of testing in 3 of 35 tests (8.5%) and <10 mmHg in 1 (2.9%).

Table 1	Baseline	variables	for	patients
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Characteristic	Value
Age	$5.8 \pm 0.6$ years (range 9 months–11 years
Day of testing	Day 3 (1.5–5) range 1–9
Baseline PaO <sub>2</sub>	$155.7 \pm 9.2 \text{ mmHg} \text{ (range 58-332)}$
Baseline PbO <sub>2</sub>	31.3 (25.2-38.8) range 8-81 mmHg
Baseline PbO <sub>2</sub> /PaO <sub>2</sub> (%)	$24.6 \pm 1.7\%$ (range 3.9–50.5)
TCD FV <sub>MCA</sub>	$103 \pm 4.1$ cm/s (range 59–154)
Baseline CPP	$69 \pm 1.8$ mmHg (range 42–98 mmHg)

Results for baseline variables for all patients and tests. Results are reported as mean  $\pm$  standard error of the mean (range) or median (IQR) and range depending on distribution. *Day of testing* post-injury day of the hyperoxia test (day 1 = first 24 h), *PbO*<sub>2</sub> partial pressure of brain tissue oxygen, *PaO*<sub>2</sub> partial pressure of arterial oxygen, *TCD FV*<sub>MCA</sub> mean flow velocity of the middle cerebral artery, *CPP* cerebral perfusion pressure

PbO<sub>2</sub> Responses in Normal-Appearing Tissue (Group A) and Pericontusional Locations (Group B)

OCT results in Group A and B were tested for differences in PaO<sub>2</sub>, PbO<sub>2</sub>, PbO<sub>2</sub>/PaO<sub>2</sub>,  $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub>, CPP, and FV<sub>MCA</sub>. The baseline FV<sub>MCA</sub> in Group B was slightly lower (*P* = 0.045) (Fig. 1).  $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub> was slightly higher in Group B (*P* = 0.049) but not when controlled for baseline PbO<sub>2</sub>/PaO<sub>2</sub> (*P* = 0.055). There were no significant differences for PbO<sub>2</sub> (*P* = 0.08), PbO<sub>2</sub>/PaO<sub>2</sub> (*P* = 0.98), PaO<sub>2</sub> (*P* = 0.07), or baseline CPP (*P* = 0.48) (Table 2). The remaining analysis below applies to Group A.

Effect of increased FiO<sub>2</sub> on PaO<sub>2</sub> and PbO<sub>2</sub> (Group A)

Baseline PaO<sub>2</sub> and PbO<sub>2</sub> were not significantly related (P = 0.3271). Induced hyperoxia significantly increased both PaO<sub>2</sub> (P < 0.0001) and PbO<sub>2</sub> (P < 0.0001). There was a significant relationship between  $\Delta$ PbO<sub>2</sub> and  $\Delta$ PaO<sub>2</sub> (P < 0.0001,  $R^2 = 0.371$ ). This relationship was maintained when controlled for  $\Delta$ CO<sub>2</sub> and  $\Delta$ CPP (P < 0.0001,



**Fig. 1** Boxplots for TCD FV<sub>MCA</sub> (*above*) and  $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub> ratio (*below*) for Group A (PbO<sub>2</sub> in normal-appearing white matter on head CT scan; n = 24 patients and 35 tests) and Group B (PbO<sub>2</sub> probe pericontusional on head CT scan; n = 4 patients and eight tests)

 $R^2 = 0.412$ ) during the test.  $\Delta PbO_2$  and  $\Delta CaO_2$  were also significantly related (P = 0.001,  $R^2 = 0.232$ ).

Physiological Factors and  $\Delta PbO_2/\Delta PaO_2$  (Group A)

 $\Delta PbO_2/\Delta PaO_2$  was significantly correlated with baseline PbO<sub>2</sub> (Spearman's r = 0.538, P = 0.001; linear regression P < 0.0001) (Fig. 2). Table 3 describes the relationships between  $\Delta PbO_2/\Delta PaO_2$  and other physiological factors.

 Table 2
 Differences between variables in Group A (PbO<sub>2</sub> catheters in normal-appearing tissue) and Group B (PbO<sub>2</sub> catheters in pericontusional tissue)

Variable	Group A $(n = 35 \text{ tests})$	Group B $(n = 8 \text{ tests})$	P value
Baseline PbO <sub>2</sub>	30.6 (23.7–37.3)	39.4 (32.3–52)	0.08
Baseline PaO <sub>2</sub>	154.3 (95.8–179.7)	212.8 (139.5–228.2)	0.07
Baseline PbO <sub>2</sub> /PaO <sub>2</sub> (%)	24.1 (17.9–30.5)	27.0 (15.1–31.0)	0.98
Baseline CPP	68 (61–75)	73 (67–77)	0.48
Baseline FV <sub>MCA</sub>	103 (89.5–123)	89.5 (72.5–96)	0.045
$\Delta PbO_2/\Delta PaO_2$ (%)	14.2 (7.6–22.7)	27.9 (21.9–32.5)	0.049

Values are reported as median (IQR). Analysis corrects for repeat measures.  $PbO_2$  partial pressure of brain tissue oxygen,  $PaO_2$  partial pressure of arterial oxygen,  $FV_{MCA}$  mean flow velocity of the middle cerebral artery, *CPP* cerebral perfusion pressure



**Fig. 2** Scatterplot diagram of  $\Delta PbO_2/\Delta PaO_2$  and Baseline PbO<sub>2</sub> for Group A patients (PbO<sub>2</sub> probe in normal-appearing white matter on head CT scan). Above the box is the Spearman's coefficient (*P* value)

**Table 3** Relationships between  $\Delta PbO_2/\Delta PaO_2$  and other physiological factors for Group A patients (PbO<sub>2</sub> probe in normal-appearing white matter on head CT scan)

Variable	Coefficient	P value	
Baseline PbO <sub>2</sub>	0.54	< 0.001	
Baseline PaO <sub>2</sub>	-0.3	0.87	
Baseline CPP	0.19	0.27	
FV <sub>MCA</sub>	0.14	0.44	
$\Delta CaO_2$	0.07	0.7	
PT day	0.36	0.03	

Results were similar when corrected for repeated measures.  $PbO_2$  partial pressure of brain tissue oxygen,  $PaO_2$  partial pressure of arterial oxygen,  $FV_{MCA}$  mean flow velocity of the middle cerebral artery, *CPP* cerebral perfusion pressure,  $\Delta CaO_2$  change in arterial oxygen content, *PT day* post-trauma day

 $\Delta PbO_2/\Delta PaO_2$  was not correlated with baseline CPP (P = 0.27), baseline FV<sub>MCA</sub> (P = 0.44), or  $\Delta CaO_2$  (P = 0.70). It was however, significantly correlated with the post-trauma day (r = 0.36, P = 0.03), i.e., greater  $\Delta PbO_2/\Delta PaO_2$  values were found with increasing day after injury, but not when adjusted for baseline PbO<sub>2</sub> (P = 0.95). There were no significant relationships between  $\Delta PbO_2/\Delta PaO_2$  and other markers of low PbO<sub>2</sub> for the duration of monitoring for each patient, including PbO<sub>2</sub> < 10 mmHg, mean PbO<sub>2</sub> for the first 24 h, and the lowest PbO<sub>2</sub>.

Outcome (Group A Patients; n = 24)

Outcome was as follows: GOS 1 [died] (n = 3, 12.5%); GOS 2 (n = 0); GOS 3 (n = 4, 16.7%); GOS 4 (n = 7, 16.7%); **Table 4** Results of multivariate logistic regression analysis for relationship between variables and dichotomized outcome for Group A patients (PbO<sub>2</sub> probe in normal-appearing white matter on head CT scan)

	Estimate	SE	P value	95% Confidence interval
$\Delta PbO_2/PaO_2$	-1.839	0.811	0.023	0.03–0.78
Baseline PbO <sub>2</sub>	0.057	0.042	0.170	0.98-1.15
PT day	-0.265	0.231	0.251	0.49-1.21
Age	-0.148	0.152	0.332	0.64–1.16

SE Standard error of the mean, PT day day of testing post-injury, PbO<sub>2</sub> partial pressure of brain tissue oxygen, PaO<sub>2</sub> partial pressure of arterial oxygen. Log transformation was used to create a normal distribution of  $\Delta$ PbO<sub>2</sub>/PaO<sub>2</sub>

29.2%); GOS 5 (n = 10, 41.7%).  $\Delta PbO_2/\Delta PaO_2$  was inversely related to dichotomized outcome, with and without log transformation of  $\Delta PbO_2/\Delta PaO_2$ . This relationship remained significant when adjusted for baseline PbO<sub>2</sub>, day of testing and age (P = 0.02, 95% confidence interval 0.03–0.78) (Table 4). Therefore, a greater  $\Delta PbO_2/\Delta PaO_2$  was associated with a lower probability of favorable outcome.

# Discussion

In this study, we examined the effect of a temporary increase of FiO<sub>2</sub> on PbO<sub>2</sub> in children with severe TBI. The main findings were: (1) induced normobaric hyperoxia significantly increased PbO<sub>2</sub>, (2) the magnitude of this increase was closely associated with the change in PaO<sub>2</sub>, (3) the response of PbO<sub>2</sub> for the given change in PaO<sub>2</sub> ( $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub>, or O<sub>2</sub> reactivity) was increased when baseline PbO<sub>2</sub> was higher, and (4) a greater PbO<sub>2</sub> response to PaO<sub>2</sub> change (higher  $\Delta$ PbO<sub>2</sub>/ $\Delta$ PaO<sub>2</sub>) was associated with worse outcome.

### Methodological Limitations

There are several potential limitations in this study. First, the sample size was small; therefore some significant relationships may not have been demonstrated; therefore these should be regarded as preliminary results. However, despite the limited sample size several significant results were found. The results of this study however, require replication in a larger study. Second, TCD-derived  $FV_{MCA}$  was recorded but not local CBF.  $FV_{MCA}$  is a good surrogate marker of changes of MCA CBF [27, 28] but does not necessarily reflect local CBF. Since PbO<sub>2</sub> is a measure of local oxygen tension, local measures of CBF may have been better suited to this study. Third, the increase in FiO<sub>2</sub> was not standardized. However, PaO<sub>2</sub> varies in response

even to a standard FiO<sub>2</sub> increase and in this study PbO<sub>2</sub> changes were interpreted relative to the magnitude of change in PaO<sub>2</sub>, not the FiO<sub>2</sub> increase; therefore, the relative changes are valid for analysis. Fourth, we did not measure jugular venous saturation (SJVO<sub>2</sub>) and so we cannot comment on the relationship between PbO<sub>2</sub> and the arteriovenous difference in oxygen content [8]. Fifth, we did not measure cerebral metabolism; therefore, we cannot comment on whether the observed increase in PbO<sub>2</sub> is beneficial to the tissues. However, this has been addressed by others [17-20] and was not the aim of this study. Sixth, the duration of induced hyperoxia was 15 min; therefore, we cannot comment on the physiological effects of longer term changes in PbO<sub>2</sub>, potential adverse consequences of longer exposure to normobaric hyperoxia, or patient benefits. Seventh, there were relatively few tests performed when  $PbO_2$  was low ( $PbO_2$  was <10 mmHg in only one test). Since the PbO<sub>2</sub> response to a FiO<sub>2</sub> increase depends in part on the baseline  $PbO_2$  it is conceivable that whether PbO<sub>2</sub> is compromised or not also may influence the results; this will require further study. Finally, the number of patients with poor outcome was relatively small; therefore, other factors related to outcome may not be apparent from these results. Despite these limitations, this is the first study to examine the effects of induced hyperoxia on PbO<sub>2</sub> in children with severe TBI. The study demonstrates that hyperoxia consistently increases PbO<sub>2</sub> but that this effect is variable, and in part is influenced by the baseline PbO<sub>2</sub>. The location of the catheter and length of time after injury may be contributing factors.

## Determinants of the PbO<sub>2</sub> Response

PbO<sub>2</sub> was significantly increased by hyperoxia in this study; however, the PbO<sub>2</sub> response relative to the change in  $PaO_2$  ( $\Delta PbO_2/\Delta PaO_2$ ) challenge varied widely (2-61%). The magnitude of this response, however, was related to baseline PbO<sub>2</sub>. When baseline PbO<sub>2</sub> was low, the corresponding response of PbO<sub>2</sub> to hyperoxia was reduced. Rosenthal et al. [8, 29] demonstrated in adults an association between PbO<sub>2</sub> and the achieved PaO<sub>2</sub> with increased FiO<sub>2</sub>, which in turn was related to lung function. They observed a significant relationship between PbO<sub>2</sub> and the product of CBF and cerebral arteriovenous oxygen tension difference. Even though they used a combination of global and local factors, their results suggested that PbO<sub>2</sub> may be more indicative of oxygen diffusion rather than simple perfusion or oxygen delivery. This is consistent with the views of Menon et al. [30] and Bullock [31] that the increased oxygen tension in the tissue may overcome diffusion barriers by increasing the pressure gradient from the capillary to the cell. It is possible that the findings of our study that oxygen reactivity was less when PbO<sub>2</sub> was low

may be due mechanisms limiting tissue perfusion or oxygen diffusion that may be associated with low PbO<sub>2</sub> and may also limit the response of the tissue to increased PaO<sub>2</sub>. This relationship between baseline PbO<sub>2</sub> and oxygen reactivity is consistent with findings in adult studies [32, 33].

Outcome and the PbO<sub>2</sub> Response to Increased FiO<sub>2</sub>

We observed an inverse relationship between a greater  $\Delta PbO_2/\Delta PaO_2$  and worse outcome. One possible explanation for this is that the regulation of local oxygen tension in the microcirculation may be altered in the more injured brain. The normal microvascular response to increased oxygen tension in the tissues is vasoconstriction [24, 34]; however, experimental stroke studies demonstrate that this phenomenon may be absent or even reversed in injured or penumbral tissue [13, 35]. A similar phenomenon also may explain different responses of PbO<sub>2</sub> to changes in PaCO<sub>2</sub> in injured versus noninjured tissue [36, 37]. Therefore, the increased response of  $PbO_2$ for a given change in PaO<sub>2</sub> in this study may reflect an alteration of normal tissue regulatory mechanisms, which may in turn be associated with poor outcome. A similar finding was reported by Van Santbrink et al. [38] in adult TBI, in which patients with a lower O2 reactivity had better outcomes. We also observed a greater O<sub>2</sub> reactivity in PbO<sub>2</sub> catheters located in a pericontusional location, which may be consistent with the above theory. However, in this study a reduced response of PbO<sub>2</sub> to an FiO<sub>2</sub> increase was also associated with low baseline PbO<sub>2</sub>, and in pediatric and adult TBI low PbO<sub>2</sub> has been reported to be associated with poor outcome [1, 4, 6, 39]. Hlatky et al. [32] found that patients with apparent ischemia had the lowest response to hyperoxia, suggesting that a poor response to hyperoxia would be associated with poor outcome. It is possible that both robust and poor PbO<sub>2</sub> responses to hyperoxia may be associated with poor outcome, but are measures of different processes. Our data do not allow us to clarify this issue. Nevertheless our findings and those of others suggest that the PbO<sub>2</sub> response to a "treatment" may be just as important to outcome as the threshold of PbO<sub>2</sub> that indicates brain hypoxia.

# Is There a Role for Normobaric Hyperoxia in TBI?

Our study shows that hyperoxia of short duration (15 min) can increase  $PbO_2$ . Whether this improves brain metabolism or can benefit a child with severe TBI is not addressed by our study. The role of hyperoxia after TBI is unknown and subject to much debate. Furthermore

hyperoxia, particularly when of long duration (>24 h), has several well-described potential deleterious effects on the lungs, brain, and cerebral blood vessels [40]. However, short periods of hyperoxia do not appear to increase oxidative stress [41, 42] and short-term exposure (<24 h) to normobaric hyperoxia is probably well tolerated with few adverse effects [35]. The side-effects, e.g., vasoconstriction, may not always mean "worse" since vasoconstriction in the brain may alleviate increased ICP or divert blood flow from "normal" to "impaired" tissue. Experimental studies have shown improved CBF and oxygenated Hb in ischemic core and penumbral tissue [35]. Different microvasculature responses to increased oxygen tension and a reduction in metabolic burden due to decreased peri-infarct depolarization may in part explain these findings.

Several clinical studies in adult patients with TBI have attempted to define the effect of normobaric hyperoxia on brain tissue metabolism, but the results have been conflicting [17–20, 43, 44]. It may be that the effect of hyperoxia depends in part on the nature of the ischemic insult. For example, in rats with ischemia induced by MCA occlusion, hyperoxia reduced infarct size and improved outcome [35, 45] while in dogs worse outcome was observed with hyperoxia after cardiac arrest [46]. Although hyperoxia increases tissue oxygen tension, it may not improve oxygen delivery to the brain, particularly under conditions of brain ischemia [47]. On the other hand, increased oxygen tension in the tissues may improve mitochondrial function in ways not yet fully understood [31, 48], such as an increased  $O_2$ pressure gradient which overcomes diffusion-limited tissue hypoxia [30] and the preferential use of dissolved oxygen for tissue oxygenation [49, 50]. It is our opinion that hyperoxia may have a role in TBI as a means to test PbO<sub>2</sub> monitor function or as part of a cause-directed and stepwise approach to treatment for compromised PbO<sub>2</sub> provided the response to the altered FiO<sub>2</sub> can be measured. Whether this benefits the patient, and which methods of correcting PbO<sub>2</sub> are best, will require further study.

### Conclusion

Normobaric hyperoxia significantly increases  $PbO_2$  in children with severe TBI. There was a wide range in the  $PbO_2$  response to increased  $PaO_2$ . The magnitude of the  $\Delta PbO_2/\Delta PaO_2$  response was significantly related only to baseline  $PbO_2$ . Patients with a poor outcome had a greater  $PbO_2$  response to a  $PaO_2$  challenge, as did patients in whom the  $PbO_2$  catheter was in a pericontusional location, which may reflect disturbances of local circulatory responses to changes in  $PaO_2$ .

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