LETTER TO THE EDITOR



Regarding "Post-mortem CT lung findings at a medicolegal institute in SARS-CoV-2 RT-PCR positive cases with autopsy correlation"

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With considerable interest, we read the article by O'Donnell et al. [1]. The article confirms our previous assumption [2] that the sole use of postmortem computed tomography (PMCT) should not be recommended as a tool for determining the cause of death of COVID-19 patients [1]. In this regard, we would like to share with the readers the case of a 42-year-old woman who died of complications of COVID-19 viral infection. We had the opportunity to examine the body by using two total-body CT scans that were performed prior to the autopsy; the first exam was performed at a PMI of > 72 h. This allowed us to highlight the limitations of PMCT in terms of COVID-19 diagnosis.

From a clinical and forensic standpoint, COVID-19 represents an extremely complex issue. Patterns of groundglass opacity (GGO), multifocal consolidation, septal thickening, and pleural effusions have been reported in the few studies that focus on COVID-19-related PMCT findings [2, 3].

In our case, the first scan revealed a radiological picture suggestive of COVID-19 (Fig. 1A). Conversely, the second scan showed inconclusive findings, especially in terms of diagnostic purposes (Fig. 1B). The lung parenchyma

appeared to be completely consolidated, due to the uniform spreading of postmortem changes; therefore, this was not indicative of a diagnosis. This is the reason why, for the second scan, we chose a mediastinal window over a pulmonary window (Fig. 1B); indeed, if we had used the latter method, we would have obtained an image of a "white lung".

We believe that if we consider the sole use of PMCT, this may be helpful in the perimortem period; however, it should not be recommended for the late postmortem diagnosis of COVID-19. This is mostly attributable to the fact that, with the onset of normal postmortem changes, the findings of the infection may be masked by the latter, as the two are similar. Conversely, the postmortem histological analysis of biological samples has been proven to be effective for the identification of the cause of death, regardless of the postmortem period [4, 5].

Thus, although our case represents only one case that describes these findings, our results were in accord with the authors' findings. They found non-specific PMCT evidence of COVID-19 pneumonia, as well as the absence of substantial findings in some COVID-19 positive cases. Moreover, in some cases, lung findings were concealed by normal postmortem alterations.

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Fig. 1 A) Unenhanced CT scan (lung window) showing multiple bilateral peripheral nondependent "ground glass" opacities. In some areas enlarged pulmonary vessels are present (arrow) within opacities. CT findings are characteristic, even if not specific, of COVID-19 pneumonia. **B**) Postmortem CT (mediastinal window) acquired on the fourth day postmortem, before autopsy. Consolidation of parenchyma

of both lungs is present. Bilateral pleural effusion is evident; with fluid density on the right (asterisk) and hematic density on the left side (arrow). This CT appearance with diffuse parenchymal involvement does not allow any evaluation of possible infectious disease of lungs

References

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