



# Preparation of superhydrophobic titanium surface via the combined modification of hierarchical micro/nanopatterning and fluorination

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**Abstract** Adhesion of bacteria and platelets on blood-contact implants and surgical devices is one of the causes of infections and thrombus. A superhydrophobic surface serving as a protective layer can minimize adhesion and contamination due to the low surface energy. The objective of this paper is to construct a superhydrophobic surface on a titanium implant by a combination of a topological structure and chemical coating. First, a micro/nano hierarchical morphology is obtained by sandblasting, acid-etching, and anodic oxidation. Then, a low surface energy coating material (fluoroalkylsilane, as the example case in this study) is used to modify the surface further. The effects of the morphology of micro and/or nanoscales and corresponding fluorination on the wettability are investigated. The results show that a hierarchical

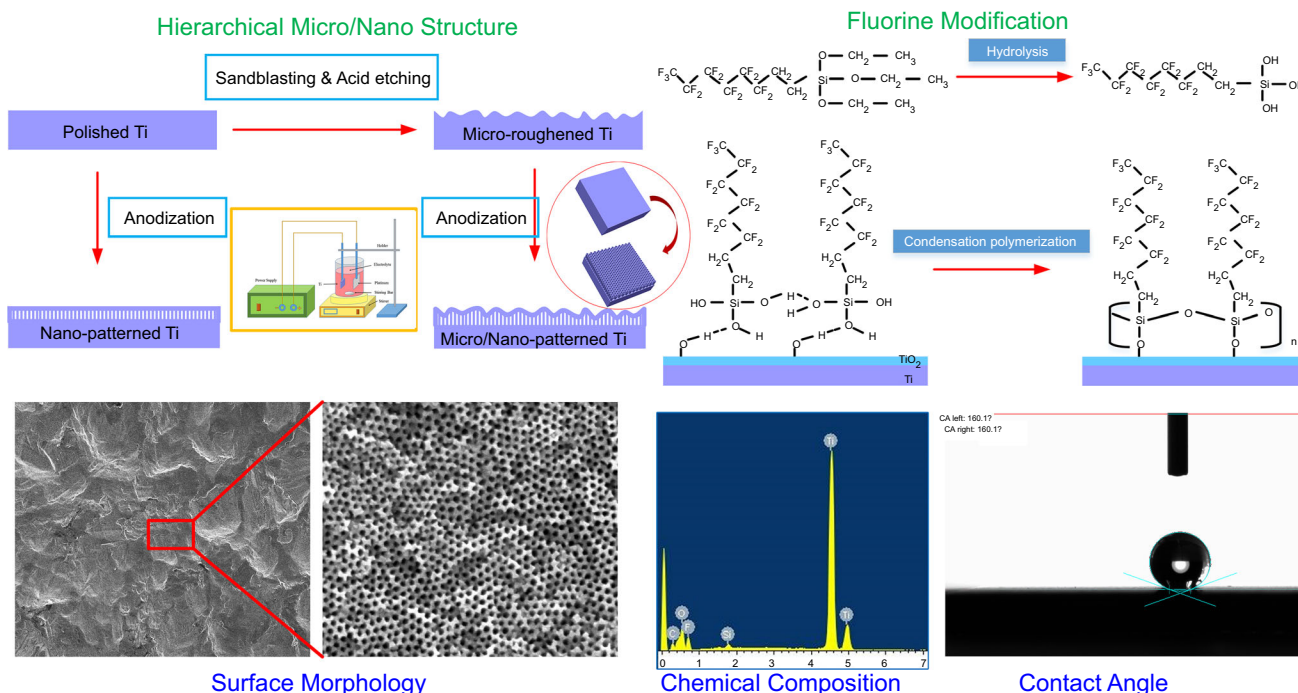
surface with microroughness and nanotubes is successfully constructed, and the contact angle (CA) is  $44.9^\circ$ , indicating good hydrophilicity. Interestingly, after being modified by fluoroalkylsilane, the surface converted from hydrophilic to superhydrophobic with a CA of  $151.4^\circ$ . In contrast, the fluorination modification of single micro or nanostructures cannot achieve superhydrophobicity, indicating that the micro/nanostructures may show a synergistic effect for an efficient fluorination coating later on. Overall, our results demonstrate the feasibility of achieving a superhydrophobic surface via the micro/nano topological patterning and fluorination modification. The proposed method is expected to enrich the preparation technologies of superhydrophobic titanium surfaces.

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Graphic abstract



**Keywords** Superhydrophobic surface, Titanium, Wettability, Surface modification, Micro/nanoengineering

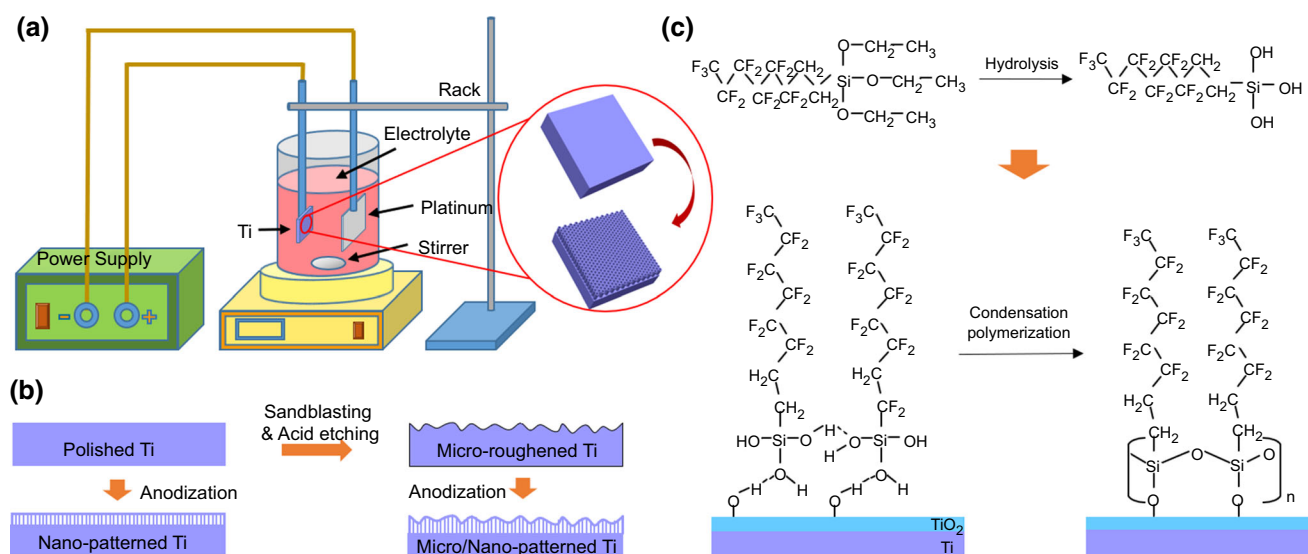
**Introduction**

Preparation technology of superhydrophobic surfaces has been inspired by various objects in nature like lotus leaves, cicada wings, and rice foliage, which have unique wettability with water contact angles (CA) above 150°. Many special functions of these surfaces, such as low adhesion, reduced drag, and self-cleaning, have been found to be attributed to the superhydrophobicity. Therefore, the preparation of superhydrophobic surfaces has attracted considerable attention for the promising application in pipeline protection, shipbuilding, and biomedical instruments. It has been reported that superhydrophobicity can be achieved by increasing the surface roughness and reducing the surface energy. The fabrication of superhydrophobic surfaces on various materials has been extensively studied, such as on silicon, stainless steel, and aluminum alloy.

Due to the superior biocompatibility and mechanical strength, Ti and its alloys are the most widely used materials for biomedical implants and surgical devices. However, infections and thrombosis associated with the adhesion of bacteria and platelets remain as the greatest challenges for the long-term success of blood-contact implants, such as prosthetic heart valves

and vascular stents. Thrombotic occlusion of the stented vessel segment can lead to in-stent restenosis, which is one of the implantation’s major failures and highly risky to the patients. As a result, surface modification is essential to improve the antithrombotic properties by creating a protective layer at the interface. It has been reported that superhydrophobic surfaces can be utilized to improve blood compatibility and anticoagulation performance, and reduce the adhesion of bacteria, thus minimizing the risk of implant-associated infections. Therefore, the preparation of superhydrophobic Ti surfaces is essential for further biomedical applications in the future.

By mimicking the surface textures of a lotus leaf, Fadeeva et al. fabricated two-tier micro/nanostructures on Ti surfaces by femtosecond laser ablation, and the surface showed superhydrophobic character with a water contact angle of 166° ± 4°. *Pseudomonas aeruginosa* cells were found unable to attach to the surface. In another work, the femtosecond laser ablation technology was also reported to construct a micro/nanoscale hierarchical TiO<sub>2</sub> layer and achieve a switchable underwater superoleophobicity and superoleophilicity. In a previous work, we reported a micromilling technology to fabricate parallel microgrooves on a flat Ti surface. However, it’s a tedious process with a limited ability to free-form machining surfaces. Due to the poor machinability of Ti, sandblasting and acid-etching have been widely used to construct the microfeatures. Anodic oxidation has also been reported to create a nanotube layer on the Ti surface. The combined surface



**Fig. 1:** (a) Schematic of the preparation processes of the four Ti groups in this study. (b) Schematic of the experimental setup for anodic oxidation. (c) Schematic of the chemical grafting process of FAS-13 onto Ti surface

modification method shows advantages in processing complex structures such as curved surfaces and internal constructions. It is also cost-efficient and suitable for large batch production.

In this study, instead of focusing on typical protrusive structures, a nanotubular structure is constructed onto the microrough substrate, and the effects of fluorination modification and wettability are further investigated. Previously, we have fabricated hierarchically structured surfaces with microroughness and nanotubes on Ti bone implants via sandblasting, acid-etching, and anodic oxidation to improve the bioactivity and osseointegration.<sup>26,29</sup> In this study, we further explore the feasibility of this micro/nanostructure on the construction of superhydrophobic surfaces. After the fabrication of this micro/nanostructure, fluoroalkylsilane modification was applied to reduce the surface energy, and the effects of morphologies under different scales on the fluorination efficiency were investigated.

## Materials and methods

### Anodic oxidation parameter settings

Ti6Al4V (TC4, Baoji Titanium Industry, Shaanxi, China) sheets with a dimension of 10 mm × 10 mm × 1 mm were successively polished with 400#, 800#, 1200#, and 2000# water abrasive paper on a polishing machine (Mopao1000, Shandong, China) to obtain a smooth and flat surface. Then, a polishing cloth was used to polish the surface bright. The polished samples were sequentially placed into acetone, absolute ethanol, and deionized water for ultrasonic cleaning for 15 min to remove surface dirt and dried for anodic oxidation. Ti sheets were linked to the anode, while a platinum

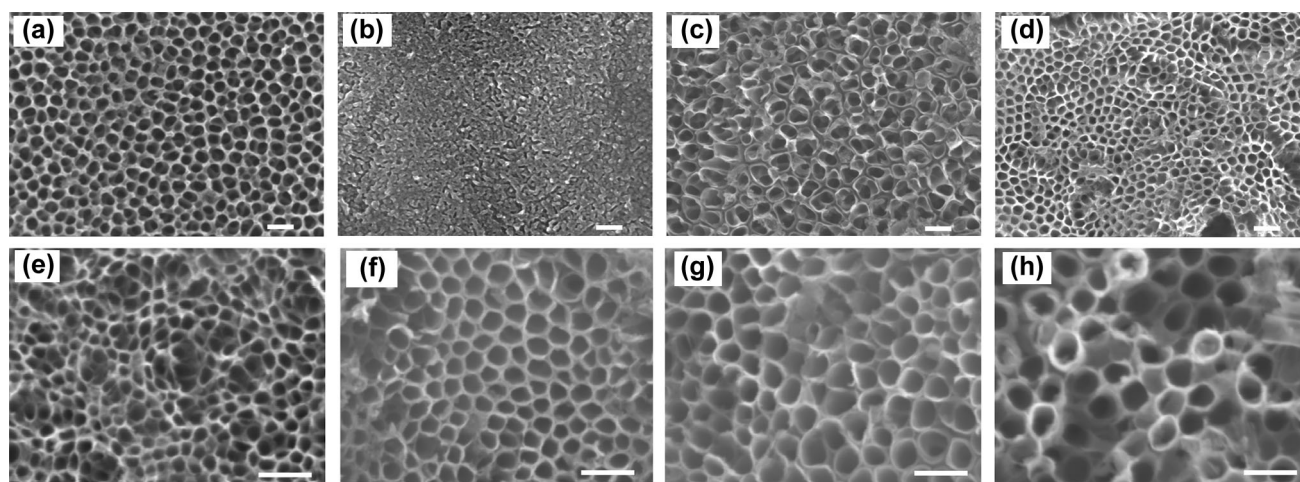
electrode with a dimension of 20 mm × 20 mm × 0.1 mm was used as the cathode. A magnetic stirrer was used to stir the electrolyte at a constant speed. The anode and the cathode were placed parallelly with a distance of 40 mm, and the oxidation time was set as 1 h. A schematic of the anodic oxidation is shown in Fig. 1a.

Effects of electrolytes and voltage were investigated to explore the anodic oxidation parameters. Four solutions including 0.5 wt.% HF aqueous solution, 0.25 wt.% NH<sub>4</sub>F aqueous solution, 1 mol/L Na<sub>2</sub>SO<sub>4</sub> solution containing 0.25 wt.% NH<sub>4</sub>F (using H<sub>2</sub>SO<sub>4</sub> to adjust the pH to 3), ethylene glycol solution containing 0.25 wt.% NH<sub>4</sub>F and 2.0 wt.% deionized water, and different voltages (10 V, 15 V, 20 V, 25 V, 30 V) were investigated. After treatment, the processed samples were cleaned with deionized water and dried for characterization.

### Construction of micro/nano hierarchical structures

Pure Ti sheets (TA2, Baoji Titanium Industry, Shaanxi, China) with dimensions of 10 mm × 10 mm × 1 mm were pretreated by polishing as described in the previous section. To create microscale structures, the samples were treated by sandblasting with Al<sub>2</sub>O<sub>3</sub> particles (dimensions of 125–150 μm) at the distance of 10 cm under the pressure of 0.34 MPa for 20 s, followed by etching in a mixed acid of HCl and HF.

Self-assembly nanotubes arrays were fabricated by anodic oxidation. A solution of ethylene glycol containing 0.25 wt.% NH<sub>4</sub>F and 2.0 wt.% deionized water was selected as the final electrolyte, while the voltage was set as 15 V. After 1 h of oxidation, specimens were rinsed with deionized water and dried for further use. Anodic oxidation was conducted to polished Ti surface and microstructured surface. As such, four groups of Ti



**Fig. 2: Effects of anodic oxidation electrolyte and voltage on the Ti surface morphology. (a–d) Anodized surface morphology in different electrolytes: (a) 0.5 wt.% HF aqueous solution, (b) 0.25 wt.%  $\text{NH}_4\text{F}$  aqueous solution, (c) 1 mol/ $\text{Na}_2\text{SO}_4$  solution containing 0.25 wt.%  $\text{NH}_4\text{F}$  (use  $\text{H}_2\text{SO}_4$  to adjust the pH to 3), and (d) ethylene glycol solution containing 0.25 wt.%  $\text{NH}_4\text{F}$  and 2.0 wt.% water. (e–h) Anodized surface morphology in ethylene glycol solution of 0.25 wt.%  $\text{NH}_4\text{F}$  and 2.0 wt.% water at different voltages: (e) 10 V, (f) 15 V, (g) 20 V, and (h) 30 V (Scale bar: 100  $\mu\text{m}$ )**

samples were obtained in this study, including polished surface, microstructured surface, nanostructured surface, and micro/nanostructured surface (Fig. 1b).

### **Fluoroalkylsilane (FAS) modification**

To obtain the superhydrophobic surface, FAS was used to decrease the surface free energy. The specimens were immersed in a 1.0 wt.% ethanol solution of 1H, 1H, 2H, 2H-perfluorooctyl-triethoxysilane (FAS-13,  $\text{C}_8\text{F}_{13}\text{H}_4\text{Si}(\text{OCH}_2\text{CH}_3)_3$ ) at room temperature for 1 h and then heated at 80 °C for 1 h. Figure 1c shows a schematic of FAS molecules after hydrolysis reaction bonding onto the Ti substrate via covalent linkages, followed by condensation polymerization between the hydroxyl and silanol groups to form a self-assembled monolayer on the surface.

### **Surface characterization**

The surface morphologies of the specimens were characterized by scanning electron microscope (SEM, SUPRATM55 SAPPHIRE, Carl Zeiss, Germany). Chemical composition changes of the fluorinated surfaces were investigated by energy-dispersive spectroscopy (EDS) equipped on the SEM. Three-dimensional (3D) profiles were characterized by a 3D laser scanning microscope (LSM, VK-X200K, Japan), and 3D surface parameters, including surface roughness ( $S_a$ ) and developed surface area ratio ( $S_{dr}$ ), were measured at the same time. The CAs were measured using the sessile-drop method by a contact angle goniometer (OCA15EC, Dataphysics, Germany). The volume of each water droplet was set as 2  $\mu\text{L}$ . At least

five measurements were carried out for every group of specimens.

## **Results**

### **Effects of electrolyte and voltage during anodic oxidation**

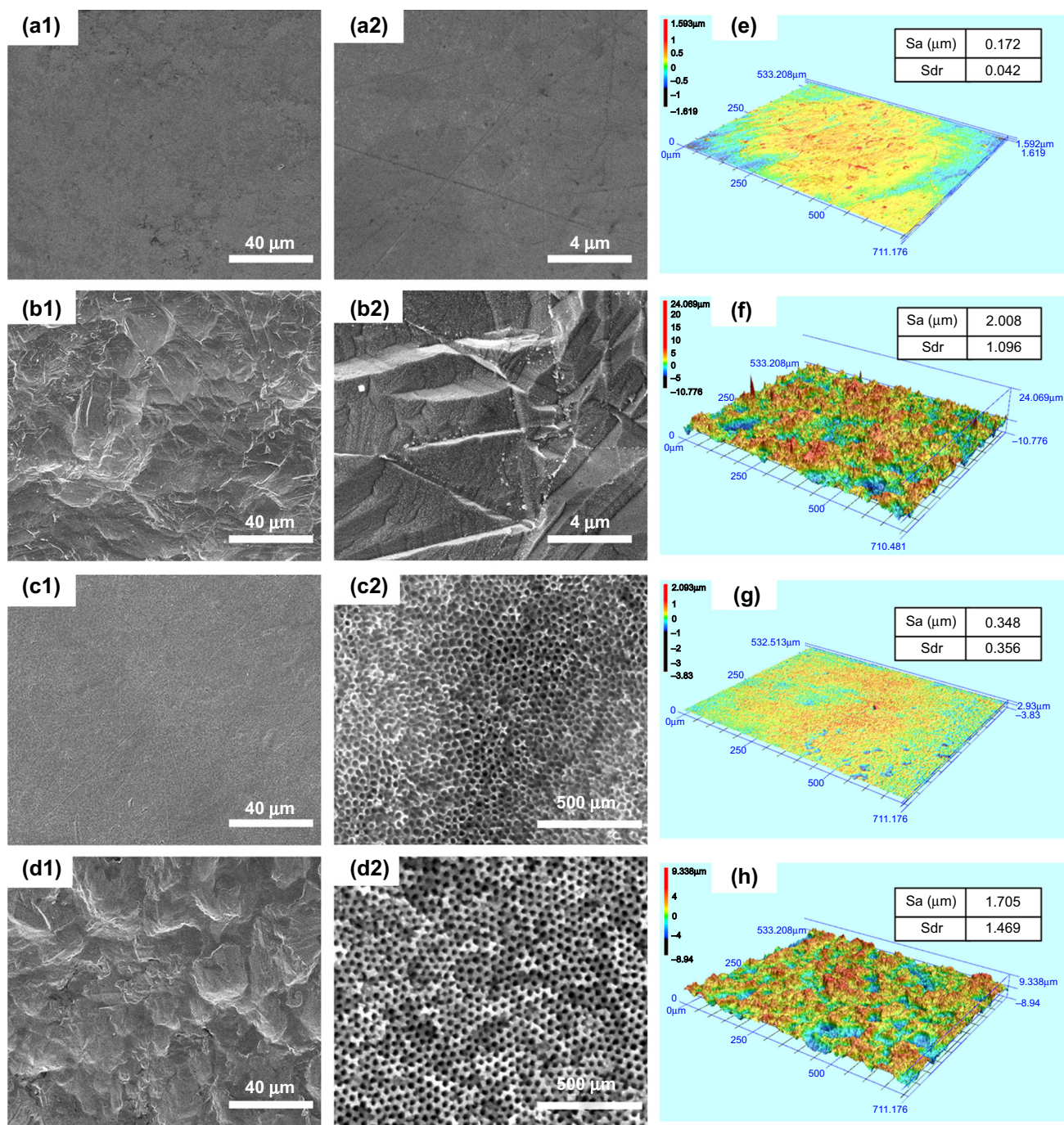
#### *Electrolyte*

Figures 2a, 2b, 2c and 2d show the surface morphology of the Ti sheets after anodic oxidation at 15 V for 1 hour in different electrolytes. It could be found in the 0.5 wt.% HF aqueous solution, a layer of porous nanomesh was formed on the surface of titanium, with pore sizes ranging from 20 to 80 nm (Fig. 2a). In 0.25 wt.%  $\text{NH}_4\text{F}$  solution, no tubular structure was observed (Fig. 2b). In a solution of 1 mol/L  $\text{Na}_2\text{SO}_4$  solution containing 0.25 wt.%  $\text{NH}_4\text{F}$  (Fig. 2c), a closely arranged tubular structure was formed on the surface of the titanium. The tube diameter was 50–100 nm, and the tube spacing was 10–20 nm. In the ethylene glycol solution containing 0.25 wt.%  $\text{NH}_4\text{F}$  and 2.0 wt.% deionized water (Fig. 2d), a uniform and ordered nanotube structure was formed on the surface of the titanium. Compared with the structure formed in the solution of 0.25 wt.%  $\text{NH}_4\text{F}$  and 1 mol/L  $\text{Na}_2\text{SO}_4$ , the nanotubes were more compact with a higher circularity. The diameter of the tubes was about 40 nm.

#### *Voltage*

In order to study the effect of voltage on the morphology of the formed nanotubes, different voltage





**Fig. 3: SEM images at low and high magnification of different Ti surfaces without fluorination: (a1, a2) polished Ti; (b1, b2) microroughened Ti; (c1, c2) nanopatterned Ti; (d1, d2) micro/nanopatterned Ti. (e–h) 3D surface profiles with Sa and Sdr values measured**

settings (10, 15, 20, and 30 V) were carried out in an ethylene glycol solution of 0.25 wt.%  $\text{NH}_4\text{F}$  and 2.0 wt.% water for 1 h, and the difference in tube diameter was compared. The result is shown in Figs. 2e and 2f. At 10 V, the tube diameter was about 25 nm with poor circularity. At 15 V, the tube diameter increased to 40 nm, while at 30 V, the diameter was as high as 60 nm. With the increase of the voltage, the

diameter of the nanotubes and the tube wall thickness also increased.

### Surface morphology

In order to verify the effects of micro/nanoscale structures of Ti on the surface wettability, surface

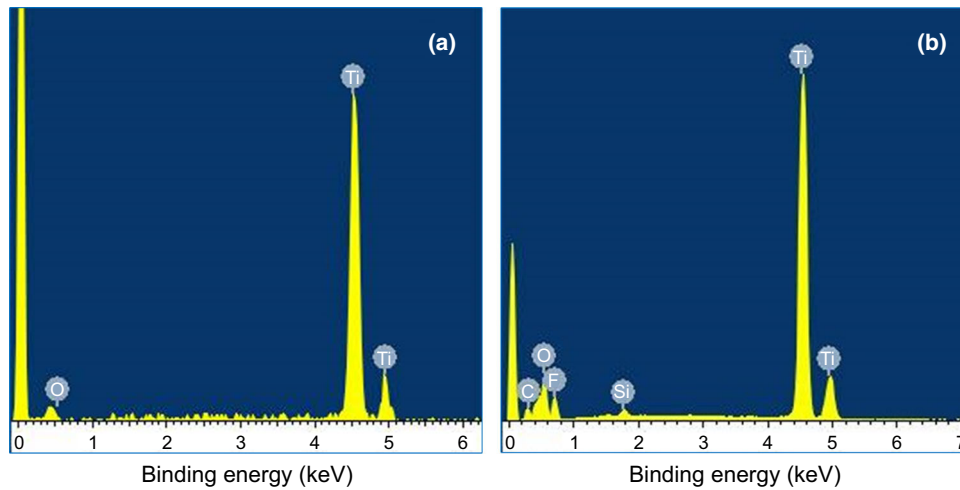


Fig. 4: EDS spectra of the micro/nanopatterned Ti surface (a) before FAS modification and (b) after FAS modification

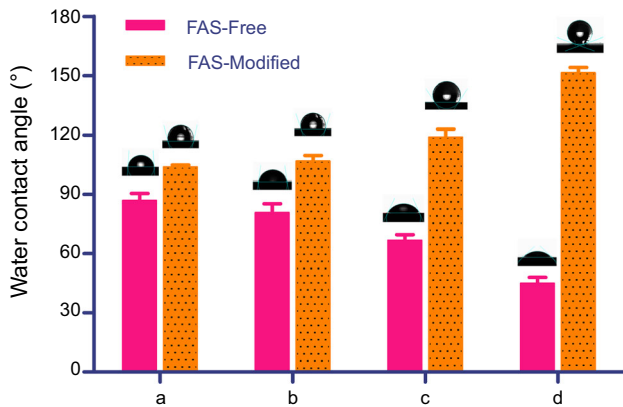


Fig. 5: CAs of different surfaces: (a) polished Ti, (b) microroughened Ti, (c) nanopatterned Ti, (d) micro/nanopatterned Ti

morphologies and 3D profiles of different groups were investigated via SEM and LSM before fluorination. As shown in Figs. 3a1 and 3a2, the surface of polished Ti was smooth and flat. After being processed by sandblasting and acid-etching, the surface was roughened with many micropits (Figs. 3b1 and 3b2). The magnification image shows the valley-like structures located in the microcavities. In Figs. 3c and 3d, closely arranged nanotubes resulting from anodic oxidation were found on the polished Ti and microroughened surfaces. The inner diameter was about 35–45 nm (Figs. 3c2 and 3d2). Slight differences can be found between the nanopatterned Ti and micro/nanopatterned Ti as the nanomorphology in Fig. 3d2 was superimposed onto the microroughened surface, thus presenting a hierarchical structure.

3D profiles of Ti substrates were observed by LSM (Figs. 3e and 3h) with Sa and Sdr measured. Sa is defined as the arithmetic mean height of the surface, which gives the difference in the height of each point compared to the mean height. Sdr refers to the

developed interfacial area ratio, which is expressed as the percentage of the additional surface area contributed by the fabricated surface texture compared to the planar definition area. Typically, a rougher surface leads to larger Sa and Sdr values. The measured Sa and Sdr values are shown in Fig. 3. No significant difference was found in terms of the 3D profiles between the polished Ti (Fig. 3e) and nanopatterned Ti (Fig. 3h), presenting relatively low Sa values of 0.172  $\mu\text{m}$  and 0.348  $\mu\text{m}$ , respectively, compared with the other two groups. However, after being treated by sandblasting and acid-etching, the surface became rougher with a Sa value of 2.008  $\mu\text{m}$  due to the unevenness of existing micropits and valleys. The Sdr value also increased significantly, indicating the enhancement of the surface area. After the microroughened Ti was modified by anodization, the Sa value slightly decreased due to chemical and electrochemical etching, resulting in the surface flattening. The results are coincident with the images of 3D profiles. Sharp peaks were found on the microroughened Ti surface, while the micro/nanopatterned Ti surface was relatively gentle. Moreover, the Sdr value of the micro/nanopatterned Ti surface was the highest due to the composite structure.

### Chemical composition

After the modification of the surface morphology, FAS was used to reduce the surface free energy. Chemical compositions of the micro/nanopatterned surface before and after fluorination are shown in Fig. 4. The surface without fluorination only consists of elements Ti and O. However, elements F, Si, and C were detected on the as-prepared surface, indicating that a FAS film was successfully formed. It has been reported that the Ti surface contained a large number of hydrophilic hydroxyl groups after anodization.<sup>30,31</sup> As shown in Fig. 1c, the FAS molecules after hydrolysis reaction were supposed to be strongly anchored onto



the morphologically modified Ti substrate via covalent linkages, followed by condensation polymerization between the hydroxyl groups and silanol groups to form a self-assembled monolayer on the surface.<sup>32</sup>

### Surface wettability

To identify the effects of different surface morphologies on the subsequent fluorination process and the wettability performance, CAs of all the samples with and without FAS modification were investigated. The results are shown in Fig. 5. The surface of polished Ti was hydrophilic with a CA of 86.7°. After the modification of morphology, however, the hydrophilicity of the samples with different patterns was all improved with the CA decreasing. And the micro/nanopatterned surface exhibited the best hydrophilicity with a CA of 44.9°.

It has been widely reported that there are two kinds of wetting state of droplets on a rough solid surface, Wenzel state<sup>33</sup> and Cassie-Baxter state,<sup>34</sup> which were developed based on Young's model<sup>35</sup> for smooth surfaces. According to the Cassie-Baxter theory, microstructures on the surface lead to an increased CA value because air can be trapped in the gaps to form a layer of air cushion and support the water droplets. In contrast, Wenzel's theory describes that water droplets will fully infiltrate these structures and present a "pinning effect."

The micropits and valleys generated in this study were shallow and lack of deep crevices. Therefore, the structures may have difficulties trapping air when water droplets contact the surface, resulting in the Wenzel wetting state. In this case, the relationship between the apparent CA ( $\theta_w$ ) and the ideal CA ( $\theta_{\text{Young}}$ ) is as follows:

$$\cos \theta_w = r_w \cos \theta_{\text{Young}} \quad (1)$$

where  $r_w$  is the roughness factor, which has been defined as the ratio of the actual surface area to the projected surface area.<sup>36</sup> For rough surfaces,  $r_w$  is always  $> 1$ . Thus, it can be concluded from equation (1) that an original hydrophilic surface will have higher hydrophilicity after processing to improve the surface roughness under Wenzel state.

Further,  $r_w$  is challenging to determine but can be replaced by the surface roughness parameter Sdr as follows:

$$r_w = 1 + \text{Sdr} \quad (2)$$

According to the results of 3D surface roughness and wettability, Sdr of the microroughened surface was 1.096. CA of the polished surface (86.7°) can be considered as  $\theta_{\text{Young}}$ . Therefore, the CA of the microroughened surface can be predicted by combining

equations (1) and (2). The calculated  $\theta_w$  is 83.1°, which is close to the measured CA value (80.7°).

Moreover, the improvement in hydrophobicity of the microroughened surface after FAS modification was not obvious, indicating that the construction of microscale structure via sandblasting and acid-etching was not the dominating factor in the preparation of superhydrophobic surface. In contrast, the hydrophilicity of the nanopatterned surface was satisfactory. However, the hydrophobicity greatly improved after the FAS modification. This transition from hydrophilic to hydrophobic was more evident on the micro/nanopatterned surface (from 44.9° to 151.4°). From the above results, it can be concluded that the physical morphology factors of superhydrophobic surface and chemical modification were not simply superimposed but mutual basis: when the morphology was not fluorination modified, the surface tended to be hydrophilic; when the surface was only fluorination modified without microstructures, the increase of hydrophobicity was limited and could not achieve superhydrophobicity. Meanwhile, the hydrophobic effect was not obvious for the independent microstructures or nanostructures treated with fluorination. While the hydrophobicity of the micro/nano hierarchical structure increased clearly after fluorination, it should be noted that the microstructure and nanostructure showed a synergistic effect.

It has been extensively studied that the hydrophilicity of the nanotubes after anodizing is mainly due to the siphon effect of the capillary<sup>32,37</sup> and the hydrophilic hydroxyl group on the surface.<sup>38</sup> In the process of fluorination, these hydroxyl groups were also "anchors" of the chemical binding of FAS, which enhanced the binding area and the bonding strength. The siphon effect of the capillary and the microstructures also increased the contact area of FAS in the fluorination process and enhanced the bonding reaction. As a consequence, the micro/nanoengineered surface shows the most profound improvement in hydrophobicity after the fluorination.

### Conclusions and future work

A superhydrophobic surface was successfully prepared on Ti substrates by the combined modification of micro/nanoengineering and fluorination. Sandblasting and acid-etching were used to develop micro valleys and pits, and anodic oxidation was used to generate ordered nanotubes. This hierarchical micro/nanostructured surface showed good hydrophilicity. However, after the self-assembly of the monolayer on the surface by FAS modification, the surface changed to superhydrophobic due to the surface energy reduction. Moreover, the effects of the morphology under different scales on the wettability before and after fluorination were investigated. The results showed that the CA of the hierarchical surface after fluorination was the

highest in comparison with single micro or nanostructured surfaces, which was attributed to the synergistic effect of physical morphology factors and chemical modification. The proposed method for fabricating superhydrophobic Ti surfaces could be adopted for potential applications in various fields.

Future work could focus on: (1) study of the effects of alternative micro/nanofeatures (e.g., convex versus concave features) and/or fluorination materials on the surface wettability; (2) contact angles of different liquids and study the depth that each liquid penetrates within the nanotubes; (3) stability and duration characterizations; (4) interaction of pathogenic bacteria with the created superhydrophobic surface.

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**Conflict of interest** The authors declare no conflict of interest.

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