



Influence of Perioperative Anesthesia on Cancer Recurrence: from Basic Science to Clinical Practice

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Abstract

Purpose of Review In this review, we will summarize the effects of these perioperative anesthetics and anesthetic interventions on the immune system and tumorigenesis as well as address the related clinical evidence on cancer-related mortality and recurrence.

Recent Findings Cancer remains a leading cause of morbidity and mortality worldwide. For many solid tumors, surgery is one of the major therapies. Unfortunately, surgery promotes angiogenesis, shedding of circulating cancer cells, and suppresses immunity. Hence, the perioperative period has a close relationship with cancer metastases or recurrence. In the perioperative period, patients require multiple anesthetic management including anesthetics, anesthetic techniques, and body temperature control. Preclinical and retrospective studies have found that these anesthetic agents and interventions have complex effects on cancer outcomes. Therefore, well-planned, prospective, randomized controlled trials are required to explore the effects of different anesthetics and techniques on long-term outcomes after cancer surgery.

Summary Due to the conflicting effects of anesthetic management on cancer recurrence, further preclinical and clinical trials are required and beneficial to the development of systemic cancer therapies.

Keywords Surgery · Anesthesia · Perioperative period · Cancer recurrence · Immune system

Introduction

Cancer is a major contributor to global morbidity and mortality despite advances in prevention, diagnosis, and treatment. According to the World Health Organization and the American Medical Association, cancer is becoming a major global health concern since it is the second leading cause of death after cardiovascular disease, resulting in 10 million deaths in 2020 [1], and the overall incidence of new cancer cases is almost 19.3 million worldwide [2]. Moreover,

many patients experienced delayed diagnosis and treatment (including surgery) because of the unprecedented impacts of the COVID-19 pandemic on public health care systems. These delays may have a significant effect on cancer prognosis.

Despite advances in chemotherapy, radiotherapy, and immunotherapy, surgery (under anesthesia) is still an important component of modern cancer treatment that helps millions of people live healthier, more productive lives. However, the relationship between anesthesia and cancer recurrence remains a controversial issue because surgical stress and intraoperative anesthesia can impair the host immune system [3]. A number of theories explain how the surgical procedure may promote cancer recurrence after excision and the adverse impact of surgical stress on the body's innate tumor defense mechanisms [4, 5] and the inadvertent seeding of tumor cells during the perioperative period [6, 7, 8]. Anesthetics can also suppress the immune response by directly affecting cell-mediated immunity (CMI) or by activating the hypothalamic–pituitary–adrenal axis (HPA) and the sympathetic nervous system (SNS) [9]. The impairment of CMI may reactivate micrometastases that are

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already disseminated at the time of surgery [10], increasing the frequencies of cancer recurrence and distant metastasis. The stimulation of the HPA induces the release of neuroendocrine mediators, such as catecholamines, prostaglandin E2 (PGE2), cytokines, and cortisol, which in turn attenuate the activity of immune cells [11•]. Other neuroendocrine mediators, such as IL-6 and matrix metalloproteinases (MMPs), are also secreted and play critical roles in the regulation of tumor growth and angiogenesis [10].

The role of anesthesia in cancer recurrence has received considerable attention in recent decades, and there have been a number of retrospective studies and much preclinical research into this topic. An increasing number of preclinical findings suggest that general anesthetics have the potential to influence critical hallmarks of cancer that are involved in tumorigenesis and metastasis [12]. For example, intravenous anesthetics, such as propofol, and inhalational volatile anesthetics, such as sevoflurane, are two major classes of general anesthetics often utilized in clinical practice. Sevoflurane has been demonstrated to promote proliferation, migration, invasion, and angiogenesis in a variety of cancer cell types, whereas propofol may antagonize these same pathways [13–15]. Several retrospective studies have demonstrated an association between inhalational anesthesia and lower rates of recurrence-free survival in cancer patients who undergo elective surgery than in those who receive propofol-based anesthesia [16, 17]. Additionally, perioperative anesthetic management, including different anesthetic techniques and body temperature management, also has a close relationship with cancer prognosis [18•, 19••]. Based on current preclinical findings, every component of these procedures has a possible link to the development of immune dysfunctions that influence cancer metastasis and recurrence. However, only some small-scale retrospective studies have investigated the association between perioperative anesthetic management and cancer recurrence, which highlights the need for further prospective and randomized controlled trials (RCTs).

With the aim of optimizing the current clinical strategy and unraveling the controversial findings on exactly how surgery/anesthetics/anesthetic intervention-induced immunosuppression leads to an increase in cancer-related recurrence during the perioperative period, we provide a comprehensive review of the important role of the perioperative period in cancer treatment and the profound influence of anesthesia on cancer recurrence.

Effects of the Immune System on Cancer Recurrence

To understand the effects of surgery and anesthetics on cancer recurrence, the first step is to understand the basics of cancer biology. The microenvironment of tumors consists

of cancer cells, different kinds of inflammatory cells, and inflammatory mediators. Both tumor and inflammatory cells secrete a complex array of chemical and protein signaling molecules that promote cancer development and metastasis in both an autocrine and paracrine manner. It should be emphasized that the immune cells that have been recruited may not have the typical protective response that leads to tumor cell eradication. The secretion of proinflammatory cytokines by these immune cells and the tumor itself may shift the balance in favor of tumor progression [20]. As a result, a tumor can be viewed as an organism that establishes its own complex physical and chemical connections with the host immune system. The majority of the molecular and cellular processes involved in this process remain to be fully elucidated.

Both the regression and development of cancer cells are influenced by the immune system. The innate and adaptive systems form the functional and effective immune system. Epithelial barriers, granulocytes, macrophages, natural killer (NK) cells, and dendritic cells make up the innate immune system, which is the first-line defense against invading organisms and tumor cells. The adaptive immune system serves to eliminate threats that have evaded the innate immune system. It comprises humoral immunity, antibody-mediated response, and CMI [21]. CMI, which is mediated by numerous kinds of T cells, is the principal defense against tumor cell invasion among these three components of immunity. Activated T cells are categorized by the cytokines that they secrete. The cytokines released by T-helper (Th) 1 cells promote inflammation, stimulate B cells, activate macrophages, and promote the development of cytotoxic T cells. IgE production and eosinophil are both stimulated by the cytokines that are secreted by Th2 cells [22]. Another important proinflammatory cytokine is IL-1, which is generated mostly by monocytes and macrophages. It is also a key regulator of inflammation and immune responses [23].

It has long been recognized that cancer can occur at sites of inflammation and injury caused by surgery, and it is known that inflammatory cells and mediators play a key role in cancer recurrence. Inflammatory cells, including leukocytes (neutrophils, monocytes, eosinophils, and basophils) and lymphocytes (T cells, B cells, and NK cells), are present early in the neoplastic process and play an important role in the tumor microenvironment by secreting an array of cytokines and chemokines, including IL-6, TNF- α , IL-1 β , and PGE2. During the “elimination phase,” when a cancer-free state should be achieved, they are the essential players in recognizing and eliminating cancer cells [24••]. If tumor cells survive after the “elimination phase,” they may enter an “equilibrium” state, in which the host’s adaptive immune response keeps them dormant and prevents further tumor progression. In the final stage, called the “escape phase,” tumor cells exhibit apparent clinical growth as they evade

the control of the host's immunity and its capacity to create an immunosuppressive state by producing various cytokines, such as vascular endothelial growth factor (VEGF) and transforming growth factor- β (TGF- β) [25]. Moreover, DNA damage and somatic mutations may lead to cancer formation, which is a process that has been termed “initiation”; this process can persist in cells indefinitely until a second injury or “trigger” occurs. Inflammation, injury, irritants, or a host of other exposures may all act as “triggers.” This kind of “trigger”-related process results in the recruitment of inflammatory cells and finally constitutes a positive feedback loop, which leads to decreased cellular proliferation [26•].

The Perioperative Period as a Critical Window for Cancer Recurrence

The perioperative period is divided into three phases: the preoperative period (a few preoperative hours), the intraoperative period, and the postoperative period (several days after surgery). During the intraoperative period, general anesthesia consists of the administration of intravenous anesthetics (e.g., thiopental or propofol) for induction, followed by muscle relaxants and endotracheal intubation, then volatile anesthetics (e.g., sevoflurane) and opioids, which are applied for maintenance and pain control. The perioperative period triggers significant physiologic disruptions because it is a time of maximum vulnerability for patients with cancer. In the setting of perioperative inflammation, immunosuppression, and increased concentrations of catecholamines and angiogenesis, the seeding of circulating cancer cells in distant organs, as well as the growth of dormant tumors and micrometastasis, can be facilitated [27].

Given the critical role of the perioperative period of surgery, it is necessary to clarify its impact on cancer recurrence. It was first hypothesized a century ago that surgery promotes local recurrence and the distant spread of cancer [28]. Several theories have been proposed to explain this phenomenon, the most notable of which involve minimal levels of residual disease, the dissemination of tumor cells at the time of surgery, and, possibly, a switch from tumor dormancy to proliferation [29, 30]. Recent studies have investigated the possible influence of the metabolic, neuroendocrine, inflammatory, and immunological changes that occur perioperatively and are connected to or induced by anesthesia. Indeed, there is some evidence that anesthetics and other perioperative factors have the potential to affect long-term outcomes after cancer surgery [31]. According to these findings, general anesthetics, except propofol, can impair various immune functions of macrophages, dendritic cells, T lymphocytes, and NK cells [32]. Additionally, although opioid analgesia is the foundation of cancer pain relief, it can also promote tumor growth by inhibiting

immune function and increasing angiogenesis [33]. As a result, opioid-sparing analgesia may be used to maintain the normal function of NK cells and reduce the metastatic spread of cancer [34]. As regional anesthesia (RA)/analgesia can block both afferent neural transmissions from the central nervous system and the descending efferent signals, it may attenuate surgery-stimulated adverse effects by minimizing the neuroendocrine stress response induced by SNS activation. Furthermore, regional analgesia inhibits the release of endogenous opioids; thus, the occurrence of opioid-induced immune suppression may be reduced [35]. With the combination of regional and general anesthesia (GA)/analgesia, the amount of general anesthetics required can be significantly reduced, which is probably accompanied by reduced immunosuppression as well as lower requirements for the use of opioids for postoperative pain relief [3]. However, further RCTs are required to substantially verify this theory.

Mechanisms of Cancer Recurrence in the Perioperative Period

The mechanisms underlying postsurgical cancer recurrence are complicated and poorly understood. Following the intended curative surgical resection of a primary tumor, cancer may recur at several sites due to a variety of mechanisms [18•]. There are four possible mechanisms that can cause cancer recurrence. The first is local recurrence at the tumor resection site, which occurs due to the proliferation of residual cells. The second is lymph node metastasis caused by the release of tumor cells into the lymphatic system before or during the procedure. The third method involves the seeding of distant organs by circulating tumor cells (CTCs) released before or during the procedure. The last involves seeding within a body cavity (e.g., peritoneal spread) [36].

The risk that individual cancer cells will seed in tissue and that the cancer will progress to a clinically significant metastatic disease is partly influenced by intraoperative dissemination, potentially by anesthesia and other perioperative events [37]. To survive in the hostile circulatory system by avoiding detection and elimination by marginalized leukocytes, few CTCs exist in the “slow circulation points” of the pulmonary and hepatic capillaries so that a complex tissue microenvironment involving the interrelations of surrounding noncancerous stromal cells, immune system cells, extracellular matrix, chemokines, cytokines, and myriad other factors may be established [38, 39]. Once immune escape is accomplished, inflammatory mediators can boost the efficiency of local colonization by aiding in the destruction of the endothelial glycocalyx, combined with endothelial denudation resulting in the formation of a premetastatic niche [40]. This precursor state comprises clusters of bone marrow-derived cells that populate and precondition

the extracellular environment, allowing subsequent CTC infiltration and colony expansion [41]. Hypoxic environments established at the surgical resection sites, as well as the activation of platelets that release chemokines that attract bone marrow-derived cells, may also aid in the development of the premetastatic niche [42]. These pathological changes can drive the process known as “epithelial-to-mesenchymal transition,” whereby epithelial cancer cells develop a mesenchymal phenotype facilitating cellular motility and thus triggering angiogenic and metastatic cascades [43]. Therefore, dissemination, immune escape, and angiogenesis form an entire pathological process that finally induces cancer recurrence. We will further discuss each process below.

Intraoperative Dissemination: a Trigger for Cancer Recurrence

The intraoperative dissemination of tumor cells can occur through the lymphatic, hematogenous, and/or transcoelomic (a route of tumor metastasis across a body cavity or organ surface including the pleural or peritoneal surfaces) routes. CTCs are detectable in the majority of patients with solid tumors [44], and an increased number of CTCs has been confirmed to be linked with a poor prognosis in patients with a variety of tumor types [45, 46]. In particular, it has been demonstrated that CTC numbers increase following surgery for breast [47], lung [48], and colorectal [49] cancers. Thus, although the evidence that high numbers of CTCs correlate with inferior patient outcomes across all tumor types is currently inconclusive [50], there are reasonable concerns that tumor cell release after surgery leads to metastatic colonization.

Even after the removal of the primary tumor, disseminated cancer cells may survive and retain the ability to invade via lymphatic vessels because of surgical disruption, which has been observed by real-time fluorescence imaging [51]. For example, the number of CTCs was detected to increase fourfold on average in the sentinel lymph nodes of a cohort of 414 patients following breast cancer surgery [52]. By analyzing mouse models and tissue samples from patients with pancreatic ductal adenocarcinoma, it was shown that dormant disseminated cancer cells that lacked a cell surface molecule that elicits T-cell-mediated attacks account for both quiescence and resistance to immune elimination since they are unable to relieve endoplasmic reticulum stress [53•]. Accordingly, the outgrowth of disseminated cells into macrometastases requires not only high levels of surgical stress but also the suppression of systemic immunity [53•]. Additionally, the dissemination of tumor cells can be induced directly by surgical procedures. For example, the use of laparoscopic ports can result in port-site recurrences that may cause intra-abdominal spread. This

phenomenon has been reported following surgery for gastrointestinal [41], gynecological [54], urological [55], and thoracic [56] malignancies and, alarmingly, was reported to occur in more than 10% of patients following the resection of incidentally diagnosed gall bladder cancer [57].

Anesthetics used during surgery also have a potential role in promoting metastatic dissemination. In murine models of breast cancer, sevoflurane led to significantly more lung metastasis than propofol [58]. Interestingly, sevoflurane can increase IL-6 levels, which in turn leads to the activation of signal transducer and activator of transcription (STAT)-3 as well as the subsequent infiltration of myeloid cells into the lung [58]. According to this finding, anesthetics can promote cancer metastasis by altering the tumor microenvironment through cytokines [59].

Immune Escape: a Maladaptive Immune Response for Cancer Recurrence

A number of studies in both preclinical models and patient samples have converged on the theme that primary cancers and metastases apply a range of strategies to avoid detection and destruction by the immune system, and the majority of which are activated in the aftermath of surgery. Tissue damage is usually accompanied by localized inflammation, hypoxia, and acidosis, which can also influence infiltrating immune cells by promoting the activity of protumor M2-like macrophages and by suppressing antitumor immune responses [60] under the influence of inflammatory mediators, such as PGE2. PGE2 is a lipid mediator, and its action is mediated by PGE2 receptors (EP1–4). Both EP2 and EP4 are Gs-coupled receptors that signal through adenylate cyclase-dependent cAMP/PKA/CREB pathways [61]. The effects of PGE2 related to immunosuppression include the inhibition of neutrophil, NK, and T-cell mitogenesis [62]. Tumor cells can shed cell surface ligands to evade recognition by immune cells, including NK cells, with the consequent impairment of NK-cell-mediated cytolytic activity [63]. Such mechanisms reveal the temporary development of a tumor-promoting milieu surrounding the surgical wound or at sites of micrometastases that might increase the risk of recurrence [64, 65].

Following surgery, there is a protracted period of immunosuppression. This counterbalancing phenomenon, referred to as the resolution phase of inflammation, has evolved to contain the intensity of the acute inflammatory response but might also contribute to perioperative vulnerability to cancer recurrence. Accordingly, a compensatory anti-inflammatory response aroused by the surgical response can also lead to the dysregulation of CMI with subsequent immunosuppression [66]. Furthermore, prostaglandin signaling regulates lymphatic vessel dilatation and, therefore, may enable cancer

metastasis [67]. This cytokine-mediated imbalance results in a shift toward the protumoral Th2 profile, which favors tumor growth by disrupting CMI [68].

The secretion of cortisol and catecholamines is also a major trigger caused by surgical stress and anesthetics [69]. The action of cortisol is to diffuse through the cellular membrane to bind the intracellular glucocorticoid receptor. This complex translocates into the cell nucleus, where it interacts with glucocorticoid-responsive elements to transcribe different factors, such as NF- κ B, which enable cortisol to inhibit or promote the production of inflammatory cytokines directly [70]. β -adrenoreceptors have been found in breast, prostate, lung, esophageal, and liver cancer cells [71–75]. Once epinephrine or norepinephrine activates β -adrenergic signaling, the intracellular concentration of cyclic adenosine monophosphate (cAMP) is increased to directly modulate cancer cell growth, proliferation, invasiveness, angiogenesis, and metastasis [76]. One critical characteristic of cancer cells is the formation of invadopodia, which are used to degrade and facilitate migration through the extracellular matrix [77]. The activation of β -adrenoreceptors promotes an increase in the number of invadopodia, which correlates with enhanced tumor invasion in breast cancer models [78]. Hence, minimizing surgical stress and limiting subsequent immunosuppression might reduce patient vulnerability and hamper cancer metastasis after surgery.

Epithelial-to-Mesenchymal Transition: a Major Cellular Mechanism of Cancer Recurrence

It has been shown that metastatic cancer cells migrate individually both *in vivo* and *in vitro* [79]. In humans, it is believed that seeding requires the joint action of a cluster of tumor cells moving together [80], which involves epithelial-mesenchymal transition (EMT). EMT is the transdifferentiation process through which transformed epithelial cells obtain the capacity to invade, resist stress, and disseminate [81]. Specifically, cancer cell clusters can retain and require epithelial gene expression and can transition between distinct epithelial differentiation states to accomplish the proliferative versus migratory components of metastasis. The transition from one state to another is governed by several kinds of growth factors [82] and signaling pathways [83]. Spontaneous EMT in primary tumor cells shifts among different intermediate stages with different invasive, metastatic, and differentiation characteristics [84]. Tumor cells with a combination of epithelial and mesenchymal phenotypes are more effective in circulation and colonization at the secondary site, which favors the development of metastasis [84].

The initiation of the EMT process is considered responsive to specific environmental stimuli during cancer surgery

[85]. Moreover, recent studies have implicated that using anesthetics can induce EMT and facilitate tumor metastasis during the perioperative period. Ischemia/reperfusion injury (IRI) often occurs during surgeries involving hepatocellular carcinoma (HCC) and liver transplantation [86, 87]. Hypoxia and inflammation can upregulate lipocalin2 (LCN2) levels to induce EMT in many cancers, which promotes tumor cell survival, proliferation, and metastasis [88, 89]. Latent EMT programs can be activated through the crosstalk that occurs between various immune cells that accumulate during the surgery and neighboring carcinoma cells. For example, CD8+ cytotoxic T cells are typically involved in the immunosurveillance and immunoeediting of carcinomas. Moreover, pancreatic ductal epithelial cells lose the expression of E-cadherin following coculture with activated T cells *in vitro*, resulting in a spindle-shaped mesenchymal morphology accompanied by the expression of vimentin and ZEB1 [90]. In cancer patients, EMT programs are important for tissue regeneration and repair during wound healing after surgery. With the help of EMT, nonmotile epithelial cells are able to migrate across a wound site, proliferate, and then revert to the epithelial state to restore the integrity of the epithelial barrier as part of a process known as “re-epithelialization” [91, 92]. However, when the deregulated activity of EMT is induced by the overexpression of SLUG in human keratinocytes *in vitro*, it can cause the increased levels of desmosomal disruption and tumor spreading that are typically observed during local recurrence [93]. Regarding anesthetics, propofol was found to normalize EMT by inhibiting SLUG expression, resulting in an increase in the occurrence of apoptosis and a reduction in the growth and invasion of pancreatic cancer cells [94•].

The Perioperative Effects of Anesthetics on Cancer Recurrence

Inhalational Anesthetics

Volatile anesthetics are widely used during oncological surgery. Preclinical research suggests that volatile agents can promote cancer progression by direct and indirect mechanisms. First, volatile anesthetics can directly modify intracellular signals involved in key aspects of cancer cell behavior, including proliferation, invasion, migration, and sensitivity to chemotherapeutic agents. For example, isoflurane at 1.2% has been found to promote proliferation and migration while reducing levels of apoptosis in glioblastoma stem cells by promoting the overexpression of hypoxia-inducible factor (HIF) [95••, 96]. In non-small cell lung cancer, isoflurane (at 1%, 2%, and 3%) promoted proliferation in a concentration-dependent manner and invasion and invasiveness via Akt-mTOR signaling [97]. Desflurane at 10.3% induces EMT

and metastasis through dysregulation of a well-known tumor suppressor called the miR-34/LOXL3 axis in a colorectal cancer cell line [98]. Using 2% sevoflurane for 6 h in vitro can increase the survival of breast cancer cells via modulation of intracellular Ca²⁺ homeostasis [99]. Second, sevoflurane can suppress CMI, which indirectly promotes tumor cell proliferation and angiogenesis. Sevoflurane, isoflurane, and desflurane induce the apoptosis of T lymphocytes and upregulate the expression of HIF-1 α both in vitro and in vivo [100, 101]. It has also been shown that sevoflurane increases the levels of MMP-3 and MMP-9 in patients undergoing breast cancer surgery [102]. Third, inhalation anesthetics may cause distant metastasis by the activation of the HPA axis and the SNS by releasing neuroendocrine mediators, such as cortisol, catecholamines, and PGE2 [103].

In addition to these preclinical findings cited above, retrospective clinical studies have also widely discussed the effects of volatile and propofol-based anesthesia on cancer outcomes. Nevertheless, these studies have either shown that inhalational anesthetics are associated with an increased risk of cancer recurrence and the decreased overall survival (OS) or have shown no difference in different cancer outcomes between the two groups that were analyzed [16, 17, 104, 105, 106, 107].

In summary, volatile anesthetics regulate important functions of cancer cells. The conflicting results of the pro and antitumoral effects on cancer cells might be explained by differences in experimental conditions, such as type of cell line, incubation time (range from 30 min to 6 h), type, and especially the concentration of volatile anesthetics (range between 0.5 and 10%). For instance, some studies treated cancer cells with extremely high concentrations that are unlikely to be employed in clinical practice, and perhaps, the “antitumoural” effect is related to the use of toxic concentrations of volatile anesthetics [108].

Intravenous Anesthetics

Similar to inhaled anesthetics, propofol is hypothesized to have both antitumor and tumor-promoting effects [109, 110]. Propofol inhibits the invasion and migration of breast tumors directly by altering the expression of MMPs, which are enzymes that play important roles in the degradation of extracellular proteins and EMT [111], by inhibiting the NF- κ B pathway in vitro [112]. In another in vitro study, propofol inhibited the migration, but not the proliferation, of both ER-positive and ER-negative breast cancer cells mediated by decreasing the expression of neuroepithelial transforming gene-1, which is important for enhanced migration [113]. Tumor endothelial cells (TECs) [114], which are located in the inner surface of the blood vessels of the tumor stroma, have close associations with tumor progression in angiogenesis, metastasis, and colonization

[115]. Propofol can reduce the expression of adhesion molecules (E-selectin, ICAM-1, and VCAM-1) and glycolysis proteins (GLUT1, HK2, and LDHA) in TECs, leading to an inhibitory effect on tumor metastasis [116]. It has also been found that aerobic glycolysis in colorectal cancer cells can be directly disrupted by propofol via inactivation of the NMDAR-CAMKII-ERK pathway [117]. The antitumoral effects of propofol on cancer progression also entail indirect mechanisms underlying immunosuppression, such as the potentiation of NK-cell cytotoxicity and reduced activation of the inflammatory response. For instance, in the peripheral blood of patients with colon cancer, propofol increased the expression levels of activated p30 and p44 in NK cells, which can promote the activation and proliferation of NK cells [118]. Additionally, in the peripheral blood of patients with esophageal squamous cell carcinoma, propofol enhanced the expression of cytotoxic effector molecules, such as granzyme B and IFN- γ , indicating enhanced NK cytotoxicity [119]. Regarding the cytokine profile, propofol downregulates the levels of proinflammatory cytokines, such as IL-1 β , IL-6, and TNF- α [120], and inhibits PGE2 and COX activity [121]. Surprisingly, propofol can decrease NET formation through the inhibition of p-ERK without disrupting neutrophil killing capacity [122, 123].

Regarding tumor-promoting effects, in vitro studies have shown that propofol significantly promotes apoptosis in breast cancer cells followed by the downregulation of miR-24 expression, upregulation of p27 expression, and cleaved caspase-3 expression [124]. The expression levels of proapoptotic proteins, such as Bax, Bak, and cytochrome C, are increased, followed by the activation of the caspase cascades via an intrinsic apoptotic signaling pathway induced by propofol [125]. In addition, HIF-1 activation and the activation of related downstream genes, such as VEGF, were suppressed by propofol in an in vitro study using macrophage cells. This process is expected to inhibit the systemic inflammatory response to surgery [126]. In particular, propofol has a causal link with breast cancer recurrence. Propofol can accelerate the migration of breast cancer cells in association with the activation of the GABA_A receptor [127] and promote the proliferation of human breast cancer cells related to the inhibition of p53 and activation of nuclear factor E2-related factor-2 in vitro [128].

Consistent with these preclinical data, the findings of retrospective studies that are presented in Table 1 are contradictory. However, recently, an increasing number of retrospective studies have shown that improved survival associated with propofol anesthesia is more pronounced in gastric cancer surgery. Nevertheless, further large-scale, high-quality RCTs are warranted to confirm the relationship between different anesthetic choices and cancer outcomes. Recent basic and clinical evidence raises the possibility that total

Table 1 Summary of clinical studies comparing TIVA vs. inhalational anesthesia with respect to cancer outcomes

Ref	Year	Study type	Cancer type	Patients	Outcomes
[214]	2022	Retrospective	Oral	<i>n</i> = 1347	No difference in RFS (HR 1.11, 95% CI 0.85–1.45, <i>p</i> = 0.439) or OS (HR 1.10, 95% CI 0.84–1.45, <i>p</i> = 0.527)
[215]	2021	Retrospective	Gastric	<i>n</i> = 2827	Increased OS (HR 0.65; 95% CI 0.46–0.94, <i>p</i> < 0.01) in TIVA group
[216]	2021	Retrospective	Glioblastoma	<i>n</i> = 50	Increased OS (HR 0.51; 95% CI 0.30–0.85, <i>p</i> = 0.011) and decreased recurrence (HR 0.60; 95% CI 0.37–0.98, <i>p</i> = 0.040) in TIVA group
[217]	2020	Retrospective	Digestive	<i>n</i> = 196,303	No difference in RFS (HR 0.99, 95% CI 0.96–1.03, <i>p</i> = 0.59) or OS (HR 1.02, 95% CI 0.98–1.07, <i>p</i> = 0.28)
[218]	2020	Retrospective	Gastric	<i>n</i> = 408	Increased OS (HR 0.56; 95% CI 0.41–0.78, <i>p</i> < 0.001) in TIVA group
[219]	2020	Retrospective	Bladder	<i>n</i> = 231	Increased RFS (HR 3.4; 95% CI 1.5–7.7, <i>p</i> < 0.01) in TIVA group
[220]	2020	Retrospective	Pancreatic	<i>n</i> = 68	Increased OS (HR 0.63; 95% CI 0.40–0.97, <i>p</i> = 0.037) and decreased recurrence (HR 0.55; 95% CI 0.34–0.90, <i>p</i> = 0.028) in TIVA group
[221]	2020	MA	Breast, gastric, colon, liver, glioma, lung	<i>n</i> = 23,489	Increased OS (HR 0.79; 95% CI 0.66–0.94, <i>p</i> = 0.008) in TIVA group. No difference in RFS (HR 0.81; 95% CI 0.61–1.07, <i>p</i> = 0.137)
[197••]	2019	RCT	Breast	<i>n</i> = 2108	No difference in cancer recurrence (HR 0.97, 95% CI 0.74–1.28; <i>p</i> = 0.84)
[222]	2019	Retrospective	Appendiceal	<i>n</i> = 373	No difference in RFS (HR 1.45, 95% CI 0.94–2.22, <i>p</i> = 0.093) or OS (HR 1.66, 95% CI 0.86–3.20, <i>p</i> = 0.128)
[223]	2019	Retrospective	Cholangiocarcinoma	<i>n</i> = 70	Increased OS (HR 0.51; 95% CI 0.28–0.94, <i>p</i> = 0.032) and decreased metastasis (HR 0.36; 95% CI 0.15–0.88, <i>p</i> = 0.025) in TIVA group. No difference in cancer recurrence (HR 1.17, 95% CI 0.46–2.93; <i>p</i> = 0.746)
[224]	2019	Retrospective	Gastric	<i>n</i> = 1538	No difference in RFS (HR 0.91, 95% CI 0.5–1.67, <i>p</i> = 0.764) or OS (HR 0.92, 95% CI 0.52–1.64, <i>p</i> = 0.774)
[225]	2019	Retrospective	Breast	<i>n</i> = 5331	No difference in RFS (HR 0.96; 95% CI 0.69–1.32, <i>p</i> = 0.782) or OS (HR 0.96, 95% CI 0.69–1.33, <i>p</i> = 0.805)
[226]	2019	Retrospective	Liver	<i>n</i> = 492	Increased OS (HR 0.47; 95% CI 0.38–0.59, <i>p</i> < 0.001) and decreased local recurrence (HR 0.31; 95% CI 0.26–0.37, <i>p</i> < 0.001) and distant metastasis (HR 0.13; 95% CI 0.08–0.20, <i>p</i> < 0.001) in TIVA group
[227]	2019	Retrospective	Breast, gastric, colon, liver, lung	<i>n</i> = 2496	No difference in OS (HR 1.26, 95% CI 0.88–1.79, <i>p</i> = 0.21)

Table 1 (continued)

Ref	Year	Study type	Cancer type	Patients	Outcomes
[228]	2019	MA	Breast, esophageal, lung	$n = 18,778$	Increased OS (HR 0.76; 95% CI 0.63–0.92, $p < 0.01$) and RFS (HR 0.78; 95% CI 0.65–0.94, $p < 0.01$) in TIVA group
[229]	2018	RCT (not powered for RFS and OS)	Breast	$n = 8$	No difference in RFS and OS
[230]	2018	Retrospective	Gastric	$n = 2856$	Increased OS (HR 0.63; 95% CI 0.56–0.70, $p < 0.001$) in TIVA group
[105•]	2018	Retrospective	Colorectal	$n = 1363$	Increased OS (HR 0.27; 95% CI 0.22–0.35, $p < 0.001$) in TIVA group
[231]	2018	Retrospective	Lung	$n = 943$	No difference in RFS (HR 1.31, 95% CI 0.84–2.04, $p = 0.233$) or OS (HR 0.90, 95% CI 0.64–1.27, $p = 0.551$)
[17]	2017	Retrospective	Esophageal	$n = 922$	Increased OS (HR 1.58; 95% CI 1.24–2.01, $p < 0.001$) and RFS (HR 1.42; 95% CI 1.11–1.89, $p = 0.006$) in TIVA group
[232]	2017	Retrospective	Glioblastoma	$n = 378$	No difference in RFS (HR 1.07, 95% CI 0.85–1.37, $p = 0.531$) or OS (HR 1.13, 95% CI 0.86–1.48, $p = 0.531$)
[233]	2017	RCT (not powered for RFS and OS)	Lung	$n = 120$	No difference in RFS and OS

RCT, randomized controlled trial; TIVA, total intravenous anesthesia; OS, overall survival; RFS, recurrence-free survival; MA, meta-analysis; HR, hazard ratio

intravenous anesthesia with propofol is appropriate for use as the standard anesthetic agent for all cancer surgeries.

Opioids

Opioid analgesics, as the fundamental pain relief approach, are commonly used within the perioperative period to supplement general anesthetic agents in both the induction and maintenance of anesthesia. There is some conflicting evidence from experimental studies investigating the role of opioids in tumor growth and metastasis. Most animal studies have found that certain opioids cause immunosuppression and, in turn, increase tumor recurrence postoperatively. In particular, morphine has largely been shown to suppress NK-cell cytotoxicity and T-cell proliferation [129, 130]. Similarly, it has been shown that fentanyl suppresses the activity of NK cells and promotes the apoptosis of lymphocytes and macrophages [131, 132]. However, other studies resulted in contradictory findings and instead proposed the effects of morphine on resistance to tumor metastasis by the downregulation of the reciprocal proangiogenic interaction between macrophages and breast cancer cells [133, 134]. A recent retrospective cohort clinical study of 1679 patients with stage I–III colorectal cancer showed no association between fentanyl use and oncological recurrence [135]. Alternatively, tramadol has been shown to have immunostimulatory properties by enhancing NK-cell cytotoxicity [136].

The mu-opioid receptors (MORs) are the major subtype of opioid receptors. MORs have been shown to be overexpressed in certain cancers. Mathew and colleagues in their report supported the fact that MOR is linked with tumor metastasis and found that there was less growth progression of lung carcinoma in MOR knockout mice [137]. Morphine has been found to not stimulate tumor initiation; however, it was found to stimulate the growth of existing breast tumors via MOPs in an experimental study [138]. Furthermore, the investigators concluded that patients who were given propofol anesthesia had a higher level of NK-cell expression than patients given general anesthesia with opioid analgesia. Conclusively, this report implies that opioids may modulate immune function mediated by MORs in breast cancer tissue [139]. Previous clinical evidence shows that the expression of MOR is associated with tumor grade and prognosis. Prostate cancer tissue exhibits more intense expression of MOR during staining, and in turn, patients with higher expression have worse oncologic outcomes [140]. MOR is also expressed at low levels in patients with low-grade (G1, G2) or low-stage (T1, T2) hepatocellular carcinoma [141], which is consistent with the results of a long-term retrospective study [142•]. Therefore, it is reasonable that there are several retrospective and prospective studies showing that intraoperative administration of high-dose opioids, including morphine and sufentanil, significantly reduced the survival rate and

the median survival length in prostate cancer patients [143–145].

Local Anesthetics (LAs)

Several theories regarding the possible mechanisms of the observed potential beneficial effects of the LA results are stated below. First, it is well known that using RAs and LAs can reduce the use of opioids or volatile anesthetics during the perioperative period [146], which indirectly prevents the possible negative effects of general anesthetics on cancer recurrence. Second, there is strong evidence that LAs and RAs are able to reduce perioperative inflammation and the stress response induced by surgery [147, 148] and preserve the function of NK cells as one of the most important factors for the detection and destruction of CTCs [149, 150]. This systemic effect of the LA has a possible positive impact on perioperative processes leading to antitumor micrometastases by reducing the levels of CTCs in peripheral circulation, thus allowing prolonged (at least recurrence-free) survival. Third, lidocaine, bupivacaine, and ropivacaine, as usually used in LA, have been found to reduce mesenchymal stem cell proliferation *in vitro*, and the activation of transcription pathways related to the initiation of neoplasia and metastasis was also found to be inhibited [151]. It has been shown that the cytotoxic effects of T-lymphoma cells can be regulated by LAs *in vitro*, which is correlated with their lipophilicity and potency [152]. Apoptosis was also observed at lower concentrations of LAs, while necrosis was seen at higher concentrations. LAs have also been reported to alter the DNA methylation status of certain cancer cell types in a time- and dose-dependent manner to eventually reactivate tumor suppressor genes [153].

Recently, a systematic review showed that LAs, including lidocaine, ropivacaine, and levobupivacaine, present promising and consistent results regarding the anticancer influence of LAs on breast cancer [154•]. Therefore, regardless of the LA applied to avoid the possible pro-tumor effects of surgical stress response and general anesthesia, they can also reduce cancer recurrence involving the prevention of cancer cell proliferation, migration, and invasion. The etiology of these effects is likely multifactorial. *In vitro* and *in vivo* studies have proposed numerous mechanisms centered on NaV1.5 channels [155], Ras homolog gene family member A [156, 157], the cell cycle [158], endothelial growth factor receptor [159], calcium influx [160, 161], microRNA and mitochondria, in combination with hyperthermia and transient receptor potential melastatin 7 channels [162, 163]. Lidocaine has a shorter half-life than other LAs and is less toxic. As a result, it is the only amide LA compatible with intravenous administration. Interestingly, some findings in laboratory conditions have raised the possibility that intravenous infusion of lidocaine may be a safe and inexpensive

way to provide significant benefits in long-term cancer outcomes [164]. It can potentially affect multiple biological pathways to act as an anti-inflammatory agent, immune cell modulator, and/or direct inhibitor of cancer cells [164]. Based on the promising laboratory data, accumulating prospective and retrospective clinical trials also support the beneficial anticancer effects of perioperative lidocaine treatment. In a recent retrospective study of 2239 patients undergoing resection of pancreatic carcinomas conducted by Zhang et al., those who received perioperative *i.v.* lidocaine exhibited significantly better OS at 1 and 3 years, while disease-free survival was unaffected [165••].

Others

Although intravenous and inhalational anesthetics have profound effects on cancer outcomes, we cannot ignore the effects of some perioperative anesthetic adjuvants. Ketamine is an NMDA receptor antagonist widely used in cancer treatment during the perioperative period due to its strong analgesic effects at subanesthetic doses. Increasing numbers of findings indicate that ketamine can modulate immune function through three major mechanisms [166]. First, ketamine has anti-inflammatory effects mediated by the inhibition of the expression of proinflammatory cytokines, such as IL-6 and TNF- α , during the early postoperative period [167]. Second, similar to other analgesics, ketamine significantly interferes with NK-cell cytotoxicity, thus increasing the susceptibility to tumor metastasis [14]. Third, ketamine can disrupt the balance of different T-cell populations, which inhibits antitumor immune function and is associated with cancer recurrence and poor survival in a dose-dependent manner [168]. A retrospective study also showed that ketamine is not associated with improved oncological outcomes [169].

Given that nonsteroidal anti-inflammatory drugs (NSAIDs) have opioid-sparing properties, they are another important adjuvant frequently administered in the perioperative period for analgesia. As COX inhibitors, NSAIDs decrease the expression of both cyclooxygenase-1 (COX-1) and COX-2 enzymes. Therefore, the overexpression of COX-2 increases the amount of PGE2, which further upregulates the expression levels of immunosuppressive IL-10. Similar to other oncogenes, COX-2 is overexpressed in colorectal carcinomas and adenomas as well as mammary tumors and plays a carcinogenic role [170, 171]. Indeed, COX-2 inhibitors are actively used in breast cancer [172], and overexpression of COX-2 favors breast tumor growth and increases the risk of cancer relapse by stimulating epithelial cell proliferation, inhibiting apoptosis, stimulating angiogenesis, suppressing immunity, and increasing the production of mutagens [173]. Three clinical studies have indicated that the use of NSAIDs may decrease the risk of cancer recurrence and increase disease-free survival. In a retrospective

study of 327 women, a lower cancer recurrence rate was shown when ketorolac was given before cancer surgery than when other opioid-based analgesics were used [169]. In a follow-up study of the same patient population, it was found that the use of ketorolac could extend disease-free survival in the first few years after surgery with nearly no occurrence of relapse within the early months [174]. In another retrospective study of 720 breast cancer patients from a single-center cohort, the intraoperative use of NSAIDs (ketorolac or diclofenac) was associated with improved disease-free survival and overall survival [175]. As a result, the favorable antitumor effects of NSAIDs suggest their broader application to cancer treatment.

Dexmedetomidine (DEX) is becoming widely used to attenuate the stress response and reduce opioid requirements. DEX is a highly selective α_2 adrenoreceptor agonist and has multiple pharmacologic effects, including hypnosis, analgesia, sedation, and anxiolysis. α_2 adrenergic receptors are expressed on both immune cells and tumors, which indicates that DEX may affect the balance of the immune system and tumorigenesis [176, 177]. According to a meta-analysis of patient studies by Wang et al., the intraoperative use of DEX infusion increases the numbers of NK cells, B cells, and CD4+ T cells and the ratios of CD4+/CD8+ and Th1/Th2 cells, while the number of CD8+ T cells is significantly decreased [178]. These data indicated that DEX can protect the immune function of surgical patients. This indication corroborates a previous study, which showed that DEX did not significantly inhibit T-cell proliferation or IL-2 production [179]. A recent study also showed that perioperative DEX had no favorable impacts on NK-cell activity or inflammatory responses in uterine cancer surgery patients [180]. However, Levon et al. tested the effects of DEX on tumor growth and found that the size of breast, lung, and colon cancer was significantly larger in mice that received DEX [181, 182, 183]. Consistent with the animal study, the study of 1404 patients by Cata et al. showed that intraoperative dexmedetomidine administration was associated with worsened overall survival after surgery for non-small cell lung cancer [184]. However, a randomized controlled study should be conducted to confirm the results of these studies.

Tramadol is an atypical opioid analgesic that has shown antitumor effects in breast cancer cells *in vitro* and *in vivo* [185, 186]. The mechanism by which tramadol exerts these effects involves suppression of colony formation, cell cycle arrest, and the induction of apoptosis via extracellular signal-regulated kinases by decreasing 5-hydroxytryptamine 2B receptor and transient receptor potential vanilloid-1 expression, as demonstrated by *in vitro* experiments [185]. *In vivo*, tramadol administration decreased the expression of inflammatory cytokines, such as IL-6 and TNF- α , which are involved in tumor growth and invasion [186]. Additionally, tramadol functions similarly to morphine but may produce

the opposite effect and instead increase the activation of NK cells in patients undergoing surgical tumor resection [33, 187]. Furthermore, a retrospective analysis of 2588 patients showed that tramadol use was associated with decreased rates of breast cancer recurrence and improved survival after breast cancer surgery [185].

The Effects of Anesthetic Techniques on Cancer Recurrence

Whether anesthetic techniques during potentially curative intraoperative periods influence cancer recurrence is a question that needs to be addressed to reveal the associations between different anesthetic managements and cancer outcomes. There are two major anesthetic approaches that may potentially affect cancer recurrence risk: (1) the use of RA, including neuraxial (epidural or spinal) and paravertebral blocks, and (2) the use of general anesthesia, including intravenous and inhalation anesthesia. Over the past decade, RA has been hypothesized to lower the surgical stress response and immunosuppression, reduce the need for volatile anesthesia, and minimize pain and opioid needs in the perioperative period, hence decreasing the activation of pro-tumor pathways and enhancing long-term oncological outcomes. Additionally, RA preserves the function of the immune system and has a direct inhibitory effect on cancer cells [188, 189]. For example, when comparing the use of regional techniques with the use of general anesthesia in cancer patients in RCTs, substantially lower levels of NK-cell and T-cell activity were observed in those who received both than in individuals who only received general anesthesia [190, 191]. As a result, several retrospective studies and meta-analyses have shown that the application of RA to supplement GA is closely associated with better OS than the use of GA plus opioid analgesia, at least during the treatment of certain types of cancer, such as breast, colon, lung, and prostate cancers [192–196].

In this review, we summarized over 5 years of clinical evidence regarding the effects of various RAs on cancer outcomes. This review is almost exclusively from retrospective studies (Table 2). Interpretation of retrospective analyses should be inherently cautious because of potential selection bias. According to this summary, retrospective findings are not enough to prove the positive effects of RA due to conflicting results, while all the RCTs have reached similar conclusions. Specifically, some RCTs investigating RA and cancer recurrence enrolled more than 2100 women with primary breast cancer. Patients were randomly assigned to receive either RA (preferentially paravertebral block) with propofol sedation or sevoflurane/opioid-based general anesthesia. It has been shown that there is no difference in disease-free survival or cancer recurrence [197]. The

Table 2 Summary of clinical studies assessing the effects of different regional anesthetic techniques on cancer outcomes

Ref	Year	Study type	Intervention	Cancer type	Patients	Outcomes
[199]	2021	RCT	Epidural	Lung	$n=400$	No difference in RFS (HR 0.9, 95% CI 0.60–1.35, $p=0.61$) or OS (HR 1.12, 95% CI 0.64–1.96, $p=0.70$)
[234]	2021	RCT	Epidural	Thoracic, Abdominal	$n=1802$	No difference in RFS (HR 0.97, 95% CI 0.84–1.12, $p=0.69$) or OS (HR 1.09, 95% CI 0.93–1.28, $p=0.29$)
[197••]	2019	RCT	PVB	Breast	$n=2132$	No difference in cancer recurrence (HR 0.97, 95% CI 0.74–1.28, $p=0.84$)
[235]	2019	Retrospective	Epidural	Colon	$n=225$	Decreased RFS (HR 0.73; 95% CI 0.54–0.99, $p=0.028$) in epidural group
[236]	2018	Retrospective	Epidural	Colon	$n=999$	No difference in RFS (HR 1.06, 95% CI 0.87–1.29, $p=0.92$) or OS (HR 0.9, 95% CI 0.68–1.20, $p=0.48$)
[237]	2018	Retrospective	Spinal	Bladder	$n=231$	Increased cancer recurrence (HR 2.06, 95% CI 1.14–3.74, $p=0.017$) in GA group. No difference in OS
[238]	2018	Retrospective	Epidural	Ovarian	$n=648$	Increased OS (HR 1.67; 95% CI 1.36–2.04, $p<0.001$) and RFS (HR 1.33; 95% CI 1.11–1.59, $p=0.021$) in epidural group
[239]	2018	Retrospective	Scalp block	Glioblastoma	$n=808$	No difference in RFS (HR 0.98, 95% CI 0.80–1.20, $p=0.89$) or OS (HR 1.02, 95% CI 0.82–1.26, $p=0.85$)
[240]	2017	RCT	PVB	Breast	$n=180$	No difference in metastasis (HR 0.79, 95% CI 0.21–2.96, $p=0.88$) or OS (HR 0.66, 95% CI 0.11–3.97, $p=0.15$)
[241]	2017	Retrospective	Epidural	Gastrectomy	$n=4218$	Improved OS in epidural group (HR 0.65, 95% CI 0.58–0.73, $p<0.001$)
[242]	2017	Retrospective	Spinal	Bladder	$n=876$	Decreased cancer recurrence (HR 0.636, $p<0.001$) in spinal group
[243]	2017	Retrospective	PVB	Lung	$n=1729$	Increased OS (HR 0.60; 95% CI 0.45–0.79, $p=0.002$) in PVB group. No difference in RFS
[244]	2017	Retrospective	Scalp block	Glioblastoma	$n=119$	Increased RFS (HR 0.31; 95% CI 0.07–0.21, $p<0.001$) in scalp block group

RCT, randomized controlled trial; PVB, paravertebral block; OS, overall survival; RFS, recurrence-free survival; HR, hazard ratio

effect of combined epidural-general was also investigated in a large multicenter RCT including patients ($n=1712$) with major noncardiac thoracic or abdominal surgery. The median follow-up time was after 5 years, and the combined epidural-general anesthesia and general anesthesia group had similar rates of mortality, cancer-specific survival, and relapse-free survival (RFS) [198]. The most recent RCT included 400 patients who were undergoing video-assisted thoracoscopic lung cancer resection and compared the effects of the use of combination epidural-general anesthesia against the use of general anesthesia alone. The primary outcome was RFS. Secondary outcomes were OS and cancer-specific survival. The median follow-up time was 32 months. The results indicated that the use of epidural anesthesia during major lung surgery did not result in better RFS, cancer-specific survival, or OS than the use of general anesthesia alone [199]. Other RCTs focusing on the effects of RA on colon and prostate cancer surgery also failed to demonstrate any benefits in cancer outcomes [200, 201]. Given that these studies are appropriately powered and the results seem compelling, the influence of RA on cancer recurrence might be negligible or not existent. It can be speculated that RA probably fails to produce a robust immunomodulatory or anti-inflammatory effect or that the concentrations of LAs in micrometastatic

niches are too low to produce significant antitumor effects [102, 202]. Although there is insufficient evidence to support the use of regional techniques at this time for their perceived benefit in terms of cancer recurrence, RA continues to play a fundamental role in the developing subspecialty of oncology anesthesia, which is focused on individualized, perioperative management in an attempt to minimize morbidity, accelerate recovery, and promote the progression to the next stage of oncological therapy.

The Effects of Perioperative Body Temperature on Cancer Recurrence

Body temperature is a sensitive indicator of whether the internal environment of the body is in a stable state. Body temperature acts as a critical regulator to influence the response to cancer. However, the mechanisms have only recently been investigated. Increasing *in vitro* and *in vivo* studies found that elevated temperatures can generally promote the activation, function, and delivery of immune cells, while reduced temperatures inhibit these processes [203]. In particular, adaptive immunity can be modulated by temperature, including antigen-presenting cells and CD4+/CD8+ T cells [203].

Moreover, in patients undergoing open surgery for gastric cancer, Yi Yang et al. found that maintaining a body temperature close to normal could preserve immune functions [204]. Accordingly, the picture that is emerging is that temperature can have varying impacts on cancer outcomes. Given that perioperative systemic hypothermia is commonly encountered and even a few degrees of perioperative hypothermia can have immunosuppressive consequences, it is necessary to explore the association between hypothermia and cancer recurrence. In a rat model of colon cancer, tumor retention was found to be promoted by perioperative hypothermia [205], and severe hypothermia (3–7 °C decrease from the normal body temperature) markedly suppressed NK-cell activity and jeopardized host resistance to experimental mammary metastasis [206]. However, these results have not been replicated in human studies. In a reanalysis of data from a previous cohort of 852 patients, where intraoperative core body temperature was defined as a median intraoperative temperature of < 36 °C, consistent with the existing consensus definition [207], there was no significant increase in the incidence of cancer recurrence or death from metastasis following radical cystectomy. Yucel et al. also drew a similar conclusion [208]. However, there are several conflicting findings that demonstrate the causal relationship between hypothermia and cancer prognosis. For example, intraoperative hypothermia may be a significant predictor of recurrence and survival in muscle-invasive bladder cancer [209] and rectal cancer [210].

According to a clinical study by Zheng et al. of stage III gastric cancer patients, a high postoperative body temperature could significantly reduce the 5-year disease-free survival [211]. Therefore, treating hyperthermia (also called thermal therapy or thermotherapy) is becoming one of the cancer treatment methods used to reduce cancer recurrence. Indeed, accumulating evidence indicates that physiological responses to high body temperature can enhance the microenvironment's ability to resist tumors through temperature-sensitive checkpoints that regulate tumor vascular perfusion and metabolism [212]. In contrast to prior research, a recent *in vitro* study indicated that cancer cells can resist higher temperatures than normal cells by not activating caspase 3 [213]. As a result, the influence of thermal stimuli on the tumor environment and the antitumor immune response remain incompletely understood.

Conclusion and Future Perspectives

Recently, many of the retrospective clinical trials highlighted in this review have definitively demonstrated the profound impacts of perioperative events on cancer recurrence. For example, most retrospective trials have found that TIVA is a better anesthetic choice for cancer surgery according to the increased OS and RFS. However, several RCTs have shown that epidural and paravertebral nerve blocks are unable to modify cancer prognosis.

For other anesthetic agents/techniques, there is still a critical lack of clinical evidence confirming the association with cancer recurrence during the perioperative period. The preclinical and clinical studies provided in this review exhibited conflicting findings on the effects of anesthesia on the immune response and cancer growth. Therefore, large-cohort prospective clinical trials are required to explore the effects of different anesthetics and techniques on long-term outcomes after cancer surgery. Furthermore, such trials will be beneficial to the development of systemic cancer therapies, which will enable us to optimize perioperative cancer treatment.

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Declarations

Conflict of Interest The authors declare no competing interests.

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