## **RESEARCH ARTICLE**

## Optimising the oil phases of aluminium hydrogel-stabilised emulsions for stable, safe and efficient vaccine adjuvant

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Abstract To increase antibody secretion and dose sparing, squalene-in-water aluminium hydrogel (alum)stabilised emulsions (ASEs) have been developed, which offer increased surface areas and cellular interactions for higher antigen loading and enhanced immune responses. Nevertheless, the squalene (oil) in previous attempts suffered from limited oxidation resistance, thus, safety and stability were compromised. From a clinical translational perspective, it is imperative to screen the optimal oils for enhanced emulsion adjuvants. Here, because of the varying oleic to linoleic acid ratio, soybean oil, peanut oil, and olive oil were utilised as oil phases in the preparation of aluminium hydrogel-stabilised squalene-in-water emulsions, which were then screened for their stability and immunogenicity. Additionally, the underlying mechanisms of oil phases and emulsion stability were unravelled, which showed that a higher oleic to linoleic acid ratio increased anti-oxidative capabilities but reduced the long-term storage stability owing to the relatively low zeta potential of the prepared droplets. As a result, compared with squalene-in-water ASEs, soybean-in-water ASEs exhibited comparable immune responses and enhanced stability. By optimising the oil phase of the emulsion adjuvants, this work may offer an alternative strategy for safe, stable, and effective emulsion adjuvants.

**Keywords** pickering emulsion, vaccine adjuvant, alumstabilised emulsion, oleic to linoleic acid ratio, stability

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## **1** Introduction

Vaccines, such as human papillomavirus vaccine [1], hepatitis B vaccine [2], and polio vaccines [3], have been consistently demonstrated to prevent a wide range of infectious diseases and make an indelible contribution to human health. In addition to live attenuated or inactivated vaccines, there is a tendency to extract only the antigenic components of the pathogens, such as purified proteins, polysaccharides, synthetic peptides, and nucleic acids [4–7]. With simpler structures and higher safety profiles, subunit vaccines were preferred for a quick response to the prevailing pandemic but were at the expense of immunogenicity, as pathogenic structures or components had been removed [8]. Therefore, safe, and effective adjuvants have become increasingly important to stimulate the immune response and reduce the vaccine dosage required for widespread vaccination.

As the approved adjuvant, squalene-in-water emulsions, such as MF59 for influenza vaccines [9], and Adjuvant System 03 for the highly pathogenic Asian avian influenza A virus vaccines [10], have been found to increase antibody secretions for enhanced immune protection. The emulsion droplets activate the immunocytes at the injection sites, which then release antigen-presenting cells (APCs) attracting chemokines and cytokines, completing the immune-amplification loop responsible for enhanced antigen uptake and immune activation [11]. Typically, surfactants are used as stabilisers to reduce the interfacial tension between water and squalene phases [12]. In contrast, surfactant-stabilised interphases form hydration layers that prevent the droplets from adhering to the cell membranes or interacting with antigens. As a result, surfactant-stabilised emulsions are rarely internalised by APCs, making it difficult to manipulate antigen delivery to activate cellular immunity.

In this study, we developed a particle-stabilised emulsion (Pickering emulsion) to replace surfactants with poly lactic-co-glycolic acid [13], aluminium hydrogel (alum) [14], or albumins [15]. In comparison with conventional emulsions, particle-stabilised interphases provide greater surface areas and intercellular gaps that enhance antigen loading and cellular interactions. Additionally, Pickering emulsion droplets exhibit superior mechanosensing capability and stability [16]. These advantages facilitate threedimensional contact between APCs, as well as the stimulation of humoral and cellular adaptive immunity. However, previous attempts have concentrated on squalene. Even with antioxidants such as tocopherol, it has been shown that squalene is easily oxidised in the main oil phase [17]. Therefore, a series of aldehydes and ketones were generated, which may cause adverse side effects (e.g., local swelling or inflammation) [18] and accelerate the oxidation process, impeding the immunogenicity and safety profile of the emulsion adjuvants. Furthermore, the inter-particle gaps of Pickering emulsions exposed the oil core to the external environment more than the surfactantcovered emulsions, increasing the contact area with the external environment and accelerating the oxidative process. Hence, optimal oils with high stability are required for enhanced immune efficiency, safety, and clinical translation of emulsion adjuvants.

To this end, we optimised the oil phase of the squalenein-water aluminium hydrogel (alum)-stabilised emulsions (ASEs). As a mixture of fatty acids, the approved oils have distinct compositions, such as saturated fatty acids, oleic acid, linoleic acid, linolenic acid, etc. [19-21]. Among them, the oleic to linoleic acid (O/L) ratio may have major implications on the antioxidative ability, which, in turn, would affect the stability and immunogenicity of the prepared emulsion adjuvants. In this study, clinically approved oils with varying O/L ratios were used to prepare a series of ASEs, including soybean oil (O/L ratio = 1:2.75) [22], peanut oil (O/L ratio = 1.3:1) [23], and olive oil (O/L ratio = 4:1) [24] (Table 1). The stability of the emulsions was assessed by measuring their size, charge, and degree of oil oxidation. The effectiveness of the antigen adsorption and reservoir effect of the antigen, as well as the antibody, memory T cell, and cytokine profiles, were also evaluated. By comparing the stability and immunogenicity of the prepared ASEs, this study elucidated the underlying relationship between the oil phase O/L ratio and emulsion stability, shedding light on the optimal oil phase for stable. safe, and effective emulsion adjuvants.

	Table 1	Selected	oils for	ASEs	optimisations
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Oil type	Saturated fatty acid/%	Oleic acid/%	Linoleic acid/%	O/L ratio	Ref.
Soybean oil	17.0	20.0	55.0	1:2.75	[4]
Peanut oil	20.7	44.2	35.1	1.3:1	[5]
Olive oil	8.9	72.5	18.0	4:1	[19]

## 2 **Experimental**

## 2.1 Chemicals and reagents

Aluminium hydroxide adjuvant and ELISA kits for cytokine profiles were purchased from the InvivoGen Company. Soybean oil, olive oil, peanut oil, squalene, and ovalbumin (OVA, 45 kDa) were purchased from the American Sigma Company. Phosphate-buffered saline (PBS, 0.01 mol· $L^{-1}$ , pH = 7.2–7.4), paraformaldehyde, and red blood cell lysate were purchased from Beijing Solarbio Company. Hydrochloric acid (relative molecular weight 36.46, purity 36.0%–38.0%), sodium hydroxide, and sodium chloride were purchased from Beijing Chemical Reagent Company. Sodium citrate (relative molecular weight 294.10, purity≥99.0%), disodium hydrogen phosphate (Na<sub>2</sub>HPO<sub>4</sub>·12H<sub>2</sub>O, relative molecular mass 358.14, purity≥99%), and sodium dihydrogen phosphate (NaH<sub>2</sub>PO<sub>4</sub> $\cdot$ 2H<sub>2</sub>O, relative molecular mass 156.01, purity  $\geq 99\%$ ) were purchased from Sinopharm Chemical Reagent. Fluorescent gallium was prepared by the American Thermo Scientific Company. The Micro-BCA protein quantification kit was purchased from Thermo Fisher Scientific (USA). RPMI medium 1640 and fetal bovine serum were purchased from Gibco Technologies. BALB/c female mice were purchased from Beijing Vital River Animal Laboratories. Aspartate aminotransferase (AST), alanine aminotransferase (ALT), blood urea nitrogen (BUN), lactate dehydrogenase (LDH), and alanine aminotransferase (ALP) were purchased from Toshiba. CD3 monoclonal antibody (145-2C11), PE-Cv7, CD44 monoclonal antibody (IM7), PerCP-Cyanine5.5, CD62L (L-Selectin) monoclonal antibody (MEL-14), and APC were purchased from TONCO Bio.

#### 2.2 Preparation and optimisations of ASEs

The ASEs were prepared by single-step sonication (Branson Digital Sonifier, interval time = 4 s) of commercial aluminium hydroxide and the oils. Subsequently, the emulsions were optimised for the smallest size distribution according to the particle concentration and oil phase volume. Meanwhile, a similar size distribution was optimised to the buffer type, buffer pH, ultrasonic power, ultrasonic time, and ultrasonic temperature, respectively. Afterwards, a dynamic light scattering (DLS) analyser (Malvern) was employed to measure the zeta potential and particle size at 25 °C. The experiments were performed in triplicate and obtained similar results.

The content of the ASE endotoxin was determined using the limulus reagent test method. The assessment was conducted according to the manufacturer's protocol [25]. We prepared the ASEs standard reagents and other necessary solutions; further, 100  $\mu$ L of the standard and sample were added to the endotoxin-free vials, then 100  $\mu$ L of limulus amebocyte lysate was added to the upper tubes and incubated at 37 °C for 30 min. In each tube, 100  $\mu$ L of chromogenic substrate was added and incubated at 37 °C for 6 min. Subsequently, 500  $\mu$ L color-stabilizer #1, 500  $\mu$ L color-stabilizer #2, and 500  $\mu$ L color-stabilizer #3 were added gradually. Subsequently, 100  $\mu$ L was pipetted into a 96-well plate, the absorbance was measured at 545 nm, and the endotoxin content in the sample was calculated according to the standard curve.

Further, 100  $\mu$ L ASEs were mixed with OVA antigen at room temperature for 30 min. The fluidic OVAs were then collected from the subnatants of OVA/ASEs after centrifugation at 4000  $\times g$  for 5 min. The antigen concentrations were determined using a Micro BCA protein assay kit (Thermo-Fisher). The antigen-loading efficiency was calculated using the following equation:

ASE-loading antigen efficiency = (total OVA – fluidic OVA)/total OVA  $\times$  100%

The co-localisation of OVA with the droplets was observed using a laser scanning confocal microscope (SP8 STED 3X, Leica), where alum (green) and OVA (red) were labelled by Lumogallion (Sigma) and Cy5 (Thermo Fisher), respectively.

# 2.3 Immunogenicity of the prepared ASEs with varied O/L ratio

To estimate the fluorescence intensity of the antigen at the injection site, the OVA antigens were labelled with Cy5 (Thermo Fisher) and loaded with the prepared ASEs. Afterwards, BALB/c mice (6–8 weeks old, female, Beijing Vital River Animal Laboratories) were intramuscularly administrated with 100  $\mu$ L ASEs/OVA at the thigh. The antigen reservoir effect was evaluated by the fluorescence decay at the injection sites, which were traced through the *in vivo* imaging system FX Pro (Kodak). The fluorescence imaging settings were as follows: excitation wavelength, 650 nm; emission wavelength, 700 nm.

On Day 0, the BALB/c mice (6–8 weeks old, female, Beijing Vital River Animal Laboratories) were intramuscularly administrated with 100 µL ASEs/OVA at the thigh. For humoral responses (serum antibody titer), serum samples were collected 28 days after the first administration. In the ELISA analysis of immunoglobulin G (IgG), 96-well plates were coated at 4 °C overnight with a coating buffer (50 mmol  $\cdot$  L<sup>-1</sup> Na<sub>2</sub>CO<sub>3</sub>–NaHCO<sub>3</sub> pH 9.6, OVA 2 µg per well). The next day, the plates were washed three times with phosphate buffered saline containing 0.05% (w/v) Tween 20 (PBST), and then blocked with blocking buffer (0.5% (w/v) BSA in PBST) for 1 h at 37 °C. Subsequently, a two-fold dilution series, beginning at an initial 100-fold dilution, was used to determine the concentration of OVAspecific IgG. The samples were incubated at 37 °C for 1 h. Afterwards, the plates were washed six times with PBST. The secondary antibody (anti-mouse IgG-horseradish peroxidase, 1:50000 dilution, Abcam) was then added and incubated at 37 °C for 30 min. Afterwards, the substrate tetramethylbenzidine (Abcam) was added to trigger the chromogenic reactions with the horseradish peroxides under dark light, which was subsequently stopped 15 min later. To collect the data, an Infinite 200 PRO (TECAN) was employed to obtain the  $OD_{450}$  values. The titers were determined as the  $OD_{450}$  of the dilutions that were twice the mean of the background (negative serum).

On Day 28, the splenocytes were isolated by mincing the spleen through 75-mesh cell strainers. Additionally, lysis buffer (0.9% ammonium chloride, eBioscience) was added to the eliminate erythrocyte interference. After separation  $(500 \times g, 5 \text{ min})$ , a single-cell suspension was obtained. After the single-cell suspension was obtained, the splenocytes (4  $\times$  10<sup>6</sup> cells  $\cdot$  mL<sup>-1</sup>) were pulsed with the antigens (4  $\mu$ g · mL<sup>-1</sup> OVA) and co-incubated at 37 °C for 48 h. Afterwards, the supernatants of the cells were collected by centrifugation (500  $\times g$ , 5 min). The cytokine profile was assessed by the concentrations of IFN- $\gamma$  and IL-4 in the collected supernatants, using ELISA kits with an ELISA plate reader (Infinite M200, TECAN). The cells were collected and stained with fluorescent antibodies: 145-2C11, PE-Cy7, IM7, PerCP-Cyanine5.5, MEL-14, and APC (all from TONCO Bio). For immune memory, CD44<sup>high</sup> CD62L<sup>high</sup> and CD44<sup>high</sup> CD62L<sup>low</sup> were used to identify the central and effector memory T cells, respectively. The antibody dilution for the flow cytometry staining was performed according to the manufacturer's instructions. Normally, 1:100 antibody dilution was employed for 106 cells. Each experiment was repeated three times and similar results were obtained.

## 2.4 Biosafety profile

On Day 0 and Day 14, the BALB/c mice were intramuscularly injected with ASEs and alum. For local reactions, the quadriceps (n = 6) were collected after 14 days of injection. Isolated muscle tissue was fixed overnight in a pre-cooled 4% paraformaldehyde solution. In addition to embedding in paraffin, tissue sections and hematoxylin-eosin (H&E) staining were performed for microscopic examination. For systemic toxicities, serum (n = 6) was collected 28 days after the first vaccination. The toxicity effect was evaluated according to the serum biochemical parameters, including AST, ALT, BUN, LDH, and ALP. Further, the hearts, spleens, livers, lungs, and kidneys were isolated and stained with H&E. Additionally, we tested the alum concentration in the homogenate of the major organs. Additionally, the cytokine storm was evaluated based on the concentrations of IL-10, IL-8, and IL-6 in the supernatants of the harvested splenocytes.

#### 2.5 Stability evaluations

Regarding the storage stability, the prepared ASEs were stored at 4 °C, 25 °C, and 37 °C. The size, zeta potential, and optical images were monitored from Day 0 to Day 30. The experiments were performed in triplicate and obtained similar results.

For oxidation stability, 2 mL of the testing oils and the prepared ASEs were placed in an oxidation stability tester (892 Professional Rancimat, Metrohm). The oxidation induction period time was collected under accelerative conditions (120 °C, 20.0  $L \cdot h^{-1}$  gas flow rate) [26]. The experiments were performed in triplicate and obtained similar results.

A Likert scale was developed to comprehensively compare the stability of the prepared ASEs [27]. The scale scores demonstrated construct validity through association with constructs of interest: aggregation time of micrographs, size change degree (at room temperature), charge change degree (at room temperature), and oxidation induction period. Samples were collected from a representative experiment (n = 3) out of three independent experiments. The scoring principles are listed in Table 2.

 Table 2
 Marking standard of stability evaluation scale

Score	Aggregation time of micrographs/min	Size change degree/nm	Zeta potential change degree/mV	Oxidation induction period/h
5	>4	< 200	< 1	>1
4	3–4	200-350	1–2	0.8–1
3	2–3	350-500	2–3	0.6-0.8
2	1–2	500-650	3–4	0.4–0.6
1	< 1	>650	>4	< 0.4

## 2.6 Ethic statement

All animals were obtained from the Vital River Animal Laboratories. Their cages were sterile, equipped with laminar airflow hoods, and were arranged in groups of five or fewer in a pathogen-free room. To feed the animals, autoclaved food was used with water. A week of acclimation for mice was guaranteed prior to the experiments. All animal protocols were approved by the Committee on the Ethics of Animal Experiments of the Institute of Process Engineering at the Chinese Academy of Sciences (approval ID: IPEAECA20210402). Additionally, we modified all techniques and procedures to ensure the animals' happiness and minimise their stress. The data are presented as the mean  $\pm$  s.e.m. (n = 6).

## 2.7 Statistical analysis

All animal studies were performed after randomisation. All values are expressed as mean  $\pm$  s.e.m. and the data were analysed by one-way or *t*-test analysis of variance (ANOVA) for comparison of multiple groups using GraphPad Prism 8 software. Statistical significance was set at p < 0.05.

## 3 Results and discussion

## 3.1 Optimisations and characterisations of ASEs

Here, we prepared a series of ASEs optimisations, including alum concentration, oil phase volume, buffer type, and solution pH (Fig. S1, cf. Electronic Supplementary Material, ESM). Initially, the particle concentration plays a major role in the particle arrangement at the interface between oil and water and the size of the emulsion [28]. We primarily displayed different alum concentrations and detected their sizes by DLS, as shown in Fig. S1(a). As the amount of alum increased, the size of the ASEs first increased and then decreased. To obtain the smallest ASEs, the alum concentration was chosen (2 mg·mL<sup>-1</sup>). Furthermore, at the same alum concentration, Fig. S1(b) showed that higher oil volumes lead to larger droplet sizes and reduced stability, which is in agreement with previous findings [29].

To optimise the hydration layer of the emulsion droplets, the continuous phase was optimised in terms of the buffer type and pH. Compared with PBS and saline-buffered droplets, the ASEs were smaller in the deionised water and citrate buffer (the fluidic mixture of 100 mmol $\cdot$ L<sup>-1</sup> citric acid and sodium citrate, respectively) (Fig. S1(c), Fig. S2, cf. ESM), indicating that the presence of phosphate anions may disrupt the hydration layer by the coordinate effect with alum [30]. The citrate buffer was selected with the narrowest size distribution. In the case of pH, aluminium hydroxide ionisation resulted in low affinity for oil phases at lower pH values, which made the emulsion difficult to stabilise. Alternatively, alkaline buffers tend to cause an increased agglomeration of droplets. To improve the uniformity, a pH of 7.4 was selected for the preparation of ASEs (Fig. S1(d)). Furthermore, the different O/L ratios of the oil samples resulted in different spreading rates, thereby affecting the energy input necessary to generate oil droplets. The optimal ultrasonic conditions were also evaluated according to the ultrasonic power, ultrasonic temperature, and ultrasonic time (Fig. S1(e-g)).

Subsequently, the efficiency of the ASE-loading antigen on the emulsion surface was evaluated. According to the confocal images, Cy5 labelled antigen (red) and fluorescent gallium-labelled alum (green) co-localised on the emulsion surface, demonstrating the high antigen adsorption of the prepared ASEs (Fig. 1(a)). From a quantitative perspective, the loading efficiency was determined based on the protein concentration in the supernatant. A high percentage of antigen was adsorbed on all ASEs, as shown in Fig. 1(b); only 3% of the fluidic alum/antigen complex was detected (Fig. S3(b), cf. ESM). Thus, more antigens were adsorbed on the ASEs, and the different oil phases did not affect the adsorption of antigens despite their differing zeta potentials. Collectively, the ASEs were prepared with similar sizes (approximately  $1600.00 \pm 71.75$  nm), PDIs (approximately  $0.06 \pm 0.04$ ), and antigen adsorption efficiencies (approximately 100%), as presented in Table 3.

Moreover, all formulations tested were within a relatively low endotoxin level range (Fig. S4, cf. ESM). Additionally, no significant differences were observed between the groups. Thus, endotoxin contamination had little impact on the immunogenicity of ASEs with different oil phases.

3.2 Immunogenicity of the prepared ASEs with varied O/L ratio

## 3.2.1 Comparable antigen depot of the ASEs

The local reaction at the injection site was first evaluated to determine the immunogenicity of the ASEs. Here, Cy5-labelled antigens were adsorbed on the ASEs (Table 3), injected intramuscularly, and traced using an *in vivo* fluorescence imaging system. Although the oil phases varied, all the ASEs formed strong antigen depots for 5 days, which prolonged the time window for antigen uptake and the activation of recruited immune cells, as shown in Fig. 2. Additionally, there were no significant differences among the ASE groups, indicating that the selected oils had little effect on antigen persistence. The antigen depot

effect may be attributed to the dense-packed alum on the O/W interphase, conferring a large specific surface area to adsorb large amounts of antigens, which subsequently form an antigen pool to recruit and cultivate the APCs and trigger immune activation [31].

## 3.2.2 Humoral immune response

Humoral responses elicit pathogen-specific immunoglobulins, such as IgM, IgG, and its subtypes, to distinctly recognise antigenic epitopes and neutralise the infections of pathogens systemically [32]. To evaluate the humoral immune responses, the indicated formulations were intramuscularly administered to BALB/c mice on Day 0 and Day 14. Serum was collected 28 days after the first vaccination, and subsequently, the titers of the antigenspecific IgG were determined for the humoral immunity assessment. Comparing the ASE-vaccinated serum with that of alum-vaccinated serum, the IgG titers specific for OVA were 10 times higher (P = 0.00025). Furthermore, ASE-soybean and ASE-squalene both induced an increase in IgG titers by 1.14-fold and 1.33-fold, respectively, compared with ASE-peanut (P = 0.97) and ASE-olive (P =0.77), indicating stronger humoral immune protection (Fig. 3).



**Fig. 1** (a) Confocal images of ASEs and (b) ASE-loading antigen efficiency. OVA and the surface alum were labelled with Cy5 (red) and Lumogallion (green), respectively. Scale bar = 2  $\mu$ m. Data were shown as mean  $\pm$  s.e.m. (n = 3).

Table 3 Optimal formulations and characterisations on the ASEs a)

1				
Item	ASE-squalene	ASE-soybean	ASE-peanut	ASE-olive
Ultrasonic power/%	50.0	50.0	50.0	20.0
Size/nm	$1682.3\pm 64.0$	$1692.3 \pm 102.0$	$1589.7 \pm 181.3$	$1497.7 \pm 143.8$
PDI	$0.053 \pm 0.059$	$0.08\pm0.013$	$0.029\pm0.026$	$0.076 \pm 0.154$
Zeta potential/mV	$-15.5\pm3.0$	$-22.3\pm2.5$	$-0.5\pm0.2$	$-8.4\pm1.1$

a) Alum: 20 mg·mL<sup>-1</sup>; oil: 50 μL·mL<sup>-1</sup>; buffer type: citrate, pH 7.4; ultrasonic temperature: ice-bath; ultrasonic time: 2.0 min.



**Fig. 2** Antigen reservoir effect: (a) *in vivo* images and (b) quantitative fluorescent intensity of Cy5-OVA persistence at the injection sites. Data were shown as mean  $\pm$  s.e.m. (n = 6).



Fig. 3 Serum OVA-specific IgG titer on Day 28. Data were shown as mean  $\pm$  s.e.m. (n = 6) and analysed by one-way ANOVA.

#### 3.2.3 Cellular immune responses

Cellular immune responses are critical for defence against vital infections, which comprise T-cell responses, such as  $CD4^+$  and  $CD8^+$  T cells [33]. To verify whether the oil phases had an impact on the cellular immunity, we tested

the cytokine profile of ASE/OVA-pulsed splenocytes (Fig. 4). When compared with alum, the ASEs produced 200% higher IFN- $\gamma$  secretion in the superantigen (P < 0.0001), suggesting elevated Th1 (T-Help 1 Cell)mediated immune responses (Fig. 4(a)). Furthermore, ASE-soybean elicited higher IL-4 concentrations than ASE-peanut (P = 0.60) (Fig. 4(b)), indicating a potent Th2bias activation (T-Help 2 Cell). Collectively, soybean-oilbased ASEs induced a relatively higher cellular immune response, which may provide comprehensive immunity to pathogen invasion.

### 3.2.4 Memory T-cell activations

Thereafter, the dynamics of the memory T cells were examined. Among the splenocytes, the effective memory T cells (CD3<sup>+</sup> CD44<sup>high</sup> CD62L<sup>low</sup>) potently increased in response to the ASE-formulated vaccinations, suggesting the ability to elicit immediate antiviral responses in pathogen encounters (Fig. 4(c)). Furthermore, ASEsoybean and ASE-squalene induced more memory T cells than ASE-peanut (P = 0.32) and ASE-olive (P =0.45). Moreover, ASE-soybean elicited higher central memory T cells among the splenocytes (CD3<sup>+</sup> CD44<sup>high</sup> CD62L<sup>high</sup>), with 140% and 120% increase, in contrast to ASE-olive (P = 0.0004) and ASE-squalene (P = 0.056), respectively (Fig. 4(d)). Higher proportions indicated a higher immune memory effect to boost the proliferation and differentiation of T cells against viral infections. In contrast to ASE-peanut and ASE-olive, ASE-soybean induced relatively higher immune activation, which is comparable to ASE-squalene.

#### 3.3 Biosafety profile

We then assessed the safety and biocompatibility of the ASEs by assessing the serum biochemicals, as well as histological changes in the vital organs and injection sites. Fourteen days after the first administration, the injection sites showed no apparent side effects, such as inflammation (Fig. 5). Additionally, the tissue distribution analysis of the emulsion droplets indicated that the droplets were hardly distributed in the major organs (Fig. S5, Table S1, cf. ESM) and was retained at the injection sites for cellular infiltration. This indicates the enhanced safety profile of the ASEs [34]. In the case of systemic toxicity, the levels of AST, ALT, BUN, LDH, and ALP on Day 28 showed no significant difference from the untreated group (PBS) and alum group, indicating the limited adverse effects on the circulatory, hepatic, and renal functions (Table 4). Additionally, no evident pathology was found in the vital organs on Day 28, including the heart, liver, spleen, lungs, and kidneys (Fig. 5). Regarding the immunotoxicity (Fig. 6), there were no deviations in the IL-6 and IL-8 secretions observed among the ASE-primed groups,



**Fig. 4** Cytokine profile and memory T cell activations: (a) IFN- $\gamma$ , (b) IL-4 levels in supernatant of *ex vivo* stimulated splenocytes, (c) effector memory T cells (CD44<sup>high</sup> CD62L<sup>low</sup>), and (d) central memory T cells (CD44<sup>high</sup> CD62L<sup>high</sup>) among CD3<sup>+</sup> cells. Data were shown as mean  $\pm$  s.e.m. (*n* = 6) and analysed by one-way ANOVA.

suggesting a limited delayed-type hypersensitivity inflammation (Figs. 6(a) and 6(b)). Furthermore, the moderately low IL-10 concentration in all the ASE groups demonstrated the absence of immune tolerance during the onset of adaptive immunity (Fig. 6(c)). Consequently, all ASEs containing the various oils demonstrated a good biosafety profile and induced adequate immune activation as potential vaccine adjuvants.

## 3.4 Effect of O/L ratios on emulsion stability

In the case of emulsion adjuvants, stability is always regarded as the elephant in the room. To study the storage stability of the ASEs, the emulsions were stored at 4 °C (storage temperature), 25 °C (room temperature), and 37 °C (accelerating experiment), and monitored by optical microscopy and DLS (Fig. 7). The stability was determined by the particle size distribution, zeta potential distribution, and aggregation occurrence. All the ASEs

were well dispersed at the beginning in Fig. 7(a), but ASEpeanut (O/L = 1.3:1) and ASE-olive (O/L = 4:1) tended to aggregate on Day 30, regardless of the temperature. Additionally, the ASE-soybean (O/L = 1:2.75) remained stable for long-term storage. Additionally, the ASEsoybean was determined to have a relatively high absolute charge value ( $-22.3667 \pm 2.5146$  mV), indicating the increased electrostatic interaction between the droplets to promote stability by minimising droplet coalescence (Fig. S6, cf. ESM). Therefore, oils with a lower O/L ratio (soybean) may have a higher absolute zeta potential, contributing to their increased storage stability.

For antioxidant ability, we used an oxidation stability tester (892 Professional Rancimat, Metrohm) to determine the oxidation induction period of oil before and after emulsification. Oxygen was pumped into the oil and heated to 120 °C to accelerate the process. The oxidation induction period was monitored and calculated based on the conductivity changes of the samples. Oils with a higher



Fig. 5 Biocompatibility evaluations via H&E staining of vital organ sections and injection sites (muscle) from BALB/c mice. Scale bar =  $100 \mu m$ .



Fig. 6 (a) IL-6, (b) IL-8, and (c) IL-10 levels in supernatant of *ex vivo* stimulated splenocytes. Data were shown as mean  $\pm$  s.e.m. (n = 6) and analysed by one-way ANOVA.

O/L ratio (olive oil) consumed a longer oxidation induction period, indicating enhanced oxidation stability, as illustrated in Table 5. Furthermore, ASEs were determined with relatively shorter oxidation induction periods, possibly due to the presence of alum ions in the solutions, which accelerated oil oxidation.

To comprehensively compare the stability of all the

ASEs, a Likert scale was developed [35,36]. Additionally, to quantify and characterise the stability, a brief stability evaluation scale among a group of nine random samples was designed based on the aggregation occurrence, size changes, and oxidation induction period (Table 2). ASE-soybean demonstrated a comparable SES store with ASE-squalene (Table 6 and Fig. 8), which was evidently higher

Item	$ALT/(U \cdot L^{-1})$	$ALP/(U \cdot L^{-1})$	$LDH/(U \cdot L^{-1})$	$BUN/(U \cdot L^{-1})$	$AST/(U \cdot L^{-1})$
ASE-squalene	$60.5\pm25.0$	$149.5\pm3.4$	$711.0\pm135.7$	$6.9\pm1.2$	$79.5 \pm 18.2$
ASE-soybean	$38.0\pm14.3$	$189.0\pm17.4$	$876.0\pm114.5$	$7.9\pm1.7$	$83.5\pm9.9$
ASE-peanut	$76.5\pm31.5$	$183.5\pm11.0$	$878.0\pm56.1$	$7.8\pm0.8$	$89.5 \pm 16.1$
ASE-olive	$70.0\pm53.4$	$183.5\pm46.4$	$929.0\pm379.2$	$7.8\pm5.4$	$91.5\pm36.5$
Alum	$93.5\pm46.08$	$178.5\pm18.2$	$820.0\pm104.3$	$4.9\pm1.0$	$80.0\pm10.9$
PBS	$64.0\pm17.5$	$151.0\pm8.4$	$730.0\pm71.4$	$8.0\pm1.7$	$94.5\pm23.5$

Table 4 Biochemical parameters in the serum



**Fig. 7** Storage stability of ASEs. (a) Optical micrographs of ASEs at the indicated temperatures on 30 days. Scale bar = 100  $\mu$ m. For optical microscopy determination, the images were acquired with 40 × magnification. (b–d) Size of ASEs from Day 0 to Day 30 of storage at (b) 4 °C, (c) 25 °C, and (d) 37 °C. Data were shown as the mean  $\pm$  s.e.m. (n = 3).

 Table 5
 Oxidation induction period of the oils and ASEs

Oil/ASE	Oxidation induction period/h			
OII/ASE	Oil	Emulsion		
Squalene	$0.830\pm0.005$	$0.430\pm0.005$		
Soybean	$1.580\pm0.013$	$0.630\pm0.010$		
Peanut	$1.690\pm0.013$	$0.670\pm0.010$		
Olive	$2.320\pm0.010$	$0.900\pm0.150$		

than that of ASE-peanut and ASE-olive. Therefore, ASEsoybean, with a lower O/L ratio, exhibited enhanced stability.

## 4 Conclusions

We optimised ASEs with similar sizes (approximately  $1600.00 \pm 71.75$  nm) as a vaccine delivery system by

controlling the alum concentration, continuous phase, and preparation parameters, tested the zeta potential, and captured the good dispersion of the ASEs under optical micrographs. The characteristics (such as size, zeta potential, and optical micrographs) of ASEs listed in Table 3, Fig. S6 and Fig. 7(a), which represent the ASEs we designed, were suitable for vaccine delivery. For stability evaluations, we used a Likert scale to comprehensively evaluate the stability of the emulsion adjuvants. Here, soybean oil, peanut oil, and olive oil showed increased antioxidant properties due to the presence of saturated fatty acids in the formulations. Furthermore, contrasting the low O/L ratio oil phase (soybean oil), high O/L ratios in the oil phases (olive oil or peanut oil) may increase the oxidation stability while decreasing the surface zeta potential to diminish long-term storage stability. Compared with squalene-based ASEs, soybeanbased ASEs induced comparable serum antibody levels, cytokine secretions, and safety profiles. ASE-olive and

Table 6 Likert chart and factor analysis on the stability of the ASEs (mean  $\pm$  s.e.m.)

ASE	Aggregation time of micrograph	Size change degree	Zeta change degree	Oxidation induction period	Total score of stability
ASE-squalene	$4.50\pm0.54$	$4.17\pm0.75$	$4.83\pm0.41$	$1.670\pm0.005$	$15.16\pm0.31$
ASE-soybean	$4.17\pm0.75$	$3.50\pm0.83$	$4.17\pm0.41$	$3.00\pm0.01$	$14.83\pm0.37$
ASE-peanut	$1.50\pm0.54$	$1.83\pm0.98$	$2.00\pm0.89$	$3.00\pm0.01$	$9.30\pm0.44$
ASE-olive	$2.50\pm0.54$	$2.17\pm0.98$	$1.83\pm0.75$	$4.00\pm0.15$	$10.50\pm0.35$



**Fig. 8** Quantification and characterisation of the stability of ASEs: (a) aggregation time of micrographs, (b) size change degree, and (c) zeta potential change degree. Data were shown as the mean  $\pm$  s.e.m. (n = 9, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001) and analysed by one-way ANOVA.

ASE-peanut treatments induced relatively lower immune responses. By presenting the parameters of the ASEs and comparing their stability and immunogenicity, soybean oil may represent the optimal oil phase for alum-stabilised emulsion adjuvants and may serve as a candidate oil phase for a stable, safe, and effective emulsion adjuvant.

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