

## Biography: Mitchell S. Roslin

Mitchell S. Roslin<sup>1,2,3</sup>

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Mitchell S. Roslin is well known throughout the world for his work as a bariatric surgeon and thought-provoking researcher. Recently, he has been a Visiting Scholar and Professor, operating and speaking around the world in places such as Brazil, Canada, Spain, Italy, Turkey, Israel, United Arab Emirates, Saudi Arabia, Bahrain, and Kuwait. He also has written multiple articles published in medical literature. In the past year, Dr. Roslin has performed six live surgical demonstrations for international surgical meetings.

Dr. Roslin has focused on the ways that different operations handle sugar, and he has been a leading voice for a transition in bariatric procedures. His initial focus questioned whether or not dumping was a desirable aspect of a bariatric procedure. He was likely the first surgeon to discuss what he believes will be an important issue in the future: glucose variability. He has

advocated preserving the pyloric valve and has lectured about sleeve gastrectomy and duodenal switch globally. He is linked to an increasingly popular operation, named SIPS, which is essentially a modified duodenal switch. Furthermore, Dr. Roslin has developed the concepts and provided the most important research in the area. His opinion is sought by many sources, and he has appeared on national television countless times. He is also the principal investigator of the national clinical study. Additionally, he was the principal investigator of both the Restore trial and a vagus nerve stimulation trial.

A native New Yorker, Dr. Roslin graduated magna cum laude from the University of Pennsylvania and earned his MD degree from New York University in 1987. He completed his internship in surgery at the University of California San Diego Medical Center in San Diego and his residency/chief residency in surgery at the Maimonides Medical Center in Brooklyn, New York.

After his residency, Dr. Roslin began his surgical career when he joined the teaching faculty of the Maimonides Medical Center. There, he developed one of the largest clinical treatment programs for morbid obesity in the United States. In 2000, he was named Chief of Obesity Surgery at Lenox Hill Hospital and has developed an internationally known program. He has been voted one of the outstanding doctors in New York, by both Castle and Connolly and New York Magazine. He recently has been selected as one of the best minimally invasive surgeons in New York. He is the founding president of the NYS-ASMBS and co-chair of the access committee of ASMBS.

Dr. Roslin has long had a strong interest in research and improving treatment for the obese patient. He holds multiple patents and is actively involved in several research projects. Despite being asked to appear throughout the world, and operate in numerous countries, he has an extremely active practice, performing approximately 400 major cases annually. He has truly pioneered new procedures and ideas, and a major aspect of his practice is complex revisions. He sees patients and performs surgery in New York City and in Westchester.

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✉ Mitchell S. Roslin  
mroslin@northwell.edu

<sup>1</sup> Bariatric and Metabolic Surgery, Lenox Hill Hospital, New York, NY, USA

<sup>2</sup> Northern Westchester Hospital, Mt Kisco, NY, USA

<sup>3</sup> Surgery Barbara and Donald Zucher School of Medicine at Hofstra/ Northwell, Hempstead, NY, USA

Dr. Roslin has received grants from Medtronic, CardioDx, CR Bard, Covidien, Johnson and Johnson, and Cyberonics. He is an associate editor for the journal *Obesity Surgery* and is on the editorial board of SOARD. He has mentored surgical residents and research fellows for his entire career and was promoted to Professor of Surgery at the Hofstra/Northwell School of Medicine.

The program at Lenox Hill is involved in multiple aspects of research. Current studies include the SIPS trial, genetic changes following bariatric surgery, and basic science research with the department of endocrinology.

On a personal note, Dr. Roslin has been married to his wife of 22 years, Paula, and together they reside in Armonk, NY, with their three children. Alec, age 20 is a junior at St Lawrence University and plays on their varsity tennis team. Kylie, age 18, is starting the University of Miami Honors Medical Program and was recently a National Semi-Finalist in the Regeneron science research competition for work she has done on encephalitis. Kylie is also an accomplished equestrian competing in national competitions. Finally, Jeret, 8 years old, is in third grade. Most importantly, he is his dad's favorite weekend partner and will prevent any empty nest syndrome for the near future!