ORIGINAL RESEARCH



Explainable machine learning with pairwise interactions for the classification of Parkinson's disease and SWEDD from clinical and imaging features

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Accepted: 9 May 2022 / Published online: 26 May 2022 © The Author(s), under exclusive licence to Springer Science+Business Media, LLC, part of Springer Nature 2022

Abstract

Scans without evidence of dopaminergic deficit (SWEDD) refers to patients who mimics motor and non-motor symptoms of Parkinson's disease (PD) but showing integrity of dopaminergic system. For this reason, the differential diagnosis between SWEDD and PD patients is often not possible in absence of dopamine imaging. Machine Learning (ML) showed optimal performance in automatically distinguishing these two diseases from clinical and imaging data. However, the most common applied ML algorithms provide high accuracy at expense of findings intelligibility. In this work, a novel ML glass-box model, the Explainable Boosting Machine (EBM), based on Generalized Additive Models plus interactions (GA^2Ms), was employed to obtain interpretability in classifying PD and SWEDD while still providing optimal performance. Dataset (168 healthy controls, HC; 396 PD; 58 SWEDD) was obtained from PPMI database and consisted of 178 among clinical and imaging features. Six binary EBM classifiers were trained on feature space with (SBR) and without (noSBR) dopaminergic striatal specific binding ratio: HC-PD_{SBR}, HC-SWEDD_{SBR}, PD-SWEDD_{SBR} and HC-PD_{noSBR}, HC-SWEDD_{noSBR}, PD-SWEDD_{noSBR}. Excellent AUC-ROC (1) was reached in classifying HC from PD and SWEDD, both with and without SBR, and by PD-SWEDD_{SBR} (0.986), while PD-SWEDD_{noSBR} showed lower AUC-ROC (0.882). Apart from optimal accuracies, EBM algorithm was able to provide global and local explanations, revealing that the presence of pairwise interactions between UPSIT Booklet #1 and Epworth Sleepiness Scale item 3 (ESS3), MDS-UPDRS-III pronation-supination movements right hand (NP3PRSPR) and MDS-UPDRS-III rigidity left upper limb (NP3RIGLU) could provide good performance in predicting PD and SWEDD also without imaging features.

Keywords Explainable boosting machine · Interpretable machine learning · Parkinson's disease · SWEDD · DaT-SPECT

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Introduction

The Parkinson's disease (PD) is the second most common neurodegenerative disease after Alzheimer's disease (AD) (Amoroso et al., 2018) and it affects an important percentage of the elderly population (de Lau & Breteler, 2006). The degeneration of dopaminergic neurons in the substantia nigra is known as the cause of PD, which leads to motor symptoms such as the rigidity, tremor, akinesia, gait, and speech disturbance. Together with motor symptoms, the PD also presents alterations in non-motor functions, negatively affecting the daily activities of the patients (Vaccaro et al., 2021; Sarica, 2021a). The motor and non-motor impairment is usually quantified through several clinical scales, such as the commonly used Movement Disorder Society Unified Parkinson's Disease Rating Scale (MDS-UPDRS) (Goetz et al., 2008). The Single-photon emission computed tomography (SPECT) with the DaTSCAN (¹²³I-Ioflupane) is the most widely applied diagnostic technique for assessing the dopamine deficit in PD. The SPECT tracer binds to the dopamine transporters in the brain regions of caudate and putamen (the striatum). Such clinical and imaging evaluations are recognized as the main tools for the diagnosis of PD. However, in the 10% of clinically diagnosed PD patients, the dopaminergic functional imaging is negative, and these patients are classified as Scans without evidence of dopaminergic deficit (SWEDD) (Schwingenschuh et al., 2010). It has been hypothesized that SWEDD patients suffer from other neurological diseases, e.g. essential tremor or dystonia, which mimic PD and present overlapping motor and non-motor symptoms. For these reasons, the differential diagnosis of PD and SWEDD results to be still complex and challenging (Schwingenschuh et al., 2010).

Artificial Intelligence (AI) and Machine Learning (ML) are nowadays broadly applied for supporting the diagnosis of PD and Parkinsonisms (Vaccaro et al., 2021; Sarica, 2021a; Chien, 2021; Palumbo, 2014; Salvatore et al., 2014; Oliveira & Castelo-Branco, 2015; Yang et al., 2021), as well as for distinguishing between PD and SWEDD (Mabrouk et al., 2017; Mabrouk et al., 2019; Hirschauer et al., 2015; Prashanth et al., 2017) from clinical, neuropsychological and imaging features. Although the ML algorithms for the automatic prediction and the differential diagnosis of PD showed excellent performance (Vaccaro et al., 2021; Chien, 2021; Palumbo, 2014; Salvatore et al., 2014; Oliveira & Castelo-Branco, 2015; Mabrouk et al., 2017; Mabrouk et al., 2019; Hirschauer et al., 2015; Prashanth et al., 2017; Lei et al., 2019), the usually applied approaches are *black*-boxes, that is they are not able to provide a satisfactory interpretation of ML findings. It is indeed beyond doubt that the application of ML in the healthcare and neurological realm should provide an acceptable tradeoff between the accuracy and the interpretability (Ahmad et al., 2018; Sarica, 2022), and for this reason, a novel field of AI has been born very recently, the Explainable AI (XAI) (Arrieta et al., 2020). One of the interpretable ML algorithms that showed good performance on biomedical and clinical data is the Explainable Boosting Machine (EBM) (Lou et al., 2012), a glassbox model based on the Generalized Additive Models plus interactions (GA²Ms) (Hastie & Tibshirani, 1990; Lou et al., 2013). EBM showed comparable accuracy to the state-of-the-art ML methods, such as Random Forest (Breiman, 2001; Sarica et al., 2017) or XGBoost (Chen & Guestrin, 2016), and it has been successfully employed for the prediction of the Alzheimer's disease from MRI data (Sarica et al., 2021b), for the assessment of the Pneumonia risk (Caruana et al., 2015) and of the COVID-19 risk (Magunia, 2021), and for supporting the optimal treatment of Kawasaki disease (Wang et al., 2020). Because of the extreme novelty, very few works assessed the reliability and utility of the XAI approaches for

the early and/or differential diagnosis of PD (Ma et al., 2021; Magesh et al., 2020; Shahtalebi et al., 2021), and furthermore none of these studies applied EBM for the prediction of PD. Thus, the main contributions of the present work are: (i) to investigate the performance of the EBM algorithm for the prediction of PD; (ii) to evaluate the reliability of EBM in distinguishing between PD and SWEDD patients by using clinical scales and imaging features; (iii) to compare the performance of EBM classifiers trained with and without striatal DaTSCAN uptake; (iv) to assess the influence of the pairwise interactions on the EBM models performance; (v) to provide the interpretability and the feature contribution in the single prediction of PD.

Methods

Participants

Data used in the preparation of this article were obtained from the Parkinson's Progression Markers Initiative (PPMI) database (www.ppmi-info.org/data). For up-to-date information on the study, visit www.ppmi-info.org. Table 1 reports the demographic, the clinical and imaging characteristics of the cohort, which consisted of 168 healthy controls (HC), 396 PD and 58 SWEDD. Only subjects without missing clinical and imaging features were considered and all data used for the analysis are acquired at the baseline visit.

Motor and non-motor evaluation of PD was conducted through the Movement Disorder Society Unified Parkinson's Disease Rating Scale (MDS-UPDRS) (Goetz et al., 2008), which consists of three parts: part I, non-motor experiences of daily living; part II, motor experiences of daily living; part III, motor examination; part IV, motor complications. Other important scales for the assessment of non-motor symptoms, are the Montreal Cognitive Assessment (MoCA, for detecting cognitive impairment), State-Trait Anxiety Inventory (STAI, for assessing the level of anxiety), Geriatric Depression Scale (GDS, for evaluating the depression in older adults), Scales for Outcomes in Parkinson's Disease - Autonomic Dysfunction (SCOPA-AUT, for evaluating autonomic symptoms), Judgment of Line Orientation (JLO, for assessing the visuospatial skills), the University of Pennsylvania Smell Identification Test (UPSIT, for testing the function of the olfactory system) and the Epworth Sleepiness Scale (ESS, for assessing the daytime sleepiness). The Hoen and Yahr (H&Y) scale was also reported here, but it was not included in the training features set since it is used for assessing the stage of PD and not for diagnosis.

The dopamine transporter single-photon emission computed tomography (DaT-SPECT) is the neuroimaging approach usually applied for the diagnosis PD. The brain region of interest (ROI) investigated with the

Table 1	Demographic, cli	inical and imaging data o	f the PPMI dataset	(values are mean \pm SD)
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	HC (168)	PD (396)	SWEDD (58)	# ^a	p-value ANOVA	Post-hoc ^b	
Age	61.1±11.3	61.7 ± 9.65	60.6 ± 10	-	0.71	N.A.	
Gender (M/F)	109/59	260/136	35/23	-	N.A.	N.A.	
H&Y	0.005 ± 0.07	1.57 ± 0.51	1.41 ± 0.53	-	< 0.0001	PD>HC, SWEDD; SWEDD>HC	
MDS-UPDRS-I	2.89 ± 2.76	5.61 ± 4.12	8.24 ± 6.56	13	< 0.0001	SWEDD>HC, PD; PD>HC	
MDS-UPDRS-II	0.35 ± 0.95	5.39 ± 4.14	5.02 ± 5.03	13	< 0.0001	HC < PD, SWEDD	
MDS-UPDRS-III	1.19 ± 2.06	20.9 ± 8.84	13.9±9.31	33	< 0.0001	PD>HC, SWEDD; SWEDD>HC	
MoCA	28.1 ± 1.09	26.9 ± 2.38	26.8 ± 2.57	26	< 0.0001	HC>PD, SWEDD	
STAI	47.7 ± 4.97	47.3 ± 5.32	46.7 ± 4.89	40	0.36	N.A.	
GDS	5.17 ± 1.39	5.26 ± 1.45	5.71 ± 1.75	15	0.11	N.A.	
SCOPA-AUT	5.11 ± 3.38	8.58 ± 6.51	12.1 ± 8.80	21	< 0.0001	SWEDD>HC, PD; PD>HC	
JLO	13.1 ± 1.95	12.8 ± 2.1	12.7 ± 2.49	1	0.18	N.A.	
UPSIT	34 ± 4.75	22.3 ± 8.34	31 ± 6.42	4	< 0.0001	PD < HC, SWEDD; SWEDD < HC	
ESS	5.66 ± 3.38	5.81 ± 3.42	8.24 ± 4.83	8	0.0009	SWEDD>HC, PD	
Left Caudate SBR	3.0 ± 0.63	1.99 ± 0.59	2.86 ± 0.57	1	< 0.0001	PD < HC, SWEDD	
Right Caudate SBR	2.9 ± 0.61	1.98 ± 0.59	2.83 ± 0.59	1	< 0.0001	PD < HC, SWEDD	
Left Putamen SBR	2.14 ± 0.56	0.812 ± 0.35	2.05 ± 0.51	1	< 0.0001	PD < HC, SWEDD	
Right Putamen SBR	2.16 ± 0.58	0.843 ± 0.36	2.09 ± 0.51	1	< 0.0001	PD < HC, SWEDD	
			Tot	178			

Statistical results are also reported

^a Number of items per test, i.e. number of features used for training EBM models. Age, gender and H&Y not included in the feature space ^b Tukey's correction (p < 0.05)

Abbreviations: HC, healthy control; PD, Parkinson's disease; SWEDD, Scans without evidence of dopaminergic deficit; N.A., Not applicable

¹²³I-Ioflupane (DaTSCAN) and SPECT is the striatum,

consisting of the caudate and the putamen. The specific binding ratio (SBR) of these two ROIs for each hemisphere is calculated from the count densities in the ROI masks, considering the occipital cortex as reference tissue.

The number of items per clinical assessment and the total number of features (178) used for training the ML models are reported in Table 1.

Statistical analysis

Statistical analyses were conducted for comparing demographic, clinical and imaging features among the three groups. One-way analysis of variance (ANOVA) was applied for assessing differences in age, MDS-UPDRS-I, MDS-UPDRS-II, MDS-UPDRS-III, H&Y, MoCA, STAI, GDS, SCOPA-AUT, JLO, UPSIT, ESS, and SBR of caudate and putamen, while differences in gender distributions were assessed with Chi-squared test (p < 0.05). Tukey's method was employed for the multiple comparisons correction (p < 0.05).

Machine learning analysis

The EBM algorithm (Caruana et al., 2015) is based on standard Generalized Additive Models (GAMs) (Hastie & Tibshirani, 1990), which accuracy is improved by adding pairwise interactions (Lou et al., 2013), taking the name of GA²Ms and the form:

$$g(E[y]) = \beta_0 + \sum f_j(x_j) + \sum f_{ij}(x_i, x_j), \qquad (1)$$

where $x_i = (x_{i1}, \dots, x_{ip})$ is the feature vector with p features, y_i the response, x_i denotes the *j*th variable in the feature space, g is the *link function* that adapts the GAMs to regression (e.g., g = identity) or classification (e.g., g = logistic), β_0 is the intercept that adjusts the prediction from the model, and f_i is the feature function, which could be plot for visualizing the contribution of each feature to the final prediction (Nori et al., 2019). The two-dimensional interaction $f_{ii}(x_i, x_i)$ in Eq. 1 can be rendered as heatmap on a two-dimensional x_i, x_i -plane, thus still maintaining the intelligibility. The EBM improves the standard GA²Ms thanks to bagging and gradient boosting with shallow tree-like ensembles for mitigating the co-linearity and for avoiding overfitting (Lou et al., 2012, 2013; Caruana et al., 2015). The best feature function f_j for each feature is learnt by training the model on one feature at a time, so to obtain its contribution to the prediction, which is then added and sent through the link function g to make single predictions (Nori et al., 2019). The concept of additivity and modularity of the contributions allows to rank and visualize which features have the higher impact on the individual prediction (Nori et al., 2019). In terms of predictive performance, EBM is comparable or in some cases better than the state-of-the-art algorithms (Nori et al., 2019), such as Random Forest (Breiman, 2001; Sarica et al., 2017) and XGBoost (Chen & Guestrin, 2016).

ML analysis was conducted with Python 3.7 and the package InterpretML 0.2.7 (Nori et al., 2019), which implements the EBM algorithm, on a MacOS 10.14.6 (2.9 GHz, 32GB of RAM). First, the dataset containing the three diagnostic classes, was randomly split with a static seed into training and test sets with a percentage respectively of 80% and 20% and maintaining the balance in the distribution of classes. Then, the training and test sets were split into three pairs of training/test sets, so to contain two diagnostic classes for each: HC (134/34) and PD (317/79), HC and SWEDD (46/12), and PD and SWEDD. The binary EBM classifiers were built on two different feature spaces, with and without the caudate and putamen SBR: HC-PD_{SBR}, HC-SWEDD_{SBR}, PD-SWEDD_{SBR} and HC-PD_{noSBR}, HC-SWEDD_{noSBR}, PD-SWEDD_{noSBR}. With the aim of assessing the influence of the pairwise interactions on the model performance, their number was automatically varied in a range from zero (no interactions) to 20. Then, we searched for optimal number of pairs in term of the Area under the Curve of the Receiver Operating Characteristic (AUC-ROC), evaluated on test set. Only the best binary model with the highest AUC was considered for further analysis. In case there was an equal AUC-ROC value among different classifiers, the model with less interactions was preferred for minimizing the complexity. The AUC-ROC of each best model was also calculated by applying a stratified 5-fold cross-validation to prevent overfitting and to assess the stability and reliability of the classifiers (reported as mean ± standard deviation). Sensitivity and specificity of the best models were calculated from the confusion matrix for test sets, and furthermore, given the imbalance of classes (Magunia, 2021), Balanced accuracy (BA) and AUC of the Precision-Recall curve (AUC-PR) were also calculated.

For each best binary classifier, the overall importance ranking (*global* explanation) of features was obtained by ordering their average absolute contribution in predicting training data. The *local* explanation of test subjects was also assessed as the ranking of the most important features in the single prediction, calculated as logit of the probability (logarithm of the odds) from the logistic link function g (Eq. 1),

where the logit of each feature is sum up for obtaining the final prediction (Lou et al., 2012, 2013).

Results

Demographic, clinical and imaging characteristics

No significant differences existed among the three groups in age, STAI, GDS, JLO and in gender distribution, while the remaining other twelve scales were significantly different among them (Table 1). Regarding the post-hoc, PD patients had higher values than HC in UPDRS-I, UPDRS-II, UPDRS-III and H&Y, and lower values than HC in MoCA, SCOPA-AUT, UPSIT, caudate and putamen SBR. SWEDD patients had higher values than HC in UPDRS-I, UPDRS-II, UPDRS-III, H&Y and ESS, and lower values than HC in MoCA, SCOPA-AUT and UPSIT. PD and SWEDD groups were different in UPDRS-I, UPDRS-III, H&Y, SCOPA-AUT, UPSIT, ESS, caudate and putamen SBR, as reported in Table 1.

Machine learning analysis

The results of EBM models are reported in Table 2. The two best classifiers $\mathrm{HC}\text{-}\mathrm{PD}_{\mathrm{SBR}}$ (zero interactions) and HC-PD_{noSBR} (one pairwise interaction: NP3FACXPxN-P3BRADY) reached both the maximum AUC-ROC of 1 and an AUC-PR of 0.999, while the BA was 1 and 0.987 respectively. The two best classifiers HC-SWEDD_{SBR} and HC-SWEDD_{noSBR} showed both an AUC-ROC of 1, BA 0.97 and AUC-PR 1, with the same only interaction NP2HWRTxNP-2TRMR. For distinguishing between PD and SWEDD patients, the best result (AUC-ROC 0.986, BA 0.75, AUC-PR 0.998) was obtained by the model PD-SWEDD_{SBR} with one interaction (PUTAMEN_LxPUTAMEN_R). When the SBRs were dropped from the feature space, the AUC-ROC of the model PD-SWEDD_{noSBR} decreased to 0.882 (BA 0.625, AUC-PR 0.979), with a higher number of pairwise interactions (eleven).

The ROC and the overall importance of the six best EBM models, with and without SBR, could be found in Fig. 1. The overall feature importance of the best model HC-PD_{SBR} showed that the first three most important variables were *NP2TRMR* (MDS-UPDRS II Self-assessment of tremor, item 2.10), *NP3BRADY* (MDS-UPDRS III Global Spontaneity of movement, item 3.14) and *NP3FACXP* (MDS-UPDRS III Facial expression, item 3.2) (Fig. 1A). These three features were also the most predictive variables in the best model HC-PD_{noSBR}, except that they were outdated in importance by the pairwise interaction *NP3FACXPxN-P3BRADY* (Fig. 1B). The features ranking of the two best models HC-SWEDD_{SBR} and HC-SWEDD_{noSBR} showed that

Table 2 Performance of theEBM binary models by varyingthe number of interactions

		AUC-ROC min/mean/max ^a	#int ^b	Sens-Spec	BA ^b	AUC-PR ^b	AUC-ROC 5-fold cv ^b
HC-PD	SBR	1/1/1	0	1–1	1	0.999	1 ± 0.0
[neg-pos]	noSBR	0.997/0.999/1	1	0.974-1	0.987	0.999	1 ± 0.0
HC-SWEDD	SBR	0.975/0.991/1	1	1-0.970	0.97	1	0.97 ± 0.02
[neg-pos]	noSBR	0.955/0.990/1	1	1-0.970	0.97	1	0.97 ± 0.02
PD-SWEDD	SBR	0.955/0.981/0.986	1	1-0.5	0.75	0.998	0.94 ± 0.03
[pos-neg]	noSBR	0.823/0.859/0.882	11	1-0.25	0.625	0.979	0.85 ± 0.06

The performance of the best models are also reported

^a AUC-ROC values obtained by varying the number of pairwise interactions from 0 to 20 (21 iterations)

^b Referred to the best EBM binary model, i.e. with max AUC-ROC on the test set and smaller number of pairwise interactions

Abbreviations: *HC*, healthy control; *PD*, Parkinson's disease; *SWEDD*, Scans without evidence of dopaminergic deficit; *SBR*, Specific Binding Ratio; *pos*, positive class; *neg*, negative class; *AUC-ROC*, Area under the Curve of the Receiver Operating Characteristic; *BA*, Balanced Accuracy; *AUC-PR*, AUC of the Precision-Recall curve; *int*, interactions; *Sens*, Sensitivity; *Spec*, Specificity; *cv*, cross-validation

the most important variables for both classifiers were the interaction between NP2HWRT (MDS-UPDRS II Handwriting item 2.7) and NP2TRMR, followed by the two features NP2TRMR and NP3RTCON (MDS-UPDRS III Constancy of rest, item 3.18) (Fig. 1C-D). The best three variables in the model PD-SWEDD_{SBR} were the interaction between the left putamen SBR and right putamen SBR, followed by the left putamen SBR and the right putamen SBR (Fig. 1E). When the SBRs were dropped from the feature space, the overall importance of the model PD-SWEDD_{noSBR} revealed that the most predictive variable were three interactions between UPISTBK1 (UPSIT Booklet #1) and ESS3 (Epworth Sleepiness Scale item 3, Sitting, inactive in a public space), between UPISTBK1 and NP3PRSPR (MDS-UPDRS-III pronation-supination movements right hand, item 3.6a), and between UPSITBK1 and NP3RIGLU (MDS-UPDRS-III rigidity left upper limb, item 3.3c).

The global explanations of the six EBM models are reported in Fig. 2 and in particular, Fig. 2A depicts the plots of feature interpretability for the first three most important variables in the model HC-PD_{SBR} (NP2TRMR, NP3BRADY and NP3FACXP). These plots of feature interpretability are in other words risk profiles, in which the risk score is reported in the vertical axis and the actual value of the feature is reported in the horizontal axis (upper graphs in Fig. 2A). Bottom graphs in Fig. 2A also reports the density/ distribution of the feature. A feature risk score above zero represents a contribution to the classification towards the positive class (PD), while a score below zero denotes a contribution towards the negative class (HC). Looking at the plot of the variable NP2TRMR (Fig. 2A), it is possible to interpret that, actual values of this feature higher than 0.923 contribute to the diagnosis of PD, while values between 0 and 0.308 contribute to the prediction of HC. Similarly, the plot of interpretability of the feature *NP3BRADY* (Fig. 2A) shows that actual values between 0 and 0.5 contribute to the classification of HC, while values higher 0.5 contribute to the classification of PD.

For the EBM models in which the interactions resulted to be the most predictive features, we reported their heatmaps (Fig. 2B-E). In the model HC-PD_{noSBR}, the heatmap of the interaction NP3FACXPxNP3BRADY shows that having higher values of NP3FACXP and of NP3BRADY, or higher values of NP3BRADY and lower values of NP3FACXP, results to have higher risk of having a diagnosis of PD (areas in yellow/orange in Fig. 2B). The pairwise interaction NP2HWRTxNP2TRMR was the most important feature in both models HC-SWEDD_{SBR} and HC-SWEDD_{noSBR}, where the higher risk to be diagnosed as SWEDD is obtained when these two features have both high values (vellow/orange area in the upper right corner of Fig. 2C). The heatmap of the pairwise interaction PUTAMEN RxPUTAMEN L - the most important feature in the model PD-SWEDD_{SBR} - shows that higher risk to have a diagnosis of PD is when both putamina have lower SBR values (yellow area in the bottom left corner of Fig. 2D). Regarding the model PD-SWEDD_{noSBR}, the heatmaps of interactions (Fig. 2E) reveals that having lower values of UPSITBK1 accompanied by higher values of ESS3, NP3PRSPR and NP3RIGLU contributes to the prediction as PD (positive class in yellow).

The local explanations were assessed on the three SWEDD test subjects (#21, #39, #91) who were misclassified as PD by the model PD-SWEDD_{noSBR}, but correctly classified by the model PD-SWEDD_{SBR}. Figure 3 reports the contribution of each feature in the prediction of these three SWEDDs in both EBM classifiers, where feature scores below zero (in blue) contribute to the classification as SWEDD, while feature scores above zero (in orange) contribute to the classification as PD. In particular, the plots of the local interpretability in Fig. 3 show that the



Fig. 1 Findings of the best EBM binary classifiers: (A) HC-PD_{SBR}; (B) HC-PD_{noSBR}; (C) HC-SWEDD_{SBR}; (D) HC-SWEDD_{noSBR}; (E) PD-SWEDD_{SBR}; (F) PD-SWEDD_{noSBR}. Upper plots are the ROC

Curves (on test set) and densities of the absolute residuals, bottom plots are the rankings of the overall feature importance (first fifteen features) as mean absolute score (on training set)

interaction $PUTAMEN_RxPUTAMEN_L$ in the model PD-SWEDD_{SBR} is primarily responsible for the correct classification of the three SWEDD subjects.



Fig. 2 Global explanation of the EBM models: (**A**) Plots of feature interpretability (risk profiles) for the first three most important variables in the model HC-PD_{SBR}, where the upper graph reports the feature risk score, and the bottom graph depicts the feature distribution. Heatmaps of the pairwise interactions (**B**) *NP3FACXPxNP3BRADY* in the EBM models HC-PD_{noSBR} where HC is negative class (purple) and PD is positive class (yellow); (**C**) *NP2HWRTxNP2TRMR* in the EBM models HC-SWEDD_{SBR} and HC-SWEDD_{noSBR}, where HC is negative class (purple) and SWEDD is positive class (yellow); (**D**) *PUTAMEN_RxPUTAMEN_L* in the EBM model PD-SWEDD_{SBR}, where PD is positive class (yellow) and SWEDD is negative class

Discussion

A highly intelligible ML approach, the EBM, was here applied for the differential diagnosis of PD and SWEDD through clinical and imaging features. The EBM models for distinguishing PD from HC, and SWEDD from HC, reached the maximum of accuracy (1), both with and without the striatum SBR as training feature. A slight decrease in the accuracy was obtained by the model for distinguishing PD from SWEDD with the SBR as feature (0.986), while the model without SBR had a greater decrease of the AUC-ROC (0.882). Our results improved the accuracies for the automatic diagnosis of PD and SWEDD provided by the literature (Chien 2021; Palumbo, 2014), in models trained on the same clinical and imaging features here used (Mabrouk et al., 2017; Hirschauer et al., 2015), as well

(purple); (E) UPSITBK1xESS3, NP3PRSPRxUPSITBK1, NP3RI-GLUxUPSITBK1 in the EBM model PD-SWEDD_{noSBR}, where PD is positive class (yellow) and SWEDD is negative class (purple). The risk scores are logits (log odds). NP2TRMR=MDS-UPDRS-II Tremor (item 2.10); NP2HWRT=MDS-UPDRS-II Handwriting (item 2.7); ESS3=Epworth Sleepiness Scale item 3 (Sitting, inactive in a public space); UPSITBK1=UPSIT Booklet #1; NP3PRSPR=MDS-UPDRS-III pronation-supination movements right hand (item 3.6a); NP3RIGLU=MDS-UPDRS-III rigidity left upper limb (item 3.3c)

as in other explainable ML approaches (Ma et al., 2021; Magesh et al., 2020).

It is noteworthy that the drop of the caudate and putamen SBR from the feature space, did not worse the performance of HC-PD and HC-SWEDD classifiers thanks to the presence of the pairwise interactions, thus providing an accurate model that do not require subjects to be acquired with an invasive and expensive SPECT imaging method (Hirschauer et al., 2015). In particular, we improved the accuracy of the previous literature (Mabrouk et al., 2019), where PDs were distinguished from HCs with an AUC-ROC of 88% by a K-NN classifier trained only on MoCA and UPSIT total scores. In another work (Hirschauer et al., 2015), for distinguishing PD and SWEDD from HC, classifiers were trained only on six clinical examinations (UPDRS-I, UPDRS-II, UPDRS-II, MoCA SCOPA-AUT, UPSIT) obtaining accuracies of 97.2%, and 93.6% for the binary problems HC-PD



Fig.3 Local explanation of the three SWEDD test subjects (#21, #39, #91) misclassified as PD by the EBM binary model PD-SWEDD_{noSBR}, but correctly classified by the EBM model PD-SWEDD_{SBR}. In round brackets the actual value of the feature. The

and HC-SWEDD respectively. With our AUC-ROC on test set of 1 and a mean AUC-ROC of 1 with the 5-fold crossvalidation, we also outperformed the accuracies of explainable models recently applied for the detection of PD: the 95.2% obtained by an Explainable ML model applied on DaTSCAN images (Magesh et al., 2020), and the accuracy of 98.41% of an explainable deep learning approach trained on Gait data (Ma et al., 2021).

local explanation scores are logits (log odds), where SWEDD is negative class (or class 0), and PD is positive class (or class 1). The probabilities of the predictions are also reported

Regarding the more challenging classification of PD and SWEDD, we found that SBRs were still necessary as training features for reaching optimal accuracy, as in previous ML works (Chien, 2021; Palumbo, 2014; Oliveira & Castelo-Branco, 2015; Mabrouk et al., 2017, 2019; Hirschauer et al., 2015; Prashanth et al., 2017; Lei et al., 2019; Magesh et al., 2020), although no one until now evaluated and demonstrated the importance of left and right putamina pairwise interaction. The interaction PUTA-MEN RxPUTAMEN L (Fig.2D) allowed us to obtain an AUC-ROC of 98.63% on the test set and a mean AUC-ROC with 5-fold cross validation of 94%, achieving similar or better performance than the literature. For example, in a study (Hirschauer et al., 2015) the classifier for distinguishing PD from SWEDD had an AUC-ROC of 95.3% with both SBRs and clinical data as training features, and an AUC-ROC of 93.7% with only putamen SBR (mean of the left and right putamen) as training feature. The importance of the striatum SBR was also confirmed when we looked at the local explanations of the misclassified SWEDD test subjects (Fig.3) provided by our PD-SWEDD classifiers. Although the model PD-SWEDD_{noSBR} showed worst performance than the PD-SWEDD_{SBR} one, it had a good AUC-ROC (88.2%), which anyway improved the literature, as in comparison with Hirschauer et al. (2015), where, when the classifier was trained only on clinical examinations data, PD and SWEDD were distinguished with an accuracy of 86.8%.

Another important finding of the present work is that we demonstrated that one single pairwise interaction was enough for maximizing the accuracy in classifying HC-PD when SBRs was excluded from the feature space. We also found a stability of the results in the two best models HC-SWEDD, with and without SBRs, since they had the same and only interaction pair - NP2HWRTxNP2TRMR- that was also the most predictive variable. In other words, we confirmed the robustness to excess feature pairs of the EBM algorithm reported by Lou et al. (2013), demonstrating small variations in the range of accuracy when varying the number of interactions (Table 2). Although the model PD-SWEDD_{noSBR} showed this kind of stability too, a higher number of features pairs (11) was necessary for reaching the maximum performance. This could be due to the overlapping motor and non-motor symptoms between the two diseases, as well as to the heterogeneity of SWEDD patients, who can present a broad range of possible underlying diagnoses (Schwingenschuh et al., 2010), or to diagnostic uncertainty. Anyway, it is interesting to notice the predictive role of the UPSIT (Booklet #1) - a non-motor sign - in distinguishing SWEDD from PD, given its presence in the first three most important interactions (UPSITBK1xESS3, NP3PRSPRx-UPSITBK1, NP3RIGLUxUPSITBK1, Fig. 1F). This result corroborates the previous literature that demonstrated that UPSIT best differentiated PD from SWEDD and proposed the UPSIT as an important indicator of the likelihood of SWEDD (Hirschauer et al., 2015).

Despite the promising findings, the present study has several limitations to be addressed. First of all, the low sample size, especially in the case of the SWEDD cohort, which could have limited the generalizability of the results, although it should be highlighted that the bagging and gradient boosting procedures of EBM may have been able to minimize this issue. Moreover, the imbalanced dataset may have allowed the majority class (PD) to have a larger weight than the minority (SWEDD) during the process of training, leading to a poor specificity on the test set. We cannot exclude that the bias introduced by the class imbalance of the binary problem PD-SWEDD led to build "unfair" classifiers (Amoroso et al., 2018; Wahlström et al., 2019; Zeng et al., 2022), which completely ignored the feature contribution of the minority class. Although we obtained good balanced accuracy (0.625) and optimal AUC-PR (0.979), future studies should investigate the ability of EBM algorithm to deal with imbalanced classes, or, from an algorithmic point of view, assess the EBM fairness through thresholding rules derived for example from Bayes-optimal classifiers (Amoroso et al., 2018; Wahlström et al., 2019; Zeng et al., 2022). Another limitation of this work is related to the possible presence of correlation among features, heavy multicollinearity and/or non-linearity around a prediction (Caruana et al., 2015), which may consider important interactions that are on the contrary spurious. Since we considered the subitem scores rather than the total score of the clinical assessments, the large feature space may have indeed introduced multicollinearity among features. Our choice relies on the complexity of the differential diagnosis of PD and SWEDD patients for which subtle differences between PD and SWEDD patients could be lost when only the total score is considered. Furthermore, the use of the subitems as training features could enhance the ability of EBM in providing interpretable findings and supporting the clinical decisions. Regarding the imaging feature, we considered only DaTS-CAN since this is the gold standard for the PD diagnosis, and it is the most common imaging approach used in the clinical routine. Further works are needed to confirm our results on a larger cohort and with different features, for example MRI structural or diffusion metrics, especially to improve the diagnostic accuracy of the binary problem PD-SWEDD and to confirm the trustiness of the EBM global and local explanations.

Conclusions

In this study, a high intelligible ML approach, the EBM, was applied for the differential diagnosis of PD and SWEDD from clinical and imaging features obtaining excellent accuracies. We demonstrated that PD and SWEDD could be distinguished by the EBM algorithm with optimal performance (AUC-ROC 0.882) also without the striatal uptake from DaTSCAN, which is an invasive, time-consuming and expensive imaging technique. We showed that including the pairwise interactions between features increased the EBM models accuracy still maintaining high intelligibility of ML findings. Moreover, the visual analysis of the global and local explanations offered accurate information about the impact of each single feature around the prediction of PD and SWEDD, especially for understanding why a test subject was correctly or incorrectly classified.

Acknowledgements PPMI – a public-private partnership – is funded by the Michael J. Fox Foundation for Parkinson's Research funding partners 4D Pharma, Abbvie, Acurex Therapeutics, Allergan, Amathus Therapeutics, ASAP, Avid Radiopharmaceuticals, Bial Biotech, Biogen, BioLegend, Bristol-Myers Squibb, Calico, Celgene, Dacapo Brain Science, Denali, The Edmond J. Safra Foundaiton, GE Healthcare, Genentech, GlaxoSmithKline, Golub Capital, Handl Therapeutics, Insitro, Janssen Neuroscience, Lilly, Lundbeck, Merck, Meso Scale Discovery, Neurocrine Biosciences, Pfizer, Piramal, Prevail, Roche, Sanofi Genzyme, Servier, Takeda, Teva, UCB, Verily, and Voyager Therapeutics.

Author contributions Author contributions included conception and study design (AS), data collection and acquisition (AS), statistical analysis (AS), interpretation of results (AS, AQ, AQ), drafting the manuscript (AS) and revising it critically for important intellectual content (AS, AQ, AQ), and approval of the final version to be published and agreement to be accountable for the integrity and accuracy of all aspects of the work (all authors).

Data availability Data used in the preparation of this article were obtained from the Parkinson's Progression Markers Initiative (PPMI) database (www.ppmi-info.org/data). For up-to-date information on the study, visit www.ppmi-info.org.

Declarations

Ethical approval Not applicable.

Consent to participate Not applicable.

Consent to publish Not applicable.

Conflict of interest Nothing to declare.

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