## NANO EXPRESS

**Open Access** 

# Tailoring the Microstructure of Sol–Gel Derived Hydroxyapatite/Zirconia Nanocrystalline Composites

HC Vasconcelos<sup>1,2\*</sup>, MC Barreto<sup>1,3</sup>

## Abstract

In this study, we tailor the microstructure of hydroxyapatite/zirconia nanocrystalline composites by optimizing processing parameters, namely, introducing an atmosphere of water vapor during sintering in order to control the thermal stability of hydroxyapatite, and a modified sol–gel process that yields to an excellent intergranular distribution of zirconia phase dispersed intergranularly within the hydroxyapatite matrix. In terms of mechanical behavior, SEM images of fissure deflection and the presence of monoclinic ZrO<sub>2</sub> content on cracked surface indicate that both toughening mechanisms, stress-induced tetragonal to monoclinic phase transformation and deflection, are active for toughness enhancement.

## Introduction

Hydroxyapatite [HA,  $Ca_{10}(PO_4)_6(OH)_2$ ] has attracted much interest as a biomaterial for use in prosthetic applications due to the similarity of its crystallography and chemical composition to that of human hard tissues [1,2]. However, the main weakness of this material lies in its poor mechanical strength that makes it unsuitable for load-bearing applications.

An attractive way of producing tougher HA is to use composites of 3 mol% yttria-stabilized tetragonal zirconia (YSZ) and HA, where the biocompatibility and bioactivity come from the apatite phase and the high strength is derived from the zirconia oxide ( $ZrO_2$ ) phase [3-5], on account of its high strength and fracture toughness being significantly increased by stress-induced tetragonal (t) to monoclinic (m) phase transformation toughening, or by deflection toughening mechanism [6-10].

Therefore, such composites must display uniform microstructures with a high degree of dispersion and without decomposition of the HA, during the sintering process. However, it has been reported that the addition of  $ZrO_2$  causes an increase in the content of tricalcium phosphate ( $\beta$ -TCP,  $Ca_3(PO_4)_2$ ) [11], which seriously deteriorates the mechanical properties and chemical

stability of these composites. In addition, calcium can be released from HA and interact with zirconium, resulting in the formation of cubic zirconia or calcium zirconate, which inhibits the toughening transformation mechanism [4,12-15].

To minimize these reactions, some efforts have been made toward reducing the sintering temperature and holding time. One alternative is the use of HA and YSZ nanopowders [16]. Another important method is the introduction of external pressure using the following techniques: spark plasma sintering (SPS), hot pressing or hot isostatic pressing (HIP) [5,16-18]. However, the exact mechanism of  $\beta$ -TCP content increase in ZrO<sub>2</sub>-added HA is not fully understood, and thus a method to control this decomposition has not been reported so far.

Sol-gel technique has been selected as a potential method to synthesize a large variety of materials [19-22], and in particularly ceramic matrix composites carefully doped with additional phases, offering a very good homogeneity and a better control of the morphology and microstructure. Several synthesis routes have been proposed for the synthesis of HA as well as different mixing conditions with numerous reactants molar ratios [23-26]. Although various precursors have been tried in the attempt to obtain a well-developed HA, the  $Ca(NO_3)_2$  and  $[P(OC_2H_5)_3]$  (TEP) combination has shown the most promising results, but until now it has still been difficult to obtain phase-pure HA.



© 2010 Vasconcelos and Barreto. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/2.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

<sup>\*</sup> Correspondence: hcsv@uac.pt

<sup>&</sup>lt;sup>1</sup>Department of Technological Sciences and Development, Campus de Ponta Delgada, Azores University, 9501-801, Ponta Delgada, Açores, Portugal. Full list of author information is available at the end of the article

In this study, a new type of HA/YSZ composite was fabricated with tailored microstructure by optimizing processing parameters in order to control the thermal stability of HA and YSZ grain phase distribution. An important outcome of the present work is an excellent intergranular distribution of YSZ phase, for the first time, in ZrO<sub>2</sub>-based composites.

## Experimental

High-purity chemicals of calcium nitrate tetrahydrate (Ca  $(NO_3)_24H_2O$ ), triethyl phosphate  $(P(OC_2H_5)_3)$  bought from Sigma–Aldrich, ammonium hydroxide  $(NH_4OH, 30\% BDH, England)$ , yttria-stabilized  $(3wt\% Y_2O_3)$  tetragonal zirconia (TZ-3Y, Tosoh Corporation) with particle size as 40 nm and BET as  $16 \pm 3 \text{ m}^2/\text{g}$  were used as starting ingredients for HA/YSZ composites.

Gel powders of HA and HA/YSZ composites (containing 10 mol% YSZ, denoted by HAZ10) were processed by a tailored sol-gel processing route, according the scheme illustrate in Figure 1a, involving triethyl phosphate (TEP) and calcium nitrate (Ca(NO<sub>3</sub>)<sub>2</sub>) as precursors of HA (*route1*). In order to obtain HAZ10 (*route2*), YSZ commercial powder diluted in deionised water was added to the HA sol.

At the end of both routes, the solvents were then driven off at 60°C until a viscous liquid was obtained.

Further drying of the viscous liquid at 60°C resulted in a gel. Oven drying was undertaken for a further 24 h at 120°C, and powders (pure HA and HAZ10, respectively) were obtained. Green pellets were prepared by uniaxial pressing at 100 MPa, and sintering was performed in water vapor atmosphere at the temperature of 950°C for 1 h. Under typical atmospheric conditions, water vapor was continuously generated by the evaporation of boiling liquid water and directly introduced inside the furnace, using the set-up illustrated in Figure 1b.

The characterization of as-sintered samples was carried out by scanning electron microscopy (SEM/EDX, JEOL JMS-840) and X-ray diffraction (XRD) using CuK $\alpha$  radiation (Siemens D-5000 diffractometer). Data were collected from 25 to 63° 20 with step of 0.02° and counting time 12 s. The identification of phases present was done using JCPDS files n° 9-432 to HA phase, 17-923 to ZrO<sub>2</sub> tetragonal phase and 13-307 to ZrO<sub>2</sub> monoclinic phase.

Vickers indentations (using a Shimadzu Micro Hardness Tester Type-M) and resulting crack propagation were used to detect toughening mechanisms.

## **Results and Discussion**

SEM on the HA powder, after drying for 24 h at 120°C, is shown in Figure 2a. The averaged particle size was  $\sim$ 60–100 nm, and the particles were agglomerated.







Figure 2b, c illustrates the scanning electron microstructure of the polished and thermally etched surface of the sintered HA and HAZ10, respectively. Full densification of the optimized powders and respective compacts (load = 100 MPa), after *routes 1* and 2, was achieved in 1 h at low temperature of 950°C. In Figure 2c, the dark grains are HA and the bright ones are ZrO<sub>2</sub>, which were dispersed mostly intergranularly within the HA matrix. EDX analysis (inset of Figure 2c) indicates the presence of Zr within whitish grain. Due to process synthesis, zirconia served as nucleation sites during HA precipitation, so HA crystals were formed on

the surfaces of  $ZrO_2$  particles. This phenomenon provided a more intimate mixing in binary composites, yielding a higher dispersion, allowing  $ZrO_2$  particles to be present mostly at grain boundaries, without agglomerates. Thus, the prepared samples were fully densified with small isolated voids, as shown in Figure 2c.

It is well established that HA is thermally decomposed into mostly  $\beta$ -TCP [Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>], CaO and water vapor [27-29], according to the following reactions:

$$Ca_{10}(PO_4)_6(OH)_2 \Leftrightarrow Ca_{10}(PO_4)_6(OH)_{(2-2x)}O_x + \uparrow H_2O$$
 (1)

$$Ca_{10}(PO_4)_6 O \Leftrightarrow 2\beta - Ca_3(PO_4)_2 + Ca_4 P_2 O_9$$
(2)

$$Ca_{10}(PO_4)_6(OH)_2 \Leftrightarrow 3\beta - Ca_3(PO_4)_2 + CaO + \uparrow H_2O$$
 (3)

Also, the tetragonal phase of  $ZrO_2$  can be decomposed through the reaction [28]:

$$Ca_{10}(PO_4)_6(OH)_{(2-2x)}O_x + \gamma ZrO_{2(tetragonal)} \Leftrightarrow$$
  

$$3Ca_3(PO_4)_2 + CaO(ZrO_{2(cubic)})_y + \uparrow H_2O$$
(4)

However, the obtained HA and HAZ10 compacts did not contain any phases other than HA and the tetragonal modification of zirconia, as revealed by their X-ray powder diffraction patterns in Figure 3a, b. The patterns demonstrate the stable nature of HA; peaks indicating the presence of stoichiometric HA after sinterization at 950°C for 1 h.

Two mechanisms may explain this behavior: first, since a gaseous species  $(H_2O)$  exists on the products side of the decomposition reactions, sintering



P ratio of 1,67 and YSZ content of 10%, heated at 950°C, 1 h in water vapor atmosphere, before indentation (b) and after indentation (c).

atmosphere would be expected to influence the decomposition kinetics of HA. In the present work, a water vapor atmosphere was used during sintering reaction, causing a compensation of the partial vapor atmosphere of water inside the furnace, avoiding vacancies formation in the HA structure— $Ca_{10}(PO_4)_6(OH)_{(2-2x)}O_x$  at reaction (1), counteracting the effect of HA decomposition in the reactions (2), (3) and (4), and secondly the decomposition reactions of HA were avoided, most probably because diffusion of water from the reaction zone to the surfaces is retarded by the zirconia matrix (nano intergranular  $ZrO_2$  particles) in boundaries of HA grains, forming a continuous framework.

The mechanical properties of this category of composite materials can be optimized by carefully tailoring the microstructure. Thus, the contribution of stress-induced phase transformation was evaluated by XRD, which is assessed in terms of the reflection of ZrO<sub>2</sub> monoclinic phase, as shown in Figure 3c. The presence of m-ZrO<sub>2</sub> content on cracked surface (after Vickers indentation) indicates that the transformation toughening phenomenon is an active mechanism for toughness enhancement. Additionally, crack deflection toughening by ZrO<sub>2</sub> particles also contributes to toughening of the composite. SEM observations also sustain the role of crack deflection toughening in these composites. The observation of indentation crack in the HAZ10 composite (Figure 4) shows little crack deflection around the dispersed ZrO<sub>2</sub> particles; therefore, this mechanism seems also contribute to the toughening.

## Conclusions

In this study, HA was reinforced with 3 mol% of  $Y_2O_3$  partially stabilized  $ZrO_2$ , and structure-tailored HAZ10 composites, yielding intergranular distribution of  $ZrO_2$  particles, were fabricated by a modified sol–gel process.



**Figure 4** Indentation crack propagation, during indentation fracture, revealing active crack deflection by the reinforcing phase.

Absence of deleterious reaction products is mostly attributed to the sintering atmosphere of water vapor and tailored microstructure. Stress-induced ZrO<sub>2</sub> phase transformation (indicated by XRD) together with SEM images of fissure deflection indicates that both mechanisms are active for toughness enhancement.

#### Acknowledgements

This project was in part financially supported by the "Fundação para a Ciência e a Tecnologia" (Portugal) under grant number BII/CEFITEC/DCTD (Uaç)/Linha2-2/2009.

#### Author details

<sup>1</sup>Department of Technological Sciences and Development, Campus de Ponta Delgada, Azores University, 9501-801, Ponta Delgada, Açores, Portugal. <sup>2</sup>Physics Department of FCT/UNL, CEFITEC—Centre of Physics and Technological Research, Quinta da Torre, 2829-516, Caparica, Portugal. <sup>3</sup>CIRN—Centre of Research in Natural Resources, 9501-801, Ponta Delgada, Açores, Portugal.

#### Received: 16 July 2010 Accepted: 16 August 2010 Published: 31 August 2010

#### References

- 1. Jarcho M: Clin Orthop Relat Res 1981, 157:259.
- Aoki H: Medical Applications of Hydroxyapatite. Ishiyaku Euro America, Tokyo; 1994.
- 3. Wu JM, Yeh TS: J Mater Sci 1988, 23:3771.
- 4. Ramachandra Rao R, Kannan TS: Mater Sci Eng C 2002, 20:187.
- Adolfsson E, Alberius-Henning P, Hermansson L: J Am Ceram Soc 2000, 83:2798.
- 6. Claussen N: J Am Ceram Soc 1976, 59:49.
- 7. Wang J, Stevens R: J Mater Sci 1989, 24:3421.
- Bleier A, Becher PF, Alexander KB, Westmoreland CG: J Am Ceram Soc 1992, 75:2649.
- Becher PF, Alexander KB, Bleier A, Waters SB, Warwick WH: J Am Ceram Soc 1993, 76:657.
- 10. Evans AG, Cannon RM: Acta Metall 1986, 34:761.
- 11. Nagarajan VS, Rao KJ: J Mater Chem 1993, 3:43.
- 12. Wu JM, Yeh TS: J Mater Sci 1998, 23:3771.
- 13. Evis Z, Ergun C, Doumus RH: J Mater Sci 2005, 40:1127.
- 14. Evis Z: Ceram Int 2007, 33:987.
- 15. Chiu CY, Hsu HC, Tuan WH: Ceram Int 2007, 23:715.
- 16. Ahn ES, Gleason NJ, Ying JY: J Am Ceram Soc 2005, 88:3374.
- 17. Miao X, Chen Y, Guo H, Khor KA: Ceram Int 2004, 30:1793.
- 18. Rapacz-Kmita A, Slosarczyk A, Paszkiewicz Z: J Eur Ceram Soc 2006, 26:1481.
- 19. Arcos D, Vallet-Regí M: Acta Biomater 2010, 6:2874.
- 20. Zhong P, Que WX: Nano-Micro Lett 2010, 2:1.
- 21. Kundu S, Biswas PK: Opt Mater 2008, 31:429.
- 22. Kobayashi Y, Okamoto M, Tomita A: J Mater Sci 1996, 31:6125.
- 23. Tkalcec E, Sauer M, Nonninger R, Schmidt H: J Mater Sci 2001, 36:5253.
- 24. Bigi A, Boanini E, Rubini K: J Solid State Chem 2004, 177:3092.
- 25. Han YC, Li SP, Wang XY, Chen XM: Mater Res Bull 2004, 39:25.
- Bogdanoviciene I, Beganskiene A, Tonsuaadu K, Glaser J, Meyer HJ, Kareiva A: Mater Res Bull 2006, 41:1754.
- 27. Ahn ES, Gleason NJ, Nakahira A, Ying JY: Nano Lett 2001, 1:149.
- Shen Z, Adolfsson E, Nygren M, Gao L, Kawaoka H, Niihara K: Adv Mater 2001, 13:214.
- 29. Heimann RB, Vu TA: J Mater Sci Lett 1997, 16:437.

#### doi:10.1007/s11671-010-9766-z

Cite this article as: Vasconcelos and Barreto: Tailoring the Microstructure of Sol–Gel Derived Hydroxyapatite/Zirconia Nanocrystalline Composites. *Nanoscale Res Lett* 2011 6:20.

## Submit your manuscript to a SpringerOpen<sup>®</sup> journal and benefit from:

- Convenient online submission
- Rigorous peer review
- Immediate publication on acceptance
- Open access: articles freely available online
- ► High visibility within the field
- Retaining the copyright to your article

#### Submit your next manuscript at > springeropen.com