Provider and Staff Morale, Job Satisfaction, and Burnout over a 4-Year Medical Home Intervention

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BACKGROUND: The patient-centered medical home (PCMH) is a widely adopted primary care model. However, it is unclear whether changes in provider and staff perceptions of clinic PCMH capability are associated with changes in provider and staff morale, job satisfaction, and burnout in safety net clinics.

OBJECTIVE: To determine how provider and staff PCMH ratings changed under a multi-year PCMH transformation initiative and assess whether changes in provider and staff PCMH ratings were associated with changes in morale, job satisfaction, and burnout.

DESIGN: Comparison of baseline (2010) and post-intervention (2013–2014) surveys.

SETTING: Sixty clinics in five states.

PARTICIPANTS: Five hundred thirty-six (78.2%) providers and staff at baseline and 589 (78.3%) post-intervention.

INTERVENTION: Collaborative learning sessions and onsite coaching to implement PCMH over 4 years.

MEASUREMENTS: Provider and staff PCMH ratings on 0 (worst) to 100 (best) scales; percent of providers and staff reporting good or better morale, job satisfaction, and freedom from burnout.

RESULTS: Almost half of safety net clinics improved PCMH capabilities from the perspective of providers (28 out of 59, 47%) and staff (25 out of 59, 42%). Over the same period, clinics saw a decrease in the percentage of providers reporting high job satisfaction (– 12.3% points, p = .009) and freedom from burnout (– 10.4% points, p = .006). Worsened satisfaction was concentrated among clinics that had decreased PCMH rating, with those clinics seeing far fewer providers report high job satisfaction (– 38.1% points, p < 0.001).

LIMITATIONS: Control clinics were not used. Individuallevel longitudinal survey administration was not feasible. **CONCLUSION:** If clinics pursue PCMH transformation and providers do not perceive improvement, they may risk

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Received February 15, 2018 Revised September 20, 2018 Accepted January 24, 2019 Published online March 18, 2019 significantly worsened job satisfaction. Clinics should be aware of this potential risk of PCMH transformation and ensure that providers are aware of PCMH improvements.

KEY WORDS: primary care; safety net; medical home; morale; job satisfaction.

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INTRODUCTION

Primary care providers and staff commonly experience low morale, poor job satisfaction, and burnout, and attribute these experiences to lack of autonomy, inadequate support from colleagues and leadership, low income, time pressure during office visits, and chaotic work pace.^{1, 2} Providers and staff in safety net clinics may experience these issues more acutely, as they are more likely to be affected by resource constraints, personnel shortages, and high demand for care from patients with complex care needs.^{3–6} Morale, job satisfaction, and burnout among safety net providers are increasingly important national health policy concerns, as the Affordable Care Act has led to increased demand for care in safety net clinics while proposals for future reforms to Medicaid may lead to even further resource constraints in the safety net.

Advocates of the patient-centered medical home (PCMH) hope that the model will result in improvements to provider and staff morale and job satisfaction and reductions in burnout.^{7–9} Previous studies in a managed care setting and the US Veterans Health Administration (VA) concluded that PCMH implementation was associated with decreased burnout.^{10, 11} However, a second VA study that improved upon adjustment for confounders concluded that burnout increased among VA providers overall, regardless of the level of PCMH implementation.¹² Another study of PCMH interventions in two states found improvements in job satisfaction in one state and noted that the lack of observed improvement in the other state may have been due to higher baseline levels of satisfaction and a more intensive and stressful PCMH implementation process.¹³

We are aware of only one previous study that assessed changes in job satisfaction, staff morale, and burnout over time among non-VA safety net clinics implementing the PCMH.¹⁴ The study followed a national sample of 296 federally qualified health centers participating in a PCMH improvement intervention and found worsened burnout and satisfaction among providers and staff over a 1-year period. While the study shows that there have been general declines in professional satisfaction over time in safety net clinics pursuing the PCMH, it is also valuable to understand whether the level of perceived PCMH improvement in an intervention is associated with the change in morale, satisfaction, and burnout. We studied this research question in the Safety Net Medical Home Initiative (SNMHI), the first national PCMH demonstration project in the safety net setting, conducted between 2009 and 2013.

METHODS

We studied 60 of the 65 safety net clinics in the Commonwealth Fund-supported SNMHI.¹⁵ The goal of the SNMHI was to transform safety net clinics in Colorado, Idaho, Massachusetts, Oregon, and Pennsylvania into high-performing medical homes. Regional coordinating centers provided clinics with collaborative learning sessions and on-site coaching during PCMH implementation. PCMH adoption was structured along eight "change concepts" developed by national technical assistance providers.¹⁶ Among the original 65 participating clinics, one clinic left the intervention, one clinic merged with another study clinic, and three clinics declined to participate in the post-intervention surveys, leaving 60 clinics for analysis. Among these 60 clinics, one clinic in Colorado had no provider respondents at baseline and was excluded from provider analysis; one clinic in Massachusetts had no staff respondents at baseline and was excluded from the staff analysis. Therefore, 59 clinics were included in the final clinic-level analysis for both the provider and staff models. This study was approved by the University of Chicago Institutional Review Board.

We conducted two mailed, self-administered surveys among providers and clinical staff working at least half time, first between January and June 2010 (baseline) and again between August 2013 and November 2014 (postintervention). For each survey administration, we randomly selected up to 15 individuals per clinic-nine providers and six staff-to receive a survey. Providers included physicians, nurse practitioners, and physician assistants. Clinical staff included behavioral health specialists, educators, medical assistants, dieticians, nurses (licensed practical nurses and registered nurses), psychiatrists, psychologists, and social workers. Each individual surveyed received a one-time incentive of \$10 included in the initial survey mailing. Among the clinics included in this evaluation, surveys were mailed to 728 providers and clinical staff at baseline and 752 providers and clinical staff post-intervention. Full details on the survey are available in a previous publication.¹⁷

PCMH Rating

We assessed PCMH rating, the key independent variable, from the perspective of providers and clinical staff. The survey included 24 questions about the PCMH capabilities of the clinic, organized along five subscales: access to care and communication with patients, communication with other providers, tracking data, care management, and quality improvement.¹⁷ For providers, the PCMH rating was calculated as the mean of all five subscale scores. For staff, the PCMH rating was calculated based on the mean of four subscales, since the subscale "communication with other providers" was excluded from the staff survey. The PCMH rating score could range from 0 (worst) to 100 (best) for each provider and staff respondent. Provider and staff scores were averaged separately to generate clinic-level PCMH scores. For each clinic, we calculated the change in provider and staff PCMH rating, as the average postintervention PCMH rating minus average baseline PCMH rating for each group.

Provider and Staff Ratings of Morale, Job Satisfaction, and Burnout

We assessed provider and staff morale, job satisfaction, and burnout, the key dependent variables, with single-question instruments on 5-point Likert-type scales. Staff morale was rated from "poor" to "excellent." Job satisfaction was measured by the level of agreement with the statement "Overall, I am satisfied with my current job". Burnout was measured by response options ranging from "I enjoy my work. I have no symptoms of burnout," to "I feel completely burned out and often wonder if I can go on.".^{17, 18} The scales were collapsed into three individual binary responses. Each of the three outcomes was measured at the individual level and then aggregated into clinic level as percent provider respondents and percent staff respondents reporting good to excellent morale, reporting that they agree or strongly agree with overall job satisfaction, and reporting no symptoms or feelings of burnout.

Covariates

In our models, we included covariates that have been associated in previous studies with morale, job satisfaction, and burnout: baseline staffing shortages of providers and nurses, change in presence of an electronic medical record (EMR), change in the average number of years since the end of clinical training, and change in work environment score. For providers, models include a covariate for average provider perception of PCMH capability for the clinic at baseline; staff models include the corresponding covariate from staff respondents. Baseline staffing shortages were obtained from a baseline organizational survey.¹⁹ Change in presence of EMR was a three-level variable: no EMR at both time points, presence of an EMR at both time points, and change from no EMR to presence of an EMR from baseline to post-intervention. Work environment was assessed with eight questions on 5-point Likert-type scales. Each response was converted to a 0 (worst) to 100 (best) scale and the eight scores were averaged to obtain the a work environment score for each respondent.¹⁷ For clinic-level analyses, work environment scores were averaged across respondents for each clinic. Average provider- and staff-reported numbers of years since the end of clinical training and ratings for work environment were aggregated for each clinic.

Statistical Analysis

We generated descriptive statistics for respondents at baseline and post-intervention. We modeled outcomes for providers and clinical staff separately. Exploratory data analysis suggested a nonlinear relationship between change in PCMH change score and levels of morale, satisfaction, and burnout; therefore, we analyzed PCMH score change as a four-level categorical variable: clinics with decreased PCMH score (score change of more than -3points), clinics with unchanged PCMH score (score change of -3 to + 3 points), clinics with moderately increased PCMH score (score change of +3 to +9 points), and clinics with greatly increased PCMH score (score change of more than + 9 points). To determine the cut-offs for the four PCMH score change categories, we first examined quartiles of PCMH score change for providers and staff and chose a set of score cut-offs that resulted in categories with roughly even numbers of clinics in each category for both provider and staff analyses. Because provider and staff PCMH scores may differ within the same clinic, the number of clinics in each category differs for provider- and staff-rated PCMH score change.

In unadjusted analyses, we calculated the change in percent of providers reporting good or better morale, high levels of job satisfaction, or no symptoms of burnout for each of the four PCMH score change categories (decrease, no change, moderate increase, and large increase). We used one-way ANOVA to determine whether the change in outcome differed by PCMH change score group. In adjusted analyses, we used multivariate linear regression to model the change in morale, satisfaction, and burnout for each PCMH change score group, while controlling for clinic and provider characteristics. We tested whether the change in outcome for each PCMH score change group is statistically significantly different from zero and report predicted values for change in each outcome by group.

Three clinics had missing values for the years since the end of clinical training and four clinics were missing post-intervention EMR status. We describe our handling of missing data and tests for different approaches to modeling covariates in the Appendix.

All analyses were conducted using SAS, version 9.4 (SAS Institute).

RESULTS

Provider, Staff, and Clinic Characteristics

Table 1 describes the characteristics of respondents, and the 60 clinics at baseline and post-intervention. At baseline, we received 291 surveys (78.6% response rate) from providers and

275 surveys (76.8% response rate) from clinical staff. Postintervention, we received 305 surveys (75.7% response rate) from providers and 284 surveys (81.4% response rate) from clinical staff. At the respondent level, the clinical staff in the post-intervention survey had less clinical experience than clinical staff at baseline (11.3 years vs. 14.8 years, p = .001). At the clinic level, adoption of electronic medical records increased from 70% at baseline to 95% post-intervention (p = .002).

Change in PCMH Ratings, Morale, Job Satisfaction, and Burnout

The mean change in provider-rated PCMH score across all clinics was a 3.0 point increase (62.1 at baseline to 65.1 postintervention, p = .046). Perceived improvement was lower among staff, with clinics seeing an average 1.9 point improvement in staff-rated PCMH score (66.9 at baseline to 68.8 postintervention, p = .051) (Table 2).

While average change across all clinics was relatively small, individual clinics' experiences varied notably. Fourteen clinics (24%) saw a decrease of more than three points in average provider rating of PCMH capability, 17 (29%) showed no change, 13 (22%) showed a moderate increase of three to nine points, and 15 (25%) showed a large increase of over nine points in provider-rated PCMH score. From the perspectives of staff respondents, 13 clinics (22%) had a decrease in average staff rating, 21 (36%) showed no change, 15 (25%) showed a moderate increase, and 10 (17%) showed a large increase in staff-rated PCMH score.

Over the course of the intervention, there was a significant decrease in the percent of providers reporting high levels of job satisfaction (12.3 percentage point decrease, from 82.2% at baseline to 69.8% post-intervention, p = .009) and freedom from burnout (10.4 percentage point decrease, from 63.9% at baseline to 53.5% post-intervention, p = .006).

ASSOCIATION OF CHANGE IN PCMH RATING WITH MORALE, JOB SATISFACTION, AND BURNOUT.

In unadjusted analyses (Table 3), for clinics with decreased provider-rated PCMH scores, the percent of providers reporting good or better morale decreased by 27.9 percentage points (95% confidence interval [95% CI] - 50.5, -5.4, the percent of providers reporting high levels of job satisfaction decreased by 48.9 points (95% CI - 64.2, - 33.6), and the percent of providers reporting freedom from burnout decreased by 22.2 points (95% CI - 39.4, -4.9). In clinics with moderate increases in providerrated PCMH scores, the percent of providers reporting freedom from burnout decreased by 15.8 points (95% CI - 33.0, -1.5). In clinics with decreased staff-rated PCMH scores, the percent of staff reporting good or better morale decreased by 27.4 points (95% CI - 45.8, - 8.9). Analysis of variance showed that changes in provider job satisfaction (p < 0.001) and staff morale (p < 0.009) were statistically significantly different between PCMH change score groups.

In adjusted analyses (Table 4) that control for baseline PCMH rating, baseline provider shortage, nursing shortage, electronic

	Providers			Staff		
	Baseline	Post-intervention	p value	Baseline	Post-intervention	p value
No. of respondents (response rate, %)	291 (78.6)	305 (75.7)		275 (76.8)	284 (81.4)	
Female (%)	65.2	66.0	0.83	91.9	91.1	0.74
Race/ethnicity (%)			0.96			0.51
White	83.0	81.5		63.0	56.7	
Black	3.8	4.3		5.6	8.5	
Hispanic or Latino	5.5	7.0		25.6	27.3	
Other	6.2	6.0		4.4	5.3	
Multi-race	1.4	1.3		1.5	2.1	
Provider or staff type (%)			0.18			0.32
Physician	65.0	59.7		N/A	N/A	
Nurse practitioner or physician assistant	35.1	40.3		N/A	N/A	
Registered nurse	N/A	N/A		29.5	25.4	
Licensed practical nurse or medical assistant	N/A	N/A		46.6	52.8	
Other	N/A	N/A		24.0	21.8	
Years since end of clinical training mean (SD)	11.8 (9.4)	12.2(10.0)	0.67	14.8(12.5)	113(114)	0.001
Years working at this clinic mean (SD)	67(62)	70(66)	0.65	56 (58)	52(52)	0.42
Primary natient population (%)	0.7 (0.2)	/.0 (0.0)	0.02	5.0 (5.0)	5.2 (5.2)	0.12
Children < 18 years	73	89	0.21	34	51	0.19
Adults > 18 years	22.0	26.8		25.0	30.4	
Children and adults	70.7	64.2		71.6	64.5	
enneren and adults	Clinics $(n -$	60)		/1.0	04.5	
	Baseline	Post-intervention	n value			
State of clinic (%)	Dusenne	i ost intervention	p value			
Colorado	22	N/A				
Idaho	20	N/A				
Massachusetts	20	N/A				
Oregon	22	N/A				
Donnguluania	12	N/A				
Location (%)	15	IN/A				
City	50	NI/A				
Suburban	8	N/A N/A				
Subulbali Small town	0					
Siliali towii Dermi	13					
Rural	18	IN/A				
Fronuer	ð 70	IN/A	0.002			
Executive director reported EMR adoption (%)	/0	95	0.002			
Total number of provider full-time equivalents (%)	25	20	0.12			
<4	35	20				
4-8	27	36				
>8	38	45				
Provider shortage (%)	48	59	0.22			
Nursing shortage (%)	23	25	1.00			

Table 1	Characteristics	of Providers,	Staff,	and	Clinics
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For provider characteristics, baseline to post-intervention differences were tested with paired t tests for continuous variables and chi-square tests for categorical variables

For clinic characteristics, baseline and post-intervention differences were tested with McNemar's test

medical record status, and change in average provider/staffreported number of years since the end of clinical training, clinics with decreased provider-rated PCMH score saw a 38.1 percentage point decline in the percent of providers reporting satisfaction with their job (95% CI – 56.7, – 19.5) and a 21.5 percentage point decline in the percent of providers reporting freedom from burnout (95% CI – 42.9, – 0.04). We did not observe statistically significant changes in morale, satisfaction, or burnout in any of the other three clinic groups (those with no change, moderate increase, or large increase in PCMH score). Even among clinics with a large increase in PCMH score, estimates of change in morale, satisfaction, and burnout were positive, but smaller in magnitude and not statistically significant.

DISCUSSION

From the perspective of providers and staff, the SNMHI was associated with small improvements in PCMH

capability overall, though results varied across clinics. Almost half of clinics saw small or large improvements in their PCMH ratings and almost one-fourth saw a decline. A decline in provider PCMH rating was associated with large decreases in the rate of provider job satisfaction. In contrast, even large increases in PCMH rating were not associated with statistically significant improvements in morale, satisfaction, or burnout.

Our finding of small overall improvement in provider- and staff-perceived PCMH characteristics illustrates a critical challenge of large-scale, facilitated PCMH improvement work. Past studies of the SNMHI have shown how the intervention improved perception of PCMH characteristics among the teams working to implement the model in the clinic.¹⁵ It may be more difficult—though still possible—to improve provider and staff perceptions of PCMH characteristics across a range of providers and staff that may have less direct participation in the implementation process.

	Providers (N	= 59 clinics)			Staff $(N=59)$	clinics)		
	Baseline	Post-intervention	Clinic-level change	<i>p</i> value	Baseline	Post-intervention	Clinic-level change	p value
Clinic environment								
PCMH score*	62.1 (8.0)	65.1(9.0)	3.0(11.3)	0.046	66.9 (8.3)	68.8(6.9)	1.9 (7.5)	0.051
Provider and staff outcomes								
% reporting good or better clinic morale	73.0 (29.0)	66.8 (30.8)	-6.1(43.7)	0.28	70.2 (30.9)	68.7 (27.8)	-1.2 (35.9)	0.97
% reporting high levels of job satisfaction	82.2 (21.6)	69.8 (29.6)	-12.3 (35.0)	0.009	79.3 (21.9)	74.0 (22.6)	-4.9(31.6)	0.24
% reporting freedom from burnout	63.9 (29.2)	53.5 (31.0)	-10.4(33.0)	0.006	64.9 (28.2)	69.0 (24.8)	4.4 (36.0)	0.35
*Average change (standard deviation) in cliv	nic-level score on	0 (worst) to 100 (best) s	scale ¹⁷					
PCMH, patient-centered medical home								
Baseline to post-intervention differences were	e tested with pain.	ed t test or Wilcoxon sig	ned-rank test based on the	e normality of	their distribution			

Of the 60 clinics that participated in the baseline and post-intervention evaluation, one clinic in Colorado did not have provider respondents at baseline and was excluded from the provider analysis (N = 59). 59) =2 one clinic in Massachusetts did not have staff respondents at baseline and was excluded from the staff analysis

were combined vs "good," "very burned out such as physical burnout, "I feel completely and "I have one or more symptoms of burnout, burnout and "fair" For and "I enjoy my work. I have no symptoms of agree." "poor" and "strongly morale, Forgo away. I think about frustrations at work a lot," follows: agree" as were combined vs on a 5-point Likert-type scale were collapsed feel burned out" agree nor disagree" I do not but. neither and often wonder if I can go on," "The symptoms of burnout that I am experiencing will not at work, and and burnout stress "disagree," under job satisfaction, "Occasionally I am disagree. "strongly morale, for For job satisfaction, were combined vs instruments Responses to single-question exhaustion" "excellent." or emotional good," and

The large overall decrease in provider job satisfaction and increase in burnout that we observed in our study is also notable and consistent with the only previous longitudinal study of these outcomes in a non-VA safety net PCMH implementation.¹⁴ Our study did not have a control group of clinics that would allow us to identify secular trends in job satisfaction and burnout that would have occurred outside the context of PCMH transformation. It may be that these clinics would have seen further worsening of satisfaction and burnout in the absence of the intervention.

Worsened satisfaction and burnout over the course of this intervention may also be explained by considering the categories of clinic-level change in PCMH rating. Roughly onefourth of the clinics saw decreases in provider- or staffperceived PCMH score, and those clinics experienced extremely large decreases in provider job satisfaction. For these clinics, providers not only saw the PCMH initiative as unsuccessful, but they perceived that the initiative made things worse. This perception is compounded with the fact that PCMH transformation initiatives are generally demanding organizational changes. The corresponding change in provider job satisfaction for this group of clinics was more than four times worse than clinics where providers simply perceived a lack of improvement in PCMH capability. This pattern may illustrate a particularly significant risk of PCMH implementation efforts that those implementing the model should work to proactively address. In past qualitative assessments of the SNMHI, individuals involved in PCMH implementation highlighted the importance of regular reporting of PCMH progress and success to providers and staff throughout the clinic, as well as the need to ensure that providers and staff buy-in to the changes pursued.⁹ If such efforts can lessen the likelihood that providers perceive a worsening of PCMH capability over the course of a transformation effort, they may be an important component of avoiding significantly worsened job satisfaction.

We found consistently positive (though non-significant) changes in all outcomes for clinics that had large increases in PCMH rating. Future studies should examine whether large improvements in PCMH capability could drive even modest improvements in morale, satisfaction, and burnout in safety net settings. This would be particularly notable in light of broader secular declines in those outcomes.

Our study has limitations. First, our study does not establish a causal relationship-changes in job satisfaction may have occurred first and caused lower perceptions of PCMH capabilities. Despite this limitation, we note that this is the first study to assess this relationship in a non-VA safety net setting, and the first to note the particularly large decline in provider job satisfaction associated with decreased provider PCMH rating. Second, worsened provider job satisfaction may have been attributable to factors that we did not measure in this study. Change fatigue or a lack of readiness to change may have independently inhibited clinics' abilities to both adopt the PCMH model and maintain job satisfaction or limit burnout.²⁰

		Table 3 Change in Provic	ler and Staff Morale, Job	Satisfaction, and Freedom fi	ng mo.	rnout by PCMH Score (Change Group	
Provider/staff-rated	Prov	ider			Staff			
change group	u	Good/better morale	Job satisfaction	Freedom from burnout	u	Good/better morale	Job satisfaction	Freedom from burnout
Decrease	14	$-27.9 (-50.5, -5.4)^{\ddagger}$	-48.9 (-64.2, -33.6)*	$-22.2 (-39.4, -4.9)^{\ddagger}$	13	$-27.4 (-45.8, -8.9)^{\ddagger}$	-12.9 (-30.3, 4.6)	-9.3 (-29.2, 10.7)
No change $(3 + 2 + 3)$	17	-10.8 (-31.2, 9.7)	-3.7 (-17.6, 10.3)	-9.3 (-25.0, 6.4)	21	5.6 (-8.9, 20.2)	-6.8 (-20.5, 7.0)	3.3 (-12.4, 19.0)
Moderate increase $(-2, +0, +2)$	14	0.8 (-21.7, 23.4)	-5.8 (-21.1, 9.5)	$-15.8 (-33.0, -1.5)^{\ddagger}$	15	-1.5 (-18.7, 15.7)	-6.4 (-22.6, 9.9)	10.3 (-8.3, 28.9)
Large increase $(+, 5, 0)$ $(+, 5)$ $(+, 5)$ $(+, 5)$	14	14.3 (-8.3, 36.8)	7.2 (-8.1, 22.6)	5.4 (-11.9, 22.7)	10	$19.1 \ (-1.9, 40.1)^{\$}$	11.6 (-8.3, 31.5)	15.9 (-6.9, 38.6)
(more than $+ 9$ points) ANOVA p value (difference across groups)		0.065	<.001	0.144		0.009	0.304	0.353
$\sum_{T_{T} < 001}^{*} = 001$ $\sum_{T_{T} < 05}^{*} = 05$ $\sum_{T_{T} < 05}^{*} = 05$ $\sum_{T_{T} < 05}^{*} = 05$ When the second control of the method method of the method	H, Par dical hu ie clinic ting go job sai on, ""	k SY, Vable AM, Casalino I me: ANOVA, analysis of v level: independent variabl od/better morale, job satisf nents for morale, job satisf nents for morale job satisf isfaction, "strongly disagre isfaction, "occasionally I a	.P, et al. Patient-centered m miance are summarized as average action, and burnout on a 5-1 action, and burnout on a 5-1 action, and burnout on a 3-1 action and survey will no at I am experiencing will no m under stress at work, but	edical home characteristics an re values among respondents J rnout oint Likert-type scale were co agree nor disagree" were co agree nor feel burned out" and I do not feel burned out" and	id staff iom eac napsed nbined ttions a	morale in safety net clinic ch clinic. Cells show clinic as follows: For morale, " vs "agree" and "strongly i twork a lot," and "I have ty my work. I have no syn	s. Arch Intern Med. 201 -level average change (5 poor" and "fair" were c agree." For burnout, "I one or more symptoms of ptoms of burnout"	2 Jan 9;172(1):23–31 5% confidence interval) in ombined vs "good," "very feel completely burned out f burnout, such as physical

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Provider/staff-rated PCMH score ⁸ change	Prov	vider			Staf	J		
dnorg	u	Good/better morale	Job satisfaction	Freedom from burnout	u	Good/better morale	Job satisfaction	Freedom from burnout
Decrease (more than -3 points)	14	- 13.7 (- 36.9, 9.4)	- 38.1 (- 56.7, - 10 5)*	$-21.5 (-42.9, -0.04)^{+}$	13	-4.8 (-28.4, 18.8)	8.9 (-16.5, 34.2)	7.8 (-22.5, 38.1)
No change $(-3 \text{ to } + 3 \text{ points})$	17	-15.3 (-33.8, 3.3)	-8.4(-23.3, 6.6)	$-14.8 (-32.0, 2.4)^{\ddagger}$	21	11.1 (-6.9, 29.2)	-0.8(-20.2, 10.6)	14.3 (-8.8, 37.4)
Moderate increase (+ 3 to + 9 points)	14	-7.6 (-27.4, 12.3)	-12.1 (-28.1, 3.9)	- 14.0 (- 32.5, 4.4)	15	-10.5 (-29.9, 9.0)	$ \begin{array}{c} 10.0) \\ -8.2 \\ 12.6 \end{array} $	25.8 (0.9, 50.8)
Large increase (more than +9 points)	14	14.0 (-9.5, 37.5)	8.5 (-10.4, 27.4)	9.7 (-12.1, 31.5)	10	- 12.2 (- 36.2, 11.8)	$\begin{array}{c} 12.0) \\ -2.9 \\ 22.9 \end{array}$	3.4 (-27.4, 34.2)
*p< 0.001 tp< 0.05 tp< 0.1 [§] Lewis SE, Nocon RS, Tang H, Park SY, Vable,	AM. C	asalino LP, et al. Patie	mt-centered medical hom	ie characteristics and staff	moral	e in safety net clinics. F	vrch Intern Med. 2012	Jan 9:172(1):23–31

Multivariate models adjusted for baseline PCMH rating, baseline provider shortage, electronic medical record status (no, yes, and change from no to yes), and change in average provider/ Cells show clinic-level average change (95% confidence interval) in percent providers reporting good/better morale, job satisfaction, and freedom from burnout

staff-reported number of years since the end of clinical training. Analyses are conducted at the clinic level; independent variables are summarized as average values among respondents from each clinic For staff-reported number of years since the end of clinical training, we imputed two clinics with missing values and one clinic with a missing value at post-intervention using multiple imputation method. Estimates were generated based on analysis results from 10 imputations

We imputed four clinics with missing post-intervention electronic medical record status from other sources (website and community health center grantees electronic medical record installation information) Responses to single-question instruments for morale, job satisfaction, and burnout on a 5-point Likert-type scale were collapsed as follows: For morale, "poor" and "fair" were combined vs "good," "very good," and "excellent." For job satisfaction, "strongly disagree," and "neither agree nor disagree" were combined vs "agree" and "strongly agree." For burnout, "I feel completely burned out good," and "excellent." For job satisfaction, "strongly disagree," and "neither agree nor disagree" were combined vs "agree" and "strongly agree." For hurnout, "I feel completely burned out and often wonder if I can go on," "The symptoms of burnout that I am experiencing will not go away. I think about frustrations at work a lot," and "I have one or more symptoms of burnout, such as physical or emotional exhaustion" were combined vs "Occasionally I am under stress at work, but I do not feel burned out" and "I enjoy my work. I have no symptoms of burnout, such as physical While we include adoption of an EMR as a covariate in the analyses, clinics may also experience replacements or significant changes to their EMRs that may influence PCMH capability and job satisfaction. Third, since we did not administer the surveys to the same providers and staff at both baseline and post-intervention, we cannot measure the change in individual perceptions of PCMH characteristics or morale, job satisfaction, and burnout. Fourth, these results cannot be generalized to all safety net clinics because clinics participating in the SNMHI were not randomly sampled. Finally, our surveys were administered to randomly selected providers and staff in each clinic and we do not know whether those individuals were actively involved in PCMH implementation activities.

Although on average, provider and staff perceptions of PCMH characteristics improved slightly from baseline, provider job satisfaction and freedom from burnout worsened and the effects were concentrated among clinics that had decreased perceptions of PCMH capability. Policymakers and healthcare industry leaders who advocate for the implementation of patient-centered medical homes should keep in mind the challenge of demonstrating PCMH progress throughout their provider population and the significant risks to satisfaction and burnout that may arise when providers do not perceive that progress.

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Compliance with Ethical Standards:

This study was approved by the University of Chicago Institutional Review Board.

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