

Cost-Effectiveness of Bridging Anticoagulation Among Patients with Nonvalvular Atrial Fibrillation

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BACKGROUND: Bridging anticoagulation is commonly prescribed to patients with atrial fibrillation during initiation and interruption of warfarin. Guidelines recommend bridging patients at high risk of stroke, while a recent randomized trial demonstrated overall harm in a population at comparatively low risk of ischemic stroke. Theory suggests that patients at high risk of stroke and low risk of hemorrhage may benefit from bridging, but data informing patient selection are scant.

OBJECTIVE: To estimate the utility and costeffectiveness of bridging anticoagulation among patients with nonvalvular atrial fibrillation, stratified by thromboembolic and hemorrhagic risk

DESIGN: Cost-effectiveness analysis with lifelong time horizon, from the perspective of a third-party payer

MAIN MEASURES: Quality-adjusted life years (QALYs) per bridged patient; US dollars per QALY gained

KEY RESULTS: Unselected patients with nonvalvular atrial fibrillation may be harmed by bridging anticoagulation. Hospital admission for bridging is almost never cost-effective, and generally harmful. Among patients carefully selected by both thromboembolic and hemorrhagic risks, outpatient bridging can be beneficial and cost-effective. Results were sensitive to how effectively heparin products reduce stroke risk.

CONCLUSIONS: Outpatient bridging anticoagulation can be beneficial and cost-effective for a subset of patients with nonvalvular atrial fibrillation during interruption or initiation of warfarin. Admission for bridging should be avoided.

KEY WORDS: Monte Carlo method; models, statistical; atrial fibrillation; thromboembolism; anticoagulants.

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Atrial fibrillation is a common and costly cardiac arrhythmia of increasing prevalence. Because atrial fibrillation significantly increases risk of thromboembolic stroke, it is commonly managed with anticoagulation, including warfarin. During initiation or interruption of warfarin, physicians often prescribe concomitant short-acting parenteral anticoagulants ("bridging" anticoagulation). The practice of bridging has been the topic of a recent randomized controlled trial (BRIDGE), registry-based studies (ORBIT-AF), and revisions to practice guidelines.^{1–3} This work has shown that, for most patients with atrial fibrillation, periprocedural parenteral anticoagulation causes patient harm.

Still, a number of questions regarding bridging remain unanswered. Patient-level risk of stroke and hemorrhagic complications vary widely, and high-risk patients have been underrepresented in prior trials.¹ Significant heterogeneity of treatment effect is likely. Additionally, little published data has addressed bridging during warfarin initiation.

Use of direct oral anticoagulants (DOACs) has increased, but warfarin remains the most common oral anticoagulant, and bridging remains common.^{2, 4, 5} In an effort to allow nuanced clinical decision-making across the spectrum of risk, we recently projected the net clinical benefit of bridging anticoagulation. In that analysis, we suggested that carefully selected patients may benefit from bridging, even as most patients are likely harmed by the practice.⁶

Projections of net clinical benefit are subject to important limitations. Most notably, projections of net clinical benefit do not incorporate patient disutilities, such as the loss in quality of life from nonfatal bleeding, hospitalization, or use of an injected medication. Because bridging anticoagulation increases the risk of hemorrhagic complications, the impact of such events may outstrip the harm from ischemic stroke, as in other conditions where overall benefit is modest.⁷ Further, projections of net clinical benefit do not include costs of care. Even if bridging offers a benefit to carefully selected patients, that benefit may not be cost-effective.

Given the continued use of warfarin, continued use of bridging, and the wide range of underlying patient risks, we set out to estimate the utility and cost-effectiveness of bridging anticoagulation among patients with nonvalvular atrial fibrillation, compared with forgoing bridging, when warfarin is either newly initiated or interrupted.

METHODS

We have previously published a description of our microsimulation model predicting the net clinical benefit of bridging anticoagulation among patients with nonvalvular atrial fibrillation (hereafter, the Personalized Anticoagulation Decision-Making Assistance model, or PADMA).⁶ Building on that existing model, we added the disutility of bridging anticoagulation and the downstream consequences of each of the events (ischemic stroke, intracranial hemorrhage, and extracranial major hemorrhage) that we treated as endpoints in our earlier work, ultimately predicting the utility and costeffectiveness of bridging. A simplified schematic of our model is included in the online Supplemental Appendix. We simulated from a third-party payer perspective over a lifelong time horizon. We applied standard exponential discounting to both costs and utilities. All analyses were performed in version 13 of Stata (College Station, TX).

Synthetic Population

To generate a synthetic population that reflects the comorbidities and age distribution of a population of US patients with atrial fibrillation, we merged relevant variables from NHANES 2011-2012 (the most recent NHANES for which all pertinent comorbidities are available). We used multiple imputation to correct for missing variables and estimated creatinine clearance using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equation.^{8, 9} We then bootstrapped to national population estimates, by age and sex, to arrive at a hypothetical population of the USA.¹⁰ Because NHANES does not include atrial fibrillation, we applied sex- and age-specific prevalence rates from ATRIA.¹¹ We then calculated risk scores (CHADS₂ or CHA₂DS₂-VASc and either HAS-BLED or HEMORR₂HAGES) for each patient in our synthetic population.^{12–15} Events during the bridging period were simulated in this synthetic population using the previously described PADMA model.⁶

The PADMA Model

A full description of our microsimulation model has been published previously.⁶ Briefly, the PADMA model uses perpatient risk scores to predict baseline event rates (either CHADS2 or CHA2DS2-VASc to predict a patient's baseline risk of stroke and either HAS-BLED or HEMORR2HAGES to predict a patient's baseline risk of hemorrhagic complications). It then samples trajectories of INR measurements on each day of warfarin initiation or interruption, estimates the changes in baseline risks for each patient at each day's INR, and returns the daily risk of three events: ischemic stroke, intracranial hemorrhage, and extracranial major hemorrhage.

Patient-specific risks can be further modified by bridging, which we defined as parenteral anticoagulation (either enoxaparin or unfractionated heparin) beginning either concomitant to warfarin (in the case of initiation) or five days after discontinuation, concomitant to warfarin reinitiation and after a procedure (in the case of interruption). In both cases, parenteral anticoagulation continues until a patient's INR reaches or exceeds 2.0. Finally, the risk of each event for each patient on each day is dichotomized using a stochastic process.

Event Type, Severity, and Mortality

Simulated patients who sustain an intracranial hemorrhage (ICH) have a type of ICH assigned (intracerebral, subarachnoid, or subdural) according to the probabilities of each subtype in the warfarin groups of the RE-LY and ROCKET-AF trials.^{16, 17} We did not consider epidural hemorrhages. For patients who sustain an intracerebral hemorrhage, we drew severity (as measured by NIHSS) from a normal distribution matching the summary statistics published by the Get With the Guidelines-Stroke registry (GWTG).¹⁸ For patients who sustain a subarachnoid hemorrhage, we drew NIHSS from a gamma distribution to match the summary statistics published by GWTG.¹⁸ For patients who sustain an ischemic stroke, we bootstrapped NIHSS directly from the subset of patients enrolled in the NINDS tPA trial who had atrial fibrillation.¹⁹ For all patients who sustain stroke or intracranial hemorrhage, we estimated in-hospital mortality using previously published multifactorial risk prediction estimates.^{18, 20, 21} For extracranial major hemorrhage, we used previously cited point estimates of the case fatality rate of extracranial major hemorrhage in atrial fibrillation cohorts, bootstrapping to estimate the standard error of the mean.^{22, 23}

Future Disability and Mortality

For hypothetical patients who survive to hospital discharge, we predicted modified Rankin scores (mRS) 3 months following the simulated event to estimate long-term morbidity. For simulated patients who sustained intracranial hemorrhages, we followed the rates of disability published by the ATRIA cohort, assuming that "minor disability" was evenly distributed between mRS of 1 and 2, that "major disability" was evenly distributed among mRS of 3-5, and no differences in rates of disability based on type of intracranial hemorrhage.²⁴ For simulated patients who sustained ischemic strokes, we created an ordered logistic regression derived from NINDS t-PA trial data (further described in the online Supplemental Appendix).¹⁹ For all patients who survive to discharge, we calculated post-event life expectancy using published life tables and applying mRSspecific hazard ratios for patients who sustained ischemic stroke or intracranial hemorrhage.^{25, 26} We assumed that extracranial major hemorrhage did not cause appreciable long-term disability or impact mortality following hospital discharge.²⁴

Disutilities

We sampled expected length of stay for each event from the 2012 National Inpatient Sample (NIS).²⁷ We then estimated the disutility of hospitalization as a function of length of stay; further detail regarding this estimate can be found in the online Supplemental Appendix. We used a baseline utility for this patient population of 0.988, and estimated long-term disutilities conditioned on mRS.^{28, 29} We assumed a small disutility for daily LMWH injections. We discounted all future quality-adjusted life years (QALYs).

Costs

We estimated the direct costs of outpatient bridging using doses of enoxaparin calculated based on patient weight and treatment duration, and assuming 15 min of nursing time for patient teaching.^{30, 31} We directly sampled costs of hospitalization from NIS by principal diagnosis, deflated by the cost-to-charge ratio.²⁷ We estimated costs of long-term care as a lognormal distribution, conditioned by mRS and discounted over the patient's remaining life expectancy.³² We discounted all costs to 2016 US dollars.

Discounting

It is a premise of economic and decision analyses that humans would rather receive a benefit today than in the future. In keeping with the last few decades of cost-effectiveness analyses, we applied standard exponential discounting to both costs and utilities. Also in keeping with decades of economic analyses, we have assumed a discount rate of 3%. That is, \$103 one year in the future is equivalent to \$100 now; 1.03 days in perfect health one year in the future is equivalent to one day in perfect health now. To investigate sensitivity to this assumption, we used a uniform distribution centered at a discount rate of 3%, rather than a point estimate. We did not consider hyperbolic or other dynamic models of time preference.

Sensitivity Analyses

In sensitivity analyses, we varied the risk scores used to estimate underlying risks of hemorrhagic and thromboembolic complications (CHADS₂ vs. CHA₂DS₂-VASc, HAS-BLED vs. HEMORR₂HAGES). For easier comparison with other data published regarding bridging, we used CHADS₂ and HAS-BLED scores in our base-case scenario. We also varied the number of days during which bridging is prescribed, the annual discount rate, and whether simulated patients with an estimated glomerular filtration rate (eGFR) below 30 mL/min are admitted for inpatient bridging with unfractionated heparin until the patient's INR reaches 2.0. In our base-case analysis, we assumed that patients whose eGFR is below 30 mL/min are admitted for bridging with unfractionated heparin, while others are bridged in the outpatient setting. Separate analyses inpatient-only and outpatient-only bridging, with reduced-dose LMWH prescribed for patients of compromised

renal function. We have previously varied other parameters in the PADMA model, and have not herein varied parameters to which the model is insensitive.⁶ Sensitivity analyses that materially changed our conclusions are discussed in further detail below; others are included in the online Supplemental Appendix. We also constructed a meta-model (a regression model of our microsimulation model's output) to demonstrate sensitivity to those input parameters which could be used to further personalize care, including discount rate, cost of LMWH, and costs of nursing time. Model input parameters are summarized in Tables 1 and 2.

RESULTS

In our base-case simulation of bridging during warfarin interruption, bridging conferred marginal harm in unselected patients, with a median per-patient loss of 0.1 quality-adjusted days of life and a mean per-patient loss of approximately 3.7 quality-adjusted days of life. In our base-case simulation of bridging during warfarin initiation, bridging again conferred marginal harm for unselected patients, with a median perpatient loss of approximately 0.04 quality-adjusted day of life and a mean per-patient loss of approximately 2.0 qualityadjusted days of life. For unselected patients with nonvalvular atrial fibrillation, bridging leads to net harm when either initiating or interrupting warfarin.

In our stratified analysis, carefully selected patient subgroups receive net benefit from bridging. Results are shown in Tables 3 (utility analysis) and 4 (cost-effectiveness) for our base-case simulation of warfarin initiation. However, the disutility of hospital admission for bridging reduced or exceeded the possible benefit of bridging. Hospital admission for bridging was therefore generally harmful, and was not costeffective for any group (mean, \$8.7 million per QALY; minimum, \$1.2 million per QALY). Because inpatient bridging was essentially never helpful or cost-effective, the remainder of our results are presented for outpatient-only bridging, with dose-reduced LMWH depending on renal function.

Results of our outpatient-only cost-effectiveness analysis during warfarin initiation are presented in Table 5, again stratified by baseline risk of stroke and hemorrhage. In general, patients at high baseline risk of stroke and low baseline risk of hemorrhagic complications may derive net benefit from outpatient bridging. Compared with the base-case analysis, fewer patient subgroups were harmed by bridging, and bridging achieved customary costeffectiveness thresholds in more subgroups.

Analogous results for outpatient bridging during interruption of warfarin are shown in Table 6. Similarly, outpatient bridging anticoagulation meets commonly accepted cost-effectiveness thresholds only for patients selected by risk of both ischemic and hemorrhagic complications. Analogous tables using other combinations of risk scores, for both initiation and interruption, can be found in the online Supplemental Appendix.

Table 1 Summary of Model Input Parameters: Fixed and Sampled Inputs

Input parameter	Base-case estimate	Sensitivity analyses	Reference(s)
Age and sex of US population Age- and sex-specific prevalence of	U.S. Census ATRIA	-	10 11
Age- and sex-specific prevalence	NHANES	-	8
Annual incidence of ischemic stroke	Fixed for each CHADS ₂ score (0.6%) to 14.6%)	Fixed for each CHA ₂ DS ₂ -Vasc score (0.2% to 14.4%)	13, 33
Annual incidence of intracranial hemorrhage	Fixed for each HAS-BLED score (0.1% - 1.3%)	Rates fixed by HAS-BLED score without regression smoothing; fixed for each HEMORR ₂ HAGES score (0.1% to $4%)$	13, 33
Annual incidence of extracranial major hemorrhage	Fixed for each HAS-BLED score (0.5% to 14.5%)	Fixed for each HEMORR ₂ HAGES score (0.4% to 21.1%)	13, 33
Subtypes of intracranial hemorrhage	65% intracerebral, 6% subarachnoid, 29% subdural	_	16, 17
Duration of bridging during outpatient initiation	7 days	5 or 10 days	Assumed
Duration of bridging during outpatient resumption	5 days	7 or 10 days	Assumed
Duration of bridging during inpatient admission	Until patient's INR \geq 2.0	-	Assumed
Trajectories of INR after initiation or resumption of warfarin	Sampled from clinical warfarin initiation in COAG trial	Sampled from MAQI ² registry	34, 35
Relative risk of ischemic stroke during initiation (a hypercoagulable state)	1 (no hypercoagulable state)	Varies by day after initiation; normal on each day	30
Location of bridging	Outpatient only, with dose adjustments based on weight and renal function	Inpatient if eGFR < 30 mL/min; inpatient only	Assumed
Inpatient mortality following ischemic or hemorrhagic stroke	Predicted	-	18, 20
Inpatient mortality following subdural hemorrhage	Predicted	-	21
Length of stay, conditioned on diagnosis	Sampled	_	27
Hazard ratio for long-term mortality following event, mRS < 2	1.7	_	25
Hazard ratio for long-term mortality following event, $mRS = 3$ or 4	2.9	_	25
Hazard ratio for long-term mortality following event, mRS 5	8.3	_	25
Baseline probability of death by age	Varies	_	26
Cost of hospitalization following an event by primary diagnosis	Sampled	-	27
Future mRS following ischemic stroke	Predicted	_	19
Future mRS following ICH, assuming survival to discharge	13.8% each mRS 0–2, 19.5% each mRS 3–5	-	24

Our meta-model suggested that our results are most sensitive to age, discount rate, and the annual cost of long-term care and comparatively insensitive to the disutility of LMWH (in the range of our analysis) or the cost of nursing time. In the range here considered for the direct cost of LMWH (95% CI, \$162–\$350), medication cost had only a modest effect. Results of our meta-model can be found in the online Supplemental Appendix. In general, among patient groups who stand to

Table 2	Summary	of Model	Innut 1	Parameters.	Continuously	Varving II	anut Parameter
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Input parameter	Mean (median)	sd (IQR)	Distribution	Reference(s)
Severity of ischemic strokes (NIHSS) Severity of intracerebral hemorrhages (NIHSS) Severity of subarachnoid hemorrhages (NIHSS) Odds ratio for ischemic stroke with bridging, base case Relative risk for hemorrhagic events with bridging Starting INR for interruption simulations Annual cost of long-term care, mRS < 3 Annual cost of long-term care, mRS = 3 or 4 Annual cost of long-term care, mRS = 5 Exchange rate, GBP to USD Cost of hospitalization for bridging, per day Cost of nursing time, per hour	16.2 9 3 0.14 3.86 2.42 £042 £10,646 £21,335 1.61 \$1314 33.23 0.5%	7.0 (3–19) (0–11) 0.02 1.55 0.52 £3765 £19,068 £22,463 0.18 \$34 9.70 2.4%	Normal Normal Gamma Normal Normal Lognormal Lognormal Lognormal Normal Normal Lognormal Normal Lognormal	18, 20 18, 20 18 18 Theorized; see text 38 39 39 39 39 40 27 30 22, 23
Discount rate	3%	1.7%	Uniform (0–6%)	Assumed

	CHADS2						
HAS-BLED	0	1	2	3	4	5	6
0	-215	81	172	476	445	N/ P	N/ P
1	-304	-105	-16	449	527	391	N/ P
2	-760	-401	-246	-62	378	467	800
3	-903	-596	-517	-260	337	116	329
4	-1210	-842	-652	-426	-165	-132	248
5	-1687	-1197	-968	-788	-818	-511	-72
6	-2301	-1542	-1259	-911	-724	-711	-310

 Table 3 QALYs Conferred Per 100,000 Patients Bridged During Warfarin Initiation, with Renal Failure Patients (eGFR < 30 mL/min)</th>

 Admitted for Bridging and Others Bridged as Outpatients

Positive numbers (in shaded cells) represent net benefit, while negative numbers represent net harm. Cells with combinations of scores that are not possible are designated by "N/P"

receive benefit from bridging, younger patients with high discount rates received less benefit (or harm), while patients at more advanced ages or with lower discount rates received benefit. Those two variables could potentially be used to further personalize bridging among patients beyond underlying risk, though our model results were far more robust to underlying stroke and hemorrhage risk.

Also as in prior work, our results are highly sensitive to the odds ratio for arterial thromboembolism with bridging.⁶ If observational data is used to estimate the efficacy of heparin products instead of the theory-driven estimate in our base case, no patients benefit from bridging in any scenario.³⁷ Additional results, including utility and cost-effectiveness analyses using the CHA₂DS₂-VASc and HEMORR₂HAGES scoring systems, are included in the online Supplemental Appendix.

DISCUSSION

Our results suggest that outpatient bridging can be beneficial and cost-effective for patients carefully selected on both ischemic and hemorrhagic risk, even though it is harmful for unselected patients. They add nuance to existing data and offer appropriate criteria by which patients might be selected for bridging. They reconcile theory (which would suggest that patients at high risk of stroke and low risk of hemorrhage might benefit) with existing data (which has shown net harm in unselected patients).

Our findings are complementary to the results of the BRIDGE trial. Whereas BRIDGE found no reduction in stroke risk and an increase in hemorrhagic complications, the trial included few patients at elevated stroke risk, and lacked sufficient power to stratify along both ischemic and hemorrhagic risk. In this microsimulation analysis, we have

Table 4 Cost-Effectiveness of Bridging During Warfarin Initiation, with Renal Failure Patients (eGFR < 30 mL/min) Admitted for Bridging and Others Bridged as Outpatients</td> CHADS:

	CHADS ₂						
HAS-BLED	0	1	2	3	4	5	6
0		274	479	182	134	N/ P	N/ P
1				483	163	154	N/ P
2					367	232	47
3							1608
4							88
5							
6							

Each cell shows the mean cost, in thousands of dollars per QALY, of bridging patients with that combination of risk scores. Shaded cells reach customary cost-effectiveness thresholds. Blank cells represent risk score combinations where bridging is harmful. Cells with combinations of scores that are not possible are designated by "N/P"

Table 5	Cost-Effectiveness	of Outpatient-Only	Bridging During	Warfarin Initiation
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	CHADS ₂						
HAS-BLED	0	1	2	3	4	5	6
0		269	149	86	48	N/ P	N/ P
1			1025	155	65	37	N/ P
2					260	139	267
3					255	689	483
4							
5							
6							

Each cell shows the mean cost, in thousands of dollars per QALY, of bridging patients with that combination of risk scores. Shaded cells reach customary cost-effectiveness thresholds. Blank cells represent risk score combinations where bridging is harmful. Cells with combinations of scores that are not possible are designated by "N/P"

reinforced BRIDGE's finding of harm among unselected patients. More importantly, we suggest that carefully selected patients may nonetheless benefit from bridging and that the practice of bridging is likely cost-effective at usually accepted thresholds for carefully selected patients outside the hospital.

We have also been able to define the appropriate setting for bridging, if it is to be prescribed. In our analyses, hospital admission for bridging was essentially never cost-effective, for either initiation or interruption of warfarin. Moreover, the disutility of hospitalization overwhelmed the small average benefit of bridging, leading to net harm in almost all patient groups. Even without accounting for nosocomial infections or other iatrogenesis from hospital admission, our results argue against inpatient bridging when the sole indication is stroke prevention among patients with nonvalvular atrial fibrillation.

Our work suggests a number of ways in which clinicians could personalize decision-making when bridging therapy is considered. First, bridging should only be offered to patients after consideration of both hemorrhagic and thromboembolic risk. Selecting patients along either thromboembolic or hemorrhagic risk, but not both, would lead to subgroups who would be predictably harmed. We present tables, both here and in the online Supplemental Appendix, to refine patient-level predictions about potential net benefit using four combinations of risk scores. Second, we note that, even when stratifying by underlying risk of stroke and hemorrhagic complications, younger patients who are more interested in immediate benefit than long-term benefit (i.e., with higher discount rates) have less marginal benefit. Clinicians may wish to forego bridging in young patients who are very present-biased, even if they are in a risk group that stands to benefit from bridging. Third, we note that the predicted benefit of bridging does not meet usual cost-effectiveness thresholds for most subgroups of patients; physicians' roles as financial stewards may further restrict patients for whom bridging is recommended.⁴¹ Fourth, we suggest that hospital admission for bridging, even when patients are

	CHADS ₂						
HAS-BLED	0	1	2	3	4	5	6
0		275	182	71	38	N/ P	N/ P
1				152	52	41	N/ P
2					170	139	32
3					385	570	
4							
5							6180
6							

Table 6 Cost-Effectiveness of Outpatient-Only Bridging During Warfarin Interruption

Each cell shows the mean cost, in thousands of dollars per QALY, of bridging patients with that combination of risk scores. Shaded cells reach customary cost-effectiveness thresholds. Blank cells represent risk score combinations where bridging is harmful. Cells with combinations of scores that are not possible are designated by "N/P"

carefully selected based on underlying risk, is usually harmful and almost never cost-effective.

This work is subject to a number of important limitations. First, as with all utility and cost-effectiveness analyses, QALYs gained or lost are a mathematical abstraction. Predictions regarding QALYs cannot be readily validated against existing datasets; rather, the validity of such predictions is generally assessed based on model content, structure, input parameters, and sensitivity analyses.⁴² Second, available data required that we make a number of assumptions. For example, we have assumed that underlying event risks are accurately estimated by existing prediction scores, even though each of these tools has limited predictive ability. And finally, this work highlights the discrepancy between theory and data regarding the effectiveness of heparin products in preventing arterial thromboembolism. If heparin products are as effective as warfarin, our results can guide bridging. If heparin is only as effective as observational data has suggested, bridging should be abandoned altogether.^{6, 37}

Despite these limitations, this work holds a number of implications for clinical practice. Use of DOACs is increasing, but warfarin remains the most common oral anticoagulant, and poor renal function is frequently considered a contraindication to DOAC use. We anticipate that warfarin prescriptions will continue and believe this work can inform decisions regarding bridging in such patients.

We would also caution that our findings should not be extrapolated to patients for whom immediate anticoagulation is warranted (such as acute venous thromboembolism) or to patients with other indications for anticoagulation. Further, our finding that admission for bridging is never cost-effective should not preclude bridging for patients with other indications for hospitalization. For example, our model predicts cost-effective net benefit for a patient with a CHADS₂ score of 6 and a HAS-BLED score of 2. If anticoagulation was initiated while such a patient was hospitalized for another reason, bridging may be justifiable during the inpatient stay.

In summary, we here suggest that outpatient bridging anticoagulation can be helpful and cost-effective for selected patients with atrial fibrillation, and provide nuanced and quantitative estimates of net benefit for use in patient selection.

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Compliance with Ethical Standards:

Conflict of Interest: Dr. Barnes has received grant funding from NIH/ NHLBI (K01HL135392) and Blue Cross-Blue Shield of Michigan, and BMS/Pfizer, as well as consulting fees from BMS/Pfizer, Portola, and Janssen. All remaining authors declare that they do not have conflict of interest.

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